

## Hotlines and Other Contacts

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### National Domestic Violence Hotline

(800) 799-7233

If you are unable to speak safely, visit [thehotline.org](https://thehotline.org) or text START to 88788.

### National Sexual Assault Hotline

(800) 656-HOPE (4673)

Routes to a local provider 24/7.

You can also access 24/7 help online by visiting [hotline.rainn.org](https://hotline.rainn.org).

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### 988 Suicide and Crisis Lifeline

Dial 988

[988lifeline.org](https://988lifeline.org)

### Línea De Prevención Del Suicidio Y Crisis

988 o (888) 628-9454

[988lifeline.org](https://988lifeline.org)



### Veterans Crisis Line

Dial 988 then Press 1, Text 838255

[veteranscrisisline.net](https://veteranscrisisline.net)



### Trans Lifeline

(877) 565-8860

[translifeline.org](https://translifeline.org)



The Trevor Project focuses on ending suicide among LGBTQ youth. If you or someone you know needs help, we are here for you.

	<b>TrevorLifeline</b> If you're thinking about suicide, you deserve immediate help. Call us anytime. 866.488.7386
	<b>TrevorText</b> Talk to a Trevor counselor via text message. Text "START" to 678678
	<b>TrevorChat</b> Online instant messaging with a TrevorChat counselor. <a href="https://TrevorChat.org">TrevorChat.org</a>
	<b>TrevorSpace</b> A social networking site for LGBTQ youth under 25, and their friends & allies. <a href="https://TrevorSpace.org">TrevorSpace.org</a>
	<b>Suicide Prevention &amp; General Info</b> Information on suicide prevention and FAQs on sexual orientation, gender identity and other topics can be found at: <a href="https://TheTrevorProject.org/resources">TheTrevorProject.org/resources</a>

[TheTrevorProject.org](https://TheTrevorProject.org)