

Community Options

Overview

A PASRR individual may meet nursing facility level of care and require specialized services but not require frequent direct care or continuous oversight by a nurse. An alternative setting in the community may be less restrictive and recommended, but the decision is with the individual and guardian. The individual has the option of being admitted to, or remaining in, the nursing facility and receiving specialized services, or choosing an alternative community placement. In consultation with the individual's family or legal representative, placement options and supports should be discussed. Full disclosure of all options is required.

Home and Community Based Waiver (HCB)

This waiver provides services and support to the aged and disabled population to help them to remain in or return to their homes. These services include: Assessment, Re-assessment, Case Management, Minor Home Adaptation, Adult Day Health Care, Homemaker, Personal Care, Attendant Care, and Respite Care.

Michelle P. Waiver (MPW)

This waiver is a home and community-based waiver program developed as an alternative to institutional care for people with intellectual or developmental disabilities. The waiver allows individuals to remain in or return to their homes with services and supports. These services include: Case Management, Day Training, Supported Employment, Community Living Supports, Behavior Supports, Respite, Homemaker Service, Personal Care, Attendant Care, Environmental/Minor Home Adaptation, and Adult Day Health Care.

Supports for Community Living (SCL)

This waiver is a home and community-based waiver providing an alternative to institutional care for individuals with intellectual and developmental disabilities. SCL allows individuals to remain in or return to the community in the least restrictive setting. Services include: Residential Support Services, Respite, Shared Living, Adult Day Health Care, Case Management, Community Access, Community Transition Services, Day Training, Environmental Accessibility Adaptation Services, Goods and Services, Person-Centered Coaching, Personal Assistance Services, Positive Behavior Supports, Specialized Medical Equipment and Supplies, Supported Employment, Transportation Services, and Vehicle Adaptation Services

Acquired Brain Injury (ABI) or Acquired Brain Injury Long Term Care (ABI LTC)

ABI - This waiver program provides intensive services and support to adults with acquired brain injuries working to re-enter community life. Services are provided exclusively in community settings. These services include: case management, personal care, companion services, respite care, environmental modifications, behavior programming, counseling and training, structured day program, specialized medical equipment and supplies, prevocational services, supported employment, and community residential services (excluding room and board).

ABI LTC - This waiver program provides an alternative to institutional care for individuals who have reached a plateau in their rehabilitation and require maintenance services to live safely in the community and avoid institutionalization. These services include: Case Management, Community Living Supports, Respite Care, Adult Day Health Care, Adult Day Training, Environmental Modifications, Behavior Programming, Counseling, Group Counseling, Specialized Medical Equipment and Supplies, Supported Employment, Nursing Supports, Family Training, Assessment and Reassessment, and Supervised Residential Care.

Model II Waiver (MIIW)

This waiver is a community-based, in-home service for an individual who is dependent on a ventilator 12 hours or greater per day, meets High Intensity nursing care services 24 hours per day and would otherwise require nursing facility level of care in a hospital-based nursing facility. An individual enrolled in MIIW may receive up to 16 hours of Private Duty Nursing (PDN) services per day from a registered nurse, licensed practical nurse or respiratory therapist as determined by assessment, individual ventilator dependency needs and provider staffing.

SMI Community Options

Assertive Community Treatment (ACT)

Assertive Community Treatment is a team treatment approach designed to provide comprehensive, community-based psychiatric treatment, rehabilitation, and support to persons with serious mental illness such as schizophrenia. Clients served by ACT are individuals with serious mental illness, with severe functional impairments, who have avoided or not responded well to traditional outpatient mental health care and psychiatric rehabilitation services. Persons served by ACT often have co-existing problems such as homelessness, substance abuse problems, or involvement with the judicial system.

Permanent Supportive Housing (PSH)

Permanent Supportive Housing is defined as voluntary, flexible supports to help people with serious mental illness to choose, get, and keep housing that is decent, safe, affordable, and integrated into the community. With flexible supports, people with serious mental illness can live in housing of their choice, just like any other member of the community. These programs typically use a case management model but may utilize Assertive Community Treatment for service provision. Programs may also have on-site staff in permanent housing settings owned and managed by local CMHCs. All tenants have access to an array of services that help them keep their housing and live with maximum independence in community integrated housing with the goal of increasing community tenure.

Peer Support Specialist,

The Peer Specialist Service is a structured and scheduled therapeutic activity with an individual client or group, provided by a trained, self-identified consumer of mental health services. A Peer Specialist guides clients toward the identification and achievement of specific goals defined by the client and specified in the Treatment Plan.

Supported Employment (SE),

Supported Employment programs offer vocational options to persons who have been unable to secure jobs as a result of physical or psychiatric conditions. The Supported Employment program staff will develop jobs individualized to the consumer's needs and desires and work availability in the region.

iHOPE

iHOPE is a specialized, team-based program that provides early intervention services for youth and young adults who are at risk of or have symptoms of psychosis. This program services young people aged 15–30. Early intervention and support can increase the possibility of their continuing with school, work, and full meaningful lives in the community.

Targeted Case Management (TCM).

Targeted case management is defined as services that are furnished to assist adults with serious mental illness in gaining access to needed medical, social, educational or other services.

Targeted case management services are now available to several populations in Kentucky, including adults with serious mental illness, and adults with serious mental illness who have a co-occurring chronic and complex physical health disorder.