

**Kentucky Mental Health Planning and Advisory Council**  
**May 8, 2008      10:00 a.m. – 2:00 p.m.**  
**Conference Rooms A&B, 100 Fair Oaks Lane**  
**Frankfort, Kentucky**

**Members Present:** Trudy Abshire, John Basham (by telephone), Rita Brooks, Carol Carrithers, Artye Dulaney (for Toyah Robey), Carol Estes, Rebecca Garrett, Lynn Haney, Steve Hartwig, Gayla Hayes, Bill Heffron, Robert Hicks, Donna Hillman, Mary Sue Klusman, Linda Lancaster, Steve Liles, Steve Lyons, Doreen Mills, Betty Jo Moss, Kathy Ostrom, Jan Powe, Carmilla Ratliff, Steve Shannon, Matthew Smith, Joy Varney, Anna Winchell

**Staff Present:** Michele Blevins, Christie Penn, Melissa Runyon, Carol Saylor, Lou Kurtz, Tim Hawley, Randy Oliver

**Guests Present:** Melissa Crowdus, Carolyn Bray

TOPIC	OUTCOME	NEXT STEPS
<b>Call to Order and Introduction of Members</b>	Rebecca Garrett, Chair, called the meeting to order at 10:15 a.m.	
<b>Approval of February Meeting Summary</b>	Robert Hicks made a motion to approve the minutes from the last Council meeting. Donna Hillman seconded and motion carried.	
<b>Legislation Summary</b>	<p>Randy Oliver, who serves as the Department Lead on Legislation and Liaison to the Cabinet, gave an overview of bills pertinent to our Department's mission that were passed during this year's legislative session.</p> <p>Per discussion of HB 202, the Council discussed and viewed a photo of an alcohol vaporizing machine. Donna Hillman offered the Council a presentation on pain management and pain killers. Many Council members stated that they would be interested in that presentation.</p> <p>Michele Blevins summarized several pieces of legislation that are pertinent to children and youth.</p> <p>Michele Blevins gave members information about how to access legislation on the website of the Kentucky Legislative Research Commission.</p>	<p>The Executive Committee will consider this agenda item.</p> <p>To access the Kentucky Legislative Research Commission, click this link <a href="http://www.lrc.ky.gov">www.lrc.ky.gov</a>. To view House Bills of the 2008 Legislative Session, please click here <a href="http://www.lrc.ky.gov/record/08RS/bills_H.htm">http://www.lrc.ky.gov/record/08RS/bills_H.htm</a>. To view Senate Bills of the 2008 Session, click here <a href="http://www.lrc.ky.gov/record/08RS/bills_S.htm">http://www.lrc.ky.gov/record/08RS/bills_S.htm</a>.</p>

<p><b>Election of Vice Chair</b></p>	<p>Michele Blevins notified the Council of Molly Clouse's resignation as a member and Vice Chair of the Council. Ms. Blevins read the resignation letter that Ms. Clouse sent on May 9, 2008.</p> <p>The Chair gave a report of the Nominating Committee meeting. The Committee voted to recommend Robert Hicks as Vice Chair of the Council. The Chair told the Council that nominations could also be submitted from the floor. No nominations were offered. Carol Carrithers made a motion to accept the Nominating Committee's recommendation of Robert Hicks as Vice Chair of the Council. Anna Winchell seconded and the motion carried unanimously.</p> <p>A member asked why the Nominating Committee process is used to elect officers. Another member explained that the work is done in the committee because such undertakings become cumbersome with a group as large as the Council. Doreen Mills made a motion to accept the nomination process as it is. Rita Brooks requested that the motion be amended to include nominations from members available by conference call. Betty Jo Moss seconded and the motion carried as amended.</p>	
<p><b>Committee Reports</b></p>	<p>Betty Jo Moss, Chair of the Finance Committee, gave a report. Betty Jo reported a carryover of \$120,000 of Block Grant funds from last fiscal year. She read the funding priorities and recommendations submitted by the committee to the Department. The Chair also told about the informative presentation on the Mental Health and Aging Coalition.</p> <p>Trudy Abshire, Chair of the Bylaws Committee, reported that the Committee had met once to review and revise the Bylaws. The committee will meet again to finalize its work. The date for the next meeting has changed to June 11<sup>th</sup> from 1 – 4 PM.</p>	<p>The Finance Committee meets again in 2008 on June 25<sup>th</sup> and September 24<sup>th</sup>.</p>
<p><b>Eastern State Hospital Survey</b></p>	<p>Due to illness Debbie Bellairs was unable to present the results of the Eastern State Hospital survey. She asked that the Council</p>	

	<p>be told that all but one response was for the Crisis Stabilization Unit to be in the community.</p>	
<p><b>MHBG Funded Entities Reports</b></p>	<p><b><u>KYCAN</u></b>  Doreen Mills presented information about the Kentucky Consumer Advocate Network (KYCAN), a non-profit organization that provides services to adults recovering from mental illness. Doreen has been the Executive Director of KYCAN for 3 years. KYCAN was formed 20 years ago and now has over 2,400 members statewide. KYCAN has a Board of Directors and an Advisory Board. Doreen stated that the work of KYCAN can be described in three words: educate, collaborate, and advocate.</p> <p>KYCAN staff and members provide the following services:</p> <ul style="list-style-type: none"> <li>♦ Host the annual Kentucky Consumer Conference (over 300 participants this year).</li> <li>♦ Publish a newsletter.</li> <li>♦ Provide trainings and workshops on mental health topics.</li> <li>♦ Advocate at the state level for services and supports for adults with mental illness.</li> <li>♦ Serve on local and state level boards.</li> <li>♦ Maintain a resource library.</li> <li>♦ Organize 44 Affiliate Coordinators across the state.</li> <li>♦ A website with current information.</li> <li>♦ Offer the Bridges Program, a 10-week course created by consumers, for consumers, and taught by consumers.</li> <li>♦ Offer the WRAP Program, a course created by Mary Ellen Copeland.</li> </ul> <p>Doreen reminds members that if you want to do something for consumers, believe in them.</p> <p><b><u>KPFC</u></b>  Carol Cecil presented information about Kentucky Partnership for Families and Children (KPFC). KPFC is a private, non-profit organization that whose mission is to assist families with children who have emotional, social, and behavioral challenges. KPFC has a Board of Directors as well as a Delegate Advisory Council and a Youth Council.</p>	<p>KYCAN  40510 LaGrange Road  Building 103  Louisville, KY 40223  (502) 245-5281 or (800) 564-8034  <a href="http://www.kycan.org">www.kycan.org</a></p> <p>The newsletters are available at their website or you may request your name be placed on their mailing list.</p> <p>Kentucky Partnership for Families and Youth  207 Holmes Street, 1<sup>st</sup> Floor  Frankfort, KY 40601  (502) 875-1320 or (800) 369-0533  <a href="http://www.kypartnership.net">www.kypartnership.net</a></p>

	<p>KPFC provides the following services:</p> <ul style="list-style-type: none"> <li>♦ Operation of a statewide, family organization. KPFC disseminates materials to families, responds to resource calls, maintains a website, and publishes a monthly newsletter.</li> <li>♦ Participation on state and local committees.</li> <li>♦ Building a family-drive, youth-guided system of care for families. KPFC visits 4 CMHCs annually to complete a Family and Youth Involvement Survey. KPFC has created a Leadership Academy for young adults (16-24 years old). This training was offered three times this past year.</li> <li>♦ Development of a Family Peer Support Specialist curriculum for Family Liaisons.</li> <li>♦ Provides trainings</li> <li>♦ Annual Youth/Parent Conference.</li> <li>♦ Regional Youth Councils and a statewide Youth Council.</li> <li>♦ State Family Advisory Council</li> </ul> <p>Carol stated that she became an advocate for children when she became an adoptive parent. Her passion continues and now KPFC is improving the quality of lives of children, adolescents, and young adults with emotional, social and behavioral challenges, including their families.</p>	<p>The newsletters are available at their website or you may request your name be placed on their mailing list.</p>
<p><b>Department Updates</b></p>	<p><b><u>BRFSS</u></b>  Hope Barrett gave an update on the Behavioral Risk Factor Surveillance System (BRFSS), a telephone survey of adults in Kentucky. The goal is to have 550 completed surveys per month. BRFSS is co-sponsored by the Department for Public Health and the U.S. Centers for Disease Control and Prevention. Hope shared that BRFSS is proving to be important for learning about depression and anxiety in the U.S. population and it will provide information about mental illness and stigma in Kentucky.</p> <p>The data is population-based, which means that we will be able to compare Kentucky to the rest of the nation. The data will be reported to the CDC, used for policy implications, and presented to the Council so members can help decide how to use the data.</p>	<p>If you would like to be a part of the team to analyze the mental health data, contact Hope at (502) 564-4860 or <a href="mailto:Hope.Barrett@ky.gov">Hope.Barrett@ky.gov</a>.</p> <p>CDC BRFSS Web Site: <a href="http://www.cdc.gov/BRFSS">http://www.cdc.gov/BRFSS</a></p>

	<p>Hope asked if there is anyone who would like to assist with the analysis of the mental health data. Steve Shannon and Artye Dulaney offered assistance.</p> <p><b><u>Targeted Case Management</u></b>  Michele Blevins stated that seven states (including Kentucky) have sued for an injunction of the new regulation for targeted case management services. The new rules took place March 3<sup>rd</sup> and they have many ramifications for states. The Department for Mental Health and Mental Retardation Services made comments during the public comment period. Tom Beatty stated that for adult services, we are most concerned about the new limit of one case manager who is billable to Medicaid. This one case manager must now coordinate with other case managers. The other major change is that services are now billed in 15 minute increments instead of a flat, monthly rate.</p> <p><b><u>Recovery Forum</u></b>  Melissa Runyon told the Council about the Recovery Forum taking place June 11-12, 2008 at Blue Lick State Park. The training will offer 2 tracks, a recovery track and an advanced case management track. Melissa told members to contact her for further information.</p>	<p>Steve Shannon directed members how to support the moratorium at the federal level (to delay these changes for one year).</p> <p>To attend the Recovery Forum or for more information, contact Melissa Runyon at (502) 564-4456 or <a href="mailto:Melissa.Runyon@ky.gov">Melissa.Runyon@ky.gov</a>.</p>
<b>Public Comment</b>	Agenda item tabled due to lack of time.	
<b>Adjourn</b>	Donna Hillman made a motion to adjourn at 2:08 p.m. Steve Liles seconded and the motion carried.	<p><b><u>Next Meeting</u></b>  <b>Thursday, August 14</b>  <b>DMHMRS, 100 Fair Oaks Lane</b>  <b>4<sup>th</sup> Floor, Conf. Rooms A &amp; B</b>  <b>10:00 a.m. – 2:00 p.m.</b></p>