

**Kentucky Behavioral Health Planning and Advisory Council**  
**Council Meeting Summary**

**March 19, 2015      10:00am to 2:00pm**

**Administrative Office of the Courts, 100 Vandalay Ct., A 111 Meeting Room B**  
**Frankfort, Kentucky**

**Members:** Mary Singleton, Cathy Epperson, Gayla Lockhart, Steve Lyons, Susan Abbott, Becky Clark, Betty Jo Moss, Mike Barry, Sherry Sexton, Steve Shannon, Jennifer Dudinskie (DAIL), Yayo Radder (KDE), Bill Heffron (DJJ), Valerie Mudd, Kelly Gunning, Ron O’Hair (OVR), Joy Varney, Lynn Haney (12:30-2pm)

**Staff:** Colleen Meszaros, Michele Blevins, Christie Penn, Connie Smith, Maggie Schroeder, Janice Johnston

**Guest:** Amy Jeffers

| Topic                                      | Discussion  | Next Steps   |
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| Call Meeting to Order                      | Mary Singleton, Chair, called the meeting to order at 10:05 AM and welcomed attendees. Council members and guests introduced themselves and a quorum was confirmed.   |  |
| Approval of November 2014 Meeting Summary  | Members reviewed the November 2014 Council Meeting Summary. Steve Shannon made a motion to accept the minutes as written, Cathy Epperson seconded and <b>motion passed.</b>   | Approved minutes will be available online at <a href="http://dbhdid.ky.gov/dbh/kbhpac.aspx">http://dbhdid.ky.gov/dbh/kbhpac.aspx</a> |
| Introduction of Prevention Representative  | <p>Connie Smith, DBH Prevention Branch Manager introduced Amy Jeffers, who is the Director for Regional Prevention Center for the Pathways CMHC Region and also is the Coordinator for Tobacco Prevention Enhancement Site (PES), in Ashland. She has been with RPCs for 15 years and was previously a child &amp; adolescent therapist. She works with Community Coalitions and travels across the state for the tobacco PES.</p> <p>Ms. Jeffers shared information with the Council about the effects of E-Cigarettes, and how people are figuring out how to “Vape” just about anything (e.g., marijuana, alcohol and bath salts to name a few).</p> | Amy will bring a pamphlet from the Pathways RPC  |
| Update on the 20% set aside for prevention | Connie Smith provided a brief overview of the required 20% set-aside for SAPT Block Grant Prevention funding. DBHDID allocates funds to each Regional Prevention Center to provide prevention efforts around Alcohol, Marijuana, Tobacco, and prescription drug use diversion, faith based initiatives, and Fetal Alcohol Syndrome Disorder (FASD). DBHDID contracts with REACH of Louisville to do Needs Assessment every other year.  |  |

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| <p>2015 Legislative Session Review</p> | <p>Cathy Epperson shared the legislative priorities for NAMI-KY. Steve Shannon offered a listing (handout) of the bills of interest to KARP this session. The following information was shared: 757 Bills filed during session, approximately 60 passed to date and the Governor has signed three so far. It was stated that the typical passage for bills during a session is less than 10%.</p>  |   |
| <p>Council Committee Reports</p>       | <p><u>Executive Committee</u><br/> This committee last met January 22, 2015 and approved the SFY 2016 proposed meeting schedule/dates. The committee also discussed the Council's committee structure and decided that they are pleased with the current ones that are in place.</p> <p><u>Membership Committee</u><br/> Mary Singleton, Committee Chair, shared the following:<br/> A member resigned from the Council due to health concerns;<br/> A member is retiring from KY Housing Corporation;<br/> A member passed away; and<br/> A member has not been able to attend any meetings. The Council discussed a plan for addressing this.</p> <p>Membership Orientation is scheduled for 4-15-15 and the following members will provide designated information: Becky Clark, Steve Lyons, Brandon Kelley, Betty Jo Moss, Gayla Lockhart, Sherry Sexton, and Mary Singleton.</p> <p>Staff set dates to host conference calls for preparing the New Member Orientation- March 27 and April 10. Cathy Epperson made a motion to approve the Committee report, Steve Shannon seconded and the motion carried.</p> <p>Three (3) new applicants (Maggie Krueger, LeeAnn Kelley, Rebecca Burton) were brought before the council and were read aloud. Bill Heffron made a motion for the Council to recommend all three for Commissioner Begley's consideration for appointment, Joy Varney seconded and motion carried. (Siena Kennedy and Mary Sue Klusman did not reapply for Council membership).</p> <p><u>Finance and Data Committee</u><br/> Betty Jo Moss, Committee Chair, reported that the Finance Committee has not met since April 17, 2014. Next meeting is scheduled for April 16<sup>th</sup>.</p> <p><u>Bylaws Committee</u><br/> Steve Shannon, Committee Chair, stated that the Bylaws Committee is to meet to review and make modifications that have been accumulated over the past year. The Council discussed adding a</p> | <p>Colleen to forward on for Commissioner Begley to review and appoint.</p> <p>Staff will send an email with the times and call in information for the calls.</p> <p>Next Meeting scheduled for 4-16-15</p> <p>Scheduled for 4-9-15</p> |

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|                       | <p>Prevention Representative and how the numbers would be examined to ensure the Council membership remains at the required 51% consumers and family members.</p> <p><u>Ad Hoc Committees</u></p> <p><u>Advocacy &amp; Policy Committee</u><br/>Cathy Epperson, Committee Chair, provided some legislative information as shared above and also said that the committee has not met since the last Council meeting.</p> <p><u>Managed Care Committee</u><br/>Kelly Gunning, Committee Chair, shared that the committee has not met since the last Council meeting and that it will be important to replace the committee member from Medicaid since Helen V. is no longer employed there.</p> <p>Several pieces of relevant legislation were shared. One bill proposed establishment of policy between MCOs &amp; providers (SB87) and one set forth policy for Appeals of Payments to providers by MCOs (SB120).</p> <p>Abilify becomes generic soon and concern was voiced that Abilify injections may be hard to get covered (paid for) by MCO. Already must pre-authorize them.</p> <p>Impact plus is no longer a Medicaid program in operation but there are still payments being made for incoming claims for services rendered before the program's end date.</p> |  |
| <p>DBHDID Updates</p> | <p>Janice Johnston provided an update on the Transition Age Youth initiatives including the Transition Age Youth Launching Realized Dreams (TAYLRD- \$1M/year for 6 years). Youth and young adults generally considered to be age 16 to 25 years. She also spoke briefly about efforts underway for the First Episode Psychosis (FEB-5% Set Aside for MH Block Grant) and a new TTI grant the Department has to enhance Peer Support services and coordinated care from State Psychiatric Hospitals and CMHCs.</p> <p>Through the TAYLRD grant funding, plans are in place to establish two Youth oriented drop in centers in the Pathways &amp; Seven Counties regions. Will be providing additional training &amp; support to other interested regions. Youth Move Oregon is providing technical assistance to KY. Hoping to open the first site by the end of June. KYBHPAC will be invited to the Open House.</p>  |  |

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|                        | Through FEP, plans are underway to launch an app soon to gauge interest in providing this specialized care.  |  |
| Council Member Updates | <p>Members shared updates and information about important upcoming events in round robin format. Some of the highlights included:</p> <ul style="list-style-type: none"> <li>• Joy Varney, May 7<sup>th</sup> is Children’s MH Awareness Day;</li> <li>• Mike Barry shared that there will be a Recovery March on the Mall in Washington, DC. Date October 4 (changed from September 26);</li> <li>• Gayla Lockhart facilitated a NAMI Family to Family Class (Dates for Family to Family are on NAMI’s website);</li> <li>• Cathy Epperson - Advocacy Day was a success. Annual Conference to be held 9-26-15. NAMI KY sending two trainers to a TOT on 4/23-24/15 “Ending the Silence” (for high school students) and “Parents and Teachers as Allies.” University Plan – trying to engage young people in NAMI.</li> <li>• KY Stars Conference is May 21 in Lexington at the Clarion Hotel (Statewide Consumer Conference)</li> </ul> |  |
| Adjournment of Meeting | Gayla Lockhart made a motion to adjourn the meeting at 1:46 PM. Sherry Sexton seconded. <b>Motion passed.</b>  | <p><u>Next Meeting:</u><br/> Thur. May 21, 2015<br/> AOC Building<br/> Conference Room B<br/> 10:00 a.m. – 2:00 p.m.</p> |