

TA Tidbit

The challenges of accessing mental health services for people with I/DD are well known. The Merge program, through UK's Human Development Institute, strengthens mental health services and supports for people with I/DD in KY. The following resources can help connect people with I/DD to valuable mental health supports.

For more information, click on the links below:

Merge-Human Development Institute

- [Find a Provider – Merge](#)
- [Webinars – Merge](#)

ID Mental Health Therapy Guidelines Treating Adults with Intellectual Disability (ID) and Mental Health Conditions

From the Rehabilitation Research and Training Center (RRTC) on Health and Function at The Ohio State University (OSU) Nisonger Center

The Link Center - Bridging I/DD and Mental Health Systems

Administration for Community Living (ACL) funds The Link Center to bridge I/DD and mental health systems.

NASDDDS Adaptive Strategies Video Series

People with I/DD experience behavioral and physical health issues at rates higher than the general population and can benefit from the same evidence-based interventions which are used for people without I/DD. This series features specific interventions and treatments highlighting modifications and adaptations for people with I/DD.

EMDR & Intellectual Disabilities

Developed by Louisiana OCDD Clinical Services Team

Mental Health Wellness for Individuals with Intellectual and Developmental Disabilities

Training modules for healthcare professionals, support providers, and caregivers who support individuals with I/DD and behavioral health needs, developed by The Health and Human Services Commission in partnership with UT Health San Antonio, Department of Psychiatry and Behavioral Sciences.

For more information, or if you have topics you would like to see included in a future TA Tidbit, please send an email to DDID.ProviderEnrollment@ky.gov.

For previous DDID presentation recordings, please go to

<https://dbhddid.ky.gov/ddid/recordings>