

State Interagency Council for Services to Children with an Emotional Disability Meeting Summary for November 13, 2013

Members/ Designees Present:

Mary Reinle Begley (DBHDID), SIAC Chair
Lawrence Kissner (DMS)
Eugene Foster (CCSHCN)
Bill Heffron (DJJ)
Peggy Roark (Parent Designee)
Jessica Krouse (Youth member)
Heather Dearing (CHFS/ FRYSC)
Tal Curry (DPH)
Tina Webb (DCBS)
Laura McCullough (KDE)
Melissa Goins (AOC)

Guests:

Dana Nickles (CHFS)
Dr. Allen Brenzel (DBHDID)
Wendy Morris (DBHDID)
Kari Collins (DBHDID)
Natalie Kelly (DBHDID/ KICC)
Lisa Jagnow (DBHDID)
Amy Cooper-Puckett (DBHDID/KICC)
Catherann Terry (DMS)
Kate Tilton (KPFC)
Vestena Robbins (DBHDID/KICC)
Beth Jordan (DBHDID/KICC)
Beth Potter (KY SEED/ KICC)
Christopher Duckworth (KY SEED/ KICC)
Chris Whitsell (Children's Services Dir. /Bluegrass)
Larry Linden (Children's Services Dir. /North Key CC)
Janice Johnston (DBHDID)
Christie Penn (DBHDID)

Guests:

Liz McKune (Passport)
LeAnn Magre (Wellcare)
Helen Homberger (Humana Care Source)
Leslie Jones (Protection & Advocacy)
Whitney Hayse (Protection & Advocacy)
Kristal Hankinson (DPH/ Early Childhood)
Luglenda McClain (LRC/ Gateway/Region 9)
Anastasia Cooper (RIAC Chair / DCBS)
Erin Truitt (EKU/ KY SEED)
Steve Shannon (KARP)
Angela Morris (AOC)
Allyson Taylor (DPH)
Mark Hertweck (DBHDID)
Sue Smith (DBHDID)
Michelle Kilgore (DBHDID)
Kara Fresh (DBHDID/ IMPACT PLUS)

Staff: Martha Campbell, SIAC Administrator (DBHDID) & Meghan Wright, Training Assistant (DBHDID)

Agenda Item	Discussion	Action/Priorities/ Recommendations
Welcome/ Introduction	Mary Reinle Begley, Commissioner of DBHDID and SIAC Chair, called the meeting to order. Members and guests introduced themselves.	
Review of October 23th, 2013 SIAC Meeting Summary	SIAC members reviewed DRAFT summary of the 10/23/2013 SIAC meeting. There were no edits; SIAC approved/ accepted the meeting summary.	SIAC adopted meeting summary with no changes.
Cabinet Update: System of Care Realignment Audrey-Tayse Haynes, Secretary of CHFS	<p>Secretary Haynes opened her remarks by thanking SIAC members and guests for their continued interest in and attendance to the SIAC meetings during this time of strategic planning to realign services for children, youth and families. The Secretary also expressed her appreciation for ongoing interagency collaboration.</p> <p>Secretary Haynes gave a strong welcome to Commissioner Begley. She advised the Council, staff and guests that the department (DBHDID), partner agencies (state government and otherwise), staff and SIAC (DBHDID Commissioner currently serves as SIAC Chair) has outstanding leadership in Commissioner Begley; who is committed to accountability and committed to collaboration and problem solving/ solutions.</p> <p style="text-align: center;"><u>Cabinet Focus:</u></p> <ul style="list-style-type: none"> ➤ Reduce the number of children and youth in residential treatment while increasing community based services ➤ Increase the availability of and access to Intensive Outpatient Programs ➤ Increase the involvement of families in treatment ➤ Focus on the outcomes resulting from the interventions that are in place and in use to support children, youth and families. The goal is for children and families to get better; the services provided are to produce good outcomes and help support children & youth become productive citizens. 	<p>Continue SOC partnership efforts to increase community based care (including IOP) and family involvement.</p>

	<ul style="list-style-type: none"> ➤ Realigning services to appropriately treat children and adolescents in appropriate settings; implement services that keep children & youth out of DCBS and DJJ to the extent possible ➤ Healthcare changes in Kentucky ➤ Expansion of Medicaid (and embracing the ACA); including Substance Abuse and Peer Support services ➤ Opening the Behavioral Health provider network for Medicaid. Those with Medicaid will have same choices as those with private insurance. ➤ KY's Health Benefits Exchange has been and continues to be successful; currently, about 1000 individuals a day are signing up and a more intense rush is expected between Thanksgiving and 12/15/2013. To date, the majority of individuals are eligible for Medicaid insurance. ➤ Dr.'s Brenzel, Shepherd, Mayfield, Langefeld, are meeting together – regularly with the MCOs clinical leadership and the goal is to effectively address administrative problems and move forward quickly to quality outcomes improvement. ➤ As Commissioner Kissner continues to work to improve outcomes, he knows to advise me (Secretary Haynes) if KY has regulations that need to be changed in order to provide better care and ultimately outcomes; changing the process is better than doing the same things to get poor results. ➤ Secretary Haynes noted that the First Lady has challenged us to come up with a screening tool that KDE/ DCBS/ AOC/ DPH can all utilize. Heather Dearing, FRYSCs Director, as part of her work on the realignment, is working on documenting screenings and assessments that in use and those that are evidence based. This work may lead to collaboration and training across agencies that will assist with this issue. ➤ KY initiative for Collaborative Change / SOC Training: <ol style="list-style-type: none"> 1. SOC training for SIAC members and designees; a Primer training will be offered within several months (related to Redesign efforts, SOC KICC Grant and SIAC Priorities &Goals-<i>Date to be announced</i>) 2. A SOC Academy will be planned for the summer of 2014; with plans to make this an annual event. Proposed to do one each year 	<p>Utilize KICC Grant to support implementing screenings, assessments and treatments that are EBPs and can be measured for positive outcomes.</p> <p>Support SOC training across all child serving agencies, groups, councils.</p>
--	---	--

Open Discussion:

- ✓ Ms McCullough of KDE stated that there needs to be emphasis placed on screening, assessment and early intervention and that the school system is eager to partner to provide the critical services needed for students in the schools.
- ✓ Ms McCullough of KDE stated that it is important and necessary to conduct an overview of the system and provide better guidance on who to call when resources are needed.
- ✓ Dr. Brenzel agreed that service providers do need a better and basic understanding the system and partners; however, he noted that families need this as well; currently it is too complicated and too difficult for individuals and agencies to access services in a “fragmented system”. He further pointed out that this is an area where Peer Support and Family Supports can be critical to improving access and knowledge.
- ✓ Commissioner Kissner on MEDICAID –we haven’t had a good process for is the education process... working with EKV to develop MEDICAID Univ. All states are different. Federal/state rules. If we could create a Medicaid certification program. People could take the program to understand how Medicaid, structure, benefits, and budgets work... Medicaid is the future of health care. Creating a university based Medicaid program will have national appeal. Lots of people would want send professionals to be able to really understand Medicaid. How do you work effectively in a health care system where 20-25% is in Medicaid and you don’t understand the system
- ✓ Dr. Brenzel – what % of youth do you find that SA is piece of problem. DJJ – 80% recreationally, 25% of those are seriously involved; 25% of what the providers of DJJ do is SA. High priority is Sexual Offender Treatment. For most part we can’t get treatment.
- ✓ Bluegrass – there has not been adequate Substance Abuse training and this results in anxiety among providers. BG is looking at training to help providers feel more confident in treatment models. Also working to make screening more robust and assessment more inclusive. Working to have EDUCATION (non-client) groups for families in the region.
- ✓ Michelle Kilgore – Providers don’t know how to treat. If you are a youth provider you are used to treating mental health. If you are a Substance Abuse (SA) provider you are used to treating adults and kids scare you. Must

	<p>prepare people to provide services and have youth treatment standards of care. Have places with capable treatment providers for individuals dually diagnosed. Screenings need to lead to good, standardized assessments... have a level of care across provider continuum. Training is a big piece – treatment. Need family treatment and a mechanism in place to sustain the training we do have. Big turnover rate in BH – need sustainability plan.</p> <ul style="list-style-type: none"> ✓ Tena Robbins – Training, coaching, fidelity monitoring, outcomes measurement. Need infrastructure to do that. ✓ Passport/ Liz McKune – Case management standardized assessment to assess needs. Looking at one that bridges adolescent to adulthood (levels of service case management inventory) ✓ Work together to make a change. ✓ Reclaiming futures... ✓ IMPACT model. ✓ Involve everyone and problem solve EDU – don't have the knowledge base to do the work outside the classroom. With alternative schools, then the kids aren't doing anything wrong because they are guarded, but there are no skills built, no treatment, not change... it's the school to prison pipeline. ✓ AOC- School Resource Officers get called for offenses and they trigger AOC to get involved. Changes the kid from being one with a treatment need to one that is a safety risk. ✓ EDUCATION – need to work on what alternative school entails... need to address social/emotional needs. ✓ Commissioner Begley – what about reentry from SA treatment.... EDU – we think transition back into school is terrible. Reentry isn't planned or communicated. Need the help here. ✓ Jessica Krouse (SIAC YOUTH MEMBER) – shared her story... about the complete absence of transitioning when was in residential and the devastating effect this had on her and many of her Youth Council friends. ✓ DCBS – had meetings with SRA, Judges, AOC, and Alternative school leader. Henry County uses more therapeutic setting. ✓ Trauma must be included and addressed ✓ Secretary Haynes: <ul style="list-style-type: none"> ○ Think more simply... to get county by county someone to take the lead 	<p>Secretary Haynes charged SIAC to look at service provision that is happening at the county level and examine whether communities have access to up-to-date resource directories that respond to the needs of children, youth and families. Goal: examine what Kentucky provides at the county level and increase efforts to ensure that effective, up-to-date resource directories are available and reflect services that are in place as well as identify where service gaps exist.</p> <p><u>ACTIONS:</u> SIAC Administrator has requested that LRCs provide current documentation of all LIACs and note what counties are represented.</p> <p>KICC Grant team plans to gather & review resource directors that exist now (FRYSC/ RIACs/ LRCs/ LIACs) and make recommendations for standardizing and maintaining directories.</p>
--	---	--

	<p>the bring the people together in 110 of the smaller counties to feed the information and piece together a continuum of care... may not be the same “role” person in every county. Whoever is trusted in each county to take the lead to draw a picture... and then update it every 2-3 months. SIAC should be spearheading an effort like that to get someone in each county to do it in 110 counties. All have to get together and identify shortages and fill the gaps. County by county beginning to build a network.</p> <p>✓ AOC – Juvenile Justice Task Force... Status offense kids and look to MTDs, RIACs and LIACs... doing consultative role with LIAC and CDWs. Using what is already in place and using it differently.... Empower local communities. AOC – looking at the whole family (CDWs trained in family engagement). Looking at underlying issues... not just visible behavior. So often find that substance abuse is in there.</p>	
<p>System of Care “Youth Guided” Care Update- Jessica Krouse (Youth Representative)</p>	<p style="text-align: center;">Updates on SIAC's Youth Driven Activities</p> <ul style="list-style-type: none"> ➤ Youth Empowerment Summit was held on September 28th and was a huge success. Youth were part of the planning and helped to lead workshops for the event. – Children’s Alliance/Protection & Advocacy ➤ Moving Forward LGBTQ conference was held on September 20th. The conference was a great success and included youth who spoke to service providers about their experiences. – Chris Duckworth ➤ There was a TAYLRD training in the Communicare region on September 17th for adult case managers and IMPACT service coordinators on better ways to work with transition age youth. – Janice Johnston ➤ On October 19th, the Commission for Children with Special Health Care Needs held a youth forum to talk about what youth with disabilities need to be able to successfully transition to adulthood. – Dr. Foster ➤ There are currently 11 out of the 15 mental health regions across the state that have active Regional Youth Councils up and running. These councils are supporting over 100 youth across the state to increase their independent living skills and growth as leaders in their communities. ➤ Kentucky has been awarded a Safe Space Grant and will include youth on the planning and implementation committee for the grant. 	

<p>System of Care “Family Driven” Care Update- Peggy Roark (SIAC Alternate Parent Representative)</p>	<p style="text-align: center;">Regional Updates on SIAC's Family Driven Activities</p> <p>Ms. Roark distributed a report from various regions across the state on Parent Support activities and Family Driven activities. The detail of this report was included in this meeting summary because it clearly indicates the extraordinary efforts that result from Parent Leadership and the focus that Parents bring to services at the local level.</p> <p><u>Sally Rooney on behalf of Northern KY's Parent Support Group</u></p> <ul style="list-style-type: none"> • Offered a four-part series of trainings on Special Education with Advocate Margaret Reed. • Dr. Craig Erickson, MD of Cincinnati Children's Hospital, discussed medications used to treat Emotional & Behavioral problems. • A parent-led group for families whose youth have co-occurring disorders will be starting soon in Campbell County. <p><u>Michelle Hickman on behalf of Green River IMPACT Parent Support Group:</u></p> <ul style="list-style-type: none"> • 'Back-to-School Ready Fest' at four schools across the region. • My LRC and I attended “Henderson Helps” in Henderson County-manning a booth about KY IMPACT, gave out brochures as well as stress balls and other items. • Held a family retreat for all KY IMPACT families at a local park in Owensboro. All families in the 7 counties were invited; 80 people attended; 21 families in total. Dinner was provided, the kids performed Karaoke; parents were able to make connections with other parents who have similar experiences with their children. <p><u>Renita Murphy on behalf of Salt River Region Parent Activities:</u></p> <ul style="list-style-type: none"> • Held Summer Fun Event; Kathy Alsup, Family Liaison/KY Family Peer Support Specialist of Seven Counties-Rural Region, accompanied 15 families to Newport Aquarium. Dana Bixler, parent representative in Bullitt Co., kindly donated her bus to use as transportation. • July 27th Spencer Co. School Ready Fest - booth set up. • July 9th LIAC Spencer Co. • July 22nd RIAC Shelby Co. • July 31st KPFC Training Frankfort • August 13th LIAC Spencer Co. • August 20th 12pm KPFC new board member, phone orientation • August 22nd 8pm KPFC Marketing Committee, phone conference 	
--	--	--

- August 26th RIAC Shelby Co.
- September 5th Advisory Council Meeting (FRYSC)
- September 6th KPFC Board Meeting Frankfort
- September 9th Seven Co. Office Shelby - prep for support group mtg.
- September 10th LIAC Spencer Co.
- September 10th MAPP Initiative Spencer Co.
- September 10th SPENCER CO PARENT SUPPORT/TRAINING. Topic: Parenting Hard to Handle Child PART 1. Free Dinner ,Childcare & Door Prizes
- September 12th Spencer Co. Middle School Parent Involvement Night. Set up booth...handed out pamphlets, pens, bags, balls etc...
- September 17th Community Early Childhood Council Meeting (CECC)
- Spencer Co. received a \$9,100.00 grant & we need to use the funds before June 30, 2014. Thanks to Laura Beard for her recommendations.
- September 23rd (TOMS) Team Observation Measure Training in Frankfort
- October 8th Spencer Co. Community Baby Shower
- October 8th SPENCER COUNTY PARENT SUPPORT/TRAINING GROUP - Topic: Coming in 2014: IRS Fine or Health Insurance - You Choose!
- October 9th LIAC Spencer Co.
- October 17th TOM's Wraparound Evaluation Completed
- REMAINING OCTOBER SCHEDULE
- October 25-27th KPFC/OFL Joint Meeting
- October 28th RIAC Shelby Co.
- October 29th TOM's Wraparound Evaluation Scheduled
- October 30th TOM's Wraparound Evaluation Scheduled

LeeAnn Kelley on behalf of Pathways Parent Activities:

- August family picnic for our P.U.S.H. support group with over 23 families in attendance, plus a Wizard of Oz Tea Party, sponsored by K.P.F.C. and Pathways for the SEED program.
- Back-to-School Ready Fest in August; over 300 families attended and a lot of information was given out about the parent support group P.U.S.H. and about the IMPACT program. Over 70 parents signed up for more information. We included information about suicide, bullying and more.
- In September, at our support meeting, we had a guest speaker from U.K. extension office. She spoke on the right types of food we need to feed our children and provided information on the new food pyramid. We are currently signing up parents for a 6 week cooking class so we can learn healthier eating habits for parents and their children.

	<ul style="list-style-type: none"> • We had several families attend the Leadership Academy • In October several parents attended our I.E.P. boot camp. At our support group meeting we talked about the new insurance programs available for all the families and also talked about suicide prevention and bullying. <p><u>Brenda Baldrige on behalf of Pathway's P.U.S.H. PSG:</u></p> <ul style="list-style-type: none"> • In our P.U.S.H meetings we have talked about keeping kids safe while using the Internet. We learned some 'chat language shorthand', some of which was shocking. We also talked about changes to healthcare. <p><u>Deanna Tudor on behalf of Bluegrass East:</u></p> <ul style="list-style-type: none"> • In the Bluegrass East Region, we had two Family Fun Picnics this summer, one for Powell and Clark Counties and one for Fayette and Jessamine Counties. • Families planned both events and attendance was 75 • Our Parent Support Group topics so far this year have included: • Technology - How much is too much? • The Affordable Healthcare Act – What It Means to You. • In addition, I presented at the Jessamine County Guidance Counselors' meeting on IMPACT Services and our parent support group meetings. <p><u>Kathy Alsup on behalf of Seven Counties Inc. - Rural Region</u></p> <ul style="list-style-type: none"> • Sept – Coming in 2014: IRS FINE or Health Insurance – You Choose Bullitt County and Henry County • Sept – How to Handle a Hard to Handle Kid Spencer Co. • Oct – How to Handle a Hard to Handle Kid Bullitt County • Oct – Coming in 2014: IRS FINE or Health Insurance – You Choose Henry Co Shelby Co Spencer Co Trimble Co. • Ms Alsup conducted 2 trainings, in 5 different Counties: Affordable Care Act & Parenting a Child w/ Oppositional Defiance Disorder; trainings were well-received due to content relevance for many of our families. <p>Ms Roark reminded the Council of the Libby Fernandose award deadline for nominations. This award is given each year to recognize an outstanding parent and an outstanding professional.</p>	<p>Ms. Roark reviewed regional parent updates, which clearly demonstrate that Parent Leadership is outstanding in Kentucky and brings special attention to the delivery of services at the local level.</p>
--	---	--

<p>Interagency Priorities & Discussion-</p>	<p>Commissioner Kissner provided SIAC updates related to Medicaid :</p> <ul style="list-style-type: none"> • Kentucky’s State Plan Amendment (SPA) is waiting on final comment(s) from the Centers for Medicaid & Medicare (CMS). • On 10/23/2013, following the SIAC meeting, a subgroup of SIAC (Medicaid, KDE, DBHDID; including Dr. Allen Brenzel) met regarding school based mental health services. <p>On 10/25/13, Commissioner Kissner sent the following letter to MCO’s re: Medicaid Services Provided in a School Setting:</p> <p>“Medical Services identified in a child’s IEP have been carved out of the MCO contracts. They are submitted directly from the schools to ...Medicaid...and are paid by Medicaid (DMS). Medical services NOT covered in a child’s IEP that are medically necessary and either covered by our state plan or covered by our EPSDT benefit, must be eligible for reimbursement if the services are provided through a contracted provider that follows his or her contractual requirements for prior authorization and who is operating within his or her scope of practice.</p> <p>Kentucky recognizes schools as an acceptable “site of service” for medical care. This is outlined in a number of materials and incorporated into regulation. For example, Section IV of the January 2008 edition of the Community Mental Health Center manual states:</p> <p>Outpatient services may be either on-site, which are defined as the CMHC, leased space and donated space, or off0site which includes the client’s home, congregate living facility not otherwise reimbursed by Medicaid, school or day care center, senior citizen’s center, and Family Resource and Youth Center.</p> <p>Consequently, providers routinely arrange to provide services at schools. It is the Department’s position that coordinating services for children in schools whenever possible promotes a child’s health status, reduces costs, and assists the child in becoming a productive adult.</p> <p>Please make sure you are covering medically necessary care delivered to children at our schools. Should you have any questions, please feel free to contact me or Lisa Lee, Deputy Commissioner.”</p>	<p>Meeting held on 10/23/2013 [Medicaid, KDE, DBHDID] to discuss/review Medicaid Services Provided in a School Setting</p> <p>Action: Commissioner Kissner submitted a letter to all MCO’s clarifying issue (content of letter included)</p>
--	--	--

<p>Other Business</p>	<ul style="list-style-type: none"> ➤ Proposed SIAC meeting dates for calendar year 2014 reviewed. ➤ SIAC Workgroup on committees of the SIAC submitted written recommendations to the SIAC. ➤ Short term SIAC workgroup requested to draft annual (SIAC) recommendations to the Governor and LRC; noting priorities that SIAC wants to promote during the legislative session. SIAC Volunteers: Heather Dearing, Tal Curry, Peggy Roark, Bill Heffron, Laura McCullough, and a KICC Grant Project Director, Beth Potter. ➤ SIAC members provided steps for adding a family organization to SIAC 	<p>Council adopted 2014 SIAC meeting dates.</p> <p>SIAC Administrator distributed recommendations to SIAC for review on 11/13/2013</p> <p>Workgroup has not met; SIAC Administrator will send electronic information on past annual recommendations + areas of SIAC focus during 2013 & request meetings with SIAC members to gather recommendations.</p> <p>SIAC Administrator distributed recommended next steps to SIAC members for review on 11/13/2013</p>
<p>Adjourn</p>	<p>Motion to adjourn; seconded/approved</p>	
<p>Next Meeting Date:</p>	<p>Wednesday, December 11, 2013 from 10:00am to 12:00pm DBHDID/100 Fair Oaks Lane, Conference Rooms A & B/ Frankfort, KY.</p>	