



## Kentucky Moms MATR



# Is my baby at risk?

KY Moms MATR educates women about the impact of substance use on pregnancy and parenting while promoting positive lifestyle choices to help babies be born healthy and drug-free.

Case managers are available to help direct you to the services you and your baby need.

We can get involved at any time during your pregnancy and will follow up with you and your baby up to 60 days post-delivery.

“Linking pregnant women to services that will help them have healthier babies”



### KY Moms MATR Services May Include:


- ♥ Prevention Education Classes
- ♥ Case Management
- ♥ Referral to prenatal care
- ♥ Help with alcohol and drug problems
- ♥ Information about services available in the community
- ♥ Help to quit smoking

{ There is no charge to you for KY Moms MATR Services & participants will receive incentives throughout the program. }

**Healthy choices during pregnancy may prevent problems such as:**

*Premature Birth  
Delays in Growth  
Low Birth Weight  
Learning Disabilities  
Excessive Crying*

**CALL OR EMAIL FOR MORE INFORMATION**



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