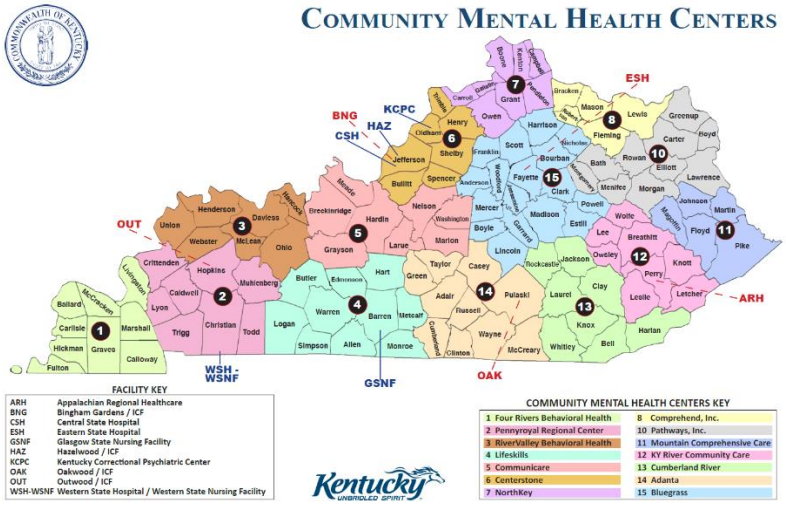
Kentucky's Community Mental Health System



Contact the Point Person in Your Area to Make Sure You Have ACCESS (interpreters, etc) to the Community Mental Health Center (CMHC) Services in your Region!

Region Name	Contact Person	Email Address	Phone Number
Four Rivers	David Hedrich	dhedrich@4rbh.org	270-442-7121
Pennyroyal	Kelly Robertson	krobertson@pennyroyalcenter.org	270-886-2205
River Valley	Mary Kay Lamb	marykaylamb@rvbh.com	270-689-6698
Lifeskills	Renee Hudson	rvalenti@lifeskills.com	270-901-5000 Ext. 1326
Communicare	Rhonda Walters	rwalters@communicare.org	(270) 765-2605 x1143
Centerstone	Erin Schilling	Erin.Schilling@centerstone.org	502-435-4121
NorthKey	Sandra George	sgeorge@northkey.org	859-578-3200 Ext. 3202
Comprehend	Steve Lowder	slowder@comprehendinc.org	606-564-2727
Pathways	Elizabeth Fitzer	Elizabeth.Fitzer@pathways-ky.org	606-473-7333
Mountain	Heather Greene	heather.greene@mtcomp.org	606-886-4372
Mountain	Deloris Hayden	Deloris.Hayden@mtcomp.org	606-886-4353
Kentucky River	Sepricia Hall	Sepricia.hall@krccnet.com	606-436-5761 ext. 5053
CRCC	Greta Baker	Greta.Baker@crccc.org	606-528-7010 x 2064
Adanta	Kathrina Riley	kriley@adanta.org	(606) 679-4782 x2389
Bluegrass	Laura Burg	ljburg@bluegrass.org	1800-432-0555

Specialized Mental Health Services in ASL

Did you know that Kentucky has specialized mental health services in three Community Mental Health Center Regions? They may also be able to help outside of their region. Give a call today!

Contact Information for the DHHS Specialists in the CMHC System

Bluegrass

Laura Burg, MSW, LCSW
ljburg@bluegrass.org
859.333.7662 (Voice or Text)

Rhonda McQuery
rlmcqueary@bluegrass.org
859.539.3839 (Voice or Text)

Centerstone

Erin Schilling, LCSW
Erin.Schilling@centerstone.org
502.435.4121 (Text Only)
502.416.0444 (VP)

Julie Dalbom, LPCC
Julie.Dalbom@centerstone.org

Cumberland River Behavioral Health

Dodie Karr
Doris.Karr@crccc.org
606.620.0194 (VP)
606.515.1159 (Text)

Centerstone has recently added a new case manager! Contact her at hollyomary@centerstone.org!

Still having trouble getting the services you need?

Michelle Niehaus, LCSW
Program Administrator
Deaf and Hard of Hearing Services
KY Department for Behavioral Health, Developmental, & Intellectual Disabilities
275 E. Main Street, 4W-G
Frankfort, KY 40621
(502) 782-6181 (Voice)
(502) 385-0461 (VideoPhone)
Michelle.Niehaus@ky.gov