

What it **REALLY** Takes to Effectively Serve Deaf or Hard of Hearing Youth who Need Behavioral Healthcare

Robin Santa-Teresa, KSD Clinical/School Psychologist
Advisory Committee – DBHDID

Maryann Barth, Psychologist and Educator

Stephanie and Rudy Disney – Family Representatives

Lindsey Horner Williams, LPCC – Bluegrass.org



Learning Objectives

- Participants will identify unique access barriers faced by individuals who are Deaf or Hard of Hearing seeking treatment.
- Participants will learn from family and youth perspectives on what is needed in current and future systems for better outcomes.
- Participants will learn current resources and identify potential partners for collaboration or consultation in their work with children who are Deaf or Hard of Hearing.

Our Perspectives

Please introduce yourself and the perspective you bring to this workshop. Why do you think it's important that we discuss this?

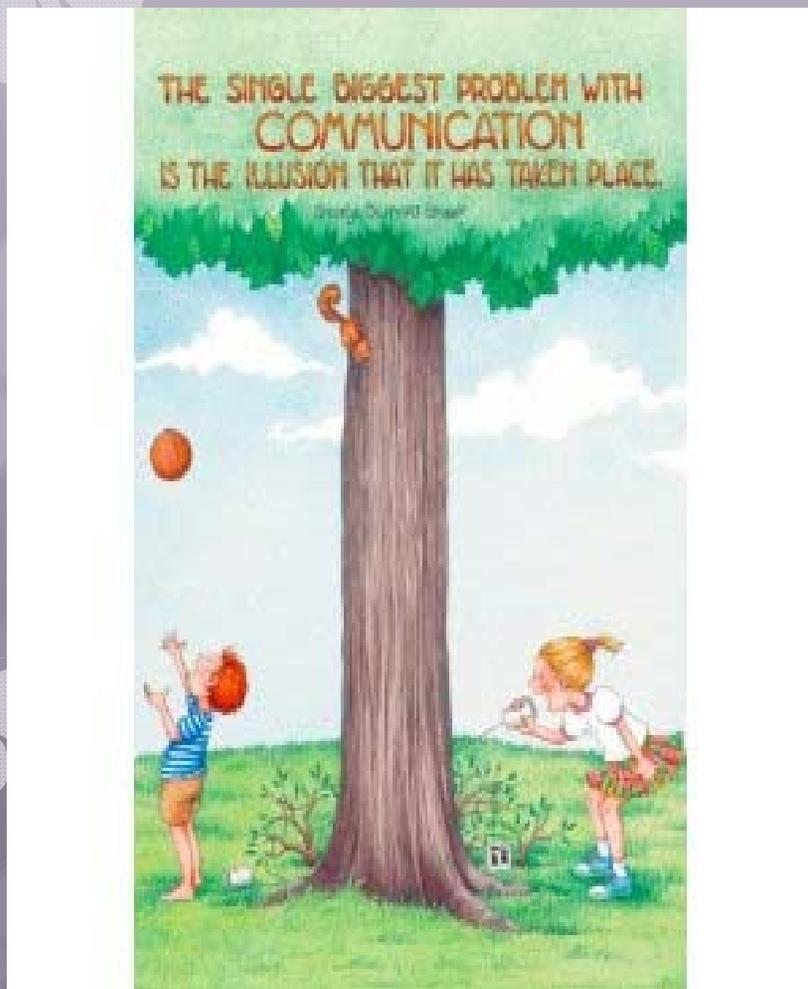


Naming the Barriers

- Some providers of mental health services “don’t know what they don’t know.” Can you each share a story of how providers created barriers to recovery or resiliency for a child or youth who was Deaf or Hard of Hearing?
- For Rudy and Stephanie, what has it been like for you to try to access services in an “all hearing” environment?



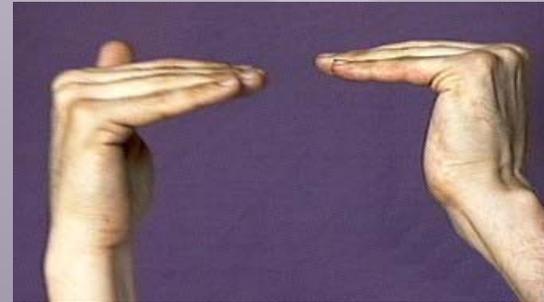
Myths Around Deaf Mental Health Services



- What myths about people who are Deaf or Hard of Hearing do you find most harmful in behavioral health settings?
- What myths or misconceptions about treatment do people need to understand?

Key Elements to Effective Service Design and Delivery

- What do you think are the essential elements for effective treatment for Deaf or Hard of Hearing children and youth?
- Maryann, you had a recent experience with a residential treatment program. Without naming names, what was most effective in that situation? What could have been improved?
- Robin, from your perspective, what would an ideal service system include?
- Lindsey, as someone who has worked in various parts of Kentucky, where do you think we need to focus our energy and resources?



Deafness.....

Dr. Marc Marschark, professor and director of NTID's Center for Education Research Partnerships (CERP).said, "You can't teach deaf kids as though they are hearing kids who can't hear. It's not about ears and it's not about speech versus sign language. It's about finding their strengths and needs"



Mental Health Services for Deaf Clients

What do they need?

Why do they need the services?

How do we respond to the need?

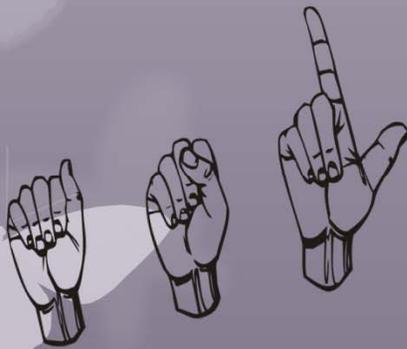


NTID

Deaf Identity/Deaf Culture



Culturally Competent



Mental Health Services for Deaf Clients

NOT ONLY ---



Mental Health Services for Deaf Clients

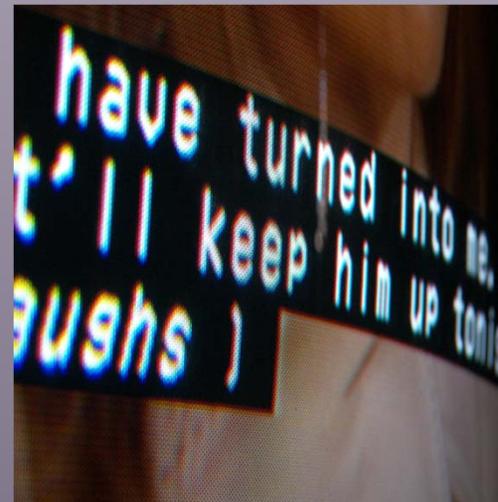
BUT IT IS...

The WORK before the WORK....

Thus....Pre-Work



Environment....Access



Signing

Signing Staff

Signing Therapist(s)



Deaf Mentors



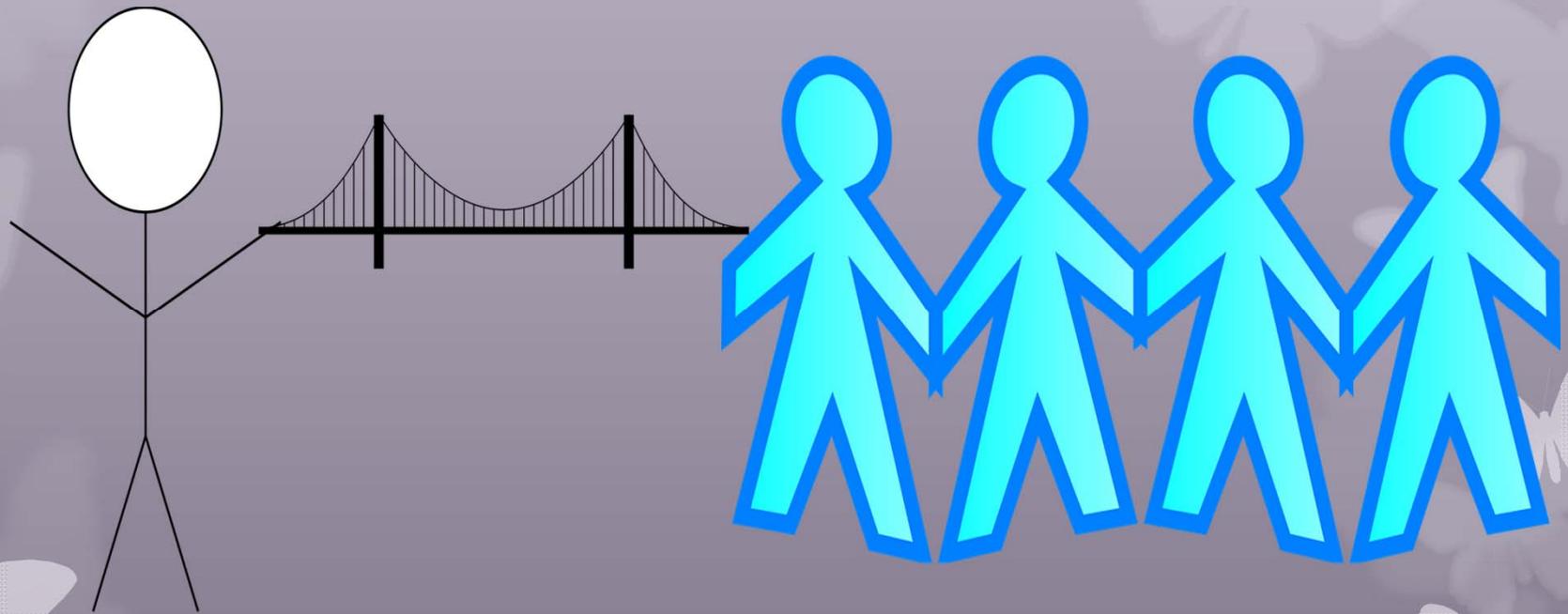
Staff Meetings



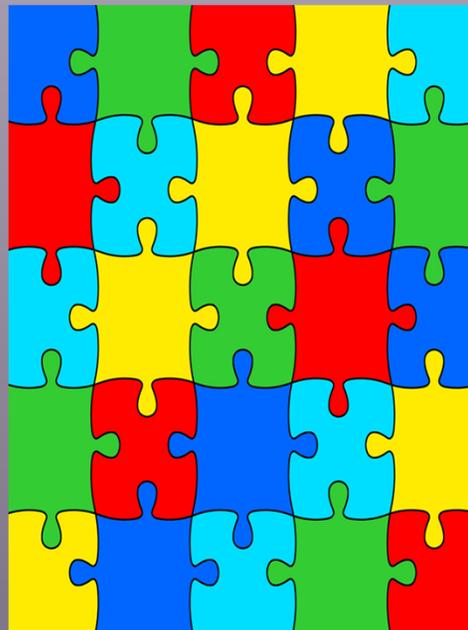
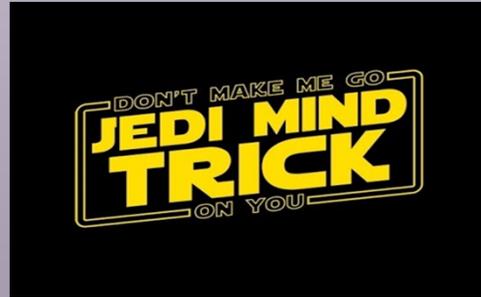
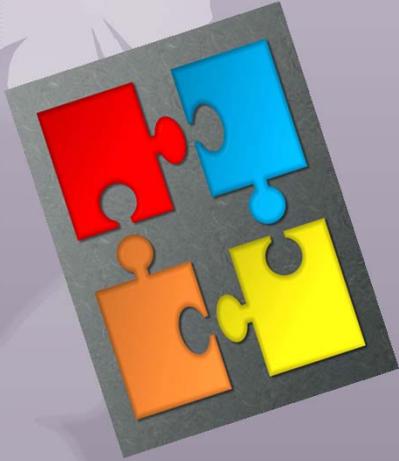
Money.....Budgets.....Sharing the Cost!



Liaison



Mental Health Services for Deaf Clients- -The Puzzle!



Moving from “What” to “How”



- What systems issues need to be addressed to make these recommendations a reality?
- How much would this cost? Aren't interpreters expensive? What about direct service costs?
- How would Medicaid / MCOs and Private Insurance work?

Identifying Resources for Collaboration



- Assessment
 - KY School for the Deaf Assessment Team
- Treatment
 - Bluegrass
 - Seven Counties
 - CMHC Point People
- Family Support
- Collaboration Needed to Develop
 - Acute Hospitalization
 - Specialized Residential Services
 - Specialized Wraparound Services

Behavioral Health Providers Specialized in Deaf Services

- Seven Counties Services / Centerstone (Louisville)
 - Erin Schilling, LCSW – erin.schilling@sevencounties.org
 - Julie Dalbom, LPCC – jdalbom2@sevencounties.org
- Bluegrass.org (Lexington)
 - Lindsey Horner Williams, LPCC – lhwilliams@bluegrass.org
 - Laura Burg, LCSW – ljborg@bluegrass.org
- Independent Practitioners – Assessment (Danville)
 - Robin Santa Teresa, PsyD. - rsantateresa@gmail.com
- Independent Practitioner – Ongoing Treatment (Bowling Green)
 - Holly Bean, LPCC – holly.bean407@topper.wku.edu

CMHC Point People Able to Arrange Accommodations

Four Rivers	David Hedrich	dhedrich@4rbh.org	270-442-7121
Pennyroyal	Kelly Robertson	krobertson@pennyroyalcenter.org	270-886-2205
River Valley	Mary Kay Lamb	marykaylamb@rvbh.com	270-689-6698
Lifeskills	Renee Hudson	rvalenti@lifeskills.com	270-901-5000 Ext. 1326 270-769-1304,
Communicare	Calvin Jackson	cjackson@communicare.org	1110
Seven Counties	Erin Schilling	eschilling@sevencounties.org	502-435-4121
NorthKey	Ruth Verst	rverst@northkey.org	859-578-2879
Comprehend	Steve Lowder	slowder@comprehendinc.org	606-564-2727
Pathways	Elizabeth Fitzer	Elizabeth.Fitzer@pathways-ky.org	606-473-7333
Mountain	Darrell Riffe	darrell.riffe@mtcomp.org	606-886-4372 606-436-5761
Kentucky River	Vonda Watts	vonda.watts@krccnet.com	x7225
CRCC	Greta Baker	Greta.Baker@crccc.org	606-528-7010 x 2064
Adanta	Kathrina Riley	kriley@adanta.org	
Bluegrass	Williams and Burg	lhwiliams@bluegrass.org ljburg@bluegrass.org	859-797-7437

The TakeAway

- What is one thing you hope all attendees of this session take away and apply in their daily work immediately?
- What is one hope you have for how this conversation will change or improve by next year's academy?
- What is one long-term systems change that you think Kentucky needs and that we in this room can be a part of?

