



KYSF Action Plan for _____ (Individual Name)

Protective Factor	Keep "What's going well?"	Change "What could be better?"	Add "What else should we be doing?"	Next Step "Who needs to be involved?"
<p>Parental Resilience</p> <p>Families bounce back. Managing stress and moving forward when faced with challenges, adversity and trauma</p>				
<p>Social Connections</p> <p>Families have friends they can count on. Having positive relationships that provide emotional, informational and spiritual support</p>				

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<p>Knowledge of Child Development</p> <p>Families learn how their children grow and develop. Understanding child development and parenting strategies that advance physical, cognitive, language, social and emotional development</p>				
<p>Concrete Support in Times of Need</p> <p>Families get assistance to meet basic needs. Accessing resources that address a family's basic needs, resulting in minimizing stress caused by challenges</p>				

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<p>Social and Emotional Competence of Children</p> <p>Families teach children how to have healthy relationships. Establishing family and child interactions that help children develop the ability to recognize, communicate, and regulate their emotions</p>				
<p>Nurturing and Attachment</p> <p>Families ensure children feel loved and safe. Fostering a nurturing family environment where young children develop secure bonds with caring adults</p>				