

Kentucky 1915(i) RISE Initiative Participant Journey

A Step-by-Step Guide for New Participants

Contact Us

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✉ 1915iRISEInitiative@ky.gov

🌐 <https://dbhdid.ky.gov/1915iriseinitiative>

1 Learn About the Opportunity

- Discover and understand the RISE Initiative through a peer, provider, or other outreach.
- Learn about the covered services offered through the RISE Initiative.

2 Connect with RISE

- You or a family member may reach out to a provider or trusted support network member for help getting connected.
- You or your support network member reach out to the RISE Initiative via:
 - The RISE Initiative website: dbhddid.ky.gov/1915iriseinitiative.
 - The RISE Initiative inbox: 1915iRISEInitiative@ky.gov.

3 Complete the Screening Process

- You receive help from an intake specialist in completing an initial eligibility screening, including:
 - Medicaid enrollment or eligibility.
 - Diagnosed primary severe mental illness (SMI) or primary SMI with co-occurring substance use disorder (SUD).
 - Housing and safety needs.

4 Eligibility Assessment

- You meet with a trained assessor to complete a personalized assessment to understand your situation better and determine eligibility.
- You may be asked to provide relevant documentation for the assessment.
- Assessment discussion includes:
 - Mental health and substance use history.
 - What you are able to do in your daily life, such as walking, cooking, working, and taking care of yourself.
 - Housing and hospitalization history.
 - Living environment and educational and/or employment status.

5 Approval

- Assessment results are reviewed by trained staff.
- You receive an approval and enrollment notice from RISE Initiative staff.
- Your intake specialist assists you in choosing a RISE Initiative case manager and scheduling your first meeting.

6 Case Management Onboarding and Person-Centered Service Planning with RISE Case Manager

- You meet with your case manager and your chosen person-centered planning team.
- Get to know each other and begin planning services together:
 - Review of assessment results, identified strengths, and service needs.
 - Discuss your preferences and goals.

7 Service Matching with RISE Case Manager

- Begin building a customized plan that incorporates RISE and other Medicaid services that are important to your unique needs and preferences.
- Select services and providers.
- Develop a specific plan for each chosen service and align progression goals with your personal goals.

8 Services Begin

- You receive a comprehensive wellness plan, a walkthrough on service expectations, and any additional tools or technologies needed to assist you in achieving your goals.
- Your RISE case manager coordinates the referral process with your selected service providers once your plan is developed and approved.
- **Services Begin!** Providers from the chosen provider agency contact you to begin services.

9 Continued Support and Adjustment

- Receive monthly support with your RISE case manager.
- Meet regularly (weekly-monthly) with other service providers.
- Provide feedback to RISE to help improve services for others.
- Complete re-assessment every year to continue eligibility and make any needed service plan changes.
- You are always able to change your plan and join in on new opportunities.