

Meeting Summary of the Kentucky Mental Health Services Planning Council
August 16, 2007, 10:00am - 2:00pm
100 Fair Oaks Lane, 4th Floor, Large Conference Rooms, Frankfort

Council Members Present: Molly Clouse, Robert R. Hicks, Betty Jo Moss, Jennifer Smith, Carol Estes, Kathy Ostrom, Steve Shannon, Jan Powe, Mary Sue Klusman, Donna Hillman, Lynn Haney, Doreen Mills, Rita Brooks, Anna Winchell, Joy Varney, Carolyn Kates-Glass, Steve Liles, Bill Heffron, Linda Lancaster, Artye Dulaney (for Toyah Robey)

Council Members Absent: Rebecca Garrett, Marty Harrison, Kevin Pangburn, Janet Gothard, Toyah Robey, Jim Sparks, Phil Gunning/Carol Carrithers, Steve Hartwig, Carmilla Ratliff, Trudy Abshire

DMHMRS Staff: Amy DiLorenzo, Lisa Rice, Anita Jennings, Michele Blevins, Rita Ruggles, Janice Johnston, Christie Penn, Cheryl Ligon, Sandy Silver, Hope Barrett, Tim Hawley

Guests: Carolyn Bray, Deborah Bellairs

TOPIC	OUTCOME	NEXT STEPS
Welcome & Introductions	Molly Clouse called the meeting to order at 10:11 a.m. Members, staff and guests introduced themselves.	
February Meeting Summary	Robert Hicks made a motion to approve the drafted summary for the May 2007 meeting. It was seconded by Steve Shannon and motion carried.	
Mental Health Block Grant Overview	<p>Michele Blevins gave an overview of the federal Mental Health Block Grant. These funds are allocated to states to support community-based services for adults with severe mental illness and children with severe emotional disturbance. Approximately 2.6% of adults and 5% of children fit these criteria. She stated that both of these estimates are conservative and that the prevalence among children may be more like 7-11% of the under age 18 population.</p> <p>Members were sent a drafted copy of the plan to review and were requested to offer verbal or written comments/recommendations. Per the federal instructions, the state's application must focus on Kentucky's "transformation" efforts and cite specific New Freedom Commission Report goals to which our efforts relate. Michele reviewed the National Outcome Measurement System (NOMS), State Performance Indicators and Uniform Reporting System (URS).</p>	
Committee Reports	<p>By-Laws – The Committee has not met since the last Council meeting.</p> <p>Membership – Mr. Hicks reported that they met on July 25, 2007 and reviewed seven (7) nominations for the two (2) vacant positions of "Parent of a Child with SED." The Committee made the following recommendations to the Council to be forwarded to the Commissioner for approval: Angela Isaacs and Anna Winchell. Michele Blevins reported that Stephanie Shepard has formally resigned from the Council so there will be a transition-age youth slot available. Steve Shannon made a motion to accept the Membership Committee's recommendations. It was seconded by Mary Sue Klusman and the motion carried. No additional meetings are scheduled at this time.</p>	Recommendations will be forwarded to Commissioner John Burt for approval.

Finance – Betty Jo Moss gave a report on the Finance Committee meetings that were held on June 14, 2007 and August 15, 2007. The members reviewed the duties of the Committee, which include:

- Review the block grant allocation and deliverables of funded entities;
- Meet with funded entities, if necessary; and
- Make recommendations to the full Council regarding funding issues when applicable.

The Committee then discussed funding for adding new members to the Council. It was agreed that vacancies shall be filled before new members are added.

Each state may budget up to 5% of their Block Grant funding for Planning & Advisory Council activities. The amount budgeted for Council activity and travel is \$15,000. Staff provided a summary of Council expenditures for FY 2006 and FY 2007, each of which was just under \$13,000.

Steve Shannon cautioned that although Kentucky may allocate up to 5% of its Block Grant funding for Council activities, money spent on the Council means less money available for services in the community.

It was requested that the meeting summaries of all the Committee meetings be given to Council members in the future. Meeting summaries from the June 14, 2007 Finance Committee meeting and from the July 25, 2007 Membership Committee meeting were distributed.

Carol Estes remarked that in the past agencies receiving funding had presented to the Council and shared success stories. These presentations are helpful because they personalize the important work being done with the funding. Others agreed that those presentations were indeed beneficial. Robert Hicks made a motion to adopt the June 14, 2007 minutes of the Finance Committee. Rita Brooks seconded and the motion carried.

Peer Support – The Committee has not met since the last Council meeting. However, Sandy Silver updated the Council on some related activities of the past year. She informed the Council that 97 people have completed the Kentucky Peer Specialist Training, which is a consumer directed and consumer led training for people wanting to become Peer Specialists. To date, 63 people have passed both the written and oral exams. There are now trained Peer Specialists in all fourteen regions. Approximately 20-21 Peer Specialists are currently employed and that number is expected to increase. Two additional Peer Specialist trainings are planned for the coming year (one regional and one statewide). A database of all certified Peer Specialists has been created and will be posted on the DMHMRS website soon. Additionally, the next Kentucky Peer Specialist Training is scheduled for November 12-16, 2007 at Blue Licks State Park. A new area of interest for this year is to provide training for transition-age youth.

The Department has submitted a regulation to define peer support services

Schedule grant recipients for presentations to the Council.

	<p>and the parameters of the training. The regulation is moving through the legislative process. Public hearings will be held as a part of that legislative process and interested Council members are encouraged to provide comment during the public hearings. Leadership is also in the process of pursuing approval for Peer Support approved as a Medicaid billable service. If approved at the state level, the Cabinet would seek federal approval from the Centers for Medicaid and Medicare Services (CMS). Peer support is a recognized evidence-based practice.</p> <p>In response to several questions from Council members, Ms. Silver explained that Kentucky Peer Specialist Training candidates must meet specific entrance criteria including, high school or GED; self identified individual with a primary mental health diagnosis who has received services and is interested in assisting others; and a demonstration of strong reading comprehension and written communication skills. Upon completion of the Peer Specialist training, participants must pass written and oral exams. Accommodations are made to meet the participants' individual needs, although standards must be met. Staff also works to accommodate Specialists' SSI benefits, which are unique to each person. Candidates are chosen using an application process and essay form. A team reviews and selects applicants.</p>	
<p>Data Infrastructure Grant</p>	<p>Hope Barrett explained that the Data Infrastructure Grant (DIG) is a small grant (\$142,000) that DMHMRS has been awarded since 2002 to build our state's data infrastructure for the National Outcomes Measurement System (NOMS) Performance Indicators, and the Uniform Reporting System. DMHMRS matches this amount with in-kind support. This capacity-building initiative seeks to help states report state data more uniformly. Hope distributed a summary of the accomplishments of Phases 1 and 2 of the grant and the goals for the project for the next three years.</p> <p>Hope stated that SAMHSA is starting to focus on the Time 1 and Time 2 data measuring whether changes took place over time and thus whether services led to improved outcomes for people.</p>	
<p>Department & Council Member Updates</p>	<p>Council member, Sharma Klee (Department of Public Health) is retiring and Linda Lancaster has been named as her replacement on the Council. NAMI Walks "Take Off" event will take place Friday, August 24, 2007 from 7:00 p.m. to 11:00 p.m. at the R.J. Corman Aviation Complex, 101 R.J. Corman Drive, Nicholasville, Kentucky 40356. The event will feature a live band, food, and entertainment. Contact Joy or Angelina at (859) 272-7891 for more details.</p> <p>The 2007 Aging and Independent Living Conference will be held September 5-7, 2007 at the Galt House.</p> <p>The National Association of Case Management Conference will be held at the Seelbach Hotel in Louisville from September 30 – October 3, 2007.</p> <p>Rita Brooks has written a grant application to the Health Foundation of Greater Cincinnati to produce a video about the recovery initiatives in</p>	<p>A certificate of appreciation will be sent to Sharma for her involvement with the Council.</p>

	<p>Kentucky and Ohio. It will have three 15-minute segments and show how our two states are initiating the goals of the New Freedom Commission Report. This video will help train medical students, law enforcement, case managers, etc. The video will be shown on state and local media outlets.</p>	
Olmstead	<p>Michele reminded the Council about the Olmstead efforts in Ky. and invited everyone to attend the Kick Off Meeting to be held on September 7th at the Transportation building, on Mero Street, in Frankfort. Most should have received an invitation in the mail also. In response to several questions, Michele explained the different sources of funding to support Olmstead efforts. Jan Powe suggested that a refresher be provided to the Council about Olmstead. Steve Shannon would like to see a summary of the Olmstead funding and what kind of supports the money is buying (a grid dating back to the beginning of Olmstead which shows the number of people served per year, including reoccurring and new people, and the amount of money that has been allocated each year).</p>	<p>Schedule an Olmstead refresher presentation.</p> <p>Create grid as requested by Planning Council member.</p>
Block Grant Application Review	<p>Michele Blevins reviewed sections of the Block Grant and discussed Peer Support Services as the Transformation Activity that was chosen for Kentucky's Adult Plan.</p> <p>Council member, Kentucky Consumer Advocate Network Executive Director, Doreen M. Mills, Ph.D. made a statement to the Council about KYCAN and its history. The group, having been in existence for 20 years, has grown and continues to do its work.</p> <p>Discussion ensued about the adult consumer advocacy contract for FY 2008. Donna Hillman, Mental Health and Substance Abuse Division Director, read an email from Jonathan Copley, Director, Office of Contract Oversight, which stated that the consumer services are currently in an active Request for Proposal process and that DMHMRS staff cannot engage in any discussion on this topic. Conversation continued, so DMHMRS staff excused themselves from the meeting. Staff returned approximately 10-15 minutes later.</p> <p>Discussion of the contract continued once again, so the Council meeting was prematurely adjourned without completing the agenda items.</p>	
Adjournment	<p>Steve Shannon made the motion to adjourn and Linda Lancaster seconded the motion.</p>	
Next Meeting	<p>The next meeting of the Council will be Thursday, November 15, 2007, 10:00am-2:00pm, at the Department for MHMR Services, in Frankfort.</p>	