

# SIAC Meeting Highlights May 2013\_August 2013

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- **May 22, 2013 Commissioner Level SIAC Meeting, held off-site at Fairfield Inn, Frankfort, KY.**

- Presentations, to SIAC, by 3 members of SFAC and 1 member of State Youth Council (KY Youth Move).  
IMPACT Service Coordinator/Case Manager & Wraparound model: "Wraparound, when done correctly and with fidelity, works!"

Peer Support Services: "Peer Support works and should be in every community partnership".

Services for Youth Transitioning into Adulthood: "18 to 26 year old population needs services, supports, medications & insurance coverage" to remain stable for employment & continued education. They also need "Peer & Group Supports" to prepare for independent living and secure a strong future.

Systems of Care geared toward families & children must include education, the Family Movement and service agencies: Lower collateral damage to children by educating educators, supporting collaboration & partnerships among systems of care providing services to children, youth and families. Always include the family movement (Family Guided/ Youth Guided) in the 'System of Care'.

- System of Care Redesign- Deputy Secretary, Eric Friedlander

Mr. Friedlander emphasized, as stated at 4/13 SIAC, the strong commitment Secretary Haynes (CHFS) has to improve services to children, youth and families; and highlighted a number of issues:

CHFS will coordinate & collaborate with SIAC/Importance of inclusion/Local level collaboration/Limiting use of institutions by strengthening community services /Prioritizing, first, children with the highest end needs/Importance of having youth and family in the planning process

Cabinet plans to implement a 'pilot program' in Region 31 in fall of 2013, based on Wraparound Milwaukee Program which has had positive outcomes and is an intensive case management model with caseloads of 8 to 10 children.

In response to SFAC & KY Youth Move presentations, Mr. Friedlander expressed support for the identified takeaways:

Wraparound fidelity/Peer support services/Additional & expanded services (including Transition age youth), autism, EPSDT, Michelle P waiver/ Education and training/Under ACA & with expanded Medicaid, substance abuse services will be provided & many transition age youth will be able to continue coverage & services. He encouraged Parent and Youth leaders to continue utilizing SIAC as a body for change and support and encouraged both groups to support their local communities and become active and vocal with legislators on issues like substance abuse services and transition age services, which will be "big topics" in the General Assembly.

- System of Care "Youth Guided" Care Update- Jessica Krouse

KY Youth Move Goals for 2013: More presentations/Finish skits for Youth Council's presentation "The Other Side"/Create guidebook for parents and youth on what to expect when entering the mental health system/Increase local involvement by getting more active with Regional Youth Councils/ Determine the process for Regional Youth Councils to become KY Youth Move Chapters

Vision: create a statewide network to help all youth entering a youth serving system to reach their fullest potential, be empowered, persevere, share their voice and be self-sufficient in living a life without stigma.Mission: provide advocacy and training, share experiences with others, help create a youth-guided peer to peer network, partner with other organizations to help them understand youth w/ BH challenges & create a culturally competent youth led system of care.

- System of Care "Family Driven" Care Update-Peggy Roark

Mental Health Awareness event, 5/9/13, was a huge success; several KY Mayors have signed "local proclamations of support" ensuring those communities will honor this day annually. Event held at KY History Center in Frankfort and the theme was Bullying and Suicide Prevention. Youth and Parent Conference will be held June 21-23, 2013 at the Campbell House in Lexington, KY.

- Highlights of Commissioner Updates:

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DPH: DPH and DBHDID are partnering to strengthen the system of care under Medicaid expansion and the 2014 KY HBE roll out.

DCBS: 4-E Waiver will allow diversion of funding to provide front end intensive services to prevent children going into OOHC & intensive case management for those in care.

Education: Readiness efforts include students with disabilities (includes behavioral health); team approach for identifying needs and services for students after high school. Inclusion in classroom w/ all needed supports (using IEPs, etc.) to create success for each student.

DJJ: the work that goes on in mental health/ behavioral health, applies to DJJ. Parent involvement often begins in an adversarial manner; however it can and does lead to positive outcome. Notice: the 'Prison & Rape Elimination Act (federal law) goes into effect during the summer of 2013; will look at the risk of being abused & as the risk of being an abuser.

DMS: Medicaid expansion will increase access for many Kentuckians. DMS is closely involved with the Cabinet's efforts around 'system redesign' and in developing stronger community-based care systems. DMS will continue to work closely with Kentucky's Medicaid Managed Care Organizations in order to create a better 'System of Care'. DMS is looking at the 'Peer Support' issue to move this forward.

AOC: increased effort in collaborating with other systems serving the same population of youth; including DJJ, Behavioral Health and a new partnership between DCBS & AOC exists as a result of Secretary Haynes reaching out to make this work. These ongoing partnerships between AOC and child/ youth/ family serving organizations will continue to be essential.

CCSHCN: 12 CCSHCNs offices in KY; highly used resource in smaller counties. Commission has a 'Parent Advisory Committee' as well as a 'Parent Phone Line'. Commission will begin providing autism (ASD) services this year.

DBHDID: KY is a state that has excellent services in certain "pockets" of the state. Community based is an approach to support as children and youth should not have to "be locked away" to receive or access services.

## ▪ June 26, 2013 SIAC Meeting

- System of Care Redesign- Deputy Secretary, Eric Friedlander

Mr. Friedlander again emphasized the strong commitment Secretary Haynes (CHFS) has to improve services to children, youth and families; and highlighted a number of issues: review of billable services under EPSDT/ covering SU under EPSDT/ ensuring CMHCs are set to bill EPSDT/review of IMPACT Plus/ "de-emphasizing what we do with facilities" while "emphasizing community based services" and investigating opening codes to support this/collaborating with MCOs and CMHCs to provide intensive community based services/Importance of having youth and family in the planning process

AOC requested that Secretary Friedlander provide an overview of the elements of the "Children's SOC Re-design" and updates related to KY Medicaid/ expanded Medicaid/ Health Exchange, etc. to the Circuit Court Judges conference in 11/13; he agreed

KY Department of Education: KDE is working in Jefferson Co. to do "root cause analysis" of institutions with the highest suspension rates and working to identify the reasons. KDE wants to look at "mental health services and interventions" available to elementary and middle school students to assess whether interventions are happening at young ages before issues become more severe. KDE wants to collaborate with DIV. BH, possibly in conjunction with the Cabinet's pilot in Jefferson County, on this effort; Deputy Friedlander stated they are very interested in collaborating with KDE on this issue. Working to minimize punitive treatment:

Collaboration: KDE/ Behavioral Health/ AOC: AOC wants to participate in this collaboration and involve Court Designated Workers with youth involved in the school process; KDE said they welcome such a partnership. KDE hopes to take a prevention approach on a District wide level and target areas where there is a high rate of suspension; focused on changing use of SUSPENSION and replacing it with appropriate BH interventions at an early age. Jefferson Co has an active lawsuit related to suspension; filed by Children's Law Center, re: suspension numbers; they are under a Federal Corrective Action.

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School Based Mental Health Services: Barriers exist to billing for MH Services in the schools. Deputy Friedlander stated this issue needs to be addressed in SOC Redesign for services to children/youth. AOC established MOU w/ SCS involving CDW & MH; no problem with billing.

Consumer Input Protection and Advocacy: P & A stated that it is critical to consult with consumers/ families/ public as they are *accessing* Medicaid services and school based services. P & A noted that KY has a very high rated of using suspension as an intervention. P & A expressed support for the efforts of the Cabinet related to the System of Care Redesign for services to children and youth.

- System of Care "Youth Guided" Care Update-Mary E Logan

Youth & Parent Conference 6/21-23/13 -Attendance: Ch. & Youth-58/ Parents-38/ Vol-30; highly successful; panels led by KY Youth Move

- System of Care "Family Driven" Care Update-Peggy Roark

Joint SFAC meeting, during which Parents & a Youth presented personal stories to Commissioner Level SIAC on 5/22/13 and requested assistance from SIAC in changing policies/ regs to support good outcomes, was very successful. Excellent responses from parent and youth members. Several SFAC members presented to SIAC and about 35-40 SFAC members attended the May 22, 2013 meeting.

- Interagency Priorities & Discussion-KY Partnership for Youth Transitioning (KPYT) *Priority 1 & 2*  
Janice Johnston (DBHDID) and Allie Rigsby, KY Youth Move member & a member of the 'National Young Leaders Network' (NYLN)

KPYT-Mission: Collaborate to promote, utilize best practices in all systems that touch lives of young adults (14-25) w/ behavioral health concerns. Purpose: Decrease risk of homelessness, incarceration, hospitalization, other out of home placement, drop-out rate for Kentucky's youth. Supporting youth leadership and empowerment across agencies: KPYT participate on (YEP); YEP is developing a curriculum & model of care to support youth peer support for youth/young adults with behavioral health issues. Priorities/ Sub-groups for 2013: Transition Resources (youth & professionals) Specialized Training for Staff on Transition Issues & YE

Youth Empowerment Project (YEP) K Tilton (KPFC) & P Sands (DCBS) have worked to build YEP across Kentucky; Youth Peer Support Specialist (YPSS)-Purpose: Create implementation blueprint for YPSSs in KY. Developing Youth Peer Support Specialist that can be promoted by youth, for youth and designed through channels to be billable. Annual Youth Empowerment Summit 2013-Youth led, for ages 14-24, will be held 9/28/13; SIAC alternate youth member is on the planning committee for this conference-"designed to offer resources and empowerment to young people transitioning to self-sufficiency".

Youth Representation-KY has 14 Regional Youth Councils; 4 Regions have Youth serving on their RIACs

- Actions and Collaborations

SIAC- SIAC is asked to encourage RIACs to look more closely at actively developing youth members on the RIACs; supporting youth representation on regional councils (RIACs). KPFC is available for coaching and training with RIACs and with Regional Youth Councils.

AOC: AOC wants representation on Foster Care Youth Board and KPYT. AOC Ex Comm needs would like to have a youth member; K Tilton and P Sands will talk w/ ACO to accomplish. KY Youth Move has a member who was involved in Foster Care system as possible candidate.

FRYSC: Mike Denney expressed support for SIAC supporting more youth representation on interagency boards, RIACs, youth councils.

CCSHCN: Looking at a peer to peer support and asks about joining with YEP & YPSS efforts in order not to create additional silos. J. Johnston and Dr. Foster will attend one another's meetings.

Requests to SIAC members: Support for Youth Peer Support Specialists/TAYLRD training/ SIAC support (thru Governor/ LRC/ etc.) establishing YPSS positions that are billable services /Draft letter encouraging RIAC support for Youth Reps [Include language around SIAC/ RIAC Policy and Procedures with input from Janice & Allie. Share information with LRC Peer Support meeting]/AOC will work with J Johnston, K Tilton, Youth Move to collaborate & identify Youth to serve on AOC Foster Care Board/ CCSHCN (Dr. Foster) & J. Johnston will collaborate.

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## ▪ July 24, 2013 SIAC Meeting

- System of Care “Youth Guided” Care Update-Mary E Logan

KY Youth M.O.V.E Annual Retreat (August 17-18, 2013) Topics: Creating guidebook for parents of youth entering mental health system/

how to share safely, effectively/how to run effective council meetings/creating skits for KY Youth M.O.V.E.’s presentation “The Other Side”

KY Family Leadership Academy (September 20-22, 2013): focused on helping emerging leaders learn how to use their voice for making change occur for themselves and their communities. Conference is free & is being held at Jenny Wiley State Park in Prestonsburg. For parents/primary caregivers of children with behavioral health disabilities and youth 16-24 years old who have a behavioral health disability.

Annual Youth Empowerment Summit (September 28, 2013)

- System of Care “Family Driven” Care Update-Peggy Roark

Dream Walk: Enhance knowledge of children, youth with developmental and behavioral disabilities and their families.

Next State Family Advisory Council (SFAC): Meeting location will be at the COPE HOUSE in Cumberland River SFAC includes parent leaders from across the state of KY involved in RIACs

KY Family Leadership Academy (September 20-22, 2013)

- Interagency Priorities & Discussion

- ✚ Fatherhood Initiative-Priority Area 1/Goals 1 & 2/ Chris Cecil (KPFC)

Increase involvement of fathers/ father figures in activities/ roles: KY Leadership Academy/ Family Peer Support Specialists/ Council & Board membership/ attending conferences related to Family Driven System of Care.

Developed a ‘support group guide’ and ‘toolkits to enable interested fathers and regional groups to implement their own groups.

KPFC sent inquiries to Regions offering coaching/mentoring for Fathers on how to implement support groups. KPFC received responses from Ft Knox (representing many in the military)/ County Extension Office in Western KY/ Trigg County Board (Fort Campbell)/ and a CMHC in Eastern KY. Each region will receive the guide and the toolkit.

KPFC will sponsor a Father’s Leadership event in Fall 2013 to support fathers raising children with behavioral health challenges and facilitate implementation of ‘Dad Support Groups’ in communities across KY

In 2/2013, Chris presented this initiative to the Local Resource Coordinators (staff to RIACs in KY); following this Salt River & Communicare RIACs asked Chris to assist their Regions in establishing support groups.

Ways to Engage

Educate system/ service provider staff on ways to positively and actively engage Fathers

Create opportunities to engage with other Fathers (recreational activities/ workshops/ family activities that include other Fathers)

- ✚ KAT-ED Grant: Financial Mapping -Priority 2/ Goal1/ M Kilgore, Grant Director (DBHDID)M Armstrong, Consultant (Univ of Fla)

KY Adolescent Treatment Enhancement and Dissemination Grant

Purpose: provide funding to States/Territories/Tribes to increase/improve capacity to provide effective, accessible substance abuse treatment and recovery support services for adolescents (12 – 18) and their families throughout the State/Territory/Tribe.

State Goal: Link and coordinate with other child-serving systems through establishing a council or adding to an existing one—(SIAC)-in order to promote comprehensive, integrated services for youth with Substance use or co-occurring substance use and mental health disorders....

Purpose of Financial Mapping: Identify federal, state and local funding streams (current & future) that support treatment, recovery services and supports for youth with behavioral health (mental health, substance use, co-occurring) disorders. Develop a strategic financing plan that will coordinate funds efficiently and support system re-design including a comprehensive array of treatment and recovery services and supports for all KY youth and their families.

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## Steps of Financial Mapping:

Phase 1- Identify current spending and service utilization patterns across agencies and funding streams

Phase 2- Produce financing maps: for youth substance abuse services, child/adolescent mental health services, and co-occurring services

Mapping process identifies service gaps, underutilized funding sources, duplications, and opportunities for collaboration

Final Report expected to be presented to Cabinet Secretary in fall 2013; then presentation to major stakeholders in fall of 2013 (including SIAC): Financing maps, interpretation of findings, policy implications and recommendations

- SIAC Administrator provided handouts on SOC/ Integrated Care/ Wraparound/ TIC/ Screening/ Assessment/ EBP

Guidance letter, 7/11/13 from HHS, encouraging integrated use of trauma-focused screening, functional assessments and EBPs in child-serving settings for purpose of improving child well-being. HHS, ACF, CMS, and SAMHSA are in ongoing partnership to address complex, interpersonal trauma and improve social-emotional health among children known to child welfare systems.

Bulletin, dated 5/7/13 from the Center for Medicaid & CHIP Services and SAMSHA, addresses 'Coverage of Behavioral Health Services for Children, Youth & Young Adults w/ Significant Mental Health Conditions'. Includes clinically & cost effective initiatives; resources to help design & implement; how re-design can help states comply with ADA & Medicaid's EPSDT requirement (related to MH & SU).

Bulletin, dated 3/27/13 from the Center for Medicaid & CHIP Services, address 'Prevention & Early Identification of Mental Health & Substance Use Conditions'. Designed to assist states with resources to help meet the needs of children under EPSDT- specifically re: MH & SU disorders

Wraparound Milwaukee, handout includes overview & background history; program goals/description/ impact; training/ fidelity/ oversight summary; experience to date; major benefits, concerns and lessons learned.

KY Dept. of Education Guidance for: 704 KAR 7:160- Use of Physical Restraint and Seclusion in Public Schools/ Version 1, dated 2/5/13. New KY regulation passed during last session of KY Legislature. KDE has developed training, required by 704 KAR 7:160, for all school personnel, promoting implementation of positive behavioral intervention and support systems utilizing evidence-based practices.

## ▪ **August 28, 2013 Commissioner Level Meeting SIAC Meeting**

- System of Care Redesign- Deputy Secretary, Eric Friedlander

Mr. Friedlander, CHFS noted KY has seen an increase in the number of children in 'out of home care' as well as the number of children active with DJJ. A number of issues are being examined to ensure this is achieved:

How to pay for services – Medicaid Benefit for SA and MH services/to what extent is it necessary to open the Provider network/ identify what providers are needed as well as what services are needed/ design an 'open system' /historical restrictiveness of Medicaid definition(s) as it relates to EPSDT services (future to include EPSDT covering SA services/ simplify process for providers accessing and utilizing ESDPT numbers as well as reviewing codes that may be "opened" that will emphasize community based services and collaboration with MCOs, CMHCs, etc.)/ look to MCOs to achieve cost effectiveness (example: emphasizing community based services vs. institutional care).

Heather Dearing, CHFS/ FRYSC have created an expansive document to crosswalk services, programs and re-design goals.

Dana Nickles, CHFS Policy Advisor: Looking at integrating medical and behavioral health services and make services to children equal regardless of what system they enter and eliminate perverse system incentives.

Commissioner James, DCBS: Collaboration taking place at Cabinet to evaluate how services are delivered. Managed care will be an integral partner. Cabinet leadership is ready to tackle this large challenge.

Laura McCullough, KDE: Education wants to be part of the discussion regarding access. Schools need a better way to get referrals from EDU system. Instead of suspension/expulsion due to behavior, schools must be able to connect children and youth to services, interventions.

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Commissioner Davis, DJJ: Robust conversation needed regarding getting providers into the school system. If we are building a system to avoid DCBS and DJJ placements, we must front load services at school rather than triage on the back end.

Laura McCullough, KDE: System barriers prevent collaborations needed to be effective. Education has met with the MCOs regarding EPSDT. Upcoming SA summit, by DBHDID, to try and accelerate getting services in place. Critical to working through barriers of school based services.

Dana Nickles, CHFS Policy Advisor: Juvenile Justice Task Force is meeting regularly. Cabinet is working to coordinate efforts with PEW Foundation. With the Health Benefits Exchange, Medicaid Expansion, and the Affordable Care Act more people will have access to services.

Dr. White, DPH: School nurses coordinate school health; we need to strengthen the school health program to establish a base for referral.

- System of Care “Youth Guided” Care Update-Mary E Logan Annual Youth Empowerment Summit
- System of Care “Family Driven” Care Update-Peggy Roark (SFAC): Fall 2013 and KY Family Leadership Academy
- Interagency Priorities & Discussion
- ✚ Strengthening Families Initiative-Dr. RA Shepherd, Director of Maternal & Child Health Division, Department for Public Health/ CHFS

Family Support in Early Childhood- Case for developing comprehensive, integrated system to promote health & well-being of children 0-5 in KY

Adverse Childhood Experiences (ACE) Study- Study to examine health & social effects of adverse childhood experiences throughout lifespan

The New Science → the New Paradigm (AAP) - Scientific understanding into causal mechanisms that link early adversity into later impairments in learning, behavior, and both physical and mental well-being are potentially TRANSFORMATIONAL.

The Protective Factors Approach- Builds on family strengths, buffers risk, promotes + outcomes; grounded in research

Pragmatic Starting Points- Find out what *reduces* child maltreatment, to point toward what programs should be *building*

Five Protective Factors- parent resilience/social connections/knowledge of parenting & child dev./concrete support/SE competence of children

Protective Factors that Strengthen Families and Communities/New “Family Values”

Kentucky’s Early Childhood Future: Can we create a set of services to support families, particularly families of children 0-5, that is a universal base of support for all families? Can we integrate and align existing services for families during known critical times of stress? Can we make help and information-seeking normal and routine and not stigmatizing? Can we create communities that give families of young children every opportunity to not just survive, but thrive...?

- Highlights of Commissioner Updates:

DJJ Great concern about the fact that DJJ receives large numbers of youth who have Behavioral Health needs, yet they are unable to access services. Children/ youth should not be locked up to initiate services or held so they can continue to receive services. Family Engagement

CASHCN – KCASD-looking for what we can do to further the work of the committee even without the implementation grant, especially in regards to work post community forums. We are seeking to find the best place for a pilot medical home

EDUCATION – Kindergarten Screener shows a readiness rate of 28%. It is being implemented in all school districts now. Compulsory age now 18 in all school districts by the 2017-2018 school year; working to develop resources (supports/services) for schools around this initiative.

FRYSC –New coordinator training taking place in 9/13; if you have agenda items, send to Heather Dearing.

DPH – HANDS Program received new money to do perinatal counseling in the home. Also now able to use grant monies to serve more than just first time moms. Doing more in KY than all other states. New CDC grant for physical health (heart disease, stroke, diabetes) and coordinating with schools. KY received both the basic and enhanced funding.

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AOC – Working to update the family court forms. Handling the “beyond control” in schools and meeting with Judges 8/29 to go over changes in the forms and rules. Will continue growing connections/collaborations. Will look at 2 sites for a federal School to Court Technical Assistance program, specifically around how complaints come into the system and building pilots around front end services. Utilizing the GAIN Screener with diversion. Have successfully worked to conquer confidentiality hurdles once faced around sharing the results of GAIN screeners. Financial mapping showed that AOC was saving \$1.3 million through the use of CDWs and screening.

Medicaid – In July, sent letter to providers re payment for SA services for juveniles through EPSDT; partnering with DBHDID for SA Summit.

DCBS – Received grant for Screening/Assessment for early interventions to achieve permanency/adoption. Working on universal referral form for services/assessment to build stronger communication with CMHCs. TART Sobriety Program – working to build capacity for treatment for first time moms in need of SA treatment. Applying for Title IV-E waiver; money could be diversified- front-end and in-home services.

***Martha Campbell, 9/19/2013***