

CABINET FOR HEALTH AND FAMILY SERVICES

Waiver Assurances and Performance Measures February 20, 2025



Agenda

- Waiver Overview
- Waiver Application Overview
- Kentucky's Approved 1915c Waivers
- Waiver Assurances
- Waiver Performance Measures



Waiver Overview

- Federal/State Partnership with each paying part of the cost
- Waive institutionalization
 - 1915c refers to the section of the social security act which authorizes states to request the option to provide home and community-based alternatives to institutional care
 - The Home and Community Based Services (HCBS) waiver program began nationally in 1981 to correct the "institutional bias" of Medicaid funding
 - The bias was that individuals could get support services if institutionalized, but if they wanted to live in the community, they could not get Medicaid-funded services in their home or the community.
 - Federal waiver regulations: 42CFR441.300-310 https://www.ecfr.gov/current/title-42/chapter-IV/subchapter-C/part-441/subpart-G
 - Link to Medicaid website regarding 1915c waivers https://www.medicaid.gov/medicaid/home-community-based-services/home-community-based-services-authorities/home-community-based-services-1915c/index.html



Waiver Application Overview

- The state fills in the template and submits for CMS approval
- The application has 10 Appendices.
 - Appendix A: Waiver Administration and Operation
 - Appendix B: Participant Access and Eligibility
 - Appendix C: Participant Services
 - Appendix D: Participant-Centered Planning and Service Delivery
 - Appendix E: Participant Direction of Services
 - Appendix F: Participant Rights
 - Appendix G: Participant Safeguards
 - Appendix H: Quality Management Strategy
 - Appendix I: Financial Accountability
 - Appendix J: Cost Neutrality Demonstration



Kentucky's Approved Waivers

- Link to the each of Kentucky's CMS approved 1915c waivers:
 - Acquired Brain Injury
 - Acquired Brain Injury Long Term Care
 - Michelle P. Waiver
 - Supports for Community Living
 - Home and Community Based Waiver
 - Model II waiver
 - CHILD Waiver
- Link to Kentucky's Department for Medicaid Services (DMS) website regarding 1915c waivers https://www.chfs.ky.gov/agencies/dms/dca/Pages/HCBSWaiver.aspx



- In each appendix, the state must describe how they will meet the requirements of the HCBS waiver program. Six of the ten appendices include Assurances.
- Appendix A: Administrative Authority
 - <u>Assurance</u>: The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies and contracted entities.
- Appendix B: Level of Care
 - <u>Assurance</u>: The state demonstrates that it implements the processes and instrument(s) specified in its approved waiver for evaluating/re-evaluating and applicant's/waiver participant's level of care consistent with care provided in a hospital, NF, or ICF/IID.
 - An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.
 - The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant LOC.



- Appendix C: Qualified Providers
 - <u>Assurance</u>: The State demonstrates that it has designed and implemented an adequate system for assuring that all waiver services are provided by qualified providers.
 - The state verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.
 - The state monitors non-licensed/non-certified providers to assure adherence to waiver requirements.
 - The state implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.



- Appendix D: Service Plan
 - <u>Assurance</u>: The State demonstrates it has designed and implemented an effective system for reviewing the adequacy of service plans for the waiver participants.
 - Service plans address all participants' assessed needs (including health and safety risk factors) and personal goals, either by waiver services or through other means.
 - Service plans are updated/revised at least annually or when warranted by changes in the waiver participant's needs.
 - Services are delivered in accordance with the service plan, including in the type, scope, amount, duration, and frequency specified in the service plan.
 - Participants are afforded choice between/among waiver services and providers.



- Appendix G: Health and Welfare
 - <u>Assurance</u>: The State demonstrates it has designed and implemented an effective system for assuring waiver participant health and welfare.
 - The State demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death.
 - The State demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible
 - State policies and procedures for the use or prohibition of restrictive interventions (including restraints and seclusion) are followed.
 - The State establishes overall health care standards and monitors those standards based on the responsibility of the service provider as stated in the approved waiver.



- Appendix I: Financial Accountability
 - <u>Assurance</u>: The State must demonstrate that it has designed and implemented an adequate system for insuring financial accountability of the waiver program.
 - The State provides evidence that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver and only for services rendered.
 - The State provides evidence that rates remain consistent with the approved rate methodology throughout the five-year waiver cycle.
- CMS webinar regarding HCBS services
 - https://www.youtube.com/watch?v=JL4yX4GbX08



Performance Measures

- For each assurance, the state must include at least one performance measure stating how the state will demonstrate that the assurance has been met.
- Performance measures must be in compliance with the HCB setting requirements and other regulatory components of the waivers.
- The threshold to be considered compliant with performance measures is 86%. For any not meeting the threshold, the state must have a plan for improvement.
- While it is up to the state to gather and provide the performance measure data to CMS, much of the responsibility for the compliance with the actual measures belongs to providers.



Appendix A: Waiver Administration and Operation

- Assurance: The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies and contracted entities.
- Performance Measure:
 - Providers with a current approved provider agreement
- Provider responsibility
 - Keep information current in the Medicaid Partner Portal Application (MPPA)



Appendix B: Participant Access and Eligibility

- Assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future
- Performance Measure
 - LOC reviews conducted within 60 days of capacity reserved
- Provider Responsibility varies by waiver
 - It is important for providers to do what they can to make sure LOC has been submitted in time for LOC determination to take place within 60 days of allocation.



Appendix B: Participant Access and Eligibility

- Assurance: The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant level of care.
- Performance Measure
 - Waiver participants whose initial or subsequent LOC was appropriately determined using the assessment and supporting documentation based on regulations and waiver requirements
- Provider responsibility varies by waiver
 - If responsible for submitting anything, be sure to use current forms/documentation



Appendix C: Participant Services

- Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services
- Performance Measures
 - New providers meet initial requirements and adhere to other standards prior to the furnishing of waiver services
 - Enrolled providers who continue to meet cert and licensure requirements and adhere to other standards following initial enrollment as required to continue to render waiver services
- Provider responsibility
 - Know and adhere to requirements including thorough training of new staff



Appendix C: Participant Services

- Assurance: The State monitors non-licensed/non-certified providers to assure adherence to waiver requirements
- Performance Measures
 - New PDS employees meet initial personnel requirements prior to the furnishing of waiver services
 - Existing PDS employees continue to meet personnel requirements



Appendix C: Participant Services

- Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver
- Performance Measures
 - Staff have successfully completed mandatory training in accordance with state requirements and the approved waiver
 - PDS employees have successfully completed mandatory training in accordance with state requirements and the approved waiver
- Provider Responsibility
 - Provide the training and have something in place to be able to track completion – such as a log with signatures and dates



- Assurance: Service plans address all participants assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means
- Performance Measure
 - Service plans with risk assessments with documented risk mitigation information
- Provider responsibility
 - Make sure risk has been assessed and risk mitigation information is provided.



- Assurance: Service plans address all participants' assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means
- Performance Measure
 - Service plans with goals and objectives that address assessed needs and the individual's goals
- Provider responsibility
 - Make sure each plan is truly person-centered by utilizing assessments, other documentation, and conversations and that it clearly addresses the person's needs and goals



- Assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participants needs
- Performance Measures
 - Service plans were updated and submitted within one year of their initial or last assessment
 - Modification to the person-centered service plan due to an identified change in service needs
- Provider responsibility
 - Make sure to update plans timely, both as needs change and within a year of the last annual plan. Be sure they are done prior to the expiration of LOC date.



- Assurance: Participants are afforded choice: Between/among waiver services and providers
- Performance Measures
 - Participant records indicating individual has been given choice of waiver services and choice between eligible waiver providers
- Provider responsibility
 - Be sure to provide choice and the attestation of the choice



- Assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death
- Performance Measure
 - Participants (or families/legal guardians) received information on how to identify and report abuse, neglect, exploitation, and unexpected death
- Provider responsibility
 - Provide the information and have something in place to be able to show a compilation that it has been done – such as a log with family/individual signatures and dates



- Assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death
- Performance Measures
 - Reports of potential abuse, neglect, exploitation & unexpected death submitted in timeframe
 - Potential abuse, neglect, exploitation & unexpected death incidents reviewed/investigated in required timeframe
- Provider Responsibility
 - Submit incidents and investigate them in accordance with incident guidance https://chfs.ky.gov/agencies/dms/dca/Documents/irinstructionalguide.pdf



- Assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death
- Performance Measure
 - Provider follow up action (CAP, etc.) was completed and correctly submitted to the department
- Provider Responsibility
 - Submit carefully thought out, thorough, timely CAPs



- Assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death
- Performance Measure
 - Abuse, neglect, exploitation and unexpected death incidents referred to appropriate investigative entities (ex: Law Enforcement/APS/CPS) for follow-up
- Provider Responsibility
 - Follow the instructional guide regarding reporting
 - https://www.chfs.ky.gov/agencies/dms/dca/Documents/irinstructionalguide.pdf



- Assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death
- Performance Measure
 - Employees receive training on abuse, neglect, exploitation, and preventable deaths
- Provider responsibility
 - Provide the training and have something in place track that it has been done – such as a log with employee signatures and dates



- Assurance: The state demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible
- Performance Measures
 - Critical incidents with root cause identified and systematic intervention implemented
- Provider Responsibility
 - Determine root cause, determine what to do about it, and implement the change



- Assurance: The state policies and procedures for the use or prohibition of restrictive interventions (including restraints and seclusion) are followed
- Performance Measures
 - Use of restrictive interventions followed policies and procedures
 - Reports submitted without inappropriate use of seclusion or restraint
- Provider responsibility
 - Follow regulations and the CMS approved waivers



- Assurance: The state establishes overall health care standards and monitors those standards based on the responsibility of the service provider as stated in the approved waiver
- Performance Measures
 - Participants who received information and support to access Medicaid State Plan services identified in their Person-centered Service Plan (PCSP)
- Provider responsibility
 - Identify needed services in addition to waiver services, include them on the PCSP, and facilitate the receipt of those services



Appendix I: Financial Accountability

- Assurance: The State provides evidence that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver and only for services rendered
- Performance Measures
 - Claims coded and paid for in accordance with the established reimbursement methodology specified in the approved waiver
 - Claims submitted and paid for services rendered on the participants plan of care and only for services rendered
- Provider responsibility
 - Provide services as prior authorized
 - Maintain proper documentation of services provided



Key Takeaways

- The assurances are determined by CMS
- The performance measures are determined by each state and submitted to CMS for approval
 - Suggestions of performance measures are welcome and can be submitted to the operating agency of the waiver
 - Suggestions of how to capture the performance measures are welcome and can be submitted to the operating agency of the waiver
- Providers have considerable responsibility for compliance with performance measures
- Approval of and funding for waivers is contingent upon fulfilling the performance measures



Contact Information

- ABI waivers and Model II waiver
 - Department for Medicaid Services
 - 844-784-5614
 - 1915cWaiverHelpDesk@ky.gov
- HCB waiver and participant direction for all waivers
 - Department for Aging and Independent Living
 - 877-315-0589
 - HCBInquiries@ky.gov
- MP, SCL & CHILD waivers
 - Department for Behavioral Health, Developmental and Intellectual Disabilities
 - 502-564-7700
 - DDID.Info@ky.gov

