

KY Youth Services Satisfaction Caregiver Survey Report 2023 Statewide





In 2023 the Kentucky Cabinet for Health and Family Services (CHFS), Department for Behavioral Health, Development and Intellectual Disabilities (BHDID) conducted this survey to evaluate satisfaction of services delivered at Kentucky's Community Mental Health Centers (CMHCs).

Introduction

This document was created as a result of collaboration between two key entities:

- The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID) and
- The Community Mental Health Centers (CMHCs)

Purpose

The purpose of this document is to evaluate the satisfaction of services delivered by the Community Mental Health Centers (CMHCs) from the consumer's perspective. The source of information reported in this document is aggregated results of a survey.

Why This Survey?

The Youth Services Survey for Families (YSS-F) was developed and validated at a national level in part to promulgate data standards that allow for valid results that better inform policy and decisions. The YSS-F is designed as the primary tool to evaluate and include the youth client caregivers' perspectives of public mental health services they have received.

Appropriate Use of These Survey Results

The results of this survey are intended to express the aggregated data of respondents' perception of care. This booklet represents the perceptions of a sample of CMHC clients who are actively receiving outpatient services during the time of the survey implementation. The results are not intended to be interpreted as the opinion of all CMHC clients of services received.

This output report includes results about the survey's seven core domains:

Domain	Primary Concerns Related to the Domain
General Satisfaction	Services were, overall, satisfactory and preferable to other choices
Access to Services	Staff availability, the range of service options, and how quickly and conveniently services were received
Cultural Sensitivity	Cultural and linguistic access and whether services promoted recovery and continuity of care
Participation in Treatment Planning	Clients' participation in planning services. For example, whether the patient, not staff, decided treatment goals
Outcomes	Services provided patients with positive changes in areas for which treatment was sought and minimal negative outcomes.
Social Connectedness	Services contributed to improving natural supports which come from family or friends
Functioning	There was a positive effect on independent community living and decreasing distress caused by symptoms

State Mental Health Authority

The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID) is identified by Kentucky Revised Statute (KRS) 194.030 as the primary state agency for developing and administering programs for the prevention, detection, and treatment of mental health, developmental, intellectual disabilities, and substance use disorders.

DBHDID Website: <http://dbhdid.ky.gov/>

Regional Community Programs

Kentucky is divided into fourteen geographic regions for the purposes of planning and providing publicly funded community mental health services. For each region a Regional Board for Mental Health or Individuals with an Intellectual Disability has been established pursuant to KRS 210.370-210.480 as the planning authority for community mental health programs in the region.

Methodology

The survey was implemented at outpatient clinics operated by the CMHCs. During each summer staff make the survey available to people who arrived for outpatient appointments at selected clinics. Completing the survey was voluntary and had no implications on appointments or services provided.

Survey Penetration Rate

Survey Penetration

Table 1. Statewide Survey Penetration Rate in State Fiscal Year 2023 (July 1, 2022 - June 30, 2023)	
Number of Youth (Age < 18) Served	51,512
Number of Surveys Returned	2,424
Survey Penetration Rate	5%

During state fiscal year 2023, 51,512 youth clients visited Statewide. Two thousand four hundred twenty-four caregivers of youth clients participated in the survey in Statewide, resulting in a 5% penetration rate. (Table 1)

Youth Clients' Demographic Characteristics

The demographic profile of youth respondents in Statewide in 2023 is presented below. In this report, youth respondents' demographic characteristics are presented on gender and race.

Gender

Table 2. Gender of Youth Respondents	
Male	59%
Female	41%
Total	2,424

As Table 2 indicates, male respondents outnumber female respondents.

Race

Table 3. Race of Youth Respondents	
American Indian / Alaska Native	1%
Asian	1%
Black (African-American)	6%
Hispanic	3%
Native Hawaiian / Other Pacific Islander	0%
White (Caucasian)	81%
Other	12%
Total	2,399

The majority of youth respondents are White (Caucasian) (81%) while 3% of respondents report being of Hispanic descent.

Youth Clients’ Social/Medical Backgrounds

Child/Youth caregivers who responded to the survey were also asked about living arrangements, school attendance, medical history, and number of months the child/youth received services.

Living Arrangement

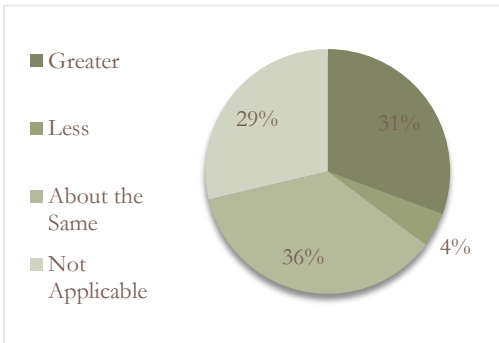
Table 4. Child Is Living with Caregiver	
Yes	97%
No	3%
Total	2,408

About 97% of respondents indicate that their children are living with them.

Further questions reveal that in the last 6 months, about 91% of youth clients have lived with one or both parents and 9% of children have lived with another family member. (Data not shown)

School Attendance

Figure 1. The Number of Days Child Was in School Since Beginning Services



About 31% of respondents indicated that the number of days their children were in school has increased since they started receiving services (Figure 1) while 17% reported that their children were expelled or suspended after beginning

services (data not shown).

Medical History

Figure 2. Medical Doctors (or Nurses) Visits During Last Year

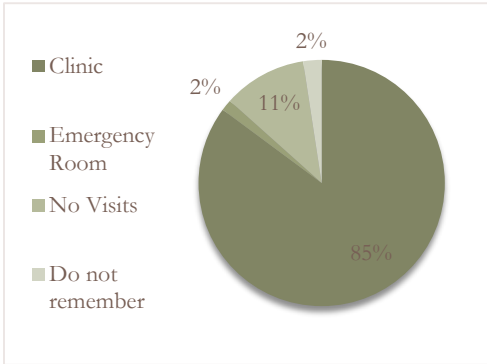


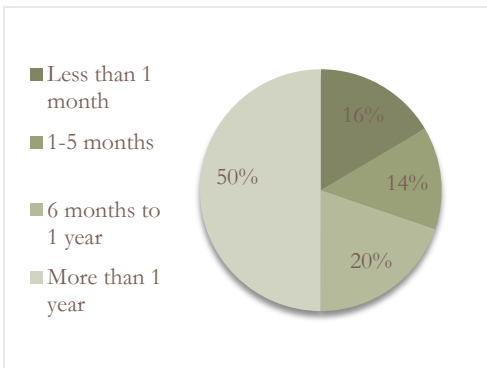
Figure 2 indicates that 85% of youth clients have visited medical doctors (or nurses) for a health checkup or because he/she was sick in the last year.

Also, 67% of respondents reported that their children are receiving medication for

emotional/behavioral problems. Among them, 97% of respondents report that the doctor or nurse shared information about side effects. (Data not shown)

Number of Months the Child/Youth Received Services

Figure 3. How Long Child Received Services from the CMHCs



Fifty percent of respondents report that their children received services from the CMHC for more than 1 year.

(Figure 3)

Comparison of Kentucky to National Averages (2019-2022)

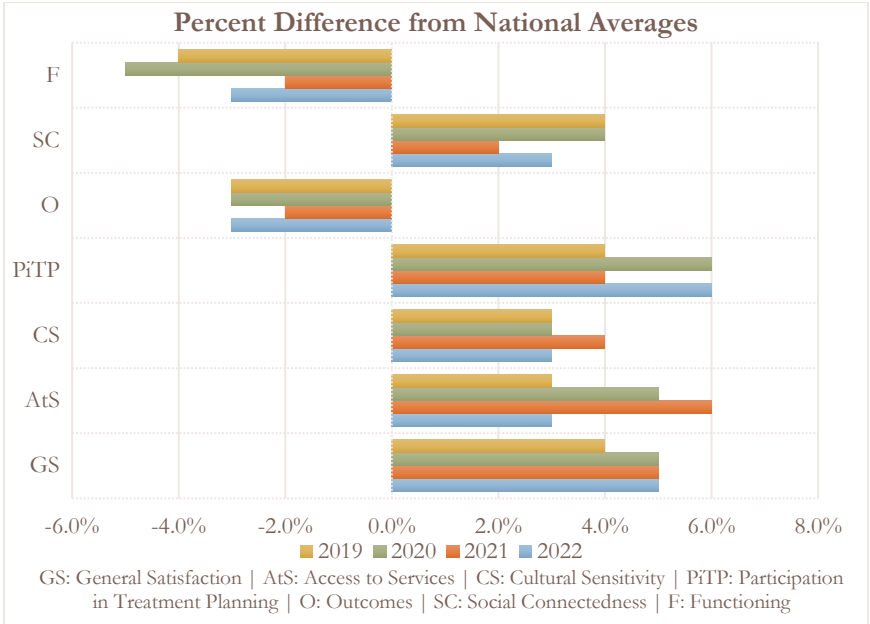


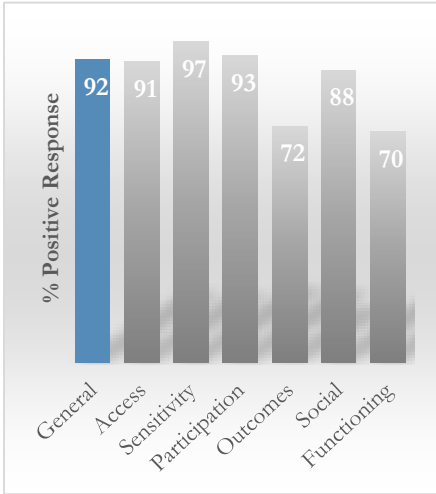
Table 5. Percent Positive Reporting	2019		2020		2021		2022	
	KY	US	KY	US	KY	US	KY	US
General Satisfaction	93	89	94	89	92	87	91	86
Access to Services	91	88	94	89	94	88	90	87
Cultural Sensitivity	97	94	98	95	98	94	97	94
Participation in Treatment Planning	94	90	95	89	93	89	94	88
Outcomes	71	74	72	75	70	72	68	71
Social Connectedness	92	88	92	88	90	88	89	86
Functioning	69	73	70	75	70	72	68	71

GENERAL SATISFACTION

Overview

Primary Concerns

- Provide Satisfaction
- Service Preferences and Satisfaction



Domain	Score (1 to 5)
General Satisfaction	4.51
Access to Services	4.53
Cultural Sensitivity	4.60
Participation in Treatment Planning	4.49
Outcomes	3.89
Social Connectedness	4.32
Functioning	3.91

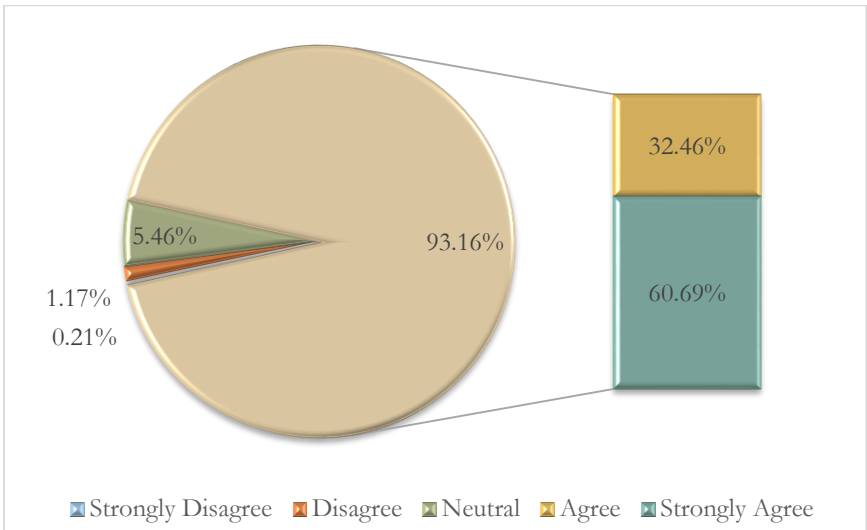
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



GENERAL SATISFACTION

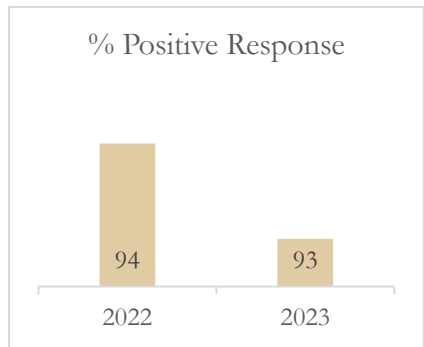
Overall, I Am Satisfied with the Services My Child Received

Statewide Totals

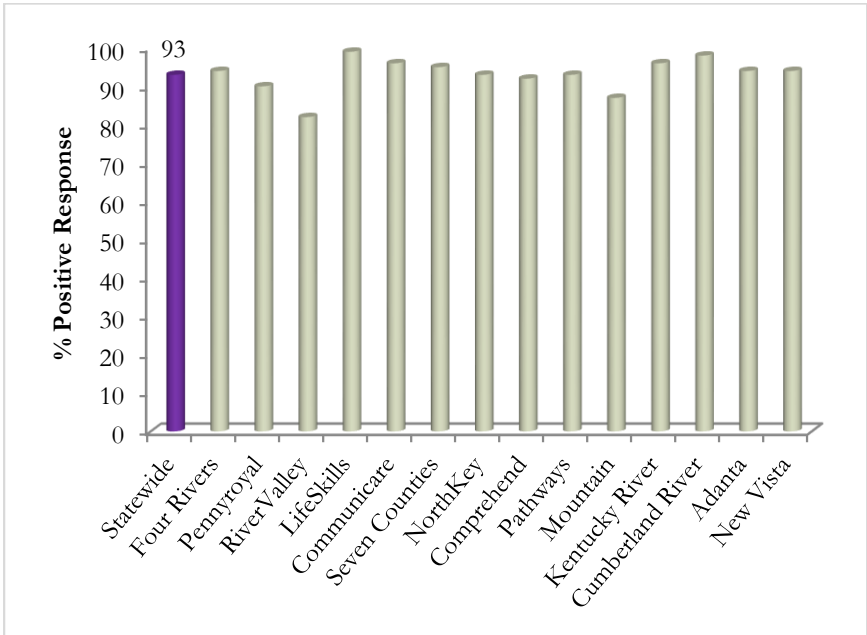


About 93% of respondents positively indicated that they were satisfied with the services their child received from the CMHC in 2023.

This is a 1% decrease from 2022.



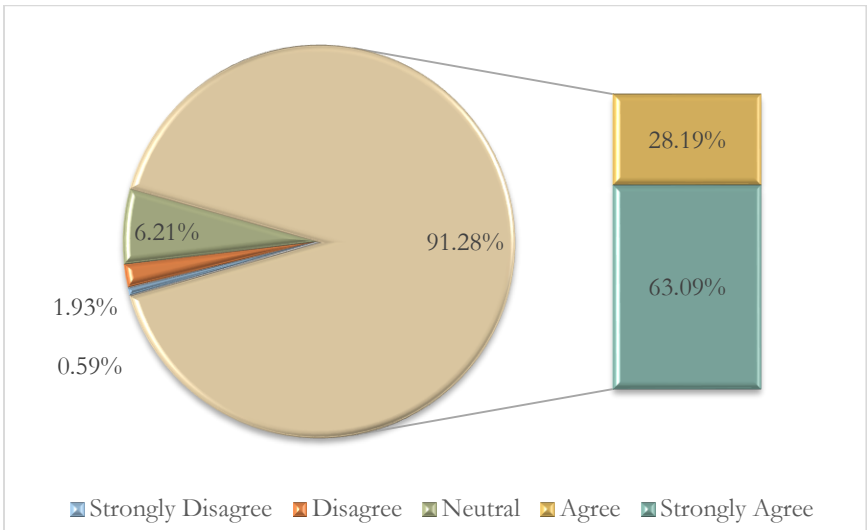
All Region Totals



GENERAL SATISFACTION

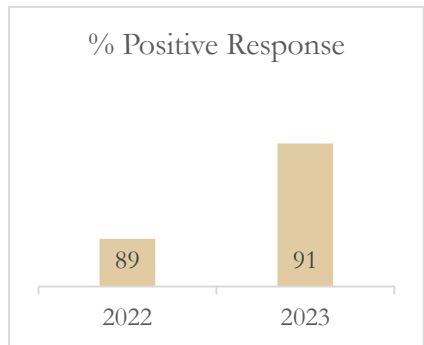
The People Helping My Child Stuck with Us No Matter What

Statewide Totals

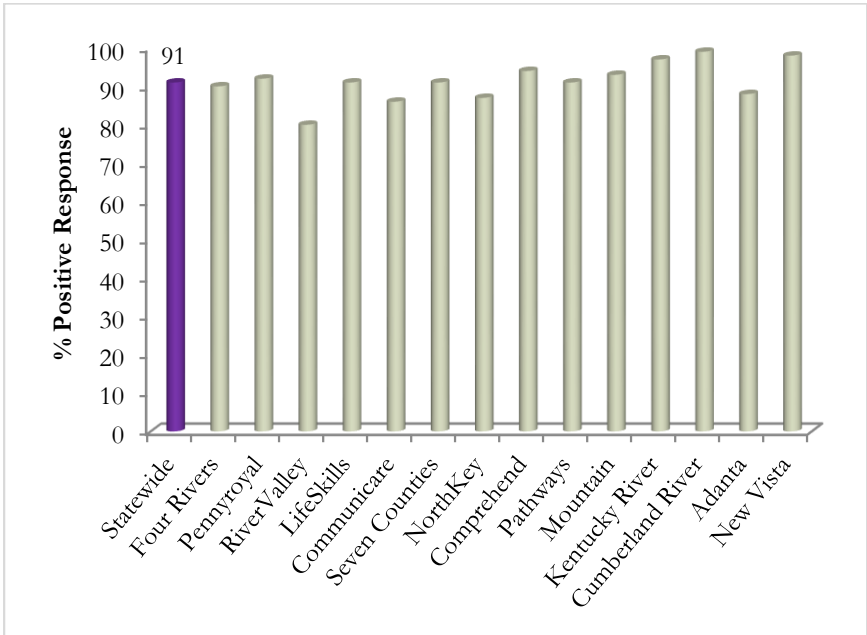


About 91% of respondents positively indicated that the people helping their child stuck with them no matter what in 2023.

This is a 2% increase from 2022.



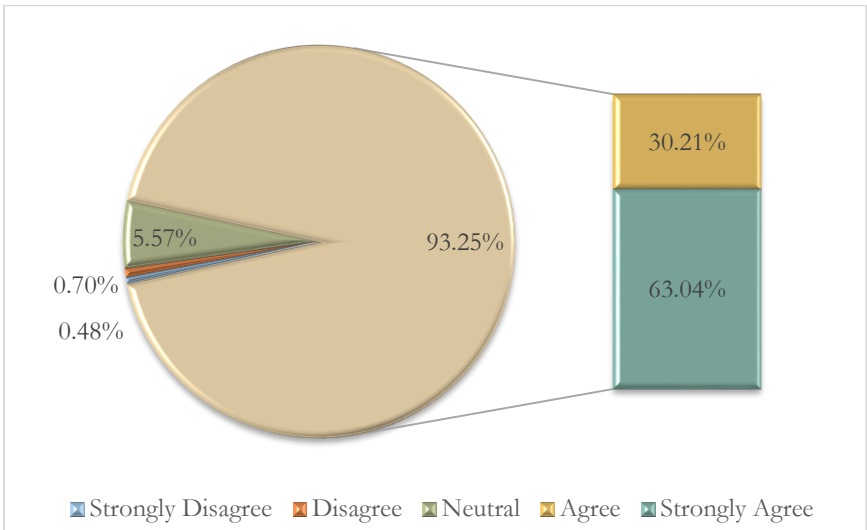
All Region Totals



GENERAL SATISFACTION

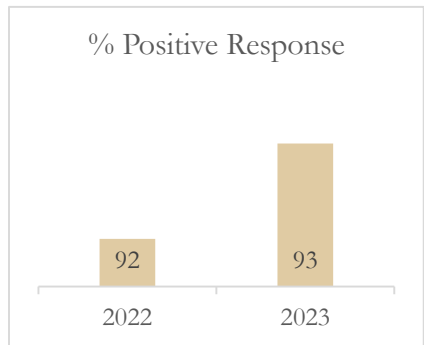
I Felt My Child Had Someone to Talk to When He/She Was Troubled

Statewide Totals

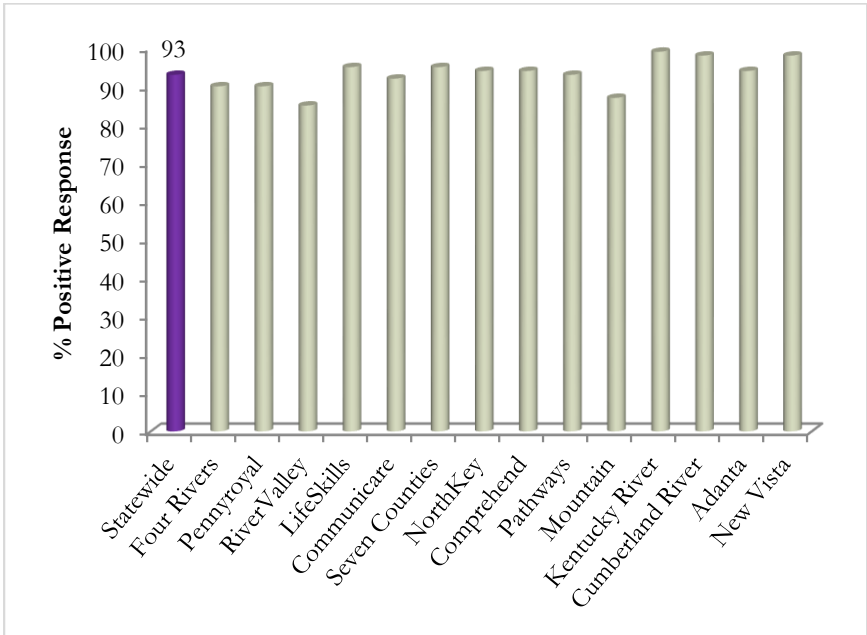


About 93% of respondents positively indicated that they felt their child had someone to talk to when he/she was troubled in 2023.

This is a 1% increase from 2022.



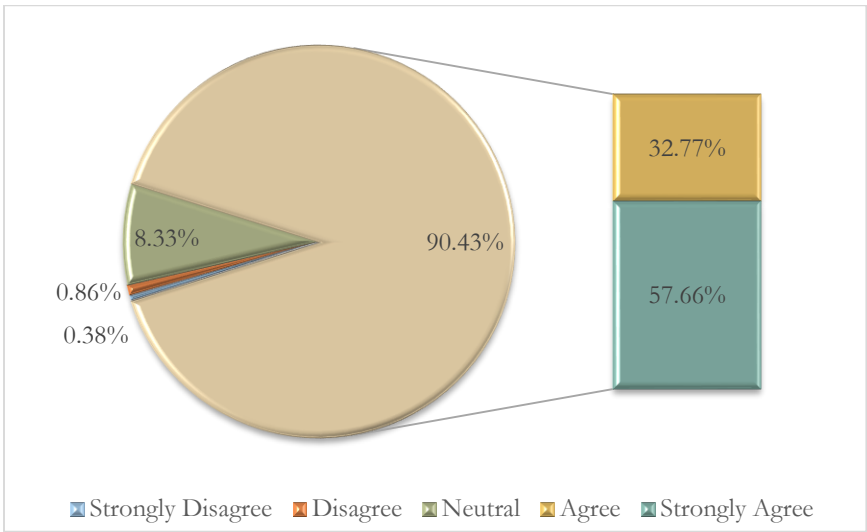
All Region Totals



GENERAL SATISFACTION

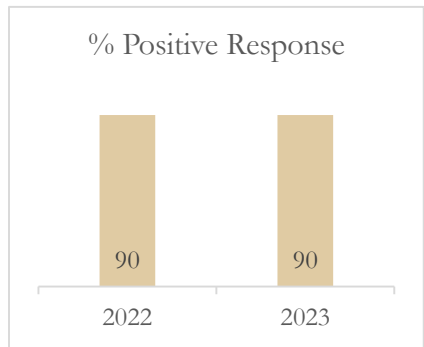
My Family Got the Help We Wanted for My Child

Statewide Totals

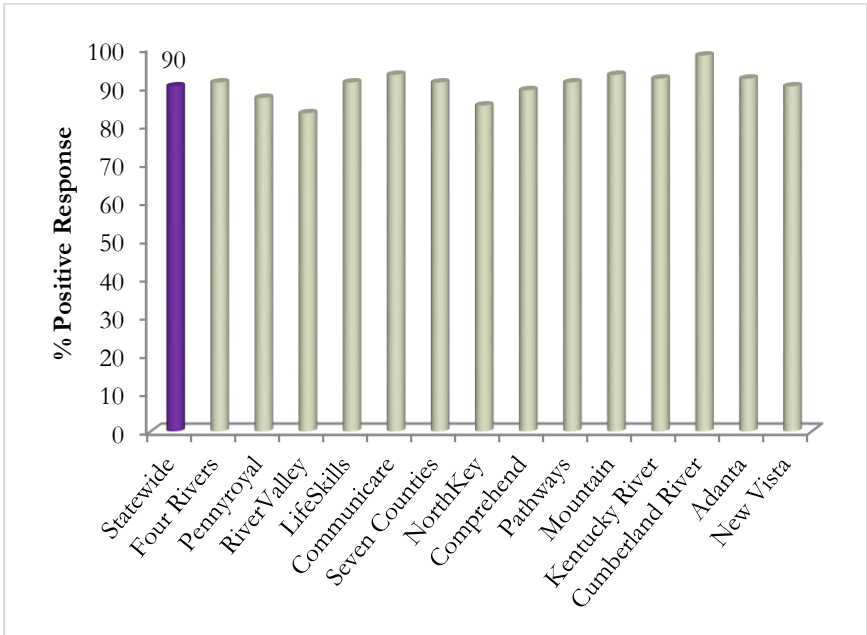


About 90% of respondents positively indicated that their family got the help they wanted for their child in 2023.

This is about the same as 2022.



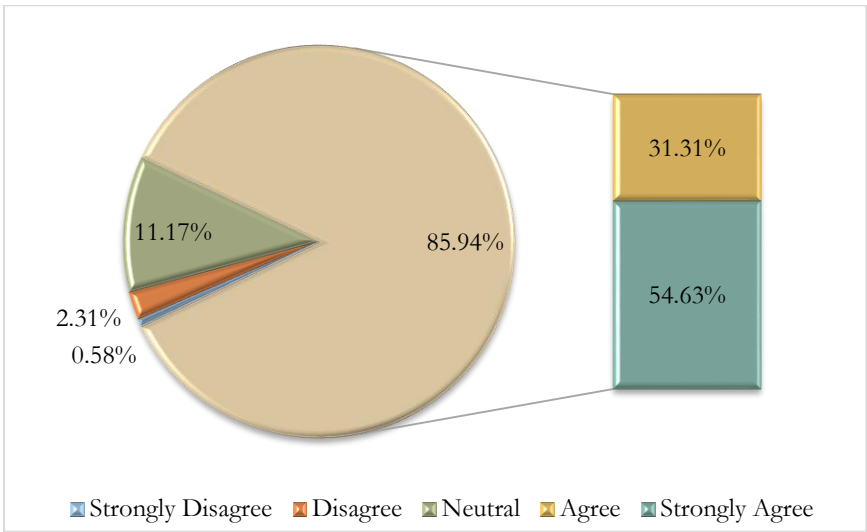
All Region Totals



GENERAL SATISFACTION

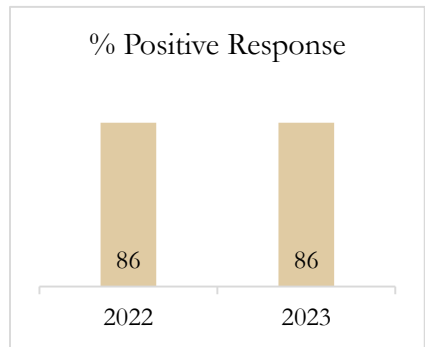
My Family Got As Much Help As We Needed for My Child

Statewide Totals

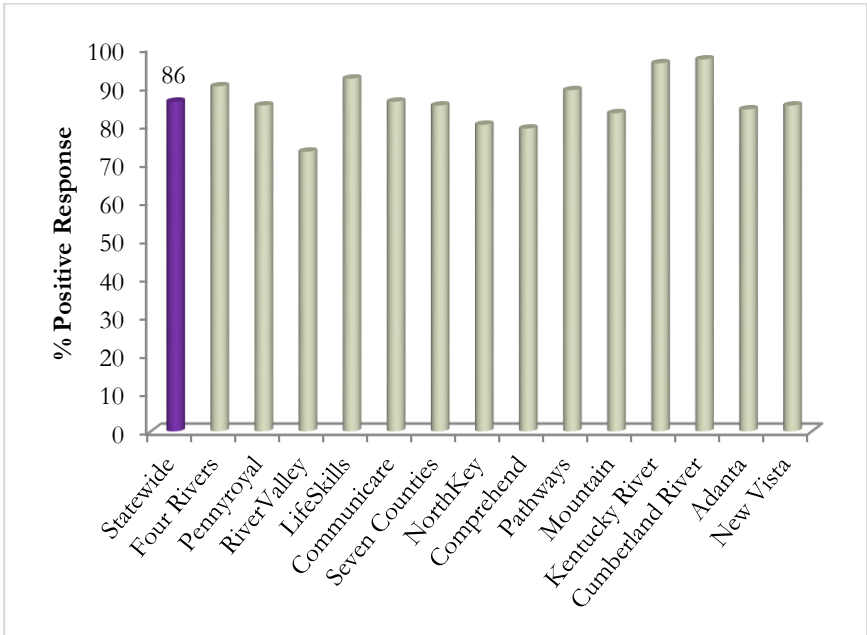


About 86% of respondents positively indicated that their family got as much help as they needed for their child in 2023.

This is about the same as 2022.

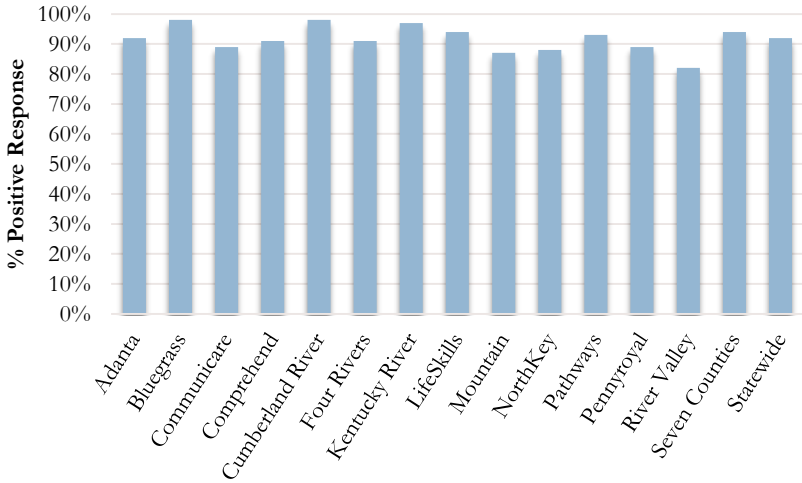


All Region Totals



GENERAL SATISFACTION

All Regional Boards

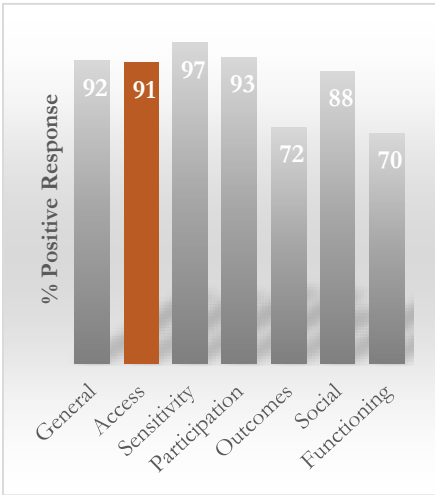


ACCESS TO SERVICES

Overview

Primary Concerns

- Quick and Convenient Entry into Services
- A Full Range of Service Options
- Staff Availability



Domain	Score (1 to 5)
General Satisfaction	4.51
Access to Services	4.53
Cultural Sensitivity	4.60
Participation in Treatment Planning	4.49
Outcomes	3.89
Social Connectedness	4.32
Functioning	3.91

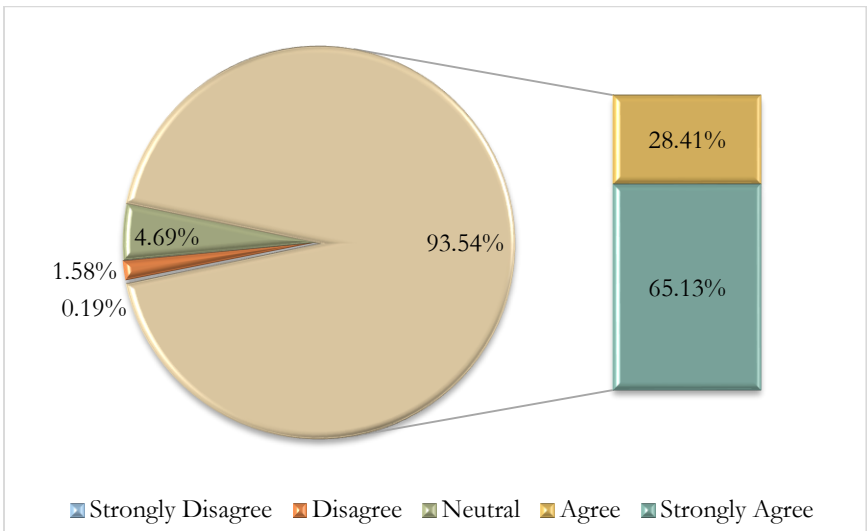
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



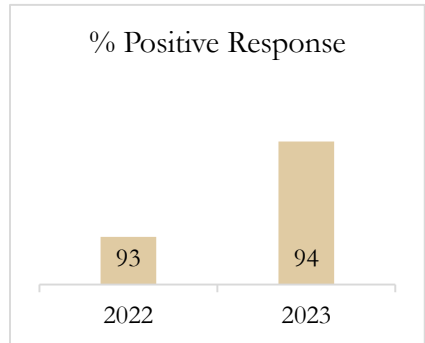
ACCESS TO SERVICES

The Location of Services Was Convenient for Us

Statewide Totals

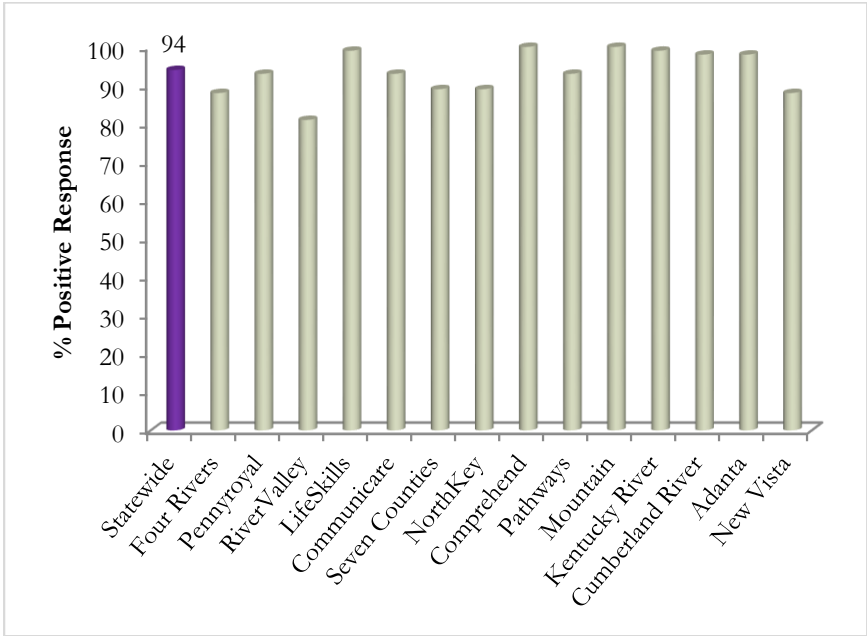


About 94% of respondents positively indicated that the location of services was convenient (parking, public transportation, distance, etc.) in 2023.



This is a 1% increase from 2022.

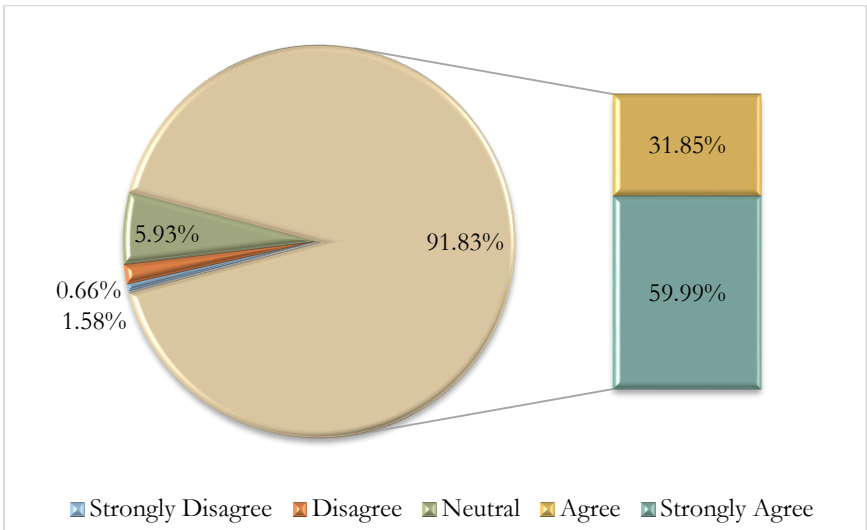
All Region Totals



ACCESS TO SERVICES

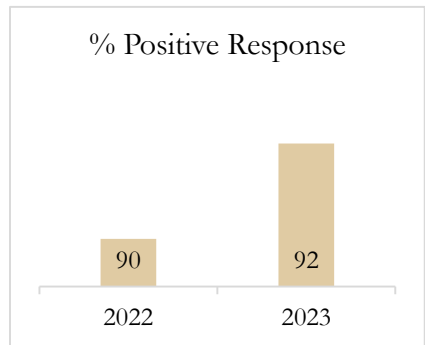
Services Were Available at Times That Were Convenient for Us

Statewide Totals

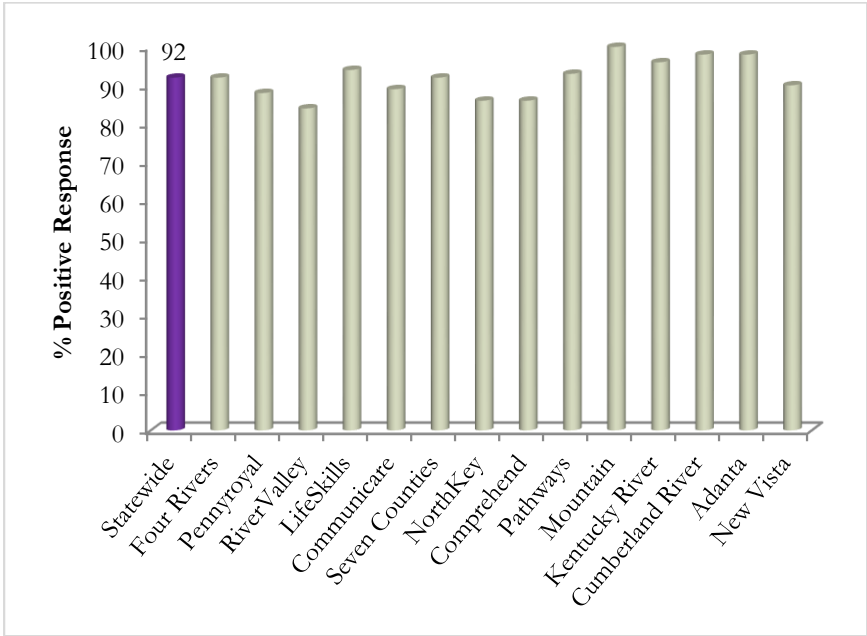


About 92% of respondents positively indicated that services were available at times that were convenient for them in 2023.

This is a 2% increase from 2022.

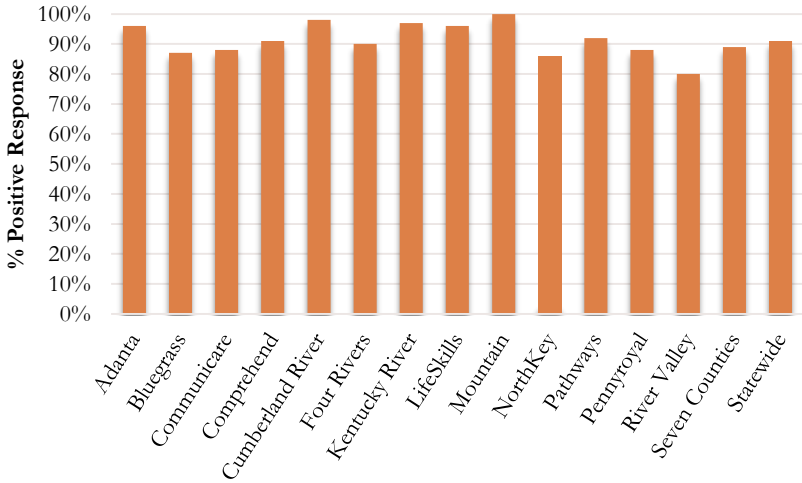


All Region Totals



ACCESS TO SERVICES

All Regional Boards

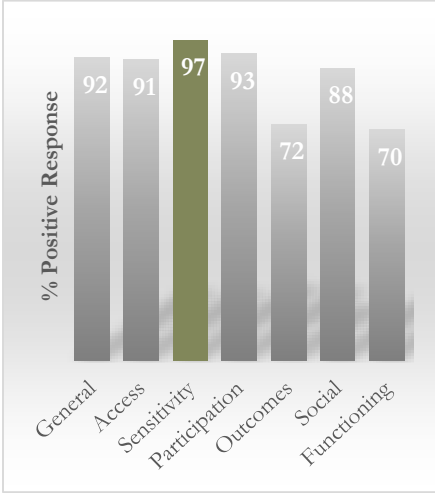


CULTURAL SENSITIVITY

Overview

Primary Concerns

- Respectful Staff
- Cultural and Linguistic Access



Domain	Score (1 to 5)
General Satisfaction	4.51
Access to Services	4.53
Cultural Sensitivity	4.60
Participation in Treatment Planning	4.49
Outcomes	3.89
Social Connectedness	4.32
Functioning	3.91

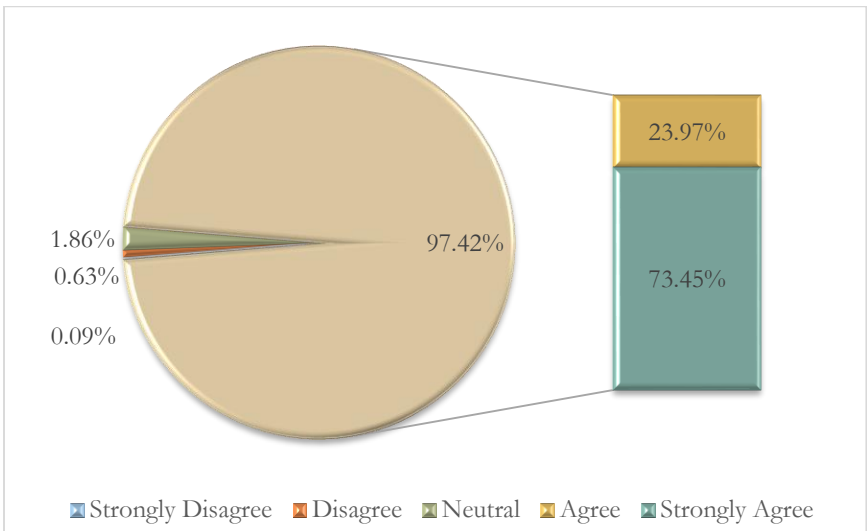
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



CULTURAL SENSITIVITY

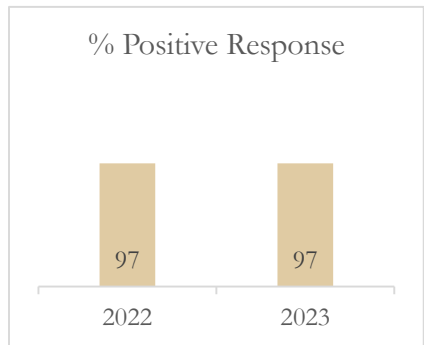
Staff Treated Me with Respect

Statewide Totals

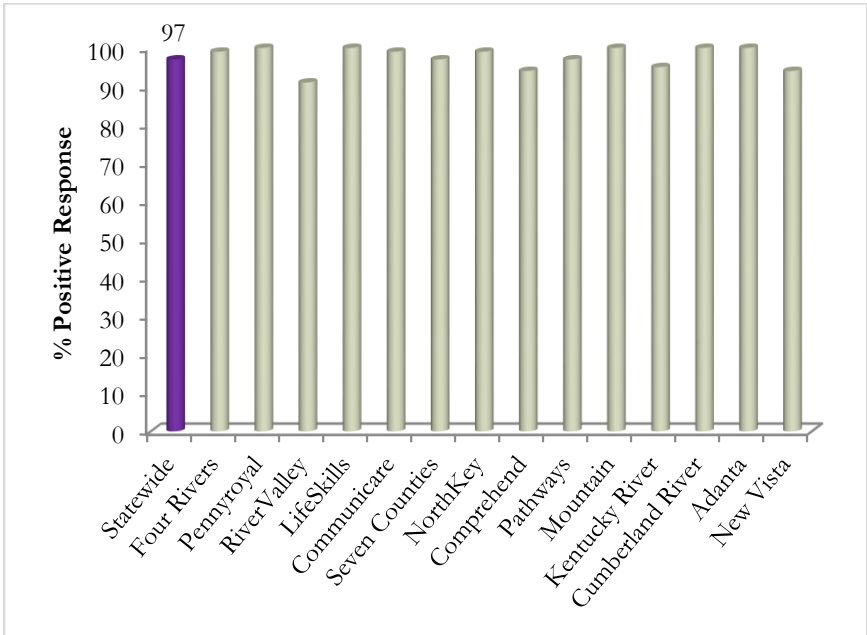


About 97% of respondents positively indicated that staff treated them with respect in 2023.

This is about the same as 2022.



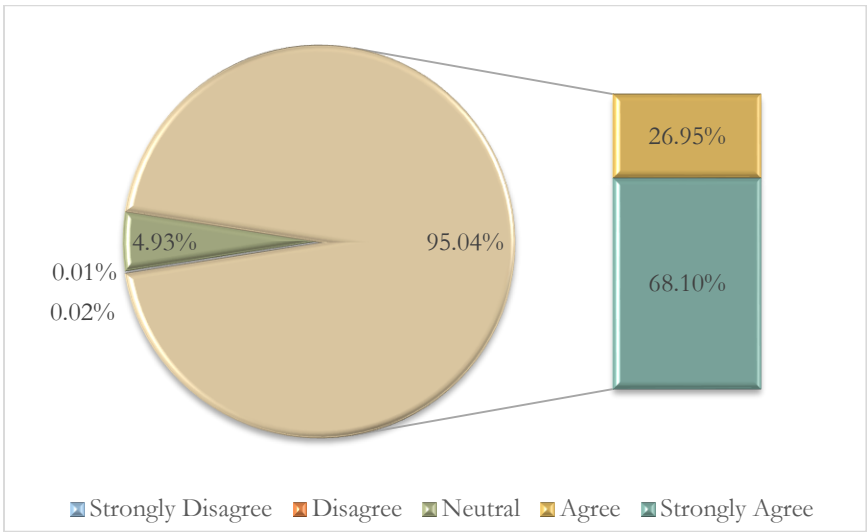
All Region Totals



CULTURAL SENSITIVITY

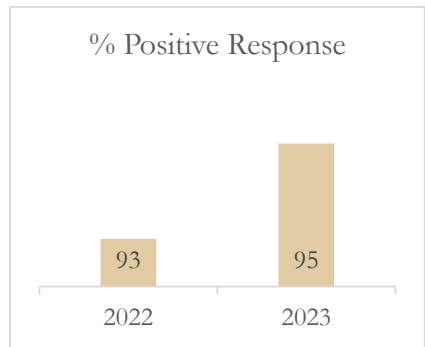
Staff Respected My Family's Religious/Spiritual Beliefs

Statewide Totals

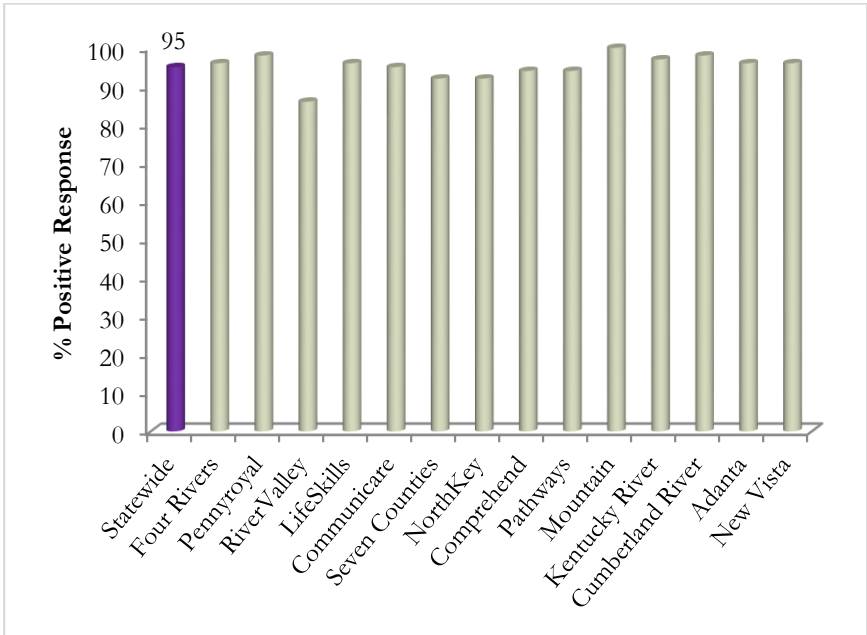


About 95% of respondents positively indicated that staff respected their family's religious/spiritual beliefs in 2023.

This is a 2% increase from 2022.



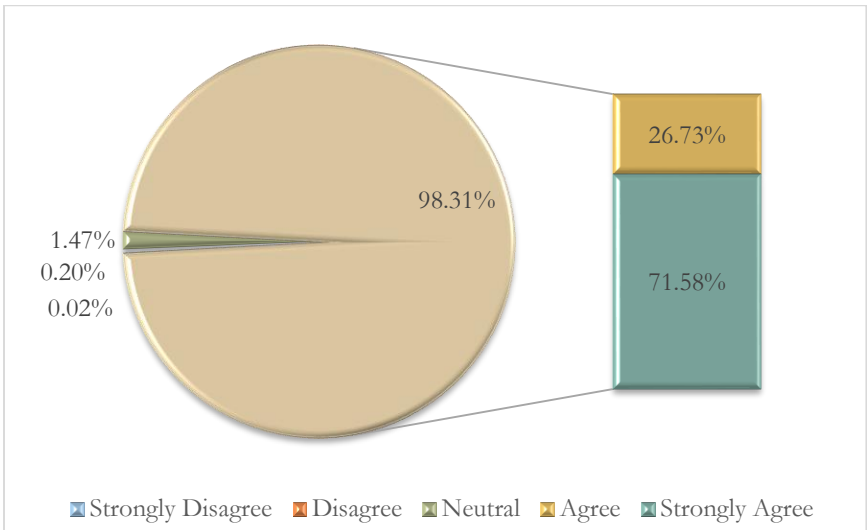
All Region Totals



CULTURAL SENSITIVITY

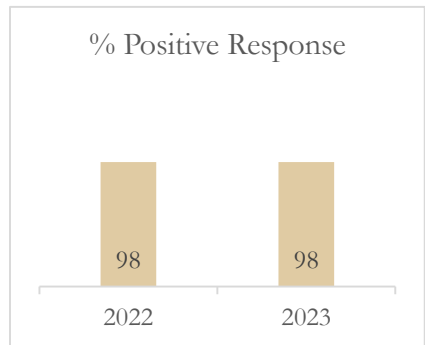
Staff Spoke with Me in a Way
That I Understood

Statewide Totals

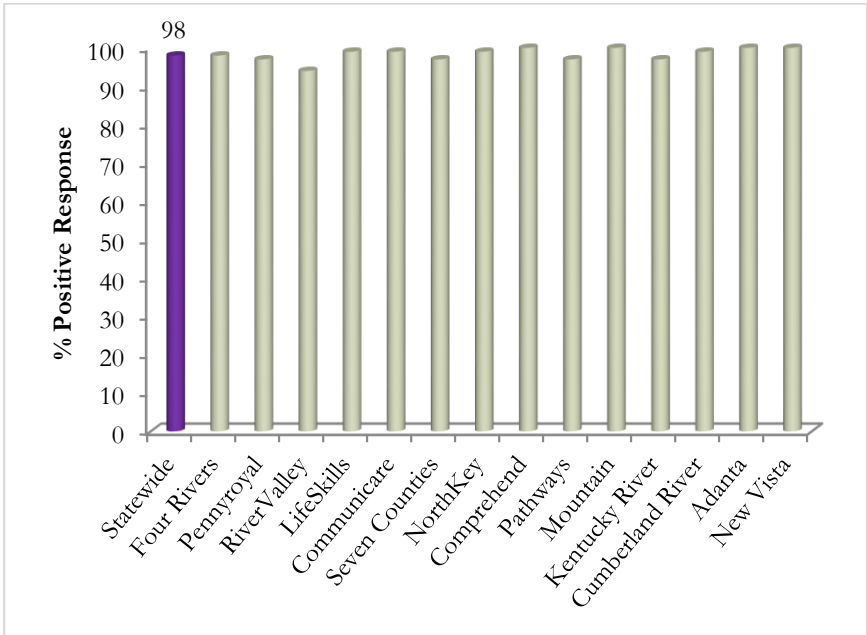


About 98% of respondents positively indicated that staff spoke with them in a way that they understood in 2023.

This is about the same as 2022.



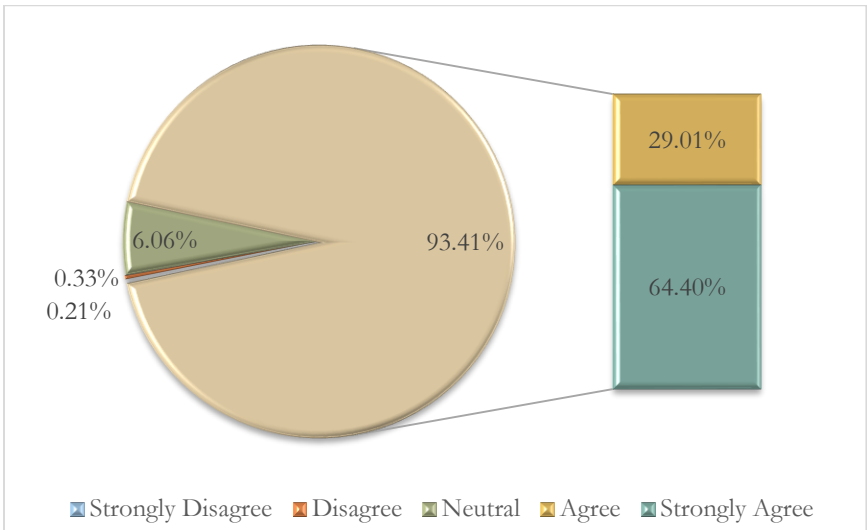
All Region Totals



CULTURAL SENSITIVITY

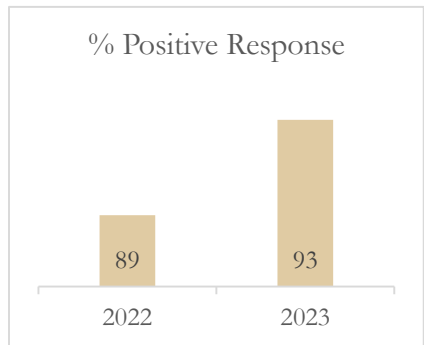
Staff Were Sensitive to My Cultural/Ethnic Background

Statewide Totals

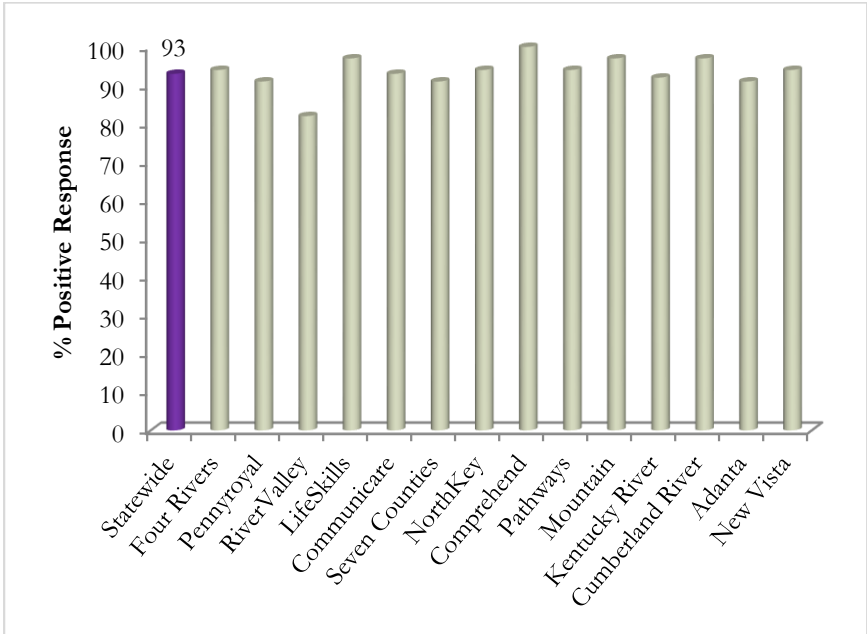


About 93% of respondents positively indicated that staff were sensitive to their cultural/ethnic background in 2023.

This is a 4% increase from 2022.

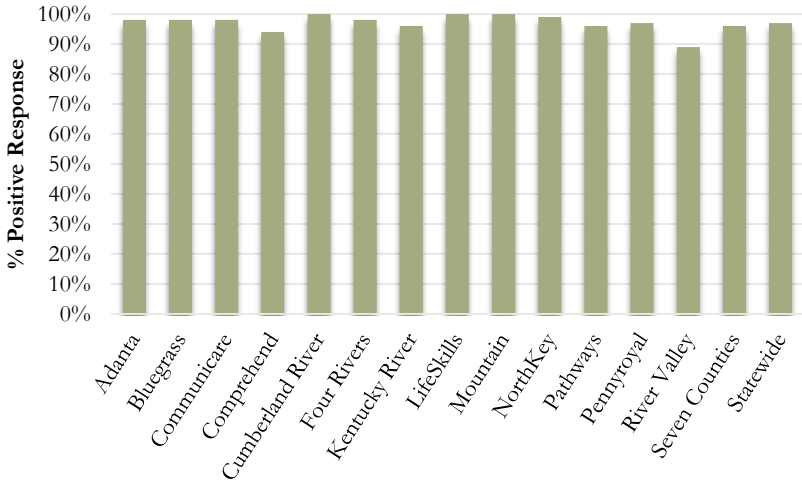


All Region Totals



CULTURAL SENSITIVITY

All Regional Boards

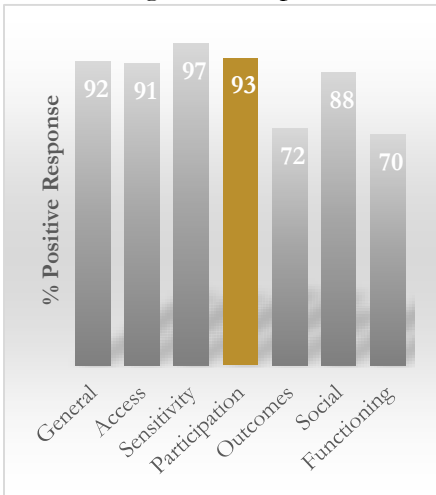


PARTICIPATION IN TREATMENT PLANNING

Overview

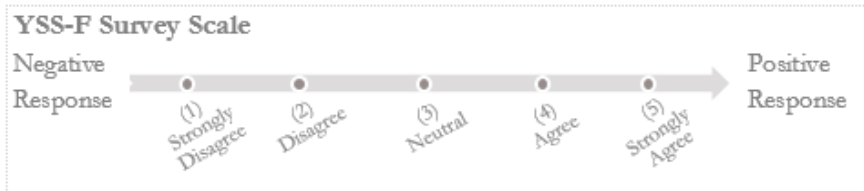
Primary Concerns

- Meaningful Participation in Planning My Child’s Service Array



Domain	Score (1 to 5)
General Satisfaction	4.51
Access to Services	4.53
Cultural Sensitivity	4.60
Participation in Treatment Planning	4.49
Outcomes	3.89
Social Connectedness	4.32
Functioning	3.91

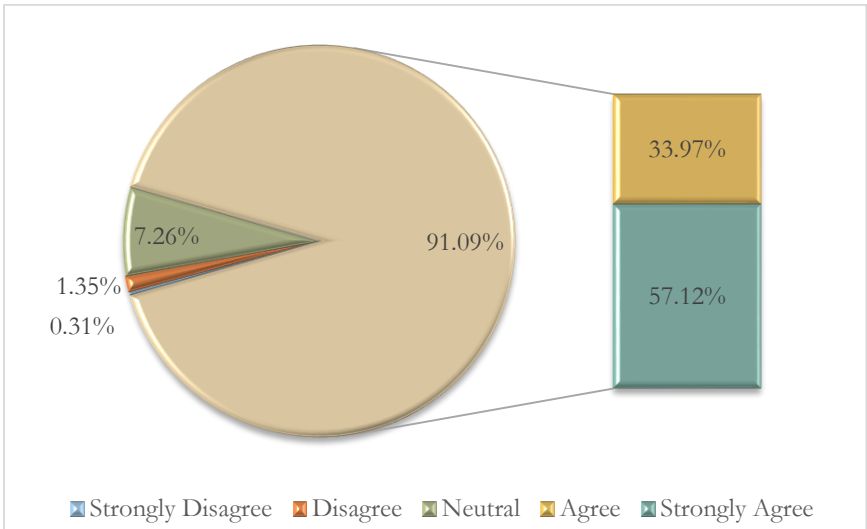
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



PARTICIPATION IN TREATMENT PLANNING

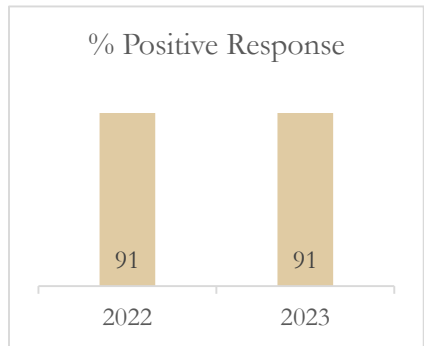
I Helped to Choose My Child's Services

Statewide Totals

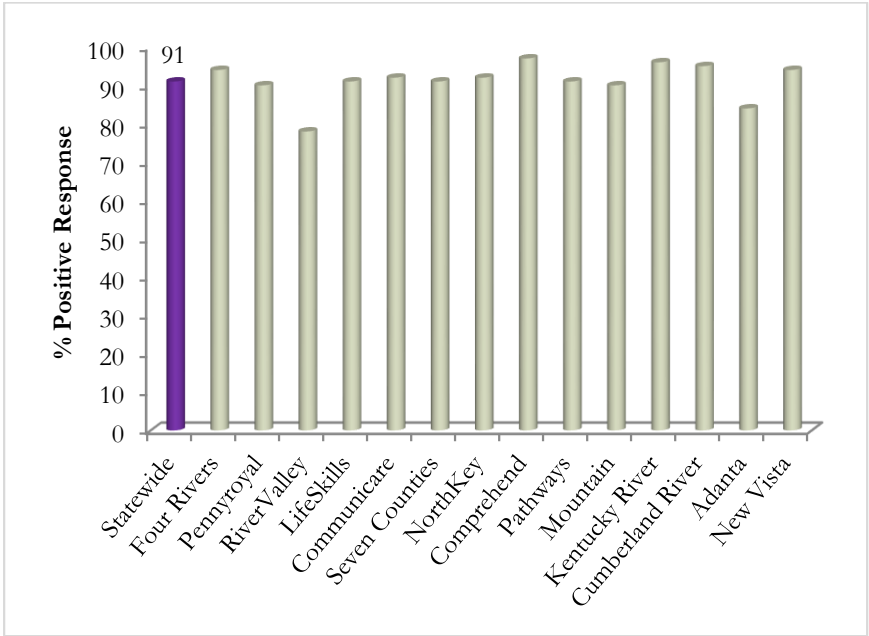


About 91% of respondents positively indicated that they helped to choose their child's services in 2023.

This is about the same as 2022.



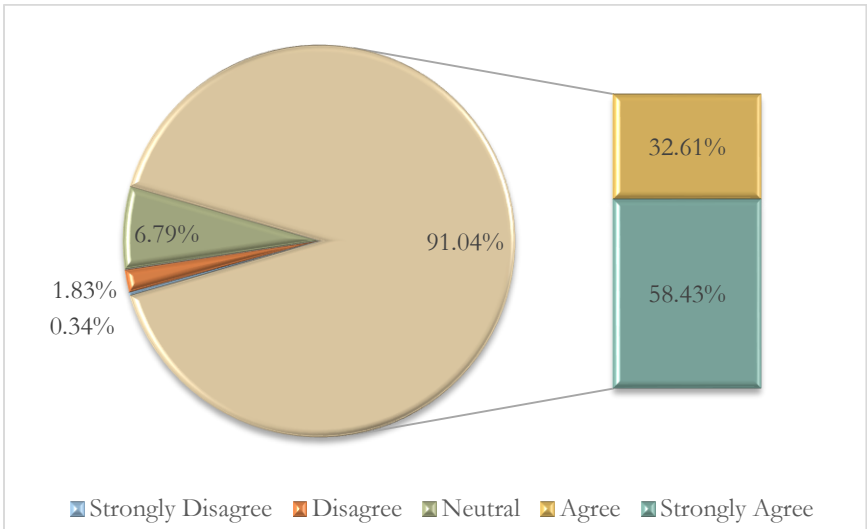
All Region Totals



PARTICIPATION IN TREATMENT PLANNING

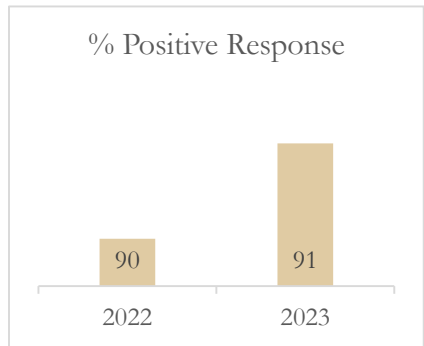
I Helped to Choose My Child's Treatment Goals

Statewide Totals

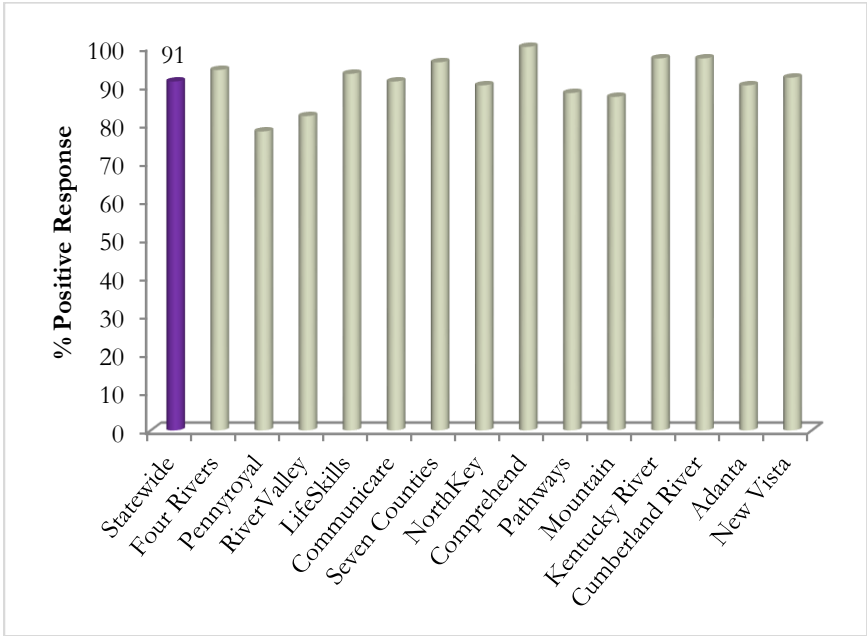


About 91% of respondents positively indicated that they helped to choose their child's treatment goals in 2023.

This is a 1% increase from 2022.



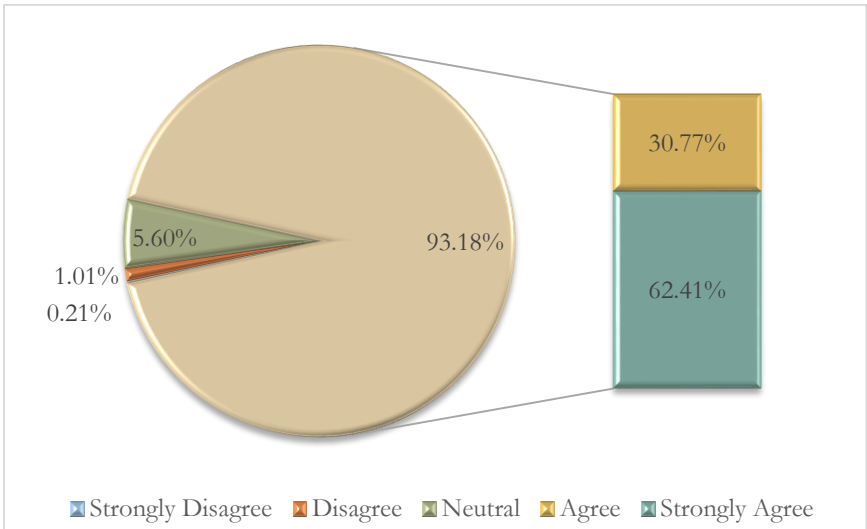
All Region Totals



PARTICIPATION IN TREATMENT PLANNING

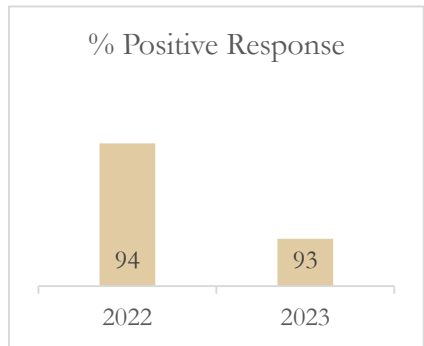
I Participated in My Child's Treatment

Statewide Totals

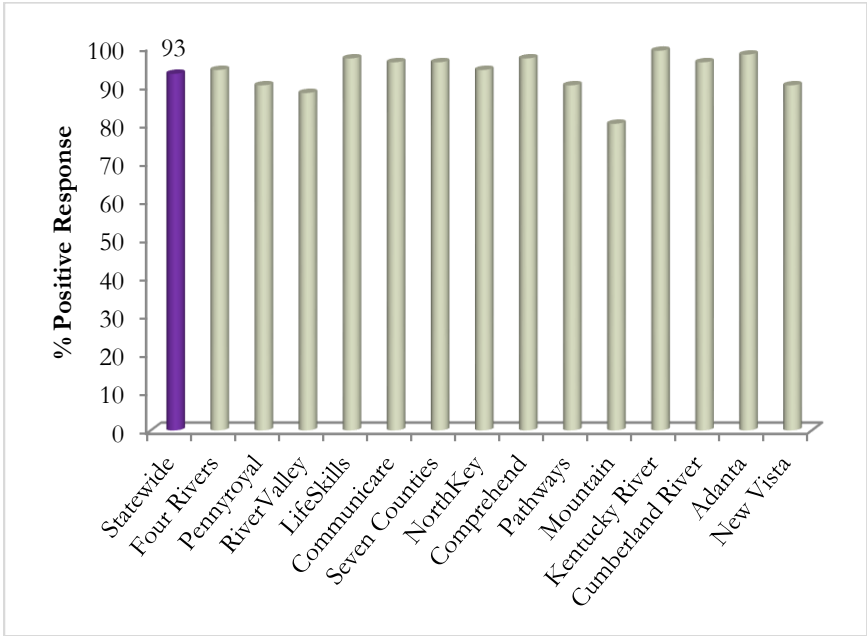


About 93% of respondents positively indicated that they participated in their child's treatment in 2023.

This is a 1% decrease from 2022.

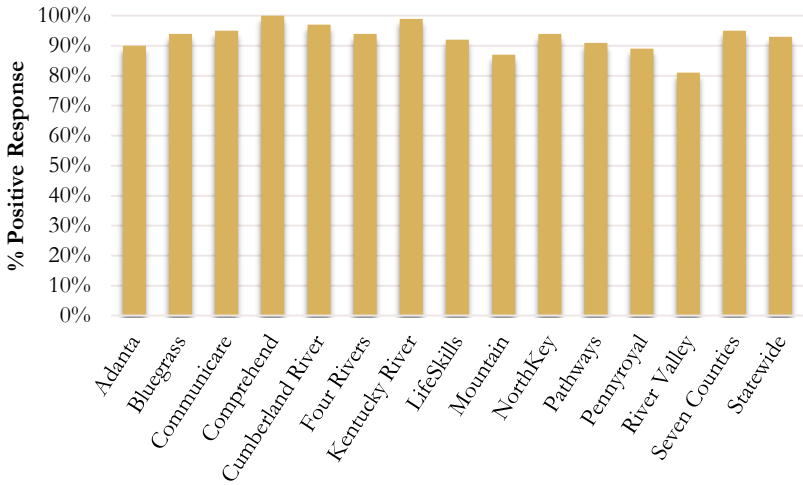


All Region Totals



PARTICIPATION IN TREATMENT PLANNING

All Regional Boards

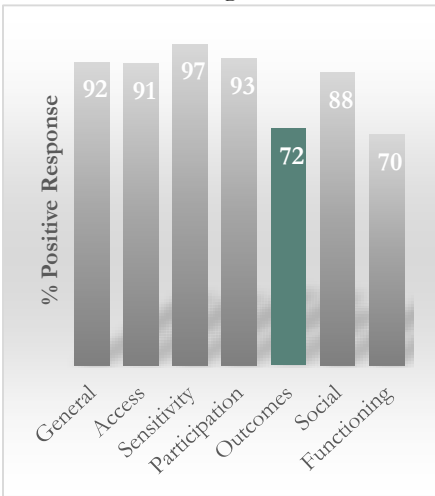


OUTCOMES

Overview

Primary Concerns

- Minimal Negative Outcomes from Treatment
- Reduced Psychological Distress
- Increased Sense of Personhood
- Increase in Productive Activity
- Coping Capacity
- Positive Changes in Areas for Which Treatment Is Sought



Domain	Score (1 to 5)
General Satisfaction	4.51
Access to Services	4.53
Cultural Sensitivity	4.60
Participation in Treatment Planning	4.49
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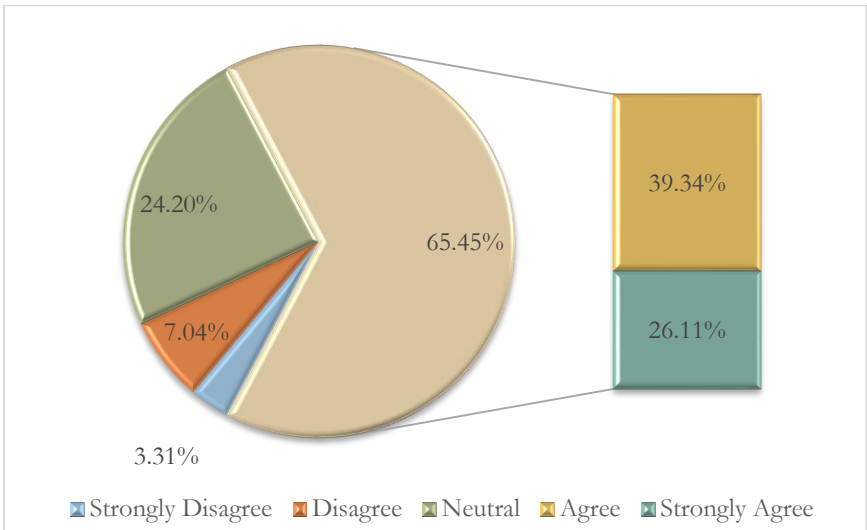
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



OUTCOMES

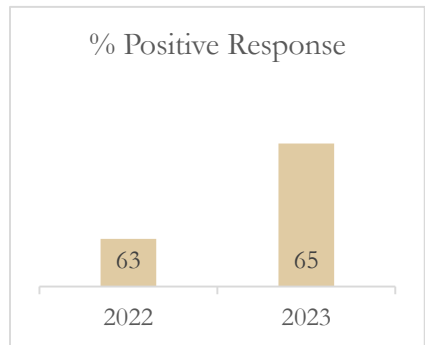
My Child's Symptoms Are Not Bothering Him/Her As Much

Statewide Totals

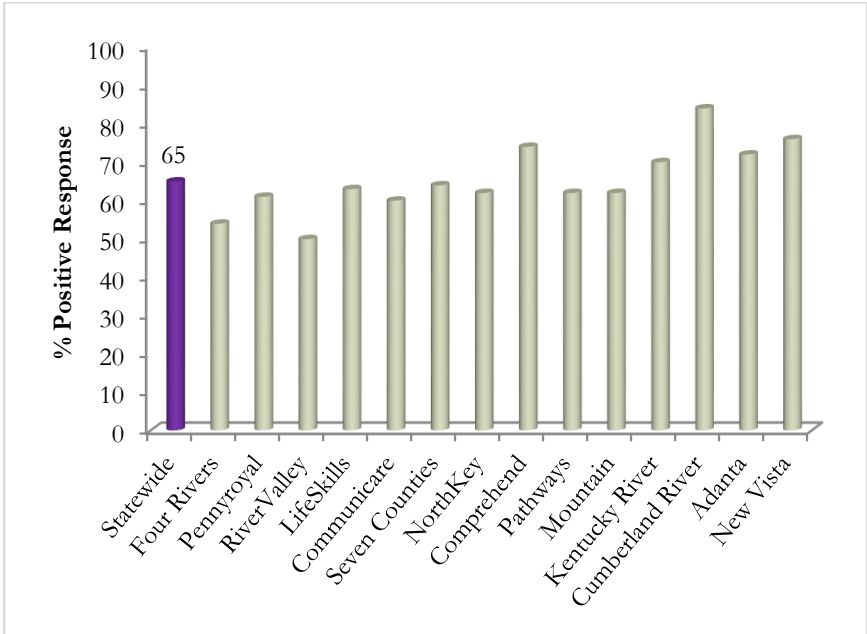


About 65% of respondents positively indicated that their child's symptoms were not bothering him/her as much in 2023.

This is a 2% increase from 2022.



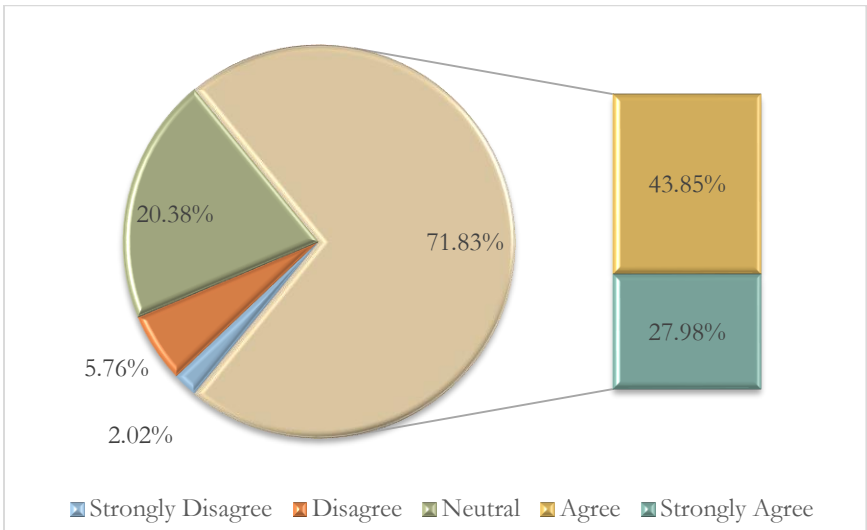
All Region Totals



OUTCOMES

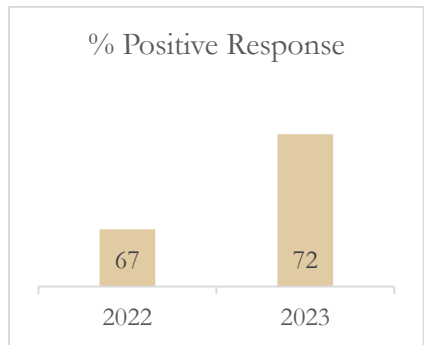
My Child Is Better at Handling Daily Life

Statewide Totals

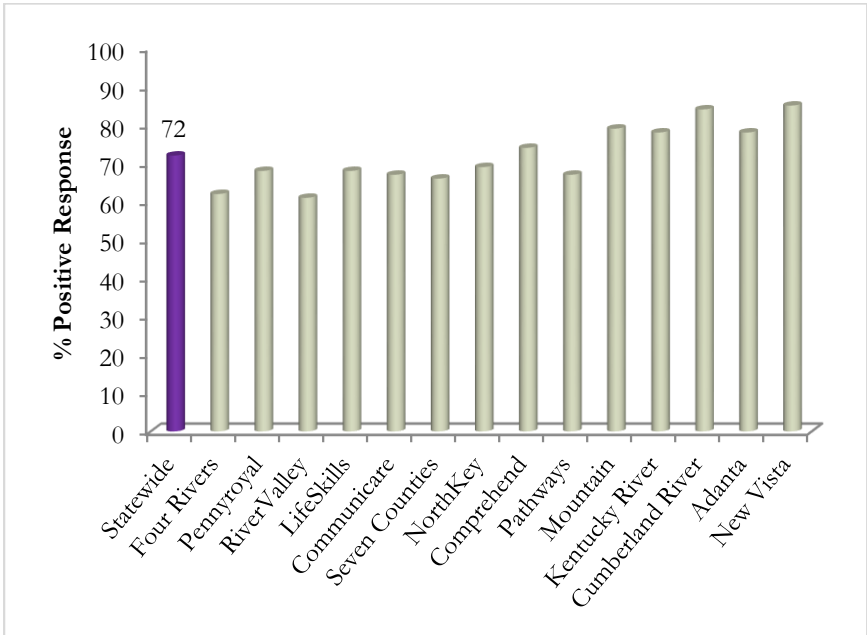


About 72% of respondents positively indicated that their child was better at handling daily life in 2023.

This is a 5% increase from 2022.



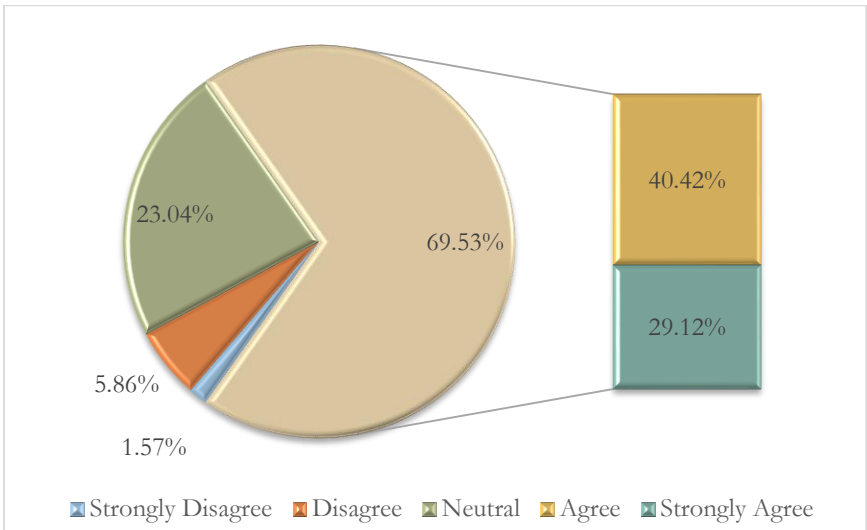
All Region Totals



OUTCOMES

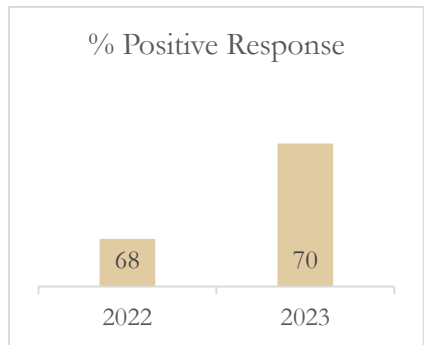
My Child Gets Along Better with Family Members

Statewide Totals

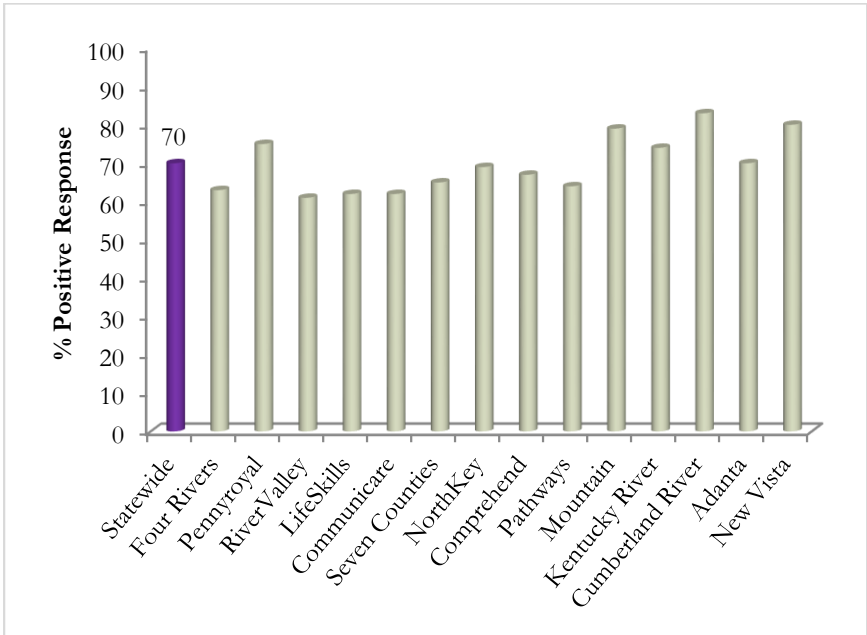


About 70% of respondents positively indicated that their child got along better with family members in 2023.

This is a 2% increase from 2022.



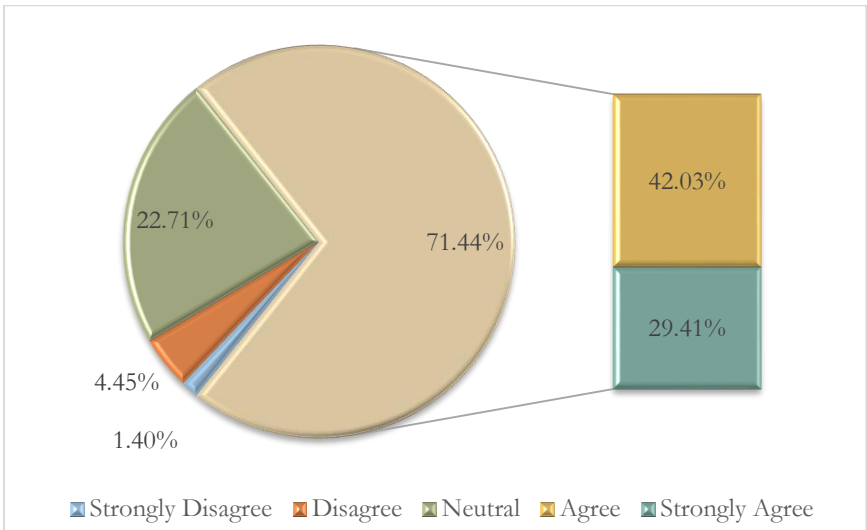
All Region Totals



OUTCOMES

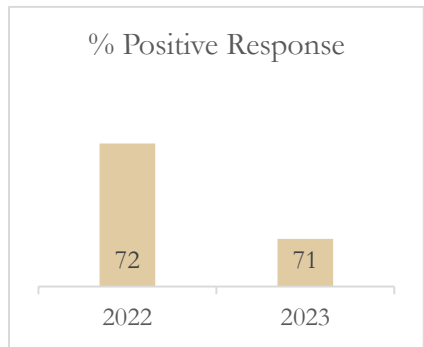
My Child Gets Along Better with Friends and Other People

Statewide Totals

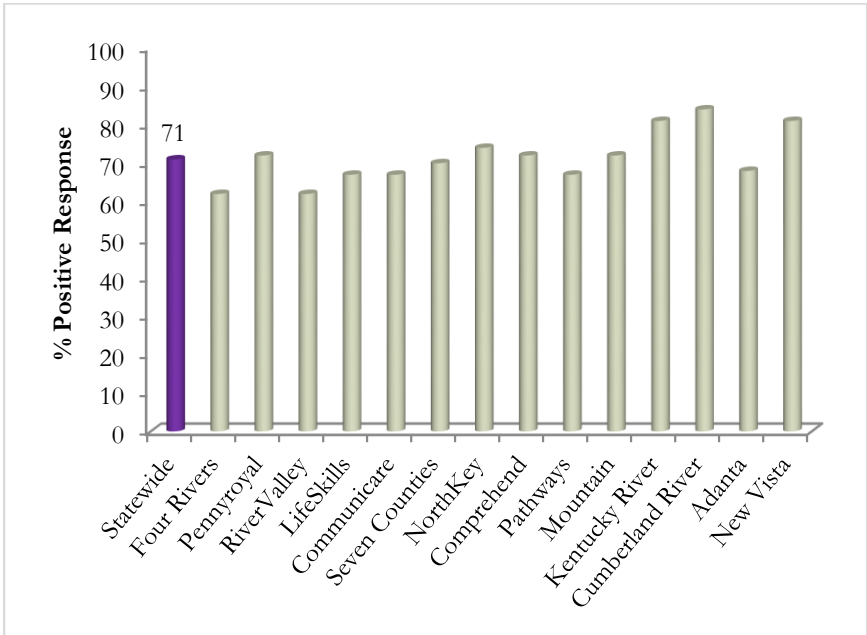


About 71% of respondents positively indicated that their child got along better with friends and other people in 2023.

This is a 1% decrease from 2022.



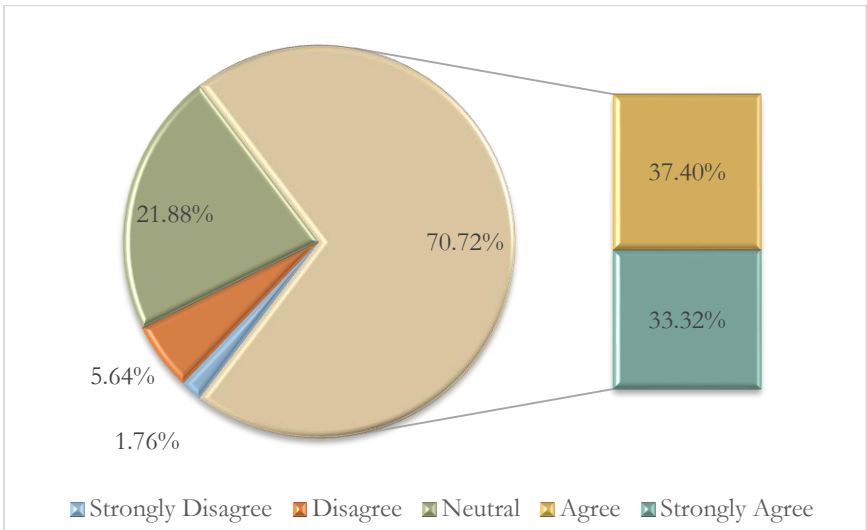
All Region Totals



OUTCOMES

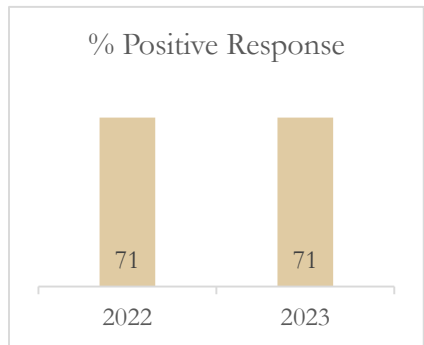
My Child Is Doing Better in School and/or Work

Statewide Totals

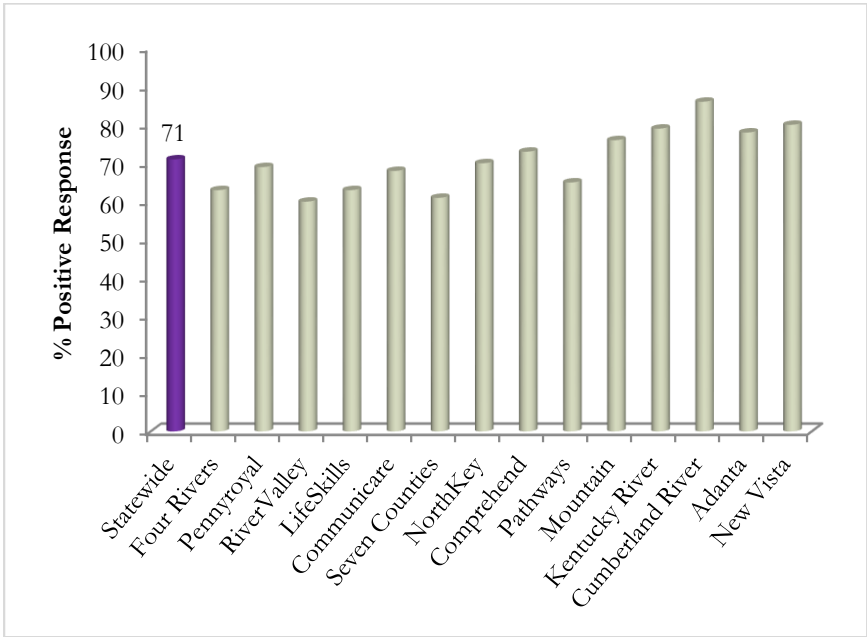


About 71% of respondents positively indicated that their child was doing better in school and/or work in 2023.

This is about the same as 2022.



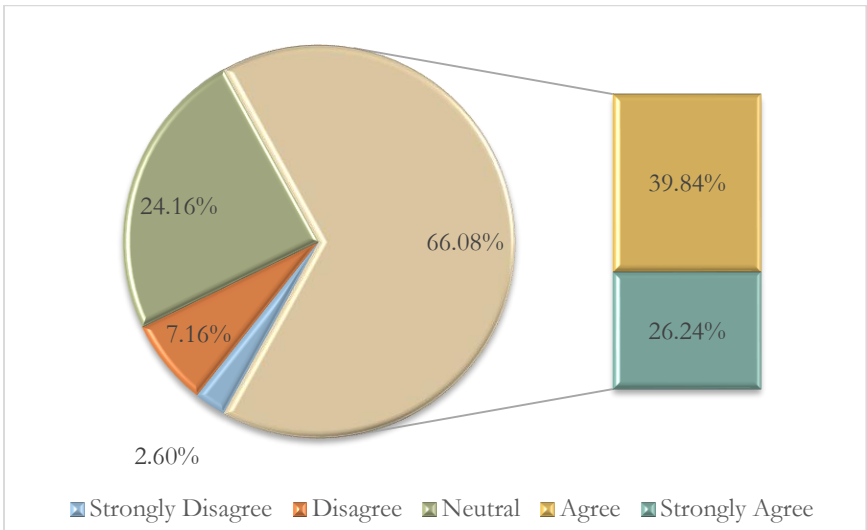
All Region Totals



OUTCOMES

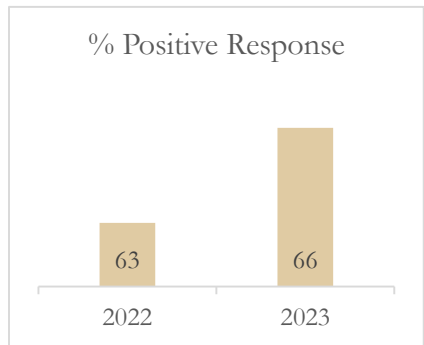
My Child Is Better Able to Cope When Things Go Wrong

Statewide Totals

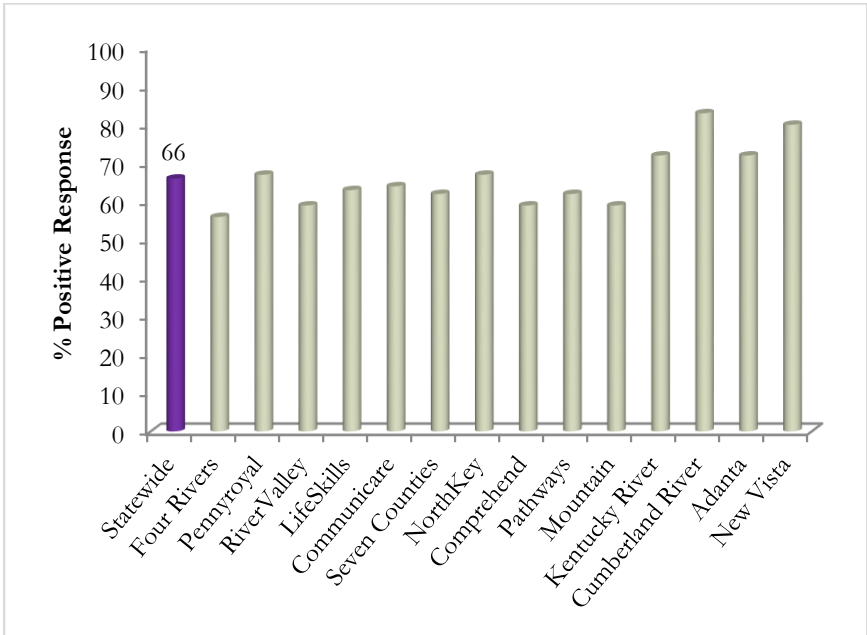


About 66% of respondents positively indicated that their child was able to cope when things go wrong in 2023.

This is a 3% increase from 2022.

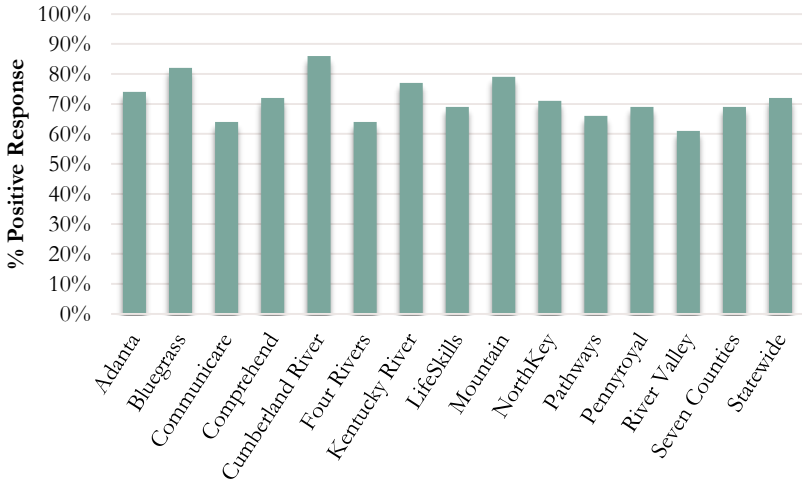


All Region Totals



OUTCOMES

All Regional Boards

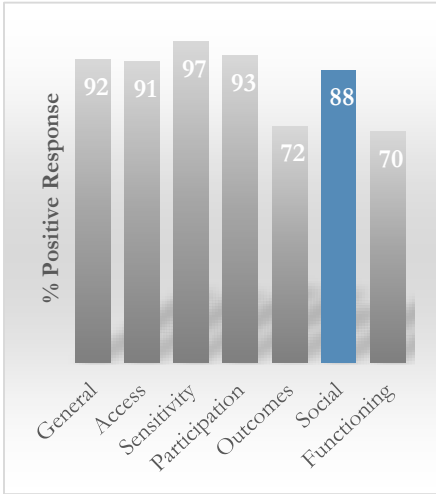


SOCIAL CONNECTEDNESS

Overview

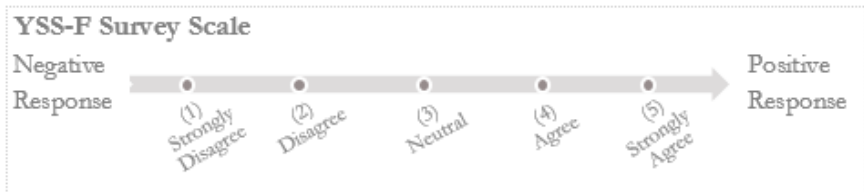
Primary Concerns

- Increased Natural Supports for Caregiver in Times of Crisis
- Increased Social Activities of Caregiver



Domain	Score (1 to 5)
General Satisfaction	4.51
Access to Services	4.53
Cultural Sensitivity	4.60
Participation in Treatment Planning	4.49
Outcomes	3.89
Social Connectedness	4.32
Functioning	3.91

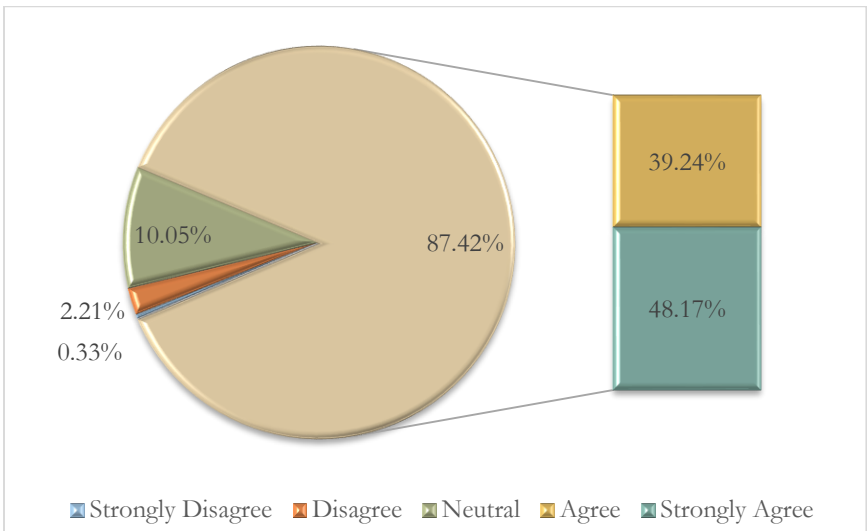
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



SOCIAL CONNECTEDNESS

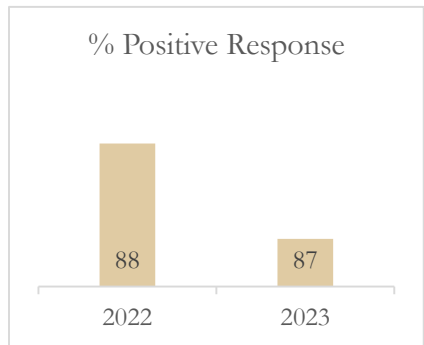
I Know People Who Will Listen and Understand Me When I Need to Talk

Statewide Totals

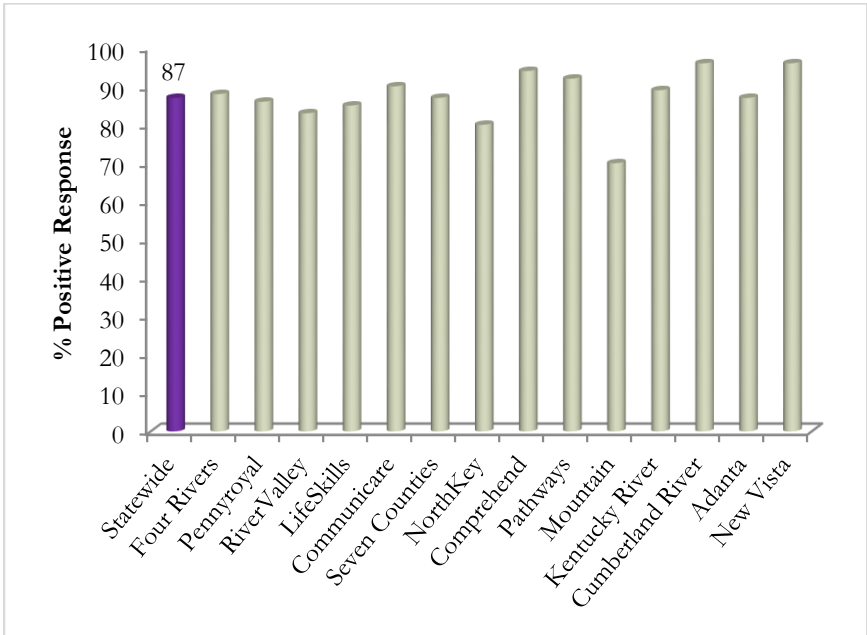


About 87% of respondents positively indicated that they know people who will listen and understand them when they need to talk in 2023.

This is a 1% decrease from 2022.



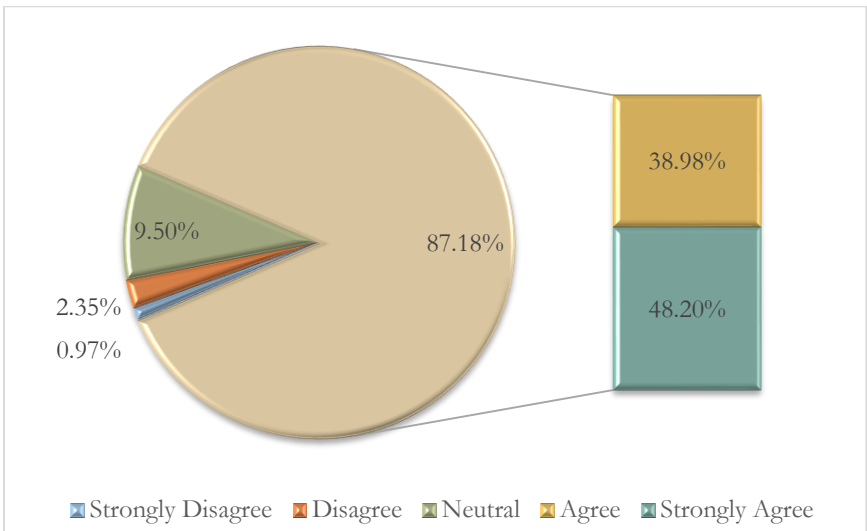
All Region Totals



SOCIAL CONNECTEDNESS

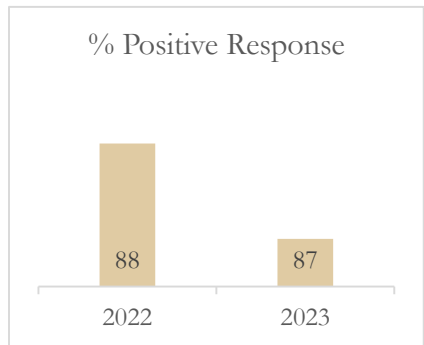
I Have People That I Am Comfortable Talking With About My Child's Problems

Statewide Totals

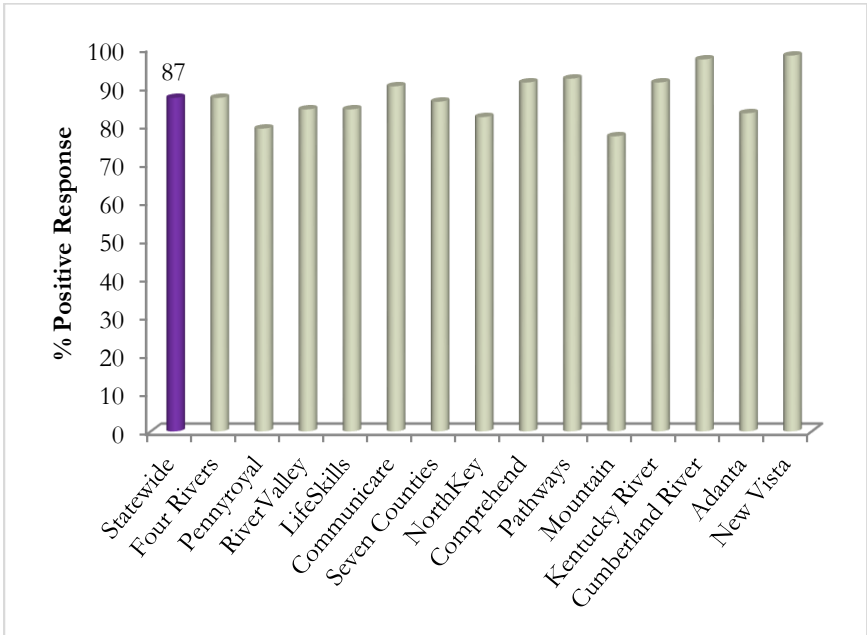


About 87% of respondents positively indicated that they have people that they are comfortable talking with about their child's problems in 2023.

This is a 1% decrease from 2022.



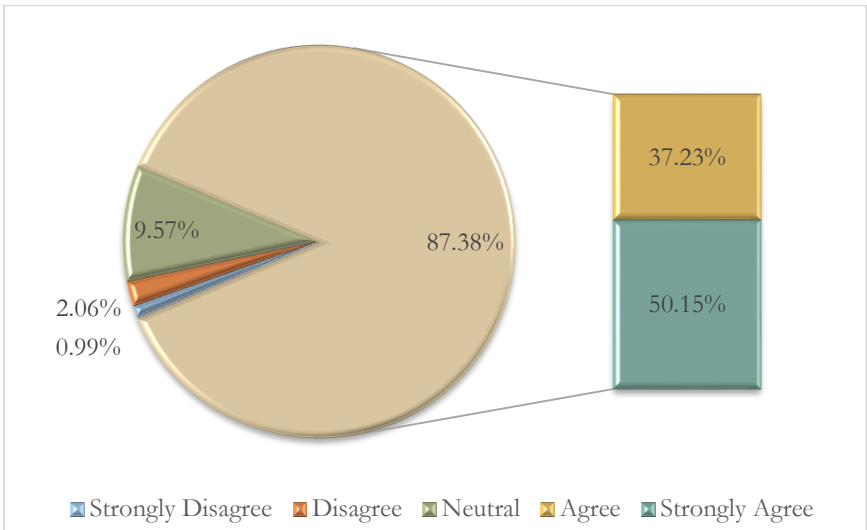
All Region Totals



SOCIAL CONNECTEDNESS

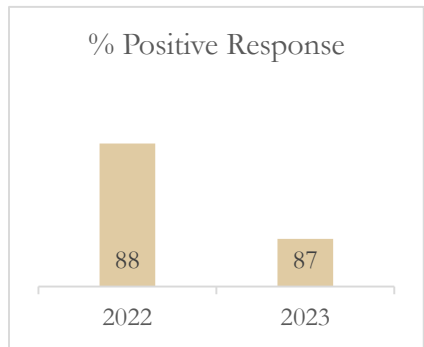
In a Crisis, I Would Have the Support I Need from Family or Friends

Statewide Totals

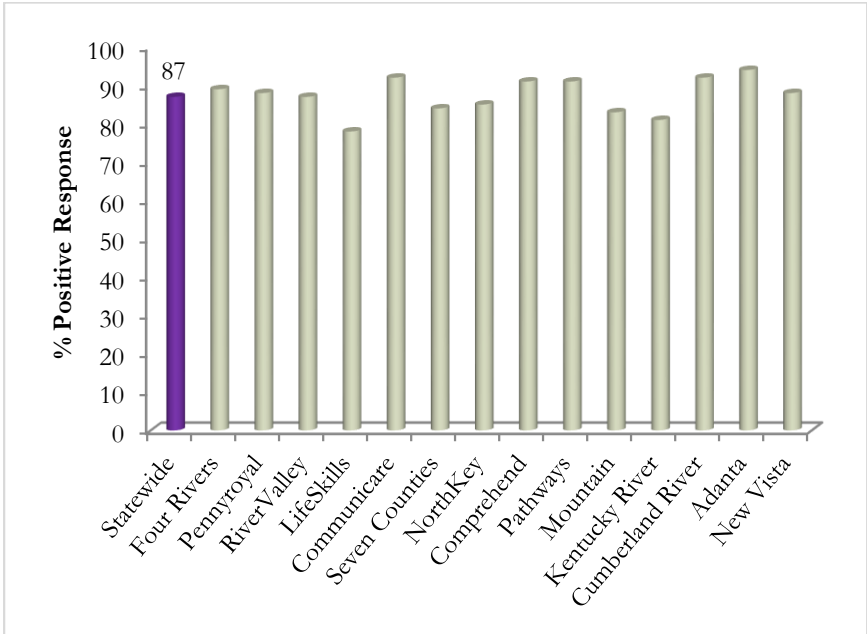


About 87% of respondents positively indicated that they would have the support they need from family or friends in a crisis in 2023.

This is a 1% decrease from 2022.



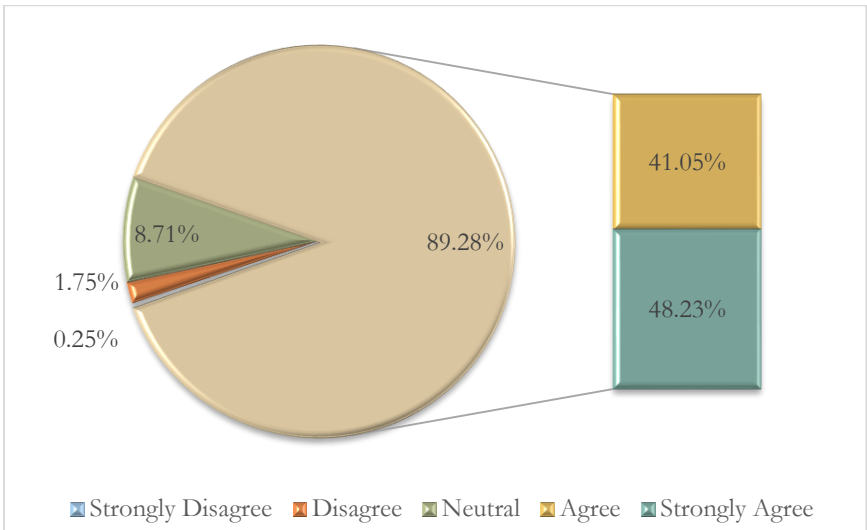
All Region Totals



SOCIAL CONNECTEDNESS

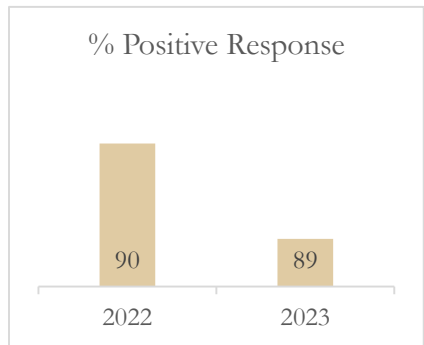
I Have People with Whom I Can Do Enjoyable Things

Statewide Totals

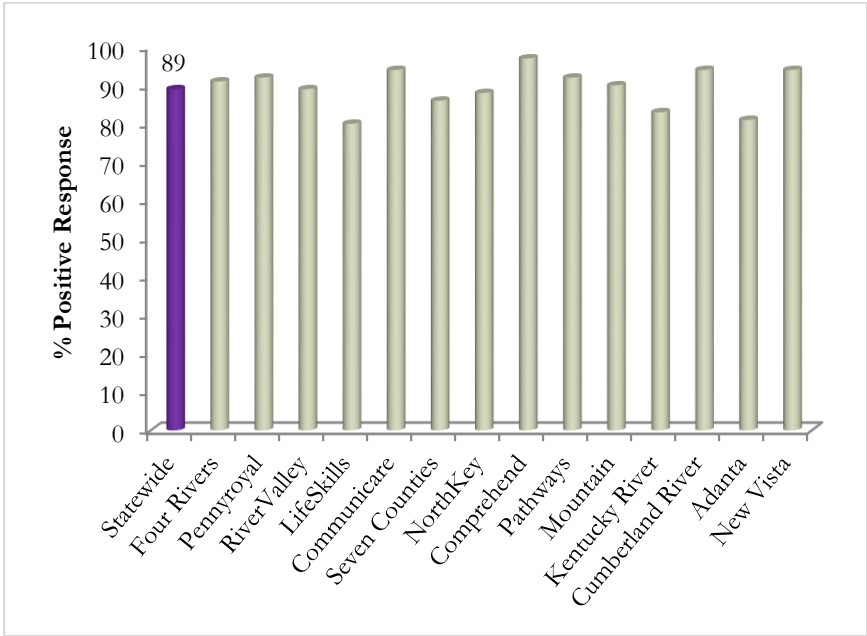


About 89% of respondents positively indicated that they have people with whom they can do enjoyable things in 2023.

This is a 1% decrease from 2022.

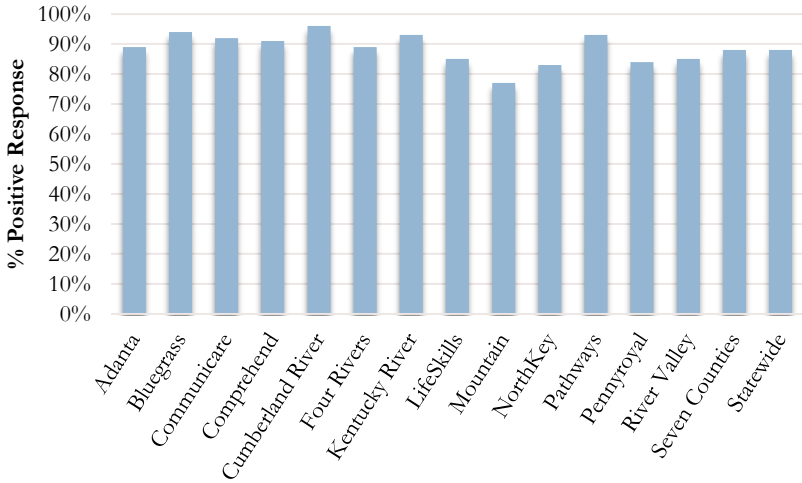


All Region Totals



SOCIAL CONNECTEDNESS

All Regional Boards

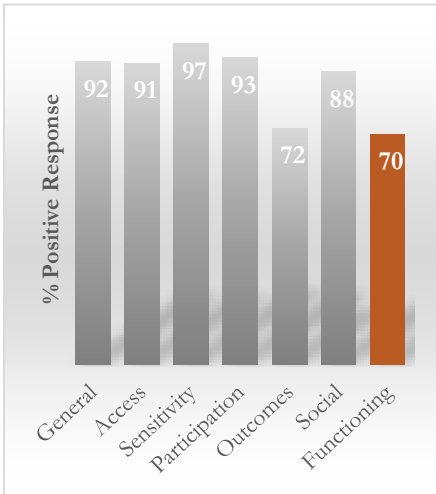


FUNCTIONING

Overview

Primary Concerns

- Increase in Independent Functioning
- Capacity of Independent Community Living
- Meaningfulness of Daily Activities
- Reduced Distress Caused by Symptoms



Domain	Score (1 to 5)
General Satisfaction	4.51
Access to Services	4.53
Cultural Sensitivity	4.60
Participation in Treatment Planning	4.49
Outcomes	3.89
Social Connectedness	4.32
Functioning	3.91

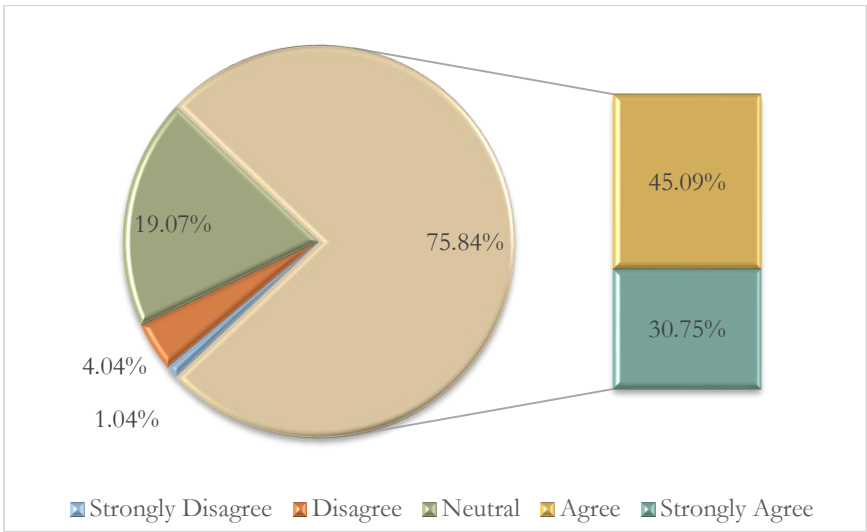
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



FUNCTIONING

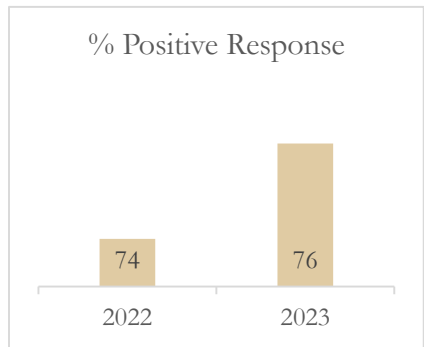
My Child Is Better Able to Do Things He/She Wants to Do

Statewide Totals

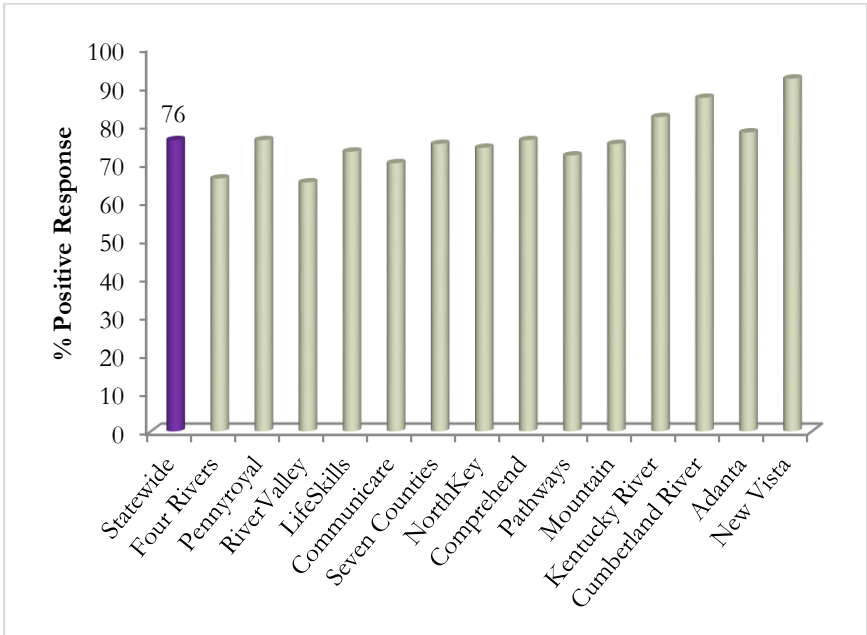


About 76% of respondents positively indicated that their child was better able to do things he/she wanted to do in 2023.

This is a 2% increase from 2022.



All Region Totals



FUNCTIONING

All Regional Boards

