The Power of Positive Recovery
Biological Vulnerability  Therapeutic Tasks  Biological Resiliency

Psychological Liability  Therapeutic Tasks  Psychological Assets

Social Isolation  Therapeutic Tasks  Social Supports

Spiritual Bankruptcy  Therapeutic Tasks  Spiritual Abundance
It is a Continuum

Vulnerability Resiliency

Isolation Support

Liability Assets

Bankruptcy Abundance

Relationships Experiences
Thoughts from this Session

What are some things we’re doing right?

What are some things we can do better?

Action Steps: