

Kentucky Behavioral Health Planning and Advisory Council

Minutes

November 17, 2022 10:00 - 12:30

Council Members: Sherry Sexton, Russ Williams, Ron O'Hair, Valerie Mudd, Dave Gutierrez, Steve Shannon, Phyllis Millsbaugh, Deborah Sauber, Sherri Estes, Steve Lyons, Jeanette Rheeder, Robin Osborne, Lynn Haney, Betty Sue Abshire, Peggy Roark, Jessica Wayne, Bill Heffron, Carmilla Ratliff, Matthew Smith, Angela Sparrow, Russ Williams, Tara Moseley Hyde, Connie White

Staff: Melissa Hopkins, Anthony Adkins, Allison Paul, Diana Hobbs, Cheryl Bogarty, Missy Runyon, Christie Penn, Deb Davidson, Nicole Cropper, Kate Wagoner, Jonathan Philpot, Eugenia Fowler, Allen Brenzel, Janice Johnston, Lea Taylor

Guests: Marcie Timmerman (MHA KY), Phill Gunning (NAMI Lexington), Kristen Shroyer (DMS), David Lohr (DCBS)

Interpreters: Linda Bozeman, Rita Anderson

Topic	Discussion	Notes/Next Steps
Call Meeting to Order	Sherry Sexton, Chair, called the meeting to order at 10:08 AM and welcomed members, guests, and staff. Sherry welcomed new members, Deborah Sauber (Kentucky Department of Education) and Tara Moseley Hyde (People Advocating Recovery). Quorum was confirmed.	Planning Council's homepage: http://dbhdid.ky.gov/dbh/kbhpac.aspx
Introductions and Member Updates	Members, guests, and staff introduced themselves and provided updates.	
Approval of August 2022 Minutes	Members reviewed the August minutes. Steve Shannon made a motion to approve the minutes as written and Ron O'Hair seconded. Minutes approved.	Approved meeting summaries are available online .
Committee Reports	<u>Executive Committee</u> Executive Committee will meet on January 19, 2023. <u>Finance and Data Committee</u> Finance and Data Committee will meet on April 20, 2023. <u>Membership Committee</u> Membership Committee Chair, Sharon Darnell provided updates. Minutes from the September 22, 2022 Member Orientation were reviewed. Phyllis Millsbaugh made a motion to approve the minutes. Robin Osborne seconded. Minutes approved. Sharon provided a summary of two membership applications received since the August meeting. Steve Shannon made a motion to recommend	The Council's membership

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	the applicants for membership. Peggy Roark seconded. Motion approved. Sharon reminded the following members that their terms expire in March 2023: • Sharon Darnell • Sherry Sexton • Valerie Mudd • Becky Clark • Stephanie Hager The Membership Committee will meet again on January 19, 2023. <u>Bylaws Committee</u> Steve Shannon, Bylaws Committee Chair, asked members to review the September 22, 2022 committee minutes. Steve made a motion to approve the minutes as written. Robin Osborne seconded. Minutes approved. Steve reviewed the bylaws revisions recommended by committee members at their meeting on September 22, 2022. Council members recommended a couple of additional changes. Steve made a motion to adopt the revised bylaws with the additional changes noted. Robin Osborne seconded. Motion approved.	recommendations will be sent to Commissioner Wendy Morris. A fillable form membership application is available online. Applications to be reviewed during the January 19, 2023 Membership Committee meeting are due Monday, January 16, 2023. Staff will make recommended changes to the bylaws and share adopted bylaws at the next meeting.
2023 Behavioral Health Report: Review and Comments	Missy Runyon provided an overview of Kentucky's FY 2023 Behavioral Health Reports for the Community Mental Health Services Block Grant (MHBG) and Substance Abuse Prevention and Treatment Block Grant (SABG) funds from the Substance Abuse and Mental Health Services Administration (SAMHSA). A PowerPoint and draft of the reports were shared with members prior to the meeting and the reports were available on the department's home page as a Hot Topic. Missy shared allocation amounts, number of individuals served with the funds at Kentucky's community mental health centers, educated members on the maintenance of effort and set-aside requirements, and provided information on how to provide comments after the meeting. The following comments regarding block grant reports were shared during the meeting: • "It's great information and thank you."	An archive of Block Grant applications and reports is available at the department's website. To provide comments on Kentucky's Block Grant report, please contact Missy Runyon at Melissa.Runyon@ky.gov
Deprescribing Psychotropic Medications Initiatives	Dr. David Lohr, Medical Director for the Department of Community Based Services, and Dr. Allen Brenzel, Medical Director for the Department for Behavioral Health, Developmental and Intellectual Disabilities, provided an update on their departments' initiatives to ensure safe use of medications for children, youth, and adults. They may consult when a child or adult is on too many medications, dosage is too high or low, too many similar types of medications, a child is too	University of Louisville's Kentucky SafeMed website has resources that are specifically tailored for providers, caregivers, teens, and social workers.

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	young for medications, there is no clear diagnosis, there are no other services in place, etc.	
Department Updates Mental Health Block Grant Site Visit Report	Phyllis Millspaugh, Assistant Director of the Division of Mental Health provided updates on the following initiatives: - Disaster case management services in Eastern Kentucky (flood-impacted region) and Western Kentucky (tornado-impacted region) (website) - Amended Settlement Agreement with Kentucky Protection & Advocacy - Youth drop-in centers - Assisted Outpatient Treatment - New state housing organization for the Olmstead Housing Voucher program, New Beginnings, Bluegrass (website) Phyllis also provided an overview of SAMHSA’s April 2022 Mental Health Block Grant Monitoring Visit Final report. In the report, SAMHSA highlighted many state programs and initiatives and praised Kentucky’s “fully active and involved” Planning Council. The report noted the following service gaps identified by the Department for Behavioral Health, Developmental and Intellectual Disabilities that it plans to address: - Limited availability of community residential support services and supportive housing to assist individuals with complex and intensive service needs. - Lack of safe, affordable housing in the community for adults with SMI, especially in rural areas. - A need to increase the knowledge and implementation of recovery principles and how to incorporate the principles into programming. - A gap between the number of children with SED being served and the number receiving targeted case management. - A workforce shortage, particularly to assist individuals who have both mental health and substance abuse treatment needs. - High staff turnover that impacts the timely delivery of mental health services. - Training and enhancing the workforce to meet increasing demand for a full continuum of services brought on by the pandemic.	
Meeting Adjournment	Steve Shannon made a motion to adjourn the meeting at 12:29 PM. Tara Moseley Hyde seconded. Motion approved. The Council’s meeting schedule is posted here.	<u>Next Meeting:</u> Thursday, February 16, 2023