

Genderbread & OBI

Understanding gender identity, sexual identity, and making sense of how it all ties to at risk youth

Elbert Wilson #1



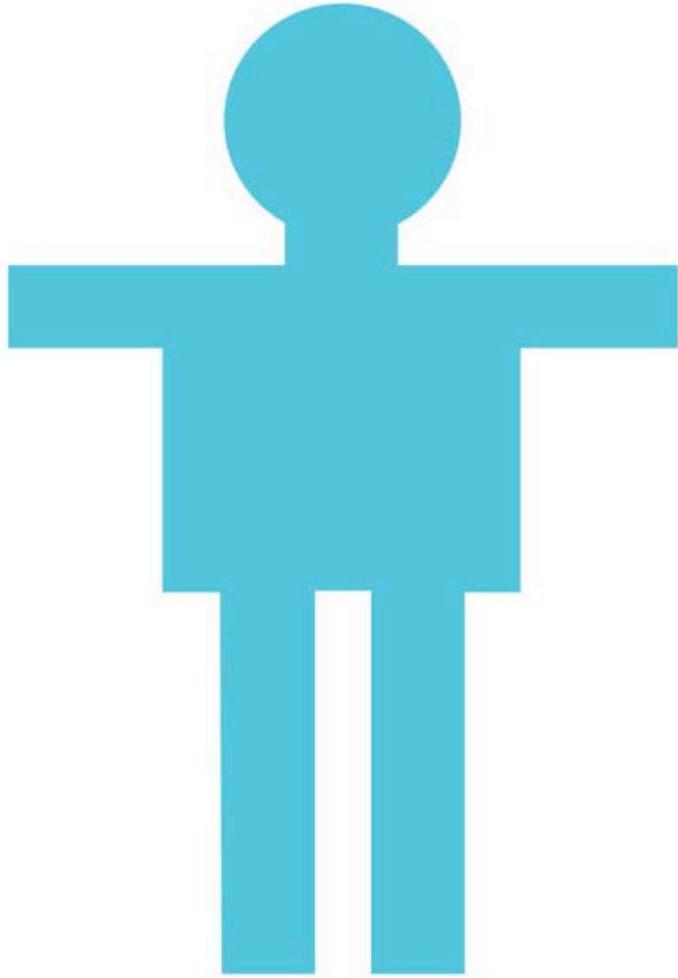
FosterClub

Ground Rules

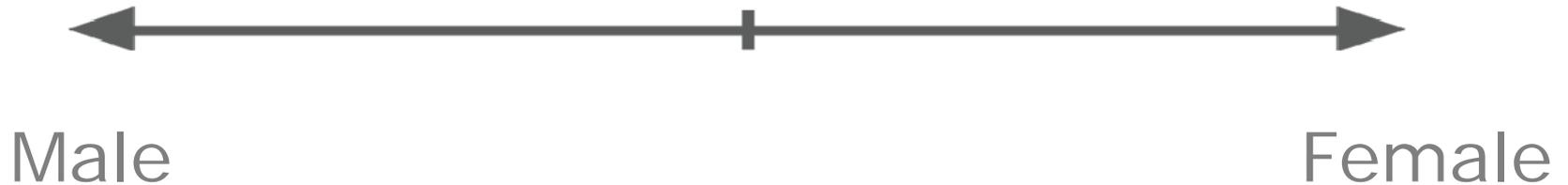
- Be respectful.
- Provide confidentiality (what's said here stays here).
- If you disclose that you are in a dangerous situation (such as physical, emotional or sexual abuse), we are obligated to report to the proper authorities.

....Now it's time to take the Pre-Survey





What is we think about gender on a scale:

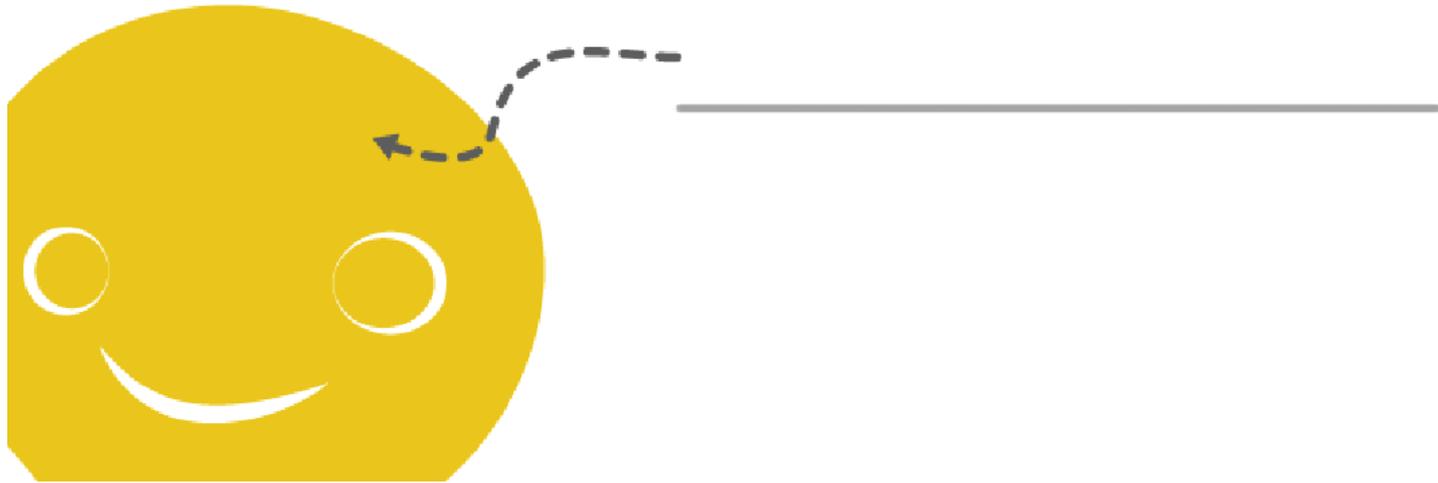


Gender can be broken down into distinct parts:

- Gender identity
- Gender expression
- Biological sex



Gender identity



{ How you, in your head,
define yourself. }

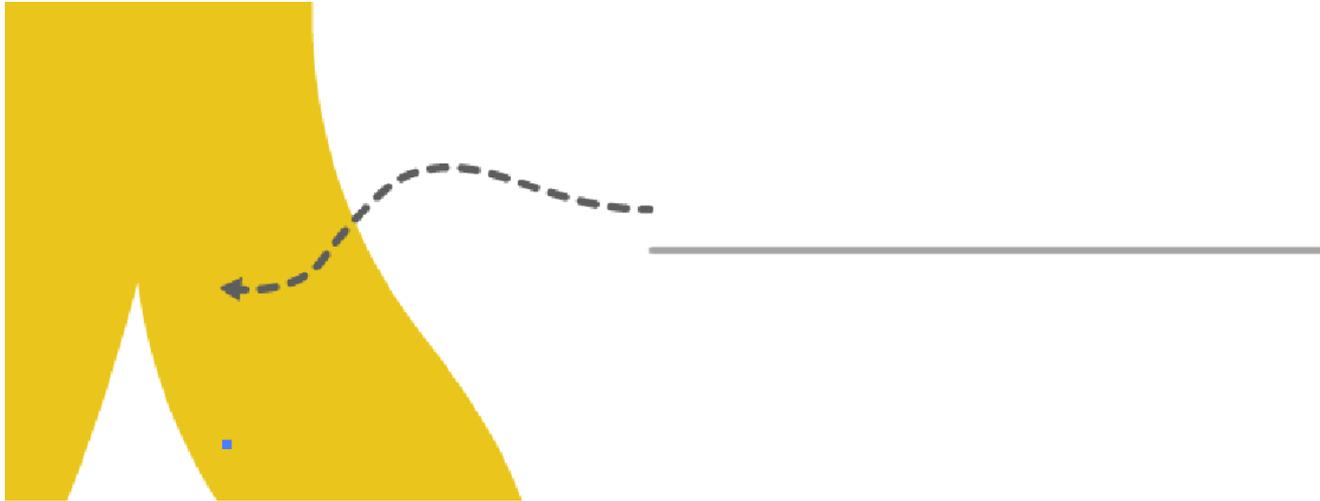


Gender Expression

{ The ways you demonstrate gender through your dress, actions, and demeanor. }



Biological sex



{ The physical parts of your body that we think of as either male or female. }



Sexuality



{ Matters of the heart – who we are attracted to, love, and have sex with. }



Sexuality

O: Orientation

Who you are naturally /
instinctively attracted to



Sexuality

B: Behavior

Who you choose to
be sexual with



Sexuality

B: Identity

What we choose to
call ourselves





The Kinsey Scale

0-----1-----2-----3-----4-----5-----6





The Kinsey Scale

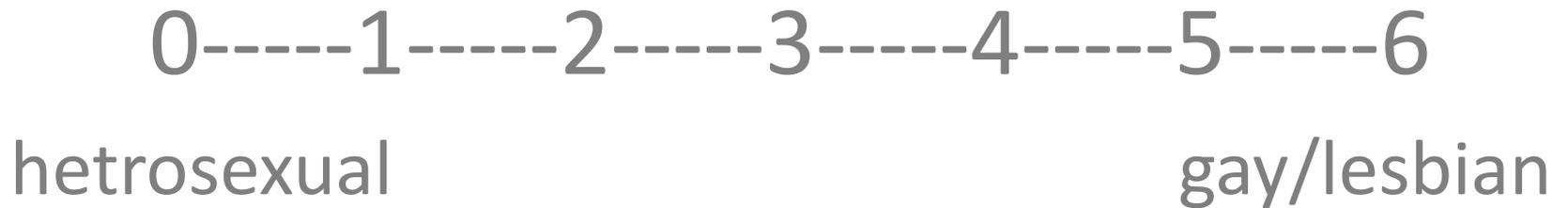
0-----1-----2-----3-----4-----5-----6

heterosexual





The Kinsey Scale



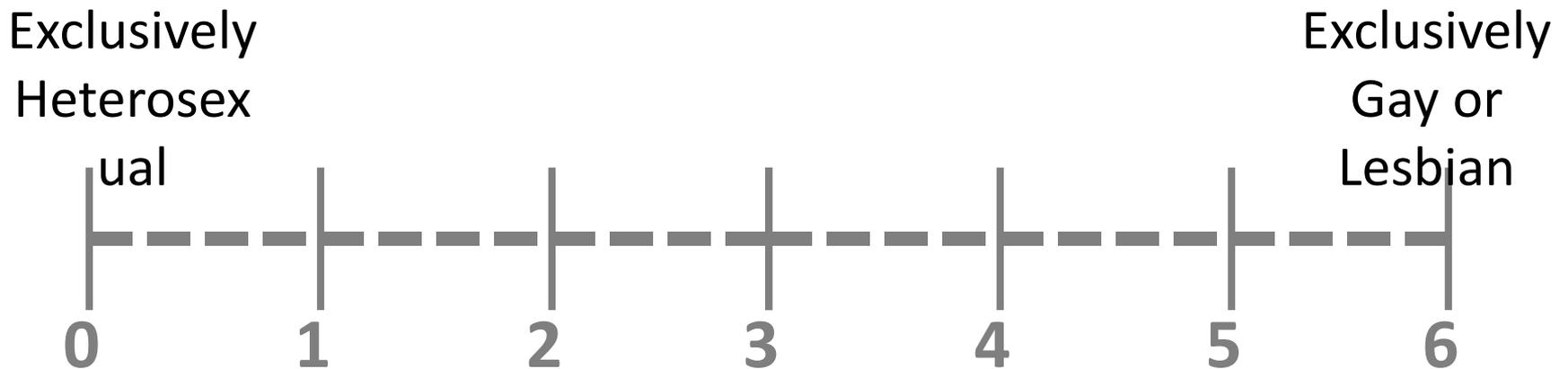


The Kinsey Scale



Below is the scale that Alfred Kinsey created, based on his years of research, to best reflect the range of sexual orientations that people generally experience.

(For more information about The Kinsey Scale, go to www.kinseyinstitute.org)



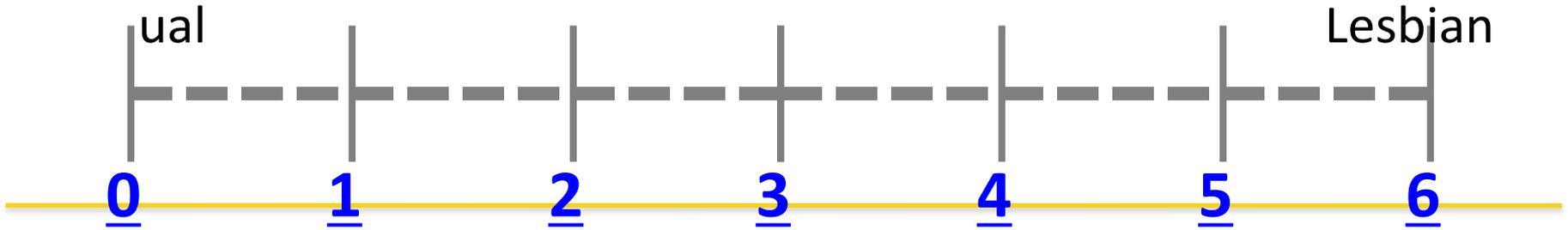
Ellen DeGeneres



Which number best represents her Orientation?

Exclusively
Heterosex

Exclusively
Gay or
Lesbian

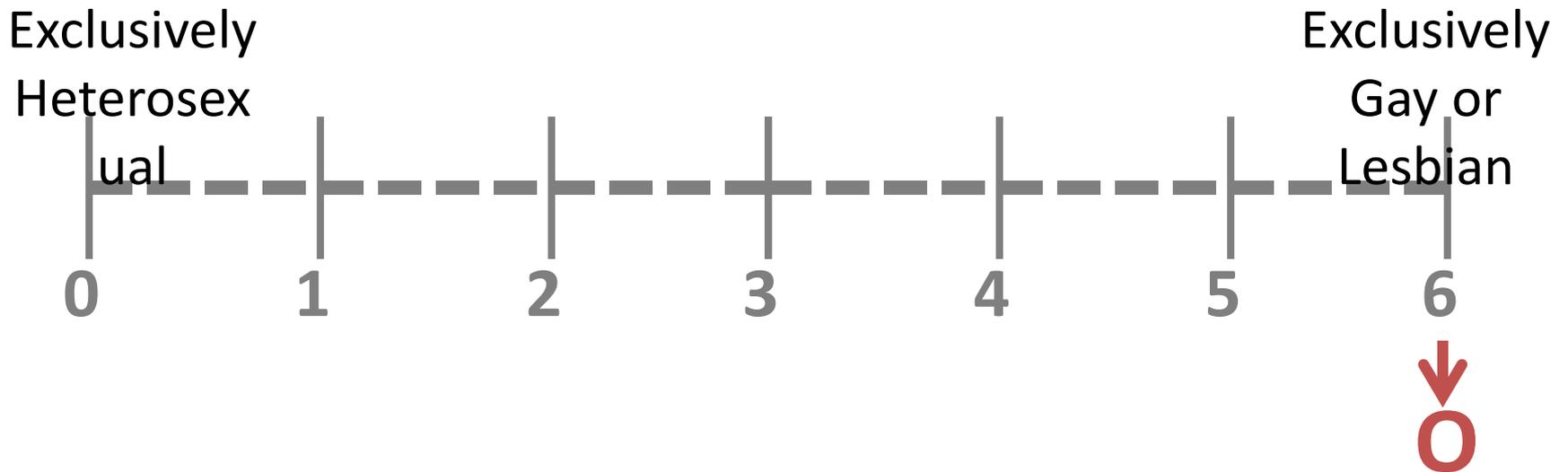


#18



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6 is correct



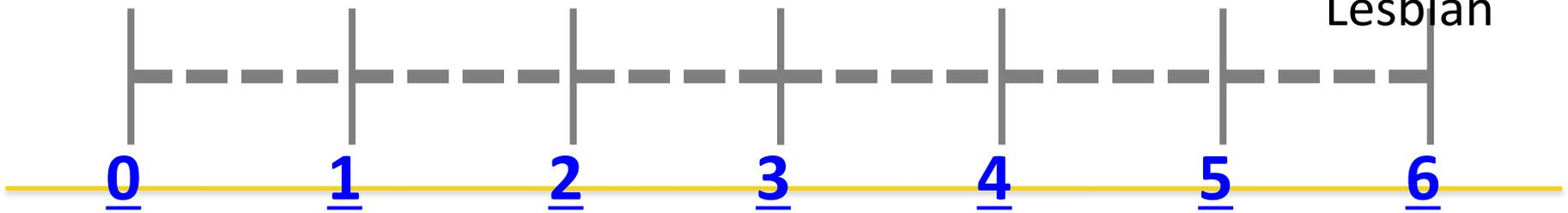
Ellen DeGeneres



Which number best represents her Behavior?

Exclusively
Heterosexual

Exclusively
Gay or
Lesbian



#20



FosterClub

6 is correct



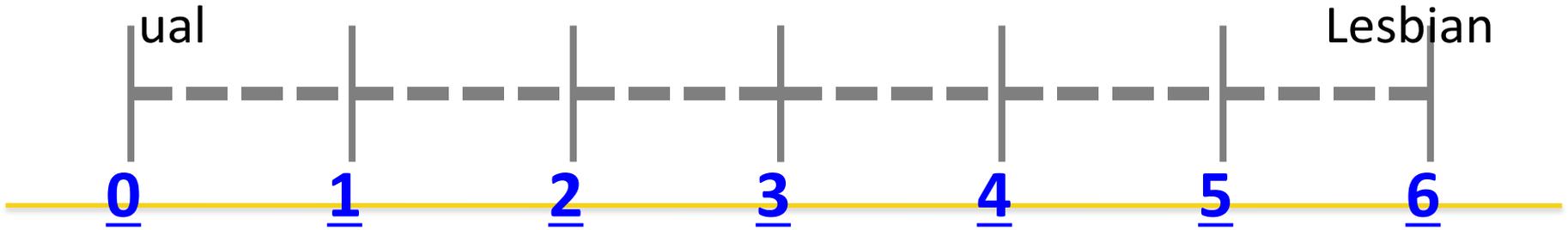
Ellen DeGeneres



Which number best represents her Intity?

Exclusively
Heterosex

Exclusively
Gay or
Lesbian

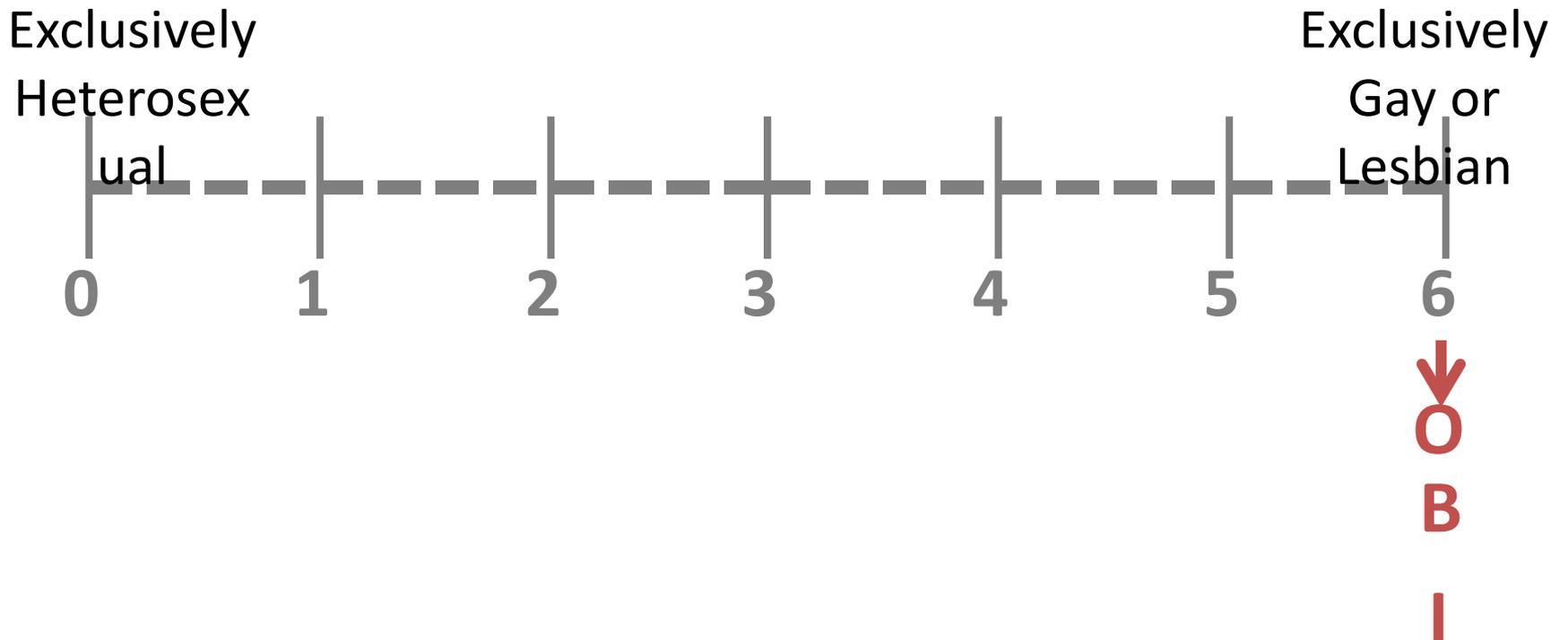


#22



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6 is correct



In Ellen's case, her **O**, **B** and **I** line up but it's not always that clear cut.

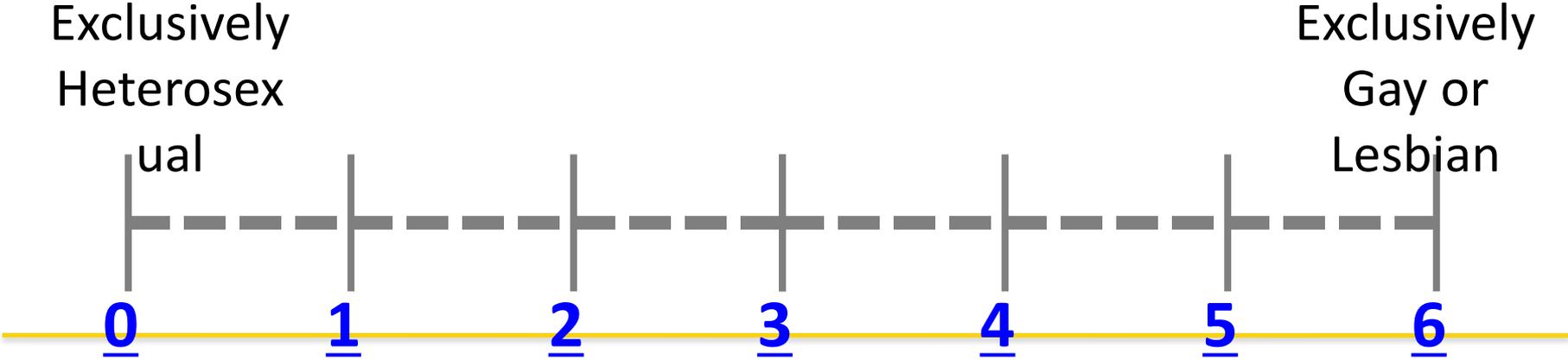
Try some more in small groups.



A woman who has only ever been attracted to men and only ever been sexual with men meets, falls in love with, and marries a man with whom she is monogamous.

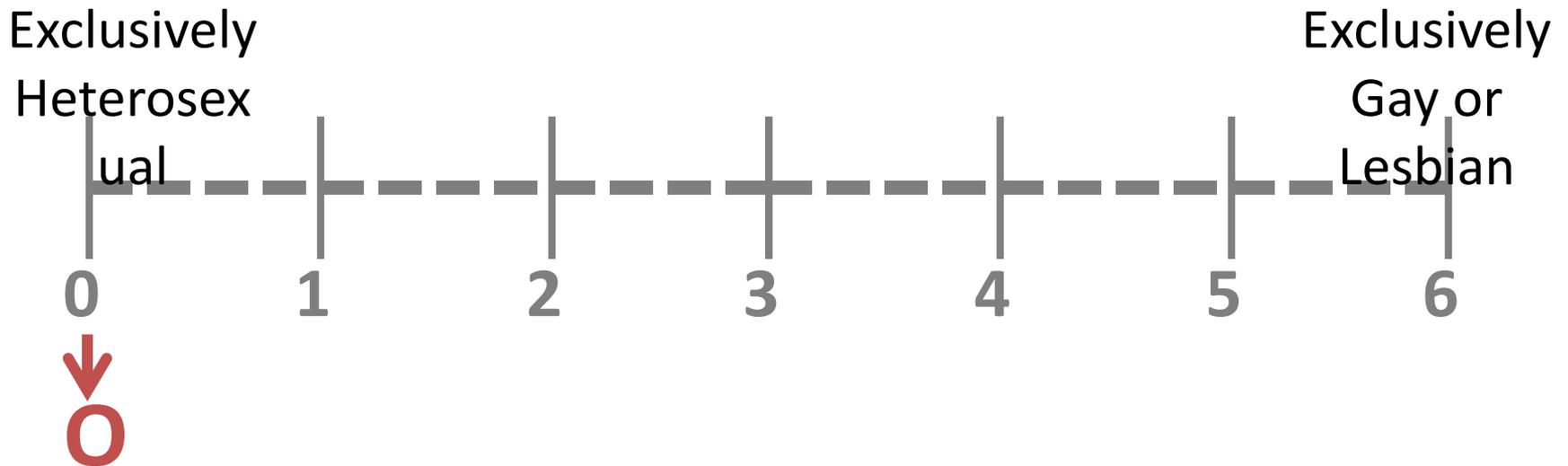


Which number best represents her Orientation?



0 is correct

She has only ever been attracted to men so her orientation would fall under 0.



Let's map her behavior



A woman who has only ever been attracted to men and only ever been sexual with men meets, falls in love with, and marries a man with whom she is monogamous.

Which number best represents her Behavior?

Exclusively
Heterosex

Exclusively
Gay or
Lesbian

ual

0

1

2

3

4

5

6

0

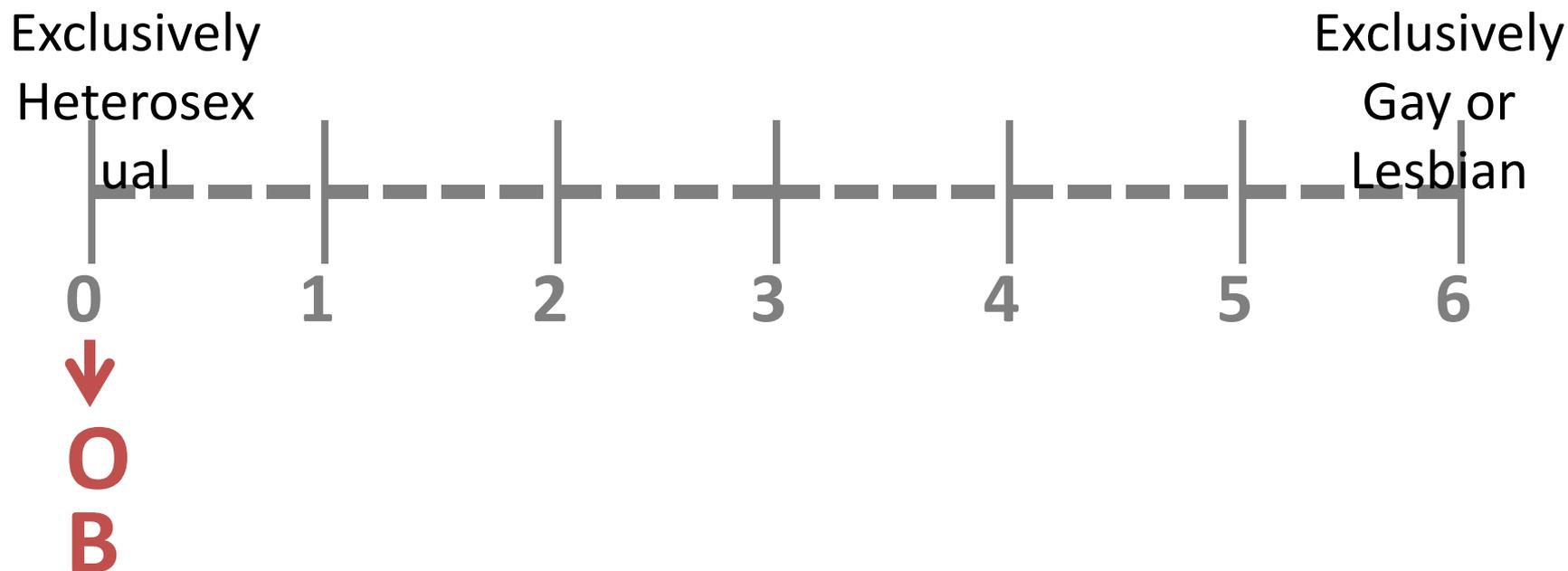
#27



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0 is correct

She has only ever been sexual with men so her behavior is a 0.



Now let's map her Identity



A woman who has always only ever been attracted to men and only ever been sexual with men meets, falls in love with, and marries a man with whom she is monogamous.

Which number best represents her Iidentity?

Exclusively
Heterosex

Exclusively
Gay or
Lesbian

ual

0

1

2

3

4

5

6

O
B

#29



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Trick Question!

You have to ask her how she identifies herself.

If we asked her how she identified what might she say?

Exclusively
Heterosex

Exclusively
Gay or
Lesbian

ual

0

1

2

3

4

5

6

O
B

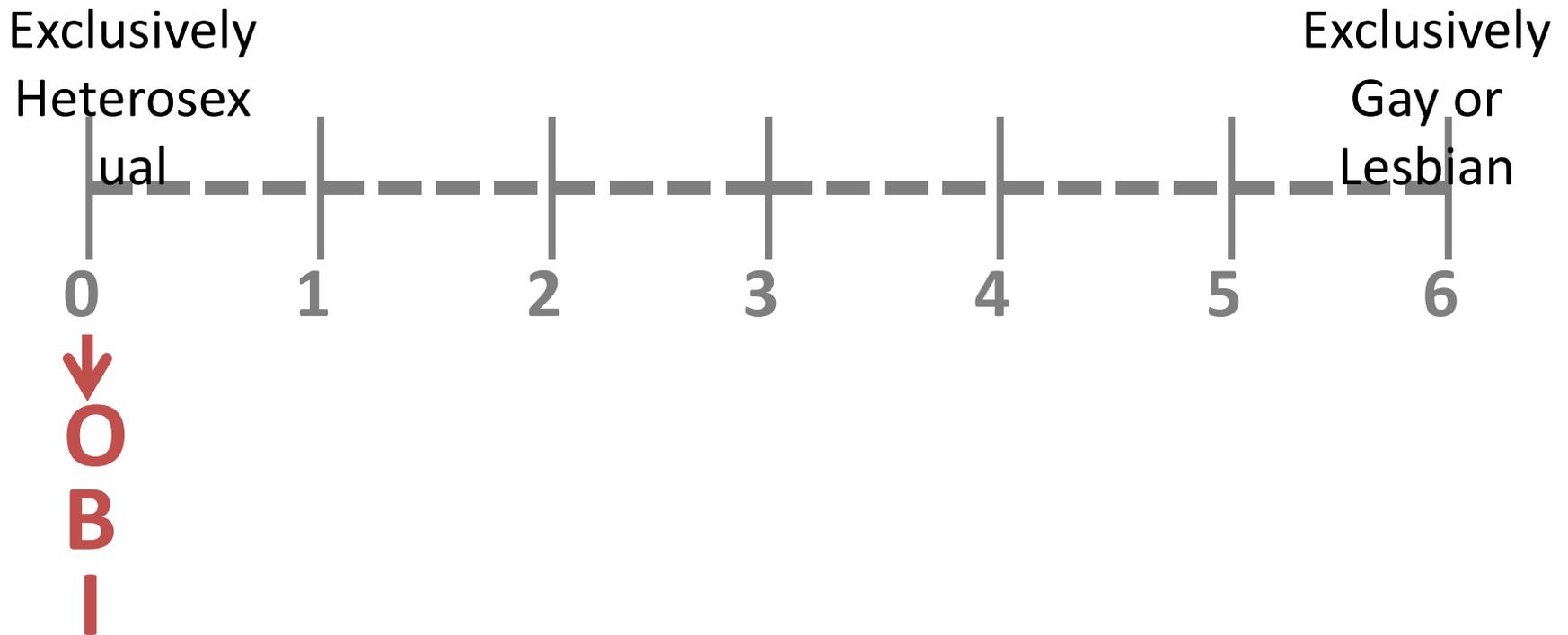
#30



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Still not sure

0 is correct

Even though we have to ask her, chances are she will identify as heterosexual so her identity is a 0.



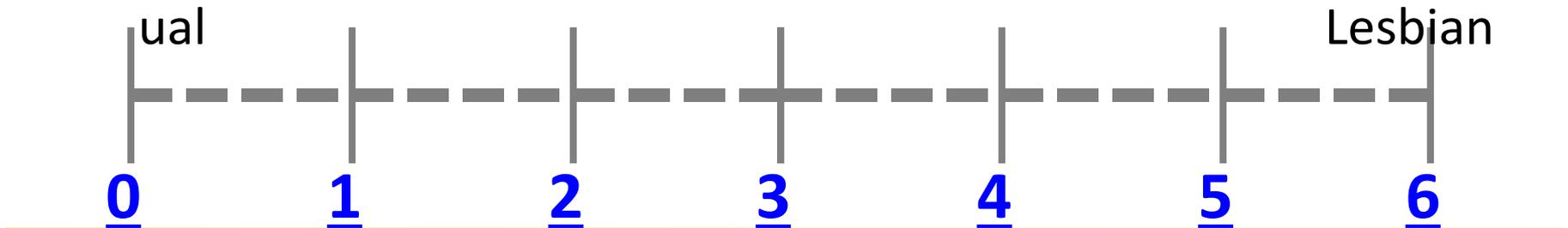


A teen male who has only ever been sexual with girls was arrested and placed into juvenile detention for two years, where he had sexual relationships with several males.

Which number best represents his Orientation?

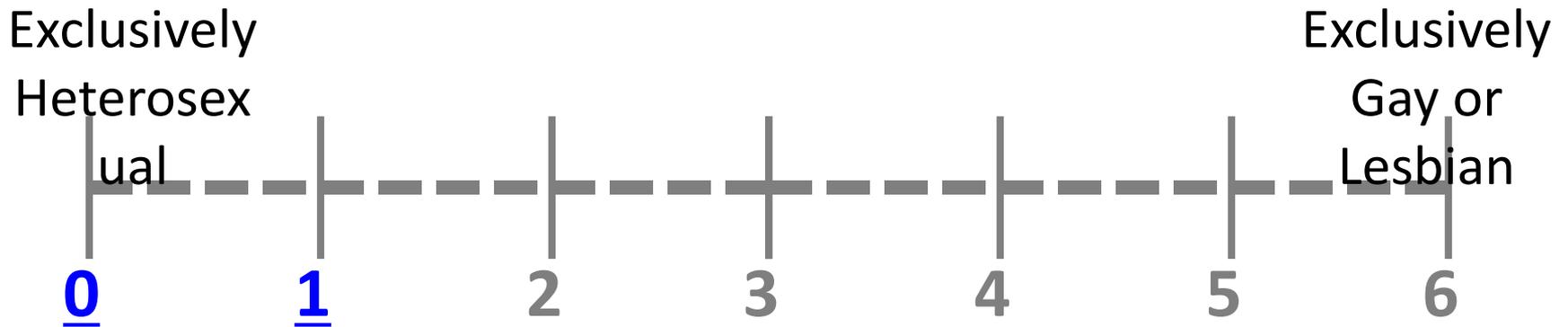
Exclusively
Heterosex

Exclusively
Gay or
Lesbian



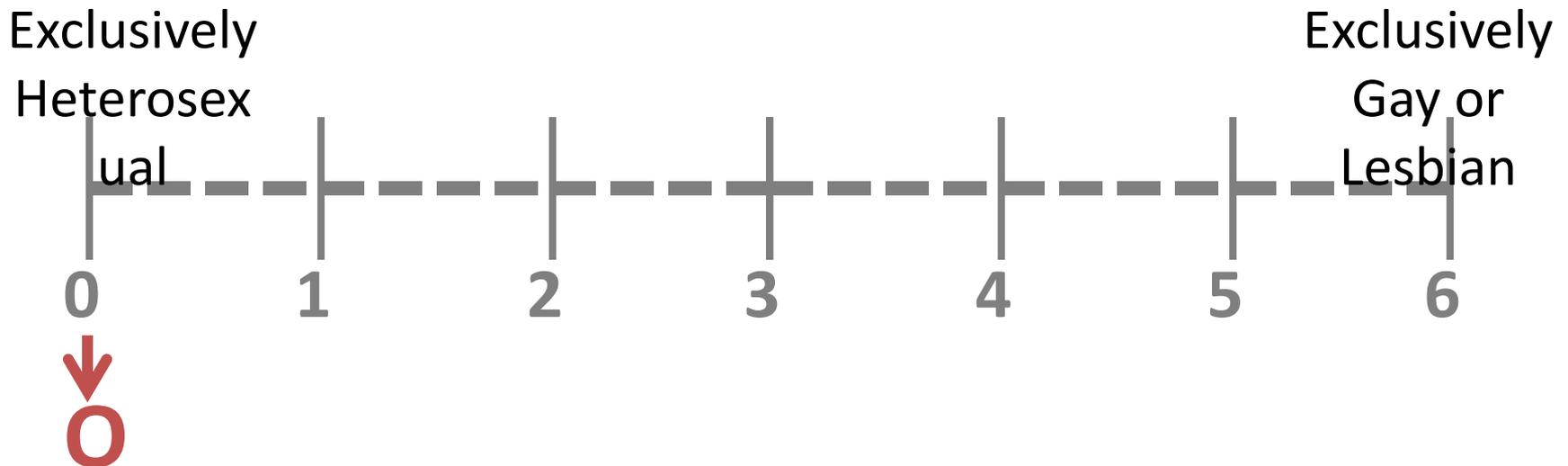
Trick Question!

We don't know whether he's *attracted* to men but if asked what might he say?



0 is most likely correct

We don't know whether he's *attracted* to men but if asked he would probably say he's only attracted to girls, so 0 is *most likely* correct.



Let's map his Behavior

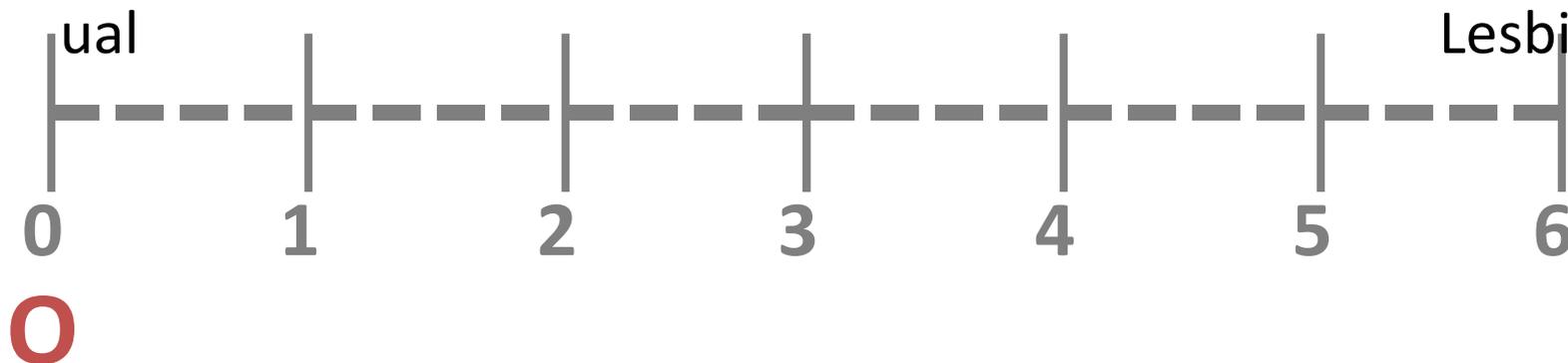


A teen male who has only ever been sexual with girls was arrested and placed into juvenile detention for two years, where he had sexual relationships with several males.

Which number best represents his current Behavior?

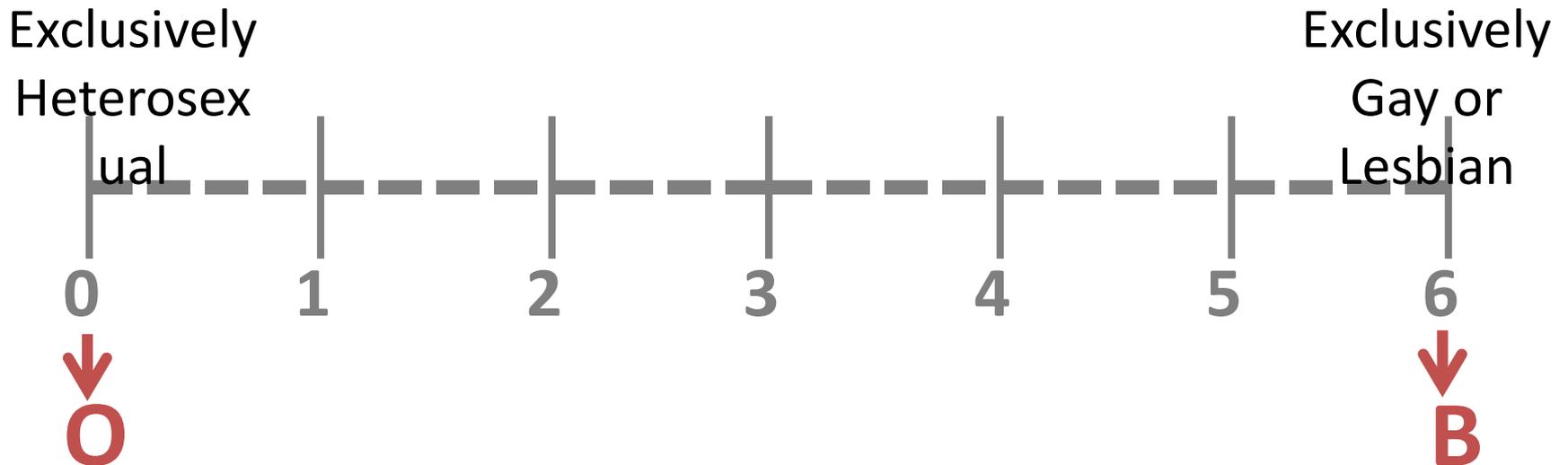
Exclusively
Heterosex

Exclusively
Gay or
Lesbian



6 is correct

He is currently only sexual with guys so his behavior is a 6.



Now let's map his Identity

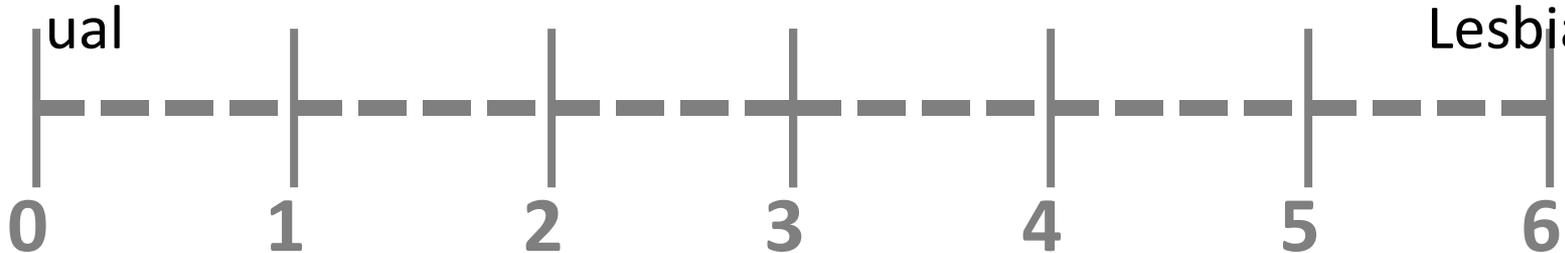


A teen male who has only ever been sexual with girls was arrested and placed into juvenile detention for two years, where he had sexual relationships with several males.

Click on the number that best represents his Intity.

Exclusively
Heterosex
ual

Exclusively
Gay or
Lesbian



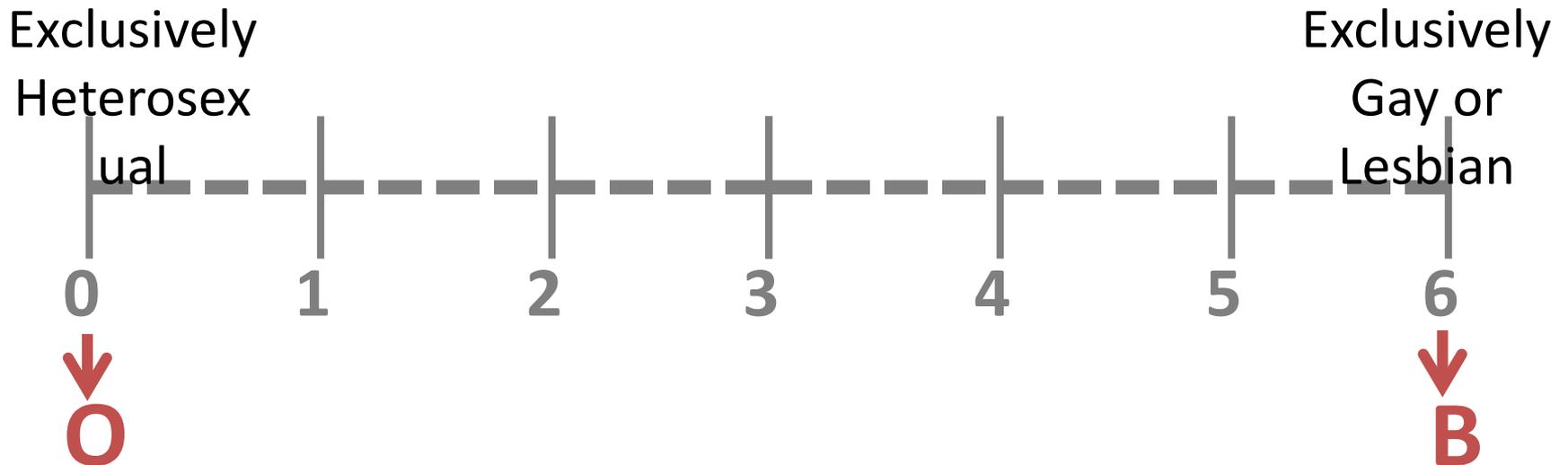
O

B



Trick Question!

Behavior does not *necessarily* define who we are. We don't know what his identity (what he calls himself) is, we'd have to ask him.



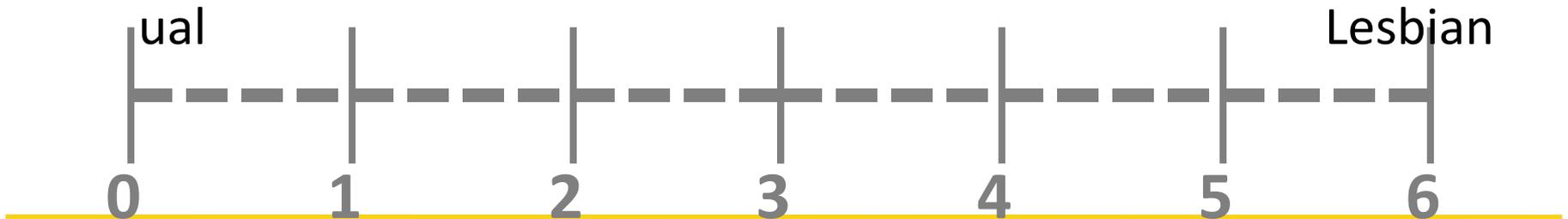
A girl who has only ever dated guys finds herself attracted to a girl she met at a summer job. During the summer they hung out casually and ended up hooking up before they went back to school. She now has a boyfriend but secretly sees the girl from work from time to time.



Which number best represents her Orientation?

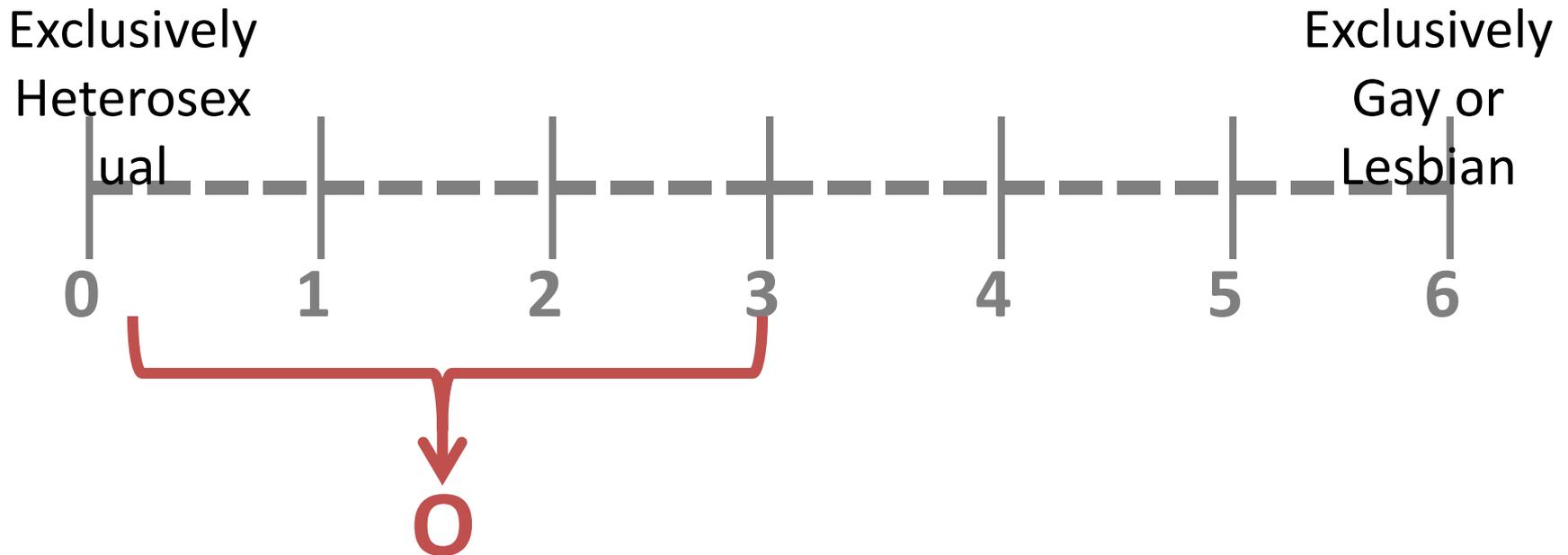
Exclusively
Heterosex

Exclusively
Gay or
Lesbian



0.1 - 3 could be correct

She's attracted to males and some females, in this case at least one, so her orientation *may* fall anywhere between 0.1 and 3.

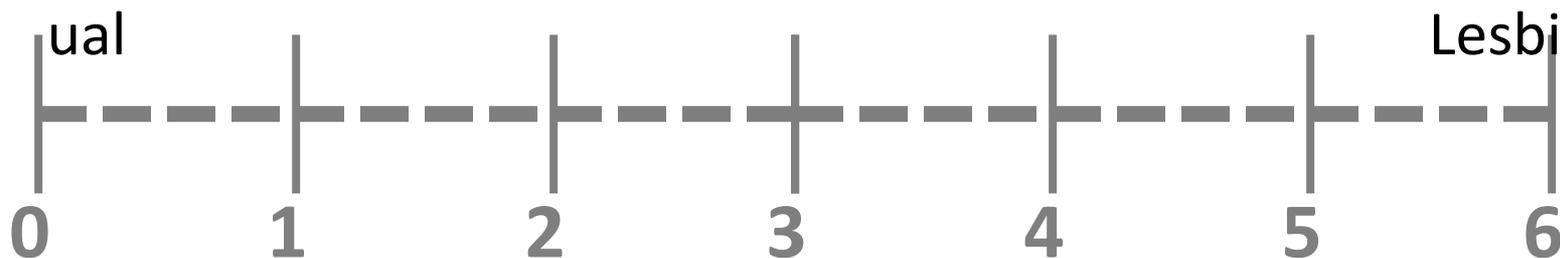


A girl who has only ever dated guys finds herself attracted to a girl she met at a summer job. During the summer they hung out casually and ended up hooking up before they went back to school. She now has a boyfriend but secretly sees the girl from work from time to time.

Which number best represents her Behavior?

Exclusively
Heterosex

Exclusively
Gay or
Lesbian



0

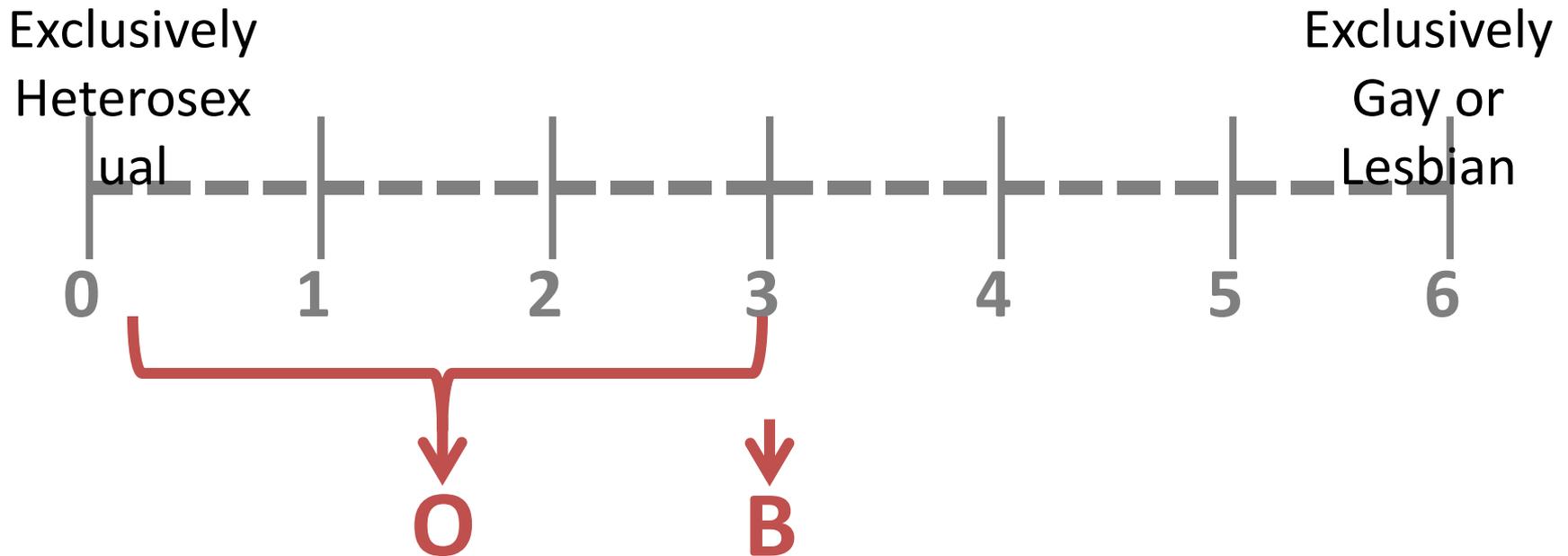
#41



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3 is correct

She has a boyfriend but is also seeing a girl on the side. Her current sexual behavior is with a girl and a guy.

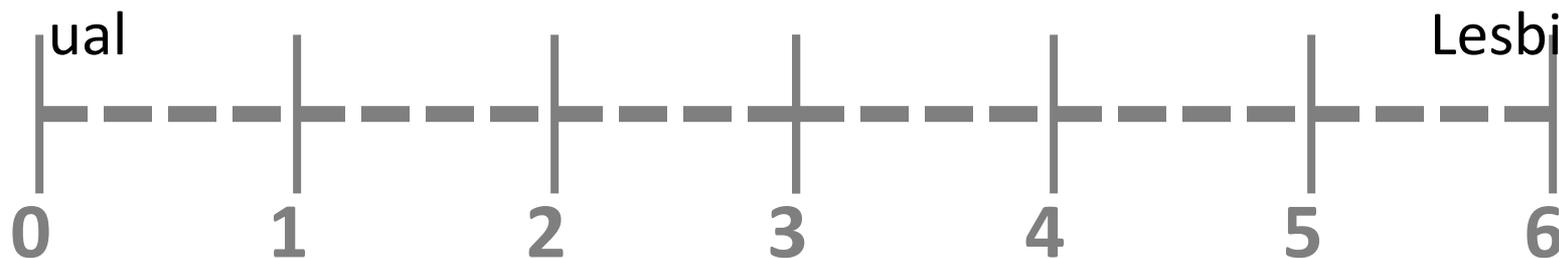


A girl who has only ever dated guys finds herself attracted to a girl she met at a summer job. During the summer they hung out casually and ended up hooking up before they went back to school. She now has a boyfriend but secretly sees the girl from work from time to time.

Which number best represents her Iidentity?

Exclusively
Heterosex

Exclusively
Gay or
Lesbian



#43

O

B

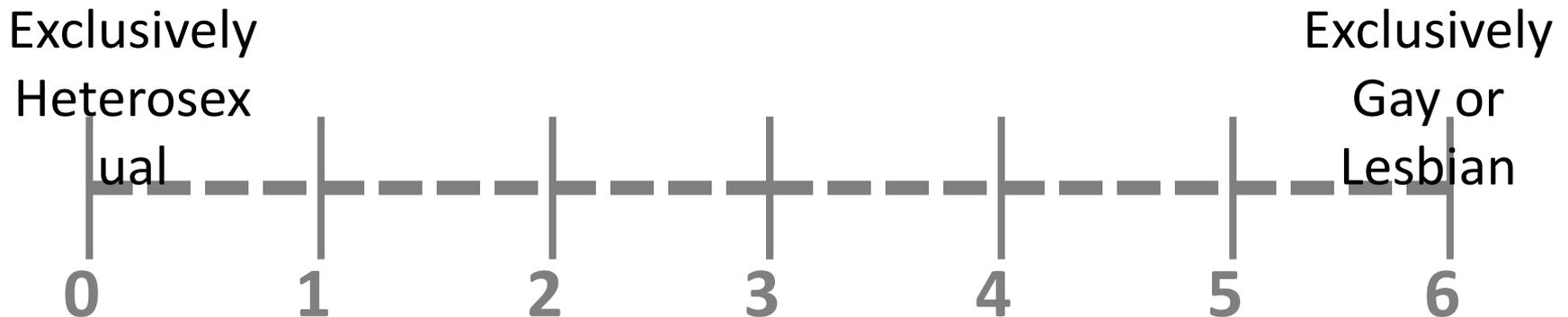


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Trick Question!

Behavior does not necessarily define who we are. We don't know what her identity (what she calls herself) is, we'd have to ask her.

If asked she *may* say "heterosexual" since her relationship with the girl is a secret. She may say "bisexual." She also may have discovered she's "lesbian." That's why we have to ask her.



Ready for a courageous conversation?

How can experiences in foster care – and experiences leading to foster care – impact sexuality?



Ready for a courageous conversation?

How can experiences in life—
and experiences leading to
adulthood – impact
SEXUAL IDENTITY?



Ready for a courageous conversation?

How can experiences in life –
and experiences leading to
adulthood – impact
SEXUAL BEHAVIOR?



Ready for a courageous conversation?

How can experiences in life –
and experiences leading to
adulthood – impact
SEXUAL ORIENTATION?



Wrapping up...

- Any questions?
- Where to find help
- Post-survey



Thank you

For more information, contact:

elbert@kypartnership.org

