



REGISTER NOW



Kentucky's

OPERATION IMMERSION



Immerse yourself in 72 hours of Military Culture
Experiential training offered at no cost to participants
Wendell H. Ford Regional Training Center - Muhlenberg Co.

Space in barracks is limited. CEUs applied for.

Register at: <https://events.r20.constantcontact.com/register/eventR?eg?llr=gv9yi7pab&oeidk=a07e8zgx1k79ec86ba>

May 20-23 2014

GAIN INSIGHT INTO TREATING THE IMPACTS ON SOLDIERS' BEHAVIORAL HEALTH

Stigma continues to be a barrier to soldiers seeking assistance for mental health or substance abuse issues. Military personnel often choose not to access behavioral health services because of concerns about their military career and a belief that outside providers do not understand their issues.

Operation Immersion will help remove barriers and ease soldier apprehension to accessing treatment. The Kentucky Division of Behavioral Health and Kentucky National Guard have teamed up to present a com-

prehensive 4-day training in military culture and issues unique to soldiers and their families who have served in the combat theater and experienced long deployments.

This training will immerse attendees in aspects of military culture and the deployment experience. Attendees will sleep in barracks, participate in morning Physical Training ("PT"), chores and inspection, experience a Field Leadership Reaction Course, combat simulators, and network with military personnel and resource providers. In addition, workshops will provide training in behavioral-health related impact topics. (agenda and CEUs being finalized).

Please email operationimmersion@ky.gov for more information



Kentucky's OPERATION IMMERSION



May 20-23, Wendell H. Ford Regional Training Center

EVENT LEARNING OBJECTIVES

1. Strengthen Kentucky's capacity to serve and support the military and Veteran population by increasing the number of clinical professionals trained in military/Veteran culture.
2. Equip behavioral health service providers and professionals with knowledge and skills that increase their ability to provide high quality care and support to military and Veteran populations.
3. Promote integrated care and support systems by connecting behavioral health providers and professionals with military and Veteran resources.

DRAFT AGENDA

(all times are Central Time, this is a draft agenda and is subject to change)

Tuesday, May 20		Wednesday, May 21 & Thursday, May 22		Friday, May 23	
1100-1200	Arrive/Registration	0500-0730	Rise and Shine, morning	0530-0730	Rise&Shine, Commander's
1200-1830	Training Activities		PT, breakfast		Inspection, Breakfast
1830-2200	Dinner, Networking	0730-2200	Training Activities	0745-1230	Training Activities
2200	Lights Out	2200	Lights out	1230	Dismissal

LOCATION/EVENT INFORMATION

Operation Immersion is a joint program between the Kentucky National Guard and the Kentucky Division of Behavioral Health. The event is scheduled for May 20-23 at the Wendell H. Ford Regional Training Center in Muhlenberg County.

Please arrive by 11 a.m. (CST) on May 20 at Building #300 at the training center. Dress for the event is casual (jeans, sweats, t-shirts, sweatshirts, tennis shoes). Military personnel may wear ACUs.

Directions to the training center can be found at <http://www.whftrc.ky.gov/directions.htm> Please plan to use the directions from this website since the address for the training center will not work correctly on GPS units. When you arrive at the center, please leave your luggage in your vehicle. You will be instructed when to retrieve it before heading to

the barracks.

All visitors to the training center must be registered to attend the conference in order to be admitted onto the National Guard property. All civilians must have identification, including driver's license, vehicle insurance and registration.

Everyone in the vehicle over the age of 15 must present photo identification upon entering the gate. Your vehicle is subject to search at any time while on the training center property. Cell phone use is prohibited while operating a vehicle at the Wendell H. Ford Regional Training Center.

CEUs are available for the event. CEUs are free and available for CADAC, LPCC, nursing, nursing administrators, fee-based pastoral counseling, professional art therapists, psy-

chology and social work. Information will be available for other specialties so they may submit CE applications to their respective boards.

Food will be provided for Tuesday (dinner), Wednesday & Thursday (breakfast, lunch and dinner) and Friday (breakfast). Please plan to eat lunch prior to arriving on Tuesday. Snacks will be available at the training site, but you are welcome to bring your own.

Please note that at the beginning of the training you will be asked to sign a liability waiver and a media release for the event.

Participants are responsible for arranging their own transportation to the training location.

If you have any questions about this, please contact us.

REGISTRATION/CEUS

Continuing education credits are being offered for CADAC, LPCC, nursing, nursing administrators, fee-based pastoral counseling, professional art therapists, psychology and social work. CEUs are being applied for, but have been approved for these specialties previously.

Registration coming soon

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WHERE WILL WE STAY?

Lodging is in National Guard facilities. The facilities include bathrooms and showers for men and women. We know that three nights of communal living may not be the most comfortable atmosphere for everyone, but this is only for a few nights and it will give you a better understanding of how our service members live day in and day out. Think of it as military camp! Showers are open bay, but necessarily so to provide the full experience.

WHAT IF I CAN'T PHYSICALLY DO ALL OF THE ACTIVITIES?

This event is not designed to be a physical fitness test. That being said, participants will be physically active throughout the training. We encourage you to do your personal best. Former participants included a wide range of ages and physical abilities.

WHAT SHOULD I BRING TO THE TRAINING?

Clothing for four days (dress for weather)	Shower shoes/flip flops	Snacks (if desired)
Towels/washcloths	Prescription eyewear (if needed)	Medication if needed
Personal hygiene items	Safety glasses (sports, sun, etc.)	Business Cards to exchange (100)
Pair of gloves	Flashlight	Bug Spray/Sunscreen
Wet weather gear/rain jacket/poncho	Lock (combination/padlock)	Backpack
Tennis shoes (two pairs)	Sleeping bag and pillow (if desired)	

Prepare to wear two layers of clothes for paintball activity.

CAN YOU ACCOMMODATE SPECIAL DIETARY NEEDS?

You will have the opportunity to experience military meals during this training. We will have a limited ability to accommodate special dietary needs so please bring food/snacks as appropriate for your situation.

WHY SHOULD I ATTEND THIS TRAINING?

This is a fantastic opportunity to broaden and deepen your understanding of the military experience by living a slice of it for just 72 hours. This event is designed to be interactive and fun. Throughout the training you will have an opportunity to use equipment designed exclusively for the military. You will also have the opportunity to learn from and interact with service members and family members. This training will strengthen your ability to serve and support all those who serve. And on top of all that, it will be a unique and fun experience!

FORMER PARTICIPANTS SAY.....

“All aspects added to our understanding of the military experience, from experiencing ropes courses/leadership training, barracks life, common showers, field experiences, mobile units, roll-over humvee activities and PT in the early morning. I feel that I have gained valuable insights into interacting in a more sensitive way with our military personal.”

“The environment that was cultivated between the session members and trainers allowed intense collaboration and information sharing. The ability to experience real-life trainings that military members endure has enhanced my ability to understand the story and context of service members and families with whom I work.”

If you have additional questions, please contact us at: operationimmersion@ky.gov