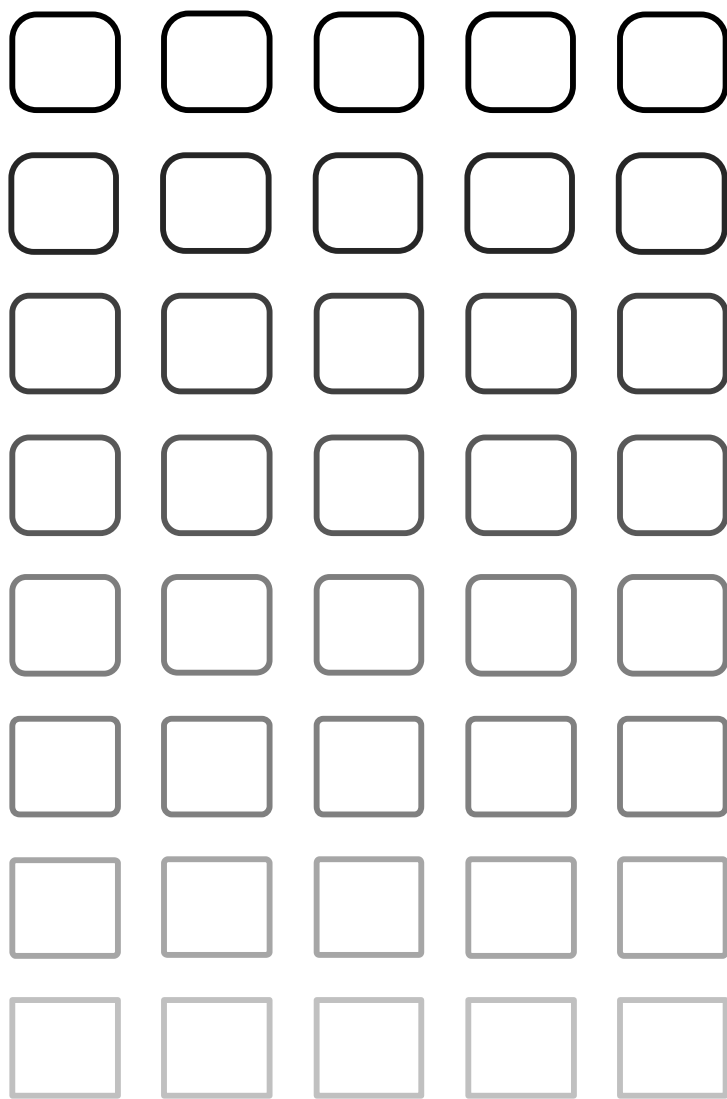


KENTUCKY SCHOOL

OF ALCOHOL & OTHER DRUG STUDIES



40th
ANNUAL

July 21-25, 2013

Louisville, Kentucky

The Crowne Plaza Hotel



KS
AODS

Tradition Meets Innovation

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WELCOME/OVERVIEW

2013 Kentucky School of Alcohol and Other Drug Studies

40th Year

TRADITION ❖ MEETS ❖ INNOVATION

July 21-25, 2013 Louisville, KY.

LOCATION:

Crowne Plaza Hotel, 830 Phillips Lane Louisville, KY 40209

800-633-8723 • 502-367-6161

For Conference Site information: www.cplouisville.com

Please join us in July for the **40th Kentucky School of Alcohol and Other Drug Studies Conference** and celebration! This year promises to be bigger and better than ever with a full line-up of locally, regionally and nationally recognized experts in the Substance Abuse Prevention and Treatment services arena! Whether you are a seasoned clinician or new to the field, you are sure to learn new things and meet new people that will enrich your life, both personally and professionally.

There are 45 workshop offerings, with topics ranging from the traditional ones needed for your licensure and certification renewal to the most innovative ones providing the most recent data and research available. There are the traditional meetings/trainings of the CADC Board, The Kentucky Adolescent Substance Abuse Consortium, Leadership Academy, Daily AA/NA Meetings, and the Kentucky Association of Recovery Professionals, to name a few. There are also exciting panel discussions, plenaries and workshops that will offer the participant up-to-date information on the most innovative happenings in the field.

We are excited about the new conference venue, the Crowne Plaza Hotel, in Louisville. It is conveniently located next to the airport and is guaranteed to allow for enhanced comfort for participants and improved networking opportunities. Lunch will be provided each day and guest rooms are customized to accommodate multiple occupants. There is a 24-hour airport shuttle, free hotel parking, free internet and WiFi. Check it all out at www.cplouisville.com or call 800-633-8723 for more information.

For Conference Registration, please visit:

http://dbhdid.ky.gov/dbh/dsakentucky_school_of_alcohol.asp

We look forward to seeing you in July!

SPONSORS/CONTRIBUTORS/ACKNOWLEDGEMENTS

Sponsored by:

Kentucky Cabinet for Health & Family Services

Department for Behavioral Health,

Developmental & Intellectual Disabilities

Division of Behavioral Health

100 Fair Oaks Lane, 4th Floor • Frankfort, KY 40621

Phone (502) 564-4456 • FAX (502) 564-9010

Co-Sponsorships:

Southeast Addiction Technology Transfer Center

Eastern Kentucky University • Training Resource Center • College of Justice and Safety

Prevention Research Institute

Kentucky Association of Addiction Professionals

Contributors:

StepWorks

Acknowledgements:

KY School Conference Coordinator: Trude M. Scharff, M.Ed.

Planning Team: Jeff Jamar, Acting Division Director; Connie Smith, Prevention Branch Manager;

Michele Blevins, Assistant Division Director; Lou Kurtz, Associate Director for Planning

We especially want to thank the Division of Behavioral Health Staff for their dedicated efforts, support and team work on behalf of our KY School.

The Cabinet for Health & Family Services, Department for Behavioral Health, Developmental & Intellectual Disabilities does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.

WEEK AT A GLANCE

Week At-A-Glance: Check in Sunday 2-5pm -- Coronet B and M-Th Daily 8-9:30am - Crowne A Ballroom					
DATES/TIME	July 21 Sunday	July 22 Monday	July 23 Tuesday	July 24 Wednesday	July 25 Thursday
8:45 AM to 10:00 AM		Opening/Welcome Crowne A Ballroom Attorney General Jack Conway	Opening Plenary Crowne A Ballroom	Opening Plenary Crowne A Ballroom	Opening Plenary Crowne A Ballroom
5:00PM to 6:00PM	Opening Plenary Coronet B State of Grassroots Nat'l Movements & the Power of our Stories Mike Barry, B.S. People Advocating Recovery (PAR) & Faces/Voices of Recovery	Opening Plenary Crowne A Ballroom Future of Addictions Field and Workforce Development Dr. H. Westley Clark M.D., J.D., M.P.H., CAS, FASAM Director, Center for Substance Abuse Treatment (CSAT)	Effective Addictions Treatment in a Managed Care System Mark Sanders LCSW, CADC	Future of Preventions Field: New Directions Fran Harding Director, Center for Substance Abuse Prevention (CSAP)	"Co-Mingling" Disorders and the Role of the Peer Support Specialist Jeff Georgi M.Div., LSAS, LPC, CCS, CGP
10:00 AM to 10:15 AM		BREAK	BREAK	BREAK	BREAK
10:30 AM to 12:00 PM		Morning WORKSHOPS	Morning WORKSHOPS	Morning WORKSHOPS	Morning WORKSHOPS
12:00 PM to 1:15 PM	LUNCH Provided in the Crowne A Ballroom ~ Monday-Thursday				
				CADC Luncheon Meeting (Bring Box Lunch to Knox Room)	KAAP Annual Meeting (Bring Box Lunch to Knox Room)
1:15PM to 4:45 PM		Afternoon WORKSHOPS	Afternoon WORKSHOPS	Afternoon WORKSHOPS	Afternoon WORKSHOPS

See Conference Brochure for Morning & Afternoon Workshop Locations

Evening Events	
Monday July 22	Tuesday July 23
KASAC Meeting Young People In Recovery Robert Daniels, MA and Geoff Wilson, LCSW, CADC (2 CEUs) 5:30PM to 7:30PM Crowne A Ballroom	KY School Banquet & Robert Straus Awards Keynote: Tradition Meets Innovation Audrey Tayse-Haynes Secretary, CHFS
6:00 PM PAR Annual Meeting/Dinner Joe's Crab Shack 131 River Rd Louisville, KY Dinner on your own	Prepaid ticket at registration \$15

Recovery Meetings	
Monday July 22	Wednesday July 24
AA Speaker 6:30PM to 7:30PM Crowne A Ballroom	NA Speaker 6:30PM to 7:30PM Crowne A Ballroom
12- STEP MEETINGS WILL BE HELD DAILY 7:00AM to 8:00AM and 8:00PM to 9:00 PM (Locations will be posted at Conference)	

CONFERENCE LOGSITICS

On-Line Registration

Registration for the conference will be available on-line. Participants may attend one day or multiple days at a cost of \$120 per day or \$420 for the full conference, July 21-July 25th.

Participants may register to attend in any combination of workshops but are reminded to pay careful attention to the workshops that are conducted over a span of two to four days. Please do not sign up for more than one workshop in the same time slot. All workshops must be taken in full in order to receive CEU credit.

PLEASE NOTE: No partial credit will be given. Participants must attend the entire workshop and sign ALL roster/sign-in sheets to receive any credit hours. For registration questions, please email: Kate.Hackett@ky.gov

Deadline for Registration is

Friday, July 12, 2013.

Registration Fee(s)

\$420.00 Weekly/\$120.00 Daily

You will be requested to pay registration fees at the time of your on-line registration using PayPal. Please visit the on-line registration link:

http://dbhdid.ky.gov/dbh/dsakentucky_school_of_alcohol.asp

All registration and payment details are provided at the on-line registration site.

ADA Accommodations

If you need ASL Interpreter, CART or other accommodations, please make your request to Michelle Niehaus no later than Friday, July 5, 2013. Workshop choices must be confirmed at the time of request. The Department will make every effort to meet your needs.

(Email) Michelle.Niehaus@ky.gov

(V) 502-564-4456 Ext. 4521

(VP) 502-385-0460

Category	Workshop Description	Days & Hours	Credit Hours
One-Day Workshops Monday, Tuesday, Wednesday and Thursday	One Subject 5 hours required class time	One Day - Five hours one topic	5
Two-Day Concurrent Topic Workshops Monday & Tuesday Tuesday & Wednesday Wednesday & Thursday	One Subject 10 hrs required class time	Two days - 5 hours each day/same topic	10
Three-Day Comprehensive Workshop (M-W)	One subject 15 hours required class time	Three days - 5 hours each day/same topic	15
Four-Day Comprehensive Workshop (M-Th)	One subject 20 hours required class time	Four days - 5 hours each day/same topic	20

CONFERENCE LOGISTICS

Continuing Education Units

Overview of CEUs Offered:

- Plenary = 1 CEU
- Adolescent Consortium = 2 CEUs
- One day workshop = 5 CEUs
- Two day workshop = 10 CEUs
- Three day workshop = 15 CEUs
- Four day workshop = 20 CEUs
- Townsend Leadership Academy = 15 CEUs

Townsend Leadership Academy: 15 Additional CEUs available at the completion of the Fall 2013 and the Spring 2014 Townsend Leadership Academy Retreats. Application will be made separately.

Continuing Education Units are approved for Certified Alcohol and Drug Counselors, Psychology, Social Work, License Professional Counselors, Nursing, Nursing Home Administrators, Fee-Based Pastoral Counselors and Art Therapists.

Continuing Education Units will be applied for and will be pending approval for the Kentucky Board of Licensure for Marriage and Family Therapists.

Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content. KBN provider number 5-0051. Expires 12-31-2017.

If you are seeking recertification hours for International Certified Prevention Specialist (ICPS) status, please go to the Kentucky Certification Board for Prevention Professionals' (KCBPP) website (www.kyprevention.org) for a list of preapproved courses being offered at the 2013 KSAODS. Other courses will be accepted based on justification.

Nametags, Barcodes and CEUs

Your nametag will include a bar code that will be scanned at the beginning and end of each workshop. Your CEUs and certificate will be generated after the workshop from the scanning of your nametag. Please keep your nametag badges secure and easily accessible for scanner. Your Certificate with CEUs earned will be available online for you to download and print by August 1, 2013. You will receive an email message instructing you on the procedure.

PLEASE KEEP YOUR NAMETAG SECURE AND WEAR AT ALL TIMES. There will be a \$5.00 fee to replace lost nametags. See the Check-in table at the Crowne Ballroom for replacements.

Attendance

All registration will take place online at this site:
http://dbhdid.ky.gov/dbh/dsakentucky_school_of_alcohol.asp

All participants are assigned to workshops on a first come, first serve basis and workshops will be closed when the room capacity is filled. When you register on-line, you will be guided through this process. At the end of the on-line registration process, there is a confirmation message that you can print. You will receive a confirmation email outlining the workshops and other events that you registered for along with the cost of each and a total cost.

Scholarships

Limited scholarships are available for Kentucky residents only. Applications are due June 14, 2013. Scholarships cover registration fee only. Scholarships MAY NOT be used for the Leadership Academy. When you receive a scholarship you will be emailed instructions on how to register with a scholarship in lieu of payment. Scholarship applications are available in the brochure. Please apply as soon as possible.

Hotel Accommodations

For hotel sleep room reservations follow this link:

https://resweb.passkey.com/Resweb.do?mode=welcome_gi_new&groupID=17065182

Crowne Plaza Hotel Sleep Rooms: There is a KY School block of rooms with a special room rate of \$99 plus tax/fees. They are in our name, KY School of Alcohol and Other Drug Studies, and will be available until June 21st. **After June 21st, there is no guarantee of availability or rate, so make your reservations as soon as possible.** Please follow this link to make your hotel sleep reservations or call the hotel at 800-633-8723 or 502-367-6161 and visit their website for more information about the Crowne Plaza conference site.
www.cplouisville.com

CONFERENCE LOGISTICS

On-Site Check-In Required

Initial onsite check-in will be open Sunday, July 21, 2013 from 2:00-5:00 pm, followed by a Plenary and Reception, and each morning from 8:00-9:30 am. Nametags and information packet will be distributed at this time. The location for onsite check-in is Crowne A Ballroom.

Handouts

Handouts will be posted on-line and each participant will be emailed with links to applicable handouts when they are available to download and print (approximately July 8, 2013). You are responsible for this process. PLEASE BRING PRINTED HANDOUTS TO EACH WORKSHOP.

Bookstore

Not available this year.

Kentucky School Logo Items for Sale

Items will be for sale daily and may be purchased with check or cash.

Vendors/Exhibitors

A list of vendors and exhibitors will be distributed at Check-In.

Meetings/Activities of Note

Please Refer to Week at a Glance on Page 5 for Days/Times.

- Daily Recovery Support Meetings
- AA and NA Speaker Meetings
- PAR (People Advocating Recovery) Annual Meeting & Dinner
- Annual Banquet and Robert Strauss Awards
- Kentucky Adolescent Substance Abuse Consortium
- CADC Board Member Meeting/Luncheon
- KAAP (KY Association of Addiction Professionals) Annual Meeting

Drive Directions

Go to: www.mapquest.com or www.maps.google.com

Crowne Plaza Hotel, 830 Phillips Lane Louisville, KY 40209

Directions also available at Hotel website:
www.cplouisville.com

Meals

Lunch will be provided daily and is included in your registration fee.

Tuesday Evening Banquet: There is an additional cost of \$15.00 if you wish to join us for the Tuesday Evening Banquet and Awards Ceremony. You are requested to pre-paid at the time of registration. If you are planning to attend the Tuesday Evening Banquet but not participate in any workshops, you may pay for the dinner at a cost of \$15.00. Please email Michele.Blevins@ky.gov if you wish to make other payment arrangements.

Parking

All parking at the Crowne Plaza Hotel is free and at ground level.

Evaluations

Evaluations will be collected at the end of each workshop. Your feedback is very valuable to the conference planners.

Cancellation Policy

No refunds will be given. Substitution of participants is recommended in lieu of cancellations.

Please Remember To...

- Keep nametag accessible for scanners.
- Arrive to sessions at the scheduled times.
- Silence cell phones during all sessions.
- Bring sweater/light jacket for air conditioning comfort.
- Bring downloaded handouts to all sessions.

APPLICATIONS

EIGHTH ANNUAL MICHAEL E. TOWNSEND LEADERSHIP ACADEMY

Application Form - Application Deadline June 14, 2013

This form must be filled out if applying to participate in the Michael E. Townsend Leadership Academy. The Academy will consist of a three- day intensive workshop held during the KY School and two follow-up sessions to be held in October 2013 and April 2014 - dates to be determined. Participants are expected to actively participate in the Academy throughout the year. The first three sessions will meet on July 22, 23, and 24, 2013. Participants will be expected to participate in all sessions. Fee for the total five sessions is \$420.00. Fifteen (15) Continuing Education Units (CEUs) are offered for completion of this program at the end of the KY School. *(Note: 15 additional CEUs are available at the completion of the Fall 2013 and the Spring 2014 Townsend Leadership Academy Retreats. Separate application will need to be made.)*

If accepted to the Academy and you wish to attend a Thursday class at Kentucky School please fill out the Kentucky School registration form on-line. **Your Leadership Academy fee will cover your Thursday KY School Class participation as long as you have registered on line for a workshop.**

If you are awarded a KY School Scholarship you *may not* use it for the Leadership Academy.

Name _____

Title _____

Agency _____ Address _____

Phone _____ Fax _____ Email _____

1. How would you benefit from participation in the Leadership Academy?
2. What do you feel that you have to offer to the future of the professional field of substance abuse prevention and treatment?
3. What is your relevant experience and background?

Participants will be expected to pay for their lodging and expenses while attending the Leadership Academy. To register for lodging at the Crowne Plaza Hotel at the conference rate, please follow the link on our on line registration website.

**Please keep a copy of this application for your records.
Please submit application by email or U.S. mail by Friday, June 14, 2013 to:**

Connie Smith

Email: ConnieR.Smith@ky.gov

Mail to: KSAODS, Attention Connie Smith • c/o Division of Behavioral Health • 100 Fair Oaks Lane, 4E-D
Frankfort, KY 40621 • Phone: (502) 564-4456 Ext. 4433 • FAX: (502) 564-9010

APPLICATIONS

2013 KY School Scholarship Application

Scholarship Application Deadline: June 14, 2013

Please complete this form to apply for a scholarship (registration fees only) to attend the KSAODS, July 21-25, 2013. Scholarships may not be used for the Leadership Academy and are available to Kentucky residents only. You may attach additional pages if needed. Please keep a copy of the completed application for yourself.

Submit applications to: *KSAODS • Attention: Connie Smith • Division of Behavioral Health • 100 Fair Oaks Lane, 4E-D Frankfort, KY 40621 • Phone: (502) 564-4456 ext. 4433 • FAX: (502) 564-9010*
Email: *ConnieR.Smith@ky.gov*

Name _____ E-mail _____

Agency _____ Phone _____

Title _____ Years in Substance Abuse Field _____

Have you received a Scholarship before? ____ Yes ____ No If so when? _____

1. How would this Scholarship benefit you professionally?

2. How will your attendance at the Kentucky School of Alcohol and Drug Studies benefit your community?

Applicant Signature

Date

*Supervisor Signature

Date

**Note: If you work for an agency you must have your supervisor's signature. If you do not work for an agency no supervisor's signature is required.*



APPLICATIONS

Kentucky Adolescent Substance Abuse Consortium (KASAC) Scholarship Nomination Form

One full week scholarship for the 2013 KSAOD (registration fees only) will be presented to an individual who is a direct service provider to adolescents in the substance abuse/co-occurring mental health treatment field, in Kentucky. Scholarship nominee shall demonstrate dedication to addressing the needs of adolescents. The deadline for application for this scholarship is June 15, 2013. You are encouraged to keep a copy for your records.

Please complete the information below and submit electronically to:

Robert Daniels at rdaniels@sevencounties.org

Questions may be directed to Mr. Daniels by e-mail or by calling him at 502-671-9561.

Name _____

Title _____

Place of Employment _____

Contact Information _____

Educational Background and Work Experience _____

How will your attendance at KY School benefit the adolescents with whom you are working?

APPLICATIONS

The Kentucky Association of Addiction Professionals (KAAP)

Dear KY School Participants,

The Kentucky Association of Addiction Professionals (KAAP) is the state affiliate of NAADAC, the National Association of Addiction Professionals. The Kentucky School serves as KAAP's primary forum for training addiction professionals in state of the art information for prevention, intervention, treatment and research related to addiction studies. As co-sponsor of the 2013 Kentucky School, KAAP members will receive a registration discount as an incentive to become a member of Kentucky's statewide professional organization for addiction professionals and advocates. Annual membership in KAAP is \$110.00 for Professionals, \$89.00 for Associates (working toward their CADC or prevention certification) and \$47.50 for student membership.

Information on NAADAC membership and becoming a member of KAAP can be found at www.naadac.org. KAAP members will receive a \$100.00 discount for four day registration and a \$25.00 discount for daily registration at this year's Kentucky School. Please enter your NAADAC membership number on your registration for the Kentucky School application. This discount will only apply to NAADAC members who are registered in Kentucky to become members of the Kentucky Association of Addiction Professionals.

On behalf of KAAP, we encourage addiction professionals to become active with KAAP and to become an active member of NAADAC as we move to strengthen the Substance Abuse field in the coming years.

Mike Townsend, President

Kentucky Association of Addiction Professionals

ROBERT STRAUS AWARD

2013 Robert Straus Award Nominee Form

40th Annual Kentucky School of Alcohol and Other Drug Studies

In recognition of Dr. Robert Straus for his career-long commitment to the study of alcoholism, his tenure with the Alcohol and Drug Task Force and his leadership in the substance abuse field in Kentucky, the Kentucky School of Alcohol and Other Drug Studies will present awards for outstanding contribution to substance abuse practice in Kentucky. Nominations will be accepted in the areas of: 1) Prevention; 2) Treatment; 3) Advocacy/Volunteer; and 4) Community Organization/Business.

The KSAODS is now accepting applications for the 2013 Robert Straus Award, to be presented at the 40th Annual Conference in Louisville, Kentucky, July 21-25, 2013. All practicing professionals in the areas of substance abuse prevention, treatment and/or recovery, advocacy/volunteer, and community organization/business are encouraged to submit nominations for the award, to be received **no later than July 1, 2013**.

Nominate a peer/colleague who has demonstrated excellence in the field of treatment, prevention, advocacy or community/business.

In the space provided below, please describe why you feel this nominee should receive the Robert Straus Award. Please type or print legibly, and add additional pages as needed.

Nominated by:

Full Name, Title

Organization

Address

Phone Number

Email

Mail Nominations to: KSAODS • Attention Connie Smith • c/o Division of Behavioral Health
100 Fair Oaks Lane 4E-D • Frankfort, KY 40621 • Phone: (502) 564-4456 ext. 4433 FAX: (502) 564-9010
Email: ConnieR.Smith@ky.gov

SUNDAY AGENDA • OPENING PLENARY

Sunday, July 21, 2013

2:00- 5:00 pm **On-Site Check In** Coronet B

5:00 - 6:00 pm **Plenary** Coronet B
The State of Grassroots National Movements and the Power of Our Stories (1 hour CEU)
 Mike Barry, BS, President of People Advocating Recovery (PAR) and Member of Board of Directors of Faces & Voices of Recovery in Washington, D.C.

The State of Grassroots National Movements and the Power of Our Stories

Mr. Mike Barry, BS

1 Hour Plenary

Find out how your story and the stories of others are changing the landscape and long held beliefs about recovery. There is hope and healing in sharing our journey. This presentation will speak to the inspiration of one story at a time and how the face and voice of recovery has changed over the last decade. This presentation will give an overview of the state of grassroots National Recovery Movements.

Recovery is everywhere. A growing movement is making a difference since advocates from more than 30 states came together in 2001 to found Faces & Voices of Recovery.

Today, you are part of a thriving network of more than 30,000 individuals and organizations in the U.S. and worldwide who are organizing and mobilizing to advocate for and build strong communities of recovery.

State and local recovery community organizations are educating the public that addiction recovery is a reality for over 23 million Americans, benefiting individuals, families and communities. They are speaking out to remove barriers and to ensure that all Americans have a right to recovery.

By adding your voice to our state advocacy organization, PAR-People Advocating Recovery, we will make a difference. Your story of recovery is more powerful than you might think – when it's part of this exciting movement.

Objectives:

1. How to present your own recovery story publicly so that it has the most impact and respects traditions of 12 Step organizations.
2. How to talk to reporters, the general public, and policymakers.
3. What skills are needed to be a recovery ambassador and how a united voice about recovery can be part of bringing down social barriers and discrimination.

Mike Barry has had his share of broad life experiences from which to draw. By age 40 he had reached the peak of his profession as a TV News Anchor, reporter, and producer. But behind the polished image of success was a man already overwhelmed by the disease of alcoholism.

His story is more common than you think, which is why the driving passion of his life today is to help others in need of a new life, free from addiction and in long-term recovery, he himself found.

His new calling as an advocate for the recovery movement is enhanced by his training and experience in broadcasting and technology. His unique combination of talent, energy and devotion to the cause has placed Mike Barry at the heart of this movement.

He travels the country seeking to educate others about addiction, to remove barriers and discrimination, and thus enable those in long-term recovery and no longer using alcohol or other drugs to become productive members of society.

MONDAY AGENDA

Monday, July 22, 2013

7:00 - 8:00 am	Morning AA/NA Meeting	TBA Daily
8:45 - 9:00 am	Welcome/Opening Remarks Attorney General Jack Conway	Crowne A Ballroom
9:00 - 9:50 am	Plenary <i>Future of Addictions Field and Workforce Development</i> Dr. H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM Director, Center for Substance Abuse Treatment (CSAT)	Crowne A Ballroom
10:00 - 10:15 am	Break	
10:15 - 10:30 am	Prep Time/Go to workshop	
10:30 - 12:00 pm	Workshops	
12:00 - 1:15 pm	Lunch/Provided	Crowne A Ballroom
1:15 - 2:45 pm	Workshops	
2:45 - 3:00 pm	Break	
3:00 - 4:45 pm	Workshops Continued	
5:30 - 7:30 pm	Adolescent Substance Abuse Consortium Panel Presentation: Young People In Recovery, 2 CEUs	Coronet A
6:00 - 8:00 pm	PAR Annual Meeting and Dinner Dinner on your own	Joe's Crab Shack 131 River Road, Louisville, KY 40202
6:30 - 7:30 pm	AA Speaker Meeting & Fellowship	Crowne A Ballroom
8:00 - 9:00 pm	Evening AA/NA Meeting	TBA Daily

PLENARY • MONDAY, JULY 22, 2013

Future of Addictions Field and Workforce Development

Dr. H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM, Director, Center for Substance Abuse Treatment (CSAT)

1 Hour CEU Plenary

Dr. Clark's presentation will focus on the effect emerging trends and policies are expected to have on the behavioral health field. The potential impact of health care reform – specifically Health IT, integrated care, and evidence-based practices will be examined related to the behavioral health field and SAMHSA's priorities. Focus will also be given to preparing the behavioral health workforce for the demands of a changing health care environment.

Objectives:

1. Understand how emerging trends will potentially impact substance abuse treatment.
2. Understand the importance of utilizing evidence-based practices, health IT and integrated care to increase accountability and promote sustainability.
3. Understand how these changes and emerging trends will affect the behavioral health.

As director of the Center for Substance Abuse Treatment under the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services, Dr. H. Westley Clark leads the agency's efforts to provide effective and accessible treatment to all Americans with addictive disorders. Dr. Clark's areas of expertise include substance abuse treatment, methadone maintenance, pain management, dual diagnosis, psychopharmacology, anger management, and medical and legal issues. He is also a noted author, clinician, teacher and spokesperson in the field of addiction and forensic psychiatry.

Dr. Clark has received numerous awards for his contribution to the field of substance abuse treatment, including the 2008 President of the United States of America, Rank of Distinguished Executive in the Senior Executive Service Award in recognition of his personal commitment to excellence in government and public service. In 2003, he was honored with Presidential Rank of Meritorious Executive Award for his sustained superior accomplishments in management of programs of the United States Government and for noteworthy achievement of quality and efficiency in the public service. Dr. Clark was also awarded the 2008 John P. McGovern Award from the American Society of Addiction Medicine for his contributions toward increased understanding of the relationship between addiction and society.

Dr. Clark received his medical degree from the University of Michigan and his law degree from Harvard University Law School. Dr. Clark received his board certification from the American Board of Psychiatry and Neurology in psychiatry and sub-specialty certifications in addiction psychiatry. Dr. Clark is licensed to practice medicine in California, Maryland, Massachusetts and Michigan. He is also a member of the Washington, D.C., Bar Association.

WORKSHOPS

Monday, July 22, 2013

Title	Room	Workshop Length	Presenter	Workshop Type
Future of Addictions Field and Workforce Development	Crowne A Ballroom	1 Hour	H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM, Director CSAP, Center for Substance Abuse Prevention	Plenary
15 Strategies for Engaging and Increasing Recovery Rates with Chemically Dependent Clients	Coronet A	1 Day	Mark Sanders, LCSW, CADC	Workshop
Foundation Skills for Substance Abuse Counseling	Shelby	1 Day	Geoff Wilson, LCSW, CADC	Workshop
Clinical Excellence in Suicide Prevention: A Systems Approach to Reducing Suicide Risk Among Mental Health and Substance Abuse Clients	Grant	1 Day	Jan Ulrich, BAS, QPR	Workshop
Screening, Brief Intervention, and Referral To Treatment (SBIRT): A Public Health Approach to Substance Use Behavior	Russell	1 Day	Alan Lyme, MSW Steve O'Neil, MA	Workshop
Clinical Restoration: A Practical Approach to Balancing Work, Home and Self	Elliot	1 Day	Julia Persike, MS, CSAC	Workshop
Substance Abuse and HIV Disease	Oldham	1 Day	Rev. Daniel Newman, Ph.D., DD, APS, RRS	Workshop
Effective Intervention, Treatment, and Outpatient Services for Adolescents and Their Families: A Holistic Approach	Coronet B	1 Day	James Campbell, MA, CACII	Workshop
Adolescent Substance Abuse Consortium: The Role of Community In The Recovery Process	Coronet A	5:30-7:30 pm (2) CEUs	Robert Daniels, MA Geoff Wilson, LCSW, CADC	Workshop
The Trauma Recovery and Empowerment Model (TREM)--(Workbooks sponsored by SATTCC)	Crowne B	2 Days	Lori Beyer, LICSW, MSWAC	Workshop
Treating A Patient With Addiction and Co-Mingling Psychiatric Disorders	Crowne C	2 Days	Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	Workshop
Preparing to Become a CADC in Kentucky	Madison	2 Days	Jeanne Keen, RNI, CADC, MS Mike Vance, MBA, CADC, CPP, LSW	Workshop
Intensive Skill Training in Motivational Interviewing (Sponsored by SATTCC)	Hancock	2 Days	Karen Garrity, MEd, NCC, LPCC, CADC	Workshop
Mike Townsend Leadership Academy	Luerson	3 Days	Jan Arnow, BFA Mike Barry, BS Karyn Hascal, BA, CADC	Workshop
Clinical Supervision: Core Skills for the Future	Franklin	4 Days	David Powell, Ph.D.	Workshop

WORKSHOP ABSTRACTS

15 Strategies For Engaging And Increasing Recovery Rates With Chemically Dependent Clients

Mark Sanders, LCSW, CADC

1 Day Workshop • Monday

Research reveals that chemical dependence recovery rates have barely increased over the past 50 years, and in most states, approximately 50% of clients drop out of treatment prematurely. Participants will leave this presentation with tools that will enable them to achieve greater results with clients with substance use disorders. A partial list of topics includes: 15 Strategies for Increasing Recovery Rates; 10 Strategies to Help Clients Successfully Complete Treatment; The Use of Evidence-supported Practice in Increasing Recovery Rates; How Workers Can Improve Personal Effectiveness with Addicted Clients - A Review of the Research; and Improving Recovery Rates by Engaging the Family; and much, much more.

Objectives:

1. Be aware of 15 strategies for increasing recovery rates with chemically dependent clients.
2. Be aware of 10 strategies to effectively retain clients in treatment.
3. Be aware of 10 strategies for increasing 12-step attendance.

Foundation Skills for Substance Abuse Counseling

Geoff Wilson, LCSW, CADC

1 Day Workshop • Monday

This workshop is for new counselors entering the treatment field or for counselors that are beginning to see more addiction clients on their caseloads and want to be more effective with this population. Utilizing *TAP 21: Addiction Counseling Competencies*, pertinent aspects of assessment, diagnosis, and treatment planning will be reviewed. Techniques for engaging clients and their families and running effective treatment groups will be explored. Utilizing interventions that correspond to a client's stage of change will also be reviewed.

Objectives:

1. Explore their professional readiness to work effectively with the addiction population.
2. Review a variety of Practice Dimensions, along with evidence-based practices for treating the addiction population.
3. Review techniques to enhance engagement with clients and how to formulate appropriate client involved treatment plans.

Clinical Excellence in Suicide Prevention: A Systems Approach to Reducing Suicide Risk among Mental Health and Substance Abuse Clients

Jan Ulrich, BAS, QPR

1 Day Workshop • Monday

"Over the decades, individual (behavioral health) clinicians have made heroic efforts to save lives... but systems of care have done very little." - Dr. Richard McKeon, SAMHSA

Mental health and substance use disorders are leading factors in suicide risk. It has long been believed that suicide deaths among some high risk mental health and substance abuse clients are inevitable. But emerging research is proving that suicide risk among these clients can be reduced or even eliminated through a comprehensive systems level approach.

This approach calls for changes in Core Values the belief and commitment that suicide can be eliminated in a population under care, by improving service access and quality and through continuous improvement (rendering suicide a "never event" for these populations); Systems Management - taking systematic steps across systems of care to create a culture that no longer finds suicide acceptable, set aggressive but achievable goals to eliminate suicide attempts and deaths among members, and organize service delivery and support accordingly; and Evidence-Based Clinical Care Practice - delivered through the system of care with a focus on productive patient/staff interactions. These methods, including standardized risk stratification, targeted evidence-based clinical interventions, accessibility, follow-up and engagement and education of patients, families and healthcare professionals, achieve results.

Objectives:

1. By the end of this workshop, participants will be able to identify three main steps toward the development of suicide care in systems framework.
2. By the end of this workshop, participants will be able to identify some tools and resources to implement the suicide care in systems framework model in their organization or practice.
3. By the end of this workshop, participants will understand the concept of suicide as a "never event", and why adopting this goal is key to reducing or eliminating suicide within a population in care.

Screening, Brief Intervention, and Referral to Treatment (SBIRT): A Public Health Approach to Substance Use Behavior

Alan Lyme, MSW

Steve O'Neil, MA

1 Day Workshop • Monday

Prior to reaching the level of dependence moderate or high risk substance use often results in psycho-social or health related problems. Universal screening coupled with brief interventions (SBI) for those who are at risk can result in dramatic changes in substance use choices and behavior. This presentation will provide participants with the evidence base for this innovative practice, define the conceptual framework for addressing substance use as a public health problem, explore the myths surrounding working with substance using populations, and provide an overview of the clinical practice (motivational interviewing) that is the foundation for successful behavioral change.

Objectives:

1. Learn the conceptual basis of SBIRT as a public health model for substance use services.
2. Recognize the supporting evidence indicating the efficacy of SBIRT.
3. Understand the process of providing substance use screening and brief intervention.
4. Experience the clinical approaches used in the provision of SBIRT services.

Clinical Restoration: A Practical Approach to Balancing Work, Home, and Self

Julia Persike, MS, CSAC

1 Day Workshop • Monday

Stress. Cynicism. Hopelessness. Exhaustion. Depression. No matter what you call it, many professional helpers - whether counselors, social workers, law enforcement officers, or physicians - experience a consistent lack of self-awareness needed to maintain emotional, physical, and spiritual balance both in their daily work schedules as well as in their personal lives. Whether providing group therapy, primary care, or program coordination, professional helpers listen to their clients, treat their patients, and care for their consumers yet often times, lack the skills needed for professional self-care. This class will define compassion fatigue, outline practical, wellness-based methods of recovery, and will examine best practices in preventing the onset of professional burnout and compassion fatigue symptomology. Participants will gain practical strategies based in mindfulness, stress reduction, voluntary simplicity, and time management in order to create a wellness-based lifestyle plan.

Objectives:

1. Participants will explore the historical roots of Compassion Fatigue as it relates to professional helpers.
2. Participants will examine the ethical challenges facing professional helpers today.
3. Participants will learn a variety of wellness-based coping tools such as stress reduction skill building, time management and organizational skills, and healthy boundary development.
4. Participants will experience an assortment of mindful-based, relaxation techniques which can be applied both professionally and personally.
5. Participants will create a comprehensive wellness plan.

Substance Abuse and HIV Disease

Rev. Daniel Newman, Ph.D., DD, APS, RRS

1 Day Workshop • Monday

During the course of the training participants will learn the incidence of HIV infection among injecting drug users, male and female sex trade workers, alcohol and street/party drug addiction, and the effects on their sexual partners. This workshop will take an in-depth look into addictions that lead individuals into a dangerous world of HIV/AIDS and other life threatening sexual transmitted infections (STI). Integrating information and risk reduction into clinical practice as well as issues of mental health, family relationships, and relapse due to grief, loss, and sexual addiction. Basic knowledge about current HIV issues, epidemiology, transmission prevention and treatment that would be of assistance to those taking this course.

Objectives:

1. Examine the history and statistic of the HIV/AIDS pandemic.
2. Identify sex and chemical addiction as high risk for HIV and other STI's.
3. Explore the myths, facts, and fiction concerning prevention.
4. Integrate the information into treatment and identification of mental health, substance abuse issues, sexual addiction issues, family/relationship issues, and relapse prevention.

Effective Intervention, Treatment, and Outpatient Services for Adolescents and Their Families: A Holistic Approach

James Campbell, MA

1 Day Workshop • Monday

Adolescent treatment can seem a bit like dancing in a minefield. Those who choose to do it are likely to have their sanity questioned by those around them who do not. Occasionally those who work with adolescents may even question their own sanity. When choosing a place to dance, a minefield is simply not the first choice of most. The unseen dangers lurking beneath the surface means that any misstep can potentially have explosive results. Adolescence and volatility seem to be almost synonymous to many. Still, for some of us, we choose to dance there. We know the field is full of volatility and, potentially, danger, but we also know that the rewards of dancing there can be rich. Could there be some way to mitigate the risks while drawing out the best of adolescence? What if we as counselors could know where the mines were buried? What if we could be proactive in disarming them and help to make the fields safer for all who pass that way? What if what many consider to be liabilities are actually carefully disguised opportunities and, potentially, strengths?

There has been a wealth of recent discoveries about the biological, psychological, social, spiritual, and experiential aspects of adolescent development and learning. Unfortunately, there is frequently a disconnect between what we know works with adolescents and the treatment modalities we use when working with them. We cling to outdated paradigms and then cringe when they prove less than effective. This session briefly reviews some of the most important discoveries related to adolescent development in recent years and then explores how to best apply that knowledge to design and implement effective treatment strategies for engaging and working with adolescents and their families. An emphasis is placed on practical implementation in working successfully and holistically with adolescents.

So come join us as we learn to effectively navigate the minefield of adolescence and learn to dance more effectively in prevention, treatment and intervention of those we serve!

Objectives:

1. Define what it means to work with adolescents holistically.
2. Gain an understanding of the fundamental developmental task of adolescence, why knowing this task matters, and how to leverage it effectively in prevention, intervention, and treatment.
3. Grasp the vulnerabilities particular to adolescent development related to substance use.
4. Enhance understanding of the role of family and support systems in adolescence and how to help build support for the adolescents we serve.
5. Evaluate the importance of learning styles and their implications for effective intervention and treatment.
6. Cultivate practical skills related to utilizing the arts in counseling regardless of artistic ability.
7. Gain exposure to and a conceptual understanding of experiential exercises for adolescents.
8. Cultivate ideas and develop a plan for engaging adolescents, families and systems within their own agencies and programs.

Adolescent Substance Abuse Consortium: The Role of Community In The Recovery Process

Robert Daniels, MA &
Geoff Wilson, LCSW, CADC

2 Hour Workshop • Monday Evening

The youth in recovery panel will present unique perspectives, including first person accounts, regarding their time as consumers in agencies similar to our own. Time will be spent assessing the role of treatment for persons in recovery, debating some ideas for evolution of practice and soliciting opinions from the audience for new directions in both policy and practice. The audience will discuss the merits of treatment provision for consumers in recovery, and debate the areas for new direction and growth as well as highlight any areas of deficient services/policies for their respective programs. The panel will also present on the role of the community in the process of recovery, and where this over-lapped and/or did not overlap with treatment services. The audience will then discuss the areas of over-lap and potential areas of growth and development with the community, based upon perspectives given by the panel. Discussion will be encouraged to promote new learning concepts from ideas presented

Objectives:

1. Participants will learn the merits of formal treatment service versus informal community supports, from the point of view of the consumer.
2. Participants will learn the policies that influence practice and programming, especially as it pertains to the consumers' feedback from this panel.

The Trauma Recovery and Empowerment Model (TREM)

Lori Beyer, LICSW, MSWAC

2 Day Workshop • Monday and Tuesday

The Trauma Recovery and Empowerment Model (TREM) is a gender-based trauma model designed to address issues of sexual, physical, and emotional abuse in the lives of women who have been economically and socially marginalized and for whom traditional recovery work has been unavailable or ineffective. The model was developed by clinicians at Community Connections in Washington, D.C. with considerable input from consumers. TREM uses a psycho-educational focus and skill-building approach, emphasizes survivor empowerment and peer support and teaches women techniques for self-soothing, boundary maintenance and current problem solving.

This training prepares clinicians to implement the fully manualized, 29-session TREM approach to group work with women abuse survivors. Participants learn the group's rationale and process (including a range of cognitive-behavioral and psychoeducational interventions) as well as each session's content. Leader techniques are taught through role-play in mock groups. Trainers also provide consultation about adaptations of TREM for specific settings.

TREM workbooks sponsored by SATTC.

Objectives:

1. Participants will learn the four core assumptions, which provide the foundation for the TREM approach to trauma recovery work.
2. Participants will learn specific leader techniques used in the TREM model.
3. Participants will practice running a TREM group by being a TREM mock group leader and a TREM mock group participant.
4. Participants will understand the complex and multiple connections between trauma, mental health symptoms, and substance abuse.
5. Participants will learn how and when to use grounding techniques with consumers in group.

Substance Use and Other Psychiatric Disorders: Treating the Patient with Addiction and Co-Mingling Disorders

Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP

2 Day Workshop • Monday and Tuesday

This workshop is geared to the intermediate or advanced clinician who often deals with the “treatment resistant” patient with a substance use disorder complicated by an array of other psychiatric diagnoses and psychosocial challenges. These patients are struggling with a “co-mingling” disorder and often receive fragmented care from multiple providers. For far too long our field has viewed these individuals as the dual diagnosis patient. The term itself suggests that people in this category are struggling with two or more different psychiatric illnesses, including their substance use disorder and that these diseases, while treated concurrently, must be addressed individually. This workshop will operate under the assumption that just as the separation of body, mind and spirit is artificial so too is the separation of different disease processes “co-mingling” within one individual at the same time. In order to provide holistic care, clinicians need to utilize a biological, psychological, sociological, spiritual, experiential approach to mental illness/substance abuse. In so doing, the artificial categories or boxes we conveniently provide to define our patients begin to disappear helping the clinician view the persons they treat as human beings stressed and in pain who desperately seek relief. These patients are no different than any of us. They want to feel safe, loved, and fully integrated as they in turn reach out to love and nurture others. But something gets in their way. Our job as clinicians is not to help these people change or make them better but rather to remove the obstacles in their way and allow them to be the “good enough” individuals they have always been. In order to accomplish the aims of this two-day workshop, we will use case studies and discussion as the primary vehicle of instruction. While cases will be provided by the presenter, participants are encouraged to bring detailed case studies of their own which can be integrated into the workshop.

Objectives:

1. Review the biological, psychological, sociological, spiritual, experiential approach to mental illness and substance abuse.
2. Discuss other psychiatric disorders that often “co-mingle” with the substance use disorders.
3. Demonstrate how to conceptualize complicated cases utilizing the “co-mingling” model.
4. Discuss treatment implications using the “co-mingling” model utilizing case studies and discussion.

Preparing to Become a CADC in KY

Jeanne Keen, RNI, CADC, MS

Mike Vance, MBA, CADC, CPP, LSW

2 Day Workshop • Monday and Tuesday

This workshop will provide detail and “hands on” experience for the candidate for certification to understand the history and development of professional certification by ICRC and the Kentucky Application and Credentialing processes. The workshop will include a step-by-step instruction upon successful completion of the application documents, the regulatory requirements and the requirements for submission of all documents. The workshop will further identify and detail the Twelve Core Functions of Alcohol and Drug Counseling and will guide the participant toward a successful study plan that will allow adequate preparation for the new competency based comprehensive exam as introduced by ICRC in June 2008, the instructor will provide numerous suggestions about study methods, test taking ideas and techniques for successful exam taking. A sample exam will be given and will be scored on the last day of the class.

Objectives:

1. Identify and describe the 12 Core Functions
2. Discuss the Global Criteria that are necessary to demonstrate competence in each of the functions
3. Discuss the process of the written exam
4. Understand the CADC certification process.

Intensive Skill Training in Motivational Interviewing

Karen Garrity, MSED, NCC, LPCC, CADAC

2 Day Workshop • Monday and Tuesday

This two-day training is a skill-based strengths training that focuses on skill-building for direct practice staff working with challenging clients. The information will be presented over two days, utilizing multimedia presentations, interactive lecture and facilitated small and large group exercises. A mixture of small group discussions, videos, case scenarios and full room exercises keep the training pace lively and engaging.

The emphasis for this training is on skill-building and “theory-to-practice” group work for direct application of these various curriculums.

This Workshop is sponsored by the SATTC.

Objectives:

1. Define and understand the spirit and principles of motivational interviewing. Understand the spirit and principles of motivational interviewing that increase client-staff rapport and increase the client’s readiness to change.
2. Be able to explain why direct confrontation impedes behavior change.
3. Be able to demonstrate, in direct practice, resistant-lowering techniques that will improve the engagement of reluctant clients.
4. Be able to identify activities that will continue the skills development of Motivational Interviewing.

Clinical Supervision: Core Skills for the Future

David Powell, Ph.D.

4 Day Workshop • Monday - Thursday

Ever ask, “Why did I take this supervisor job. I knew what I was doing as a counselor.” This workshop helps answer that question. It provides information and support focusing on four key tasks of a supervisor: evaluation of personnel, staff development, teaching clinical skills, and management issues. Staff needs training on co-occurring disorders, surviving in down-times, and current legal and ethical standards. The workshop draws the fine line between supervision and therapy, supervisor and “friend.” Being an effective supervisor involves clinical and relational issues. It identifies stages of staff development.

Being a supervisor is a difficult task, requiring management, clinical and supervisory skills. You are “the piggy-in-the-middle,” representing the needs of clients and counselors and management.

This workshop is highly interactive, involving case studies, group discussion, inviting participants to share their experiences. Principles are turned into practical skills for participants.

Objectives:

1. What is clinical supervision and how it differs from case management
2. What qualifies you as a supervisor
3. What are the key legal and ethical issues you should know
4. How to set up a strong supervision system
5. What to talk about in supervision
6. How to address the different stages of staff development
7. How to build a healthy relationship with staff
8. How to deal with problems in supervision, such as, the person resistant to supervision or the impaired professional.

Mike Townsend Leadership Academy

Jan Arnow, BFA

Mike Barry, BS

Karyn Hascal, BA

3 Day Workshop • Monday, Tuesday, Wednesday

We are pleased to be able to offer a professional development opportunity for professionals in the field by hosting the Michael E. Townsend Leadership Academy at the KY School of Alcohol and Other Drug Studies. The purpose of this initiative is to develop leadership talent and skills for the future of Kentucky substance abuse prevention and treatment. The class will be limited to 16 participants this year with half being emerging leaders and the other half consisting of highly respected, well-established leaders in their disciplines who will serve as mentors. Candidates for the Academy will complete the application to attend the Academy. Fifteen (15) Continuing Education Units (CEUs) are offered for completion of this program. Fifteen (15) Additional Combined CEUs available at the completion of Fall 2013 and Spring 2014 Townsend Leadership Academy Retreats-Separate application will need to be made at that time.

The Academy will consist of a three day intensive workshop held during the KY School and two follow-up sessions throughout the year. The follow-up sessions will be held in October 2013 and April 2014 at state parks and will require travel on the part of participants. Participants are expected to actively participate in the Academy throughout the year. Group discussions and projects will focus on the "at work" application of leadership, experiences and lessons learned. Topics covered will include: embracing change, identifying the work culture, advocacy and nurturing high performance in the workplace.

The Leadership Academy sessions will be facilitated by Jan Arnow, Mike Barry and Karyn Hascal. Ms. Arnow has extensive experience in leadership development, cross-cultural communication, multicultural education and violence abatement. She has lectured at the Smithsonian Institution in Washington, D.C., and the American Academies of Psychoanalysis and Child & Adolescent Psychiatry. She has also addressed the General Assembly of the United Nations on issues of children and violence. Mike Barry is the CEO of People Advocating for Recovery (PAR). Karyn Hascal is the President of The Healing Place in Louisville, KY.

The Michael E. Townsend Leadership Academy will provide an excellent opportunity for future leaders to interface with those professionals who have demonstrated a true passion and dedication to the substance abuse arena. We are thrilled to be able to offer this exciting opportunity at the Kentucky School and look forward to many years of developing our future leaders.

Objectives:

1. Appropriate learning pace sustained over a period of time.
2. Relevant leadership subjects for on-the-job use.
3. Active participation and behavior-based learning.
4. Senior leadership ownership of providing credibility, collegiality and content validity.
5. Learn about advocacy and how to develop an effective recovery message.

TUESDAY AGENDA

Tuesday, July 23, 2013

7:00 - 8:00 am	Morning AA/NA Meeting	TBA Daily
8:45 - 10:00 am	Plenary <i>Effective Addictions Treatment in a Managed Care System</i> Mark Sanders, LCSW, CADC	Crowne A Ballroom
10:00 - 10:15 am	Break	
10:15 - 10:30 am	Prep Time/Go to workshop	
10:30 - 12:00 pm	Workshops	
12:00 - 1:15 pm	Lunch/Provided	Crowne A Ballroom
1:15 - 2:45 pm	Workshops	
2:45 - 3:00 pm	Break	
3:00 - 4:45 pm	Workshops Continued	
5:30 - 7:30 pm	Banquet and Robert Straus Award Audrey Tayse Haynes, Secretary, Cabinet for Health & Family Services <i>Keynote: Tradition Meets Innovation</i>	Crowne A Ballroom
8:00 - 9:00 pm	Evening AA/NA Meeting	TBA Daily

PLENARY • TUESDAY, JULY 23, 2013

Effective Addictions Treatment in a Managed Care System

Mark Sanders, LCSW, CADC

1 Hour CEU Plenary

This plenary address will integrate the best of what is - evidence-based approaches to client engagement - to the best of what was - strong linkages to communities of recovery - to help clients recover in a managed care environment. Topics covered include: 6 Strategies for Engaging Chemically Dependent Clients within the First 5 Minutes of Contact; Evidence-based Approaches to Engaging Clients in a Managed Care Environment; Facilitating Client Recovery between Managed Care Sessions; and Strategies for Assertively Linking Clients into Peer-based Communities. Emphasis will also be placed on strategies to adjust to systems change initiatives while maintaining a high level of client care.

Objectives:

By the end of this workshop participants will:

1. Be aware of 6 strategies for engaging chemically dependent clients in the first 5 minutes of contact.
2. Be aware of evidence-based approaches to engaging clients in a managed care system.
3. Be aware of strategies for assertively linking clients into peer-based communities.

Mark Sanders, LCSW, CADC, is an international speaker in the addictions and mental health fields whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. A partial list of clients includes: Wisconsin Department of Corrections; Archdiocese of New York; Bank of Montreal; Harris Bank; U.S. Probation; The Center for Substance Abuse Treatment; United States Army, Navy, Airforce, and Marines; Johnson Institute; Hazelden Foundation; and Illinois Department of Alcoholism and Substance Abuse.

Mark was director of the first Southeast Asian and refugee addiction counselor training program in the world. He is author of several books and workbooks geared toward helping clients recover. Recent writings include "Relationship Detox: How to Have Healthy Relationships in Recovery" and Recovery Management (co-authored with William White and Ernest Kurtz). In 2005, he had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders.

Mark is also a successful consultant, regularly providing consultation to Ohio Department of Alcoholism and Substance Abuse, Wisconsin Association on Alcohol and Other Drug Abuse, and Michigan Bureau of Mental Health.

In 2003, Mark received the Professional of the Year Award for his work as a trainer and consultant in the addictions field in Illinois.

Mark is a lecturer at the University of Chicago.

WORKSHOPS

Tuesday, July 23, 2013

Title	Room	Workshop Length	Presenter	Workshop Type
Effective Addictions Treatment in a Managed Care System	Crowne A Ballroom	1 Hour	Mark Sanders, LCSW, CADC	Plenary
Tradition Meets Innovation	Coronet A Ballroom	5:30-7:30 pm	Audrey Tayse Haynes, MSW Secretary Cabinet for Health & Family Services	Awards Banquet Keynote
Treating Anger and Aggression in the Recovering CD Client	Coronet A	1 Day	Cardwell Nuckols, Ph.D.	Workshop
Partners In Recovery: A New Direction~The Effective Use of Peers and Addictions Counselors in Helping Clients Recover	Coronet B	1 Day	Mark Sanders, LCSW, CADC	Workshop
Walking The Tight Rope of Pain Management and Addiction: Using the Addiction-Free Pain Management® System	Elliot	1 Day	Stephen F. Grinstead, Dr. AD, LMFT, ACRPS, CADC-II	Workshop
Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Grant	1 Day	Demetra Antimisiaris, PharmD, CGP, FASCP	Workshop
Helping LGBT Teens Navigate Adolescence	Russell	1 Day	Janice Gabe, LCSW, MAC	Workshop
Substance Abuse and Criminality	Shelby	1 Day	Gwen Holder, MRC, CADC	Workshop
Re-Licensure Ethics for Social Work and Other Counselor Professions Including CADC	Perry	1 Day	Geoff Wilson, LCSW, CADC	Workshop
The Trauma Recovery and Empowerment Model (TREM)	Crowne B	2 Day	Lori Beyer, LICSW, MSWAC	Workshop
Addiction 101: Understanding The Basics of Addiction and Recovery	Oldham	2 Days	Patrick McKiernan, CADC, Ph.D.	Workshop
Treating the Patient With Addiction and Co-Mingling Psychiatric Disorders	Crowne C	2 Days	Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	Workshop
Preparing to Become a CADC in Kentucky	Madison	2 Days	Jeanne Keen, RNI, CADC, MS Mike Vance, MBA, CADC, CPP, LSW	Workshop
Intensive Skill Training in Motivational Interviewing	Hancock	2 Days	Karen Garrity, MEd, NCC, LPCC, CADC	Workshop
Mike Townsend Leadership Academy	Luerson	3 Days	Jan Arnow, BFA Mike Barry, BS Karyn Hascal, BA, CADC	Workshop
Clinical Supervision: Core Skills for the Future	Franklin	4 Days	David Powell, Ph.D.	Workshop

WORKSHOP ABSTRACTS

Treating Anger and Aggression in the Recovering CD Client

Cardwell Nuckols, Ph.D.

1 Day Workshop • Tuesday

Most of us have very strong reactions to a client, patient, offender, consumer, etc. demonstrating angry emotion and potentially out-of-control behavior. Sometimes our reactions become part of the problem instead of the solution. This presentation can help change these uncomfortable scenarios into potentially positive experiences.

Anger and aggression are best viewed from a multiple causation set of glasses. This skills training event will look at anger as a symptom of numerous psychiatric disorders including addiction, as a learned coping survival strategy, as a manifestation of the ego, in relationship to self-esteem, etc.

To enhance clinical skills, the latest scientific understanding of this group of clients will be addressed while placing emphasis on verbal management, behavioral and pharmacological stabilization along with the demonstration of empirically proven clinical strategies such as relaxation and cognitive-behavioral technique.

Objectives:

1. Understand that anger may be a strategy used to preserve a client's need for control when a situation arises that causes fear of loss of control.
2. Discuss the importance of establishing rapport and the setting of limits with this client population.
3. Describe empirically proven strategies helpful in treating this angry and aggressive population.
4. Understand why punitive attempts to control the client's anger fail and what you can do to change negative outcomes.

Partners In Recovery: A New Direction The Effective Use Of Peers And Addictions Counselors In Helping Clients Recover

Mark Sanders, LCSW, CADC

1 Day Workshop • Tuesday

New roles are emerging in the addictions recovery field, ranging from peer mentor, recovery coach, and recovery support specialist. In this workshop participants will be introduced to the similarities and differences between the recovery support specialist and addictions counselor and how both can partner in facilitating addictions recovery. A partial list of topics includes: The Unique Roles of Recovery Support Specialists/Peers and Addictions Counselors in Facilitating Recovery; Strategies for Creating a Working Alliance between Addictions Counselors and Recovery Support Specialists; Pre-treatment, In-treatment, and Post-treatment Engagement and the Role of Peers and Addictions Counselors; and Strategies for Incorporating Recovery Support Specialists as an Important part of the Multi-disciplinary Team.

Objectives:

1. Be aware of the unique roles of recovery support specialists and addictions counselors in facilitating recovery.
2. Be aware of strategies for creating a working alliance between a and recovery support specialists.
3. Be aware of strategies for incorporating recovery support specialists as an important part of the multi-disciplinary team.

Walking the Tight Rope of Pain Management and Addiction: Using the Addiction-Free Pain Management® System

Stephen F. Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

1 Day Workshop • Tuesday

Healthcare and treatment providers are on the front line to accurately assess, intervene upon and develop appropriate treatment plans for the chemically impaired patient with a chronic pain condition. This can become more difficult when prescription drug abuse/addiction are present often because of a mismanaged chronic pain condition that may be either under treated or over treated or even misdiagnosed. Using a conservative 10% estimate, research shows that over 10 million chronic pain sufferers experience substance use disorders as a result of their using potentially addictive medications for treating chronic pain. Therefore, a major focus of this workshop will center on identification and effective intervention and treatment of prescription drug abuse for chronic pain patients. This will be accomplished in part by discussing how to identify the most common red flags of prescription drug abuse, and the denial patterns patients use to avoid recognizing and/or dealing with their prescription drug abuse and/or addiction, as well as becoming familiar with common pain management drugs of abuse.

Since chronic pain includes both physiological and psychological pain symptoms, participants will also learn how to differentiate between the two types of symptoms; how effective implementation of a multidisciplinary and integrated pain management approach can increase positive treatment outcomes; and what components are necessary to treat the synergistic symptoms of pain and addiction. This specialized treatment plan includes medication management, emotional and/or psychological symptom management, and non-pharmacological pain management interventions. Positive treatment outcomes can be accomplished by managing pain and coexisting disorders utilizing the Addiction-Free Pain Management® synergistic multidisciplinary treatment system.

Objectives:

1. Identify at least twenty-five (25) Red Flags that indicate that clients are using their prescription medication problematically and learn simple interventions to address those problems.
2. Identify the twelve (12) denial patterns employed by clients who are using/abusing/addicted to prescription medication and receive resources to assist in management of that denial.
3. Understand and explain the unique needs and obstacles confronting patients and their families who are living with chronic pain conditions and other coexisting psychological disorders including addiction.
4. Understand the importance of using a multidisciplinary team approach with this challenging population in order to improve treatment compliance and success

Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse

Demetra (Dee) Antimisiaris, PharmD, CGP, FASCP

1 Day Workshop • Tueaday

Understanding pharmacological and physiological aspects of psychoactive medications can be valuable to the substance abuse professional. Medications have more effect on the psychological wellbeing of an individual than just the intended effect of the medication. This session will review elements of psychoactive pharmacology, and the various conditions or circumstances which can lead to unintended (and intended) psycho-coactivity of medications and substances.

Objectives:

1. Describe how psychoactive medications interact with the human nervous system to result in tolerance, and other neuroplastic conditions.
2. Name three medications ordinarily considered non-psychoactive which have psychoactive effects.
3. List physiological conditions which can result in increased psychoactive activity of any medication.

Helping LGBT Teens Navigate Adolescence

Janice Gabe, LCSW, MAC

1 Day Workshop • Tuesday

This workshop will strive to present an authentic and honest account of childhood and adolescence from the perspective of LGBT teens. This presentation integrates the most up-to-date research as well as information gathered from interviews with LGBT teens to present risk factors for depression, suicide, and substance abuse among this population. Most importantly, interventions will be discussed to reduce risk factors and promote resiliency.

Objectives:

1. An understanding of the sense of isolation experienced by LGBT teens and the social, emotional, psycho-sexual and mental health consequences of this isolation.
2. Strategies to enhance attachments, decrease isolation, and increase resiliency and supports.
3. Interventions along the developmental continuum which will promote healthy coping and relationship skills.
4. Information gathered from interviews with LGBT teens about what they need from us to navigate their adolescents.
5. Strategies for treating transgender teens.

Substance Abuse and Criminality

Gwen Holder, MRC, CADC

1 Day Workshop • Tuesday

This workshop will discuss a specific treatment approach for working with substance abusing offenders. What is different about treating offenders as opposed to the general public who have substance abuse issues? How do faulty/irresponsible/criminal thinking errors contribute and how to address these in the treatment setting? These issues will be discussed. And finally, what is necessary for the offender to make the necessary changes.

This presentation is appropriate for Substance Abuse, Prevention, Mental Health, and Criminal Justice professionals.

Objectives:

1. Identify games that offenders often use to avoid accountability.
2. Recognize thinking errors common to this population.
3. Identify what is necessary for real change to occur for an offender.

Re-licensure Ethics for Social Workers and Other Counselor Professions Including CADCs

Geoff Wilson, LCSW, CADC

1 Day Workshop • Tuesday

For those practicing in the drug and alcohol treatment field, the ability to maintain professional boundaries with clients and practice from a sound ethical foundation are essential. This program will serve to satisfy continuing education requirements for Social Workers, specific to 201 KAR 23:080, as well as for Certified Alcohol and Drug Counselors specific to 201 KAR 35: 030, Code of Ethics for Certified Alcohol and Drug Counselors. The agenda for this workshop will include a review of specific mission statements for various disciplines, core value and principles, ethical standards and responsibilities. The ethical decision making process, and issues pertaining to Dual Relationships will be reviewed along with specific case examples. Issues pertaining to counselor burnout, value clarification, boundaries, and responsibility to clients will also be explored.

(Please Note: If you are another Counselor profession, other than Social Work or CADC, we ask that you check with your occupational Board to find out if this workshop will meet your requirements. Thank you.)

Objectives:

1. Participants will review 201 KAR 23:080 regulation with regard to Social Work ethics, and 201 KAR 35:030 Code of Ethics for Certified Alcohol and Drug Counselors to gain a clear understanding of their content and practice implications.
2. Attendees will discuss what it means to practice ethically and will define who their clients are.
3. Attendees will review and discuss specific case examples that pertain to the Code of Ethics of a variety of disciplines.
4. Attendees will process common experiences that may lead to counselor burn-out and boundary violations.

Addiction 101: Understanding the Basics of Addiction and Recovery

Patrick McKiernan, Ph.D., CADC

2 Day Workshop • Tuesday, Wednesday

This workshop provides participants with a forum to assess, increase, grasp and develop an understanding of addiction and the process of recovery. The workshop is designed to assist participants in evaluating their own thoughts and beliefs about addiction. The instructor will also present and discuss working definitions for addiction and recovery, along with demonstrating techniques and strategies for identifying and decreasing denial. This course is based on the disease model of addiction and reinforces the 12-step recovery process.

Objectives:

1. Have the ability to engage and connect with clients
2. Learn the use and interpretation of an addiction progression chart
3. Be introduced to the technique of using the stages of recovery chart and theory
4. Be introduced to strategies for identifying and decreasing denial.

WEDNESDAY AGENDA

Wednesday, July 23, 2013

7:00 - 8:00 am	Morning AA/NA Meeting	TBA Daily
8:45 - 10:00 am	Plenary <i>The Future of Prevention: New Directions</i> Fran Harding, Director CSAP, Center for Substance Abuse Prevention	Crowne A Ballroom
10:00 - 10:15 am	Break	
10:15 - 10:30 am	Prep Time/Go to workshop	
10:30 - 12:00 pm	Workshops	
12:00 - 1:15 pm	Lunch/Provided	Crowne A Ballroom
	CADC Board Meeting/Luncheon	TBA
1:15 - 2:45pm	Workshops	
2:45 - 3:00 pm	Break	
3:00 - 4:45 pm	Workshops Continued	
6:30 - 7:30 pm	NA Speaker Meeting & Fellowship	Crowne A Ballroom
8:00 - 9:00 pm	Evening AA/NA Meeting	TBA Daily

PLENARY • WEDNESDAY, JULY 24, 2013

The Future of Prevention: New Directions

Fran Harding, Director CSAP, Center for Substance Abuse Prevention

1 Hour CEU Plenary

This session will present an overview of SAMHSA's Strategic Initiative for the Prevention of Substance Abuse and Mental Illness, which focuses on building emotional health and preventing underage drinking, suicide, and prescription drug misuse and abuse. Furthermore, this session will include a focus on what Americans believe about addiction and mental illness, the linkage between substance abuse and mental illness, the impact of behavioral health on physical health, and prevention's role in health reform.

Objectives

1. Participants will identify the magnitude and scope of behavioral health issues in America.
2. Participants will explain the impact of behavioral health on physical health.
3. Participants will discuss prevention's role in health reform.

Fran Harding serves as Director of the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Prevention (CSAP), and is recognized as one of the nation's leading experts in the field of alcohol and drug policy. As part of an Executive Leadership Exchange within SAMHSA, Director Harding served as Director of SAMHSA's Center for Mental Health Services (CMHS) from July 2010-January 2011. Director Harding serves as the lead for SAMHSA's Strategic Initiative on the Prevention of Substance Abuse and Mental Illness. Prior to federal service, Director Harding served as Associate Commissioner of the Division of Prevention and Recovery at the New York State Office of Alcoholism and Substance Abuse Services. Director Harding has held numerous national positions and received recognition from her peers for her work, including serving as president of the National Prevention Network, and as New York State's representative to the Board of Directors for the National Association of State Alcohol and Drug Abuse Directors, Inc. In 2004, she became the first non-researcher to receive the prestigious Science to Practice Award from the International Society for Prevention Research.

WORKSHOPS

Wednesday, July 24, 2013

Title	Room	Workshop Length	Presenter	Workshop Type
The Future of Prevention: New Directions	Crowne A Ballroom	1 Hour	Fran Harding, Director, CSAP Center for Substance Abuse Prevention	Plenary
Helping Women Recover	Crowne B	1 Day	RonSonlyn Clark, Ph.D., NCC, MAC, CADC, CCGC	Workshop
Relapse Prevention: An Overview (CENAPS)	Coronet B	1 Day	Stephen F. Grinstead, Dr. AD, LMFT, ACRPS, CADC-II	Workshop
Engaging Families In Treatment	Hancock	1 Day	Geoff Wilson, LCSW, CADC	Workshop
Beyond Recovery - Focus On Employment	Elliot	1 Day	Carmella Yates, Ph.D.	Workshop
Evidence Based Practices for Youth: What Works in Prevention	Grant	1 Day	Deborah Wolfe, MA, CPS	Workshop
Getting to Know the 12 Steps and 12 Steps Fellowships	Shelby	1 Day	Gerry Boylan, Ph.D., CADC	Workshop
Re-entry from Corrections System to Community	Perry	1 Day	Brigid Adams, BA, MBA	Workshop
Modified Interpersonal Group Psychotherapy	Crowne C	2 Days	Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	Workshop
Treating Trauma Across the Life Span: From Early Life Development Trauma to the Experience of War: A Science Based Perspective	Coronet A	2 Days	Cardwell Nuckols, Ph.D.	Workshop
Social Inequality and Behavioral Health Problems: How Social Rank Affects Disorders and Treatment	Russell	2 Days	Bob Walker, MSW, LCSW	Workshop
How To Be a More Effective Supervisor	Madison	2 Days	Mark Scureman, BS, MBA, M.Ed.	Workshop
Addiction 101: Understanding The Basics of Addiction and Recovery	Oldham	2 Days	Patrick McKiernan, CADC, Ph.D.	Workshop
Mike Townsend Leadership Academy	Luerson	3 Days	Jan Arnow, BFA Mike Barry, BS Karyn Hascal, BA, CADC	Workshop
Clinical Supervision: Core Skills for the Future	Franklin	4 Days	David Powell, Ph.D	Workshop

WORKSHOP ABSTRACTS

Helping Women Recover

RonSonlyn Clark, Ph.D., NCC, MAC, CADC, CCGC

1 Day Workshop • Wednesday

Content: Gender specific treatment for women and their issues is important for women's recovery. Women bring unique biological, psychological and social needs into any treatment setting. It is incumbent for any treatment provider to be aware of these needs and address them in the treatment setting. Women, as we know, focus heavily on relationships and these can often be the major pitfalls for them in recovery. The class will also address use of evidence based best practices in women's recovery.

Objectives:

1. Participants will learn sets of unique differences women bring to treatment
2. Participants will learn specific relapse triggers for women in recovery
3. Participants will learn to value the role of gender specific treatment
4. Participants will become familiar with evidence based best practices in the treatment of women

Relapse Prevention: An Overview (CENAPS)

Stephen F. Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

1 Day Workshop • Wednesday

This workshop is designed to teach the participants to assist their clients to understand the progressive nature of relapse. Participants will learn that relapse is a process not an event and that there are many identifiable warning signs that occur far in advance of alcohol and other drug use. Special attention will be focused on how to successfully identify and intervene upon the relapse process by identifying warning signs and high risk situations that come well before someone starts drinking or using other drugs. Participants will learn valuable tools that will enable their clients to take the mystery out of relapse and develop a strategic relapse prevention plan. This presentation utilizes a combination of lecture, demonstration and experiential exercises followed by group discussions.

Objectives:

1. Assist their clients to identify and manage relapse warning signs and high risk situations—and teaching clients that not recognizing and dealing with those two indicators of potential danger can lead to relapse.
2. Learn how to assist their clients in developing and personalizing simple high risk situation and warning signs.
3. Understand how the symptoms of Post-Acute Withdrawal (PAW) is a major cause of relapse in the first year of recovery.
4. Identify the six common symptoms of PAW and how to teach their clients how to develop an effective PAW management plan.

Beyond Recovery- Focus On Employment

Carmella Yates, Ph.D.

1 Day Workshop • Wednesday

Employment is an integral component of a recovery oriented system of care. This workshop will explore the benefits of employment in recovery and how to address many of the barriers to employment that our clients bring to us. Means to prepare clients for reentry into the workforce will be discussed. Engaging community employers is essential to finding work for those in early recovery. A number of methods that can be used to encourage employers to hire individuals in early recovery will be addressed.

Objectives:

1. Gain knowledge of the importance of work in addictions recovery.
2. Understand the barriers to employment for individuals in early recovery and protections afforded by law.
3. Be able to implement several methods to encourage community employers to hire persons in recovery.

Evidence Based Practices for Youth: What Works in Prevention

Deborah Wolfe, MA, CPS

1 Day Workshop • Wednesday

Research tells us that the most effective substance abuse prevention interventions are those that incorporate both individual and environmental interventions. The individual interventions are designed to help individuals develop the intentions and skills to act in a healthy manner and the environmental are designed to focus on creating an environment that supports healthy behavior. Participants in this workshop will understand how evidence-based prevention practices are selected in prevention using the Strategic Prevention Framework and Substance Abuse and Mental Health Services Administration's (SAMHSA) Six Strategies.

Objectives

1. Participants will gain a basic understanding of SAMHSA's Strategic Prevention Framework (SPF).
2. Participants will become familiar with CSAP's six evidence based prevention strategies.
3. Participants will use the SPF and CSAP strategies to identify evidence based practices for youth.

Getting to Know the 12 Steps and 12 Step Fellowships

Gerry Boylan, Ph.D., CADC

1 Day Workshop • Wednesday

This workshop is designed to increase the participants knowledge base and understanding of the 12 Steps. An introduction to the structure and origin of 12 step fellowships along with a review of the 12 steps individually will be given and the spiritual principles underlying the 12 steps will be independently examined and examples of their application will be presented. A comparison of treatment and 12 Step fellowships will be made with techniques for linking the two processes explored. This workshop will explore the steps and their practical application both in treatment and afterwards. Essentially the 12 Steps are a spiritual path, and the wisdom embodied there can be used successfully by anyone seeking growth and freedom. The workshop will explore how the steps support that spiritual path and how treatment can help it develop. The exploration will be both didactic and experiential.

Objectives:

1. Increase ability to explain and present the 12 steps to clients and staff.
2. Be able to match client with, and make more accurate referral to 12 Step Fellowships.
3. Be able to present and discuss the differences between 12 step fellowships and treatment programs.
4. Be able to align the steps with therapeutic elements of treatment.

Engaging Families in Treatment

Geoff Wilson, LMFT, CADC

1 Day Workshop • Wednesday

This workshop will provide attendees with an in-depth review of substance abuse and the role the client's family plays in their treatment. The assessment process with families and the impact assessment has on recommendations for treatment will be explored. Therapist techniques that utilize a Systems Oriented vs. Individual approach will be highlighted. Specific techniques to engage clients and families in treatment and current models of evidence-based family treatment will also be reviewed.

Objectives:

1. Gain insight into the role family members play in the treatment process.
2. Utilize skills to effectively assess families.
3. Identify motivation techniques to engage families in the intervention and treatment process.
4. Describe techniques to work more effectively with family members that can become disruptive to treatment.
5. Describe current evidence-based family treatment for adolescents and adults.
6. Utilize techniques to work effectively with families in individual and group treatment settings.

Re-entry from Corrections System to Community

Brigid Adams, MBA, BA

1 Day Workshop • Wednesday

More than 99% of state inmates will be released back into our communities at some point. Four in 10 offenders return to a state prison within three years in 40 states in our nation. Kentucky has taken steps to lower their recidivism rate, implementing a variety of reentry strategies across the state. This workshop will discuss the work conducted in prisons and the community to provide additional support to offenders as they transition back to the home communities.

Objectives

1. Participants will be able to list the 8 criminogenic needs of returning offenders.
2. Participants will be able to discuss the role of the Level of Service / Case Management Inventory in the reentry process.
3. Participants will be able to define the case management plan process and how to become engaged in the plan as a treatment provider.
4. Participants will be able to detail services for their community related to reentry and where to find additional supports.
5. Participants will be able to discuss the role of reentry staff in the offenders transition to the community.
6. Participants will be able to list common barriers to successful reentry.

Modified Interpersonal Group Psychotherapy

Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP

2 Day Workshop • Wednesday and Thursday

This course is designed for clinicians who have some group experience or have had either informal or formal group therapy training. Utilizing a modified interpersonal group model, this workshop will not only provide an experiential base for the advancement of group skills, but will also detail techniques and interventions specific to the alcohol and other drug abusing client population. Emphasizing the intermediate nature of this course, active student participation is important and individual participants are encouraged to bring case histories and/or their own group work for discussion and review. A brief review of the bio-psycho-social-spiritual experiential definition of addictive disease will give further focus to the workshop and will involve a discussion of the advances the interplay of brain research and psychodynamics as further supports for group process.

Objectives:

1. Be able to recognize how the bio-psycho-social-spiritual components of addictive disease can be addressed in a multi-faceted approach when modified interactive group psychotherapy is used in an appropriate way.
2. Become familiar with the different levels of group interaction: intrapsychic, interpersonal, structural and group as a whole.
3. Identify specific skills that can be utilized across different forms of group psychotherapy setting which both help the therapist identify the process in the group and make interventions within that process.

Treating Trauma Across the Life Span: From Early Life Developmental Trauma to the Experience of War—A Science Based Perspective

Cardwell C. Nuckols, Ph.D.

2 Day Workshop • Wednesday and Thursday

Take a look at the population you treat. No matter whether it is a criminal justice, alcohol and drug or psychiatric population, the recidivists will have a high incidence of early life trauma. Now add to this number, those returning from war with PTSD and/or moral injury. Some of these veterans have histories of earlier trauma. From this perspective, expertise in treating trauma-related problems is critical to the well-being of so many of those you serve.

This skills training event will focus on the treatment of early life developmental trauma and, when evident, the occurrence of later life traumatic experiences such as survival in a war zone. Emphasis will be placed on the understanding of current research from such disciplines as neurobiology, developmental psychology, and neuropsychology. Neuroplasticians (those in attendance) can expect to hear what the research tells us about this population and how this evidence can be used to help. Stabilization strategies and trauma resolution strategies such as behavioral exposure and the use of attachment narratives will be offered.

Practical treatment techniques translated from the research will give participants hands-on skills that can be used to better client understanding and clinical outcomes. The emerging issue of moral injury (no hyperarousal but avoidance and intrusive symptoms) will be developed as will a treatment protocol. There is concern using behavioral exposure strategies might cause further injury to those suffering from moral injury.

OBJECTIVES:

1. Describe empirically validated ways of treating early life trauma during early recovery from addiction.
2. Discuss the new research on the longitudinal well-being of young recruits before, during and after exposure to war.
3. Discuss the physiological, self and identity and altered consciousness symptoms associated with complex PTSD.
4. Describe a treatment protocol for treating complex PTSD occurring with a Substance Use Disorder.
5. Describe a protocol for treating guilt and shame associated with moral injury.
6. Discuss treatment strategies useful in the stabilization of the client including contracting, grounding, setting limits and working with self-injurious behavior.
7. Describe the neurobiology of the fear response and how therapy works via extinction to override this response.

Social Inequality and Behavioral Health Problems: How Social Rank Affects Disorders and Treatment

Robert Walker, MSW, LCSW

2 Day Workshop • Wednesday and Thursday

This two-day workshop will involve looking at deeper effects of social inequality on behavioral health problems including substance use disorders. The content includes information from international and other studies showing the relationship between low social rank and behavioral health disorder. This is not just poverty versus wealth but a complex linear relationship between one's social rank and degree of well being. We will explore how social rank is processed in the human brain in the form of stress effects and how these effects interact with addiction and mental illness. Information on the neurophysiology of these forms of stress and how they are related to disease and disorder conditions will be explored. Lastly, we will examine how the ways in which the treatment and recovery services help or worsen stress conditions. This will involve discussion of more humanized, less prescriptive ways of relating to clients. The workshop will move from largely didactic information on the first day to a group discussion on the second day. Case examples are encouraged for this discussion.

Objectives:

1. Understand the relationship of macro-scale social arrangements to behavioral health and wellbeing.
2. Gain increased sensitivity to clients' social status when participating in services.
3. Begin to recognize the critical importance of person-to-person relating during recovery versus automatic application of evidence-based practices.
4. Be more aware of the unintended effects of agency practices on clients – negative and positive.

How To Be a More Effective Supervisor

Col. (Ret.) Mark Scureman, BS, MBA, M.Ed.

2 Day Workshop • Wednesday and Thursday

Studies show most people do not quit their job, they quit their supervisor. This seminar tells you how to prevent this. It tells you what makes effective supervisors effective. It describes the difference between being a manager and a leader and why both are important. It introduces you to 67 competencies supervisors should possess and explains the six killer competencies (competencies required at every level of leadership that few people possess). You will learn what really motivates employees so when they wake up, they can't wait to get to work and do their job. You will learn how to get everyone aligned to the same goal.

Objectives:

1. Understand the fifteen differences between a manager and a leader.
2. Learn how to build a culture based on mutual trust and respect.
3. Learn how to listen like a leader.

THURSDAY AGENDA

Thursday, July 25, 2013

7:00 - 8:00 am	Morning AA/NA Meeting	TBA Daily
8:45 - 10:00 am	Plenary <i>"Co-mingling" Disorders and the Role of the Peer Support Specialist</i> Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	Crown A Ballroom
10:00 - 10:15 am	Break	
10:15 - 10:30 am	Prep Time/Go to workshop	
10:30 - 12:00 pm	Workshops	
12:00 - 1:15 pm	Lunch/Provided	Crowne A Ballroom
12:00 - 1:15pm	Kentucky Association of Addiction Professionals Annual Meeting (KAAP) <i>Mike Townsend</i> <i>(Bring box lunch to room)</i>	Knox
1:15 - 2:45pm	Workshops	
2:45 - 3:00 pm	Break	
3:00 - 4:45 pm	Workshops Continued	
5:00 pm	2013 Kentucky School Concludes	

PLENARY • THURSDAY, JULY 25, 2013

“Co-mingling” Disorders and the Role of the Peer Support Specialist

Jeffrey M. Georgi, M.Div., M.A.H, CCAS, LPC, CGP

1 Hour CEU Plenary

As the field of substance abuse treatment has matured we are encountering patients with ever increasing degrees of complexity. Once referenced as the “dually diagnosed” patients often present with histories of other psychiatric disorders, significant medical illness, and profound psychosocial liabilities in addition to their addictive disease. These “co-mingling” challenges in the lives of the individuals we treat cannot be separated and parsed out to other professionals without the danger segmenting treatment and losing the integrated approach that research has indicated is necessary. In an effort to reduce treatment cost, while at the same time creating recovery oriented systems of care, the increasing role of the peer support specialist is often offered as a solution. This lecture will define the nature of “co-mingling” disorders and outline some of the clinical challenges represented in this patient population. In addition, the importance of utilizing the peer support specialists, while providing them with the necessary clinical supervision to avoid some of the pitfalls associated with transference and countertransference will be reviewed.

Objectives:

1. Participants will be able to define “co-mingling” disorders in the lives of the substance abusing patient population.
2. Participants will review the important role of the peer support specialist in substance abuse treatment.
3. Participants will be able to discuss the necessity of clinical supervision for the peer support specialist particularly when dealing with complex cases.

Jeffrey M. Georgi, M.Div., M.A.H, CCAS, LPC, CGP from Duke University Medical Center has served as the clinical director of the Duke Addictions Program and Intervention Program. He received his BA from Duke University and his M.Div. in Pastoral Psychology from the Duke Divinity School and The Philadelphia Divinity School. Jeff completed an Internship and Residency program in Pastoral Counseling at the University of North Carolina at Chapel Hill Medical Center and a Masters in Allied Health at Duke University. He is a licensed Clinical Addiction Specialist, a Certified Clinical Supervisor, a Licensed Professional Counselor and a Certified Group Psychotherapist by the American Association of Group Psychotherapy. During his two plus decades at the Medical Center Jeff held clinical appointments in the Departments of Surgery, Obstetrics, and Psychiatry. He remains a clinical associate in the Department of Behavioral Medicine as well as a faculty member of the Duke University School of Nursing.

He has contributed to a number of Treatment Improvement Protocols which are seen as the best practice guidelines by the Center for Substance Abuse Treatment, Washington D.C.

Although primarily known for his work in field of addictions with adolescents, adults, and families Jeff is also a national trainer and respected author in the areas of The Spiritual Platform™ a form of clinical spirituality, ethics, and the clinical application of our understanding of the adolescent brain, its development and vulnerability.

WORKSHOPS

Thursday, July 25, 2013

Title	Room	Workshop Length	Presenter	Workshop Type
"Co-mingling" Disorders and the Role of the Peer Support Specialist	Crowne A Ballroom	1 Hour	Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	Plenary
Marijuana Misuse, Medicine and Legalization - Helping Communities and Clients Sail the Rhetorical Seas	Coronet B	1 Day	Allan Barger, MSW	Workshop
Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient	Elliot	1 Day	Mark Miller, MA, MS, LMFT, LSOCC, CSAAYC	Workshop
How to Care for our Soldiers, Veterans and Their Families: Understanding the Challenges and Effective Treatment	Grant	1 Day	Barbara Kaminer, MSSW, LCSW Sonny Hatfield, MSW, LCSW,	Workshop
Mindfulness: Meditation for Self Care and Client Treatment: An Evidence Based Practice	Shelby	1 Day	Frank Snyder, Ph.D., LCSW, MSW	Workshop
Cognitive Therapy for Addictions	Hancock	1 Day	Todd Reynolds, MSSW, CADC	Workshop
Internet Technologies That Support Treatment and Recovery	Oldham	1 Day	Patrick McKiernan, CADC, Ph.D.	Workshop
Intervention and Treatment Strategies for Resistant Clients with Mental Health and Substance Abuse Disorders	Perry	1 Day	Geoff Wilson, LCSW, CADC	Workshop
Modified Interpersonal Group Psychotherapy	Whitley (2nd Floor)	2 Days	Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP	Workshop
Treating Trauma Across the Life Span: From Early Life Development Trauma to the Experience of War: A Science Based Perspective	Coronet A	2 Days	Cardwell Nuckols, Ph.D.	Workshop
Social Inequality and Behavioral Health Problems: How Social Rank Affects Disorders and Treatment	Russell	2 Days	Bob Walker, MSW, LCSW	Workshop
How To Be a More Effective Supervisor	Madison	2 Days	Mark Scureman, BS, MBA, M.Ed.	Workshop
Addiction 101: Understanding The Basics of Addiction and Recovery	Oldham	2 Days	Patrick McKiernan, CADC, Ph.D.	Workshop
Clinical Supervision: Core Skills for the Future	Franklin	4 Days	David Powell, Ph.D.	Workshop

WORKSHOP ABSTRACTS

Marijuana Misuse, Medicine and Legalization – Helping Communities and Clients Sail the Rhetorical Seas

Allan Barger, MSW

1 Day Workshop • Thursday

Have you ever had a client tell you marijuana is good medicine, a beneficial herb and that people are being thrown into jail by a draconian government out to get them? Are people in your communities persuaded that marijuana is relatively safe and should be legalized, taxed and made widely available? These ideas and attitudes impact both prevention efforts and our clients in treatment. This session explores current policy initiatives around medical cannabis, marijuana legalization, and government enforcement. It relates how we help communities and individual clients better understand the issues, explore their attitudes and beliefs before choosing what is in their own best interests. (There are images of marijuana used in this presentation that might create craving in those who are dependent.)

Objectives:

1. Learn the information and beliefs expressed on the Internet, in communities and by clients that hamper both prevention and treatment efforts.
2. Explore 4 risks of marijuana use supported in research;
3. Explore the accuracy of 3 arguments people are given for marijuana legalization;
4. Develop responses that help communities and clients move beyond the rhetoric of their own beliefs and defenses.

Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient

Mark B. Miller, MA,MS,LMFT, LSOCC, CSAYC

1 Day Workshop • Thursday

Medically Assisted Treatment has been around for over a half a century in the form of methadone and, more recently, Suboxone, for opioid-addicted patients. This seminar will focus on medically assisted treatment from a clinical perspective, highlighting both challenges and goals for working with patients in MAT. How do MAT programs work with co-occurring disorders? Patients with pain management? Addicted patients who use addictive substances while in treatment? How have recent changes in legislation impacted the patients that we work with? What are the typical opioids that patients are using prior to treatment? Looking beyond the old standbys of "exchanging one drug for another" and "legal dope dealers", how do MAT programs benefit their patients and what does this mean for you? Come be a part of an exciting dialogue about this still-cutting edge treatment modality! The objectives of the training are to understand what medically assisted treatment is, learn the differences between Suboxone and methadone treatment, and to establish and address the challenges to treatment including pain management, co-occurring disorders, etc.

Objectives:

1. Understand what MAT is
2. Learn the differences between Suboxone and Methadone
3. Establish and address particular challenges of this population: pain management, co-occurring disorders, community investment

How to Care for our Soldiers, Veterans and Their Families: Understanding the Challenges and Effective Treatment

*Barbara B. Kaminer, MSSW, LCSW
Sonny M. Hatfield, MSW, LCSW*

1 Day Workshop • Thursday

Serving in the military is a way of life for the warrior and family. The military is a rich and distinct culture, made up of shared history, values, symbols, and perspectives. Membership in this culture may be one of the most powerful and enduring determinants of a person's values, beliefs, expectations, and behaviors. While being part a shared culture, individual experiences will vary tremendously depending upon branch of service, time and place served and occupation.

It is vital that you send the message to your client that you recognize the importance of their military background and have taken the time to better understand military culture.

Almost all service members will have reactions after returning from deployment. These behaviors and feelings are normal, especially during the first weeks at home. Despite the challenges of reintegration, most service members will successfully readjust with few problems. However, many will need assistance and seeking solutions to problems should be viewed as a sign of strength. Health care providers need to be prepared to accept these warriors as they are and be armed with the necessary understanding of how to engage and establish trust.

Workshop will use the Community Provider Toolkit developed by the VA and a panel of Veterans and family members who will share their experiences of what has been beneficial in their mental health services.

Objectives

1. Increase their understanding of military culture.
2. Improve their ability to engage with active duty and Veteran population.
3. Broaden their resources for providing services to that population.

Mindfulness: Meditation for Self Care and Client Treatment: An Evidence Based Practice

Frank Snyder, Ph.D., LCSW, MSW

1 Day Workshop • Thursday

Mindfulness has been described as non-judgmental moment-to-moment awareness. The use of mindfulness in the clinical settings is a rapid growing area of study and practice in the mental health and recovery fields in recent years. The number of research articles, books and popular press articles on the topic is growing exponentially each year for these evidenced based interventions. Its first application working with pain and stress was developed by Jon Khabot-Zinn at the University of Massachusetts and called Mindful Based Stress Reduction (MBSR). Since then other approaches focused on different populations have been introduced: Mindfulness-based cognitive therapy (MBCT), Acceptance and commitment therapy (ACT), Dialectical behavior therapy (DBT), Mindful Based Relapse Prevention (MBRP) and others.

This workshop will be an introduction to mindfulness and its applications. This will be a learn by doing workshop as the way to learn mindfulness is to do mindfulness. The participant will be learning how to attend to the mind and body using the practice of mindfulness. The experiential exercises will be evenly supported with didactic presentations. In the didactic sessions we will explore evidence base for these interventions, the psychobiological changes which occur and where mindfulness practices fit in relapse prevention. So bring a yoga mat and meditation cushion or bench if you have one and if not come still come, not required at all; wear comfortable clothing and come to experience and learn.

Objectives:

1. Understand the central role of mindfulness meditation practice in facilitating self-regulation of emotions mood and the relapse process.
2. Articulate the vital importance of the therapist's ongoing mindfulness meditation practice and sustained mindful awareness within a psychotherapy framework.
3. Develop and/or deepen their own mindfulness meditation practice, emphasizing both formal meditative practices and mindfulness as a mode of being in daily life.

Cognitive Therapy and Addictions

Todd Reynolds, MSSW, CADC

1 Day Workshop • Thursday

Cognitive Therapy is a proven, evidence based practice in working with addictions. This workshop will focus on effective strategies and skills that comprise utilizing cognitive therapy in working with addictions. Cognitive therapy is sometimes called cognitive behavior therapy because the goal is to help people in the ways they think (the cognitive) and in the ways they act (the behavior). It is based on the concept that the way we think about things affects how we feel emotionally and what we do. Cognitive therapy focuses on present thinking, behavior, and communication rather than on past experiences and is oriented toward problem solving.

Many people with addictions also have issues of trauma; some of these are from childhood, families of origin, or the madness of active addiction. There will be an additional focus on utilizing cognitive therapy in helping trauma survivors.

Objectives

1. Be able to define cognitive therapy.
2. Become familiar with the use of cognitive therapy in treating people with addictions and trauma.
3. Identify the roles of a person's thoughts, feelings and behavior in treating addictions and trauma.
4. Learn cognitive therapy skills to utilize with patients with addictions and trauma.

Internet Technologies that Support Treatment and Recovery

Patrick McKiernan, Ph.D., CADC

1 Day Workshop • Thursday

Web based technologies offer great opportunities to reach, maintain contact, and support addiction recovery. Increased access to computer and smart phones makes web based technologies an available to a growing number of individuals in recovery. This session will present information on a variety of applications that can enhance recovery, increase treatment interventions, as well as support and evaluate treatment response. As we approach the full implementation of the affordable health care act these types of application will prove beneficial to many providers of treatment and recovery programs.

Objectives:

1. Increase knowledge of web based technologies that support treatment/recovery.
2. Explore and review the various technologies currently available.
3. Increase awareness of how professionals can utilize technologies as an adjunct to treatment.
4. Recognize how the use of technologies can improve and track outcomes.

Intervention and Treatment Strategies for Resistant Clients with Mental Health and Substance Abuse Disorders

Geoff Wilson, LCSW, CADC

1 Day Workshop • Thursday

Many practitioners commonly have the experience of completing an initial assessment and determining their client is suffering from co-morbid conditions. Recent surveys have found that six out of ten people with a substance use disorder also suffer from another form of mental illness. In addition, many of these clients will present as resistant to change for a variety of reasons. This workshop will provide attendees with an overview of what resistance is in the helping relationship and specific ways to address resistance with clients who present with co-occurring disorders. The treatment field's response to addressing these issues will be explored along with specific strategies to enhance the therapeutic alliance between counselors and their clients.

Objectives:

1. Will identify what resistance is in the therapeutic process and specific signs of resistance.
2. Will review the core principles for treating clients with co-occurring disorders, including consensus based and evidence-based practices for mental health and substance abuse treatment.
3. Will identify specific strategies to enhance client engagement in the treatment process.
4. Will process how specific diagnoses can influence resistance and the importance of utilizing consultation and the referral process to decrease resistance and improve outcomes.

BIOSKETCHES

Brigid Adams, BA, MBA

Re-entry from Corrections System to Community (Workshop)

Brigid Adams has served as the Reentry Branch Manager for the Kentucky Department of Corrections since 2011. Previously, she was an Internal Policy Analyst III primarily serving as the grant manager for all federal, state and foundation awards to the Department. Ms. Adams oversees the Department's use of a validated risk and need assessment tool, the implementation of a comprehensive case management plan and other reentry related efforts across the state. She coordinates the Governor's Reentry Task Force, bringing state agencies together to address challenges that offenders face in transitioning from prison to the community. She coordinates reentry services with various outside agencies, including non-profit service organizations, research institutions, and other interested parties. Since her career began with the Department, Ms. Adams' grant work focused on reentry services for offenders and training for staff. Ms. Adams holds a Bachelor's Degree in Psychology and Communications from Bellarmine University, where she graduated Summa Cum Laude. She earned her Master's Degree in Business Administration from Indiana University. She was awarded the 2010 Deputy Commissioner's Award for service in Corrections, and the 2011 Commissioner's Award for her reentry efforts.

Jan Arnow, BFA

Mike Townsend Leadership Academy (Workshop)

Jan Arnow is the founder and Executive Director of Innovations in Peacemaking and is an internationally recognized authority on leadership, multicultural education, violence abatement, and prejudice reduction. She is a highly respected and award-winning author of eight books and scores of articles for a variety of national magazines. Her teaching experience ranges from workshops to university courses, and she has been the lead designer and trainer of the Mike Townsend Leadership Academy for nearly a decade.

She has developed and successfully taught pilot programs both nationally and internationally on various issues of

creativity and leadership, crosscultural communication, multicultural education and violence abatement, and her speaking and consulting engagements have ranged from the Smithsonian Institution in Washington, D.C. to the General Assembly of the United Nations on the issues of children and violence. Her continuing international work frequently takes her to Central Africa (Rwanda, the Congo, Burundi), among other places, where she assists communities in those countries establish coalitions to create successful programs to address peace and reconciliation

Demetra Antimisiaris, PharmD, CGP, FASCP

Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse (Workshop)

Dr. Antimisiaris earned her Doctor of Pharmacy degree at the University of the Pacific (California), and completed a Geriatric Clinical pharmacy residency at UCLA. She is a Certified Geriatric Pharmacist and Fellow of the American Society of Consultant Pharmacists. She joined the University of Louisville Family & Geriatric Medicine faculty to head the "Polypharmacy Initiative" which is an innovative and unique program amongst medical schools in the United States, dedicated exclusively to fighting the problem of polypharmacy through education, research and outreach.

Founder and Executive Director of Innovations in Peacemaking and is an internationally recognized authority on leadership, multicultural education, violence abatement, and prejudice reduction. She is a highly respected and award-winning author of eight books and scores of articles for a variety of national magazines. Her teaching experience ranges from workshops to university courses, and she has been the lead designer and trainer of the Mike Townsend Leadership Academy for nearly a decade. She has developed and successfully taught pilot programs both nationally and internationally on various issues of creativity and leadership, crosscultural communication, multicultural education and violence abatement, and her speaking and consulting engagements have ranged from the Smithsonian Institution in Washington, D.C. to the General Assembly of the United Nations on the issues of children and violence. Her continuing international work frequently takes her to Central Africa (Rwanda, the Congo, Burundi), among other places, where she assists communities in those countries establish coalitions to create successful programs to address peace and reconciliation in war-torn areas.

BIOSKETCHES

Allan Barger, MSW

Marijuana Misuse, Medicine and Legalization - Helping Communities and Clients Sail the Rhetorical Seas (Workshop)

Allan Barger has 25 years of experience in the alcohol and drug field, having worked as a community volunteer, a Prevention Specialist in a community Mental Health Center, taught courses on alcohol and drug issues at Eastern Kentucky University, and is now a research analyst and trainer with Prevention Research Institute. He reviews published research on marijuana and other drugs, and the neurobiology of behavioral outcomes of alcohol and drug misuse. He serves on the Development Team of the PRIME Solutions Treatment Program and on the Revision Team of the NREPP-listed PRIME For Life motivational intervention program. Allan holds a Master of Social Work degree from the University of Kentucky and is a member of the National Association of Social Workers specialty in alcohol, tobacco and other drugs. He is a member of the Research Society on Alcoholism and the New York Academy of Sciences. Allan, who lives in Palm Springs, California, has annually been on the faculty of the Kentucky School of Alcohol and Other Drug Studies since 1994.

Mike Barry, BS

The State of Grassroots National Movements and the Power of Our Stories (Plenary)

People Advocacy Recovery (PAR) Annual Meeting and Dinner (Meeting/Dinner)

Mike Townsend Leadership Academy (Workshop)

Mike Barry has had his share of broad life experiences from which to draw. By age 40 he had reached the peak of his profession as a TV News Anchor, reporter, and producer. But behind the polished image of success was a man already overwhelmed by the disease of alcoholism.

His story is more common than you think, which is why the driving passion of his life today is to help others in need of a new life, free from addiction and in long-term recovery, he himself found.

His new calling as an advocate for the recovery movement is enhanced by his training and experience in broadcasting and technology. His unique combination of talent, energy and devotion to the cause has placed Mike Barry at the heart of this movement.

He travels the country seeking to educate others about addiction, to remove barriers and discrimination, and thus enable those in long-term recovery and no longer using alcohol or other drugs to become productive members of society.

Lori Beyer, LICSW, MSWAC

The Trauma Recovery and Empowerment Model (TREM) (Workshop)

ICSW, MSWAC is a supervisory trauma clinician and lead trainer at Community Connections a private, not-for-profit agency providing a full range of human services in metropolitan Washington, D.C. Ms. Beyer specializes in providing workshops, trainings, and ongoing supervision and consultation to agencies and clinicians nationally on issues related to trauma-specific and trauma-sensitive service provision. Ms. Beyer has over 21 years of experience working with adults who are dually diagnosed with a serious mental illness and substance abuse disorder, and have histories of homelessness and violent victimization. She was an original member of the Community Connections Trauma Work Group which developed the Trauma Recovery and Empowerment Model (TREM), has co-led numerous group treatment interventions in areas such as Trauma Recovery and Empowerment, Parenting Skills, and Domestic Violence, and has served as a clinical case manager and clinical housing coordinator before her current position as a supervisory trauma clinician in two federally-funded research projects and as a lead trainer.

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Gerry Boylan, Ph.D., CADC

Getting to Know the 12 Steps and 12 Steps Fellowship (Workshop)

Gerry Boylan has worked in the recovery field since 1978. Using his formal educational background in Transpersonal Psychology, and Comparative Religion, he has specialized in bringing growing understanding to Spirituality and Recovery. Added to traditional therapeutic techniques, he brings expertise in Holotropic Breathwork, Hypnotherapy, and Energetic healing to enhance the integration of body, mind and spirit. He organizes and runs self-empowering workshops and retreats for all those interested in recovery and continued growth.

He holds graduate degrees in Biology and Transpersonal Psychology, and a PhD in Comparative Religions. As an ordained minister, he teaches classes at Unity of Louisville along with guest speaking at Sunday services. He has authored two books relating to everyday spirituality, recovery from life's traumas, and the healing of the soul: *Christ in Training* and *What Are You Holding Onto That's Holding You Back?* Both of the books are available on his web site <http://www.christintraining.com> and Amazon.

Presently Gerry is in private practice in Louisville.

James Campbell, MA, CACII

Effective Intervention, Treatment, and Outpatient Services for Adolescents and Their Families: A Holistic Approach (Workshop)

James Campbell has been working professionally in the human services field with addictions, children, and families for over seventeen years. His passion is helping people, families, and relationships to heal and assisting them in building on the strengths they possess. James has a B.A. in Psychology from Anderson College and a M.A. in Management in Leadership from Webster University. He is currently pursuing a second M.A. in Mental Health Counseling. In addition, James has studied Multi-Systemic Therapy with the Medical University of South Carolina and Cognitive Behavior Therapy through the Department of Alcohol and Other Drug Abuse Services. He is certified as an Addictions Counselor II through the South Carolina Association of Alcoholism and Drug Abuse Counselors. James is also a certified as an instructor of De-escalation Techniques through Handle With Care, Inc. and PRIME for Life through the Prevention Research Institute.

James has worked with diverse human services programs including High Management Group Homes, Supervised Independent Living Programs, Clinical Day School Programs, Outpatient Services, and In-Home Services throughout his years in the field. He currently serves as the Adolescent Residential Manager at the White horse Academy in Greenville, South Carolina through The Phoenix Center. In this capacity he works directly with students and their families to assist them in entering recovery and working through issues related to addiction while actively weaving diverse treatment modalities into a unified treatment approach with positive outcomes. He also serves as an adjunct professor on addictions and substance abuse and is the Founder and Program Director for Family Excellence Institute, LLC and Family Excellence, Inc.

Although primarily known for his work with adolescents and families struggling with addiction, James is also a gifted communicator and trainer on a range of topics including addiction, adolescence, cognitive behavioral therapy, communication, community supports, spirituality and addiction, teambuilding, addiction and domestic violence, leadership, behavior modification, and de-escalation.

Dr. H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM

Future of Addictions Field and Workforce Development (Plenary)

As director of the Center for Substance Abuse Treatment under the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services, Dr. H. Westley Clark leads the agency's efforts to provide effective and accessible treatment to all Americans with addictive disorders. Dr. Clark's areas of expertise include substance abuse treatment, methadone maintenance, pain management, dual diagnosis, psychopharmacology, anger management, and medical and legal issues. He is also a noted author, clinician, teacher and spokesperson in the field of addiction and forensic psychiatry.

Dr. Clark has received numerous awards for his contribution to the field of substance abuse treatment, including the 2008 President of the United States of America, Rank of Distinguished Executive in the Senior Executive Service Award in recognition of his personal commitment to excellence in government and public service. In 2003, he was honored with Presidential Rank of Meritorious Executive Award for his sustained superior accomplishments in management of programs of the United States Government

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and for noteworthy achievement of quality and efficiency in the public service. Dr. Clark was also awarded the 2008 John P. McGovern Award from the American Society of Addiction Medicine for his contributions toward increased understanding of the relationship between addiction and society.

Dr. Clark received his medical degree from the University of Michigan and his law degree from Harvard University Law School. Dr. Clark received his board certification from the American Board of Psychiatry and Neurology in psychiatry and sub-specialty certifications in addiction psychiatry. Dr. Clark is licensed to practice medicine in California, Maryland, Massachusetts and Michigan. He is also a member of the Washington, D.C., Bar Association.

RonSonlyn Clark, Ph.D., NCC, MAC, CADC, CCGC

Helping Women Recover (Workshop)

Dr. RonSonlyn Clark is the Sr. Director of Substance Abuse Services for River Valley Behavioral Health. She holds a Doctorate in Addiction Studies and is a Certified Alcohol and Drug Abuse Counselor (CADC) and is an Internationally Certified Alcohol and Drug Counselor (ICADC). She was the first woman in KY to become a Certified Compulsive Gambling Counselor (CCGC). She has 23 years of experience in the field of addiction treatment. Dr. Clark has spoken on a variety of addiction related topics at the local, state and national levels. She received the 2012 Robert Strauss Award for lifetime achievement in substance abuse, the 2007 award for Outstanding Services for Kentucky Women and their Families in Substance Abuse, the Beacon Award for Leadership in the field of Substance Abuse and has been named a BP&W Daviess County Woman of Achievement. She is a published author. Her programs at RVBH received the national "Best Practices" in 2007, 2008, 2009, 2010 and 2011. She is on the Board of Aubrey Song Foundation, the Board for Daviess County Agency for Substance Abuse Policy, the Educational Director of the KY Council on Problem Gambling and the Chair of the Daviess County Treatment Providers. She co-owns Clark's Health with her husband Steve. They have 3 grown children and 2 grandchildren.

Robert W. Daniels, BA, MA

Adolescent Substance Abuse Consortium: Young People in Recovery--A Facilitated Panel Presentation and Discussion (2 Hour Workshop)

Robert Daniels graduated with a double major of Art and Psychology from the University of Tennessee, and also a Master of Arts in Expressive Therapy from the University of Louisville. He provides an array of services, from comprehensive assessment to outpatient, in-home treatment and case management of co-occurring disorder clients ages 10-21, and their families with Seven Counties Services, Inc, where he has been employed as a Clinical Supervisor in the Child and Family Division since May 1998.

Janice Gabe, LCSW, MAC

Helping Women Recover (Workshop)

Helping LGBT Teens Navigate Adolescence (Workshop)

Janice Gabe is a Licensed Clinical Social Worker and a Certified Addiction Counselor with over thirty years of experience in working with teens and families. Ms. Gabe specializes in the treatment of clinically complex teens with a variety of co-occurring disorders.

Ms. Gabe has lectured extensively throughout the country. She has authored several books and produced several video tape series for parents and teens. She is recognized as one of the countries leading experts on the needs and issues facing teens and their families.

Karen Garrity, MEd, NCC, LPCC, CADC

Intensive Skill Training in Motivational Interviewing (Workshop)

Karen Garrity graduated with a Master of Science in Education Degree, with an emphasis in counseling from Purdue University in 1996. She began working at LifeSkills Community Mental Health Center in 1996 as an addictions counselor and manager. In 2001 she began work as the Director of Addiction Services for LifeSkills. She found that Motivational Interviewing was very helpful in increasing client interest in making changes in their lives. She attended the Motivational Interviewing Training for New Trainers in 2008 and has been a member of the Motivational Interviewing Network of Trainers since that time.

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Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP

Treating the Patient with Addiction and Co-Mingling Psychiatric Disorders (Workshop)

Modified Interpersonal Group Psychotherapy (Workshop)

"Co-mingling" Disorders and the Role of the Peer Support Specialist (Plenary)

Jeffrey M. Georgi, from Duke University Medical Center, has served as the clinical director of the Duke Addictions Program and Intervention Program. He received his BA from Duke University and his M.Div. in Pastoral Psychology from the Duke Divinity School and The Philadelphia Divinity School. Jeff completed an Internship and Residency program in Pastoral Counseling at the University of North Carolina at Chapel Hill Medical Center and a Masters in Allied Health at Duke University. He is a licensed Clinical Addiction Specialist, a Certified Clinical Supervisor, a Licensed Professional Counselor and a Certified Group Psychotherapist by the American Association of Group Psychotherapy. During his two plus decades at the Medical Center Jeff held clinical appointments in the Departments of Surgery, Obstetrics, and Psychiatry. He remains a clinical associate in the Department of Behavioral Medicine as well as a faculty member of the Duke University School of Nursing.

He has contributed to a number of Treatment Improvement Protocols which are seen as the best practice guidelines by the Center for Substance Abuse Treatment, Washington D.C.

Although primarily known for his work in field of addictions with adolescents, adults, and families Jeff is also a national trainer and respected author in the areas of The Spiritual Platform™ a form of clinical spirituality, ethics, and the clinical application of our understanding of the adolescent brain, its development and vulnerability.

Stephen F. Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

Walking the Tight Rope of Pain Management and Addiction: Using the Addiction-Free Pain Management® System (Workshop)

Relapse Prevention: An Overview (Workshop)

A Journey of Hope as well as author of several other pain management books Freedom from Suffering: A Journey of Hope as well as author of several other pain management books including Managing Pain and Coexisting Disorders and is internationally recognized expert in preventing relapse related to chronic pain disorders and is the developer of the Addiction-Free Pain Management® System (please visit www.addiction-free.com for more information). He has been working with pain management, chemical addictive disorders, eating addiction and coexisting mental and personality disorders for over twenty-eight years. He is also the Clinical Director of Training and Consultation for the Gorski-CENAPS® Corporation.

Dr. Grinstead has a Bachelors Degree in Behavioral Science, a Masters Degree in Counseling Psychology and a Doctorate in Addictive Disorders(Dr. AD). He is a Licensed Marriage and Family Therapist, (LMFT) a California Certified Alcohol and Drug Counselor (CADC-II), and an Advanced Relapse Prevention Specialist (ACRPS). He was on the faculty of UC Santa Cruz Extension Alcohol and Drug Studies Program and also taught at Santa Clara University, UC Berkeley Extension and Stanford University Medical School and is currently on the faculty of University of Utah's School on Alcoholism and Other Drug Dependencies.

Fran Harding, Director, Center for Substance Abuse Prevention (CSAP)

The Future of Prevention: New Directions (Plenary)

Frances Harding serves as Director of the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Prevention (CSAP), and is recognized as one of the nation's leading experts in the field of alcohol and drug policy. As part of an Executive

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Leadership Exchange within SAMHSA, Director Harding served as Director of SAMHSA's Center for Mental Health Services (CMHS) from July 2010-January 2011. Director Harding serves as the lead for SAMHSA's Strategic Initiative on the Prevention of Substance Abuse and Mental Illness. Prior to federal service, Director Harding served as Associate Commissioner of the Division of Prevention and Recovery at the New York State Office of Alcoholism and Substance Abuse Services. Director Harding has held numerous national positions and received recognition from her peers for her work, including serving as president of the National Prevention Network, and as New York State's representative to the Board of Directors for the National Association of State Alcohol and Drug Abuse Directors, Inc. In 2004, she became the first non-researcher to receive the prestigious Science to Practice Award from the International Society for Prevention Research.

Karyn Hascal, BA, CADC

Mike Townsend Leadership Academy (Workshop)

Karyn Hascal has over thirty years experience working in the field of substance abuse. Karyn worked in community mental health with indigent men and women suffering from substance abuse and co-occurring disorders. She also worked in correctional facilities, developing and operating substance abuse rehabilitation programs in prisons in Kentucky, Texas, Florida, and Ohio. Karyn has worked extensively the homeless, addicted population serving as the Executive Director of substance abuse agencies addressing that population. She has served as the Director of the Division of Mental Health and Substance Abuse for the Commonwealth of Kentucky, the Deputy Executive Director of the Office of Drug Control Policy and Assistant Director of the Division of Mental Health and Substance Abuse in the KY Department of Corrections. Karyn is currently serving as the President of The Healing Place in Louisville, KY.

She has also served at the Project Director and principal investigator on a number of federal grants. She has been a Certified Alcohol and Drug Counselor since 1982, serving on the certification board for many years. She is a past President of the Kentucky Association of Addiction Professionals (KAAP). Karyn has been on the faculty of the Kentucky School of Alcohol and Drug Studies, the Tennessee Summit on Alcohol and Drugs, the Southeastern School of

Alcohol and Drug Studies and the DC Institute of Addiction Studies. She has also been a guest lecturer at Indiana University Southeast and the University of Louisville. Karyn serves on a number of boards including People Advocating Recovery, Greater Louisville Medical Society, Kentucky Physician's Health Foundation and the Kentucky Corrections Commission. Karyn lives in Louisville with her son, Erik

Sonny Hatfield, MSW, LCSW

How to Care for our Soldiers, Veterans and Their Families: Understanding the Challenges and Effective Treatment (Workshop)

Sonny M. Hatfield, MSW, LCSW (2000) has experience in mental health, substance abuse, justice and community organization for the past fifteen years. He is currently the coordinator of the Veterans Justice Outreach (VJO) for the Louisville VA Medical Center. In this role Sonny has been instrumental in developing the Jefferson County Veterans Treatment Court as the first court of its kind in Kentucky. Veterans in Jefferson County now have access to a specialized court that focuses on the unique needs of those who have issues with substance abuse and mental health.. The purpose of the VJO Program is to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice-involved Veterans have timely access to VHA services as clinically indicated.

Gwen Holder, MRC, CADC

Substance Abuse and Criminality (Workshop)

Gwen Holder is a Program Administrator for the Kentucky Department of Corrections, Division of Substance Abuse. She has been in the field of substance abuse treatment for 21 years, has a Masters Degree in Rehabilitation Counseling (M.R.C.) and is a Certified Alcohol and Drug Counselor (CADC) for the last 15 years. Before her work with the Department of Corrections, she worked in community substance abuse treatment centers in both inpatient and outpatient treatment programs. Since going to work with the Department of Corrections in 2001 she has worked as the program administrator of the Substance Abuse Program in the Kentucky Correctional Institution for Women for 4 years, and then moved into the position of having clinical oversight of prison and jail based programming. For the past 3½ years she has had clinical oversight of community based substance abuse programming for the Department. In addition she conducts consultation and trainings on working with the criminal justice population, re-entry populations, fatherhood programs and the female offender population.

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Barbara Kaminer, MSSW, LCSW

How to Care for our Soldiers, Veterans and Their Families: Understanding the Challenges and Effective Treatment (Workshop)

Barbara B. Kaminer, MSSW, LCSW (1988) has worked in various mental health settings in Kentucky including community ministries, child protective services, inpatient psychiatric units and mental health administration with state and federal government agencies. She is currently the Suicide Prevention Coordinator at the Louisville VA Medical Center. Before joining the staff at the VA, she was the Suicide Prevention Coordinator for the state of Kentucky and helped form the Kentucky Suicide Prevention Group in 2002. Barbara's work in the mental health field for the last thirty years has focused on children, adolescents and families. However, she states she has found her passion in the area of suicide prevention with our soldiers, Veterans and their families.

Jeanne Keen, RN, CADC, MS

Preparing to Become a CADC in Kentucky (Workshop)

Ms. Keen graduated from Eastern Kentucky University with a BS degree in Community Health Education and received her MS ECU in Education in Allied Health Sciences. Jeanne received her AD in Nursing at Midway College. She is a certified alcohol and drug counselor and a certified batterer intervention provider and has over 30 years of experience working in the chemical dependency field (detox, residential treatment, methadone maintenance, and outpatient). For seven years she worked specifically with pregnant substance abusing women and their children and trained extensively on peri-natal substance abuse. She also has over ten years of experience working with domestic violence perpetrators and victims and has trained on these issues. For two years she was on the staff at the Ridge hospital as a PRN nurse and worked in the child, adolescents and adult units as needed.

Alan Lyme, MSW

Screening, Brief Intervention, and Referral to Treatment (SBIRT): A Public Health Approach to Substance Use Behavior (Workshop)

Alan Lyme, LCSW, ICADC, ICCS, MINT, brings respected and innovative clinical and program management skills as the Clinical Supervisor for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) grant program at the Medical Center of Central Georgia. Alan has provided trainings nationally on Motivational Interviewing, Clinical Supervision, and Skills on Working with Men. He received a Bachelor's Degree in Social Work from Florida Atlantic University in 1998 and a Master's Degree in Social Work from Barry University in 1999. Alan is a MINT recognized Motivational Interviewing trainer, an Internationally Certified Clinical Supervisor, and an Internationally Certified Alcohol and Drug Counselor.

Patrick McKiernan, CADC, Ph.D.

Addiction 101: Understanding the Basics of Addiction and Recovery (Workshop)

Internet Technologies That Support Treatment and Recovery (Workshop)

Patrick McKiernan has worked for over thirty years as an alcohol and drug counselor, he received his Certification in chemical dependency counseling in 1986 and converted this to the CADC in 1996. For 16 years he worked at Volunteers of America as Director of the Alcohol, Other Drug, Community and Mental Health Services Department. In this position he developed programs, wrote grants, and established a variety of needed services. He is a Part-Time Assistant Professor of the Kent School of Social Work where he is the co-coordinator of Alcohol and Drug Counselor Specialization. Currently he is the Administrator for the Homeless Veterans Outreach Program for the Kentucky Department of Veterans Affairs.

He is a U of L alumnus with Bachelors in Guidance and Counseling from the School of Education. In 1996, he was selected as the National Association Alcohol Drug Abuse Counselors Scholar that included enrollment in the Masters Degree in Applied Addiction Studies from Nova Southeastern University and graduated in 1999. In June of

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2004 he received his Ph.D. in Psychology from Northcentral University.

Throughout his professional career Patrick has served in various leadership roles including President of the Kentucky Association of Addiction Professionals from 1996 -1998. In 1993, he became part of Kentucky School of Alcohol and Other Drug Studies faculty. He has been appointed to the Kentucky Board for the Certification of Alcohol and Drug Counselors, the Kentucky Interagency Council on Homelessness, the Governors Reentry Task Force, the Kentucky Recovery Advisory Board, and the Affordable Housing Trust Fund Steering Committee. He is a published author and co-investigator on several funded research and development projects.

Mark Miller, MA, MS, LMFT, LSOCC, CSAYC

Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient (Workshop)

Mark B. Miller, LMFT has been the Program Director for Center for Behavioral Health Kentucky for almost ten years. CBH-KY is an organization dedicated to helping patients with addiction obtain a better life by using medically assisted treatment interventions, counseling, and general support. He oversees programs in Louisville, Elizabethtown, and Frankfort, Kentucky. He is a surveyor for CARF and has seen the impact of opioid addiction throughout the nation. He is also the current President of the Board for MensWork, Inc: Eliminating Violence Against Women and promotes male leadership to encourage healthy relationships and ally with other men to stop violence against women.

Daniel Newman, Ph.D., DD, APS, RRS

Substance Abuse and HIV Disease (Workshop)

Dan is an interfaith minister and holds degrees in Doctor of Philosophy (Ph.D.) and Doctor of Divinity (DD). He is certified as an HIV/AIDS Prevention Specialist (APS), Risk Reduction Specialist (RRS), and Senior Health Educator for over two decades. Dan is a volunteer counselor with the Women's Crisis Center of Northern Kentucky and participated as a group facilitator for New Dads sponsored by the National Fatherhood Initiative. He is approved by the Cabinet for Health and Family Services for CEU's listed

as HIV/AIDS Professional Education Multi-disciplinary Curriculum and he is certified as a First Aid/CPR/AED Instructor by the National Safety Council Emergency Care Teaching Certificate.

Cardwell C. Nuckols, Ph.D.

Treating Anger and Aggression in the Recovering CD Client (Workshop)

Treating Trauma Across the Life Span: From Early Life Developmental Trauma to the Experience of War: A Science Based Prescriptive (Workshop)

Dr. Cardwell C. Nuckols is described as "one of the most influential clinical and spiritual trainers in North America." Dr. Nuckols' passion and mission is to assist in the integration of emerging scientific research with traditional spiritual and self-help knowledge. From this integration comes knowledge, inspiration and technique helpful to those whose practice assists alcoholics, addicts and other mental health patients find healing and their personal road to recovery.

Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His latest publication is entitled The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding. Dr. Nuckols' first book Cocaine: Dependency to Recovery, is a trade best seller, as are, his booklets Quitting Heroin, Quitting Alcohol and Quitting Marijuana (Hazelden) and Healing the Angry Heart. Dr. Nuckols' formal educational background includes advanced work in such areas as medical research, pharmacology, neurobiology, education and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity.

For over 30 years, he has gratefully served the healthcare industry in multiple capacities as a clinician, supervisor, program director and hospital administrator. The Central Labor Council (AFL-CIO), United Auto Workers, Stouffers, Boeing, During his career Dr. Nuckols has been awarded national honors including the SECAD, Swinyard, University of Utah School on Alcohol and Other Drug Studies Service Award and Gooderham award, as well as, being recognized for his contributions to The American Society of Addiction Medicine's Patient Placement Criteria. Dr. Nuckols is on the

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review board of Counselor Magazine and serves as the conference chairperson for national conferences including the US Journal offerings "Neuroscience Meets Recovery" "Clinical Skills".

Steve O'Neil, MA

Screening Brief Intervention, and Referral To Treatment (SBIRT): A Public Health Approach to Substance Use Behavior (Workshop)

Steve O'Neil holds a Masters Degree in Psychology from Seattle University and has worked in the field of addiction counseling and administration for over 27 years. In addition to his experience in the private sector he has served with the Seattle/King County Department of Public Health, the South Dakota Division of Alcohol and Drug Abuse, and the Washington State Division of Alcohol and Substance Abuse. Steve has also held multiple adjunct faculty positions, lectured at numerous universities and is a nationally recognized expert in substance use screening, brief intervention, and referral to treatment. He currently serves with the Georgia Department of Behavioral Health and Developmental Disabilities, Division of Addictive Diseases as the Director of the Georgia BASICS Screening, Brief Intervention, and Referral to Treatment Project.

Julia Persike, MS, CSAC

Clinical Restoration: A Practical Approach to Balancing Work, Home and Self (Workshop)

Julia has spent the past 20 years providing behavioral health-based education, consultation, presentations, and counseling to individuals and groups. In the past, she has worked contractually with the Wisconsin Department of Corrections as a case manager, program coordinator, group educator, and treatment provider. Julia is a Clinical Substance Abuse Counselor who currently coordinates three treatment-based, jail diversion programs in Madison, Wisconsin. In addition, Julia is an adjunct instructor for the Wisconsin Technical Colleges and a national presenter. Julia can be reached at 608.445.3111 or by email at juliapersike@charter.net.

David Powell, Ph.D.

Clinical Supervision: Core Skills for the Future (Workshop)

Dr. David Powell is President of the International Center for Health Concerns, Inc., and the Clinical Supervision Institute and has trained for the past 36 years on clinical supervision and other topics in 50 states and 87 countries. He is also Assistant Clinical Professor of Psychiatry, Yale University School of Medicine and Senior Advisor, Yale Behavioral Health Program, Department of Psychiatry. He is currently a consultant to CRC Health Group, to develop and implement the most extensive system of clinical supervision in the substance abuse field.

In 2012, he is assisting the governments of Malaysia, Singapore and Vietnam to develop and train clinical supervisors for the respective ministries of health. He oversees a 60 bed adolescent substance abuse treatment center in southern Turkey, on the Syrian and Iraq border, where he clinical supervises via webcam the staff at the Center. He has developed supervision systems, and trained and supervised addiction professionals in most of the major substance abuse treatment programs in the United States, including Betty Ford Center, Gateway Rehabilitation, TASC, Phoenix House, Sierra Tucson, Caron Foundation, Marworth Rehabilitation Center, Hanley Center, etc.

He has published ten books in the behavioral health field and over 200 articles on health care and substance abuse. His book, *Clinical Supervision in Alcohol and Drug Abuse Counseling* (2004), is considered the primary book on the subject in the substance abuse field. He was the chair and lead author of the Center for Substance Abuse Treatment, Treatment Improvement Protocol #52 on clinical supervision. He serves on the editorial board of five journals, including *The Clinical Supervisor*, and *The Addiction Treatment Quarterly*. He holds four master's degrees in psychology, counseling, Islamic Studies, and medical ethics. He was a resident graduate at Harvard University and holds a doctoral degree in counseling.

He served on advisory boards of Harvard Medical School and Johns Hopkins University and taught at Princeton University. In 2009 he was given the President's Award by the National Association of Addiction Professionals for his lifetime contribution to the addictions field. He was a finalist for the award of Entrepreneur of the Year in 1991 for Inc Magazine and Ernst and Young.

Dr. Powell has been in the counseling field since 1965 and is a certified clinical supervisor in the alcohol and drug abuse and in sex therapy fields. He is a licensed alcohol and drug abuse counselor, licensed marriage and family therapist, and was a Diplomat in the International Academy of Behavioral Medicine and Psychotherapy. He is one of a hundred persons in the US that began the EAP movement in 1972 and implemented the first state EAP for New Jersey and 55,000 state employees and 110,000 municipal employees. He was a founding member of the Employee Assistance Professionals Association.

BIOSKETCHES

Todd Reynolds, MSSW, CADC

Cognitive Therapy for Addictions (Workshop)

Todd Reynolds has been in the addictions field since 1978. He has a Master of Science in Social Work from the Kent School of Social Work at the University of Louisville. He is a Certified Alcohol and Drug Counselor (CADC) in Kentucky and an Internationally Certified Alcohol and Drug Counselor (ICADC) by the IC&RC. He has served as a counselor, counselor supervisor, coordinator, manager, administrator, and director. He has worked in assessment/evaluation, detoxification, short and long term residential, traditional long term outpatient, and intensive outpatient. He has worked with adolescents, adults, individuals, groups, and families with addictions and co-occurring disorders. He has worked in public and private psychiatric hospitals, treatment centers, and outpatient facilities as well as in prison. He has written and implemented several programs at all levels of treatment. He has presented at state conferences in addition to facilitated workshops and retreats in the public and private sectors. He has served on practicum faculty for the Kent School of Social Work at the University of Louisville. He currently is in private practice in Louisville, KY working with individuals, couples, families, and groups.

Mark Sanders, LCSW, CADC

15 Strategies for Engaging and Increasing Recovery Rates With Chemically Dependent Clients (Workshop)

Partners In Recovery: A New Direction: The Effective Use of Peers and Addictions Counselors in Helping Clients Recover (Workshop)

Effective Addictions Treatment in a Managed Care System (Plenary)

Mark Sanders, LCSW, CADC, is an international speaker in the addictions and mental health fields whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. A partial list of clients includes: Wisconsin Department of Corrections; Archdiocese of New York; Bank of Montreal; Harris Bank; U.S. Probation; The Center for Substance Abuse Treatment; United States Army, Navy, Airforce, and Marines; Johnson Institute; Hazelden Foundation; and Illinois Department of Alcoholism and Substance Abuse.

Mark was director of the first Southeast Asian and refugee addiction counselor training program in the world. He is author of several books and workbooks geared toward helping clients recover. Recent writings include "Relationship Detox: How to Have Healthy Relationships in Recovery" and Recovery Management (co-authored with William White and Ernest Kurtz). In 2005, he had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders.

Mark is also a successful consultant, regularly providing consultation to Ohio Department of Alcoholism and Substance Abuse, Wisconsin Association on Alcohol and Other Drug Abuse, and Michigan Bureau of Mental Health.

In 2003, Mark received the Professional of the Year Award for his work as a trainer and consultant in the addictions field in Illinois. Mark is a lecturer at the University of Chicago.

Col. (Ret.) Mark Scureman, BS, MBA, M.Ed.

How To Be A More Effective Supervisor (Workshop)

Mark Scureman is a West Point graduate who retired from the Army as a full Colonel. His leadership experience ranges from leading soldiers in a combat situation to commanding an Army post and on to supervisory positions in the civilian world. He is a graduate of the U.S. Army War College and has served many outstanding leaders including General Colin Powell. Since his retirement, he has shown that his style of leadership also works well in the civilian world where he now works coordinating the efforts of both profit and not-for-profit organizations. He has conducted hundreds of leadership seminars throughout the United States, Canada and Europe. His lists of clients include Fortune 500 companies such as Lucent Technologies, United Airlines, Wal-Mart, and AT&T as well as organizations as diverse as Underwriters Laboratories, the Internal Revenue Service, the National Park Service, state and local government and more.

BIOSKETCHES

Frank Snyder, Ph.D., LCSW, MSW

Mindfulness: Meditation for Self Care and Client Treatment: An Evidence Based Practice (Workshop)

Frank Snyder has lived in Bowling Green for ten years and worked at LifeSkills for eight. He did his graduate work at the Ohio State University, and MSW and PhD. His treatment interests are in addictions and trauma. He is board certified as a trainer in Psychodrama, Sociometry and Group Psychotherapy. In addition in the last eight years his new learning has been in the area of mindful based therapies, completing training in Mindful Based Stress Reduction, Mindful Based Cognitive Therapy, Mindful Based Relapse Prevention and Mindful Based Approaches to Eating Disorders.

Jan Ulrich, BAS, QPR

Clinical Excellence in Suicide Prevention: A Systems Approach to Reducing Suicide Risk Among Mental Health and Substance Abuse Clients (Workshop)

Jan Ulrich is the State Suicide Prevention Coordinator with the Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities and a 1982 graduate of the University of Louisville, with a bachelor's in Communication. Ulrich was hired in 2007 by the Department in suicide prevention as part of a federal grant for youth suicide prevention awarded to Kentucky Cabinet for Health and Family Services. She has been involved with suicide prevention and awareness efforts on a national, state and local basis since 2002, after the issue of suicide touched her family very personally. Ulrich was a member of the Kentucky Suicide Prevention Group (KSPG) from 2002 to 2007, and served on the KSPG board for several years prior to her employment with BH/DID. Ulrich has been a certified QPR Suicide Prevention Gatekeeper Trainer since 2004 and a QPR Master Trainer (T4T). Ulrich has a leadership role in an emerging national initiative toward eliminating suicide deaths among behavioral health clients through innovative and progressive clinical practices in suicide screening, assessment, management and treatment.

Mike Vance, MBA, CADC, CPP, LSW

Preparing to Become a CADC in Kentucky (Workshop)

Mike Vance began to serve in the Chemical Dependency profession in October 1970 and developed early eastern Kentucky programs for Substance Abuse intervention/education. Mr. Vance served in Community Mental Health (Mountain Comprehensive Care) for thirty years, then as an administrator for private child care (Buckhorn Children's Center) for ten years. He currently serves as adjunct faculty for the School of Social Work, University of Kentucky and for the School of Sociology, Social Work and Criminal Justice, Morehead State University. Mike continues in the Substance Abuse field as a private practitioner, clinical supervisor, educator and consultant through his firm Mike Vance & Associates of Prestonsburg, Kentucky.

Bob Walker, MSW, LCSW

Social Inequality and Behavioral Health Problems: How Social Rank Affects Disorders and Treatment (Workshop)

Robert Walker, M.S.W., L.C.S.W., is Assistant Professor in the University of Kentucky Department of Behavioral Science and the Center on Drug and Alcohol Research with conjoint appointments in Psychiatry and Social Work. He has over 25 years experience as a community mental health center director, clinician, and clinical supervisor. He has been a co-investigator on two federally funded partner violence studies in rural and urban areas and has been an evaluator of substance abuse treatment programs in rural and inner city programs. He has extensive background in teaching at the graduate level and training of mental health and substance abuse treatment professionals. He has been the principal investigator for a statewide project - the Kentucky Substance Abuse Treatment Outcome Study - and has been the evaluator for seven federal and three state funded projects. He has over 80 articles and book chapters in the areas of substance abuse, ethics, brain injury, and intimate partner violence victimization and has co-authored three books. He is also a consultant to the Kentucky Department for Public Advocacy in death penalty cases, providing behavioral health perspectives on the defense theory and mitigation plans. He teaches a doctoral course on social welfare policy analysis in the University of Kentucky College of Social Work.

BIOSKETCHES

Geoff Wilson, LCSW, CADC

Foundation Skills for Substance Abuse Counseling (Workshop)

Re-Licensure Ethics for Social Work and Other Counselor Professions Including CADC (Workshop)

Engaging Families In Treatment (Workshop)

Intervention and Treatment Strategies for Resistant Clients with Mental Health and Substance Abuse Disorders (Workshop)

Adolescent Substance Abuse Consortium: Young People in Recovery--A Facilitated Panel Presentation and Discussion (2 Hour Workshop)

Geoff Wilson is a licensed clinical social worker and certified alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields for over 20 years. He has been employed with The Ridge Behavioral Health System in Lexington, KY for the last nine years, where he has held the positions of Director of Addiction Services, as well as Director of Clinical Services for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient department. He currently serves as their Director of Business Development. He served as the president of the Kentucky Adolescent Substance Abuse Consortium for over 10 years. In 2004, he received the Robert Straus Award for Outstanding Service in the Field of Substance Abuse Treatment in Kentucky and in 2008 was appointed by Governor Steve Beshear to the Kentucky Board of Certified Alcohol and Drug Counselors. He maintains a private counseling practice in Lexington, KY where he treats adults, adolescents, and families.

Deborah Wolfe, MA, CPS

Evidence Based Practices for Youth: What Works In Prevention (Workshop)

Deborah Wolfe graduated from Western Kentucky University in 2000 with a Master of Arts in Education, General. Deborah began working at Communicare Regional Prevention Center in September of 1999 as a Prevention Specialist. In 2001 she received her Certified Prevention Specialist (CPS) credential and currently maintains her certification. Presently, Deborah supervises the substance abuse prevention programs at Communicare and provides consultation and technical assistance to mobilize communities to implement effective substance abuse prevention efforts.

Carmella Yates, Ph.D.

Beyond Recovery--Focus On Employment (Workshop)

A graduate of the University of Kentucky's Department of Psychology, Dr. Carmella P. Yates is a clinical psychologist licensed by the Commonwealth of Kentucky. In addition to receiving her doctorate, Dr. Yates is also certified by the University of Kentucky, College of Medicine in the Medical Behavioral Sciences. Within the specialized field of substance use disorders, Dr. Yates has experience working with both males and females in residential treatment, outpatient treatment, and in the Federal Prison System. Other relevant experience includes tenure as a research coordinator for the University of Kentucky, Center for Drug and Alcohol Research and over eight years as a college level instructor. Dr. Yates currently serves as the Director of Clinical Services at Chrysalis House, Inc. in Lexington, a long-term residential treatment program for women.