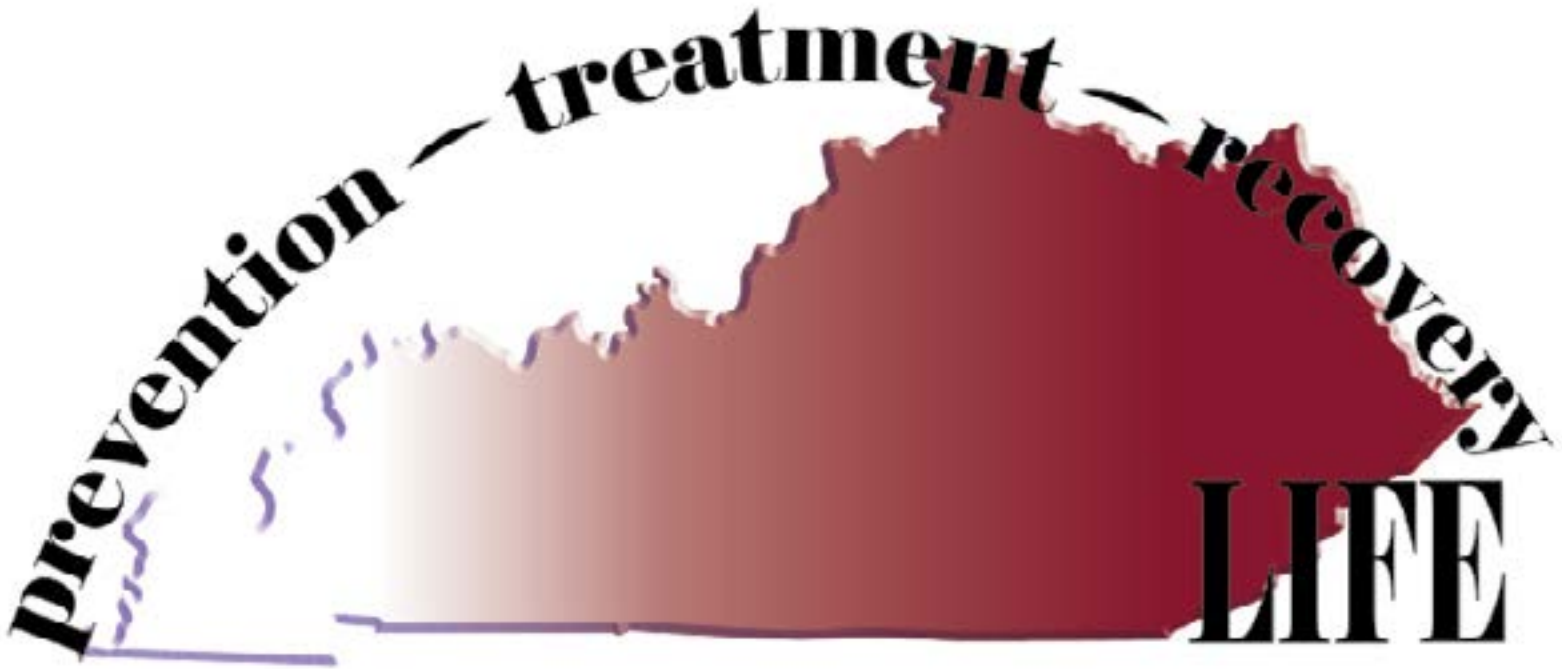


2016 *43rd Annual*
KENTUCKY SCHOOL
of Alcohol & Other Drug Studies



JULY 17-21, 2016

LOUISVILLE, KY
THE CROWNE PLAZA HOTEL

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WELCOME/OVERVIEW

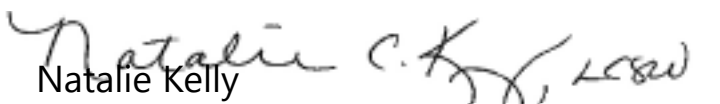
Kentucky School Participants,

Thank you for your interest in the 2016 Kentucky School of Alcohol and Other Drug Studies and the online conference brochure. In this, the 43rd year of providing a KY School, the planners have worked hard to preserve the most valued pieces of the conference but also sought to offer cutting edge, "move us forward," information and overall conference enjoyment.

Participants will have lots of opportunities for personal and professional development and rejuvenation throughout the week. As in years past, there are foundational prevention and treatment courses, advanced multiple day courses, annual peer/professional group meetings, a large exhibit hall, and the Tuesday evening awards banquet with live music.

In addition to the wide variety of courses, presented by leaders in their field, we will have workshop tracts dedicated to Prevention Specialists Certification courses, Adolescent Substance Use Prevention and Treatment courses. Please take time to learn about all we have to offer in the following pages and we look forward to seeing you in July!

Sincerely,


Natalie Kelly
Director, KY Division of Behavioral Health



SPONSORS AND ACKNOWLEDGEMENTS

Sponsored by:

Kentucky Cabinet for Health & Family Services
Department for Behavioral Health,
Developmental & Intellectual Disabilities
Division of Behavioral Health

Eastern Kentucky University, Training Resource Center

Co-Sponsors:

Southeast Addiction Technology Transfer Center
Stepworks Recovery Center
Kentucky Association of Addiction Professionals
Aetna Better Health of Kentucky

Acknowledgements:

Conference Coordinator: Trude M. Scharff, M.Ed.

Planning Committee Members: Michele Blevins, Steve Cambron, Caroline Dela Rosa, Tanya Dickinson, Ron Easterly, Vicky Greenwell, Diana Hobbs, Michelle Kilgore, Phyllis Millspaugh, Mary Mosley, Kathy Mounts, Holly Musser, Cathy Prothro, Maggie Schroeder, Katie Stratton, Lea Taylor, Adam Trosper, Stephanie Turner, Jan Ulrich

The Cabinet for Health & Family Services, Department for Behavioral Health, Developmental & Intellectual Disabilities does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.

The points of view and opinions expressed at the Kentucky School for Alcohol and Other Drug Studies and in related materials are those of the speakers and do not necessarily represent the official position or policies of the event sponsors.

2016 WEEK AT A GLANCE - BY EVENT TYPE

43rd Annual 2016 KY School of Alcohol and Other Drug Studies ~ July 17-21, 2016

Monday –Wed – Plenary begins 9:00AM / Daily Workshops begin 10:30AM / Thursday -ALL Workshops begin 9AM and Afternoon Sessions begin 1:15PM

CHECK IN: Crowne A Ballroom - Sunday, 2-6 p.m.; Monday- Wednesday, 8-10:15 a.m.; Thursday, 7:30-8:45 a.m.

DAILY PLENARIES:

Day	Plenary Title	Presenter	Time
Sunday Coronet A	The Grassroots Speaks: Faces and Voices of Recovery/Power of Our Stories (1 CEU) Meet and Greet reception from 6-7 p.m. (refreshments)	Tara Mosley, BS Presentation and Facilitated Panel Discussion	5-6 p.m.
Monday Crowne A Ballroom	Trends: History and Future of Addictions Treatment in America (1 CEU)	Mark Sanders, LCSW, CADC	8:45-10 a.m.
Tuesday Crowne A Ballroom	Treatment: The Connection Between Trauma and Substance Use Disorders: Creating a Healing Process (1 CEU)	Hendree Jones, Ph.D.	9-10 a.m.
Wednesday Crowne A Ballroom	Prevention: 7 Habits of Highly Successful Prevention Programs (1 CEU)	Robert Ackerman, Ph.D.	9-10 a.m.
Thursday	No Plenary		

WORKSHOPS: Monday-Wednesday: Full day workshops (5 CEUs): 10:30 a.m. - 12 p.m./1:15-4:45 p.m. - afternoon break. Thursday: Full day workshops (6 CEUs): 9 a.m.-4:15 p.m - with a.m. and p.m. breaks. Half-day workshops (3 CEUS each session): 9 a.m.-Noon and 1:15-4:15 p.m. with an a.m. and p.m. break at presenter discretion

LUNCH: 12-1:15 p.m. Crowne A Ballroom - provided daily; Monday & Thursday, buffet; Tuesday & Wednesday, box lunch

EVENING EVENTS:

Day	Event	Location/Time	Notes
Monday	KASAC Meeting/Program- KY Adolescent Substance Abuse Consortium	Coronet A / 5:30-7:30 p.m.	Marijuana in 2016: Why We Need to be Worried & Contingency Management and Incentives Related to Adolescent Services, Geoff Wilson, LCSW, CADC (2 CEUs)
	Documentary Film by Sheila Ganz - "On Life's Terms: Mothers in Recovery"	Crowne C / 5:30-7:30 p.m.	Documentary/Discussion (2 CEUs) Katie Stratton, M.S., LPCA, Facilitator
	KYTOD Meeting- KY Org for Treatment of Opioid Dependence	Coronet B/ 5 to 6 p.m.	Mark Miller, Facilitator, (No CEU)
Tuesday	KSAODS Appreciation Awards Banquet (cost included in full-week ticket, please indicate attendance at registration)	Crowne A Ballroom / 5:30-7:30 p.m.	Live Band - Don Rogers Band begins at 4:45 p.m. Buffet Dinner 5:45pm Speaker John Tilley, Secretary, Kentucky Justice and Safety Cabinet (No CEU)
Wednesday	LCADC Board (formerly CADC) Meeting	Crowne A Ballroom 6 to 7pm	Regs for Licensed Clinical Alcohol and Drug Counselors, Geoff Wilson, LCSW, CADC (1 CEU and Certificate issued by LCADC Board at meeting) No scanning by KSAODS required
	Film Presentation - "Anonymous People"	Coronet A / 5:30-7:30 p.m.	Documentary/Discussion (2 CEUs) Mike Barry, BA

DAILY EVENTS: Exhibit Hall will be open Monday-Wednesday, 8:00 a.m. - 5 p.m.
AA/NA Meeting Monday-Thursday 7:00-8:00 a.m. - Hancock Room

WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Contact Hours
Sunday				
S1	Young People in Recovery Keynote/Panel Discussion	Tara Moseley	Coronet A/B	1
Monday and Monday/Tuesday				
MP	The History and Future of Addictions Treatment in America	Mark Sanders	Crowne A Ballroom	1
M1	Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Demetra Antimisiaris	Trimble	5
M2	Addictions Medicine: Partnering with Treatment for Sustaining Recovery ~ An Addiction Psychiatrist's Perspective	Susan Blank	Coronet A	5
M3	Recovery Oriented Systems of Care: Working smarter not harder: Shifting the focus to recovery improves outcomes	Ed Johnson	Perry	5
M4-Px	Prevention Forward: The ACA and Why Prevention IS Health Reform	Jane Goble-Clark	Madison	5
M5-Ad	When Programs Aren't Enough: Building Multi-Agency Prevention Supports	Jonathan Cloud	Elliott	5
M6	Geriatric Issues in Substance Use Treatment	Jeff Georgi	Whitley	5
M7	Eating Addiction: Recovery, Relapse, and Prevention	Stephen Grinstead	Shelby	5
M8-Px	It's Not Tobacco Anymore - Electronic Nicotine Devices: Implications for Tobacco Prevention	Amy Jeffers	Grant	5
M9	Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient	Mark Miller	Franklin	5
M10	Treating the Emerging Adult with Substance Use Disorders	Cardwell Nuckols	Crowne B	5
M11	Cognitive Therapy for Addictions	Todd Reynolds	Coronet B	5
M12	Mindfulness - Meditation for Self Care and Client Treatment: An Evidence Based Practice	Frank Snyder	Russell	5
M13	Advanced Workshop for Addiction Professionals: How to Be the World's Best Group Therapist	Mark Sanders	Crowne C	5
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course)	Karen Garrity	Oldham	10
MT2	Current Science and Clinical Practice: Medication-Assisted Treatment for Opioid Use Disorders	Hendree Jones	Taylor	10
ME	KY Organization for Treatment of Opioid Dependency	Mark Miller	Coronet B	0
ME1	On Life's Terms: Mothers in Recovery; Film by Sheila Ganz	Katie Stratton	Crowne C	2
ME2	KY Adolescent Substance Abuse Consortium (KASAC) Meeting	Geoff Wilson	Coronet A	2

Key

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Time of event: E=evening; N=noon; AM=morning; PM=afternoon

Number: Assigned session number for that day
Session Type: O=Optional Event; P=Plenary; W=Workshop
Track: Px=Prevention Track; Ad=Adolescent Track

WEEK AT A GLANCE- BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Contact Hours
Tuesday and Tuesday/Wednesday				
TP	The Connection Between Trauma and Substance Use Disorders: Creating a Healing Process	Hendree Jones	Crowne A Ballroom	1
T1	Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder	Shelia Cundiff	Perry	5
T2-Ad	Peter Pan is Alive and Well and Living in His Parents' Basement: Working with the Avoidant Young Adult	Janice Gabe	Elliott	5
T3	Shame: The Emotional Energy That Drives Addiction	Jeff Georgi	Whitley	5
T4	Dilemmas Surrounding Medication Management in Recovery	Stephen Grinstead	Grant	5
T5	Doing the Same Thing Expecting Different Results: Examining All the Treatment Options for Opioid Use Disorder	Ed Johnson	Russell	5
T6	Understanding the Cultures of Addiction and Criminality	Michael Johnson	Crowne B	5
T7	Foundation Skills for Substance Abuse Counseling	Mark Miller	Shelby	5
T8	Treating the Addicted Patient with Early Life Developmental Trauma (PTSD) and Borderline Personality Disorder	Cardwell Nuckols	Coronet B	5
T9	Healing the Hearts of Men	Todd Reynolds	Trimble	5
T10	Father Hunger/Father Wounds: Intervention Strategies with Chemically Dependent Clients Impacted by Fatherlessness	Mark Sanders	Crowne C	5
T11	Helping Women Recover: A Program for Treating Addiction (Based on Dr. Stephanie Covington's Manualized Curriculum)	Twyla Peterson Wilson	Coronet A	5
T12-Px	How to Market Prevention to Community Stakeholders and State Legislators	Tom Workman	Madison	5
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course)	Karen Garrity	Oldham	10
MT2	Current Science and Clinical Practice: Medication-Assisted Treatment for Opioid Use Disorders	Hendree Jones	Taylor	10
TW1	Best Practices in Clinical Supervision (Fulfills clinical supervision requirements: 908 KAR 1:310 and 370; 6 hours/day)	Geoff Wilson	Franklin	12

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WEEK AT A GLANCE - BY THE DAY

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Wednesday				
WP-Px	7 Habits of Highly Successful Prevention Programs	Robert Ackerman	Crowne A Ballroom	1
W1-Px	Understanding the Social Context of Prevention: What do we want to prevent, who do we want to influence and how are we going to do it?	Robert Ackerman	Whitley	5
W2-Ad	Engaging Families in Treatment and Recovery	James Campbell	Elliott	5
W3	Addiction 101: Understanding the Disease Model and Basics of Addiction for Addiction Professionals	Shelia Cundiff	Trimble	5
W4	The New ASAM	Fred Dyer	Shelby	5
W5	Intermediate to Advanced Motivational Interviewing for Skill Development & Supervision	Annie Fahy	Madison	5
W6-Ad	GUYS AND DOLLS: Unraveling the Mystery of Adolescent Males and Females	Janice Gabe	Perry	5
W7	Taking The Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model	Stephen Grinstead	Russell	5
W8	Previewing the DSM5: Diagnosing Disorders in Adults	George Haarman	Taylor	5
W9-Ad	Making Treatment Safe for Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Youth and Their Families Improves Outcomes	Ed Johnson	Grant	5
W10	Treating Moral Injury	Cardwell Nuckols	Crowne B	5
W11-Px	Toxic 'girly thoughts' Gone Wild: The High Price of Booze, Trauma, and Sex	Patricia A. O'Gorman	Coronet B	5
W12	15 Strategies for Engaging and Improving Recovery Rates for CD Clients	Mark Sanders	Crowne C	5
W13	Beyond Trauma: A Healing Journey for Women	Twyla Peterson Wilson	Coronet A	5
W14-Px	Grants - Funding the Work: Successful Grant Seeking and Writing	Tom Workman	Oldham	5
TW1	Best Practices in Clinical Supervision (Fulfills clinical supervision requirements: 908KAR1:310 and 370; 6 hours/day)	Geoff Wilson	Franklin	12
WE1	Film: The Anonymous People with a Facilitated Discussion	Mike Barry	Coronet A	2
WE2	LCADC Board Meeting - Regs for Licensed Clinical Alcohol and Drug Counselors	Geoff Wilson	Crowne A Ballroom	1

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WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Contact Hours
Thursday				
TH1-AM	Holistic Recovery	James Campbell	Coronet B	3
TH2-AM	Getting to Know the 12 Steps and 12 Steps Fellowships	Gerry Boylan	Franklin	3
TH3-AM	Writing with Intention: Creating writing groups that build self efficacy in therapeutic settings	Annie Fahy	Perry	3
TH4-AM-Ad	Heroin Use with Teens and Young Adults	Janice Gabe	Crowne C	3
TH5-AM	Increasing Cultural Competency in Working with Sexual and Gender Minority Patients: Inclusivity and Awareness Improve Treatment Outcomes	Ed Johnson	Oldham	3
TH6-AM	Introduction to Screening, Brief Intervention, and Referral to Treatment (SBIRT)	Alan Lyme	Taylor	3
TH7-AM	Dialectical Behavior Therapy Model: Adding mindfulness and self-regulation to treatment	Fausta Luchini	Madison	3
TH8-AM-Px	Examining the Shared Risk and Resiliency Factors of Substance Abuse and Violence Prevention	Melissa Paris Tomy Molloy	Grant	3
TH9-AM	Family Intervention Strategies: Assisting families in their own process from addiction through recovery	Todd Reynolds	Shelby	3
TH10-AM-Px	Culturally Competent Prevention: A Focus on Services and Health Disparities	Mark Sanders	Whitley	3
TH11-AM	Romancing the Brain	Cynthia Moreno Tuohy	Russell	3
TH12-AM	Re-Licensure Ethics for Social Work, Alcohol and Drug Counselors, and Other Counselor Professions	Geoff Wilson	Elliott	3
TH13-PM	Engaging the Arts in SA Recovery	James Campbell	Oldham	3
TH14-PM	Peer Support Specialists' Tools and Issues: You passed the exam; you got the job... now what?	Molly Clouse	Perry	3
TH15-PM	Compassion Satisfaction: Flipping the paradigm on Compassion Fatigue in SA workers	Annie Fahy	Crowne C	3
TH16-PM-Ad	Adolescent Challenges: Adolescent Juvenile Justice Population with Substance Abuse	Fred Dyer	Elliott	3
TH17-PM	The "What" and "How" of Evidence Based Practices (EBP)	Ed Johnson	Madison	3
TH18-PM	When We Get Behind Closed Doors: Clinical Supervision for Client Safety and Clinician Growth	Alan Lyme	Taylor	3

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WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Contact Hours
Thursday				
TH19-PM	Women With Substance Use and Unintended Pregnancy: All Options Counseling and Referrals	Fausta Luchini Liz Epperson	Franklin	3
TH20-PM-Px	Examining the Shared Risk and Resiliency Factors of Substance Abuse and Violence Prevention	Melissa Paris Tomy Molloy	Grant	3
TH21-PM	Adverse Childhood Events and Neonatal Abstinence Syndrome: Connecting the Dots	Lori Devlin-Phinney Ruth Shepherd	Shelby	3
TH22-PM	Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery	Kelly Ruff Jessica Sucik	Coronet B	3
TH23-PM-Px	Culturally Competent Prevention: A Focus on Services and Health Disparities	Mark Sanders	Whitley	3
TH24-PM	Romancing the Brain	Cynthia Moreno Tuohy	Russell	3
TH25	Preparing to Become ADC (Alcohol and Drug Counselor) in KY	Jeanne Keen Mike Vance	Trimble	6
TH26	Understanding and Treating Cannabis (Cannabinoid) Use Disorder	Cardwell Nuckols	Crowne B	6
TH27	Developing Resiliency in Treatment-Making the Crises of Recovery an Opportunity	Patricia A. O’Gorman	Coronet A	6

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CONFERENCE LOGISTICS

BEFORE YOU ARRIVE:

Online Registration

Registration for the conference is available online: <http://dbhdid.ky.gov/dbh/ksaods.aspx> Participants may attend one to three days at a cost of \$125 per day or \$450 for the full conference (a \$50 savings).

Participants may register to attend any combination of workshops but are reminded to pay careful attention to the workshops that are conducted over a span of two days, or which occur just a half day. Participants should be careful not to sign up for more than one workshop in the same time slot. The registration system will charge for all workshops, even if those workshops overlap. For questions regarding registration, please email: Diana.Hobbs@eku.edu

Deadline for Registration is

June 30, 2016

Registration Fee(s)

\$450.00/week or \$125.00/day

All registration and payment details are provided through the online registration site. Registration fee is required to be paid at the time of online registration using PayPal. To register: <http://dbhdid.ky.gov/dbh/ksaods.aspx>

Awards Banquet

Persons registering for the full week will be able to participate in the banquet at no extra cost but must indicate their participation when registering online. Persons not indicating they want to attend the banquet will not be included in the final count. Persons registering for 1-3 days are still welcome to attend the banquet at a cost of \$40.00.

Accommodations

If you need an ASL Interpreter, CART, or other accommodations, please make your request to Michelle Niehaus no later than July 1, 2016. Workshop choices must be confirmed at the time of registration. The Department will make every effort to meet your needs.

(Email) Michelle.Niehaus@ky.gov

(V) 502-782-6181

(VP) by appointment

Handouts

Handouts will be posted online prior to KSAODS. Each registrant will be emailed the link to workshop(s) to download and print handouts for their sessions (approximately July 1, 2016). Registrants are responsible for this process. **Printed handouts will not be available on-site.**

Scholarships

Limited scholarships are available for Kentucky residents only. Applications are due May 31, 2016. Scholarships cover registration fee only. Scholarship recipients will be emailed instructions on how to register in lieu of payment. If you apply for a scholarship, please do not register for Kentucky School until you learn if you have received a scholarship. Follow this link to obtain the scholarship application:

<https://redcap.uky.edu/redcap/surveys/?s=MCCWT4DH7R>

Hotel Accommodations

For hotel room reservations follow this link:

https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=14207989&utm_source=2812&utm

Crowne Plaza Hotel Sleep Rooms: There is a KY School block of rooms with a special room rate of \$99 per night plus tax/fees. They are reserved under KY School of Alcohol and Other Drug Studies, and will be available until June 15.

After June 15th, there is no guarantee of availability or rate. Make your reservations as soon as possible. Please follow the link above to make your hotel reservations or call the hotel at 800-633-8723 or 502-367-6161 You may also visit their website for more information about the Crowne Plaza conference site. www.cplouisville.com

Driving Directions to Hotel

Go to: www.mapquest.com or www.maps.google.com
Crowne Plaza Hotel, 830 Phillips Lane Louisville, KY 40209. Directions also available at Hotel website: www.cplouisville.com

Parking

All parking at the Crowne Plaza Hotel is free and at ground level.

Cancellation Policy

NO refunds for KSAODS 2016 will be provided. Substitution of registrants is recommended in lieu of cancellation. To make the substitution prior to KSAODS 2016, contact: Diana.Hobbs@eku.edu

CONFERENCE LOGSITICS

ONCE YOU ARRIVE:

Onsite Check-In: **REQUIRED**

Onsite check-in will be open Sunday, July 17, 2016, from 2:00-6:00 pm. Sunday's plenary begins at 5:00 pm, followed by a reception. Check-in will be open each morning from 8:00-10:15 and Thursday from 7:30-8:45. Nametags and information packets will be distributed at this time. The location for onsite check-in is outside Crowne A Ballroom.

Check-in is required only the first day of your workshops.

Attendance

All registration will take place online:

<http://dbhdid.ky.gov/dbh/ksaods.aspx>

All participants choose workshops on a first-come, first-serve basis and workshops will be closed when room capacity is filled. When you register online, you will be guided through this process. At the end of the online registration process, there is a confirmation message that you can print. You will receive a confirmation email as well that will outline the workshops and other events that you registered for, along with the cost of each, and then a total cost.

Please note, a workshop that has a Px or Ad designation may also be appropriate for a treatment provider and vice versa. The designations are indicated to provide preventionists and adolescent treatment providers guidance in selecting workshops that will be most appropriate for their credentialing boards' approval.

Evaluations

Your feedback is valued by conference planners.

- **Plenary** - session evaluations will be available. Please complete at the conclusion of each session and leave on ballroom tables.
- **Workshop** - evaluations will be distributed and completed at the conclusion of each workshop; leave with workshop facilitator.
- **Conference** - evaluations will be conducted online, and upon completion, certificates will be available to participants.

Vendors/Exhibitors

A list of vendors and exhibitors will be available in registrant folders received at Check-In. Please be sure to visit the 2016 Vendors/Exhibitors in the Exhibit Hall.

Satisfaction surveys will be in participant folders. Please complete after visiting the exhibit hall and take to registration area.

Roving Counslors

Roving counseling available if needed. See info table outside Crowne A.

Nametags, Barcodes and CEUs

Nametags include a barcode that will be scanned at the beginning and the end of each workshop (including when you exit and re-enter at lunch), and at the beginning of each plenary. Certificates for CEUs and Contact Hours will be generated after the conference based on participants' scans. Please keep name badge secure and easily accessible for scanner.

Certificates with CEUs or Contact Hours earned will be available online to download and print after August 21, 2016. An email message with instructions will be sent to attendees after August 21st. **No partial credit will be given.** In order to receive credit for attendance, participants **must** attend the entire workshop, receiving a scan within 10 minutes of the workshop morning start time and after lunch. Participants must also sign the roster in each workshop and include professional board license number(s) on the sign-in sheet(s). A complete list of licensing boards with approved CEU options is noted on the next page.

PLEASE KEEP YOUR NAMETAG SECURE AND WEAR IT AT ALL TIMES. A \$5.00 fee will be assessed to replace lost nametags. See Onsite Registration outside the Crowne Ballroom for replacements.

PLEASE NOTE: No partial continuing education credit will be given. Participants must attend the entire workshop and sign ALL roster/sign-in sheets to receive any continuing education credit hours, as well as scan in and scan out of sessions.

Meals

Lunch will be provided daily and is included in your registration fee. Lunch Monday and Thursday are buffet style. Lunch Tuesday and Wednesday are box lunches.

Tuesday Evening Banquet: There is no additional cost with full-week registration for the Tuesday evening Awards Banquet; however, please indicate your attendance during the registration process. Other registrants are welcome to attend, but must indicate this through the online registration and pay \$40.00.

Please Remember To...

- **Bring downloaded handouts to all sessions** (copies will not be available onsite)
- **Bring sweater/light jacket for air conditioning comfort** (it is almost always chilly in sessions)
- **Keep nametag accessible for scanners**
- **Arrive to sessions at the scheduled times, Thursday is an earlier start time**
- **Silence electronic devices during all sessions**

CONFERENCE LOGSITICS

Continuing Education Units/Contact Hours

Overview of CEUs/Contact Hours Offered:

- One day workshop = 5 CEUs/contact hours - M, T, W & 6 CEUs/contact hours - TH
- Two day workshop = 10-12 CEUs/contact hours
- Half-day workshop = 3 CEUs/contact hours

Continuing Education Units are approved for Certified Alcohol and Drug Counselors, Psychology, Social Work, Licensed Professional Counselors, Nursing, Nursing Home Administrators, Fee-Based Pastoral Counselors and Art Therapists.

Category	Workshop Description	Days & Hours	Contact Hours
One-Day Workshops Monday, Tuesday, Wednesday and Thursday	One Subject 5 hours required class time	One Day - 5 or 6 hours one topic	5 or 6
Two-Day Concurrent Topic Workshops Monday & Tuesday Tuesday & Wednesday	One Subject 10-12 hours required class time	Two days - 5-6 hours each day same topic	10-12
Half-Day Workshops Thursday	One Subject 3 Hours required class time	Thursday only 3 hours each 2 per day	3-6

Prevention-Specific Track

KCBPP Approved Courses

The field and focus of Substance Abuse Prevention has drastically changed over the past 11 years. This change for the better has only been made possible by those who believe in hard work, persistence and, most of all, the importance of Substance Abuse Prevention to our coalitions and communities. Likewise, the Kentucky School of Alcohol and Other Drug Studies has changed to reflect the merits of Prevention. 2016 will see our Kentucky School again including workshops that feature national speakers presenting topics that will link the new fields of prevention and behavioral health. Workshops that fit this designation will have the letters Px in the workshop code. The Kentucky Certification Board for Prevention Professionals has reviewed the Kentucky School Courses and approved the following for credit toward the Certified Prevention Specialist designation:

Day	Code & Track	Workshop Title	Presenter	Location	Contact Hours
Monday	M4-Px	The ACA and Why Prevention Is Health Reform	Jane Goble Clark, MPA, CSAPC	Madison	5
	M8-Px	Electronic Nicotine Devices: Implications for Tobacco Prevention	Amy Jeffers, MA, CPS	Grant	5
Tuesday	T12-Px	How to Market Prevention to Community Stakeholders and State Legislators	Tom Workman, Ph.D.	Madison	5
Wednesday	WP-Px	The 7 Habits of Highly Successful Prevention Programs	Robert Ackerman, Ph.D.	Crowne A Ballroom	1
	W1-Px	Understanding the Social Context of Prevention: What do we want to prevent, who do we want to influence and how are we going to do it?	Robert Ackerman, Ph.D.	Whitley	5
	W11-Px	Toxic ' <i>girly thoughts</i> ' Gone Wild: The High Price of Booze, Trauma and Sex	Patricia O'Gorman, Ph.D.	Coronet B	5
	W14-Px	Grants: Funding the Work - Successful Grant Seeking and Writing	Tom Workman, Ph.D.	Oldham	5
Thursday	TH9-AM-Px	Examining the Shared Risk of SA and Violence Prevention	Melissa Paris, MSSW Tomy Molley, B.A.	Grant	3
	TH11-Am-Px	Culturally Competent Prevention: A Focus on Services and Health Disparities	Mark Sanders, LCSW, CADC	Whitley	3
	TH20-PM-Px	Examining the Shared Risk of SA and Violence Prevention	Melissa Paris, MSSW Tomy Molley, B.A.	Grant	3
	TH23-PM-Px	Culturally Competent Prevention: A Focus on Services and Health Disparities	Mark Sanders, LCSW, CADC	Whitley	3

ADOLESCENT TRACK

Adolescence is the time when many mental health disorders begin to present in addition to the time that young people may explore substance use. Substance use and abuse can be difficult to discern as something different from mental health issues, and they are often times co-occurring. The complex needs of this population are remarkably different from those of the traditional adult treatment population, requiring different expertise and guidance on how a treatment and recovery system can best serve them.

In recognition of the differences in developmental and emotional growth between adolescents and adults, the Kentucky School of Alcohol and Drug Studies has developed this adolescent specific track to distinctively address the unique needs of adolescents and their families who may be dealing with substance use issues. These sessions will benefit both the entry-level clinician as well as the seasoned veteran, providing them with the most up to date information in the ever emerging field of adolescent substance use and co-occurring treatment.

Code & Track	Title	Presenter	Level	Location	Contact Hours
M5-Ad	Adolescents: When Programs Aren't Enough: Building Multi-Agency Recovery Supports	Jonathan Cloud, B.A., B.A.	Entry/ Intermediate	Elliott	5
T2-Ad	SA and Transitional Age Youth: Peter Pan is Alive and Well and Living in his parents basement/ Working with Avoidant Adolescents	Janice Gabe, LCSW, MAC	Entry/ Intermediate	Perry	5
W2-Ad	Engaging Families in Treatment and Recovery	James Campbell, M.A., CACII	Entry/ Intermediate	Elliott	5
W6-Ad	Gender Specific - Guys and Dolls	Janice Gabe, LCSW, MAC	Entry/ Intermediate	Perry	5
W9-Ad	LBGTQ Teens and SA: What's a Professional to do?	Ed Johnson, M.ED, MAC, LPC	Entry/ Intermediate	Grant	5
TH5-AM-Ad	Heroin Use in Teens and Young Adults	Janice Gabe, LCSW, MAC	Entry/ Intermediate	Crowne C	3
TH16-PM-Ad	Adolescent Challenges: Adolescent Juvenile Justice Population with Substance Use	Fred Dyer Ph.D., CADC	Entry/ Intermediate	Elliott	3

Kentucky's #1 Public Health Problem YOUTH SUBSTANCE USE



1 in 8
High School Students have a
Substance Use Disorder
Of those,
50%
also have a Mental Health Disorder

CONFERENCE EXHIBITS

The Exhibit Hall at the 43rd Annual Kentucky School of Alcohol and Other Drug Studies showcases a variety of organizations and businesses to meet both professional and personal interests of attendees. Expect to have conversations with exhibitors in the areas of behavioral health, health care and prevention programs. As well, you will be able to visit retail vendors showcasing their distinctive merchandise for purchase.

Look for a full listing of the exhibitors and vendors at registration!

2016 Exhibit Hall Hours

The Exhibit Hall is located across from the Crowne Ballroom.

Monday, July 18	8:00 a.m. – 5:00 p.m.
Tuesday, July 19	8:00 a.m. – 5:00 p.m.
Wednesday, July 20	8:00 a.m. – 5:00 p.m.

Refreshment Opportunities

Coffee will be offered directly in front of the Exhibit Hall in the morning at the following times.

Monday, July 18	7:30 a.m. – 10:00 a.m.
Tuesday, July 19	7:30 a.m. – 10:00 a.m.
Wednesday, July 20	7:30 a.m. – 10:00 a.m.

Coffee will be offered in the Exhibit Hall during the afternoon break at the following times.

Monday, July 18	2:30 p.m. – 3:00 p.m.
Tuesday, July 19	2:30 p.m. – 3:00 p.m.
Wednesday, July 20	2:30 p.m. – 3:00 p.m.

2016 MICHAEL E. TOWNSEND LEADERSHIP ACADEMY

Since 2005, the Michael E. Townsend Leadership Academy has offered professional development opportunities for professionals in the field of Substance Abuse. The Michael E. Townsend Leadership Academy is an opportunity for those who wish to become leaders throughout Kentucky in the field of substance abuse/recovery and mental health to collaborate and further enhance their skills.

For 2016 the Townsend Leadership Academy will continue; however it will be held at a different time and location and not during the KY School Week. Information will be sent to the Kentucky School mailing list and will also be posted on the DBHDID website when available: (<http://dbhdid.ky.gov/dbh/ksaods.aspx>). For more information please contact Mike Barry at mike@peopleadvocatingrecovery.org

The purpose of this leadership initiative is to develop leadership talent and skills for the future of Kentucky substance abuse professionals. Participants in the Leadership Academy have been challenged to grow both individually and professionally. The larger outcome of the Leadership Academy Challenge Projects has been widespread influence throughout law enforcement, prevention, recovery and treatment arenas, and many of the results of these Challenge Projects have continued to be widely used today.

The Leadership Academy views leadership as a set of interrelated capabilities and provides a lens to assist a leader to develop a robust approach and guide for action. This leadership framework is based around five interrelated leadership capabilities, each supported by a number of leadership practices. These five leadership capabilities include leadership context, setting direction, building capability, inspiring commitment and personal effectiveness.

Continuing Education Units (CEUs) are offered for completion of this program. Specifically, during the workshop and the two retreats, Leadership Academy participants will be introduced to skills required to become the next leaders in their fields, including building coalitions and teams, effective strategic planning, communication, decision-making, creativity, resolution of conflicts, dealing with diversity, press relations and messaging, and more.

In addition, the Leadership Academy participants will be required to work on a team of their Leadership Academy peers for the entire year, creating and regularly reporting on projects that will be designed by them to greatly benefit their fields. These projects are the legacies the Leadership Academy members leave behind as a service to their fields. They will also be required to read and review current leadership literature provided to them both before and during their Leadership Academy year, and complete other assignments as directed.

SCHOLARSHIP

2016 KSAODS Scholarship Application

Scholarship Application Deadline: May 31, 2016

This form must be filled out completely to be considered for an at-large Scholarship.

This application is for KSAODS general sessions and workshops only.

Scholarships are for Kentucky residents only. Recipients of awards will be notified by June 22, 2016.

Note: Scholarship recipients may be called upon to facilitate events or provide other conference assistance on a limited basis.

Please attach additional page(s) if needed in order to answer questions completely and thoughtfully.

1. Name _____ E-mail _____

Agency _____ Phone _____

Professional Address: _____

Job Title _____ Years in Substance Abuse Field _____

Have you received a Scholarship before? ___ Yes ___ No If yes, when? _____

2. How would this Scholarship benefit you professionally? _____

3. How will your attendance at the Kentucky School of Alcohol and Drug Studies benefit your community?

Applicant Signature Date

Supervisor Signature* Date

* If you are self-employed, a supervisor's signature is not required.

Please apply at: <https://redcap.uky.edu/redcap/surveys/?s=MCCWT4DH7R>

Or print this form and return by email or mail to:

KSAODS
Attention: Adam Trospen
c/o Division of Behavioral Health
275 East Main Street 4W-G
Frankfort, KY 40621-0001
Phone: (502) 782-6161 Fax: (502) 564-4826
Email: Adam.Trospen@ky.gov

please keep a copy for your records

SCHOLARSHIP

2016 Kentucky Adolescent Treatment - Enhancement Dissemination (KAT-ED) Scholarship Application

Scholarship Application Deadline: May 31, 2016

One full week scholarship for the 2016 KSAODS (registration fees only) will be presented to an individual who is a direct service provider for adolescents in the substance abuse/co-occurring mental health treatment field in Kentucky. Scholarship awardee shall demonstrate dedication to addressing the needs of adolescents with substance use disorders. Applicants are encouraged to keep a copy of completed application.

Please apply via the online link at: <https://redcap.uky.edu/redcap/surveys/?s=7FXJCDEPPJ> or complete the information below and submit electronically to: Michelle Kilgore at michelle.kilgore@ky.gov. Questions may be directed to Michelle.

1. Having looked at the catalog and selected the workshops of interest, I am asking for scholarships for (circle only one):
 1 day 2 days 3 days 4 days

2. I am interested in attending the following sessions. Please indicate the sessions you hope to attend:

3. Name:

Agency Name If not employed, enter NA	Job Title	Email	Phone

8. Please indicate your degrees and certifications that are applicable to providing behavioral health services (circle all that apply):
 Bachelors Masters CADC Licensed Certified

9. Have you received a scholarship for Kentucky School before? ___ Yes ___ No

10. Years working in the Behavioral Health Field: _____

11. I provide direct, billable services to youth: ___ Yes ___ No

12. Please indicate the years of direct service provision with adolescents:
 0-5 6-10 11-15 16+

13. Please indicate the percentage of time you spend in a week providing services to adolescents:
 75-100% 50-74% 25-49% 0-24%

14. Please indicate the ages you provide behavioral health care for (Circle all that apply):
 6-12 13-17 18-24 25+

15. How would this scholarship benefit you professionally?

16. What is your viewpoint about implementation of evidence-based practices as part of the delivery of behavioral health care to adolescents?

17. How will your attendance at the Kentucky School of Alcohol and Other Drug Studies benefit your community?

18. Name of Supervisor (if you work for an agency you must have your supervisor's approval. If you do not work for an agency, please enter N/A. Your supervisor will be contacted via email to determine that you have permission to attend KSAODS): _____

19. Supervisor email address (if you do not work for an agency, please put N/A): _____

SCHOLARSHIP

Kentucky Adolescent Substance Abuse Consortium (KASAC) 2016 Scholarship Nomination Form

One full week scholarship for the 2016 KSAODS (registration fees only) will be presented to an individual who is a direct service provider for adolescents in the substance abuse/co-occurring mental health treatment field in Kentucky. Scholarship awardees shall demonstrate dedication to addressing the needs of adolescents with substance use disorders. The deadline for application for this scholarship is June 15, 2016. Applicants are encouraged to keep a copy of the completed application.

Please complete the information below and submit electronically to:

Robert Daniels at rdaniels@sevencounties.org

Questions may be directed to Mr. Daniels by e-mail or by calling him at 502-671-9561.

Name _____ Credentials _____

Job Title _____

Place of Employment _____

Contact Information (including email) _____

Educational Background and Work Experience _____

How will your attendance at the KY School benefit the adolescents with whom you are working?

AWARDS

2016 Robert Straus Award Nomination Form

Nomination forms must be received by May 31, 2016

In recognition of Dr. Robert Straus for his career-long commitment to the study of alcoholism, his tenure with the Alcohol and Drug Task Force, and his leadership in the substance abuse field in Kentucky, KSAODS will present awards for outstanding contribution to substance abuse practice in Kentucky. Nominations will be accepted in the areas of:

- Prevention (Individual)
- Treatment (Individual)
- Advocacy/Volunteer (Individual)
- Community Organization, Business, or Network in fields of ATOD Prevention/Treatment/Advocacy

KSAODS is now accepting applications for the 2016 Robert Straus Award, to be presented at the 43rd Annual Conference. All practicing professionals in the areas of substance abuse prevention, treatment and/or recovery, advocacy/volunteer, and community organization/business are encouraged to submit nominations for the award. Recipients of awards will be notified by June 22, 2016.

Nominate a peer/colleague who has demonstrated excellence in the field of prevention, treatment/recovery, and/or advocacy. You may also nominate a community organization or business.

Separate nomination forms must be used for each individual nominated. Please type or print legibly; additional pages should be included as needed. In the space provided below, please describe why you feel this nominee should receive the Robert Straus Award. Please base your nomination narrative on the award criteria found on the next two pages. This form can also be found at: <https://redcap.uky.edu/redcap/surveys/?s=CTR7JK8PMH> and can be submitted online.

Nominee Name _____

Category: Prevention Treatment/Recovery Advocacy or Volunteer
 Community Organization, Business, or Network

Nominated by: _____
Full Name, Title Organization

Mailing Address: _____ Phone: _____ E-mail: _____

If you do not submit online, email nominations on this form to:

KSAODS, Attn: Adam Trospen
c/o Div. of Behavioral Health
275 East Main Street 4W-G
Frankfort, KY 40621-0001
Phone (502) 782-6161 Fax: (502) 564-4826
Adam.Trospen@ky.gov

AWARDS

Criteria for 2016 Straus Awards

When nominating an individual for a Robert Straus Award in any category, please consider the following personal qualities. Your nominee should exhibit as many of these traits as possible.

- Values quality of service and performs duties at an exceptional level
- Exhibits a positive attitude and encourages others to think positively
- Is recognized by peers, managers, team members, and others as extraordinary
- Exhibits the highest ethics and inspires others to do the same
- Exhibits remarkable interpersonal skills and behavior when working with others including clients, colleagues, the public, stakeholders, subordinates, and superiors
- Has true compassion for the client base being served
- Has above average problem solving skills and is not afraid to put them into practice

For your **PREVENTION** nomination, please address at least three of the five criteria listed below. Please upload a Word document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=CTR7JK8PMH>

1. How has the nominee demonstrated his/her commitment and dedication to the prevention field as a whole?
2. How has the nominee demonstrated creative leadership in developing and promoting strong collaborative partnerships?
3. How has the nominee contributed to outcomes that have produced measurable change in the community?
4. How has the nominee fostered diversity and inclusion in their work in order to build more effective community partnerships?
5. What personal or professional attributes uniquely characterize the nominee as he or she has formed relationships within the community?

Previous Prevention honorees include:

- | | | |
|--------------------------------|---------------------------|--------------------------------------|
| • Renaye Sparks - 1990 | • Alayne White - 1999 | • Chris Hunt - 2008 |
| • David True - 1991 | • Veronica Nunley - 2000 | • Laura Nagle - 2009 |
| • Dr. Richard Wilson - 1992 | • Amy Jeffers - 2001 | • Amy Hutchinson - 2010 |
| • Leslie Johnson Hughes - 1993 | • Nellie Druin - 2002 | • Donna Hardin - 2011 |
| • Donna Wiesenbahn - 1994 | • LaDonna Barnett - 2003 | • Gary Hall - 2012 |
| • Donna Woods - 1995 | • Chandra Carter - 2004 | • Shelby Prevention Coalition - 2013 |
| • Ted Strader - 1996 | • Judy Wilson - 2005 | • Dodie Huff-Fletcher - 2014 |
| • Gary Hall - 1997 | • Karen Hall - 2006 | • Connie Smith - 2015 |
| • Patricia Cummings - 1998 | • Dianne McFarling - 2007 | |

For your **TREATMENT** nomination, please address at least three of the five criteria listed below. Please upload a word document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=CTR7JK8PMH>

1. How is this nominee setting higher standards of client care and quality to better meet the challenges of the future?
2. How is this nominee driving innovation in behavioral health care delivery and improving ATOD outcomes within the community?
3. How is this nominee demonstrating the type of leadership and advocacy that is moving the nation in new directions to meet community health needs?
4. How is this nominee affecting positive client outcomes?
5. How does this nominee ensure they are using best practices and staying current in the field?

AWARDS

Previous Treatment honorees include:

- Edwin Hackney - 1990
- Todd Trumbore - 1991
- Vicki Jozefowicz - 1992
- Ethel Onell Ford - 1993
- Theodore (Ted) Godlaski - 1994
- Chris Fajardo - 1995
- Diane Hague - 1996
- Karen Coleman Mayberry - 1997
- Donald "Donnie" Howard - 1998
- David Lindermann - 1999
- Dr. Arthur Burrows, Jr. - 2000
- Jim Spirk - 2001
- Robert Walker - 2002
- Michael D. Vance - 2003
- Geoff Wilson - 2004
- Todd Trumbore - 2005
- Kenneth Hemphill - 2006
- Bill Stewart - 2007
- Debbi Bailey - 2008
- Woody Boggs - 2009
- David Mathews - 2010
- Jerry Nelson - 2011
- RonSonlyn S. Clark - 2012
- Jane Oliver - 2013
- Robert Daniels - 2014
- Jeff Nelson - 2015

For your **ADVOCACY** nomination, please address at least three of the five criteria listed below when you submit your nomination. Please upload a word processing document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=CTR7JK8PMH>

1. How is this nominee serving as a leading advocate for reducing the consequences of ATOD use, misuse, or abuse?
2. How is this nominee leading or creating community-based programs to address substance abuse issues in the community and/or beyond?
3. How is this nominee creating volunteer or advocacy opportunities for others to support substance abuse prevention, treatment, or recovery in the community and/or beyond?
4. Describe how the nominee has demonstrated a history of service to a community-based organization that addresses substance abuse.
5. Describe how the nominee is a strong role model for young people in the community.

Previous Advocacy honorees include:

- Joseph L. Slone - 1991
- Jo Ann Tapp - 1992
- Robert Allen Hall - 1993
- John McRoy - 1994
- Rosemary Fischer - 1995
- Janice Jackson - 1996
- Fayette Co. Circuit Judge Mary Noble - 1998
- Judge Gregory M. Bartlett - 1999
- Joe Van Roberts - 2000
- Lisa R. Minton - 2001
- Charlotte Wethington - 2004
- Michael W. Barry - 2005
- Don Blackburn - 2006
- Don Ball - 2007
- Rebecca DiLoreto - 2008
- Tim Bailey - 2009
- People Advocating Recovery - 2010
- Judge Lucinda Masterton - 2011
- James Moore - 2012
- Bev Howard - 2013
- Jason Merrick - 2014
- Tara Rowland - 2015

AWARDS

For your **BUSINESS/NETWORK/ORGANIZATION** nomination, please address at least three of the five criteria listed below when you submit your nomination. Please upload a word processing document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=CTR7JK8PMH>

1. Describe three ways that this business or organization demonstrates a strong commitment to the community to prevent drug and alcohol use among youth. Give specific examples.
2. Describe how this business or organization takes what it does best to serve an unexpected role to an at-risk population, ideally with an emphasis on youth leadership and improving self-esteem and resiliency.
3. How has this business, organization, or network served as a mentor to encourage emotional health and wellbeing of youth in the community?
4. How does this business encourage its employees to be involved in the substance abuse prevention and treatment community? Give specific examples.
5. What activities/initiatives/strategies does this business offer that promotes healthy families in the community from a behavioral health standpoint?

Previous business/organization/network honorees:

- Region 10 (Pathways) Champions Against Drugs Board - 1991
- Harold "Butch" Upton - 1993
- Westminster Village Community Resource Team - 1994
- West End Parent Focus Group - 1995
- Frank Goodwin - 1996
- Free to Grow (R Woods Foundation) Coalition - 1997
- Donald Biergans - 1998
- MORE (Methadone Opiate Rehabilitation & Education) Center - 1999
- George Moorman - 2001
- T.J. Sampson Memorial Hospital - 2003
- Youth Substance Abuse Treatment Collaborative - 2004
- Community Solutions - 2005
- Liquor Barn - 2006
- Hancock County Champions: Hancock County Partners for a Healthy Community-Healthy Youth - 2007
- Authur Rouse, Video Editing Service - 2008
- Owen County TAPP -2009
- Hope's Hands - 2010
- Owsley County Alliance for Tobacco Prevention - 2011
- Kentucky Prevention Network - 2012
- Carter County Drug Free Coalition - 2013
- Estill County Substance Abuse Coalition - 2014
- Owensboro Health - 2015

AWARDS

2016 Mike Lowther Award for Excellence in Prevention Work

Substance Abuse Prevention lost a friend and a pioneer in October of 2014. Mike Lowther was a member of both the SHSA and ONDCP teams and shared his knowledge with Preventionists across the states. He was a constant guide. This year, the Kentucky School of Alcohol and Other Drug Studies will present the second "Michael Lowther Award" that focuses on the individual or community that shares Mike's belief that "local people solve local problems best; people support what they create, and science matters."

- Connie Smith, Former Branch Manager, Kentucky Division of Behavioral Health, Prevention and Promotion Branch



In honor of the late Mike Lowther, the Kentucky School of Alcohol and Other Drug Studies is pleased to announce the second annual **Mike Lowther Award for Excellence in Prevention Work**.

Mr. Michael O. Lowther, a native of Oklahoma and a resident of Nebraska, was a highly regarded expert in the field of substance abuse prevention. He was the founding director of the Southwest Prevention Center at the University of Oklahoma, served as a director of State Programs at the U.S. Health and Human Services Substance Abuse and Mental Health Services Administration, and worked at the White House Drug Policy Office where he contributed significantly to the President's National Drug Control Strategy.

Additionally, Mr. Lowther served in leadership positions at the Pacific Institute for Research and Evaluation and worked at JBS International. Mr. Lowther received the 2001 National Prevention Network Lifetime Achievement Award for outstanding contributions to the field.

Mr. Lowther was an advocate for systems change to enhance the health and well-being of all people. He believed in building local capacity for comprehensive, population-based approaches that are based on objective and valid needs assessments. Mr. Lowther's mantra was "local people solve local problems best, people support what they help create, and science matters."

The winner of the 2016 Mike Lowther Award for Excellence in Prevention Work will embody the high professional standards, effective communication skills, proven leadership abilities, and dedication to the field and science of substance abuse prevention of which Mr. Lowther demonstrated.

The 2016 Mike Lowther Award for Excellence in Prevention Work will be presented during the Tuesday night KSAODS banquet. The award winner will be selected by DBH prevention staff.

KAAP INFORMATION

The Kentucky Association of Addiction Professionals (KAAP)

2016 The Kentucky Association of Addiction Professionals (KAAP)

Dear KY School Participants,

The Kentucky Association of Addiction Professionals (KAAP) is the state affiliate of NAADAC, the National Association of Addiction Professionals. The Kentucky School serves as KAAP's primary forum for training addiction professionals in state of the art information for prevention, intervention, treatment and research related to addiction studies. As co-sponsor of the 2016 Kentucky School, KAAP members will receive a registration discount as an incentive to become a member of Kentucky's statewide professional organization for addiction professionals and advocates. Annual membership in KAAP is \$110.00 for Professionals, \$89.00 for Associates (working toward their CADC or prevention certification) and \$47.50 for student membership.

Information on NAADAC membership and becoming a member of KAAP can be found at www.naadac.org. KAAP members will receive a \$100.00 discount for four day registration and a \$25.00 discount for daily registration at this year's Kentucky School. Please contact Mike Townsend to receive your code for discounted registration via email at mike6567@gmail.com. This discount will only apply to NAADAC members who are registered in Kentucky to become members of the Kentucky Association of Addiction Professionals.

On behalf of KAAP, we encourage addiction professionals to become active with KAAP and to become an active member of NAADAC as we move to strengthen the Substance Abuse field in the coming years.

Mike Townsend
President
Kentucky Association of Addiction Professionals
All inquiries to: miket6567@gmail.com

SUNDAY AGENDA • OPENING PLENARY

Sunday, July 17, 2016

2:00- 6:00 p.m. **Onsite Check In** Crowne A Ballroom
Get a head start on your Kentucky School

5:00 - 6:00 p.m. **Plenary/Focus Grassroots** Coronet A & B
Faces and Voices of Recovery/Power of Our Stories -
Young People in Recovery (YPR)
Tara Moseley, BS/Presentation and Facilitated Panel Discussion
(1 CEU)

6:00 - 7:00 p.m. **Meet and Greet Reception** Coronet A & B
Lite Refreshments

The Grassroots Speaks The Face and Voice of Recovery:

Young People in Recovery (YPR) - A Presentation With A Facilitated Panel Discussion

Tara Mosley, BS
Presenter and Facilitator

1 CEU

5:00 p.m.-6:00 p.m.

This panel will consist of members of the Young People in Recovery (YPR) chapter in Louisville, Kentucky, and each person will discuss what it was like to find recovery at a young age. They will discuss what type of treatment they needed or sought to begin recovery. Panelists will describe what barriers they encountered when trying to develop a stable life in recovery. They will describe what support was given to sustain long term recovery from a substance abuse disorder. Panelists will also discuss what experiences they had with speaking openly about their recovery and why it is important to speak out, and the stigma associated with substance Abuse disorders.

Learning Objectives:

- What are barriers that young people face in early/long term recovery.
- What support do young people need to sustain recovery.
- Why there is not a "one size fits all" treatment plan for youth with a substance abuse disorder.
- Why speaking out about personal recovery can empower others and themselves.

Panel:

Tara Moseley, Chapter Lead/Panel Facilitator
 Jenni Meredith, Housing Lead
 Russell Alvey, Education Lead
 Matthew Murohy, Events Coordinator

MONDAY AGENDA

Monday, July 18, 2016

7:00 - 8:00 a.m.	Morning AA/NA Meeting	Hancock
8:45 - 9:00 a.m.	Welcome/Opening Remarks <i>Wendy Morris</i> Acting Commissioner, Department for Behavioral Health Developmental and Intellectual Disabilities	Crowne A Ballroom
9:00 - 10:00 a.m.	Plenary/Focus Trends The History and Future of Addictions Treatment in America Mark Sanders, LCSW, CADC (1 CEU)	Crowne A Ballroom
10:00 - 10:15 a.m.	Morning Break	
10:15 - 10:30 a.m.	Prep Time/Go to Workshop	
10:30 - 12:00 p.m.	Workshops	
12:00 - 1:15 p.m.	Lunch Provided	Crowne A Ballroom
1:15 - 2:45 p.m.	Workshops - continued	
2:30-3:00 p.m.	15 Minute Afternoon Break at Presenters' Discretion	
3:00 - 4:45 p.m.	Workshops - continued	
5:00 - 6:00 p.m.	KYOTD Meeting KY Org for Treatment of Opioid Dependency Mark Miller, M.A., M.S., LMFT., Facilitator (No CEU)	Coronet B
5:30 - 7:30 p.m.	Film Presentation: <i>On Life's Terms: Mothers in Recovery</i> Film Documentary/Discussion Katie Stratton, M.S., LPCA, Facilitator (2 CEUs)	Crowne C
5:30 - 7:30 p.m.	KASAC Meeting KY Adolescent SA Consortium Geoff Wilson, LCSW, CADC, Facilitator (2 CEUs)	Coronet A

SESSIONS

Monday, July 18, 2016

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
MP	The History and Future of Addictions Treatment in America	Mark Sanders, LCSW, CADC	1 Hour	Crowne A Ballroom	Plenary
M1	Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Demetra Antimisariis, Pharm.D., CGP, FASCP	1 Day	Trimble	Workshop
M2	Addictions Medicine: Partnering with Treatment for Sustaining Recovery From an Addiction Psychiatrist's Perspective	Susan Blank, MD	1 Day	Coronet A	Workshop
M3	Recovery Oriented Systems of Care: Working smarter not harder: Shifting the focus to recovery improves outcomes	Ed Johnson, M.Ed., MAC, LPC	1 Day	Perry	Workshop
M4-Px	Prevention Forward: The ACA and Why Prevention IS Health Reform	Jane Goble-Clark M.P.A., CSAPC	1 Day	Madison	Workshop
M5-Ad	When Programs Aren't Enough: Building Multi-Agency Prevention Supports	Jonathan Cloud B.A., B.A.	1 Day	Elliott	Workshop
M6	Geriatric Issues in Substance Use Treatment	Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	1 Day	Whitley	Workshop
M7	Eating Addiction: Recovery, Relapse, and Prevention	Stephen Grinstead Dr. AD, LMFT, ACRPS, CADC-II	1 Day	Shelby	Workshop
M8-Px	It's Not Tobacco Anymore - Nicotine Devices: Implications for Tobacco Prevention	Amy Jeffers, M.A., CPS	1 Day	Grant	Workshop
M9	Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient	Mark Miller, M.A., M.S., LMFT	1 Day	Franklin	Workshop
M10	Treating the Emerging Adult with Substance Use Disorders	Cardwell Nuckols, Ph.D.	1 Day	Crowne B	Workshop
M11	Cognitive Therapy for Addictions	Todd Reynolds M.S.S.W., CADC	1 Day	Coronet B	Workshop
M12	Mindfulness - Meditation for Self Care and Client Treatment: An Evidence Based Practice	Frank Snyder, Ph.D., LCSW, M.S.W.	1 Day	Russell	Workshop
M13	Advanced Workshop for Addiction Professionals: How to Be the World's Best Group Therapist	Mark Sanders, CSW, CADC	1 Day	Crowne C	Workshop
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course)	Karen Garrity, MS.Ed., NCC, LPCC, CADC	2 Days Monday/Tuesday	Oldham	Workshop
MT2	Current Science and Clinical Practice: Medication-Assisted Treatment for Opioid Use Disorders	Hendree Jones, Ph.D.	2 Days Monday/Tuesday	Taylor	Workshop
ME	KY Organization for Treatment of Opioid Dependency, KYOTD	Mark Miller, M.A., M.S., LMFT	1 Hour (No CEU) 5:00-6:00 p.m	Coronet B	Optional Event
ME1	On Life's Terms: Mothers in Recovery; Film by Sheila Ganz	Katie Stratton, M.S., LPCA	2 Hours 5:30-7:30 p.m	Crowne C	Optional Event
ME2	KY Adolescent Substance Abuse Consortium (KASAC) Meeting	Geoff Wilson, LCSW, CADC	2 Hours 5:30-7:30 p.m.	Coronet A	Optional Event

PLENARY • MONDAY, JULY 18, 2016

Focus Trends: The History and Future of Addictions Treatment in America

Mark Sanders, LCSW, CADC

1 Hour Plenary - 1 CEU

9:00 a.m.-10:00 a.m.

This keynote address highlights 10 historical milestones that shaped modern addictions treatment and will describe changes that will impact the future of addictions treatment, including: technology erasing millions of jobs in the United States and implications for addictions treatment; expectations of the use of evidence-based practices; state budget cuts; the need for nontraditional sources of funding; changing client demographics; the aging of the addictions workforce; demographic shifts; the use of computers in addictions counseling; and multiple pathways of recovery. Emphasis will be placed upon learning from the past and preparing yourself to deal with future changes.

Learning Objectives:

By the end of this presentation you will learn:

1. 10 historical milestones that shaped modern addictions treatment.
2. How to clinically prepare for changing client demographics.

Mark Sanders, LCSW, CADC, is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is co-author of Recovery Management and author of Relationship Detox: How to Have Healthy Relationships in Recovery. He has had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is entitled, Slipping through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. He is a lecturer at the University of Chicago.

WORKSHOP ABSTRACTS

M1 - Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse

Demetra Antimisiaris, Pharm.D., CGP, FASCP

1 Day Workshop • Monday
5 CEUs

Understanding pharmacological and physiological aspects of psychoactive medications (both intended and unintended psychoactive) can be valuable to the substance abuse professional. All medications can have effects on the psychological wellbeing of an individual, even if the medications are not labeled as psychoactive. This session will review elements of psychoactive pharmacology, intended and unintended psychoactive medication effects, and the various conditions or circumstances that can lead to unintended psycho-activity of many medications and substances.

Objectives:

1. Describe examples of how psychoactive medications interact with the human nervous system to result in tolerance, neuroplasticity, and toxicity.
2. Name three medications ordinarily considered non psychoactive which have psychoactive effects.
3. List physiological conditions which can result in increased psycho-active activity of any medication.

M2 - Addictions Medicine: Partnering with Treatment for Sustaining Recovery ~ An Addiction Psychiatrist's Perspective

Susan Blank, M.D.

1 Day Workshop • Monday
5 CEUs

We know that addiction is a brain disease that can affect every organ system in the body. But, what does that really mean? In this workshop we will look at some overlooked and underappreciated ways in which active substance use can affect a person's cognitive functioning, hormonal systems, nutritional status and coping abilities. Simple, inexpensive, innovative ways to evaluate the person and gain insight into when and how to refer someone for a more thorough evaluation will be introduced, evaluated, and discussed. We will look at some special circumstances related to pain in patients with addiction, the differences in dealing with stress between men and women, and find out why antidepressants usually don't help many of our patients. Ways to deal with these companion substance use issues will be explored so that you will have more tools and options for helping your patient move toward integrated healing from the beginning of your treatment planning.

Objectives:

1. Participants will be able to identify at least three effects of the use of drugs and alcohol on the neuroendocrine system.
2. Participants will recognize signs of poor nutrition in patients who are active in their addiction.
3. Participants will be able to identify the role of stress in relapse risk, particularly for women.
4. Participants will recognize when patients may benefit from a referral for a more advanced medical work up when antidepressants don't seem to work for their patients.

M3 - Recovery Oriented Systems of Care: Working smarter not harder: Shifting the focus to recovery improves outcomes

Ed Johnson, M.Ed., MAC, LPC

1 Day Workshop • Monday
5 CEUs

Eighty-five percent of individuals return to using within the first ninety days after completing treatment. How can we improve this? This workshop explores what addiction treatment and prevention currently look like and what they might look like, based on current research, if the focus were on recovery. Participants will explore how a recovery-oriented system facilitates more individuals being able to initiate and sustain recovery. Participants will explore the issues of acute versus chronic care, stigma, community engagement and the concept of recovery capital, recovery management and the use of peer support. The importance of language and terminology will also be discussed

Objectives:

Upon completion of this workshop, participants will be able to:

1. Compare and contrast the acute care and chronic care model of substance use disorder treatment.
2. Demonstrate increased understanding of the concept of "Recovery Capital" and how it impacts recovery initiation and support.
3. Articulate the differences between Recovery Management and Relapse Prevention.
4. Increase their understanding of terms that addiction professionals' use that perpetuates the stigma associated with substance use disorders.

M4-Px - Prevention Forward: The ACA and Why Prevention IS Health Reform

Jane Goble-Clark, M.P.A., CSAPC

Prevention Track
1 Day Workshop • Monday
5 CEUs

The "Prevention Forward" workshop provides an overview of the ACA and shows that prevention is at the heart of it. Participants will learn and discuss topics such as: 1) systems-level changes related to the ACA/health reform movement, 2) challenges related to those changes, and 3) the basics of prevention and how it is relevant to the work they already do. It will empower participants to be proactive, rather than passive, participants within an evolving health care system. This workshop is applicable to practitioners at the community, state, regional and national level since we are all striving to create and/or adjust to integrated health care models.

Objectives:

1. Participants will be able to describe how the ACA/health reform centers around prevention.
2. Participants will be able to describe the National Prevention Strategy.
3. Participants will be able to describe how prevention relates to their work, or for prevention practitioners, be able to describe to non-prevention colleagues how prevention is health reform.

M5 Ad - When Programs Aren't Enough: Building Multi-Agency Prevention Supports

Jonathan Cloud, B.A., B.A.

Adolescent Track
1 Day Workshop • Monday
5 CEUs

At both the individual and community levels, there are times when isolated programs working alone aren't enough to prevent at-risk adolescents from moving into "deep end" services. This workshop defines the key characteristics of such times, or the conditions at individual and community levels that require sophisticated strategic planning among multiple agencies. In doing so, this question is answered: When should our agency move from doing its own thing and develop strategic partnerships with other agencies? Building on this answer, the workshop utilizes a highly engaging series of interconnected small group exercises to move participants through the stages of building a cross-sector prevention strategy focused on at-risk adolescents. Each stage exposes participants to one or more evidence-based practices from the fields of Positive Youth Development, Collective Impact, Cross-Sector Partnerships, and Project Management. Findings from research on the neuroscience of addiction and approach and avoidance behaviors are also utilized.

Objectives:

Participants will:

1. Understand five types of multi-agency partnerships and be able to determine when conditions at individual and community levels require strategic planning among multiple agencies.
2. Understand the core principles of Positive Youth Development and how they apply to prevention of substance abuse among at-risk adolescents.
3. Understand the importance of formulating a theory of change on which to base substance abuse prevention efforts and how to utilize data to set and achieve measurable prevention outcomes.
4. Be able to explain the steps involved in building a multi-agency cross-sector substance abuse prevention strategy focused on at-risk adolescents.
5. Be able to use the workshop tools to develop or strengthen a multi-agency substance abuse prevention strategy in their community.

M6 - Geriatric Issues in Substance Use Treatment

Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP

1 Day Workshop • Monday
5 CEUs

Traditionally, the substance abuse treatment community has not done well in addressing issues of geriatric concern. This often hidden population has a wide range of psychosocial needs which they often medicate with alcohol or other drugs. Encountering a variety of ailments, our older citizens often are seeing multiple physicians who are not coordinating medical care, which leads to drug interactions and drug toxicity. In addition to the above, most of the treatment interventions are designed primarily for younger individuals who are working and seem to have fuller lives. The geriatric patient not only is encountering significant biological and metabolic changes, but inevitably encounters multiple levels of loss in terms of the death of friends and family, the loss of prestige associated with work and productivity, and the loss of freedom as they are confined more and more to the home or skilled nursing facility. All these issues compound drug and alcohol abuse, requiring specific interventions to address this special patient population. In the six-hour workshop clinicians will be given a brief review of the most poignant issues facing the geriatric patient. These issues will then be tied to specific interventions, utilizing a motivational interviewing frame to help engage the older patient in their own treatment plan. A review of psychotropic intervention will also be part of this workshop, as well as a review of traditionally abused prescription medications by this special patient population.

Objectives:

Participants will:

1. Be able to internalize and discuss the special needs of the geriatric patient population.
2. Review both from a biological, psychological, sociological, and spiritual point of view the special vulnerabilities associated with aging.
3. Learn specific interventions and be able to articulately tie those interventions to the specific needs of the geriatric substance abusing patient population.

M7 - Eating Addiction: Recovery, Relapse, and Prevention

Stephen Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

1 Day Workshop • Monday
5 CEUs

This workshop will present a strategic roadmap for effectively working with compulsive overeaters, food addicts, eating addicts and binge eaters. These terms describe people who use eating and food to manage feelings and cope with life instead of for fuel. One primary purpose of this workshop is to teach the participants to develop a relapse prevention plan and create a schedule of activities to assist in that goal. Participant will learn the importance of first assisting their clients in developing a personalized definition of abstinence that works for them as well as an effective recovery plan that is life enhancing, which I refer to as a Healthy Living Plan. The workshop will also go through a series of steps to make sure that participants can aid clients to become stable in their recovery and cover the necessary steps for that to occur. The second part of the workshop focuses on how to develop an effective and strategic relapse prevention plan—the missing component for this population. We will also discuss how for people in recovery for alcohol and/or other drugs this process eating addiction can lead them to relapse in their chemical recovery.

Objectives:

1. Be able to assist their clients in developing a bio-psycho-social-spiritual Healthy Living Plan and identifying the common triggers that can sabotage quality recovery in each of those four areas.
2. Teach clients to develop their personal definition of what recovery (abstinence) means to them and signing a Healthy Living Contract that includes a personalized Healthy Eating Plan.
3. Take their clients through a thirty (30) item Eating Addiction Problem Checklist and help the clients understand what their score really means.
4. Learn how to identify at least twenty-seven (27) common high risk situations that lead clients from stable recovery to becoming dysfunctional and eventually start using eating to cope instead of for fuel.
5. Be able to teach clients how to develop a strategic treatment plan that will assist them in identifying and managing future high risk situations that could lead to relapse.

M8-Px - It's Not Tobacco Anymore - Electronic Nicotine Devices: Implications for Tobacco Prevention

Amy Jeffers, M.A., CPS

Prevention Track
1 Day Workshop • Monday
5 CEUs

In the last half century, tobacco prevention has made great strides in reducing cigarette use and establishing smoke-free environments. Then electronic nicotine devices (ENDS) appeared on the scene, changing the way we define cigarettes and tobacco use. The popularity of electronic cigarettes and vaping devices has exploded in recent years especially among young people. Despite this new delivery system that claims to be safer than smoking traditional cigarettes, these products still contain nicotine and other chemicals that are harmful to the user and those around them. Nevertheless, these products are creating a new language and sub-culture, changing behaviors and challenging policies. In order to address this, those in prevention must be prepared to make changes as well. This workshop will look at how to rethink tobacco prevention language, messaging, and strategies in order to prevent ENDS from becoming the gateway to nicotine addiction for a new generation.

Objectives:

1. Provide attendees with a basic understanding of electronic nicotine devices.
2. Educate attendees on these new devices require a paradigm shift in traditional prevention strategies.
3. Provide attendees with resources and tools to implement comprehensive tobacco prevention efforts.

M9 - Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient

Mark Miller, M.A., M.S., LMFT

1 Day Workshop • Monday
5 CEUs

Medically Assisted Treatment has been around for over a half a century in the form of methadone and, more recently, Buprenorphine with Naloxone, for opioid-addicted patients. This seminar will focus on medically assisted treatment from a clinical perspective, highlighting both challenges and goals for working with patients in MAT. What is Harm Reduction and how does it work? How have changes in legislation impacted the patients that we work with? What are the typical opioids that patients are using prior to treatment? Looking beyond the old standbys of “exchanging one drug for another” and “legal dope dealers”, how do MAT programs benefit their patients and what does this mean for you? Finally, how can you work toward prevention of heroin use in the community you are from, especially given all the challenges we are discussing? Come be a part of an exciting dialogue about this still-cutting edge treatment modality!

Objectives:

1. Understand what MAT is.
2. Learn the differences between Buprenorphine with Naloxone and Methadone.
3. Establish and address particular challenges of preventing heroin in the communities our participants are from.
4. Establish and address particular challenges of this population: pain management, co-occurring disorders, community investment.

M10 - Treating the Emerging Adult with Substance Use Disorders

Cardwell Nuckols, Ph.D.

1 Day Workshop • Monday
5 CEUs

In treatment programs throughout North America, as much as one-half to two-thirds of the patient population is 18 -30 years old. This is good news as more and more alcoholics and addicts are having the opportunity at an early age to enter into recovery.

This emerging young adult population has difficulty with treatment programs designed for more mature adults. Their subjective experience of life is much different than that of someone who has already achieved some success in the social and business world. Often they need habilitation instead of being candidates for rehabilitation.

This skills development training will give participants hands-on techniques based upon neurobiological and social science evidence. Neuroplastic changes are necessary to allow the prefrontal cortex to develop the abilities for formalized thought, management of affect and relationship skills. Without these skills the patient will not have an opportunity for life enhancement- to hold a good job, to raise a child and to be a part of a committed relationship.

“This is the most important treatment issue facing the addictions, mental health and criminal justice treatment system today.”

Objectives:

Upon completion of this training, participants will be able to:

1. Positively impact the patient's development of cognitive change from a concrete to a more formalized model.
2. Design an aggressive discharge plan in order to facilitate continued positive development.
3. Assist the patient in the development of social skills (communication, management of anger, etc.) and give the young adult a “tool box” that can help them in relationships (personal, business, etc.).
4. Assist the young adult in nurturing their spiritual self in the discovery of meaning in their life.
5. Model the experience of a fair and consistent environment as they discover how a healthy family functions.

M11 - Cognitive Therapy for Addictions

Todd Reynolds, M.S.S.W., CADC

1 Day Workshop • Monday
5 CEUs

Cognitive Therapy is a proven, evidence based practice in working with addictions. This workshop will focus on effective strategies and skills that comprise utilizing cognitive therapy in working with addictions. Cognitive therapy is sometimes called cognitive behavior therapy because the goal is to help people in the ways they think (the cognitive) and in the ways they act (the behavior). It is based on the concept that the way we think about things affects how we feel emotionally and what we do behaviorally. Cognitive therapy focuses on present thinking, behavior, and communication rather than on past experiences and is oriented toward problem solving.

Objectives:

1. Be able to clearly define cognitive therapy.
2. Become comfortable with the use of cognitive therapy in treating people with addictions.
3. Identify the roles of a person's thoughts, feelings and behavior in treating addictions.
4. Learn at least 3 cognitive therapy skills to utilize with patients with addictions.

M12 - Mindfulness - Meditation for Self Care and Client Treatment: An Evidence Based Practice

Frank Snyder, Ph.D., LCSW, M.S.W.

1 Day Workshop • Monday
5 CEUs

Mindfulness has been described as non-judgmental moment-to-moment awareness. The use of mindfulness in the clinical settings is a rapidly growing area of study and practice in the mental health and recovery fields in recent years. The number of research articles, books and popular press articles on the topic is growing exponentially each year for these evidence based interventions. Its first application working with pain and stress was developed by Jon Khabot-Zinn at the University of Massachusetts and called Mindful Based Stress Reduction (MBSR). Since then other approaches focused on different populations have been introduced: Mindfulness-based cognitive therapy (MBCT), Acceptance and commitment therapy (ACT), Dialectical behavior therapy (DBT), Mindful Based Relapse Prevention (MBRP) and others.

This workshop will be an introduction to mindfulness and its applications. This will be a learn by doing workshop as the way to learn mindfulness is to do mindfulness. The participant will be learning how to attend to the mind and body using the practice of mindfulness. The experiential exercises will be evenly supported with didactic presentations. In the didactic sessions we will explore evidence base for these interventions, the psychobiological changes which occur and where mindfulness practices fit in relapse prevention. So bring a yoga mat and meditation cushion or bench if you have one and if not come still come, not required at all; wear comfortable clothing and come to experience and learn.

Objectives:

1. Understand the central role of mindfulness meditation practice in facilitating self-regulation of emotions mood and the relapse process.
2. Articulate the vital importance of the therapist's ongoing mindfulness meditation practice and sustained mindful awareness within a psychotherapy framework.
3. Develop and/or deepen their own mindfulness meditation practice, emphasizing both formal meditative practices and mindfulness as a mode of being in daily life.

M13 - Advanced Workshop for Addiction Professionals: How to Be the World's Best Group Therapist

Mark Sanders, LCSW, CADC

1 Day Workshop • Monday
5 CEUs

The most frequent modality in the treatment of addiction is group therapy. In this workshop you will learn how the best therapists facilitate groups and will develop skills to help you increase your effectiveness as a group therapist.

A partial list of topics includes: The 10 Things that the Best Group Therapists Do; How to Build Cohesion in Addictions Groups; A Research-based Perspective on Factors Most Conducive to Building Group Cohesion in the Early, Middle, and Late Stages of Group; How to Deal with Rapid Group Turnover in Addictions Settings; 10 Strategies for Addressing Group Conflict; and How to Solve Any Group Therapy Problem.

Objectives:

By the end of this presentation you will learn:

1. 10 things that the best group leaders do.
2. Strategies for building group cohesion.
3. 10 strategies for managing conflict in addictions groups.

MT1 - Intensive Skill Training in Motivational Interviewing (Beginning Course)

Karen Garrity, MS.Ed., NCC, LPCC, CADC

2 Day Workshop • Monday & Tuesday
10 CEUs

This two-day training is a skill-based strengths training that focuses on skill-building for direct practice staff working with challenging clients. The information will be presented over two days, utilizing multimedia presentations, interactive lecture and facilitated small and large group exercises. A mixture of small group discussions, videos, case scenarios and full room exercises keep the training pace lively and engaging.

The emphasis for this training is on skill-building and "theory-to-practice" group work for direct application of these various curriculums.

WORKSHOP LIMITED TO 15 participants

Objectives:

Upon completion, participants attending this training will be able to:

1. Define and understand the spirit and processes of motivational interviewing. Understand the spirit and processes of motivational interviewing that increase client-staff rapport and increase the client's readiness to change.
2. Be able to demonstrate, in direct practice, resistant-lowering techniques that will improve the engagement of reluctant clients.
3. Be able to identify activities that will continue the skills development of MI.

MT2 - Current Science and Clinical Practice: Medication-Assisted Treatment for Opioid Use Disorders

Hendree Jones, Ph.D.

2 Day Workshop • Monday & Tuesday
10 CEUs

This workshop will discuss key scientific concepts of opioid use disorder, practice ways to reduce stigma and prejudice against those who have substance use disorders and who take medication as a part of treatment for opioid use disorders. As an interactive group, participants will examine the factors that underlie the development of substance use disorders and review how different medications including methadone, buprenorphine and naloxone work as a part of a complete treatment for opioid use disorders. Medication issues with populations with unique clinical needs will be discussed (e.g., pregnant women, babies prenatally exposed to opioids).

Objectives:

1. Participants will practice strategies to address stigma associated with individuals who use substances.
2. Participants will practice strategies to address stigma associated with Medication Assisted Treatment with staff and patients.
3. Participants will compare and contrast the common ways methadone and buprenorphine work as an important part of a complete treatment approach to opioid dependence.

TUESDAY AGENDA

Tuesday, July 19, 2016

7:00 - 8:00 a.m.	Morning AA/NA Meeting	Hancock
9:00 - 10:00 a.m.	Plenary/Focus Treatment <i>The Connection Between Trauma and Substance Use Disorders: Creating a Healing Process</i> Hendree Jones, Ph.D. (1 CEU)	Crowne A Ballroom
10:00 - 10:15 a.m.	Morning Break	
10:15 - 10:30 a.m.	Prep Time/Go to workshop	
10:30 - 12:00 p.m.	Workshops	
12:00-1:00 p.m.	KAAP Annual Meeting (KY Association of Addiction Professionals) (Pick up box lunch from Crowne A Ballroom)	Coronet B
12:00 - 1:15 p.m.	Lunch Provided	Crowne A Ballroom
	Presentation of Mike Townsend Leadership Academy Awards - 12:15 p.m.	
1:15 - 2:45 p.m.	Workshops Continued	
2:30-3:00 p.m.	15 Minute Afternoon Break at Presenters' Discretion	
3:00 - 4:45 p.m.	Workshops Continued	
5:30 - 7:30 p.m.	Kentucky School Appreciation Banquet Robert Straus & Mike Lowther Awards Presentation	Crowne A Ballroom
	<i>Live Music:</i> Don Rogers Band begins 4:45 p.m. – Come relax and visit with friends!	
	<i>Blessing:</i> Mike Vance - 5:40 p.m.	
	<i>Buffet Dinner</i>	
	Speaker: John Tilley, Secretary, Justice & Public Safety Cabinet - 6-6:30 p.m. (No CEU)	
	<i>Robert Straus & Mike Lowther Awards:</i> Presented by Natalie Kelly	

SESSIONS

Tuesday, July 19, 2016

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
TP	The Connection Between Trauma and Substance Use Disorders: Creating a Healing Process	Hendree Jones, Ph.D.	1 Hour	Crowne A Ballroom	Plenary
T1	Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder	Shelia Cundiff, LCSW, CADC	1 Day	Perry	Workshop
T2-Ad	Peter Pan is Alive and Well and Living in His Parents' Basement: Working with the Avoidant Young Adult	Janice Gabe, LCSW, MAC	1 Day	Elliott	Workshop
T3	Shame: The Emotional Energy That Drives Addiction	Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	1 Day	Whitley	Workshop
T4	Dilemmas Surrounding Medication Management in Recovery	Stephen Grinstead Dr. AD, LMFT, ACRPS, CADC-II	1 Day	Grant	Workshop
T5	Doing the Same Thing Expecting Different Results: Examining All the Treatment Options for Opioid Use Disorder	Ed Johnson, M.Ed., MAC, LPC	1 Day	Russell	Workshop
T6	Understanding the Cultures of Addiction and Criminality	Michael Johnson, M.S.W., LMSW	1 Day	Crowne B	Workshop
T7	Foundation Skills for Substance Abuse Counseling	Mark Miller, M.A., M.S., LMFT	1 Day	Shelby	Workshop
T8	Treating the Addicted Patient with Early Life Developmental Trauma (PTSD) and Borderline Personality Disorder	Cardwell Nuckols, Ph.D.	1 Day	Coronet B	Workshop
T9	Healing the Hearts of Men	Todd Reynolds, M.S.S.W., CADC	1 Day	Trimble	Workshop
T10	Father Hunger/Father Wounds: Intervention Strategies with Chemically Dependent Clients Impacted by Fatherlessness	Mark Sanders, LCSW, CADC	1 Day	Crowne C	Workshop
T11	Helping Women Recover: A Program for Treating Addiction (Based on Dr. Stephanie Covington's Manualized Curriculum)	Twyla Peterson Wilson, LCSW, ACSW	1 Day	Coronet A	Workshop
T12-Px	How to Market Prevention to Community Stakeholders and State Legislators	Tom Workman, Ph.D.	1 Day	Madison	Workshop
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course)	Karen Garrity, MS.Ed., NCC, LPCC, CADC	2 Days Monday/Tuesday	Oldham	Workshop
MT2	Changing Negative Public Attitudes, Language Matters	Hendree Jones, Ph.D.	2 Days Monday/Tuesday	Taylor	Workshop
TW1	Best Practices in Clinical Supervision (Fulfills clinical supervision requirements: 908KAR1:310 and 370; 6 hours/day)	Geoff Wilson, LCSW, CADC	2 Days Monday/Tuesday	Franklin	Workshop

PLENARY • TUESDAY, JULY 19, 2016

Focus Treatment - The Connection Between Trauma and Substance Use Disorders: Creating a Healing Process

Hendree Jones, Ph.D.

1 Hour Plenary • 1 CEU

9:00 a.m.-10:00 a.m.

Individual trauma has been defined by the Substance Abuse and Mental Health Services Administration as “results from an event, series of events or set of circumstances that is experienced by an individual as physically or emotionally harmful or threatening and that has lasting adverse effects on the individual’s functioning and physical, emotional or spiritual well-being.” While not everyone who experiences trauma develops a substance use disorder, research indicates that trauma is a major underlying issue for many who have substance use disorders. This presentation will review current research findings on the prevalence and outcomes of individuals who have trauma and substance use disorders. It will highlight the advances in neuroscience that have begun to explain the mechanisms by which neurobiology, psychological processes, and social attachment shape substance use disorders across the life-span. Finally, it will focus on the healing process to recover from trauma and substance use disorders. The brain has enormous healing potential; an important part of recovery is learning to access this potential. Thus, current methods for accessing the potential to heal pain and learn and sustain healthy behaviors and thoughts will be summarized.

Learning Objectives:

1. Compare and contrast the most recent findings on the prevalence and treatment outcomes of individuals who have trauma and substance use disorders.
2. Identify three ways that neuroscience informs understanding of trauma experiences and the development substance use disorders across the life-span.
3. Articulate at least two methods for helping individuals who have experiences of trauma and substance use disorders learn and sustain healthy behaviors.

Hendree Jones, Ph.D., is a Professor in the Department of Obstetrics and Gynecology, School of Medicine, University of North Carolina, Chapel Hill and Executive Director of Horizons, a comprehensive drug treatment program for pregnant and parenting women and their drug-exposed children. She is also an Adjunct Professor in the Department of Psychology, UNC, Chapel Hill and an Adjunct Professor in the Psychiatry and Behavioral Sciences and in the Department of Obstetrics and Gynecology, School of Medicine, Johns Hopkins University. Dr. Jones is an internationally recognized expert in the development and examination of both behavioral and pharmacologic treatments for pregnant women and their children in risky life situations. Dr. Jones has received continuous funding from the United States National Institutes of Health since 1994 and has over 165 publications, two books on treating substance use disorders (one for pregnant and parenting women and the other for a more general population of patients), several book and textbook chapters. She is a consultant for the United Nations and the World Health Organization. Dr. Jones leads or is involved in projects in Afghanistan, the Southern Cone, the Republic of Georgia, South Africa, and the United States which are focused on improving the lives of children, women and families.

WORKSHOP ABSTRACTS

T1 - Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder

Shelia Cundiff, CSW, CADC

1 Day Workshop • Tuesday
5 CEUs

After 14+ years of continuous conflict in multiple theaters of deployment our Service Members are returning home. Over 1.1 million Service Members will face the challenge of reintegrating back into society. Many veterans are addicted or will become addicted to alcohol and/or drugs, many will become homeless due to the difficulties with reintegration, and many will suffer and struggle from Post Traumatic Stress Disorder. This workshop will identify some of the struggles including the impact of homelessness that veterans face upon return from conflict and identify strategies to empower professionals to help the healing so necessary for our Veterans to re-enter and function well in our communities. The treatment for veterans with addictions and PTSD, and the importance of case management services will be discussed.

Objectives:

1. Participants will gain an understanding of the stigma surrounding addiction treatment for veterans.
2. Participants will gain an understanding of the causes of the increasing number of homeless veterans.
3. Participants will gain an understanding of the importance of case management for veterans.
4. Participants will gain an understanding of the signs and symptoms of PTSD.

T2-Ad- Peter Pan is Alive and Well and Living in His Parents' Basement: Working with the Avoidant Young Adult

Janice Gabe, LCSW, MAC

Adolescent Track
1 Day Workshop • Tuesday
5 CEUs

They won't work, they won't help around the house, they won't go to school, and they won't leave the basement. No one really knows what to do with them. They are avoidant young adults and their numbers are increasing at a concerning rate. This workshop is designed to help professionals understand and effectively intervene with this population.

Objectives:

1. Participants will become familiar with the developmental dynamic of the avoidant young adult.
2. Participants will become familiar with the dynamics of avoidance as a coping strategy.
3. Participants will learn effective strategies for disrupting self sabotaging patterns and moving clients forward.
4. Participants will be provided strategies to assist the parents of these young adults.

T3 - Shame: The Emotional Energy That Drives Addiction

Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP

1 Day Workshop • Tuesday
5 CEUs

Shame is a corrosive state of being that sends the message "I am not good enough." Shame is different from guilt in that the latter is anchored in what we do and the former is tied to who we are or see ourselves to be. As seen through the lens of the biological, psychological, sociological, spiritual experiential model of addiction, shame is the affective energy that ignites the biology of the disease. Utilizing the works of Heinz Kohut, Sylvan Tompkins, Nathaniel Robinson and Phil Flores, this workshop will examine the origins of shame and its impact on the substance abusing patient. Specific attention will be given to issues of limbic resonance and the potential clinical pitfalls that can damage the therapeutic relationship which is so essential to supporting the recovery of patients with substance use disorders. The implications that shame has on our understanding of prevention and intervention will also be reviewed.

Objectives:

1. Participants will be able to discuss a working definition of shame as an important treatment variable.
2. Participants will be able to examine how best to avoid activating the shame of their clients.
3. Participants will discuss the negative impact of shame upon the therapeutic relationship.
4. Participants will examine the implication of shame as it impacts our implementation of substance abuse prevention and intervention efforts.

T4 - Dilemmas Surrounding Medication Management in Recovery

Stephen Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

1 Day Workshop • Tuesday
5 CEUs

Healthcare and treatment providers are on the front line to accurately assess, intervene upon and develop appropriate treatment plans for people in recovery or the chemically impaired patient who needs to be in recovery who live with a chronic pain condition. Therefore, a major focus of this workshop will center on identification and effective intervention and treatment of prescription drug abuse for chronic pain patients. This will be accomplished in part by discussing how to identify the most common red flags of prescription drug abuse, and the high risk situations patients experience that lead to prescription drug abuse and/or addiction. It is also important that participants become familiar with common pain management drugs of abuse as well as recovery friendly alternatives.

For people in recovery who have chronic pain and/or psychological disorders including addition a multidisciplinary treatment approach is crucial. This specialized treatment plan includes medication management, emotional and/or psychological symptom management, and non-pharmacological pain management interventions for chronic pain conditions. Positive treatment outcomes can be accomplished by managing pain and coexisting disorders utilizing the Addiction-Free Pain Management® synergistic multidisciplinary treatment system.

Objectives:

1. Identify at least ten (10) of the most common prescription drugs of abuse as well as identifying at least ten (10) recovery friendly medications for pain management.
2. Understand and explain the unique needs and obstacles confronting patients and their families who are in recovery and living with chronic pain conditions and other coexisting psychological disorders including addiction and need to be on prescription medications.
3. Identify at least twenty-five (25) Red Flags that indicate that clients are using their prescription medication problematically and learn simple interventions to address those problems.
4. Educate their clients about the importance of utilizing a multidisciplinary team approach for patients in recovery from an addictive disorder who need to be on prescription medications.

T5 - Doing the Same Thing Expecting Different Results: Examining All the Treatment Options for Opioid Use Disorder

Ed Johnson, M.Ed., MAC, LPC

1 Day Workshop • Tuesday
5 CEUs

Addiction is a “chronic medical condition” but does it make sense that there is only one treatment? The increase in mortality due to the misuse of prescription medications has brought new urgency to this discussion. This increase in mortality is also causing Addiction Professionals to reexamine how we define “recovery” and how we define “successful outcomes”. This session explores the specifics of Opioid Use Disorder and discusses all the various modalities and medications currently available for its treatment, including abstinence based behavior modification. Specific emphasis will be placed on treatment options for pregnant women who have opioid used disorders.

Objectives:

1. Have increased understanding of the neurobiology of opioid dependence and it’s treatment.
2. Become familiar with the various medications used to treat opioid use disorder.
3. Become familiar with the use of Naloxone and the concept of “harm reduction” in the context of opioid use disorders.
4. Explore the efficacy of the various treatment options for opioid use disorder, including abstinence based behavior modification and medication assisted treatment.
5. Explore specific treatment issues related to women who are pregnant and have opioid use disorder such as Neonatal Abstinence Syndrome (NAS) and use of opioid medications during pregnancy.
6. Explore personal biases regarding the use of medication in addiction treatment.

T6 - Understanding the Cultures of Addiction and Criminality

Michael Johnson, M.S.W., LMSW

1 Day Workshop • Tuesday
5 CEUs

The training discusses the parallels of addiction and criminality and the developmental processes leading to these lifestyles. The training addresses the impact of eroding values, changing norms, shifting attitudes and the perceptions of what is normal in the view of the addicted/offender. Its focus is on the anti-social characteristics of the offender and its impact on resistance, relapse and recidivism.

Objectives:

1. How to identify the “primary diagnosis” of the client as with many offenders their criminality is the primary problem which proceeds drug and alcohol use.
2. Assist counselors in developing a treatment plan which has an improved usefulness to both the therapist and client.
3. Explain that the addict and offender is also enmeshed in lifestyle behaviors that can influence self-defeating behaviors and impede the process of recovery.
4. Provides insight concerning the ambivalence that this population presents in therapy.
5. Discuss the importance of continuity of care, e.g., the role of the treatment, parole/probation officers and out-patient therapists.

T7 - Foundation Skills for Substance Abuse Counseling

Mark Miller, M.A., M.S., LMFT

1 Day Workshop • Tuesday
5 CEUs

This workshop is for new counselors entering the treatment field or for counselors that are beginning to see more addiction clients on their caseloads and want to be more effective with this population. Utilizing TAP 21: Addiction Counseling Competencies, pertinent aspects of assessment, diagnosis, and treatment planning will be reviewed. Techniques for engaging clients and their families and running effective treatment groups will be explored. Utilizing interventions that correspond to a client's stage of change will also be reviewed.

Objectives:

1. Explore their professional readiness to work effectively with the addiction population.
2. Review a variety of Practice Dimensions, along with evidence-based practices for treating the addiction population.
3. Review techniques to enhance engagement with clients and how to formulate appropriate client involved treatment plans.

T8 - Treating the Addicted Patient with Early Life Developmental Trauma (PTSD) and Borderline Personality Disorder

Cardwell Nuckols, Ph.D.

1 Day Workshop • Tuesday
5 CEUs

NOTE: THE EMPHASIS OF THIS TRAINING IS TO TAKE CERTAIN CO-OCCURRING SCENARIOS COMMON TO CLINICAL PRACTICE AND TO DELVE AS DEEPLY INTO THEM AS TIME ALLOWS. THIS IS NOT AN OVERVIEW COURSE.

This advanced clinical skills training will assist participants in the neurobiological understanding and the neuroplastic (psychotherapeutic and pharmacological) treatment of addictions co-occurring with other common psychiatric disorders Post-traumatic Stress Disorder (early life developmental trauma) and Borderline Personality Disorder.

A case study model will be utilized and clinical treatment options will be thoroughly described and discussed.

Objectives:

1. Discuss the neurobiology of Addictive Disorders and describe psychotherapeutic and pharmacological interventions based upon the research.
2. Discuss the neurobiology of Post-traumatic Stress Disorder and describe psychotherapeutic and pharmacological interventions based upon the research.
3. Discuss the neurobiology of Borderline Personality Disorder and describe psychotherapeutic management techniques based upon the research.

T9 - Healing the Hearts of Men

Todd Reynolds M.S.S.W., CADC

1 Day Workshop • Tuesday
5 CEUs

There are specific differences between men and women, biologically, emotionally, mentally, socially, spiritually. In addition, men with behavioral health and substance abuse issues may have difficulty finding their way into recovery. Men suffer from behavioral health and substance abuse issues differently than women. This workshop will explore the specifics of men's issues, masculinity, and healing. This training will empower its participants personally, as well as having a deeper impact on the men they serve. This workshop will help participants build deeper and more meaningful relationships with men in their lives. Transformation begins in a safe space that promotes authentic transactions between two or more men. Thus, hearts of men begin healing in our offices, facilities, institutions, and communities. This workshop supports all genders and diversities.

We will explore an understanding of healing the hearts of men through a combination of didactic and experiential experiences. The presenters will utilize information from personal practice, case studies, with theory based in the men's movement, and data from Substance Abuse and Mental Health Services Administration. Addressing the Specific Behavioral Health Needs of Men. Treatment Improvement Protocol (TIP) Series 56. HHS Publication No. (SMA) 13-4736. Rockville, MD: Substance Abuse and Mental Health Administration, 2013.

The participants will have an opportunity for personal growth for themselves and the men that they work with, as well as putting theory into practice.

Objectives:

1. Identify specific issues for men in behavioral health, substance use and healing.
2. Leave with at least 3 experiential techniques to utilize with men with whom they work.
3. Gain knowledge of and understanding of the developmental stages of men.
4. Identify a sound theoretical basis and understanding of helping men.

T10 - Father Hunger/Father Wounds: Intervention Strategies with Chemically Dependent Clients Impacted by Fatherlessness

Mark Sanders, LCSW, CADC

1 Day Workshop • Tuesday
5 CEUs

A hidden precursor to developing a substance use disorder is father hunger and father wounds. Father hunger occurs when a child did not receive enough fathering, and father wounds occur when the client was injured physically, mentally, sexually, or emotionally by his/her father. Fatherlessness for chemically dependent women increases the risk of childhood sexual abuse, premature entrance into adulthood, addictive relationship styles, and early substance use. For men father hunger and father wounds can lead to destructive peer group affiliation, mistrust of other men, anger, rage, violence, and substance use. This workshop will address the impact of father hunger and father wounds across the lifespan and will offer intervention strategies to help clients impacted by fatherlessness recover.

Objectives:

By the end of this presentation you will be aware of:

1. 5 ways chemically dependent women are impacted by father hunger/father wounds.
2. 5 ways in which chemically dependent men are impacted by father hunger/father wounds.
3. 10 intervention strategies to help clients impacted by fatherlessness recover.

T11 - Helping Women Recover: A Program for Treating Addiction (Based on Dr. Stephanie Covington's Manualized Curriculum)

Twyla Peterson Wilson, LCSW, ACSW

1 Day Workshop • Tuesday
5 CEUs

Over the past thirty years our knowledge of women's lives has increased drastically, and we have added significantly to our understanding of the treatment needs of chemically dependent women. Based on Dr. Covington's treatment curriculum *Helping Women Recover: A Program for Treating Addiction*, the workshop offers a comprehensive treatment model that integrates theories of addiction, women's psychological development, and trauma. Designed to give counselors, clinicians, recovering women, and others a basic understanding of the current knowledge related to addiction, the workshop focuses primarily on women's recovery. The workshop emphasizes the key issues of self, relationships, sexuality, spirituality, and the therapeutic techniques for dealing with these issues. Throughout the workshop, Dr. Covington also discusses how the treatment program materials can be used with women in the criminal justice system, the most hidden group of women in our society.

Objectives:

1. Discuss the history of women's treatment.
2. Integrate current theoretical perspectives.
3. Examine the multiple issues in women's recovery.
4. Demonstrate specific treatment strategies.
5. Increase participants' understanding of the needs of incarcerated women.
6. Identify the roles of a person's thoughts, feelings and behavior in treating addictions and trauma.
7. Learn cognitive therapy skills to utilize with patients with addictions and trauma.

T12-Px- How to Market Prevention to Community Stakeholders and State Legislators

Tom Workman, Ph.D.

Prevention Track
1 Day Workshop • Tuesday
5 CEUs

Fully engaging community members and policy makers in state and local prevention efforts takes strategy, skill, and planning. This workshop will identify approaches and techniques to effectively market the value of prevention and promote specific activities to critical stakeholders through the creative use of data and stories, stakeholder interest-bridging, and calls to action. Participants will utilize tools for message development and identify opportunities for marketing prevention efforts to a broad range of stakeholders.

Objectives:

1. An understanding of the key facets of social marketing and message development as they relate to communities and legislators.
2. The use of communication tools to assist them and their colleagues in developing marketing messages for the community and state legislators.
3. The ability to utilize data, narratives, and interest bridges to enhance messages that focus on local issues and interests.
4. The ability to promote specific local and state actions based on community prevention goals.

TW1 - Best Practices in Clinical Supervision (Fulfills clinical supervision requirements: 908KAR1:310 and 370; 6 hours/day)

Geoff Wilson. LCSW, CADC

2 Day Workshop • Tuesday/Wednesday
Workshop ends at 5:45pm on both days

12 CEUs

Audience: This class is for those who have experience in the field of addictions and who are entering role of clinical supervisor or who would like to improve on their clinical supervision skills.

This is a two day workshop offering 12 CEUs beginning at 10:30am and ending at 5:45pm each day--6 hours each day. The training fulfills the clinical supervision requirements outlined in 908 KAR 1:310 and 908 KAR 1:370. It will provide attendees with an in-depth overview of what clinical supervision is in practice. Various models of supervision will be reviewed along with how a particular supervision model may best fit a supervisor. Specific issues that clinical supervisors are often confronted with will be discussed in an in-depth fashion (program morale issues, supervisees that may not want to be supervised, ethical issues, etc.) This is an interactive workshop where attendees will have the opportunity to establish and improve on practical clinical supervision skills.

Objectives:

1. Explore the path that individuals often take to becoming a clinical supervisor.
2. Discuss stages of change for individuals becoming effective clinical supervisors and specific techniques to maintain effectiveness.
3. Review various models of clinical supervision and identify techniques that can enhance approaches to becoming more effective.
4. Discuss common pitfalls that clinical supervisors often are addressing and ways to effectively address them.
5. Addressing problematic supervisees will be explored along with an emphasis on effective feedback by clinical supervisors.
6. The difference between case management, case staffing, and "spending 8 hours with supervisees and counting it as supervision" vs. actual clinical supervision will be highlighted.

BANQUET • TUESDAY, JULY 19, 2016

Speaker: John Tilley
Secretary, Justice and Public Safety Cabinet

1/2 Hour Banquet Presentation • No CEU

6-6:30 p.m.

John Tilley was appointed Secretary of the Justice and Public Safety Cabinet by Governor Matthew G. Bevin. A native of Hopkinsville, Tilley is a former prosecutor who is nationally recognized for his work in the arenas of criminal justice reform and drug control policy. Secretary Tilley served five terms in the Kentucky House of Representatives and chaired the House Judiciary Committee from 2009 until his appointment.



During his legislative tenure, he co-chaired several joint bipartisan House/Senate task forces on criminal justice. He sponsored key pieces of legislation including the landmark criminal justice reform bill House Bill 463, which triggered a national model for change. The legislation is heralded for protecting public safety while holding offenders accountable, controlling corrections costs and increasing drug treatment. Secretary Tilley also led efforts to combat synthetic and prescription drugs. He has traveled internationally to speak on criminal justice reform and drug control policy and has received numerous awards and national recognition.

A graduate of the University of Kentucky and Chase College of Law, Secretary Tilley is a board member for the Council of State Government's Justice Center and co-chairs the National Conference of State Legislatures Law and Criminal Justice Committee. He brings a high level of passion and innovation to the Justice Cabinet's top post. His vision for the Cabinet is to protect citizens, restore victims and reform wrongdoers; all in a focused environment where everything is measured for accountability and performance.

WEDNESDAY AGENDA

Wednesday, July 20, 2016

7:00 - 8:00 a.m.	Morning AA/NA Meeting	Hancock
9:00- 10:00 a.m.	Plenary/Focus Prevention <i>The Seven Habits of Highly Successful Prevention Programs</i> Robert J. Ackermann Ph.D. (1 CEU)	Crowne A Ballroom
10:00 - 10:15 a.m.	Morning Break	
10:15 - 10:30 a.m.	Prep Time/Go to Workshop	
10:30 - 12:00 p.m.	Workshops	
12:00 - 1:15 p.m.	Lunch Provided	Crowne A Ballroom
1:15 - 2:45 p.m.	Workshops Continued	
2:30-3:00 p.m.	15 Minute Afternoon Break at Presenters' Discretion	
3:00 - 4:45 p.m.	Workshops Continued	
5:30-7:30 p.m.	Film/Discussion: <i>Anonymous People</i> Mike Barry, BA, Facilitator, 2 CEUs	Coronet A
6:00-7:00 p.m.	LCADC Board (formerly CADC) Meeting <i>Title: Regs for Licensed Clinical Alcohol and Drug Counselors</i> Geoff Wilson, LCSW, CADC, Facilitator (1 CEU and Certificate issued by LCADC Board at meeting) No scanning by KSAODS required	Crowne A Ballroom

SESSIONS

Wednesday, July 20, 2016

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
WP-Px	7 Habits of Highly Successful Prevention Programs	Robert Ackerman, Ph.D.	1 Hour	Crowne A Ballroom	Plenary
W1-Px	Understanding the Social Context of Prevention: What do we want to prevent, who do we want to influence, and how are we going to do it?	Robert Ackerman, Ph.D.	1 Day	Whitley	Workshop
W2-Ad	Engaging Families in Treatment and Recovery	James Campbell, M.A., CACII	1 Day	Elliott	Workshop
W3	Addiction 101: Understanding the Disease Model and Basics of Addiction for Addiction Professionals	Shelia Cundiff, LCSW, CADC	1 Day	Trimble	Workshop
W4	The New ASAM	Fred Dyer, Ph.D., CADC	1 Day	Shelby	Workshop
W5	Intermediate to Advanced Motivational Interviewing for Skill Development & Supervision	Annie Fahy, RN, LCSW	1 Day	Madison	Workshop
W6-Ad	GUYS AND DOLLS: Unraveling the Mystery of Adolescent Males and Females	Janice Gabe, LCSW, MAC	1 Day	Perry	Workshop
W7	Taking The Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model	Stephen Grinstead, Dr. AD, LMFT, ACRPS, CADC-II	1 Day	Russell	Workshop
W8	Previewing the DSM5: Diagnosing Disorders in Adults	George Haarman, Psy.D., LMFT	1 Day	Taylor	Workshop
W9-Ad	Making Treatment Safe for Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Youth and Their Families Improves Outcomes	Ed Johnson, M.Ed., MAC, LPC	1 Day	Grant	Workshop
W10	Treating Moral Injury	Cardwell Nuckols, Ph.D.	1 Day	Crowne B	Workshop
W11-Px	Toxic 'girly thoughts' Gone Wild: The High Price of Booze, Trauma, and Sex	Patricia A. O'Gorman, Ph.D.	1 Day	Coronet B	Workshop
W12	15 Strategies for Engaging and Improving Recovery Rates for CD Clients	Mark Sanders, LCSW, CADC	1 Day	Crowne C	Workshop
W13	Beyond Trauma: A Healing Journey for Women	Twyla Peterson Wilson LCSW, ACSW	1 Day	Coronet A	Workshop
W14-Px	Grants - Funding the Work: Successful Grant Seeking and Writing	Tom Workman, Ph.D.	1 Day	Oldham	Workshop
TW1	Best Practices in Clinical Supervision (Fulfills clinical supervision requirements: 908KAR1:310 and 370; 6 hours/day)	Geoff Wilson, LCSW, CADC	2 Days Tuesday/ Wednesday	Franklin	Workshop
WE1	Film: The Anonymous People with Facilitated Discussion	Mike Barry B.S.	2 Hours 5:30-7:30p.m.	Coronet A	Optional Event
WE2	LCADC Board Meeting - Regs for Licensed Clinical Alcohol and Drug Counselors	Geoff Wilson, LCSW, CADC	1 Hour 6:00-7:00pm	Crowne A Ballroom	Optional Event

PLENARY • WEDNESDAY, JULY 20, 2016

Focus Prevention - 7 Habits of Highly Successful Prevention Programs

Robert J. Ackerman Ph.D.

1 Hour Plenary - 1 CEU

9 a.m.-10 a.m.

To keep something from happening in the first place is often the goal of many intervention programs whether in alcohol and drug abuse, domestic violence, teen pregnancy and other family problems. This workshop will address the research based seven habits of prevention programs that have been effective. Ideas to enhance protective factors rather than a reduction of risk factors to increasing the effectiveness of prevention will be discussed. Prevention programs that are family-based, institutional and community based will be included.

Objectives:

Upon completion the participant will be able to:

1. To identify the seven most common components of effective prevention programs.
2. To discuss the application of a "protective factors" approach to prevention.
3. To discuss the principles of family, school and community-based prevention programs.
4. To describe short and long term issues of evaluation of prevention programs.

Dr. Robert J. Ackerman is Professor Emeritus from Indiana University of Pennsylvania and the previous Director of the Mid-Atlantic Addiction Research and Training Institute. He is co-founder of the National Association for Children of Alcoholics. Currently, he is the Editor of Counselor: The Magazine for Addiction and Behavioral Health Professionals.

As an author he has published numerous articles and research findings and is best known for writing the first book in the United States on children of alcoholics. Twelve books later, many television appearances, and countless speaking engagements he has become internationally known for his work with families and children of all ages. His books have been translated into thirteen languages.

He has served on many advisory boards and has worked with the National Institute of Mental Health, National Institute on Alcoholism and Alcohol Abuse, and the U.S. Department of Education. He served on the White House Task Force on Resiliency and At-Risk-Youth.

He is the recipient of many awards including the Distinguished Alumni Awards from Western Michigan University, the University of Northern Colorado, and Louisiana State University, the 2006 Special Recognition Award from the U.S. Journal of Alcohol & Drug Dependence, the 2008 Father Martin Appreciation Award and the 2014 Professor of the Year from the University of South Carolina, Beaufort. He is a veteran of numerous TV appearances and his work has been featured on CNN Headline News, the New York Times, the Today Show, USA Today newspaper, Newsweek Magazine, Oprah, and other social media.

WORKSHOP ABSTRACTS

W1-Px - Understanding the Social Context of Prevention: What do we want to prevent, who do we want to influence and how are we going to do it?

Robert Ackerman, Ph.D

Prevention Track
1 Day Workshop • Wednesday
5 CEUs

This workshop will focus on the multiple causes and resources to develop a better prevention approach for individuals, families, and communities struggling with alcohol and drug problems. A social context approach will provide the basis to develop a prevention mandala in order to incorporate the many facets of prevention. Research on successful and effect prevention programs will be presented. Additionally, negative and anti-prevention approaches will be highlighted in order not to reinvent the wheel.

Objectives:

1. Identify the social context and multiple causes of alcohol and drug abuse as a basis to develop prevention programs.
2. Design a prevention mandala that incorporates a variety of resources to be include in prevention programs.
3. Identify effective prevention techniques at the individual, family and community levels.
4. Identify research findings of effective prevention approaches to reduce alcohol and drug abuse.

W2-Ad - Engaging Families in Treatment and Recovery

James Campbell, M.A., CACII

Adolescent Track
1 Day Workshop • Wednesday
5 CEUs

Families have a tremendous impact on individuals with an addiction. All too often we know this to be true, and yet very few treatment programs effectively engage families and treat the family system as a whole. Engaging Families in Recovery is a look at addiction as a family disease as well as recovery as a family process. Special emphasis is placed on how to engage families in treatment as well as effective interventions with families.

Objectives:

1. Develop an understanding of the impact of family systems on substance use disorders.
2. Define historic views of family roles and how those have impacted family engagement.
3. Distinguish between families of origin and families of support.
4. Explore how to leverage families in fostering recovery through practical, effective steps and suggestions for engaging families in treatment.

W3 - Addiction 101: Understanding the Disease Model and Basics of Addiction for Addiction Professionals

Shelia Cundiff, LCSW, CADC

1 Day Workshop • Wednesday
5 CEUs

This course is based on the disease model of addictions and reinforces the 12-step recovery process. This workshop provides participants information to assess, increase, grasp and develop an understanding of addiction and the process of recovery. This workshop will focus on the disease model of addiction and its effect on the brain. The workshop is designed to assist participants in evaluating their own thoughts and beliefs about addiction. The instructor will also present and discuss working definitions for addiction and recovery, along with demonstrating techniques and strategies for identifying and decreasing denial.

Objectives:

1. Learn about addictions and their effect on the brain and the progressive nature of the disease.
2. Learn the use and interpretation of an addiction progression chart.
3. Be introduced to the technique of using the stages of recovery chart and theory.
4. Be introduced to strategies for identifying and decreasing denial.
5. Have a general understanding of the tools for screening and assessment and a basic understanding of the importance of a 12 Step model in the recovery process.

W4 - The New ASAM

Fred Dyer, Ph.D., CADC

1 Day Workshop • Wednesday
5 CEUs

Since 1991, the American Society of Addiction Medicine, ASAM has published the most comprehensive set of guidelines for assessment, service planning, placement, continued stay, and transfer/discharge of individuals with addictions and co-occurring disorders. A new edition of the Patient Placement Criteria for the treatment of substance-related disorders of the American Society of Addiction Medicine [ASAM] was unveiled October 24th, 2013, in Arlington, VA, and with the issuance of the new ASAM there are applications to adult special populations which includes older adults, and parents or prospective recovering, addiction treatment concurrently with children, persons in safety sensitive occupations, as well as persons in criminal justice settings, and including gambling disorders and tobacco use disorders. There is also new terminology in the ASAM Criteria, the individuals served in treatment are the most often referred to as "individuals" "persons participated or patient" and these are used interchangeably.

Objectives:

1. Understand and identify the rationale and reasons for changes in the New Edition of the ASAM Criteria.
2. Effectively utilize case study material to structure and organize the various multi-dimensional data to individualize treatment and placement.
3. Explain the utilization of the ASAM criteria in developing, implementing, and managing persons-centered recovery plans.

W5 - Intermediate to Advanced Motivational Interviewing for Skill Development & Supervision

Annie Fahy, RN, LCSW

1 Day Workshop • Wednesday
5 CEUs

Working issues of a behavior or lifestyle change in patients takes flexibility and innovation as well as solid skills in Motivational Interviewing (MI) and health coaching. This workshop will offer skills and practice opportunities to think, and speak Motivational Interviewing. Using practice opportunities to work through difficult presentations and stuck places that patients operate from, improves skills and resiliencies in the worker. Additionally observed practice, coaching with feedback is recognized in research as the best practice method for creating full implementation culture change to MI as well as a higher level of confidence in the skills (Miller, W. R., et al., 2004; Fixsen, D.L., et al., 2009). This workshop will supplement MI Basics for those who have experience and training using and developing MI protocols. Clinicians will gain many great ideas for implementing MI culture in a variety of health care settings. Incorporating MI into practice and work settings provides professionals with ways to address behavior change in a "patient/client centered" way.

MI activities and practice will address issues such as: smoking cessation, medication adherence, job and lifestyle skills, safer sex practices, chronic health diseases like asthma, diabetes and heart problems, abuse and addiction, organizational change

Objectives:

1. Review and Practice basic Skills Open Questions, Affirmations, Reflections & Summaries (OARS) & Elaboration questions, Affirmations, Reflections & Summaries (EARS).
2. Understand the research that supports ongoing training and coaching for implementing MI in healthcare culture.
3. Practice specific evocation skills that create and reinforce change talk.
4. Develop skills for addressing and managing sustain talk, discord and other barriers to change.
5. Gain understanding and develop skills in self-evaluation and other evaluation using MITI 4 coding principals.
6. Create personal learning plan.

W6-Ad - GUYS AND DOLLS: Unraveling the Mystery of Adolescent Males and Females

Janice Gabe, LCSW, MAC

Adolescent Track
1 Day Workshop • Wednesday
5 CEUs

"He won't talk in therapy." "She's a drama queen." Males and females maneuver adolescence differently and present gender specific challenges and communication patterns. This workshop is guaranteed to entertain while providing practical and effective gender specific strategies for working with teens.

Objectives:

Participants will:

1. Become familiar with communication patterns and developmental challenges presented by male adolescents.
2. Become familiar with communication patterns and developmental challenges presented by adolescent females.
3. Learn gender specific strategies for communicating with adolescents and engaging them in the process of change.

W7 - Taking The Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model

Stephen Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

1 Day Workshop • Wednesday
5 CEUs

This clinical skills workshop is for professional clinicians who want to learn how to help their clients identify and manage the warning signs and high risk situations that lead to relapse despite a commitment to sobriety. Participants will learn that relapse is a process not an event and that there are many identifiable warning signs that occur far in advance of alcohol and other drug use. Valuable tools will be introduced that will enable the participants clients to take the mystery out of the relapse process and develop a strategic relapse prevention plan.

Participants will learn how to develop an early relapse intervention plan and abstinence contract to set the foundation for the remainder of the training process. Then the participants will be led through a strategic step by step high risk situation identification process. The training process ends with teaching participants to help clients develop a relapse prevention plan designed to help them identify and manage future warning signs and high risk situations. This training includes a combination of lectures, demonstrations, group discussions, and experiential exercises designed to enhance the training process.

Objectives:

1. Explain relapse as a process—not an event—and teach their clients that recognizing and managing early relapse warning signs is crucial step in stopping the relapse cycle.
2. Assist their clients to identify and manage relapse warning signs and high risk situations—and teaching clients that not recognizing and dealing with those two indicators of potential danger can lead to entering a relapse cycle that eventually ends in chemical use.
3. Understand how the inner saboteur—A/K/A A Return To Denial—is always the first step of entering the relapse cycle.
4. Identify the twelve (12) denial patterns employed by clients that are crucial to manage in order to stop a relapse cycle.

W8 - Previewing the DSM5: Diagnosing Disorders in Adults

George Haarman, Psy.D., LMFT

1 Day Workshop • Wednesday
5 CEUs

The DSM-IV was published in 1994 and updated by the APA's DSM-IV-TR in 2000. Since then the DSM has become the "gold standard" and the "mental health bible" for those practicing in mental health. With the publication of the DSM-5 in May 2013, the new standard for the diagnosis of Psychological and Emotional Disorder has been established. Some disorders are eliminated completely; others are reclassified; and some are subsumed under other disorders. New classifications are also established to clarify appropriate diagnostic criteria and allow for more effective treatment planning. Many of these have generated considerable controversy and debate among healthcare professionals, even before the manual's release. Other disorders have undergone minor changes in order to reflect the current thinking and new research available. It's imperative that all mental health professionals update their understanding of the APA's new edition of the DSM to effectively identify, diagnose, and classify behavioral and mental health issues in individuals.

While providing a brief overview of all the changes adopted in the DSM-5, this workshop focuses on diagnosis for adults. Because the DSM-5 is organized in sequence with the developmental lifespan and an internalizing/externalizing continuum, the disorders previously addressed have been reconceptualized. Therefore, accurately diagnosing is more important than ever, as those in the mental health field look to avoid misdiagnosing and overmedicating people. As a psychologist and a marriage and family therapist with more than 30 years' experience, Dr. George Haarman, Psy.D., LMFT, brings clarity to the forefront regarding the new classifications issued in the DSM-5 and the rationale behind those changes. Using numerous case studies, Dr. Haarman prepares each attendee to be able to provide an accurate diagnosis that is essential to evidence based treatment.

Objectives:

1. Participants will be able to identify the disorders that are new to the DSM-5 that relate to adults.
2. Participants will understand the theory, rationale, and development of the DSM5.
3. Participants will be able to distinguish between Bipolar and Persistent Depressive Disorder.
4. Participants will develop a working knowledge of the severity scale for assessing mild, moderate, or severe Substance Use Disorder.

W9-Ad - Making Treatment Safe for Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Youth and Their Families Improves Outcomes

Ed Johnson, M.Ed., MAC, LPC

Adolescent Track

1 Day Workshop • Wednesday

5 CEUs

Youth and adolescents with emotional, behavioral or substance use issues present unique challenges to behavioral health providers. Issues related to sexual orientation and gender identity are frequently not recognized or addressed. This oversight significantly contributes to unsuccessful outcomes for those youth and their families. This workshop will review the general constructs of sexual orientation and gender identity within the context of adolescent identity development. It will explore the particular issues and life experiences of this frequently hidden minority and discuss ways and interventions that can mitigate emotional and behavioral problems. Additionally, issues related to family support or lack thereof will also be addressed, as will ways of creating safe, supportive, affirming and inclusive treatment environments.

Objectives:

1. Understand the difference between Sexual Orientation and Gender Identity.
2. Increase their understanding of the impact of trauma on LGBTQ Youth and its relationship to unsuccessful treatment outcomes.
3. Be able to identify the ways that family support can impact health gender identity and sexual orientation development.

W10 - Treating Moral Injury

Cardwell Nuckols, Ph.D.

1 Day Workshop • Wednesday

5 CEUs

Morality refers to a code of values and customs that guide social conduct. When an action cannot be accommodated or assimilated moral injury and resulting guilt and shame can be presenting emotions causing disruption in an individual's life.

The neurobiology, goals for treatment and therapeutic approaches are different for moral injury as compared to Post-traumatic Stress Disorder (PTSD). Although there is overlap in symptoms, moral injury may present with reexperiencing and avoidance symptoms but not the hyperarousal symptoms observed when a real or perceived life-threatening situation is encountered. Extinction is not the goal in the treatment of moral injury.

This skills-training event will provide clinicians with a treatment model and rationale for approaching those suffering the guilt and shame of moral injury. For diagnostic purposes, PTSD and moral injury will be compared and contrasted.

RECOMMENDED READING LIST:

- Litz, Brett et al. (2009) Moral Injury and Moral Repair in Veterans: A preliminary model and intervention strategy. *Clinical Psychology Review*, 29, 95-706.
- Tanielian, T. and Jaycox, L. (eds). *Invisible Wounds of War*. Santa Maria. Rand, 2008.
- Maguen and Litz. Moral Injury in Veterans of War. *PTSD Research Quarterly*. Vol. 23/No. 1, 2102.
- Drescher et al. An Exploration of the Viability and Usefulness of the Construct of Moral Injury in War Veterans. *Traumatology*, 17, 2011, pgs. 8-13.

Objectives:

Upon completion of this training, participants will be able to:

1. Describe differences in the neurobiology and treatment approach for moral injury as compared to PTSD.
2. Discuss the differences in treatment goals for the management of moral injury compared to PTSD.
3. Discuss and implement a treatment model for the management of guilt and shame associated with moral injury.

W11-Px - Toxic 'girly thoughts' Gone Wild: The High Price of Booze, Trauma, and Sex

Patricia A. O'Gorman, Ph.D.

Prevention Track
1 Day Workshop • Wednesday
5 CEUs

Why do women engage in harmful behaviors: bully each other in school, continuing this in the workplace, stay in abusive relationships, diet to the point that it almost kills them, numb their trauma and stress through drinking and drugging repeatedly, excessively and in public with strangers? The answer, in part, is the power of what Dr. O'Gorman (2013, 2014) has named toxic 'girly thoughts': women doing to themselves what society does to them. Be prepared to laugh as you learn both to identify toxic 'girly thoughts' and learn strategies to change this negative self-talk so counter-productive for women.

Objectives:

1. Identify the sources of societal messages that devalue women in major life domains.
2. Describe how women internalize toxic 'girly thoughts'.
3. Apply strategies that interrupt women acting on their toxic 'girly thoughts' through the development of:
 - Self-medicating through alcohol and drug use
 - Eating disorders
 - Abusive relationships
 - Bullying others at school or in the workplace
 - Teaching their daughters and sons to value toxic 'girly thoughts'
4. Through employing empowerment strategies that focus on tackling toxic 'girly thoughts' by:
 - Dissecting media messages with friends, family, co-workers, clients
 - Change thinking
 - Stopping high-risk coping behaviors such as excessive alcohol and drug use, excessive dieting and exercise
 - Learning to soothe the trauma associated with toxic 'girly thoughts', and redirect anger towards change

W12 - 15 Strategies for Engaging and Improving Recovery Rates for CD Clients

Mark Sanders, LCSW, CADC

1 Day Workshop • Wednesday
5 CEUs

Research reveals that chemical dependence recovery rates have barely increased over the past 50 years, and in most states, approximately 50 percent of clients drop out of treatment prematurely. In this workshop you will learn 15 strategies for engaging chemically dependent clients in treatment and 15 strategies for improving recovery rates once they are engaged. Other topics include: 10 Strategies to Help Clients Successfully Complete Treatment; The Use of Evidence-supported Practice in Increasing Recovery Rates; The Use of Recovery Management Principles to Increase Recovery Rates; How Workers Can Improve Personal Effectiveness with Addicted Clients—A Review of the Research; 10 Strategies for Increasing 12-step Involvement; Improving Recovery Rates by Increasing Family Involvement; and 5 Organizational Strategies for Increasing Recovery Rates.

Objectives:

By the end of this workshop participants will:

1. Be aware of 15 strategies for engaging chemically dependent clients in treatment.
2. Be aware of increasing recovery rates with chemically dependent clients.
3. Be aware of 10 strategies to help clients complete treatment.

W13 - Beyond Trauma: A Healing Journey for Women

Twyla Peterson Wilson, LCSW, ACSW

1 Day Workshop • Wednesday
5 CEUs

While research and clinical experience indicate a high incidence of co-occurring disorders in women's lives, counselors and clinicians often struggle with the realities of providing treatment. This workshop is based on a woman-centered trauma treatment curriculum, *Beyond Trauma*, designed for use in outpatient, residential, and criminal justice settings.

Cognitive-behavioral techniques, mindfulness, expressive arts, and the principles of relational therapy are integrated in this strength-based approach. The curriculum also has a psycho-educational component that teaches women what trauma is, its process, and its impact on both the inner self (thoughts, feelings, beliefs, values) and the outer self (behavior and relationships, including parenting). The training includes interactive exercises that demonstrate techniques that counselors can use to help clients develop coping skills, as well as emotional wellness. In addition, there is a segment on specific issues in criminal justice settings. The abbreviated 5-session version entitled *Healing Trauma* is also discussed.

Topics • Developing gender-responsive services • Connection between trauma, mental health, and substance abuse trauma-informed services • Gender differences in terms of risk and response • Triggers and retraumatization • Emotional development • Secondary traumatic stress • Specific concerns and challenges in criminal justice settings

Objectives:

1. Understand the historical background of trauma.
2. Explore the connection between addiction, trauma, and mental health.
3. Discuss gender differences.
4. Explicate the process of trauma.
5. Provide specific therapeutic interventions.
6. Develop strategies for work in criminal justice settings.

W14-Px - Grants - Funding the Work: Successful Grant Seeking and Writing

Tom Workman, Ph.D.

Prevention Track
1 Day Workshop • Wednesday
5 CEUs

In this era of limited government and foundation funding for alcohol and other drug prevention, creating a successful plan for seeking and winning grants is more important than ever. In this session, participants will learn how to discover and target public and private funding institutions, develop "capture plans" for future funding opportunities, and create winning plans and writing teams. Focus will be placed as well on the actual grant writing process, offering specific tips and techniques that communicate the match between funding institution missions and community projects and create strong arguments for funding projects.

Objectives:

Participants will;

1. Be able to understand and apply the basic principles of effective grant proposal planning and writing.
2. Be able to understand and apply approaches to capture planning for funding opportunities.
3. Be able to identify key strengths and weaknesses in the proposal writing process for themselves and their team.

WE1 - Film: The Anonymous People, with facilitated discussion

Mike Barry, B.S. - Facilitator

2 Hour Film • Wednesday Evening

A Grassroots Social Justice Movement Takes Aim At Changing The Conversation From Problems To Solutions For America's Top Health Problem!

THE ANONYMOUS PEOPLE is a feature documentary film about the 23.5 million Americans living in long-term recovery from alcohol and other drug addiction. Deeply entrenched social stigma and mass participation in widely successful anonymous 12-step groups have kept recovery voices silent and faces hidden for decades. The vacuum created by this silence has been filled by sensational mass media depictions of addiction that continue to perpetuate a lurid public fascination with the dysfunctional side of what is a preventable and treatable health condition. Just like women with breast cancer, or people with HIV/AIDS, courageous addiction recovery advocates are starting to come out of the shadows to tell their true stories. The moving story of The Anonymous People will be told through the faces and voices of the leaders, volunteers, corporate executives, and celebrities who are laying it all on the line to save the lives of others just like them. This passionate new public recovery movement is fueling a changing conversation that aims to transform public opinion, and finally shift problematic policy toward lasting recovery solutions. (<http://manyfaces1voice.org>)

Objectives:

1. Learn the history and reasoning behind the new Addiction Recovery movement sweeping the country.
2. Learn to become a Recovery Advocate and why your story is important to help others recover.
3. See how the new public recovery movement is fueling a changing conversation that aims to transform public opinion, and finally shift problematic policy toward lasting.

THURSDAY AGENDA

Thursday, July 21, 2016

7:00 - 8:00 a.m.	Morning AA/NA Meeting	Hancock
7:30 - 8:45 a.m.	Check In All workshops begin at 9am and afternoon sessions begin at 1:15pm	
9:00 - 12:00 p.m.	Workshops Begin (No Plenary)	
	15 Minute Morning Break at Presenters' Discretion	
12:00 - 1:15 pm	Lunch Provided	Crowne A Ballroom
1:15-4:15 p.m.	Workshops	
2:30-3:00 p.m.	15 Minute Afternoon Break at Presenters' Discretion	
4:15 p.m.	2016 Kentucky School Concludes/ Workshops End	

SESSIONS

Thursday, July 21, 2016

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
TH1-AM	Holistic Recovery	James Campbell, M.A., CACII	1/2 Day	Coronet B	Workshop
TH2-AM	Getting to Know the 12 Steps and 12 Steps Fellowships	Gerry Boylan, Ph.D., CADC	1 Day	Franklin	Workshop
TH3-AM	Writing with Intention: Creating writing groups that build self efficacy in therapeutic settings	Annie Fahy, RN, LCSW	1/2 Day	Perry	Workshop
TH4-AM-Ad	Heroin Use with Teens and Young Adults	Janice Gabe, LCSW, MAC	1/2 day	Crowne C	Workshop
TH5-AM	Increasing Cultural Competency in Working with Sexual and Gender Minority Patients: Inclusivity and Awareness Improve Treatment Outcomes	Ed Johnson, M.Ed., MAC, LPC	1/2 Day	Oldham	Workshop
TH6-AM	Introduction to Screening, Brief Intervention, and Referral to Treatment (SBIRT)	Alan Lyme, LISW, ICADC, ICCS	1/2 Day	Taylor	Workshop
TH7-AM	Dialectical Behavior Therapy Model: Adding mindfulness and self-regulation to treatment	Fausta Luchini, M.A., LPP	1/2 Day	Madison	Workshop
TH8-AM-Px	Examining the Shared Risk and Resiliency Factors of Substance Abuse and Violence Prevention	Melissa Paris, LCSW Tomy Molloy, B.A.	1/2 Day	Grant	Workshop
TH9-AM	Family Intervention Strategies: Assisting families in their own process from addiction through recovery	Todd Reynolds, M.S.S.W., CADC	1/2 Day	Shelby	Workshop
TH10-AM-Px	Culturally Competent Prevention: A Focus on Services and Health Disparities	Mark Sanders, LCSW, CADC	1/2 Day	Whitley	Workshop
TH11-AM	Romancing the Brain	Cynthia Moreno Tuohy NCACII, CDCIII, SAP	1/2 Day	Russell	Workshop
TH12-AM	Re-Licensure Ethics for Social Work, Alcohol and Drug Counselors, and Other Counselor Professions	Geoff Wilson, LCSW, CADC	1/2 Day	Elliott	Workshop
TH13-PM	Engaging the Arts in SA Recovery	James Campbell, M.A., CACII	1/2 Day	Oldham	Workshop
TH14-PM	Peer Support Specialists' Tools and Issues: You passed the exam; you got the job... now what?	Molly Clouse, M.Ed., KPS	1/2 Day	Perry	Workshop
TH15-PM	Compassion Satisfaction: Flipping the paradigm on Compassion Fatigue in SA workers	Annie Fahy, RN, LCSW	1/2 Day	Crowne C	Workshop
TH16-PM-Ad	Adolescent Challenges: Adolescent Juvenile Justice Population with Substance Abuse	Fred Dyer, Ph.D., CADC	1/2 Day	Elliott	Workshop

SESSIONS

Thursday, July 21, 2016

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
TH17-PM	The "What" and "How" of Evidenced Based Practices (EBP)	Ed Johnson, M.Ed., MAC, LPC	1/2 Day	Madison	Workshop
TH18-PM	When We Get Behind Closed Doors: Clinical Supervision for Client Safety and Clinician Growth	Alan Lyme, LISW, ICADC, ICCS	1/2 Day	Taylor	Workshop
TH19-PM	Women With Substance Use and Unintended Pregnancy: All Options Counseling and Referrals	Fausta Luchini, M.A., LPP Liz Epperson	1/2 Day	Franklin	Workshop
TH20-PM-Px	Examining the Shared Risk and Resiliency Factors of Substance Abuse and Violence Prevention	Melissa Paris, LCSW Tomy Molloy, B.A.	1/2 Day	Grant	Workshop
TH21-PM	Adverse Childhood Events and Neonatal Abstinence Syndrome: Connecting the Dots	Lori Devlin-Phinney, D.O., M.H.A. Ruth Shepherd, M.D., FAAP	1/2 day	Shelby	Workshop
TH22-PM	Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery	Kelly Ruff, M.Ed., LPCA Jessica Sucik, LCSW	1/2 Day	Coronet B	Workshop
TH23-PM-Px	Culturally Competent Prevention: A Focus on Services and Health Disparities	Mark Sanders, LCSW, CADC	1/2 Day	Whitley	Workshop
TH24-PM	Romancing the Brain	Cynthia Moreno Tuohy NCACII, CDCIII, SAP	1/2 Day	Russell	Workshop
TH25	Preparing to Become ADC (Alcohol and Drug Counselor) in KY	Jeanne Keen, M.S., RN, CADC Mike Vance, M.B.A, CADC, CPP, LSW	1 Day	Trimble	Workshop
TH26	Understanding and Treating Cannabis (Cannabinoid) Use Disorder	Cardwell Nuckols, Ph.D.	1 Day	Crowne B	Workshop
TH27	Developing Resiliency in Treatment-Making the Crises of Recovery an Opportunity	Patricia A. O'Gorman, Ph.D.	1 Day	Coronet A	Workshop

WORKSHOP ABSTRACTS

TH1-AM - Holistic Recovery

James Campbell, M.A., CACII

1/2 Day Workshop • Thursday
3 CEUs

Active addiction impacts every aspect of the lives of those who have it. Likewise, effective treatment should engage every aspect of the individual as they enter recovery. Holistic Recovery is a didactic and experiential exploration of how to assist those with severe substance use disorders in moving from active addiction to an active and vibrant recovery.

Objectives:

1. Develop a science-informed, holistic understanding of the nature of addiction.
2. Identify biological, psychological, social, spiritual, and experiential factors that contribute to substance use disorders.
3. Explore the implications of a holistic view of addiction on the language used in treatment.
4. Examine how therapeutic interventions can be utilized to help cultivate effective recovery.
5. Gain an understanding of practical steps and therapeutic tasks to assist those we serve in moving increasingly towards recovery.

TH2-AM - Getting to Know the 12 Steps and 12 Steps Fellowships

Gerry Boylan, Ph.D., CADC

1/2 Day Workshop • Thursday
3 CEUs

This workshop is designed to increase the participants' knowledge base and understanding of the 12 Steps. An introduction to the structure and origin of 12 step fellowships along with a review of the 12 steps individually will be given and the spiritual principles underlying the 12 steps will be independently examined and examples of their application will be presented. A comparison of treatment and 12 Step fellowships will be made with techniques for linking the two processes explored. This workshop will explore the steps and their practical application both in treatment and afterwards. Essentially the 12 Steps are a spiritual path, and the wisdom embodied there can be used successfully by anyone seeking growth and freedom. The workshop will explore how the steps support that spiritual path and how treatment can help it develop. The exploration will be both didactic and experiential.

Objectives:

1. Increase ability to explain and present the 12 steps to clients and staff.
2. Gain ability to distinguish between various 12 step fellowships.
3. Be able to match client with, and make more accurate referral to 12 Step Fellowships.
4. Be able to present and discuss the differences between 12 step fellowships and treatment programs.
5. Be able to align the steps with therapeutic elements of treatment.

TH3-AM - Writing with Intention: Creating writing groups that build self efficacy in therapeutic settings

Annie Fahy, RN, LCSW

1/2 Day Workshop • Thursday
3 CEUs

This workshop uses elements from The Amherst Writers & Artists (AWA) method to offer participants an experience of how creative writing may offer an alternative to other traditional forms of therapy and as a mode of developing a deeper connection with the true voice.

In writing, we see, sometimes with fear and trembling, who we have been, who we really are, and we glimpse now and then who we might become."

— Pat Schneider, *How the Light Gets In: Writing as a Spiritual Practice*

Objectives:

1. Participants will learn and experience a workshop approach that creates writing experiences with non-writers and special populations. (This method is not therapy but may work with similar themes around biography and past experience with safety and increased autonomy about what participants choose to share.)
2. Participants will practice and understand the five principals of healthy workshop writing and how to give feedback to new writers and writing and separate this from group therapy issues that may arise.
3. Participants will enhance their group management skills and integrate a person centered approach to a group with a creative focus balancing the needs of the individual with the needs of the group.
4. Participants will have a chance to explore their own writing and experience the method and learn how to participate with the group while holding healthy boundaries.
5. Participants will address diversity, ethics and stigma issues that may arise during writing workshops.

TH4-AM-Ad - Heroin Use with Teens and Young Adults

Janice Gabe, LCSW, MAC

Adolescent Track
1/2 Day Workshop • Thursday
3 CEUs

Heroin use, particularly among young people is devastating and a tremendously destructive phenomenon for youth, family and community. Heroin use among young people has created a significant crisis in the clinical community as we struggle to find the most effective ways to address this issue. This workshop will provide participants with an understanding of and solutions to these challenges.

Objectives:

1. Review the neuro chemical aspects of heroin addictions with a population whose cognitive development is fragile.
2. Provide a profile of young adult heroin addicts.
3. Explore family dynamics and family interventions for this population.
4. Discuss dynamics of physical, neurological and psychological recovery for heroin addicts.
5. Benefits and pitfalls of pharmacological assistance in treating heroin addiction.

TH5-AM - Increasing Cultural Competency in Working with Sexual and Gender Minority Patients: Inclusivity and Awareness Improve Treatment Outcomes

Ed Johnson, M.Ed., MAC, LPC

1/2 Day Workshop • Thursday
3 CEUs

Issues related to sexual orientation and gender identity are routinely not recognized and frequently not addressed in Substance Use Disorders Treatment. Individuals who are Lesbian, Gay, Bisexual, Transgender or Questioning (LGBTQ) enter treatment programs with a unique set of challenges. Unaddressed, these issues all too often contribute to unsuccessful treatment outcomes. This didactic and experiential workshop will review the general constructs of sexual orientation and gender identity. It will explore the particular issues and life experiences of this frequently hidden minority that have contributed to the development of substance use disorders. Participants will become familiar with interventions specific to the LGBT individual's phase of identity development and will be introduced to ways of creating safe, supportive, affirming and inclusive treatment environments.

Objectives:

1. Understand the difference between Sexual Orientation and Gender Identity.
2. Increase their understanding of the impact of trauma on individuals who are LGBTQ and its relationship to unsuccessful treatment outcomes.
3. Be able to identify ways of creating supportive, affirming and inclusive treatment environments.

TH6-AM - Introduction to Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Alan Lyme, LISW, ICADC, ICCS

1/2 Day Workshop • Thursday
3 CEUs

SAHMSA describes the SBIRT brief intervention as "a brief intervention that focuses on raising patients' awareness of substance abuse and motivating them to change their behavior". This three hour interactive workshop will review some of the data that supports SBIRT as well as introduce the moving parts. Successes and roadblocks will be explored.

Objectives:

1. Define SBIRT and why one might choose to implement it.
2. Utilize various screening tools to determine appropriate next steps.
3. Discuss the value of Motivational Interviewing as a core component of SBIRT.

TH7-AM - Dialectical Behavior Therapy Model: Adding mindfulness and self-regulation to treatment

Fausta Luchini, M.A., LPP

1/2 Day Workshop • Thursday
3 CEUs

We know that cognitive behavioral therapy is effective. This workshop will teach you how to add skills from the Dialectical Behavior Therapy model. Using mindfulness and other specific skills on how to tolerate unpleasant emotions and manage moods effectively will increase the tools in your toolbox and may benefit clients who are not responding well with other interventions.

Objectives:

1. Participants will be able to identify key factors in using a DBT approach to substance abuse treatment.
2. Participants will understand how the use of mindfulness can contribute to recovery, and learn 3 mindfulness techniques.
3. Participants will understand the use of self-regulation techniques to support recovery and be able to identify 3 strategies to regulate emotions.

TH8-AM-Px - Examining the Shared Risk and Resiliency Factors of Substance Abuse and Violence Prevention

*Melissa Paris, LCSW
Tomy Molloy, B.A.*

Prevention Track
1/2 Day Workshop • Thursday
3 CEUs

"A good solution solves multiple problems." The Centers for Disease Control and Prevention Institute has examined shared risk factors and resiliency factors for multiple forms of violence in an effort to make the case for innovative, collaborative prevention work that increases public health impact. The same model can be used in substance abuse prevention efforts, since risk factors for substance abuse are shared with multiple forms of violence, youth delinquency, and other social challenges. Participants will learn about these shared risk and resiliency factors and be able to identify partners and tactics for organizing coalitions that will increase the effectiveness of prevention efforts. Participants will learn how substance abuse prevention and teen dating violence prevention efforts in Louisville have maximized their impact through innovative partnerships and youth leadership opportunities.

Objectives:

1. Participants will gain an understanding of shared risk and resiliency factors for substance abuse and various forms of violence.
2. Participants will be able to identify connections between multiple issues impacting youth.
3. Participants will be able to identify potential prevention strategies, partnerships, and cross-sector collaborations that will address shared risk and resiliency factors and increase the impact of prevention efforts.

TH9-AM - Family Intervention Strategies: Assisting families in their own process from addiction through recovery

Todd Reynolds, M.S.S.W., CADC

1/2 Day Workshop • Thursday
3 CEUs

Recovery is hard. Relapse rates can be very high. This workshop focuses on bringing the family and the addict together to create a recovery support system to help all in the recovery process. You will be able to assist this system to mutually support each other to address the challenges of recovery and improve the opportunity for recovery.

Objectives:

1. Identify the difference between enabling and helping.
2. Identify 3 ways the family can support the addict and each other in recovery.
3. Identify the 5 essential components of a successful program of recovery.
4. Identify 3 key aspects to implement with families for healthy recovery.

TH10-AM-Px - Culturally Competent Prevention: A Focus on Services and Health Disparities

Mark Sanders, LCSW, CADC

Prevention Track
1/2 Day Workshop • Thursday
3 CEUs

In this workshop you will learn the 10 characteristics of culturally competent prevention specialists, strategies for incorporating positive aspects of culture into substance abuse prevention programming, how to utilize cultural strengths in prevention programming and discover therapeutic gems within the community that support prevention efforts, the impact of health disparities on substance use rates and how to advocate for needed services, and examples of effective prevention programming drawn from Native American, African American, faith-based, and Asian communities.

Objectives:

1. Be aware of 10 characteristics of culturally competent prevention specialists.
2. Be aware of strategies for incorporating positive aspects of culture into substance abuse prevention programming.
3. Be aware of how to utilize cultural strengths in prevention programming.

TH11-AM - Romancing the Brain*Cynthia Moreno Tuohy, NCACII, CDCIII, SAP*1/2 Day Workshop • Thursday
3 CEUs

With funding from NIDA, Cynthia Moreno Tuohy worked with Danya International to conceptualize, develop, and evaluate a multi-component, multi-media tool for use by addiction and other helping professionals to assist adults and youth improve their life traumas and conflict through knowledge, attitudes and skills. Romancing the Brain skills are an intensive set of psycho-emotional-social-spiritual Cognitive Behavioral Therapy (CBT) treatments that, if followed, will result in a lifestyle change. This program will affect a "self and other" assessment of conflict style with a communication style, with the goal of behavior changes that are instilled in the brain. Some treatment sessions are based in brain research and CBT treatments that have been effective for anger and relapse-triggering problems. Other techniques are employed that unify the principles of social learning and emotional intelligence theory that mark this program as different from "anger management" programs. This program affects behavioral learning with emotional development and maturity that results in long-term changes in the brain and behavior. This training includes substance use disorder and mental health issues and how these issues affects criminogenic behaviors and impairs the client's ability to benefit from treatment and recovery.

Objectives:

1. Participants will be able to identify at least 5 words, phrases and behaviors in the limbic area of the brain and how that hampers recovery.
2. Participants will be able to identify the 5 stages that relationships tend to traverse through in romantic relationships. (Honeymoon, Disillusion, Misery, Awakening, Peace/Calm).
3. Participants will be able to identify at least three other types of relationships that also traverse through the 5 stages of relationships. (self/recovery, children, work, friendships).
4. Participants will be able to identify the four types of agreements to lead persons out of the stage of misery. (Financial, Emotional/Psychological, Spiritual, Physical/Spatial).
5. Participants will be able to self-identify where they are in their own relationships (stages) and what they need and want in the four types of agreements.

TH12-AM - Re-Licensure Ethics for Social Work, Alcohol and Drug Counselors, and Other Counselor Professions*Geoff Wilson, LCSW, CADC*1/2 Day Workshop • Thursday
3 CEUs

For those practicing in the drug and alcohol treatment field, the ability to maintain professional boundaries with clients and practice from a sound ethical foundation are essential. This program will serve to satisfy continuing education requirements for Social Workers, specific to 201 KAR 23:080, as well as for Certified Alcohol and Drug Counselors specific to 201 KAR 35:030, Code of Ethics for Certified Alcohol and Drug Counselors. The agenda for this workshop will include a review of specific mission statements for various disciplines, core value and principles, ethical standards and responsibilities. The ethical decision making process, and issues pertaining to Dual Relationships will be reviewed along with specific case examples. Issues pertaining to counselor burnout, value clarification, boundaries, and responsibility to clients will also be explored.

(Please Note: If you are another Counselor profession, other than Social Work or CADC, we ask that you check with your occupational Board to find out if this workshop will meet your requirements. LMFT is not covered by this workshop. Thank you.)

Objectives:

1. Participants will review 201 KAR 23:080 regulation with regard to Social Work ethics, and 201 KAR 35:030 Code of Ethics for Certified Alcohol and Drug Counselors to gain a clear understanding of their content and practice implications.
2. Attendees will discuss what it means to practice ethically and will define who their clients are.
3. Attendees will review and discuss specific case examples that pertain to the Code of Ethics of a variety of disciplines.
4. Attendees will process common experiences that may lead to counselor burn-out and boundary violations.

TH13-PM - Engaging the Arts in SA Recovery

James Campbell, M.A., CACII

1/2 Day Workshop • Thursday
3 CEUs

Many of those we serve struggle with self-expression. Engaging the Arts in Recovery will provide a clinical rationale for utilizing the arts as a modality in treatment and will serve as an experiential means of teaching skills for engaging individuals at any skill level in using the arts as a means of self-expression and healing in treatment. It will serve as an introduction to utilizing art in a therapeutic setting with an emphasis on the usefulness of art as a tool for communication, self-expression, and recovery regardless of skill level or artistic talent.

Objectives:

1. Gain a basic understanding of the scientifically-based reasons why the arts can serve as an effective tool in addiction treatment.
2. Be introduced to diverse means of engaging various art forms in clinical settings.
3. Participate in creative exercises to experience the utility of expressive arts in a clinical setting and increase empathy regardless of artistic skill level.
4. Identify exercises that they can use with those they serve immediately.

TH14-PM - Peer Support Specialists' Tools and Issues: You passed the exam; you got the job... now what?

Molly Clouse, M.Ed., KPS

1/2 Day Workshop • Thursday
3 CEUs

This class will address issues specific to those employed as Peer Support Specialists and provide tools and resources they can use on a day-to-day basis to help those they serve move forward in their recovery.

Objectives:

1. Identify "Adult Peer Support Specialist Responsibilities" as outlined in 908 KAC 2:220. Adult Peer Support Specialist.
2. Articulate strategies for addressing on-the-job issues such as:
 - Ethical decision making
 - Boundaries
 - Self-care
3. Apply tools for:
 - Listening
 - Sharing recovery stories
 - Facilitating support groups
 - Developing and facilitating recovery groups

TH15-PM - Compassion Satisfaction: Flipping the paradigm on Compassion Fatigue in SA workers

Annie Fahy, RN, LCSW

1/2 Day Workshop • Thursday
3 CEUs

This workshop will clarify and identify terms and pertinent research related to Compassion Fatigue, Vicarious Trauma and burnout. Participants will look at system, team and individual practices that can decrease incidence and suffering from these kind of symptoms. Self-Care and Mindfulness practices will be highlighted as stress and exacerbation prevention of symptoms and sequelae. This workshop uses kinesthetic learning principals so that participants are active in mind and body and utilizes elements from mindfulness and active listening practices method to offer participants an experience of self evaluation and check in related to work stress and vicarious stress that comes from working with acute and chronic care of clients.

- I. Self Assessment/Relaxation & Play- These exercises are designed to separate the worker from the relentless work experience that never ends. Participants will explore their own ability to separate, and develop healthy empathy while holding a protective neutrality.
- II. Awareness and Narratives- These experiences are designed to heighten participants' understanding of terms and ways that CF, VT and its associated symptoms may create disruption in business as usual
- III. Reflection and Understanding- This experience offers participants a chance to interact with the overt and covert messages that they receive and also tell themselves that creates a status quo for overwork, ineffective empathy and lack of self care.
- IV. Transformation- This aspect of the workshop creates the space for new thinking and action around old behaviors that aren't working anymore.

Objectives:

This training experience offers participants a chance to explore their own experience while addressing major concepts of Compassion Fatigue.

Participants will:

1. Refocus their attention to themselves and complete an individual self assessment as well as practice with empathy skills and a neutral workplace perspective.
2. Understand terms associated with workplace stress, vicarious trauma, Compassion Fatigue and burn out at physiologic and cognitive processes.
3. Gain an experience of pertinent research related to worker fatigues.
4. Explore mindfulness exercises as well as identify their own protective factors and risks.
5. Participants will identify strategies and modalities that can assist and build resiliencies for future work and revision of habits.
6. Develop skills to analyze and intervene with workplace risks.

TH16-PM-Ad - Challenges: Adolescent Juvenile Justice Population with Substance Use

Fred Dyer, Ph.D., CADC

Adolescent Track
1/2 Day Workshop • Thursday
3 CEUs

Research informs that the cost of substance use to juvenile justice programs is at least \$ 14.4 billion annually for law enforcement, courts, detention, residential placement, and incarceration. This does not even factor in the cost of probation, physical and mental health services, child welfare and family services, school costs and the cost to the victims. The Juvenile Justice System is presented with an opportunity to not only hold juveniles accountable, but to also provide a wide range of services to meet their needs and help them become productive citizens. Substance using juvenile offenders enter the Juvenile Justice System with a myriad of challenges including but not limited to medical care, mental health services, education, employment training, special education for the learning disabled, substance use treatment, counseling, transitional support aftercare and reentry into their families schools, communities and a re orientation prosocial –life skills development. It is necessary that substance using adolescent juvenile offenders receive not only a myriad of services but that services are comprehensive, and reflect evidenced based gender responsive trauma informed care.

Objectives:

1. Understand from research the unmet needs of substance using adolescent juvenile offenders in the juvenile justice settings.
2. See the importance of screening and assessment for substance use which interfaces with other areas (i.e., school history, parental substance use, history of past substance use treatment, negative peer influence).
3. Explain the importance and significance of juvenile drug court and its significance in addressing challenges in the Juvenile Justice System.
4. From juvenile research and clinical practice delineate what are the best practices for addressing substance use among juvenile offenders with corresponding challenges.

TH17-PM - The “What” and “How” of Evidence Based Practices (EBP)

Ed Johnson, M.Ed., MAC, LPC

1/2 Day Workshop • Thursday
3 CEUs

The term “EBP” is ubiquitous in the literature and in federal guidelines. This workshop will help providers better understand what an Evidence Based Practice is (and is not). More importantly, however, this workshop will discuss the process of identifying and implementing an EBP within and agency or organization in order to achieve optimum outcomes for the patients served. The issues of supervision and fidelity of Evidence Based Practices will be stressed.

Objectives:

1. Be able to articulate what makes a therapeutic intervention “evidence based”.
2. Be able to effectively utilize the “Change Book” when implementing an EBP.
3. Increase their understanding of the importance of supervision and fidelity to implementing EBP.

TH18-PM - When We Get Behind Closed Doors: Clinical Supervision for Client Safety and Clinician Growth

Alan Lyme, LISW, ICADC, ICCS

1/2 Day Workshop • Thursday
3 CEUs

As the substance use and mental health field is constantly changing, clinical supervision is the cornerstone for staff development and quality assurance. Whether a seasoned veteran or fresh-out-of-college, addictions counselors legally and ethically need clinical supervision. How well that supervision is managed may have an impact not only on the clinician but also on the experience and outcome for each client. This overview of clinical supervision will offer a window into managing staff needs in an array of issues, including some new ethical dilemmas, and will address not only the challenges that quality supervision presents but also some solutions that may help both supervisor and supervisee get more from the experience.

Objectives:

1. Defend the need for direct observation.
2. Differentiate between case management and clinical supervision.
3. Define vicarious liability in supervision.

TH19-PM - Women With Substance Use and Unintended Pregnancy: All Options Counseling and Referrals

Fausta Luchini, M.A., LPP
Liz Epperson

1/2 Day Workshop • Thursday
3 CEUs

Making good referrals is often part of the work of a substance abuse counselor. This training will overview the Provide Curriculum using the STAR model, a guide for how to make referrals for women with substance use and other conditions and feel comfortable providing full options counseling with clients who experience unintended pregnancy. The goal is to help counselors know what to do and how to do it in a way that respects client autonomy and recognizes the providers' own values and feelings.

Objectives:

1. Use empathic listening with patients or clients ambivalent about an unintended pregnancy.
2. Consult knowledgeable on parenting, abortion, and adoption resources in the community.
3. Navigate emotions that arise around personal belief and professional obligations.
4. Cultivate a sense of comfort and professional pride in referrals.
5. Honor client autonomy.
6. Serve as an informed resource on specialized reproductive health care, including unintended pregnancy and abortion.
7. Offer empathy to patients or clients when making referrals even if individual beliefs conflict with the referral.

TH20-PM-Px - Examining the Shared Risk and Resiliency Factors of Substance Abuse and Violence Prevention

Prevention Track
Melissa Paris, LCSW
Tomy Molloy, B.A.

1/2 Day Workshop • Thursday
3 CEUs

"A good solution solves multiple problems." The Centers for Disease Control and Prevention Institute have examined shared risk factors and resiliency factors for multiple forms of violence in an effort to make the case for innovative, collaborative prevention work that increases public health impact. The same model can be used in substance abuse prevention efforts, since risk factors for substance abuse are shared with multiple forms of violence, youth delinquency, and other social challenges. Participants will learn about these shared risk and resiliency factors and be able to identify partners and tactics for organizing coalitions that will increase the effectiveness of prevention efforts. Participants will learn how substance abuse prevention and teen dating violence prevention efforts in Louisville have maximized their impact through innovative partnerships and youth leadership opportunities.

Objectives:

1. Participants will gain an understanding of shared risk and resiliency factors for substance abuse and various forms of violence.
2. Participants will be able to identify connections between multiple issues impacting youth.
3. Participants will be able to identify potential prevention strategies, partnerships, and cross-sector collaborations that will address shared risk and resiliency factors and increase the impact of prevention efforts.

TH21-PM - Adverse Childhood Events and Neonatal Abstinence Syndrome: Connecting the Dots

Lori Devlin-Phinney, D.O., M.H.A.
Ruth Shepherd, M.D., FAAP

1/2 Day Workshop • Thursday
3 CEUs

This session will examine the connection between Adverse Childhood Experiences (ACEs) and Neonatal Abstinence Syndrome (NAS). The presentation will evaluate the impact of childhood trauma on the incidence of drug use during pregnancy and Neonatal Abstinence Syndrome in the exposed infant. Review trends in substance abuse during pregnancy and assess the impact of pharmacologic and non-pharmacologic therapy on NAS and provide a protective factor framework for integrating parents into the care team. Highlight opportunities to improve short-term and long-term outcomes for NAS infants and their families.

Objectives:

1. Review the clinical presentation of Neonatal Drug Withdrawal/Neonatal Abstinence Syndrome.
2. Discuss the incidence of illicit drug abuse during pregnancy and the differences in substance abuse in women, including the role of ACEs.
3. Examine the incidence of Neonatal Abstinence Syndrome nationally and in the state of KY.
4. Assess pharmacologic and non-pharmacologic therapy for Neonatal Abstinence Syndrome.
5. Discuss the opportunities to improve short-term and long-term outcomes for NAS infants and their families.

TH22-PM - Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery

Kelly Ruff, M.Ed., LPCA
Jessica Sucik, LCSW

1/2 Day Workshop • Thursday
3 CEUs

Safe and stable housing is a basic right and need for all individuals. This workshop is designed to educate behavioral health providers in the importance of the helping relationship between clients living in chronic homelessness and the Targeted Case Manager (TCM). The TCM has a unique opportunity to infuse Housing First Principles and establishing therapeutic rapport by meeting the basic needs of their client. Ending chronic homelessness for an individual fosters an ability to engage them in their recovery process and link them to services that will contribute to regaining independence.

Objectives:

1. Learn strategies for effective engagement with the chronically homeless population.
2. Understand the importance of community partnerships and outreach.
3. Identify the principles, standards, and philosophical structure of the Housing First Model.
4. Understand the Targeted Case Manager's role in linking clients to services and supports to maintain housing and recovery.
5. Develop understanding of the importance of restoring an independent level of functioning through the helping relationship.

TH23-PM - Culturally Competent Prevention: A Focus on Services and Health Disparities

Mark Sanders, LCSW, CADC

1/2 Day Workshop • Thursday
3 CEUs

In this workshop you will learn the 10 characteristics of culturally competent prevention specialists, strategies for incorporating positive aspects of culture into substance abuse prevention programming, how to utilize cultural strengths in prevention programming and discover therapeutic gems within the community that support prevention efforts, the impact of health disparities on substance use rates and how to advocate for needed services, and examples of effective prevention programming drawn from Native American, African American, faith-based, and Asian communities.

Objectives:

By the end of this workshop participants will:

1. Be aware of 10 characteristics of culturally competent prevention specialists.
2. Be aware of strategies for incorporating positive aspects of culture into substance abuse prevention programming.
3. Be aware of how to utilize cultural strengths in prevention programming.

TH24-PM - Romancing the Brain

Cynthia Moreno Tuohy, NCACII, CDCIII, SAP

1/2 Day Workshop • Thursday
3 CEUs

With funding from NIDA, Cynthia Moreno Tuohy worked with Danya International to conceptualize, develop, and evaluate a multi-component, multi-media tool for use by addiction and other helping professionals to assist adults and youth improve their life traumas and conflict through knowledge, attitudes and skills. Romancing the Brain skills are an intensive set of psycho-emotional-social-spiritual Cognitive Behavioral Therapy (CBT) treatments that, if followed, will result in a lifestyle change. This program will affect a "self and other" assessment of conflict style with a communication style, with the goal of behavior changes that are instilled in the brain. Some treatment sessions are based in brain research and CBT treatments that have been effective for anger and relapse-triggering problems. Other techniques are employed that unify the principles of social learning and emotional intelligence theory that mark this program as different from "anger management" programs. This program affects behavioral learning with emotional development and maturity that results in long-term changes in the brain and behavior. This training includes substance use disorder and mental health issues and how these issues affects criminogenic behaviors and impairs the client's ability to benefit from treatment and recovery.

Objectives:

1. Participants will be able to identify at least 5 words, phrases and behaviors in the limbic area of the brain and how that hampers recovery.
2. Participants will be able to identify the 5 stages that relationships tend to traverse through in romantic relationships (Honeymoon, Disillusion, Misery, Awakening, Peace/Calm).
3. Participants will be able to identify at least three other types of relationships that also traverse through the 5 stages of relationships (self/recovery, children, work, friendships).
4. Participants will be able to identify the four types of agreements to lead persons out of the stage of misery (Financial, Emotional/Psychological, Spiritual, Physical/Spatial).
5. Participants will be able to self-identify where they are in their own relationships (stages) and what they need and want in the four types of agreements.

TH25 - Preparing to Become ADC (Alcohol and Drug Counselor) in KY

Jeanne Keen, M.S., RN, CADC
Mike Vance, M.B.A., CADC, CPP, LSW

1 Day Workshop • Thursday
6 CEUs

This workshop will provide the history and development of professional certification by ICRC and the Kentucky Application and Credentialing process. The workshop will include a step-by-step instruction upon successful completion of the application documents, the regulatory requirements and the requirements for submission of all documents. The workshop will further identify the Twelve Core Functions of Alcohol and Drug Counseling and will guide the participant toward a successful study plan that will allow adequate preparation for the new competency based comprehensive exam as introduced by ICRC in June 2008.

The instructors will provide numerous suggestions about study methods, test taking ideas and techniques for successful exam taking. A sample exam will be given and will be scored on the last day of the class.

Objectives:

1. Understand the IC&RC and development of the certification process.
2. Identify and describe the 12 Core Functions.
3. Discuss the process of the written exam.
4. Understand the CADC certification process.

TH26 - Understanding and Treating Cannabis (Cannabinoid) Use Disorder

Cardwell Nuckols, Ph.D.

1 Day Workshop • Thursday
6 CEUs

Marijuana is the most commonly used illicit substance with 7% of the US population admitting to current use. Now compare this number to the less than 1% of the American population using heroin, cocaine and methamphetamine.

1.5% of citizens struggle with an active cannabis addiction. The number of reports citing the use of the synthetic cannabinoids only adds to the problem.

This skills-training event will give the participant state-of-the-art understanding of the following:

- The DSM-5 diagnostic criteria for Cannabis Use Disorder
- The neurobiology of cannabis use and addiction
- The short and long-term health effects of cannabis use
- An understanding of the cannabis acute abstinence syndrome and its treatment
- The evidence-based psychotherapeutic approaches to the treatment of Cannabis Use Disorder
- Current perspectives on the pharmacological treatment of Cannabis Use Disorder

Objectives:

1. Discuss the neurobiology of marijuana (cannabis) use and addiction.
2. Describe the evidence-based psychotherapeutic approaches helpful in the treatment of Cannabis Use Disorder.
3. Discuss the medications currently utilized in the treatment of cannabis acute abstinence syndrome and during early recovery.
4. Describe the short and long-term health effects of cannabis and related cannabinoid use.

TH27 - Developing Resiliency in Treatment-Making the Crises of Recovery an Opportunity

Patricia A. O’Gorman, Ph.D.

1 Day Workshop • Thursday
6 CEUs

How to provide motivation for the work of treatment, and to instill hope that recovery is possible? Some answers are obvious. Develop resiliency in our clients—that is their ability to know the power that they have within themselves, to make sense and grow from the traumas in their life.

We can do this by developing our ability to be curious about what is right in our clients, and help our clients also be curious about what is right with them. Then we assist them in making these skills/values/beliefs conscious. We can do this through developing an understanding within our clients of what is the best within them, what they are currently doing right, what they wish others to see, and what skills they have that they can learn to consciously use to forge the life they wish to lead.

By understanding Protective Factors, and drawing upon risk factor research, participants will understand how to use The 7 Steps to Developing Power (Resilience) in clients and in themselves.

Objectives:

Upon completion participants will be able to:

1. Understand the balance between protective factors and resilience.
2. Understand The 7 Steps to Personal Power, and how to use.
3. Understand the inter-generational trauma / strength cycle in a families with addiction, and how to begin to intervene.
4. How to help clients identify the best in them, and what they do to sabotage this.
5. Understand how to reframe and tease out resilience and make resilience conscious.
6. How to clinically use the concepts in 12 Step Support Groups to further strengthen the resilience of the individual and their family.

BIOSKETCHES

John J. Ackerman, Ph.D.

Dr. Robert J. Ackerman is Professor Emeritus from Indiana University of Pennsylvania and the previous Director of the Mid-Atlantic Addiction Research and Training Institute. He is co-founder of the National Association for Children of Alcoholics. Currently, he is the Editor of Counselor: The Magazine for Addiction and Behavioral Health Professionals.

As an author he has published numerous articles and research findings and is best known for writing the first book in the United States on children of alcoholics. Twelve books later, many television appearances, and countless speaking engagements he has become internationally known for his work with families and children of all ages. His books have been translated into thirteen languages.

He has served on many advisory boards and has worked with the National Institute of Mental Health, National Institute on Alcoholism and Alcohol Abuse, and the U.S. Department of Education. He served on the White House Task Force on Resiliency and At-Risk-Youth.

He is the recipient of many awards including the Distinguished Alumni Awards from Western Michigan University, the University of Northern Colorado, and Louisiana State University, the 2006 Special Recognition Award from the U.S. *Journal of Alcohol & Drug Dependence*, the 2008 Father Martin Appreciation Award and the 2014 Professor of the Year from the University of South Carolina, Beaufort. He is a veteran of numerous TV appearances and his work has been featured on CNN Headline News, the New York Times, the Today Show, USA Today newspaper, Newsweek Magazine, Oprah, and other social media.

Demetra Antimisiaris, PharmD, GCP, FASCP

Dr. Antimisiaris earned her Doctor of Pharmacy degree at the University of the Pacific (California), and completed a Geriatric Clinical pharmacy residency at VAMC-West LA-UCLA. She is a Certified Geriatric Pharmacist and her research interests include decision making regarding medication use and root cause health systems analysis regarding medication outcomes. She's an Associate Professor at the University of Louisville Dept. of Family & Geriatric Medicine where she teaches in the Med-Pharm course for second year med students, as well as in the post grad training programs and leads the U of L "Polypharmacy Initiative" which is a unique program amongst medical schools in the United States, dedicated exclusively to fighting the problem of polypharmacy through education, research and outreach.

Mike Barry, BS

Mike Barry has had his share of broad life experiences from which to draw. By age 40 he had reached the peak of his profession as a TV News Anchor, reporter, and producer. But behind the polished image of success was a man already overwhelmed by the disease of alcoholism. His story is more common than you think, which is why the driving passion of his life today is to help others in need of a new life, free from addiction and in long-term recovery, he himself found.

His new calling as an advocate for the recovery movement is enhanced by his training and experience in broadcasting and technology. His unique combination of talent, energy and devotion to the cause has placed Mike Barry at the heart of this movement.

He travels the country seeking to educate others about addiction, to remove barriers and discrimination, and thus enable those in long-term recovery and no longer using alcohol or other drugs to become productive members of society.

Susan K. Blank, MD

Susan Blank, MD, is the Founder and Chief Medical Officer for the Atlanta Healing Center. A graduate of the Medical College of Georgia, she completed a residency in Psychiatry and Neurology at Sheppard Pratt Hospital in Baltimore, Maryland. She received her training in Forensics at the University of Virginia, and her training in Addiction Medicine in Atlanta at the Talbott Recovery Campus. She recently completed a Fellowship and Advance Fellowship training in Anti-aging and Regenerative Medicine.

Dr. Blank is President of the Georgia Society of Addiction Medicine and serves on the Advisory Board of the Georgia Physician's Health Program. She is also a member of the Board of Directors for The Georgia Council on Alcohol and Drugs. Dr. Blank and Dr. Lori Karan co-authored the chapter on Tobacco and Nicotine Addiction for the ASAM Patient Criteria released in September 2013.

She is a Diplomate of the American Board of Psychiatry and Neurology, the American Board of Addiction Medicine and the American Board of Anti-aging and Regenerative Medicine. She is a Fellow of the American Board of Forensic Examiners, a Fellow of the American Psychiatric Association, a Fellow of American Society of Addiction Medicine, and a Fellow of the American Academy of Anti-Aging and Regenerative Medicine and a Certified Medical Review Officer.

Finally, she can be heard nationwide every Tuesday on her weekly radio show "Detailing Addiction" on America's Web Radio.

Gerry Boylan, Ph.D., CADC

Gerry Boylan has worked in the recovery field since 1978. Using his formal educational background in Transpersonal Psychology, and Comparative Religion, he has specialized in bringing growing understanding to Spirituality and Recovery. Added to traditional therapeutic techniques, he brings expertise in Holotropic Breathwork, Hypnotherapy, and Energetic healing to enhance the integration of body, mind and spirit. He organizes and runs self-empowering workshops and retreats for all those interested in recovery and continued growth.

He holds graduate degrees in Biology and Transpersonal Psychology, and a PhD in Comparative Religions. As an ordained minister, he teaches classes at Unity of Louisville along with guest speaking at Sunday services. He has authored two books relating to everyday spirituality, recovery from life's traumas, and the healing of the soul: *Christ in Training* and *What Are You Holding Onto That's Holding You Back?* Both are available on his web site <http://www.christintraining.com> and Amazon.

Presently Gerry is in private practice in Louisville.

James E. Campbell, MA, CACII

James Campbell has been working professionally in the human services field with addictions, children, and families for over eighteen years. His passion is helping people, families, and relationships to heal and assisting them in building on the strengths they possess. He is certified as an Addictions Counselor II through the South Carolina Association of Alcoholism and Drug Abuse Counselors and is a member of the National Association of Alcoholism and Drug Abuse Counselors. James is also a certified as an instructor of De-escalation Techniques through Handle With Care, Inc., a trainer in Cognitive Behavior Therapy, and PRIME for Life through the Prevention Research Institute.

James has worked with diverse human services programs including High Management Group Homes, Supervised Independent Living Programs, Clinical Day School Programs, Outpatient Services, and In-Home Services throughout his years in the field. He currently serves as the Adolescent Residential Manager at the White Horse Academy in Greenville, South Carolina through The Phoenix Center. In this capacity he works directly with students and their families to assist them in entering recovery and working through issues related to addiction. He also actively weaves diverse treatment modalities into a unified treatment approach with positive outcomes. He is also the founder and program director for Family Excellence Institute, LLC and Family Excellence, Inc. and is an adjunct professor for substance abuse counseling.

Jonathan I. Cloud, BA, BA

Jonathan I. Cloud has thirty years of experience in the human services field that encompasses case management, administration, and program development. His career has included special initiatives in youth outreach, family support, community organizing, child protective services, foster care reform, juvenile justice, and disaster recovery. His areas of demonstrated expertise include strategic planning, organizational development, program planning and development, partnership-building, and systems change through targeted project planning and execution.

Transitioning into independent consulting in 1992, Jonathan served as the Urban Initiatives Consultant for the U.S. Department of Education's Southeast Regional Center for Drug-Free Schools and Communities, and a Certified Trainer and Strategic Consultant for Developmental Research and Programs, Inc., then a leading national organization in prevention science. He provided technical assistance to communities engaged in the Weed & Seed national crime reduction initiative and provided training and technical assistance to scores of communities on behalf of the Department of Justice's Office of Juvenile Justice and Delinquency Prevention (OJJDP). For this federal agency, he assisted with the development and delivery of their Comprehensive Strategy Training and Technical Assistance Initiative, a rigorous, science-based planning process that links a community's prevention, intervention, and corrections systems.

Other consulting highlights include:

- National Council on Crime and Delinquency: a field of study of programs that identified and documented best practices in prosecution, community policing, prevention, and neighborhood revitalization.
- Texas Governor's Office: a regional Gun Violence Reduction Initiative.
- Project Safe Neighborhoods: Department of Justice national gun violence reduction initiative.
- Florida's Department of Juvenile Justice: redesigned the manner in which the State allocated funding for juvenile delinquency prevention.
- OJJDP: Targeted Community Action Planning Initiative that is designed to address serious juvenile offending in selected cities.
- National Center for Missing and Exploited Children: numerous trainings on protecting victims of child prostitution and on school safety.
- Outagamie County, Wisconsin Division of Youth and Family Services: assistance in improving its efforts to reduce disproportionate minority contact, integration of child welfare and juvenile justice, and

•Georgia's Governor's Office for Children and Families/Georgia Criminal Justice Coordinating Council: consultation, technical support, and training for the Commercial Sexual Exploitation of Children initiative.

•U. S. Department of Labor/YouthBuild USA: technical assistance provider to YouthBuild Programs focused on training and support of development for youth out of the education mainstream.

Jonathan has provided trainings on numerous topics and delivered keynote addresses for conferences across the country. He is the author of Parenting the Guardian Class: Validating Spirited Youth, Ending Adolescence, and Renewing America's Greatness, which argues for empowering youth rather than controlling youth. His higher education includes holding BA degrees in Religion and Psychology and extensive graduate studies in Public Administration and Social Work.

Mary M. "Molly" Clouse, M.ED., KPS

Molly lost her 24 year teaching career to the symptoms of her mental illness in 1998. She took the experiences learned during her recovery journey and became a mental health advocate. Her advocacy was instrumental in the passage of legislation creating Mental Health Insurance Parity in Kentucky and the Kentucky Advanced Directives for Mental Health Treatment. Along with Sandy Silver, she developed the Kentucky Peer Specialist program in Kentucky. She has also developed a Peer Specialist program in Singapore where she has trained over 50 peers. She is currently the coordinator of the Bridgehaven Center for Peer Excellence where she continues to train Adult Peer Support Specialists.

Shelia Cundiff, LCSW, CADC

Shelia Cundiff is a Coordinator for Field Education and Adjunct Faculty for Kent School of Social Work, University of Louisville. She is the president and owner of two Outpatient treatment agencies, All About Change, LLC and Alcohol Education and Counseling Services, INC. She is on the Board of Directors of Beacon House a Half Way House Addictions Program. She has worked in the field of addictions for 15 years. She has a Master of Social Work degree and is a Licensed Clinical Social Worker and a Certified Alcohol and Drug Abuse Counselor. She worked at Jefferson Alcohol and Drug Abuse Center, Louisville, KY in both the Inpatient and Outpatient Units for 15 years. Before her work in the field of addictions she was in the United States Army for 16 years.

Lori Devlin, DO, MHA

Dr. Lori Devlin is a Neonatologist at the University of Louisville School of Medicine. She completed her medical training at Des Moines University, her pediatric residency training at Ohio University and her neonatal-perinatal fellowship training at the University of Louisville School of Medicine. She joined the faculty at the University of Louisville in 2005 and has been involved with quality improvement and educational endeavors in the area of Neonatal Abstinence Syndrome since. Early in her career she led a task force in the development of a standardized treatment protocol for Neonatal Abstinence Syndrome. The protocol was subsequently implemented in multiple hospitals throughout western Kentucky and southern Indiana. She has presented many training seminars on Neonatal Abstinence Syndrome and sat as a Chair for a statewide conference on Perinatal Drug Exposure. Recently, Dr. Devlin has served on the Kentucky State Task Force for Perinatal Drug Exposure where she has worked with a multidisciplinary team to develop evidence based treatment protocols for Neonatal Abstinence Syndrome for the state of Kentucky.

Fred Dyer, Ph.D., CADC

Fred Dyer Ph.,D, CADC is an internationally recognized trainer, consultant, author in the areas of children, adolescents, persons with co-occurring disorders, with a focus on substance use, and mental health disorders, including emerging adults. Fred has published over 100 articles, and writes a bi-monthly column for Counselor magazine, and a monthly column for Sober World. Fred has worked with psychiatric hospitals, juvenile detention centers, adult and adolescent substance abuse treatment centers on "Improving client and retention rates in addiction treatment settings".

Fred has received numerous awards and recognition for his work with children adolescents and families

Annie Fahy, RN, LCSW

Annie Fahy RN, LCSW owns Annie Fahy Consulting based in Asheville, NC, and offers training and consulting nationally in the areas of health related behavior change, motivational interviewing and working with challenging health presentations. Annie started her first business in 2001 in Athens, Ga. when she co-founded recovery cafe LLC. She is recognized as a dynamic national trainer, expert in Motivational Interviewing, Harm Reduction and Reducing Compassion Fatigue She offers organizational and management consultation facilitating change through implementation of evidenced based practice and other client centered principals and practice. Annie also runs writing workshop demonstrations that support writing as a creative and healing tool in care settings like treatment programs, youth centers, veterans groups and home-less

shelters. She has a book of poems due to be published next year. As a successful small business woman, Annie often mentors and consults with women seeking to de-velop their own business.

Annie is affiliated with the Motivational Interviewing Network of Trainers (MINT), the Harm Reduction Therapy Center in San Francisco (HRTC) and the Amherst Writers and Artists Association (AWA). Her trainings are multimodal and experiential and she consistently gets high ratings from participants.

She has recently authored a chapter in the The Praeger Handbook of Community Health on addictions and in 2007; composed a feature article for The Journal of Social Work: The Unbearable Fatigue of Compassion: Notes from a Substance Abuse Counselor Who Dreams of Working at Starbucks. Annie has won an honorable mention for her poem Yoko in the 5th annual Pat Schneider Writing Contest which will be published in Peregrine 2016 and her book of poems The Glass Train is in publication with expected press date in December 2015 at the Amherst Writers and Artist Press.

Janice Gabe, LCSW, MAC

Janice Gabe, founder and president of New Perspectives of Indiana, is a nationally recognized adolescent and young adult therapist. Janice has thirty years of clinical experience and has been instrumental in assisting in the development of clinical programs across the country. Janice is a highly respected public speaker and has provided training and consultation in over 20 states.

Janice is the author of several books including A Professional Guide to Dual Disorders, Making the Grade, Cultures of Change, Recovery and Relapse Prevention for Addicted and Dually Diagnosed Teens, Value Based Parenting, and Value Based Consequences. Janice has recently written two workbooks for the Hazelden, Co-occurring Disorder Series: Substance Use and Anxiety Disorders and Substance Use and Mood Disorders.

Janice founded New Perspectives in 1988 after holding key clinical positions for several years in a variety of treatment settings and has developed it into a comprehensive outpatient practice for children, adolescents, young adults, and their families. Janice strives to maintain New Perspectives as a practice that provides the highest quality of clinical care, utilizing the best practices in innovative and creative ways.

Most importantly, Janice seeks, through New Perspectives, to create an environment of help, healing and change that is respectful, responsive, and welcoming to children, teens, and families.

Karen Garrity, MEd, NCC, LPCC, CADC

Karen Garrity graduated with a Master of Science in Education Degree, with an emphasis in counseling from Purdue University in 1996. She began working at Life Skills Community Mental Health Center in 1996 as an addictions counselor and manager. In 2001 she began work as the Director of Addiction Services for Life Skills. She found that Motivational Interviewing was very helpful in increasing client interest in making changes in their lives. She attended the Motivational Interviewing Training for New Trainers in 2008 and has been a member of the.

Jeffrey M. Georgi, M.Div., M.A.H, CCAS, LPC, CGP

From Duke University Medical Center, Jeff has served as the clinical director of the Duke Addictions Program and Intervention Program. He received his BA from Duke University and his M.Div. in Pastoral Psychology from the Duke Divinity School and The Philadelphia Divinity School. Jeff completed an Internship and Residency program in Pastoral Counseling at the University of North Carolina at Chapel Hill Medical Center and a Masters in Allied Health at Duke University. He is a licensed Clinical Addiction Specialist, a Certified Clinical Supervisor, a Licensed Professional Counselor and a Certified Group Psychotherapist by the American Association of Group Psychotherapy. During his two plus decades at the Medical Center Jeff held clinical appointments in the Departments of Surgery, Obstetrics, and Psychiatry. He remains a clinical associate in the Department of Behavioral Medicine as well as a faculty member of the Duke University School of Nursing. He has also served as the Director of Psychological Services for the Rice Diet Program in Durham, North Carolina, Jeff applies a model of substance abuse treatment to patients with significant dysregulated or compulsive eating disorders.

Although primarily known for his work in the field of addictions with adolescents, adults, and families, Jeff is also a national trainer and respected author in the areas of The Spiritual Platform™ a form of clinical spirituality, ethics, and the clinical application of our understanding of the adolescent brain, its development and vulnerability. In this regard, Jeff has been involved in a community wide intervention in Georgia targeting middle school and high school students in an effort to reduce nicotine and alcohol use.

Currently, Jeff and Becky Georgi, his wife, are involved in developing and implementing a recovery maintenance program for the students and their families of the Carlbrook School in Halifax, VA. Jeff continues to consult with schools and adolescent treatment facilities bringing science to practice under the administrative umbrella of Georgi Educational and Counseling Services. He has contributed to a number

of Treatment Improvement Protocols which are seen as the best practice guidelines by the Center for Substance Abuse Treatment, Washington D.C. Jeff has brought his lectures and consulting expertise overseas. In May 2006 he participated in the United Kingdom/European Symposium on Addictive Disorders and was asked to address the British Parliament applying his solutions to alcoholism use in the United States to the United Kingdom.

Jeff continues to see patients, facilitate groups, and work with families while at the same time expanding his clinical activities with patients struggling with obesity and compulsive eating disorders. While remaining a faculty member at Duke Jeff is now directing more of his energy to help educate and empower parents to effectively deal with the threats to our adolescents' development presented by alcohol, tobacco and drug. He and his wife are focusing these prevention/intervention efforts in a number of different community settings.

Jane Goble-Clark, MPA, CSAPC

Jane Goble-Clark, MPA, CSAPC brings a diverse background educationally, professionally, internationally and experientially to her role as Executive Director of the Center for Prevention Services in North Carolina. Prior to her role with CPS, Ms. Goble-Clark served in dual roles as director of the Southwest Prevention Center, and director of the American Indian Institute, both housed within the University of Oklahoma's continuing education programs. Goble-Clark has overseen the development of new initiatives and the delivery of existing technical assistance, training, conferences and strategic planning services at state, national and international levels for the nationwide prevention network as well as for American Indian, Alaskan Native and Canadian First Nation communities. Goble-Clark received her master's degree in public administration and her bachelor's degree in Letters from the University of Oklahoma. She has lived in or traveled to 11 countries, spanning four continents. Her nomadic upbringing as an "embassy brat" provided insight and skills in cultural competency, relationship-building and mediation that created the foundation for her career in building communities. She brings to the professional network a solid background in strategic planning based on best practices research, community-building, organizational development and group facilitation. She is certified as a Prevention Specialist through the state and international licensing boards, and was awarded the 2014 Art of Prevention Award by the Addiction Professionals of North Carolina, as well as the 2009 Prevention Specialist of the Year award through the Oklahoma Drug and Professional Counselor's Association.

In addition to her professional credentials, Jane has 15 years of extensive community volunteerism which includes: parent advisory group member for the British International School of

Charlotte; board member for the Epiphany School of Charlotte; board member and leadership member with the Oklahoma Institute for Child Advocacy; Court Appointed Special Advocate; Emergency Foster Parent; and she has completed mediator training through the Oklahoma Bar Association's Early Settlement Center.

Dr. Stephen F. Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

Dr. Grinstead is author of the book *Freedom from Suffering: A Journey of Hope* as well as author of several other pain management books including *Managing Pain and Coexisting Disorders* and is internationally recognized expert in preventing relapse related to chronic pain disorders and is the developer of the *Addiction-Free Pain Management® System* (please visit www.addiction-free.com for more information). He has been working with pain management, chemical addictive disorders, eating addiction and coexisting mental and personality disorders for over twenty-eight years. He is also the Clinical Director of Training and Consultation for the Gorski-CENAPS® Corporation. Dr. Grinstead has a Bachelor's Degree in Behavioral Science, a Masters Degree in Counseling Psychology and a Doctorate in Addictive Disorders (Dr. AD). He is a Licensed Marriage and Family Therapist, (LMFT) a California Certified Alcohol and Drug Counselor (CADC-II), and an Advanced Relapse Prevention Specialist (ACRPS). He was on the faculty of UC Santa Cruz Extension Alcohol and Drug Studies Program and also taught at Santa Clara University, UC Berkeley Extension and Stanford University Medical School and is currently on the faculty of University of Utah's School on Alcoholism and Other Drug Dependencies. Trainers in 2008 and has been a member of the Motivational Interviewing Network of Trainers since that time.

George B. Haarman, Psy. D, LMFT

George B. Haarman, Psy.D., LMFT, is a Licensed Clinical Psychologist and a Licensed Marriage and Family Therapist with more than 30 years of experience. A member of the American Psychological Association and Kentucky Psychological Association, Dr. Haarman is currently in private practice in Louisville, Kentucky, and serves as a consultant to several school systems regarding the assessment of children. For 24 years, Dr. Haarman worked in the Department of Human Services in Louisville, serving as the Deputy Director for the last 12 years of his tenure there. His prior experience with DHS included working with youth detention centers, juvenile group homes, child protective services, and juvenile probation. Dr. Haarman received his doctorate in clinical psychology from Spalding University and has been an instructor at Jefferson Community College, Bellarmine University, and Spalding

University. Because of his years of experience in mental health, he has presented seminars regionally and nationally on psychopathology, depression, and emotional disorders in adults. He is also the author of *School Refusal: Children Who Can't or Won't Go to School* and *Clinical Supervision: Legal, Ethical, and Risk Management Issues*.

Amy M. Jeffers, MA, CPS

Amy Jeffers joined Pathways, Inc. in January of 2000. She served as coordinator of the Boyd and Greenup County Kentucky Incentives for Prevention (KIP) grant and as the Regional Prevention Center staff supervisor. As Prevention Director, Amy is responsible for oversight of prevention services in the ten-county catchment area including nine community substance abuse prevention coalitions, seven youth coalitions, and six Kentucky Agency for Substance Abuse Policy (KY-ASAP) Local Boards. She also administers the Tobacco Prevention Enhancement Site, providing training, technical assistance, and consultation statewide. Amy is also the liaison for Department for Public Health Tobacco Prevention and Cessation Program contract services. She also serves as a member of the Pathways to Bright Futures Team.

Amy earned a master's degree in Counseling and a bachelor's degree in Criminal Justice from Marshall University. She was the recipient of the Certified Prevention Professional of the Year in 2006 and the Robert Straus Award for "Outstanding Service in Substance Abuse Prevention in Kentucky."

Ed Johnson, M.Ed., MAC, LPC

Ed Johnson obtained a Bachelor's Degree from Auburn University and a Master's Degree in Clinical Counseling from the Citadel. He is currently the Carolinas and Kentucky Program Manager for the Southeast Addiction Technology Transfer Center (Southeast ATTC) located at the National Center for Primary Care, Morehouse School of Medicine in Atlanta. He has over 25 years of experience providing direct services to individuals with Substance Use Disorders (SUD) and Co-Occurring Disorders. He has provided numerous trainings in the Southeast on Addiction and Recovery, Recovery-Oriented Systems of Care, Professional Ethics, HIV / Addiction, Opioid Dependency / Treatment, issues related to Lesbian, Gay, Bisexual and Transgender (LGBT) Individuals and Addiction and Clinical Supervision. He is currently credentialed / licensed as a Master Addiction Counselor (MAC), a Certified Addictions Counselor (CACII), and a Licensed Professional Counselor (LPC).

Michael E. Johnson, MSW, LMSW

Michael E. Johnson is a nationally recognized trainer and lecturer in the field of addictions. Over the years he has served the addictions field in many capacities; as a counselor, program director, consultant and trainer. He has developed a series of educational DVD's that are shown throughout the United States within residential AOD treatment settings, correctional institutions and prevention programs. He has worked as a consultant for the Michigan Department of Corrections, New York Department of Corrections, the Federal Bureau of Prisons as well as numerous Drug Courts throughout the country. He served as faculty for Eastern Kentucky Universities Alcohol and Other Drug Studies for several years and has conducted classes at colleges and universities.

He studied and graduated from Wayne State University in Detroit, Michigan, acquiring his Bachelor's Degree in Counselor Education in 1988 and a Masters Degree in Social Work in 1994. He is a Licensed Social Worker a Certified Advanced Addictions Counselor in the State of Michigan and has the International Advanced Addictions Counselor credential. In spite of his credentials his tenacity for learning has not ceased. He enjoys reading, attending trainings and seminars and loves a lively debate on addiction related topics, counseling techniques and skill building. Michael does not believe that the education and need for training of counselors, therapists, social workers and psychologists ever ceases.

Hendree Jones, Ph.D.

Hendree Jones, Ph.D. is a Professor in the Department of Obstetrics and Gynecology, School of Medicine, University of North Carolina, Chapel Hill and Executive Director of Horizons, a comprehensive drug treatment program for pregnant and parenting women and their drug-exposed children. She is also an Adjunct Professor in the Department of Psychology, UNC, Chapel Hill and an Adjunct Professor in the Psychiatry and Behavioral Sciences and in the Department of Obstetrics and Gynecology, School of Medicine, Johns Hopkins University. Dr. Jones is an internationally recognized expert in the development and examination of both behavioral and pharmacologic treatments for pregnant women and their children in risky life situations. Dr. Jones has received continuous funding from the United States National Institutes of Health since 1994 and has published over 165 publications, two books on treating substance use disorders (one for pregnant and parenting women and the other for a more general population of patients), several book and textbook chapters. She is a consultant for the United Nations and the World Health Organization. Dr. Jones leads or is involved in projects in Afghanistan, the Southern Cone, the Republic of Georgia, South Africa, and the United States which are focused on improving the lives of children, women and families.

Jeanne Keen, R.N., MS, CADC

Ms. Keen graduated from Eastern Kentucky University with a BS degree in Community Health Education and received her MS ECU in Education in Allied Health Sciences. Jeanne received her AD in Nursing at Midway College. She is a certified alcohol and drug counselor and a certified batterer intervention provider and has over 30 years of experience working in the chemical dependency field (detox, residential treatment, methadone maintenance, and outpatient). For seven years she worked specifically with pregnant substance abusing women and their children and trained extensively on peri-natal substance abuse. She also has over ten years of experience working with domestic violence perpetrators and victims and has trained on these issues. For two years she was on the staff at the Ridge hospital as a PRN nurse and worked in the child, adolescents and adult units as needed.

Fausta Luchini, MA, LPP

Fausta Luchini, MA, LPP is a Licensed Psychological Practitioner, with a Master of Arts in Clinical Psychology from Spalding University and 20 years experience as a therapist. With extensive training in cognitive behavioral therapy, dialectical behavior therapy and cognitive processing therapy, she worked in community mental health and currently has a small private practice, working primarily with adults and older teenagers. She also works with JADAC to provide mental health services to federal prisoners housed at Dismas. As a consultant and trainer for Provide, she trains health and social service providers to offer nonjudgmental counseling and referrals to their patients and clients. She also offers training on cognitive behavioral therapy, trauma informed care, and workshops on self-care for activists. Fausta takes a strengths-based approach to therapy, and believes that we all have our own answers within ourselves.

Alan Lyme, LISW, ICADC, ICCS

Alan Lyme, LISW, brings respected and innovative clinical and program management skills as the Director of Training for the Phoenix Center in Greenville, South Carolina. Alan, with over 20 years in the field, teaches nationally on Motivational Interviewing, Clinical Supervision, SBIRT, the Family Transition Model, and Working with Men. He received a BSW from Florida Atlantic University and a MSW from Barry University in Miami. Alan is a member of MINT (Motivational Interviewing Network of Trainers), an Internationally Certified Clinical Supervisor, and an Internationally Certified Alcohol and Drug Counselor.

Mark Miller, MA, MS, LMFT

Mark B. Miller, LMFT has been a Clinical Director, Program Director, and is now the State Director for Center for Behavioral Health Kentucky. CBH-KY is an organization dedicated to helping patients with addiction obtain a better life by using medically assisted treatment interventions, counseling, and general support. Mr. Miller has worked for CBH for 10 years and now oversees programs in Louisville, Elizabethtown, Bowling Green, and Frankfort, Kentucky. He is a surveyor for CARF and has seen the impact of opioid addiction throughout the nation. He is also the former President of the Board for MensWork, Inc: Eliminating Violence Against Women and promotes male leadership to encourage healthy relationships and ally with other men to stop violence against women.

Tomy Molloy, BA

Tomy Molloy, B.A., is the Director for the 7th Street Corridor PAL Coalition with Family & Children's Place. The PAL Coalition represents the Park Hill, Algonquin and Old Louisville neighborhoods. The grant directly supports the Coalition's mission of reducing the incidence of alcohol, marijuana and tobacco abuse by young people residing in the 7th Street Corridor by actively involving and engaging the residents of these neighborhoods. Tomy is a certified Mental Health First Aid trainer for both the Adult and Youth worker trainings, through the National Council for Behavioral Health. She is also a certified trainer of the David P. Weikart Center Youth Work Methods Series. She has worked in the field of prevention for seven years. Tomy enjoys being a part of creating opportunities that have a positive impact on the lives of teens and families in the PAL Community and bridging the various cultures of the diverse PAL community.

Tara Moseley, BS

Tara Moseley is a student at the University of Louisville, and completing a Bachelor degree in Political Science, Public Policy and Pre-Law, with a minor in Social Work. Tara has helped to develop two successful transitional living houses for women in the Louisville, Kentucky area. She facilitated trainings at a local Homeless Shelter with a Recovery Program, for people seeking higher education, and employment. Tara is also a person in long term recovery, and has been in recovery since April of 2011. In May of 2014, began working with Young People in Recovery because she watched many of her peers struggle to maintain their recovery because of living circumstances, employment, and lack of support; herself included. She has established a chapter in her community in Louisville, Kentucky.

The local Chapter has trainings that are open and free to the public for those seeking higher education and employment. She has worked with SAMSHA, BRAS TACS, the Department of Behavioral health to design a standard for youth peer supports services, and bring awareness of Recovery across the Midwest region.

Dr. Cardwell C. Nuckols, PH.D

Dr. Cardwell C. Nuckols is described as "one of the most influential clinical and spiritual trainers in North America." Dr. Nuckols' passion and mission is to assist in the integration of emerging scientific research with traditional spiritual and self-help knowledge. From this integration comes knowledge, inspiration and technique helpful to those whose practice assists alcoholics, addicts and other mental health patients find healing and their personal road to recovery.

Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His latest publication is entitled *The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding*. Dr. Nuckols' first book *Cocaine: Dependency to Recovery*, is a trade best seller, as are, his booklets *Quitting Heroin*, *Quitting Alcohol* and *Quitting Marijuana (Hazelden)* and *Healing the Angry Heart*.

Dr. Nuckols' formal educational background includes advanced work in such areas as medical research, pharmacology, neurobiology, education and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity.

For over 30 years, he has gratefully served the healthcare industry in multiple capacities as a clinician, supervisor, program director and hospital administrator. The Central Labor Council (AFL-CIO), United Auto Workers, Stouffers, Boeing, During his career Dr. Nuckols has been awarded national honors including the SECAD, Swinyard, University of Utah School on Alcohol and Other Drug Studies Service Award and Gooderham award, as well as, being recognized for his contributions to The American Society of Addiction Medicine's Patient Placement Criteria. Dr. Nuckols is on the review board of Counselor Magazine and serves as the conference chairperson for national conferences including the US Journal offerings "Neuroscience Meets Recovery" "Clinical Skills".

Patricia O'Gorman, Ph.D.

Patricia O'Gorman, PhD, is a best selling author, psychologist, former executive, and an international speaker known for her warm and funny presentations. She is the author of nine books, including *The Girly Thoughts 10-Day Detox Plan: The Resilient Woman's Guide to Saying NO to Negative Self-Talk and YES to Personal Power* (2014), *The Resilient Woman* (2103), and *Healing Trauma Through Self-Parenting* (2102), with Phil Diaz, as well as numerous articles in magazines and a forthcoming curriculum about toxic girly thoughts. Learn more at <http://>

patriciaogorman.com where you can subscribe to her free blog: thepowerfulwoman.net.

Melissa Paris, MSSW

Melissa Paris, MSSW, serves as Director of Violence Prevention & Training at The Center for Women and Families in Louisville, Kentucky. Melissa has worked with The Center for Women and Families, a rape crisis and domestic violence agency, for eight years. Her work in the field of intimate partner and sexual violence has included direct service to individuals as well as community-based violence prevention initiatives. Melissa received a Masters of Science in Social Work from the University of Louisville, where her field experience and research focused on youth leadership, advocacy, and best practices in juvenile justice and child welfare. Melissa is a social justice advocate and recognizes race, class, and gender equity as core to the success of all prevention work. In her free time, Melissa loves to spend time with her five nieces and nephews, go for long hikes, and attempt to train her dog.

Bree Pearsall, MSW

Bree Pearsall currently serves as the Kentucky State Coordinator with Provide, where she works to expand access to reproductive health care across the state. Bree lives in Louisville, Kentucky and has worked across a range of issues including immigrant and refugee rights, reproductive rights, violence against women, and worker's rights. Bree has a Master's in Social Work from the University of Washington and bachelor's degrees in political science and social work from the University of Kentucky. She has worked as a counselor, case manager, and advocate for survivors of human trafficking and domestic violence. During graduate school, she worked with Seattle day laborers organizing around the issue of wage theft. She is an active volunteer with the Kentucky Support Network, an all-volunteer-run abortion fund that supports people across the state who are facing barriers in accessing abortion care. Bree strives to cultivate an anti-oppressive practice in her life and work and she believes in the power of communities to create lasting social change.

Todd Reynolds, MSSW, CADC

Todd Reynolds has been in the addictions field since 1978. He has a Master of Science in Social Work from the Kent School of Social Work at the University of Louisville. He is a Certified Alcohol and Drug Counselor (CADC) in Kentucky and an Internationally Certified Alcohol and Drug Counselor (ICADC) by the IC&RC. He has served as a counselor, counselor supervisor, coordinator, manager, administrator, and director. He has worked in assessment/evaluation, detoxification, short and long term residential, traditional long term outpatient, and intensive outpatient. He has worked with adolescents,

adults, individuals, groups, and families with addictions and co-occurring disorders. He has worked in public and private psychiatric hospitals, treatment centers, and outpatient facilities as well as in prison. He has written and implemented several programs at all levels of treatment. He has presented at state conferences in addition to facilitated workshops and retreats in the public and private sectors. He has served on practicum faculty for the Kent School of Social Work at the University of Louisville. He currently is in private practice in Louisville, KY working with individuals, couples, families, and groups.

Kelly Ruff, M.Ed., LPCA

Kelly Ruff is a licensed mental health counselor currently serving as an Assertive Community Treatment Team leader with Bluegrass.Org. A native of Louisville, KY and resident in Lexington Kelly is a proud graduate of J. Graham Brown High School. Following the pursuit of a Bachelor of Arts in Gender and Women's Studies from the University of Kentucky she went on to earn a Master of Education in Counseling and Human Development from Lindsey Wilson College. Prior to her work with the Severe and Persistent Mentally Ill population Kelly served clients with Traumatic Brain Injuries as a Case Manager for Neuro Restorative Lexington. Kelly is dually employed with a position as an adjunct instructor for Lindsey Wilson College. As an advocate, a teacher, a lifelong student, and trainer Kelly's motto "A heart for people, a passion for restoration, and a spirit to serve." illustrates her ever growing desire to support, revive, and rebuild her community. Kelly enjoys teaching and is active in serving her community and church by tutoring. Kelly enjoys reading, singing and creative expression through arts, crafts, and cooking.

Mark Sanders, LCSW, CADC

Mark Sanders, LCSW, CADC, is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is co-author of Recovery Management and author of Relationship Detox: How to Have Healthy Relationships in Recovery. He has had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is entitled, Slipping through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. He is a lecturer at the University of Chicago.

Ruth Ann Shephard, MD, FAAP

Dr. Shephard brings to Public Health more than 20 years experience as a board certified neonatologist and pediatrician, and has practiced in both urban and rural settings. Dr. Ruth

Ann Shephard is the Division Director for Maternal and Child Health in the Kentucky Department for Public Health. She is the Medical Director of the Level II NICU in Pikeville, KY for 17 years. Dr. Shephard saw first hand the impact of the growing problem of neonatal abstinence syndrome in the infants she cared for in the NICU. Now, as a state Public Health official, she has had the opportunity to address the issue at a policy level, convening public and private partners to develop tools that practitioners and communities can utilize to deal with the growing problem of substance abuse in pregnancy and neonatal abstinence syndrome.

A Kentucky native, Dr. Shephard completed her medical training at the University of Louisville School of Medicine, her pediatric residency at Methodist Hospital, Indianapolis, Indiana, and her fellowship in Neonatal Perinatal Medicine at the Medical University of South Carolina (Charleston). She is board certified in Pediatrics and in Neonatal-Perinatal Medicine. Dr. Shephard has additional certifications from Duke University in Non-Profit Management, Auburn University Certificate in Business Administration for Physicians and from the National Association for Healthcare Quality (Certified Professional in HealthCare Quality). She has served as past president of the Kentucky Perinatal Association and chair of the Greater Kentucky March of Dimes Program Services Committee, and is active in many professional organizations. Dr. Shephard has presented on preterm birth prevention and other public health topics in several states and nationally, including the 2008 Surgeon General's Conference on Preventing Preterm Birth, the National WIC Association, the NICHD Education Committee, and the 2009 March of Dimes Perinatal Quality Symposium. She also served on the National Quality Forum Steering Committee on Perinatal Indicators.

In 2012 Dr. Shephard received the inaugural award for Excellence in State MCH Leadership from the Association of Maternal and Child Health Directors, and also the President's Award from the Association of State Health Officers for her leadership and work on prematurity prevention. Dr. Shephard is currently a member of the Secretary's Advisory Committee on Infant Mortality for U.S. Department for Health and Human Services.

Frank Snyder, Ph.D., LCSW, MSW

Frank Snyder has lived in Bowling Green for ten years and worked at LifeSkills for eight. He did his graduate work at the Ohio State University, and MSW and PhD. His treatment interests are in addictions and trauma. He is board certified as a trainer in Psychodrama, Sociometry and Group Psychotherapy. In addition in the last eight years his new learning has been in the area of mindful based therapies, completing training in Mindful Based Stress Reduction, Mindful Based Cognitive Therapy, Mindful Based Relapse Prevention and Mindful Based Approaches to Eating Disorders.

Katie Stratton, M.S., LPCA

Katie Stratton, M.S., LPCA, received her master's degree in clinical psychology at Capella University. Ms. Stratton is a Training and Development Specialist for the KY Department for Behavioral Health, Intellectual and Developmental Disabilities Adult Substance Abuse Treatment & Recovery Services Branch. She is the Kids Now Plus Coordinator and Kentucky Women Services Coordinator as recognized by NASDAD and SAMHSA. Ms. Stratton is currently serving on the Kentucky Prescription Drug Taskforce as a team member, working to improve birth outcomes with substance exposed infants. She began her career as a child and adolescent therapist in a Psychiatric Residential Treatment Facility and recently made the switch to the State level in June 2014. As a Licensed Professional Counseling Associate, she can provide both clinical services and technical assistance in the areas of mental health and substance abuse treatment. She also serves as the President of Salvisa Ruritan Club in Salvisa, KY where she resides with her husband, daughter, and many farm animals on the family farm.

Jessica Sucik, LCSW

Jessica is a Licensed Clinical Social Worker for a community mental health organization in the Bluegrass State and received a Bachelor and then Master of Social Work Degree from Eastern Kentucky University and the University of Kentucky, respectively. She has specialized primarily in significant mental health and social problems in children, adolescents, and adults. Working from a client-centered perspective, Jessica has engaged in out-patient, home and school-based, as well as day-treatment therapeutic programs and now, with intensive and assertive programming designed to interrupt cycles of institutionalization for individuals experiencing Serious Mental Illness. Jessica has a passion for community mental health; advocating for change to mitigate the impact of political, societal, institutional and individual discriminatory practices that contribute to, and exacerbate mental and behavioral health issues. Jessica's ultimate professional goal is to create and provide compassionate, quality mental health services to support clients in living their best possible life.

Cynthia Moreno Tuohy, NCAC II, CDC III, SAP

Cynthia Moreno Tuohy, BSW, NCAC II, SAP is the Executive Director of NAADAC, the Association of Addiction Professionals. She previously served as the Executive Director of Danya Institute and the Central East Addiction Technology Transfer Center. Prior to this she was the Program Director for Volunteers of America Western Washington, serving homeless populations and dealing with the co-occurrence of poverty and substance abuse issues. In addition, she has been the administrator of multi-county, publicly-funded alcohol/drug prevention/ intervention/treatment centers with services ranging from prenatal care to the serving the elderly for over 30 years. She has been a trainer in Domestic Violence/Anger

Management and Conflict Resolution for over 25 years as well as an International, National and State trainer in a variety of topics. She has served as President of NAADAC, Certification Board Commissioner, International Chair, Treasurer and Legislative Chair for NAADAC. Ms. Moreno Tuohy holds a Bachelor's Degree in Social Work. Ms. Moreno Tuohy is a curriculum writer in addiction screening and evaluation, counseling methods, conflict resolution, co-occurring disorders and medicated assisted treatment and recovery. Her new book, "Rein in Your Brain; from Impulsivity to Thoughtful Living in Recovery" will be released May 2014 - Hazelden Publishers. Cynthia has been interviewed on the Kim Pagano Show, MariluHenner Show, One Hour at a Time, VoiceAmerica, and Recovery Coast to Coast. Cynthia has many articles published in national and other trade magazines.

Cynthia received her Bachelor of Science in Social Work/ Sociology & an Alcohol and Drug Program Certificate from the Washington State University in 1975 and graduate Cum Laude, and has also done advanced studies in social work at the Eastern Washington University in/from 1976 -1977 and Advanced Studies in Public Administration at Seattle University in/from 1983- 1984.

Mike Vance, MBA, ICADC, ICPS, LSW

Mike Vance began to serve in the Chemical Dependency profession in October 1970 and developed early eastern Kentucky programs for Substance Use Disorder intervention/ education. Mr. Vance served in Community Mental Health (Mountain Comprehensive Care) for thirty years, then as an administrator for private child care (Buckhorn Children's Center) for ten years. He currently serves as adjunct faculty for the College of Social Work, University of Kentucky and for the School of Sociology, Social Work and Criminal Justice, Morehead State University. Mike continues in the Substance Use Disorders profession as a private practitioner, clinical supervisor, educator and consultant through his firm Mike Vance & Associates of Prestonsburg, Kentucky. Mike is a native and life-long resident of east KY, a "Coal Camp Kid" born and raised in Wheelwright, KY. He currently resides in Prestonsburg with his wife, Leah, and his adult son, Wes.

Geoff Wilson, LCSW, CADC

Geoff Wilson is a licensed clinical social worker and certified alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields for over 20 years. He has been employed with The Ridge Behavioral Health System in Lexington, KY for the last nine years, where he has held the positions of Director of Addiction Services, as well as Director of Clinical Services for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient department. He currently serves as their Director of Business Development. He served as the president

of the Kentucky Adolescent Substance Abuse Consortium for over 10 years. In 2004, he received the Robert Straus Award for Outstanding Service in the Field of Substance Abuse Treatment in Kentucky and in 2008 was appointed by Governor Steve Beshear to the Kentucky Board of Certified Alcohol and Drug Counselors. He maintains a private counseling practice in Lexington, KY where he treats adults, adolescents, and families.

Twyla Peterson Wilson, LCSW, ACSW

Twyla Peterson Wilson, LCSW is a psychotherapist in private practice who specializes in addictions treatment, particularly gender-responsive approaches for women. Drawing on the work of mentor Dr. Stephanie Covington, she has developed a specialty practice emphasizing the compassionate, holistic treatment of women with addictive disease. She also trains professionals, conducting workshops on gender-responsive treatment for women.

She has a Masters in Social Work from the University of North Carolina-Chapel Hill and a Bachelor of Science in Family Relations from the University of Minnesota. A licensed clinical social worker, she first worked in mental health settings, later moving into the addictions field. Now she conducts a variety of clinical services for recovering persons, often with co-occurring disorders.

Prior to private practice, Ms. Wilson was a faculty member at Duke University Medical Center in the Department of Psychiatry. At the Duke Addictions Program (DAP), she did clinical, administrative and consultation work. There she was instrumental in establishing gender responsive services in an intensive outpatient treatment setting, integrating her mental health and substance abuse treatment knowledge into a comprehensive program for women, their children and other family members. She taught addiction medicine to psychiatry and family medicine residents, psychology interns and social work interns throughout her tenure at Duke. Prior to DAP, she served as Administrative Director of their Partial Hospital Program and the Centralized Evaluation Unit in the Department of Psychiatry. Always an advocate for client-centered treatment, she established and supervised clinical services in these areas.

Early in her career, she worked in the public sector with the seriously and persistently mentally ill population and established a psychosocial rehabilitation program called Club Nova. Serving as Executive Director, she also worked as an advocate and community systems organizer for this population.

A certified training associate and consultant for Dr. Stephanie Covington, Ms. Wilson has taught in various professional venues over the last ten years. She is available for training on the Helping Women Recover, Beyond Trauma, and A Woman's Way through the Twelve Steps curricula, and consultation on the development of programs for women.

Thomas Workman, Ph.D

Thomas Workman has more than fifteen years of experience working with communities and institutions to address illegal and excessive consumption of substances by young adults through evidence-based environmental strategies. His experience working in alcohol and other drug misuse includes ten years as Associate Director and Communications Coordinator of a campus-community coalition in Lincoln, Nebraska through funding from the Robert Wood Johnson Foundation's "A Matter of Degree" Program. The coalition's approach was awarded as a Model Program by the U.S. Department of Education, and Dr. Workman received a Facilitator's Award from the Center for Excellence in Higher Education Law and Policy at Stetson College of Law for his work in Nebraska. He now serves as a member of the Board for the Center and faculty member for the National Conference on Law and Policy. Since leaving Nebraska, Tom has worked to replicate and expand his work in prevention, working with communities across the country to create community-based coalitions that employ environmental strategies through a variety of funding sources including the U.S. Department of Education, EUDL and SPF SIG. Tom served as the Community Coach for Bloomington-Normal Community-Campus Committee, a grant funded coalition of twin towns and four college campuses. Tom has served in a variety of national leadership roles in substance abuse prevention, as a Fellow for the United States Department of Education's Higher Education Center for Alcohol, Drug, and Violence Prevention, a member of the Council of Advisors for the Network Addressing Collegiate Alcohol and Other Drug Abuse, and as the National Chair for the NASPA Alcohol and Other Drug Knowledge Community. Currently Tom serves as the Higher Education Task Lead for the National Center for Safe and Supportive Learning Environments, as a faculty expert for the National College Health Improvement Project (NCHIP) through Dartmouth College, and as a consultant to a joint NCAA/NASPA effort to engage athletic coaches in alcohol prevention and intervention. Tom has published a variety of book chapters, monographs, and articles on the subject, and is currently finishing a chapter on the use of Edgework (voluntary risk-taking) in alcohol prevention for the Sage Handbook of Risk Communication. Tom is a member of the Editorial Board for Health Communication and reviews manuscripts for a variety of other academic journals including Health Affairs, Communication Quarterly, and Journal of Men's Studies.