

# TA Tidbit

## Financial Resources

There are many resources available to help participants and their support teams understand how individuals can have more financial freedom with minimal impact on their benefits.

### Resources Include:

**ABLE National Resource Center:** <https://www.ablenrc.org>

Connecting people with information about the Achieving a Better Life Experience (ABLE) Act and ABLE accounts.

**STABLE Kentucky:** <https://stablekentucky.com/>

Information about KY's ABLE accounts

**KY Bank On Network:** <https://kyfec.org/kentucky-bank-on-network>

The KY Bank on Network is a group of organizations committed to increasing account access for individuals and businesses.

**KY Disability Benefits 101:** <https://ky.db101.org/>

Resources and tools to show how jobs and benefits can work together.

**KY Financial Empowerment Commission:**

<https://kyfec.org/kentuckians-with-disabilities>

Financial education and resources to help individuals explore avenues for financial stability and self-sufficiency.

**Life Plan of KY:** <https://lifeplanofky.org/>

Resources related to Special Needs Trust accounts in KY.

**National Disability Institute-Financial Resilience Center:**

<https://www.nationaldisabilityinstitute.org/financial-resilience-center/>

Resources and assistance to help people navigate financially through difficult times.

**National Disability Institute– Disability Small Business Hub:**

<https://www.disabilitysmallbusiness.org/>

Resources to help aspiring entrepreneurs and existing business owners with a disability