## THE TWELVE CORE FUNCTIONS THEIR GLOBAL CRITERIA

#### SCREENING

 The process by which the client is determined appropriate and eligible for admission to a particular program.

## Screening Global Criteria #1

- Evaluate psychological, social, and physiological signs and symptoms of alcohol and other drug use and abuse
- GC1: Applicant needs to know *specific* signs and symptoms of alcohol/drug abuse/dependence.

# Client had been drinking daily for six months

- This client is alcoholic
- This client is eligible for antabuse.
- This client needs treatment
- This client has no problems.
- Not enough information given.

## Screening Global Criteria #2

- Determine the client's appropriateness for admission or referral.
- GC2: Applicant must know what makes a client APPROPRIATE for treatment offered. Look for substantiation of substance abuse problem, matching of client to program modality or level of care, dual diagnosis, medical status, intellectual and psychological functioning.

## Screening Global Criteria #3

- Determine the client's eligibility for admission or referral.
- GC: Applicant must understand what makes a client eligible for treatment. This includes age, gender, place of residence, ability to pay, target populations, veteran status, etc.

Which may be the correct answer?

- The client was eligible for treatment because he was alcoholic.
- The client was eligible for treatment because he was alcoholic, a male over 18 and had no co-occurring illnesses.

## Screening Global Criteria #4

- Identify any coexisting conditions (medical, psychiatric, physical, etc.) that indicate need for additional professional assessment and/or service.
- GC 4: Applicant must understand coexisting conditions (psychiatric dx, medical conditions, cognitive impairment, etc.) that indicate a need for further assessment or referral elsewhere.

## Screening Global Criterion #5

- Adhere to applicable laws, regulations and agency policies governing alcohol and other drug abuse services.
- GC5: Applicant must understand how federal and state laws and agency policies impact screening process ie. Methadone, HIPPA, etc.

The client signed insurance papers and completed a demographic sheet. A copy was made of his insurance card and driver's license.

- This is a good example of gathering information during the screening process.
- Yes
- NO

#### INTAKE

• The administrative and initial assessment procedures for admission to a program

## Intake Global Criteria #6

- Complete required documents for admission to the program.
- GC6: Applicant understands that during the intake process documents are completed and information is written down. This refers to the administrative documentation necessary for admission (consent for treatment, demographic information,

#### Intake Global Criteria #7

- Complete required documents for program eligibility and appropriateness.
- GC7: Must know information such as financial, income, employment demographics, AODA screening, etc. was written down.

#### Intake Global Criteria # 8

• Obtain appropriately signed consents.

• GC8: Must understand about releases of information.

During the phone call, information was gathered about the client's drug use, his medical condition, history of withdrawal, prior treatment attempts, current living and legal situation and current support system.

• This is an example of:

• Screening

• Intake

#### ORIENTATION

Describing to the client the following: general nature and goals of the program; rules governing client conduct and infractions that can lead to disciplinary action or discharge from the program; in a nonresidential program, the hours during which services are available; treatment costs to be borne by the client, if any; any client rights.

#### **ORIENTATION GLOBAL CRITERIA # 9**

- Provide an overview to the client by describing program goals and objectives for client care.
- GC9: Must know specific example<u>s</u> of program goals and objectives; ie. supporting abstinence, learning sober coping skills, providing a safe environment for developing social relationships, etc.

## ORIENTATION GLOBAL CRITERIA # 10

- Provide an overview to the client by describing program rules, and client obligations and rights.
- GC10: Must know specific program rules (attendance, no drugs or weapons) specific client obligations (fees, punctuality, participation) client rights (respect, confidentiality, grievance). 2 out or 3

## ORIENTATION GLOBAL CRITERIA # 11

- Provide an overview to the client of program operations.
- GC11: Must know specific example<u>s</u> of how the program operates and is structured and what the client needs to know to access and utilize program services. This may include hours of operation, after hours emergency contact numbers, availability of staff, activities, etc.

#### Orientation includes:

Choose all that apply:

- Program hours, staff availability
- Emergency Procedures
- Client Obligations
- Client Rights
- Program goals and objectives

#### ASSESSMENT

 The procedures by which a counselor/program identifies and evaluates an individual's strengths, weaknesses, problems and needs for the development of a treatment plan.

- Gather relevant history from client including but not limited to AODA using appropriate interview techniques.
- GC12: Must know area<u>s</u> of client history (social, AODA, legal, family, medical, etc.) relevant to assessment.

Identify methods and procedures for obtaining corroborative information from significant secondary sources.

GC13: Must understand what corroborative information is, who to obtain from, and why it is important to the assessment process.

Identify appropriate assessment tools.

GC14: Must know and understand assessment tools (psychosocial, ASI, SASSI, etc.)

- Explain to the client the rationale for the use of assessment techniques in order to facilitate understanding.
- GC15: Must know why it's necessary to help the client understand the assessment process.

- Develop a diagnostic evaluation of the client's substance abuse and any coexisting conditions based on the results...
- GC16: Must be able to formulate a diagnosis from the assessment results.

Client had been drinking alcohol daily for ten years in increasing quantities and using crack cocaine for three years. He has had numerous arrests and job losses and is separated from his wife and two children. He appears thin, slightly tremulous and agitated.

Based on above assessment this client probably suffers from:

- A Alcohol Abuse
- B Cocaine Abuse
- C Alcohol dependence
- D Cocaine Dependence
- E A and B
- F-C and D

#### TREATMENT PLANNING

 Process by which the counselor and the client identify and rank problems needing resolution; establish agreed upon immediate and long-term goals; an decide upon a treatment process and the resources to be utilized.

- Explain assessment results to client in an understandable manner.
- GC17: Must know that results of the assessment need to be explained to the client in an understandable manner.

 Identify and rank problems based on individual client needs in the written treatment plan.

 GC18: Must be able to prioritize problems and individualize the treatment plan.

- Formulate agreed upon immediate and long-term goals using behavioral terms in the written treatment plan.
- GC19: Identify examples of client goals (short and long-term) written in behavioral terms. Always include client participation in goal setting.

## Identify short term goals

- Safe detox
- Reunite with children
- Get an AA sponsor
- Participate in program
- Seek housing
- Meet with case manager
- Become a CADC

- Identify the treatment methods and resources utilized as being appropriate for the individual client.
- GC20: Know techniques and resources which can be used to address problems.

#### COUNSELING

 (Individual, Group, and Significant Others): The utilization of special skills to assist individuals, families or groups in achieving objectives through exploration of a problem and its ramifications; examination of attitudes and feelings; consideration of alternative solutions; and decision-making.

## Counseling Global Criteria # 21

 Select the counseling theory (ies) that apply (ies)

 GC21: Applicant must have an understanding of counseling theories to be used in the counseling process. Which of these COUNSELING THEORIES would you probably not find in an outpatient CD program?

- Motivational Interviewing
- Gestalt
- Reality Glasser
- Rational Emotive Behavioral-Ellis
- Person Centered Carl Rogers
- Dialectic Behavioral Therapy Linehan

 Apply techniques to assist the client, group and/or family in exploring problems and ramifications.

• GC22: Know techniques and skills used to explore problems .

• Apply techniques to assist client in examining behavior, attitudes and/or feelings.

 GC23: Know techniques used to explore behavior, attitudes and/or feelings with the client.

- Individualize counseling in accordance with cultural, gender and lifestyle difference.
- GC24: Must take cultural, gender and life-style differences of the client into account in the counseling process.

- Interact with the client in an appropriate therapeutic manner.
- GC25: Applicant must understand therapeutic interactions with the client which present no evidence of any ethical or boundary violations.

- Elicit solutions and decisions from the client.
- GC26: There needs to be some indication that the client participated in the problem resolution and decision making process.

• Implement the treatment plan.

• GC27: The applicant must give some indication that the problems on the treatment plan were the focus of the treatment process.

#### CASE MANAGEMENT

 Activities which bring services, agencies, resources, or people together within a planned framework of action toward the achievement of established goals. It may involve liaison activities and collateral contacts.

#### Case Management Global Criteria # 28

• Coordinate services for client care.

• Know HOW services were drawn together.

#### Case Management Global Criteria # 29

• Explain the rationale of case management activities to the client.

GC29: Must understand that the client has an explanation for the case management activities.

#### CASE MANAGEMENT

 INVOLVES "LEG WORK" AND FOLLOW UP FROM THE COUNSELOR AND INCLUDES BUT IS NOT LIMITED TO MAKING REFERRALS

#### **CRISIS INTERVENTION**

 Those services which respond to an alcohol and/or drug abuser's needs during acute emotional and/or physical distress.

### Crisis Intervention Global Criteria # 30

• Recognize the elements of the client crisis.

• GC30: Must have an understanding of the elements that make a situation a crisis.

 crisis is a perception or experience of an event or situation as an intolerable difficulty that exceeds the person's current resources and coping mechanisms." --James and Gilliland, 2001

## Crisis Intervention Global Criteria # 31

- Implement an immediate course of action appropriate to the crisis.
- Must be able to choose a plan to handle the critical situation as it arises. Must attend to the immediate safety needs of the client and others.

# Crisis Intervention Global Criteria # 32

- Enhance overall treatment by utilizing crisis events.
- The applicant must demonstrate how, once the immediate crisis was stabilized, it was utilized to constructively influence treatment and contribute to learning new coping skills.

#### **CLIENT EDUCATION**

 Provision of information to individuals and groups concerning alcohol and other drug abuse and the available services and resources.

#### Client Education Global Criteria # 33

- Present relevant alcohol and other drug use/abuse information to the client through formal and/or informal processes.
- Must understand the provision of AODA information relevant to the client and know methods for providing that information.

#### Client Education Global Criteria # 34

 Present information about available alcohol and other drug services and resources.

• GC34: Must be aware of specific services and resources available to clients.

#### REFERRAL

 Identifying the needs of a client that cannot be met by the counselor or agency and assisting the client to utilize the support systems and community resources available.

- Identify needs and or problems that the agency and/or counselor cannot meet.
- GC35: Know specific problems and needs of the client that they or their agency cannot meet.

• Explain the rationale for the referral to the client.

• GC36: Know that an explanation for the referral to the client is important.

- Match client needs and/or problems to appropriate resources.
- Must know services to which the client is referred that match the corresponding problems/needs from GC35. (Assessment and Tr Plan)

- Adhere to applicable laws, regulations and agency policies governing procedures related to the protection of the client's confidentiality.
- Know that all laws, regulations and policies were followed in the disclosure of client identifying information. Be able to state that releases were signed or explain why they were not needed.

• Assist the client in utilizing the support systems and community resources available.

• Must know how to facilitate the clients' accessing of referrals.

#### **REPORT AND RECORD KEEPING**

 Charting the results of the assessment and treatment plan, writing reports, progress notes, discharge summaries and other clientrelated data.

#### Record Keeping Global Criteria # 40

- Prepare reports and relevant records integrating available information to facilitate the continuum of care.
- GC40: Understand types of documents contained in the records and reports.

#### Record Keeping Global Criteria # 41

• Chart pertinent ongoing information pertaining to the client.

• Must have an understanding of how to chart ongoing progress in the record.

#### Record Keeping Global Criteria # 42

- Utilize relevant information from written documents for client care.
- Must demonstrate how they utilize the written record to assist in providing quality care for the client. Must show an understanding of the purpose of reports and record keeping in facilitating treatment.

#### OK, SO WHY IS PAPERWORK NECESSARY? DOES IT HELP THE CLIENT?

#### CONSULTATION

 Relating with in-house staff or outside professionals to assure comprehensive, quality care for the client.

- Recognize issues that are beyond the counselor's base of knowledge or skill.
- Must be able to identify issues which require information beyond their scope of knowledge or expertise.

#### CONSULTATION

• IS A LEARNING OPPORTUNITY FOR THE COUNSELOR

- Consult with appropriate resources to ensure the provision of the effective treatment services.
- GC44: Must know resources for seeking out information or expertise identified in GC43 and match those resources appropriately with the information sought.

- Adhere to applicable laws, regulations and agency policies governing the disclosure of client-identifying data.
- Must demonstrate an understanding of the client's right to confidentiality when seeking information to assist in serving the client.

• Explain the rationale for the consultation to the client, if appropriate.

• Must understand the reason for explaining to the client why the consultation was necessary.

• When do you not need a release of information form for a case consult?

### THE END!!!