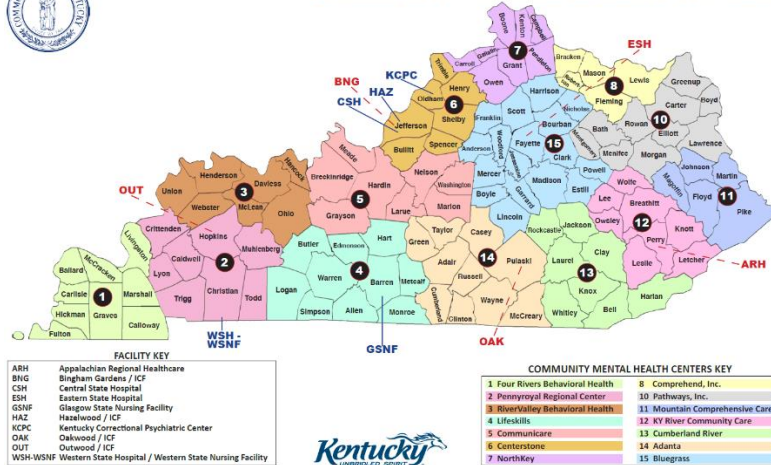


# Kentucky's Community Mental Health System



## COMMUNITY MENTAL HEALTH CENTERS



Contact the Point Person in Your Area to Make Sure You Have ACCESS (interpreters, etc) to the Community Mental Health Center (CMHC) Services in your Region!

Region Name	Contact Person	Email Address	Phone Number
Four Rivers	David Hedrich	<a href="mailto:dhedrich@4rbh.org">dhedrich@4rbh.org</a>	270-442-7121
Pennyroyal	Kelly Robertson	<a href="mailto:krobertson@pennyroyalcenter.org">krobertson@pennyroyalcenter.org</a>	270-886-2205
River Valley	Mary Kay Lamb	<a href="mailto:marykaylamb@rvbh.com">marykaylamb@rvbh.com</a>	270-689-6698
Lifeskills	Renee Hudson	<a href="mailto:rvalenti@lifeskills.com">rvalenti@lifeskills.com</a>	270-901-5000 Ext. 1326
Communicare	Rhonda Walters	<a href="mailto:rwalters@communicare.org">rwalters@communicare.org</a>	270-765-2605 x1143
Centerstone	Erin Schilling	<a href="mailto:Erin.Schilling@centerstone.org">Erin.Schilling@centerstone.org</a>	502-435-4121
NorthKey	Sandra George	<a href="mailto:sgeorge@northkey.org">sgeorge@northkey.org</a>	859-578-3200 Ext. 3202
Comprehend	Steve Lowder	<a href="mailto:slowder@comprehendinc.org">slowder@comprehendinc.org</a>	606-564-2727
Pathways	Elizabeth Fitzer	<a href="mailto:Elizabeth.Fitzer@pathways-ky.org">Elizabeth.Fitzer@pathways-ky.org</a>	606-473-7333
Mountain	Heather Greene	<a href="mailto:heather.greene@mtcomp.org">heather.greene@mtcomp.org</a>	606-886-4372
Mountain	Deloris Hayden	<a href="mailto:Deloris.Hayden@mtcomp.org">Deloris.Hayden@mtcomp.org</a>	606-886-4353
Kentucky River	Sepricia Hall	<a href="mailto:Sepricia.hall@krccnet.com">Sepricia.hall@krccnet.com</a>	606-436-5761 ext. 5053
CRCC	Greta Baker	<a href="mailto:Greta.Baker@crccc.org">Greta.Baker@crccc.org</a>	606-528-7010 x 2064
Adanta	Kathrina Riley	<a href="mailto:kriley@adanta.org">kriley@adanta.org</a>	606-679-4782 x2389
Bluegrass	Laura Burg	<a href="mailto:ljburg@bluegrass.org">ljburg@bluegrass.org</a>	800-432-0555

## Specialized Mental Health Services in ASL

Did you know that Kentucky has specialized mental health services in three Community Mental Health Center Regions? They may also be able to help outside of their region. Give a call today!

### Contact Information for the DHHS Specialists in the CMHC System

#### ***Bluegrass***

Laura Burg, MSW, LCSW  
[ljburg@bluegrass.org](mailto:ljburg@bluegrass.org)  
859.333.7662 (Voice or Text)

Rhonda McQuery  
[rlmcqueary@bluegrass.org](mailto:rlmcqueary@bluegrass.org)  
859.539.3839 (Voice or Text)

#### ***Centerstone***

Erin Schilling, LCSW  
[Erin.Schilling@centerstone.org](mailto:Erin.Schilling@centerstone.org)  
502.435.4121 (Text Only)  
502.416.0444 (VP)

Julie Dalbom, LPCC  
[Julie.Dalbom@centerstone.org](mailto:Julie.Dalbom@centerstone.org)

#### ***Cumberland River Behavioral Health***

Dodie Karr  
[Doris.Karr@crccc.org](mailto:Doris.Karr@crccc.org)  
606.620.0194 (VP)  
606.515.1159 (Text)

**Centerstone has recently added a new case manager! Contact her at [hollyomary@centerstone.org](mailto:hollyomary@centerstone.org)!**

### **Still having trouble getting the services you need?**

Michelle Niehaus, LCSW  
Program Administrator  
Deaf and Hard of Hearing Services  
KY Department for Behavioral Health, Developmental, & Intellectual Disabilities  
275 E. Main Street, 4W-G  
Frankfort, KY 40621  
(502) 782-6181 (Voice)  
(502) 385-0461 (VideoPhone)  
[Michelle.Niehaus@ky.gov](mailto:Michelle.Niehaus@ky.gov)