

State Interagency Council for Services to Children with an Emotional Disability

Meeting Summary for June 25, 2014

Members/ Designees Present:

Commissioner Mary Reinle Begley (DBHDID), SIAC Chair
Commissioner Teresa James (DCBS)
Allie Rigsby (KPFC_SIAC Youth Member)
Lee Ann Kelly (SIAC Parent Member)
Executive Office, Rachel Bingham (AOC)
Executive Director, Jackie Richardson (CCSHCN)
Commissioner, Dr. Stephanie Mayfied (DPH)
Policy Advisory & Acting Director, Heather Dearing (CHFS/ FRYSC)
Johnny Collett (KDE)
Veronica Cecil (DMS)
Margo Figg (DJJ)

Partial Guest List:

Audrey Tayse Haynes, Secretary of the Cabinet for Health & Family Services (CHFS)
Eric Friedlander, Deputy Secretary of CHFS
Dana Nickles, Policy Advisory (CHFS)
Dr. Allen Brenzel (DBHDID)
Natalie Kelly (DBHDID)
Vestena Robbins (DBHDID)
Beth Jordan (DBHDID/ KICC)
Beth Potter (KY SEED/ KICC)
Michelle Baize (DCBS) RIAC Chair
Leslie Bentley, LRC
Margaret Pennington (REACH of Louisville)
Libby Trager (DCBS) & Lincoln Trail RIAC Chair/ Region 5 (Communicare)
Chelsea H. Sullivan (Communicare) LRC for Region 5 RIAC/ Lincoln Trail
Anne Embry (LifeSkills/ LRC for Region 4, Barren River RIAC)
Chelsea Sullivan (Communicare/ LRC for Region 5, Lincoln Trail RIAC)
Andrea Keith (Seven Counties Services/ LRC for Region 6S, Salt River RIAC)
Jessica Krouse (KPFC/ KY Youth MOVE)
Kelly Dorman (DCBS) & RIAC Chair for Region 6S_Salt River
Angela Parker (Mt. Comp Care/ LRC for Region 11, Big Sandy RIAC)
Noreen McHolland (Seven Counties Services)

Chris Whitsell (Children's Services Director /Bluegrass)
Chad Burn (Comprehend, Inc/LRC for Region 8, Buffalo Trace)
Luglenda McClain (Pathways /LRC for Region 9, Gateway)
Janice Johnston (DBHDID)
Kathy Alsup (Seven Counties Services/ Parent Leader)
Sue Smith (DBHDID)
David Crowley (Anthem Medicaid)
Miranda Denney (DJJ)
Rebecca DiLoreto (CLC)
Virginia Jones (DCBS/ RIAC Chair)
Diane Gruen-Kidd (DBHDID)
Allyson Taylor (DPH)
Lucy Heskins (Protection & Advocacy)
Christina Libby (CHFS-Office of Secretary)
Carol Cecil (KPFC)
Kristal Hankinson (DPH/ Early Childhood)
Amy Cooper-Puckett (CCSHCN)
Brandon Kelly (KPFC/SIAC Youth Alternate & KY Youth MOVE)
Peggy Roark (State & Regional Family Council)
Kate Tilton (KPFC)
Pam Cotton (DCBS/ P & PP)
Tina Webb (DCBS/ P & P)
Whitney Hayse (Protection & Advocacy)
Christopher Duckworth (KY SEED/ KICC)
Mark Hertweck (DBHDID)
Michelle Kilgore (DBHDID)
Nicole George (DCBS)
Christie Penn (DBHDID)
Ann Marie Regan (KY Equal Justice Center)
Megan Kissel (DBHDID)
Renee Roberts (KY River Comp Care/ LRC for Region 12, KY River)
Joslyn Glover (DJJ)
Jeff Sutherland (Anthem Medicaid)

Staff:

Martha Campbell, SIAC Administrator (DBHDID)
Meghan Wright, Training Assistant (DBHDID)

Agenda Item	Discussion	Action/Priorities/Recommendations
<p>Opening Address to SIAC Members & SOC Academy Attendees:</p> <p>Audrey Tayse Haynes, Secretary of Kentucky's Cabinet for Health and Family Services (CHFS)</p>	<p>Commissioner Begley (DBHDID) SIAC Chair Introduced Secretary Audrey Tayse Haynes (CHFS) who addressed all present for SIAC and the 2014 System of Care Academy.</p> <p>Kentucky ranks 45th in the nation on health. It is up to all of us to figure out how to manage health delivery it so children, youth and families achieve better outcomes. The amount of money spent on children and youth with substance use, behavioral health and co-occurring disorders has reached ½ billion dollars. The number of younger children with complex issues has increased dramatically.</p> <p>Understanding the goal and purpose of your gathering is a dream come true; much work and collaboration has gone into this effort; both inside and outside Kentucky's Cabinet for health & Family Services (CHFS).</p> <p>We are promoting a shared vision; a comprehensive and coordinated System of Care (SOC) for children, youth, and young adults. This is an exciting and important initiative. It is critical we unite to place treatment needs first and unite to expand and re-design a common sense, effective SOC families can navigate with greater ease and understanding. SOC expansion and redesign is more than moving pieces around on the board. We must move toward true re-design that achieves our goal of healthier children, youth and families.</p> <p>We must reach out to Managed Care Organizations (MCOs) to support their efforts to bring better outcomes.</p> <p>We must also reach out to non-traditional groups to get identify individualized supports for children, youth and families.</p> <p>We have worked at a rapid pace to make momentous changes that will result in health delivery improvement...SINCE January of 2014:</p> <ul style="list-style-type: none"> - Affordable and accessible coverage through KYNECT - Signed up 420K people - Substance abuse treatment is now available for children, youth and adults through private insurance and Medicaid - Expanded Medicaid eligibility to 138% of poverty - Increased array of mental health and substance abuse services - Mental health parity is primary under the ACA - Senate Bill 200 implemented Legislation that will bring needed improvements 	

	<ul style="list-style-type: none"> - DCBS has done a tremendous job working to bring children & youth placed out of state back home (less than 20 children & youth are currently placed out of state; the number was 200 a few years ago) - There will be additional behavioral health providers through Medicaid coming into our system. <p style="text-align: center;">It is now JUNE 2014; this has all happened since JANUARY 2014.</p> <p>Bringing people together to understand these changes is what this System of Care Academy is all about.</p> <p>It begins right here, today, congratulations</p> <p>Thank you for coming. Thank you for making it a high priority to be here today.</p>	
<p>SIAC Meeting Welcome</p>	<p><u>Commissioner Begley (DBHDID) & SIAC Chair recognized Beth Potter (DBHDID):</u> Project Director of the KY System to Enhance Early Development (KY SEED) Grant and the KY Initiative for Collaborative Change (KICC) Grant. Beth Potter planned, organized and implemented all aspects of the System of Care Academy; with an attendance today of approximately 525 people and 2 days filled with workshops, peer group meetings, sessions designed to foster SOC expansion, re-design and best practices.</p> <p style="text-align: center;"><u>Commissioner Begley read the Mission of SIAC:</u></p> <p>“Promoting healthy children across Kentucky: Building a collaborative System of Care to promote children’s social, emotional and behavioral well-being where they live, learn and play.”</p> <p>Commissioner Begley provided an overview of Kentucky’s current, legislated in 1990, infrastructure which includes the State Interagency Council (SIAC), Regional Interagency Councils (RIACS-staffed by Local Resource Coordinators [LRCs] from Community Mental Health Centers providing services to KY’s 120 counties and Chaired by DCBS Staff) and Local Interagency Councils (LIACs-also staffed by LRCs and Chaired by DCBS Staff). The LRCs are also responsible for supervising the Service Coordinators who provide KY IMPACT services to children and youth with behavioral health issues and their families using the nationally recognized ‘wraparound process’ through family and youth guided Team Meetings.</p> <p><u>Commissioner Begley also Recognized:</u></p> <ul style="list-style-type: none"> • Local Resource Coordinators • RIAC and LIAC Chair Persons • RIAC and LIAC Members 	

	<ul style="list-style-type: none"> • Parent Leaders • Youth Leaders • Agencies Represented on SIAC 	
SIAC Meeting Welcome Introduction	Commissioner Begley (DBHDID) SIAC Chair called meeting to order and called for introductions of SIAC members, designees and presenters.	Introductions
Review of 5/28/2014 SIAC Meeting Summary	Motion made and seconded to accept the meeting summary with no changes.	Minutes Adopted
System of Care “Youth Guided” Care Update- Allie Rigsby (SIAC Youth Member)	<p style="text-align: center;"><u>Youth Guided Update:</u></p> <ul style="list-style-type: none"> • Youth Conference – held recently and there were over 100 attendees; this was the 10th year anniversary of this conference. KY’s Youth Leaders are looking for grants that will enable them to continue holding this conference annually. • During the Youth Conference Leadership awards were given to: <ul style="list-style-type: none"> ➤ Jessica Krouse, KY Youth Move Member/ SIAC Youth Member 2012-2014 ➤ Jessica Williamson received the Regional Leadership award. • Youth Peer Support Specialist regulation was approved... August and October will be trainings held. Youth Empowerment Program Curriculum committee is working on the Youth Peer Support Specialist certification training; first training is August 11-15 • Youth representation on the national level: <ul style="list-style-type: none"> ➤ KY Youth MOVE members Jessica Krouse and Kat Wyatt attended a Suicide Prevention grantee meeting in Washington D.C. in June, 2014. ➤ KY Youth MOVE members Allie Rigsby, Brandon Kelley, Kat Wyatt & Vinessa Ledesma will attend the Georgetown Training Institutes in DC in 7/2014; a national conference for all System of Care communities across the country. • KY Youth MOVE is pleased to announce they will have quarterly meetings with Commissioner Mary Begley to continue discussions about the needs of youth in KY. 	<p>Annual Youth Conference held; future funding needed.</p> <p>Youth Leadership Awards</p> <p>KY’s Youth leaders attending national conferences</p> <p>Youth Peer Support Specialist certification training in 8/14</p> <p>KY Youth MOVE will meet quarterly w/ Commissioner Begley, who recently attended their meeting. She addressed SIAC & SOC audience with this message quote:</p> <p><i>“Don’t ever underestimate the youth and their ability to support and lead. “</i></p>

<p>System of Care “Family Driven” Care Update- Lee Ann Kelley (SIAC Parent Member)</p>	<p style="text-align: center;"><u>Family Guided Update</u></p> <p>State Family Advisory Council (SFAC) Notice of Nominees for SIAC Parent Representative and SIAC Parent Alternate Representative were reviewed by Commissioner Begley, SIAC Chair and by the Secretary’s Office in April 2014. Nominees were sent to Governor’s Office in 4/ 2014 where appointments were made during the month of May 2014.</p> <p>Ms. Kelley has been appointed by the Governor’s Office as the current SIAC Parent Member and Dr. T. J. Kimble (present in the audience today) was appointed as the current SIAC Parent Alternate Member. Today begins Ms. Kelly’s term of serving on the SIAC.</p> <p>Ms. Kelley addressed SIAC and the audience: “i am honored and humbled to be sitting at this table” ...and we (Parent & Youth Leaders) appreciate and “recognize” that we are in the company of people who value “the family presence and voice”.</p>	<p>More than 50 Parent/Youth Leaders are attending the SOC Academy today and tomorrow (June 25th & 26th, 2014).</p>
<p>System of Care Interagency/ Departmental Updates: SIAC Members</p>	<p><u>Eric Friedlander , CHFS:</u> Introduced Melissa Goins as the Kentucky’s new Director of the Family Resource & Youth Services Centers; Ms. Goins served as the Family Services Manager with AOC prior to this and she was then also serving as the SIAC Designee for AOC. The Behavioral Health Service Organization (BHSO) regulation is being discussed and Medicaid is working on the regulations which should be filed and in place w/in 2 weeks.</p> <p><u>Veronica Cecil, DMS:</u> Primary focus has been to address ACA changes, including expansion for coverage of behavioral health services, new provider types and enrolling new providers (over 1000 new providers). Targeted Case Management State Plan Amendment has been approved by CMS. DMS is working with OIG & DBHDID on development of BHSO provider type in Medicaid.</p> <p><u>Jackie Richardson, CSHCNs</u> Gave an overview of services and work of the group. Introduced Amy Cooper-Puckett as new director of Autism Services. KY Council on Autism Spectrum Disorders (3 subcommittees by age groups). Amy will support regional services, identifying family navigators, in an effort to develop SOC. Starting a pilot in Owensboro; with a clinic just for children on the spectrum. CSHCNs will also be discussing closing the gaps as it relates to the assessments.</p> <p><u>Margo Figg, DJJ</u> DJJ has a new Commissioner, Bob D. Hayter. DJJ is focused on meeting deadlines connected to implementation of SB 200 and researching what is working with other states. DJJ is excited to be in this new era of Juvenile Justice and working with DOC to</p>	

help transition age youth from going to adult corrections and keep them longer in youth treatment centers... pilot in Louisville.

Rachel Bingham, AOC

FAIR TEAMS –often heard question is how will they mesh with RIACs and LIACs? Prevention is the cornerstone of helping youth and families to keep them out of DJJ and the courts. The intent is to have a relationship with RIACs and LIACs. FAIR Teams are the juvenile justice track of RIACs... RIACs will be members of the FAIR Teams with some added players. AOC session today will cover this in depth. We cannot provide these services and supports alone. We will finally have a village with the JJ system.

Teresa James, DCBS

Performance Based Contracting to ensure better outcomes and better services for our children and families. PROJECT SAFE SPACE ; promoting early screening using timely and appropriate Evidence Based Assessments to drive treatment, medications, placements, and settings. Medicaid informational forums across the commonwealth will take place in July & August. These will include sessions geared toward how to coordinate services for KY youth and how to navigate the MCO systems. What we do collaboratively is key to bridging the service gap for children and families.

Johnny Collett, KDE

KDE is thrilled to be a part of the work going on in this time of unprecedented change. KDE wants every child proficient and prepared for success. KDE has increased partnership efforts, including school based BH screening initiatives. KDE has started the pilots for implementation of school based screenings. SAMHSA Project AWARE Grant: Goals are to build and/or expand capacity at the state and local levels to make schools safer, improve school climate, increase awareness of mental health issues, and connect children and youth with behavioral health issues with needed services. **Fits with the school-based screening initiative through KY Kids Recovery and creates foundation for implementation of SB200*

Heather Dearing, CHFS/ FRYSCs

As mentioned, FRYSC will have Ms. Goins as the new director on July 1, 2014. KY is written into a Race to the Top grant (Early Childhood) out of the Governor’s office; to be at an elementary site to engage parents of young children. Learning parenting techniques – 6 module curriculum over the course of the school year. This will be a FRYSC product and provide excellent opportunities for centers to integrate Race to the Top into ongoing work.

Stephanie Mayfield, DPH

KY has the highest number of smokers in the nation, and most start before age 18. There are many socio-economic determinants involved. DPH wants to put health in all policy. DPH does not want to see mental, oral and physical health separated; we support

	<p>integrated models of healthcare. In a culture where 35% of our children are obese there are great benefits to an integrated approach to health. The DPH Strengthening Families initiative is a collaborative effort. In May 2014, training and coaching was initiated with the HANDS program. Hands recently began a new marketing campaign – new website and social media outreach. Have seen decrease in low birth weight and early deliveries. Moving Beyond Depression for in-home CBT therapy to those mothers struggling with Depression; offered in 49 counties. It is all health and it is our health!</p> <p><u>Mary Reinle Begley, DBHDID</u></p> <p>DBH is working in close collaboration with many/ most of programs mentioned today KICC GRANT is SOC focused and will coordinate players and services Bridging Gap between RIAC, SIAC, and LIACs is a priority KY SCHOOL will take place in July 2014 Ongoing review of changes in Medicaid and monitoring to identify and correct unintended consequences where needed</p>	
<p>Interagency Priorities & Discussion</p> <p>Regional Update: Michelle M. Baize, MSSW, CSW (DCBS Social Services Specialist and RIAC Chairperson)</p>	<p><u>RIAC Update: Green River- Region 3/ River Valley Behavioral Health Care</u> (Union, Henderson, Webster, Davies, McLean, Hancock, & Ohio Counties)</p> <p>1. What are the top 2-3 barriers/challenges your region experiences with respect to providing comprehensive/ coordinated services and supports to children and youth?</p> <ul style="list-style-type: none"> ➤ Lack of awareness of IMPACT/RIAC services within the community ➤ Transportation for clients ➤ Staff turnover ➤ Lack of resources in the community to refer the family to in order to build their support system & cost of these resources are too much for families to maintain <p>How is your RIAC addressing these issues?</p> <ul style="list-style-type: none"> ➤ RIAC members are providing their respective agencies and communities with information about IMPACT/RIAC. RIAC members are present at many of the Ready Fests and Health Fairs throughout the region providing information to families about IMPACT/RIAC ➤ RIAC has approved funds to purchase gas cards for families to assist them in getting to appointments ➤ Case Managers work closely w/ community partners to get services for IMPACT children at a reduced rate or free with an available scholarship. We have also worked out a volunteer program with some agencies where the parents will volunteer their time so that the children can receive services for free ➤ There are discussions during RIAC meetings with case managers about community services that are available and may be beneficial to their families 	<p>Full RIAC Regional Report distributed to SIAC Members/ Designees & Guests present.</p> <p>Regional RIAC Updates will be a regular agenda item at each SIAC meeting.</p> <p>Joint Peer Group Meeting being held here on 6/26/14 for RIAC Chairs and Local Resource Coordinators representing all Regional Interagency Councils across Kentucky.</p>

	<ul style="list-style-type: none"> ➤ River Valley actively post job openings when one becomes vacant. They interview and try to hire the best fit for the job. Most of the staff that left in the last year have moved on to other jobs within the agency. <p>2. Describe 1-2 issues that your RIAC has successfully addressed to improve services to children and youth in your region?</p> <ul style="list-style-type: none"> ➤ RIAC funds the Family Liaison position which is a huge support to the families in the program. She assists the families with making referrals for additional services. She goes with the families if their child needs to be assessed for hospitalization. She leads the parent support group. She informs families of community partners that could benefit them as well. She is also an advocate for the families in the program. The family liaison also coordinates several family events for the children in the program, including Christmas parties and summer picnics. All of this assists the parents in building their natural support system. ➤ Service coordinators have learned to not only focus on the children and their behaviors but to also focus on the caregivers and how they address the children's behavior issues, such as teaching the caregivers to enforce consequences for negative behaviors and praise good behaviors. By focusing on the entire family the child sees that it is not just their problem to face alone and they become more successful. <p>3. Tell us about a success story for a family/child in your region and the role of the RIAC in supporting the family's success.</p> <ul style="list-style-type: none"> ➤ There was a child in the program that was 12 years old when he enrolled. He was aggressive, defiant, extremely negative, and was placed in an EBD classroom. The service coordinator and the family liaison worked with the family on consistency and setting rules in the home. RIAC provided funding for TCS services for the child. The child thrived with TCS services. He is no longer in an EBD classroom. He is in a regular classroom setting and is a role model to other students in the class. It was the combination of work with the parents and individual work with the child that helped him become so successful. This child is also on the wrestling team now and is just a joy to interact with. <p>4. Please share 1 thing SIAC can do to support your RIAC fulfill its functions.</p> <ul style="list-style-type: none"> ➤ Provide more open communication between SIAC and RIAC <p>For example: traveling SIAC meetings/ SIAC representatives attend RIAC meetings and offer ongoing education to RIAC members</p> <p>5. Share the number of interactions/ interventions your Regional and/or Local Council has implemented in some or all of the following areas: to strengthen the role of your councils, to improve access to services for families and youth, to expand the array of services in you region/ area, to advance collaborative efforts, etc.</p>	
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	<ul style="list-style-type: none"> ➤ New proactive leadership within our RIAC has assisted in making our council stronger. We have developed a new policy and procedures manual that allowed us to streamline our meetings. The new structure of the meeting has increased attendance by RIAC members. The doors of communication with SIAC have been opened and our RIAC is no longer doing things because they have always been done a certain way they are doing things that are in alignment with policy and procedures ➤ In order to connect our families with additional services we begin planning for discharge at the time the family is enrolled in the program. We assist the families in finding extracurricular activities that would benefit the child as well as additional therapeutic services needed. We think outside the box in finding ways for the family to maintain the costs of the extracurricular activities so that the child can continue with these activities even after they complete the program. ➤ RIAC members brainstorm during meetings with case managers regarding services they offer through their agency, services they have utilized in the past or even services they have heard about from others. RIAC members also go back to their agency and communities and spread the word about IMPACT services in order to raise awareness about the program and the services it can provide to children in need. 	
Closing Messages from several of KY's Parent and Youth Leaders	<ul style="list-style-type: none"> • Jessica Krouse (former SIAC Youth Member & active KY Youth MOVE Member) • Deanne Tudor (Family Peer Support Specialist-BlueGrass & active SFAC Member) • Laura Bledsoe (Family Peer Support Specialist-Cope House & active SFAC Member) <p>http://dbhdid.ky.gov/dbh/soca-2014.aspx</p>	Presentations from this event can be found at: http://dbhdid.ky.gov/dbh/soca-2014.aspx
Other Business	<ul style="list-style-type: none"> • Distribution of RIAC Survey Results to SIAC for review/ future discussion • SIAC Member Sign-off on Memorandum of Understanding 	
Adjourn	Motion to adjourn; seconded/approved	
Next Meeting Date:	July 23 rd , 2014 from 10:00 AM to 12:00 PM Administrative Office of the Courts (AOC) 1001 Vandalay Drive/ Frankfort, Kentucky	