



A D A N T A



KY-Moms



KY-Moms
is a program designed to educate the public about the impact of substance abuse on pregnancy and child rearing, and the importance of smoking cessation and positive lifestyle choices that help babies to be born healthy. It also links expectant mothers to Case Management services that will help them have healthier babies.

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Prevention Services include:

Healthy Babies Workshop

A two hour class for pregnant women on protecting your baby's health.

Prime for Life Workshop

Two four-hour classes with information for a lifetime of healthy choices.

Each mother-to-be who participates in KY-Moms Workshops will receive a complimentary gift for their baby.

***KY-Moms Maternal Assistance
Towards Recovery***

**Case Management Services
include:**

Case managers who understand family issues are available to help direct you to the services you and your baby need. Case Management links pregnant women to services that will help them have healthier babies, to include support and encouragement, referral to prenatal and well baby care, referral to workshops, help with tobacco, alcohol and drug problems. Case Managers can get involved at any time during your pregnancy, and will follow up with you and your baby for up to 60 days post delivery.

For more information contact:

**The Adanta Group
KY-Moms Prevention Services
606-679-9425**

**KY-Moms Case Manager
(McCreary, Wayne, Clinton,
Cumberland Counties)
606-376-2466**

**KY-Moms Case Manager
(Adair, Russell, Pulaski, Casey,
Taylor and Green Counties)
270-343-2551**

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