

2017 *44th Annual*
KENTUCKY SCHOOL
of Alcohol & Other Drug Studies



JULY 23-27, 2017

LOUISVILLE, KY
THE CROWNE PLAZA HOTEL

TABLE OF CONTENTS

Welcome/Overview.....3
Sponsors and Acknowledgements.....4
Week-At-A-Glance.....5-10
Conference Logistics..... 11-13
Prevention-Specific and Adolescent Tracks..... 14-15
Plenary & Lunch Events.....16
Special Events.....17
KASAC Scholarship Form.....19
Robert Straus Awards Information..... 20-21
Mike Lowther Award Information.....22
KAAP Information.....23
Conference Co-Sponsors.....24
Workshop Abstracts
 Monday.....25-33
 Tuesday.....33-39
 Wednesday.....39-45
 Thursday.....45-56
Biosketches.....57-70



WELCOME/OVERVIEW

Greeting!

It is with great pleasure that I welcome you to participate in the 2017 Conference. The planners have once again put together a spectacular array of plenaries, basic and advanced workshops, professional meetings, and networking opportunities. Whether you attend for one day or the entire week, we feel sure you will come away with new knowledge, skills, ideas, and resources.

There are specialty tracks including Treatment, Prevention, and Adolescent services with over 80 workshops and over 50 presenters. I hope you also will take full advantage of the Grassroots Reception Sunday evening, the Tuesday evening Awards Banquet, the evening film sessions, and the Exhibit Hall Monday through Wednesday.

I would like to thank our sponsors, staff, presenters, exhibitors, and especially our participants for making this year's conference a great success! Hope to see you there!

Warm Regards,



Wendy Morris
Commissioner, KY Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID)



SPONSORS AND ACKNOWLEDGEMENTS

Sponsored by:

Kentucky Cabinet for Health & Family Services
Department for Behavioral Health,
Developmental & Intellectual Disabilities

Eastern Kentucky University, Training Resource Center

Co-Sponsors:

Aetna Better Health of Kentucky
Dominion Diagnostics
Stepworks Recovery Center
Southeast Addiction Technology Transfer Center
WellCare Health Plans

Acknowledgements:

Conference Coordinator: Trude M. Scharff, M.Ed.

Planning Committee Members: Michele Blevins, Laura Cunningham,
Caroline Dela Rosa, Tanya Dickinson, Victoria Greenwell, Diana Hobbs, Michelle Kilgore,
Phyllis Millspaugh, Mary Mosley, Kathy Mounts, Holly Musser, Justin Peach,
Maggie Schroeder, Katie Stratton, Karla Thompson, Adam Trosper, Stephanie Turner

The Cabinet for Health & Family Services, Department for Behavioral Health, Developmental & Intellectual Disabilities does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.

The points of view and opinions expressed at the Kentucky School for Alcohol and Other Drug Studies and in related materials are those of the speakers and do not necessarily represent the official position or policies of the event sponsors.

2017 WEEK AT A GLANCE - BY EVENT TYPE

44th Annual 2017 KY School of Alcohol and Other Drug Studies ~ July 23-27, 2017

Monday- Welcoming Remarks - 8:45AM / Monday-Wed – Plenary begins 9:00AM / Daily Workshops begin 10:30AM / Thursday -ALL Workshops begin 9AM and Afternoon Sessions begin 1:15PM

CHECK IN: Crowne A Ballroom - Sunday, 2-6p.m.; Monday - Wednesday, 8-10:15a.m.; Thursday, 7:30-8:45a.m.

DAILY PLENARIES:

Day	Plenary Title	Presenter	Time
Sunday Coronet A	Peer Support Specialists in Kentucky: Bringing Empathy and Understanding to the Substance Abuse Treatment Continuum - A Panel Discussion (1 CEU) Meet and Greet reception from 6-7p.m. (refreshments)	Kris Shera, MPA, B.A.	5-6p.m.
Monday Crowne A Ballroom	Welcoming and Opening Remarks Kentucky's Response to the Opioid Epidemic (1 CEU)	Wendy Morris, RN, Commissioner, DBHDID, Van Ingram, Allen Brenzel, M.D.	8:45-10a.m.
Tuesday Crowne A Ballroom	Treatment: Trends for 2017. . . Ready or Not! (1 CEU)	Cynthia Mureno Tuohy, NCACII, CDCIII, SAP, Executive Director of NAADAC, National Association for Alcoholism and Drug Abuse Counselors	9-10a.m.
Wednesday Crowne A Ballroom	The New Cannabis Culture: Can Prevention Prevail? (1 CEU)	Michael Nerney, Ph.D., International Consultant in Substance Abuse Prevention and Education	9-10a.m.
Thursday	No Plenary - All workshops begin at 9:00a.m.		

WORKSHOPS: Monday-Wednesday: Full day workshops (5 CEUs): 10:30a.m. - 12p.m./1:15-4:45p.m.-afternoon break. Thursday: Full day workshops (6 CEUs): 9a.m.-4:15p.m.-with a.m. and p.m. breaks. Half-day workshops (3 CEUs each session): 9a.m.-Noon and 1:15-4:15p.m. with an a.m. and p.m. break at presenter discretion.

LUNCH: 12-1:15p.m. Crowne A Ballroom - provided daily; Monday & Thursday, buffet; Tuesday & Wednesday, box lunch
Tuesday: 12-1p.m. KAAP Annual Meeting, Coronet B, bring lunch to room.

EVENING EVENTS:

Day	Event	Location/Time	Notes
Monday	KASAC Meeting/Program - KY Adolescent Substance Abuse Consortium	Coronet A / 5:30-7:30p.m.	Evidence Based Approaches for the Adolescent Substance Abuse Client, Robert Daniels, M.A., Beck Whipple, B.A., Geoff Wilson, LCSW, CADC (2 CEUs)
	Documentary Film by Debby Terry - "Never Me: The Debby Terry Story"	Crowne C / 5:30-7:30p.m.	Documentary/Discussion (2 CEUs) Debby Terry, B.A., with Tim Deaton II, Facilitator and Katie Stratton M.S., LPCA, Facilitator
	KYOTD Meeting - KY Org for Treatment of Opioid Dependence	Coronet B / 5 to 6p.m.	Mark Miller, M.A., M.S., LMFT, Facilitator, (No CEU)
	YOGA	Elliott / 5:30 to 6:30p.m.	Victoria Greenwell, BSW, M.A., RYT 200 (No CEU)
Tuesday	KSAODS Appreciation Awards Banquet (cost included in full-week, must indicate attendance at registration)	Crowne A Ballroom / 5:30-7:30p.m.	Live Band - Don Rogers Band begins at 4:50p.m. Buffet Dinner 5:45p.m. Speaker: Heather French Henry, Deputy Commissioner of the Kentucky Department of Veterans Affairs (30 minutes - No CEU) (INVITED)
Wednesday	LCADC Board (formerly CADC) Meeting	Crowne B Ballroom / 6 to 7p.m.	Regs for Licensed Clinical Alcohol and Drug Counselors, Geoff Wilson, LCSW, CADC (1 CEU and Certificate issued by LCADC Board at meeting) No scanning by KSAODS required
	Film Presentation - "Generation Found"	Coronet A / 5:30-7:30p.m.	Documentary/Discussion (2 CEUs) Mike Barry, B.A., Facilitator

DAILY EVENTS: Exhibit Hall open Monday-Wednesday, 8:00a.m.- 5p.m.
12 Step Open Discussion Recovery Meeting Monday-Thursday 7:00-8:00a.m. - Hancock Room

WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	CEU/ Contact Hours
Sunday				
SP	Focus: The Grassroots Speaks: Peer Support Specialists in Kentucky: Bringing Empathy and Understanding to the Substance Abuse Treatment Continuum - A Panel Discussion	Kris Shera	Coronet A/B	1
Monday and Monday/Tuesday				
MP	Welcoming and Opening Remarks Kentucky's Response to the Opioid Epidemic	Wendy Morris/Van Ingram/Allen Brenzel	Crowne A Ballroom	1
M1	Removing Defects of Character: A New Way to Look at Things	CC Nuckols	Crowne B	5
M2	Father Hunger/Father Wounds: Intervention Strategies with Chemically Dependent Clients Impacted by Fatherlessness	Mark Sanders	Crowne C	5
M3	Neurocognitive Effects of Addiction and Relapse	Susan Blank	Coronet A	5
M4	Cognitive Therapy for Addictions	Todd Reynolds	Coronet B	5
M5-Ad	Evidence-Based Approaches for Integrating Substance Use and Mental Health Treatment for Adolescents and Young Adults with Co-occurring Disorders	Paula Riggs	Elliott	5
M6-Px	Using System Thinking to Create Vibrantly Effective Prevention Systems	Laurie Sutter	Franklin	5
M7	Substance Use Disorders and Suicidality: What Everyone Needs to Know	Geoff Wilson	Madison	5
M8	Recovery Oriented Systems of Care: Working Smarter not Harder: Shifting the Focus to Recovery Improves Outcomes	Ed Johnson	Oldham	5
M9	Foundation Skills for Substance Abuse Counseling	Mark Miller	Perry	5
M10-AM	12 Step Open Discussion Recovery Meeting (7:00-8:00a.m.)	Open Meeting	Hancock	0
M11	Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Demetra Antimisiaris	Trimble	5
M12	DSM V: Accurately Identifying Psychological Disorders in Adults	George Haarman	Shelby	5
M13	Taking the Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model	Steve Grinstead	Russell	5
M14	Management of Opioid Use Disorders: Care for Pregnant and Postpartum Women and Their Infants	Karol Kaltenbach	Taylor	5
M15	The Emerging Adult: Rethinking Treatment and Recovery	Jeff Georgi	Whitley	5
ME1	2017 Film and Facilitated Discussion: Never Me: The Debby Terry Story (5:30-7:30p.m.)	Debby Terry with Tim Deaton II & Katie Stratton	Crowne C	2
ME2	KASAC - Evidence Based Approaches for the Adolescent Substance Abuse Client (6:00-8:00p.m.)	Robert Daniels/Geoff Wilson/ Beck Whipple	Coronet A	2
ME3	KYTOD Meeting - Kentucky Organization for Treatment of Opioid Dependence (5:00-6:00pm)	Mark Miller	Coronet B	0
ME4	Yoga - Register for this event through "Online Registration". Space limited. Please bring a yoga mat. (5:30-6:30p.m.)	Victoria Greenwell	Elliott	0
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course) Sponsored SE-ATTC	Karen Garrity	Grant	10

Key

Day of week: S=Sunday; M=Monday; MT=Monday/Tuesday; T=Tuesday;

TW=Tuesday/Wednesday; W=Wednesday; TH=Thursday

Time of event: E=evening; N=noon; AM=morning; PM=afternoon

Page 6 | 44th Annual Kentucky School of Alcohol and Other Drug Studies

Number: Assigned session number for that day

Session Type: P=Plenary

Track: Px=Prevention Track; Ad-Adolescent Track

WEEK AT A GLANCE- BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	CEU/ Contact Hours
Tuesday and Tuesday/Wednesday				
TP	Treatment Trends for 2017. . .Ready or Not!	Cynthia Moreno Tuohy	Crowne A Ballroom	1
T1	Neurobiology: Addictions and Mental Health - Become a Knowledgeable Neuroplastician and Improve Client Outcomes	CC Nuckols	Crowne B	5
T2	Integrating Spirituality into Addictions and Mental Health Counseling	Mark Sanders	Crowne C	5
T3	Adult Survivors of Childhood Trauma & Dysfunctional Families, Using Social, Emotional and Spiritual Intelligences for Recovery	Robert J. Ackerman	Coronet A	5
T4	Integrating MAT with Treatment Services	Scott Hesseltine	Coronet B	5
T5	KAAP Meeting - (Bring Box Lunch to Room)	Steve Durkee	Crowne B	0
T6-Ad	SA and Delinquent Behaviors: Treating the Adolescent Offender	Mike Johnson	Elliott	5
T8-Px	How to Market Prevention to Community Stakeholders and Legislators	Thomas Workman	Madison	5
T9	Healing the Hearts of Men (Dan Griffin Program Focus)	Todd Reynolds/Henry Lucas	Oldham	5
T10	Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder	Shelia Cundiff	Perry	5
T11-AM	12 Step Open Discussion Recovery Meeting (7:00-8:00a.m.)	Open Meeting	Hancock	0
T12	Game Plan: A Clinician's Guide to Helping Men Achieve Emotional Fitness	Alan Lyme	Trimble	5
T13	The New ASAM	Mark Miller	Shelby	5
T14	Mindfulness: Meditation for Self Care and Client Treatment: An Evidence Based Practice	Frank Snyder	Russell	5
T15	The Treatment of Substance Use Disorders with Other "Co-Mingling" Psychiatric Disorders	Jeff Georgi	Whitley	5
TW1	Best Practices in Clinical Supervision (The training fulfills clinical supervision requirements: 908 KAR 1:310 and 908 KAR 1:370; 6 CEU hours/day, ends at 5:45p.m.)	Geoff Wilson	Franklin	12
TW2	Romancing the Brain *Note room change on Day 2	Cynthia Moreno Tuohy	Day1: Taylor Day2: Whitley	10
TE1	KY School Banquet & Robert Straus Award (Banquet 5:30-7:30p.m., Band begins at 4:50p.m.)	N/A	Crowne A	0
Key				

Day of week: S=Sunday; M=Monday; MT=Monday/Tuesday; T=Tuesday; TW=Tuesday/Wednesday; W=Wednesday; TH=Thursday
Time of event: E=evening; N=noon; AM=morning; PM=afternoon

Number: Assigned session number for that day
Session Type: P=Plenary
Track: Px=Prevention Track; Ad-Adolescent Track

WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	CEU/ Contact Hours
Wednesday				
WP-Px	The New Cannabis Culture: Can Prevention Prevail?	Michael Nerney	Crowne A Ballroom	1
W1	Understanding the Cultures of Addiction and Criminality	Michael Johnson	Crowne B	5
W2	Gender Competent Addictions Treatment: A Focus on Men and Women Seeking Recovery	Mark Sanders	Crowne C	5
W3	Intermediate to Advanced Motivational Interviewing for Skill Development & Supervision	Annie Fahy	Coronet A	5
W4	Evidence-based Treatment of Opioid Addiction: From Pill to Powder: Creating the Best Opportunity for Recovery	CC Nuckols	Coronet B	5
W5-Ad	Medication-Assisted Treatment for Adolescents	Michael Weaver	Elliott	5
W6	Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient	Mark Miller	Grant	5
W7-Px	KY Prevention Board Ethics (Note: Course meets KY Prevention Board standards for required training - Ends at 5:45p.m.)	Mitchell Moore	Madison	6
W8-Ad	Nutritional Health in Youth with Substance Disorders: Protecting Brains and Bodies	Barbara Gracious	Oldham	5
W9-Px	Risky Business: Why Adolescents Love Risk-Taking, and What can Prevention do to Help Manage It	Michael Nerney	Perry	5
W10-AM	12 Step Open Discussion Recovery Meeting (7:00-8:00a.m.)	Open Meeting	Hancock	0
W11	Addiction 101: Understanding the Disease Model and Basics of Addiction for Addiction Professionals	Shelia Cundiff	Trimble	5
W12	The Wounded Healer: Engagement and Rapport as Therapeutic Tools	James Campbell	Shelby	5
W13	Doing the Same Thing Expecting Different Results: Examining all the Treatment Options for Opioid Use Disorder	Ed Johnson	Russell	5
W14	Grants: Funding the Work: Successful Grant Seeking and Writing	Tom Workman	Taylor	5
WE1	LCADC Board Meeting (6:00-7:00p.m.)	Geoff Wilson	Crowne B	1
WE2	Film and Facilitated Discussion: Generation Found (5:30-7:30p.m.)	Mike Barry	Coronet A	2

Key

Day of week: S=Sunday; M=Monday; MT=Monday/Tuesday; T=Tuesday; TW=Tuesday/Wednesday; W=Wednesday; TH=Thursday
Time of event: E=evening; N=noon; AM=morning; PM=afternoon

Number: Assigned session number for that day
Session Type: P=Plenary
Track: Px=Prevention Track; Ad-Adolescent Track

WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	CEU/ Contact Hours
Thursday				
TH1	Preparing to Become an ADC (Alcohol and Drug Counselor) in KY	Jeanne Keen/ Mike Vance	Trimble	6
TH2-AM	12 Step Open Discussion Recovery Meeting (7:00-8:00a.m.)	Open Meeting	Hancock	0
TH3-AM	Understanding and Treating Cannabis (Cannabinoid) Use Disorder	CC Nuckols	Crowne B	3
TH4-AM	Compassion Satisfaction: Flipping the Paradigm on Compassion Fatigue in SA workers	Annie Fahy	Crowne C	3
TH5-AM	Strength Based Recovery Planning: Person Centered Approach	Mike Johnson	Coronet A	3
TH6-Ad-AM	Helping Parents Handle Substance Abusing Teens: The CRAFT Approach	Brian Serna	Coronet B	3
TH7-AM	Re-Licensure Ethics for Social Work, Alcohol and Drug Counselors, and Other Counselor Professions (Does not include LMFT Ethics requirements standards)	Geoff Wilson	Pendleton	3
TH8-AM	Getting to Know the 12 Steps and 12 Steps Fellowships	Shelia Cundiff	Franklin	3
TH9-Px-AM	I See, You See: Explaining the Teen Perspective Cycle	Mark Fomby	Grant	3
TH10-AM	Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery	Jessica Sucik/Kelly Ruff	Madison	3
TH11-AM	Language and Its Effect on Addiction	Ed Johnson	Oldham	3
TH12-AM	Treatment for Two: Promoting Bonding, Attachment and Early Parent Child Relationships in the Treatment Setting	Sharon Hesselstine	Perry	3
TH13-AM	Engaging the Arts in Recovery	James Campbell	Shelby	3
TH14-Px-AM	Communication and Facilitation Skills for the Prevention Professional	Mitchell Moore	Russell	3
TH15-AM	Family Intervention Strategies: Assisting Families in their Own Process from Addiction through Recovery	Todd Reynolds	Taylor	3
TH16-AM	Therapeutic Benefits of Humor in Addiction Treatment	Mark Sanders	Whitley	3
TH17-PM	Understanding and Treating Cannabis (Cannabinoid) Use Disorder	CC Nuckols	Crowne B	3
TH18-PM	Compassion Satisfaction: Flipping the Paradigm on Compassion Fatigue in SA workers	Annie Fahy	Crowne C	3
Key				

Day of week: S=Sunday; M=Monday; MT=Monday/Tuesday; T=Tuesday; TW=Tuesday/Wednesday; W=Wednesday; TH=Thursday
Time of event: E=evening; N=noon; AM=morning; PM=afternoon

Number: Assigned session number for that day
Session Type: P=Plenary
Track: Px=Prevention Track; Ad-Adolescent Track

WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Contact Hours
Thursday				
TH19-PM	Strength Based Recovery Planning: Person Centered Approach	Mike Johnson	Coronet A	3
TH20-PM	Core Competencies and Supervision for Alcohol and Drug Peer Support Specialists	Geoff Wilson	Coronet B	3
TH21-Ad-PM	Youth Peer Support and Recovery Support Services: Facilitated Panel Presentation	Tara Moseley	Pendleton	3
TH22-PM	Attachment - The Ties that Bind Us: Using Adult Attachment Patterns to Inform the SU Treatment Process	Sharon Hesseltine	Franklin	3
TH23-PM	Family Intervention Strategies: Assisting Families in their Own Process from Addiction through Recovery	Todd Reynolds	Grant	3
TH24-PM	Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery	Jessica Sucik/Kelly Ruff	Madison	3
TH25-PM	Substance Use and Mental Health Disorders: Transforming Perspectives for Faith and Community Groups	Karen Hall	Oldham	3
TH26-PM	Adults: Increasing Cultural Competency in Working with Sexual and Gender Minority Patients: Inclusivity and Awareness Improve Treatment Outcomes	Ed Johnson	Perry	3
TH27-PM	Adverse Childhood Events and Neonatal Abstinence Syndrome Connecting the Dots	Lori Devlin-Phinney	Shelby	3
TH28-PM	Holistic Recovery: Moving from Active Addiction to Active Recovery	James Campbell	Russell	3
TH29-Px-PM	How Disruptive Thinking Can Transform Prevention Work	Ben Reno Weber	Taylor	3
TH30-PM	Therapeutic Benefits of Humor in Addiction Treatment	Mark Sanders	Whitley	3

Key

Day of week: S=Sunday; M=Monday; M/T=MondayTuesday; T=Tuesday; TW=Tuesday/Wednesday; W=Wednesday; TH=Thursday
Time of event: E=evening; N=noon; AM=morning; PM=afternoon

Number: Assigned session number for that day
Session Type: P=Plenary; W=Workshop
Track: Px=Prevention Track; Ad-Adolescent Track

CONFERENCE LOGISTICS

BEFORE YOU ARRIVE:

Online Registration

Registration for the conference is available online: <http://dbhdid.ky.gov/dbh/ksaods.aspx> Participants may attend Monday-Thursday at a cost of \$150 per day or \$600 for all four days. No charge for Sunday events.

Participants may register to attend any combination of workshops but are reminded to pay careful attention to the workshops that are conducted over a span of two days, or which occur just a half day. Participants should be careful not to sign up for more than one workshop in the same time slot. The registration system will charge for all workshops, even if those workshops overlap. For questions regarding registration, please email: Diana.Hobbs@eku.edu

Deadline for Registration is

July 7, 2017

Registration Fee(s)

\$600.00/week or \$150.00/day (no charge for Sunday events)

All registration and payment details are provided through the online registration site. Payment is required at the time of online registration using TouchNet. To register: <http://dbhdid.ky.gov/dbh/ksaods.aspx>

Awards Banquet

Persons registering for the full week are invited to attend the banquet at no extra cost. You must indicate your desire to attend when registering online. Persons not indicating they want to attend the banquet will not be included in the final count. Persons registering for 1-3 days are still welcome to attend the banquet at a cost of \$50.00.

Accommodations

If you need an ASL Interpreter, CART, or other accommodations, please make your request to Michelle Niehaus no later than July 1, 2017. Workshop choices must be confirmed at the time of registration. We make every effort to meet your needs.

(Email) Michelle.Niehaus@ky.gov

(V) 502-782-6181

(VP) by appointment

Handouts

Handouts will be posted online prior to KSAODS. Each registrant will be emailed the link to workshop(s) to download and print handouts for their sessions (approximately July 1, 2017). Registrants are responsible for this process. **Printed handouts will not be available on-site.**

Parking

All parking at the Crowne Plaza Hotel is free and at ground level.

Please Remember To...

- **Bring downloaded handouts to all sessions** (copies will not be available onsite)
- **Bring sweater/light jacket for air conditioning comfort** (it is almost always chilly in sessions)
- **Keep nametag accessible for scanners**
- **Arrive to sessions at the scheduled times; Thursday is an earlier start time**
- **Silence electronic devices during all sessions**

Scholarships

KSAODS scholarship awards are limited to Kentucky residents only. Applications are due May 24, 2017, and recipients will be notified by June 16, 2017. Scholarships cover the registration fee only. Scholarship recipients will be emailed instructions on how to register in lieu of payment. If you apply for a KSAODS scholarship, please do not register for Kentucky School until you learn if you have received a scholarship. Follow this link to obtain the scholarship application:

<https://redcap.uky.edu/redcap/surveys/?s=AXD4YMKMH9>

An additional scholarship opportunity is offered to attendees by KASAC. Please see page 19 for further details. KSAODS does not coordinate this scholarship opportunity through its online process.

Hotel Accommodations

For hotel room reservations follow this link:

<https://aws.passkey.com/e/16041598>

Crowne Plaza Hotel Sleep Rooms: There is a KY School block of rooms with a special room rate of \$122 per night plus tax/fees. They are reserved under KY School of Alcohol and Other Drug Studies, and will be available until July 7. **After July 7th, there is no guarantee of availability or rate. Make your reservations as soon as possible.** Please follow the link above to make your hotel reservations or call the hotel at 800-633-8723 or 502-367-6161. You may also visit their website for more information about the Crowne Plaza conference site. www.cplouisville.com

Driving Directions to Hotel

Go to: www.mapquest.com or www.maps.google.com
Address: Crowne Plaza Hotel, 830 Phillips Lane Louisville, KY 40209. Directions are also available at the Hotel website: www.cplouisville.com

Cancellation Policy

NO refunds for KSAODS 2017 will be provided. Substitution of registrants is recommended in lieu of cancellation. To make the substitution prior to KSAODS 2017, contact: Diana.Hobbs@eku.edu

CONFERENCE LOGISTICS

ONCE YOU ARRIVE:

Onsite Check-In: **REQUIRED**

Onsite check-in will be open Sunday, July 23, 2017, from 2:00-6:00p.m. Sunday's plenary begins at 5:00p.m., followed by a reception. Check-in will be open each morning from 8:00-10:15a.m. and Thursday from 7:30-8:45a.m. Nametags and information packets will be distributed at this time. The location for onsite check-in is outside Crowne A Ballroom. **Check-in is required only the first day of your workshops.**

Attendance

All registration will take place online:
<http://dbhdid.ky.gov/dbh/ksaods.aspx>

All participants choose workshops on a first-come, first-serve basis and workshops will be closed when room capacity is filled. When you register online, you will be guided through this process. At the end of the online registration process, there is a confirmation message that you can print. You will receive a confirmation email as well that outlines the workshops and other events that you registered for, along with the cost of each, and then a total cost.

Please note, a workshop with a "Px" or "Ad" designation may also be appropriate for a treatment provider and vice versa. The designations are indicated to provide preventionists and adolescent treatment providers guidance in selecting workshops that will be most appropriate for their credentialing boards' approval.

Evaluations

Your feedback is valued by conference planners.

- **Plenary** - session evaluations will be available. Please complete at the conclusion of each session and leave on ballroom tables.
- **Workshop** - evaluations will be distributed and completed at the conclusion of each workshop; leave with workshop facilitator.
- **Conference** - evaluations will be conducted online, and upon completion, certificates will be available to participants.

Vendors/Exhibitors

A list of vendors and exhibitors will be available in registrant folders received at Check-In. Please be sure to visit the 2017 Vendors/Exhibitors in the Exhibit Hall located on the first floor of the hotel.

Roving Counselors

Roving counseling is available if needed. See info table outside Crowne A.

Nametags, Barcodes and CEUs

Nametags include a barcode that will be scanned at the beginning and the end of each workshop (including when you exit and re-enter at lunch), and at the beginning of each plenary. Certificates for CEUs and Contact Hours will be generated after the conference based on participants' scans. Please keep your name badge secure and easily accessible for scanner.

Certificates with CEUs or Contact Hours earned will be available online to download and print after August 27, 2017. An email message with access instructions will be sent to attendees after August 27th. **No partial credit will be given.** In order to receive credit for attendance, participants **must** attend the entire workshop, receiving a scan within 10 minutes of the workshop morning start time and after lunch. Participants must also sign the roster in each workshop and include professional board license number(s) on the sign-in sheet(s). A complete list of licensing boards with approved CEU options is noted on the next page.

PLEASE KEEP YOUR NAMETAG SECURE AND WEAR IT AT ALL TIMES. A \$5.00 fee will be assessed to replace lost nametags. See Onsite Registration outside the Crowne Ballroom for replacements.

PLEASE NOTE: No partial continuing education credit will be given. Participants must attend the entire workshop and sign ALL roster/sign-in sheets to receive any continuing education credit hours, as well as scan in and scan out of sessions.

Limited opportunities to change class choices may be available. Inquire at on-site check in.

Meals

Lunch will be provided daily and is included in your registration fee. Lunch on Monday and Thursday is buffet style. Lunch on Tuesday and Wednesday is box lunches.

Tuesday Evening Banquet: There is no additional cost with full-week registration for the Tuesday evening Awards Banquet; however, please indicate your attendance during the registration process. Other registrants are welcome to attend, but must indicate this through the online registration and pay \$50.00.

CONFERENCE LOGISTICS

Contact Hours/Continuing Education Units

Overview of CEUs/Contact Hours Offered:

- One day workshop = 5 CEUs/contact hours - M, T, W & 6 CEUs/contact hours - TH
- Two day workshop = 10-12 CEUs/contact hours
- Half-day workshop = 3 CEUs/contact hours

Continuing Education Units are approved for Licensed Certified Alcohol and Drug Counselors, Psychology, Social Work, Licensed Professional Counselors, Nursing, Nursing Home Administrators, Fee-Based Pastoral Counselors, Art Therapists, and Certified Prevention Specialists. Licensed Marriage and Family Therapist CEU approval is pending.

Kentucky School for Alcohol and Other Drug Studies workshops fulfill continuing education requirements on an hour-for-hour basis for Adult Peer Support Specialists (908 KAR 2:220), Family Peer Support Specialists (908 KAR 2:230), Youth Peer Support Specialists (908 KAR 2:240), Community Support Associates (908 KAR 2:250), and Targeted Case Managers (908 KAR 2:260).

Category	Workshop Description	Days & Hours	Contact Hours/CEUs
One-Day Workshops Monday, Tuesday, Wednesday and Thursday	One Subject 5 hours required class time	One Day - 5 or 6 hours one topic	5 or 6
Two-Day Concurrent Topic Workshops Monday & Tuesday Tuesday & Wednesday	One Subject 10-12 hours required class time	Two days - 5-6 hours each day same topic	10-12
Half-Day Workshops Thursday	One Subject 3 Hours required class time	Thursday only 3 hours each 2 per day	3-6

Prevention-Specific Track

Kentucky Certified Board for Prevention Professionals (KCBPP) Approved Courses

The field and focus of Substance Abuse Prevention has drastically changed over the past 12 years. This change for the better has only been made possible by those who believe in hard work, persistence and, most of all, the importance of Substance Abuse Prevention to our coalitions and communities. Likewise, the Kentucky School of Alcohol and Other Drug Studies has changed to reflect the merits of Prevention. 2017 will see our Kentucky School again including workshops that feature national speakers presenting topics that will link the new fields of prevention and behavioral health. Workshops that fit this designation will have the letters Px in the workshop code.

Day	Code & Track	Workshop Title	Presenter	Location	Contact Hours
Monday	M6-Px	Using System Thinking to Create Vibrantly Effective Prevention Systems	Laurie Sutter, MCRP, BSAS, B.A.	Franklin	5
Tuesday	T8-Px	How to Market Prevention to Community Stakeholders and Legislators	Tom Workman, Ph.D.	Madison	5
Wednesday	WP-Px	The New Cannabis Culture: Can Prevention Prevail?	Michael Nerney, Ph.D.	Crowne A Ballroom	1
	W7-Px	KY Prevention Ethics (Note: Course meets KY Prevention Board Standards for required training - Ends at 5:45p.m.)	Mitchell Moore, BAT, SAP, LCDC, ADC III, ACPS	Madison	6
	W9-Px	Risky Business: Why Adolescents Love Risk-Taking, and What can Prevention do to Help Manage It	Michael Nerney, Ph.D.	Perry	5
Thursday	TH9-Px-AM	I See, You See: Explaining the Teen Perspective Cycle	Mark Fomby, CPS	Grant	3
	TH14-Px-AM	Communication and Facilitation Skills for the Prevention Professional	Mitchell Moore, BAT, SAP, LCDC, ACPS, ADC III	Madison	3
	TH29-Px-PM	How Disruptive Thinking Can Transform Prevention Work	Ben Reno Weber, MBA, MPA, B.A.	Taylor	3

ADOLESCENT TRACK

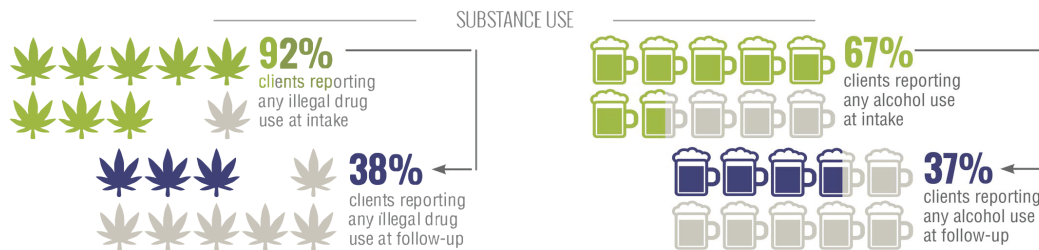
Adolescence is the time when many mental health disorders begin to present in addition to the time that young people may explore substance use. Substance use and abuse can be difficult to discern as something different from mental health issues, and they are often times co-occurring. The complex needs of this population are remarkably different from those of the traditional adult treatment population, requiring different expertise and guidance on how a treatment and recovery system can best serve them.

In recognition of the differences in developmental and emotional growth between adolescents and adults, the Kentucky School of Alcohol and Drug Studies has developed an adolescent specific track to distinctively address the unique needs of adolescents and their families who may be dealing with substance use issues. These sessions will benefit both the entry-level clinician as well as the seasoned veteran, providing them with the most up to date information in the ever emerging field of adolescent substance use and co-occurring treatment.

Code & Track	Title	Presenter	Level	Location	Contact Hours
M5-Ad	Evidence-Based Approaches for Integrating Substance Use and Mental Health Treatment for Adolescents and Young Adults with Co-occurring Disorders	Paula Riggs, MD	Entry/ Intermediate	Elliott	5
T6-Ad	SA and Delinquent Behaviors: Treating the Adolescent Offender	Mike Johnson, MSW, LMSW	Entry/ Intermediate	Elliott	5
W5-Ad	Medication-Assisted Treatment for Adolescents	Michael Weaver, MD, DFASAM	Entry/ Intermediate	Elliott	5
W8-Ad	Nutritional Health in Youth with Substance Disorders: Protecting Brains and Bodies	Barbara Gracious, MD	Entry/ Intermediate	Oldham	5
TH6-Ad-AM	Helping Parents Handle Substance Abusing Teens: The CRAFT Approach	Brian Serna, LPCC, LADAC	Entry/ Intermediate	Coronet B	3
TH21-Ad-PM	Youth Peer Support and Recovery Support Services: Facilitated Panel Presentation	Tara Moseley, B.S.	Entry/ Intermediate	Pendleton	3

Substance use in adolescence can have major negative impacts on adolescents' mental health, education, employment, and involvement in the criminal justice system--all of which can lead to negative long-term problems in adulthood. By comparing the expected yearly earnings of AKTOS youth (based upon the level of educational attainment) and the cost of substance abuse treatment for adolescents included in this analysis, the return to society on treatment expenditures can be expressed such that for every \$1.00 spent on treatment there is a \$4.84 return in estimated employment additions to local and state economies.

SIGNIFICANT REDUCTIONS IN PROBLEMS WITH PAST-12-MONTH SUBSTANCE USE & BEHAVIORAL HEALTH



Report prepared by the University of Kentucky Center on Drug and Alcohol Research. Findings from the full report can be downloaded from: cdar.uky.edu/aktos



Suggested citation: Cole, J., Logan, TK, Miller, J., Scrivner, A. (2016). Adolescent Kentucky Treatment Outcome Study 2016 Fact Sheet. Lexington, KY: University of Kentucky, Center on Drug and Alcohol Research.

PLENARY & LUNCH EVENTS

Sunday Evening Opening Plenary

Focus: The Grassroots Speaks: Peer Support Specialist in Kentucky: Bringing Empathy and Understanding to the Substance Abuse Treatment Continuum - A Panel Discussion (1 CEU)

Kris Shera, MPA, B.A.
Presentation/Facilitated Panel Discussion (1 CEU)

Meet and Greet Reception 6:00-7:00pm to follow
Location: Coronet A/B

Monday Morning Plenary

Welcome and Opening Remarks: Wendy Morris, RN, Commissioner DBHDID

Kentucky's Response to the Opioid Epidemic (1CEU)

Van Ingram, Executive Director, Kentucky Office of Drug Control Policy, and Dr. Allen Brenzel, Medical Director, Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities
Location: Crowne A Ballroom

Tuesday Morning Plenary

Treatment Trends for 2017. . . Ready or not! (1 CEU)

Cynthia Moreno Tuohy, NCAC II, CADC III, SAP
Executive Director of NAADAC, National Association for Alcoholism and Drug Abuse Counselors
Location: Crowne A Ballroom

Tuesday Lunch Awards

Mike Townsend Leadership Academy Awards Announced by Mike Barry, B.A.

Location: Crowne A Ballroom, 12:15-12:30p.m.

Tuesday Lunch Event

KAAP Meeting - Kentucky Association of Addiction Professionals (0 CEUs)

Steven Durkee, Ph.D., LPCC, LCADC, NCAAC, President KAAP, Facilitator
Location: Coronet B, 12:00-1:00p.m., Bring your box lunch

Wednesday Morning Plenary

The New Cannabis Culture: Can Prevention Prevail? (1 CEU)

Michael Nerney, Ph.D., International Consultant and Substance Use, Prevention, and Education

An internationally known lecturer, Dr. Nerney has served as consultant to a number of federal and state agencies, including the National Office of Drug Court Policy, the National Office of Juvenile Drug Court Policy, the Office of Substance Abuse Prevention and the Bureau of Justice, and has been a consultant for two of the major television networks and recently appeared on the ABC program 20/20. Michael Nerney is a consultant in Substance Abuse Prevention and Education, with over twenty-six years' experience in the field.

Location: Crowne A Ballroom

SPECIAL EVENTS

Sunday

6:00 - 7:00p.m. **Meet and Greet Reception to follow Opening Plenary** Coronet A/B

Monday

5:00 - 6:00p.m. **KYOTD Meeting**
KY Org for Treatment of Opioid Dependency Coronet B
 Mark Miller, M.A., M.S., LMFT., Facilitator
 (No CEU)

5:30 - 7:30p.m. **Film Presentation: *Never Me: The Debby Terry Story***
 Film Documentary/Discussion Crowne C
 Creator Debby Terry with Facilitators Tim Deaton B.A., LPCA
 and Katie Stratton, M.S., LPCA
 (2 CEUs)

5:30 - 7:30p.m. **KASAC Meeting** Coronet A
Kentucky Adolescent Substance Abuse Consortium
 Evidence Based Approaches for the Adolescent Substance Abuse Client,
 Facilitators: Geoff Wilson, LCSW, CADC and Mark Daniels, BA, MA
 (2 CEUs)

5:30 - 6:30p.m. **YOGA** Elliott
 Victoria Greenwell, BSW, M.A.
 Register for this event through "Online Registration". Space limited. (No CEU)
 This practice will invite relaxation and mental peace into your day. The poses (asanas) will help build strength, flexibility, stamina, balance and aid in stress reduction in a skillful and intelligent way. Particular focus will be to nurture and strengthen our back, hips and core. New to yoga or practice regularly, everyone is welcome. Please bring a sticky yoga mat with you. There will be a few sticky yoga mats available should you be new to yoga or forget your mat.

Tuesday

12:00 - 1:00p.m. **KAAP Annual Meeting**
 KY Association of Addiction Professionals
 (Pick up box lunch from Crowne A Ballroom) Coronet B
 (No CEU)

5:30 - 7:30p.m. **Kentucky School Appreciation Banquet** Crowne A Ballroom
Robert Straus & Mike Lowther Awards Presentation
Live Music: Don Rogers Band begins 4:45 p.m. – Come relax and visit with friends!
Buffet Dinner
 Keynote Speaker: Heather French Henry, Deputy Commissioner, Kentucky
 Department of Veterans Affairs - (Invited)
 (30 minutes - No CEU)

Wednesday

5:30 - 7:30p.m. **Film Presentation: *Generation Found*** Coronet A
 Mike Barry, B.A., Facilitator, 2 CEUs

6:00 - 7:00p.m. **Licensed Clinical Alcohol and Drug Counselors** Crowne B Ballroom
Board (formerly CADC) Meeting
Title: Regulations for Licensed Clinical Alcohol and Drug Counselors
Geoff Wilson, LCSW, CADC, Facilitator
 (1 CEU and Certificate issued by LCADC Board at meeting)
 No scanning by KSAODS required

All Week

7:00 - 8:00a.m. **12 Step Open Discussion Recovery Meeting (Monday-Thursday)** Hancock

8:00 - 5:00p.m. **Exhibit Hall (Monday-Wednesday)**

BANQUET - TUESDAY, JULY 25, 2017

**Speaker: Heather French Henry,
Deputy Commissioner, KY Department of Veterans Affairs**

1/2 Hour Banquet Presentation - No CEU

6:00-6:30p.m.

Heather French Henry is the first and only Miss Kentucky to win the title of Miss America. Born and raised in the small towns of Augusta and Maysville, Heather was inspired by two great hometown heroes: Ronnie French, her father who served in the Marine Corps in Vietnam; and Rosemary Clooney whose music and movie career impacted Heather greatly. Upon earning her Bachelor of Science and Master's in Design from the internationally acclaimed University of Cincinnati's College of Design, Architecture, Art, and Planning Heather began her path toward winning the title of Miss America. After her fifth attempt at the crown Heather walked away with the title of Miss KY 1999 and then onto Atlantic City to win the title of Miss America 2000. During her year of service as Miss America Heather devoted her time to the awareness and education of our nation's homeless veterans in a speaking tour entitled, "Honoring our Forgotten Heroes: Our Nation's Homeless Veterans." Heather worked closely with members of Congress and Senate to establish groundbreaking legislation to create new opportunities for community outreach in the U.S. Department of Veterans Affairs. Former Congressman Lane Evans and the late Senator Paul Wellstone honored Heather by naming this comprehensive bill the Heather French Henry Homeless Veterans Assistance Act.



During the last 14 years Heather has continued her efforts nationwide by establishing the Heather French Foundation for Veterans, Inc., focusing on community outreach to help better educate young and old alike about programs available to assist veterans and to help increase patriotism in younger generations. As part of her leadership she authored and illustrated a series of Children's books based on patriotism and volunteerism. Her efforts have been recognized by Veterans Service Organizations nationwide with the Americanism Award - VFW, The Humanitarian Award – AMVETS Ladies Auxiliary, The Martha Washington Spirit Award - The Auxiliary of the Military Order of the Purple Heart, and the prestigious Silver Helmut Award by AMVETS.

Heather has officially served two Governors in the Commonwealth of Kentucky as both Commissioner and Deputy Commissioner for the Kentucky Department of Veterans Affairs, assisting over 331,000 veterans thru statewide programs and services. Heather also founded an international distribution company that produced evening wear and sold to over 150 retailers worldwide before taking on her state role with KDVA. She is married to Dr. Stephen Henry, notable trauma orthopedic surgeon and former Lt. Governor of KY. Together, they operate the Rosemary Clooney Museum, run the Kentucky Prostate Cancer Coalition, and work to save thousands of acres of land thru the Future Fund Endowment. The Henrys have two children, Harper and Taylor. They reside in Louisville, KY.

SCHOLARSHIP

Kentucky Adolescent Substance Abuse Consortium (KASAC) 2017 Scholarship Nomination Form

One full week scholarship for the 2017 KSAODS (registration fees only) will be presented to an individual who is a direct service provider for adolescents in the substance abuse/co-occurring mental health treatment field in Kentucky. Scholarship awardees shall demonstrate dedication to addressing the needs of adolescents with substance use disorders. The deadline for application for this scholarship is June 15, 2017. Applicants are encouraged to keep a copy of the completed application.

Please complete the information below and submit electronically to:

Robert Daniels at robert.daniels@centerstone.org

Questions may be directed to Mr. Daniels by e-mail or by calling him at 502-671-9561.

Name _____ Credentials _____

Job Title _____

Place of Employment _____

Contact Information (including email) _____

Educational Background and Work Experience _____

How will your attendance at the KY School benefit the adolescents with whom you are working?

AWARDS

2017 Robert Straus Awards

In recognition of Dr. Robert Straus for his career-long commitment to the study of alcoholism, his tenure with the Alcohol and Drug Task Force, and his leadership in the substance abuse field in Kentucky, KSAODS will present awards for outstanding contribution to substance abuse practice in Kentucky. Nominations will be accepted in the areas of:

- Prevention (Individual)
- Treatment (Individual)
- Advocacy/Volunteer (Individual)
- Community Organization, Business, or Network in fields of ATOD Prevention

When nominating an individual for a Robert Straus Award in any category, please consider the following personal qualities. The nominee should exhibit as many of these traits as possible.

- Values quality of service and performs duties at an exceptional level
- Exhibits a positive attitude and encourages others to think positively
- Is recognized by peers, managers, team members, and others as extraordinary
- Exhibits the highest ethics and inspires others to do the same
- Exhibits remarkable interpersonal skills and behavior when working with others including clients, colleagues, the public, stakeholders, subordinates, and superiors
- Has true compassion for the client base being served
- Has above average problem-solving skills and is not afraid to put them into practice

KSAODS is now accepting applications for the 2017 Robert Straus Award, to be presented at the Tuesday Evening Banquet of the 2017 KSAODS Conference. All practicing professionals in the areas of substance abuse prevention, treatment and/or recovery, advocacy/volunteer, and community organization/business are encouraged to submit nominations for the award. The Robert Straus award nomination link is: <https://redcap.uky.edu/redcap/surveys/?s=K8JFKL3YFJ>

Nomination forms must be received by May 15, 2017
 Notification of awards will be determined by June 16, 2017

Previous Prevention honorees include:

- Renaye Sparks - 1990
- David True - 1991
- Dr. Richard Wilson - 1992
- Leslie Johnson Hughes - 1993
- Donna Wiesenhahn - 1994
- Donna Woods - 1995
- Ted Strader - 1996
- Gary Hall - 1997
- Patricia Cummings - 1998
- Alayne White - 1999
- Veronica Nunley - 2000
- Amy Jeffers - 2001
- Nellie Druin - 2002
- LaDonna Barnett - 2003
- Chandra Carter - 2004
- Judy Wilson - 2005
- Karen Hall - 2006
- Dianne McFarling - 2007
- Chris Hunt - 2008
- Laura Nagle - 2009
- Amy Hutchinson - 2010
- Donna Hardin - 2011
- Gary Hall - 2012
- Shelby Prevention Coalition - 2013
- Dodie Huff-Fletcher - 2014
- Connie Smith - 2015
- Jan Ulrich - 2016

Previous Treatment honorees include:

- Edwin Hackney - 1990
- Todd Trumbore - 1991
- Vicki Jozefowicz - 1992
- Ethel Onell Ford - 1993
- Theodore (Ted) Godlaski - 1994
- Chris Fajardo - 1995
- Diane Hague - 1996
- Karen Coleman Mayberry - 1997
- Donald "Donnie" Howard - 1998

AWARDS

- David Lindermann - 1999
- Dr. Arthur Burrows, Jr. - 2000
- Jim Spirk - 2001
- Robert Walker - 2002
- Michael D. Vance - 2003
- Geoff Wilson - 2004
- Todd Trumbore- 2005
- Kenneth Hemphill - 2006
- Bill Stewart - 2007
- Debbi Bailey - 2008
- Woody Boggs - 2009
- David Mathews - 2010
- Jerry Nelson - 2011
- RonSonlyn S. Clark - 2012
- Jane Oliver - 2013
- Robert Daniels - 2014
- Jeff Nelson - 2015
- Jeanne Keen - 2016

Previous Advocacy honorees include:

- Joseph L. Slone - 1991
- Jo Ann Tapp - 1992
- Robert Allen Hall - 1993
- John McRoy - 1994
- Rosemary Fischer - 1995
- Janice Jackson - 1996
- Fayette Co. Circuit Judge Mary Noble - 1998
- Judge Gregory M. Bartlett - 1999
- Joe Van Roberts - 2000
- Lisa R. Minton - 2001
- Charlotte Wethington - 2004
- Michael W. Barry - 2005
- Don Blackburn - 2006
- Don Ball - 2007
- Rebecca DiLoreto - 2008
- Tim Bailey - 2009
- People Advocating Recovery - 2010
- Judge Lucinda Masterton - 2011
- James Moore - 2012
- Bev Howard - 2013
- Jason Merrick - 2014
- Tara Rowland - 2015
- Shelley Elswick - 2016

Previous business/organization/network honorees:

- Region 10 (Pathways) Champions Against Drugs Board - 1991
- Harold "Butch" Upton - 1993
- Westminster Village Community Resource Team - 1994
- West End Parent Focus Group - 1995
- Frank Goodwin - 1996
- Free to Grow (R Woods Foundation) Coalition - 1997
- Donald Biergans - 1998
- MORE (Methadone Opiate Rehabilitation & Education) Center - 1999
- George Moorman - 2001
- T.J. Sampson Memorial Hospital - 2003
- Youth Substance Abuse Treatment Collaborative - 2004
- Community Solutions - 2005
- Liquor Barn - 2006
- Hancock County Champions: Hancock County Partners for a Healthy Community-Healthy Youth - 2007
- Arthur Rouse, Video Editing Service - 2008
- Owen County TAPP - 2009
- Hope's Hands - 2010
- Owsley County Alliance for Tobacco Prevention - 2011
- Kentucky Prevention Network - 2012
- Carter County Drug Free Coalition - 2013
- Estill County Substance Abuse Coalition - 2014
- Owensboro Health - 2015
- Kentucky Harm Reduction Coalition - 2016

AWARDS

2017 Mike Lowther Award for Excellence in Prevention Work

Substance Abuse Prevention lost a friend and a pioneer in October of 2014. Mike Lowther was a member of both the SHSA and ONDCP teams and shared his knowledge with Preventionists across the states. He was a constant guide. This year, the Kentucky School of Alcohol and Other Drug Studies will present the third "Michael Lowther Award" that focuses on the individual or community that shares Mike's belief that "local people solve local problems best; people support what they create, and science matters."

- Connie Smith, Former Branch Manager, Kentucky Division of Behavioral Health, Prevention and Promotion Branch



In honor of the late Mike Lowther, the Kentucky School of Alcohol and Other Drug Studies is pleased to announce the third annual **Mike Lowther Award for Excellence in Prevention Work**.

Mr. Michael O. Lowther, a native of Oklahoma and a resident of Nebraska, was a highly regarded expert in the field of substance abuse prevention. He was the founding director of the Southwest Prevention Center at the University of Oklahoma, served as a director of State Programs at the U.S. Health and Human Services Substance Abuse and Mental Health Services Administration, and worked at the White House Drug Policy Office where he contributed significantly to the President's National Drug Control Strategy.

Additionally, Mr. Lowther served in leadership positions at the Pacific Institute for Research and Evaluation and worked at JBS International. Mr. Lowther received the 2001 National Prevention Network Lifetime Achievement Award for outstanding contributions to the field.

Mr. Lowther was an advocate for systems change to enhance the health and well-being of all people. He believed in building local capacity for comprehensive, population-based approaches that are based on objective and valid needs assessments. Mr. Lowther's mantra was "local people solve local problems best, people support what they help create, and science matters."

The winner of the 2017 Mike Lowther Award for Excellence in Prevention Work will embody the high professional standards, effective communication skills, proven leadership abilities, and dedication to the field and science of substance abuse prevention of which Mr. Lowther demonstrated.

The 2017 Mike Lowther Award for Excellence in Prevention Work will be presented during the Tuesday night KSAODS banquet. The award winner will be selected by DBH prevention staff.

Previous Mike Lowther honorees include:

- Chris Sparks - 2015
- Laura Edwards - 2016

KAAP INFORMATION

The Kentucky Association of Addiction Professionals (KAAP)

2017 The Kentucky Association of Addiction Professionals (KAAP)

PLEASE JOIN US AT THE KY SCHOOL ANNUAL KAAP MEETING JULY 25, TUESDAY, 12 NOON TO 1PM CROWNE PLAZA HOTEL/CORONET B ROOM /NO REGISTRATION REQUIRED/BRING BOX LUNCH TO ROOM/NO CEUs AWARDED

Dear KY School Participants,

The Kentucky Association of Addiction Professionals (KAAP) is the state affiliate of NAADAC, the National Association of Addiction Professionals. The Kentucky School serves as KAAP's primary forum for training addiction professionals in state of the art information for prevention, intervention, treatment and research related to addiction studies. KAAP members will receive a registration discount of \$100 as an incentive to become a member of Kentucky's statewide professional organization for addiction professionals and advocates. Annual membership in KAAP is \$110.00 for Professionals, \$89.00 for Associates (working toward their CADC or prevention certification) and \$47.50 for student membership.

Information on NAADAC membership and becoming a member of KAAP can be found at www.naadac.org. KAAP members will receive a \$100.00 discount for four day registration and a \$25.00 discount for daily registration at this year's Kentucky School. Please enter your NAADAC membership number on your registration for the Kentucky School application. This discount will only apply to NAADAC members who are registered in Kentucky to become members of the Kentucky Association of Addiction Professionals.

On behalf of KAAP, we encourage addiction professionals to become active with KAAP and to become an active member of NAADAC as we move to strengthen the substance abuse field in the coming years.

Steve Durkee
President/KAAP
Kentucky Association of Addiction Professionals
All inquiries to: sdurkee@chnk.org

CONFERENCE CO-SPONSORS



**Kentucky Cabinet for Health and Family Services
Department for Behavioral Health,
Developmental & Intellectual Disabilities**



Southeast (HHS Region 4)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



WORKSHOP ABSTRACTS

Sunday - Plenary - 1 Hour Workshop (5:00p.m.-6:00p.m.) - 1 CEU

SP - Focus: The Grassroots Speaks: Peer Support Specialists in Kentucky: Bringing Empathy and Understanding to the Substance Abuse Treatment Continuum - A Panel Discussion

Location: Coronet A/B

Kris Shera, MPA, B.A.

The 2017 Kentucky School for Alcohol and Other Drug Studies will feature a four-person panel comprised of certified peer support specialists currently serving clients in the Commonwealth. The panel discussion will provide audience members with an overview of the peer support specialist profession. Themes raised in the panel discussion will include: the effectiveness of substance use disorder programs that promote and include access to peer support services; the responsibility of peer support specialists to provide hope by being living examples of recovery; the important role peer support specialists play in providing advocacy for clients both in the organization and community; the ongoing role peer support specialists play in assisting clients with maintaining recovery; and how those in recovery might become a peer support specialist.

Objectives:

Upon completion of this training the participant will:

1. Gain knowledge of the responsibilities peer support specialists have in substance use treatment programs;
2. State the importance of peer support specialist roles within substance use treatment programs;
3. Identify ways in which those in recovery might become a peer support specialist; and
4. Understand how clinicians can foster professional relationships with peer support specialists.

Monday - Plenary - 1 Hour Workshop (9:00a.m.-10:00a.m.) - 1 CEU

MP - Kentucky's Response to the Opioid Epidemic

Location: Crowne A Ballroom

Van Ingram & Allen Brenzel, M.D., MBA

Addiction has reached epidemic levels in Kentucky, where painkiller and heroin abuse are rampant. Kentucky is all too familiar with heroin overdoses. Especially hard hit have been Northern Kentucky, Louisville, and Lexington, raising fears that the heroin scourge will soon ravage the entire Commonwealth. Since 2005, there has been a sixfold increase in Kentucky of babies born with neonatal abstinence syndrome (NAS) — from 175 babies in 2005 to more than 1,050 babies in 2014. This rise in exposure can be attributed partly to the surge in heroin abuse. This session will discuss the trends in the opioid epidemic, Kentucky's diverse and creative responses, and future developments.

Objectives:

Upon completion of this training the participant will be able to:

1. Describe at least one harm reduction measure passed in Senate Bill 192; and
2. Describe what is naloxone and the state's effort to increase naloxone availability.

Monday - 1 Day - 5 Hour Workshops (10:30a.m.-4:45p.m.) - 5 CEUs

M1 - Removing Defects of Character: A New Way to Look at Things

Location: Crowne B

Cardwell C. Nuckols, Ph.D.

Character defects are a source of suffering and can lead to relapse and other self-defeating behaviors. At the root of these defects are narcissistic beliefs about the self (I, me and mine) and a distorted self-image. Defects of character respond poorly to psychotherapy and pharmacotherapy and are more amenable to change utilizing spiritual tools such as humility, honesty, acceptance and surrender.

This skills-training event will teach clinician's how to assist clients in the removal of these defects including pride, greed, jealousy and envy. Understanding that "I am jealous and I will change" is an illusion and the fact that change occurs in the "moment" will be at the heart of this transformation.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand and describe how character defects are formed;
2. Understand that thought cannot facilitate change as it has limited power;
3. Describe how the notion of change in the future is an illusion; and
4. Describe the process of change as it happens in the "moment" where the power of transformation resides.

M2 - Father Hunger/Father Wounds: Intervention Strategies with Chemically Dependent Clients Impacted by Fatherlessness

Location: Crowne C

Mark Sanders, LCSW, CADC

A hidden precursor to developing a substance use disorder is father hunger and father wounds. Father hunger occurs when a child did not receive enough fathering, and father wounds occur when the client was injured physically, mentally, sexually, or emotionally by his/her father. Fatherlessness for chemically dependent women increases the risk of childhood sexual abuse, premature entrance into adulthood, addictive relationship styles, and early substance use. For men, father hunger and father wounds can lead to destructive peer group affiliation, mistrust of other men, anger, rage, violence, and substance use. This workshop will address the impact of father hunger and father wounds across the lifespan and will offer intervention strategies to help clients impacted by fatherlessness recover.

Objectives:

Upon completion of this training the participant will be aware of:

1. 5 ways chemically dependent women are impacted by father hunger/father wounds;
2. 5 ways in which chemically dependent men are impacted by father hunger/father wounds; and
3. 10 intervention strategies to help clients impacted by fatherlessness recover.

M3 - Neurocognitive Effects of Addiction and Relapse

Location: Coronet A

Susan Blank, M.D.

Cognitive Impairment: A Seldom Discussed Complication of Substance Use Disorders

Individuals who have been abusing drugs and medications quite frequently will have predictable types of cognitive impairment. Unfortunately, this is rarely taken into consideration when developing treatment plans. Often, clinical staff will underestimate the degree of impairment and create unrealistic expectations for the patient and the treatment team. Learning new coping skills and understanding recovery related concepts requires a level of cognitive functioning that most individuals in early recovery are not physically capable of performing.

In this session, we will explore the neurotoxicity of common drugs that are used and abused, and review neuroimaging studies and neurocognitive tests so as to more clearly understand the recovery cycle of the brain itself. The goal is to assist clinicians in developing more appropriate treatment interventions.

We will also, discuss some simple neurocognitive screening tests that can aid the clinical team in determining if further formal neuropsychological testing may be required. Finally, we will review other recognized causes of cognitive impairment.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the key risk factors for cognitive impairment;
2. Identify the impairment caused by alcohol and other drugs;
3. Identify the other sources of impairments in the professional;
4. Identify the elements to consider when referring the professional for treatment; and
5. Understand some of the ethical dilemmas inherent in working with impaired professionals.

M4 - Cognitive Therapy for Addictions**Location: Coronet B***Todd Reynolds, MSSW, CADC*

Cognitive Therapy is a proven, evidence based practice in working with addictions. This workshop will focus on effective strategies and skills that comprise utilizing cognitive therapy in working with addictions. Cognitive therapy is sometimes called cognitive behavior therapy because the goal is to help people in the ways they think (the cognitive) and in the ways they act (the behavior). It is based on the concept that the way we think about things affects how we feel emotionally and what we do behaviorally. Cognitive therapy focuses on present thinking, behavior, and communication rather than on past experiences and is oriented toward problem solving.

Objectives:

Upon completion of this training the participant will:

1. Be able to clearly define cognitive therapy;
2. Become comfortable with the use of cognitive therapy in treating people with addictions;
3. Identify the roles of a person's thoughts, feelings and behavior in treating addictions; and
4. Learn at least 3 cognitive therapy skills to utilize with patients with addictions.

M5-Ad - Evidence-Based Approaches for Integrating Substance Use and Mental Health Treatment for Adolescents and Young Adults with Co-occurring Disorders**Location: Elliott***Paula Riggs, M.D.*

In this 5-hour clinical skills training workshop, clinician attendees will learn a practical evidence-based approach for integrating assessment and treatment of co-occurring substance and mental health problems in adolescents and young adults. This workshop is divided into three main segments:

1. The first (1 hour) will provide a brief comparative review of evidence-based adolescent substance treatment interventions as well as the research support for Encompass*, the integrated mental health/substance treatment approach used in this workshop.

* <http://www.ucdenver.edu/academics/colleges/medicalschool/departments/psychiatry/Research/Subdep/ENCOMPASS/Pages/default.aspx>

2. The second (1 hour) segment focuses on diagnostic assessment and clinical evaluation, valid measures for tracking and monitoring clinical progress and treatment response, and orientation to motivational enhancement therapy (MET)/cognitive behavioral therapy (CBT), and contingency management (CM) (Encompass MET/CBT + CM manual).
3. The third segment (3 hours) will focus on interactive clinical skills training (e.g., role-playing) in motivational interviewing, CBT, and other key treatment components/modules (e.g., personalized feedback report, functional analysis, coping with cravings, regulating negative mood states, avoiding high risk situations, etc). This segment demonstrates how clinicians can "put it all together" in order to truly integrate the treatment of substance and co-occurring mental health problems and other associated family, academic, psychosocial, and legal problems.

Objectives:

Upon completion of this training the participant will be able to:

1. Articulate existing evidence-based substance treatment interventions and modalities for adolescents;
2. Articulate research-based principles and approaches for integrating assessment and treatment of substance use disorders and co-occurring mental health problems; and
3. Demonstrate motivational interviewing skills and cognitive behavioral approaches to help adolescents understand their internal and external triggers for drug use and skills to help them reduce their drug and alcohol use.

M6-Px - Using System Thinking to Create Vibrantly Effective Prevention Systems

Location: Franklin

Laurie Sutter, MCRP, BSAS, B.A.

Systems thinking is providing new insights about the most effective ways to address complex problems that are intertwined with, and often rooted in, other afflictions and conditions. These syndemics—or synergistically ‘linked epidemics’—create a burden of disease that far exceeds the effect of each affliction added together and impacts multiple sectors and disciplines. Preventing a syndemic requires not only preventing or controlling each individual problem, but also the forces that tie those problems together. This, in turn, requires a close, multisector coordination of efforts between partners and stakeholders and a comprehensive array of strategies. When done well, this approach can generate significant outcomes across problems very quickly (as little as one to two years) and often for very small investments of funding.

The purpose of this session is to help prevention practitioners and their partners begin to use system science and theory to achieve population-level improvements in health and well-being; primarily through the development of effective, multisector prevention systems. Specifically, the tools and frameworks introduced in this session will help participants begin to: 1) identify, mobilize and convene needed partners and resources based on shared linkages between substance abuse and other social and public health issues; and 2) develop effective, multisector prevention systems that can set collective priorities, access a diverse array of resources, and design, implement and evaluate comprehensive initiatives across sectors at all levels.

Because intervening effectively in a community or similar “system” requires an in-depth understanding of how the system ‘works,’ the session will include an emphasis on “place-based” approaches which address multiple factors, including: history, culture, and values; the relationships between individuals and institutions; the economic and political climate; the demographics of resident populations; the capacity, readiness, and political will of members and leaders to define certain behaviors or conditions as problematic and act to address them; and the resources that are available to support action.

Participants will engage in interactive discussion to identify how the theories, tools and frameworks might be used or adapted within their own service areas, and explore examples of how others have used them to achieve significant health outcomes.

Objectives:

Upon completion of this training the participant will be able to:

1. Explain how systems science can be used to understand and prevent problems related to substance abuse;
2. Describe the phenomenon of a syndemic (i.e., synergistically linked health and social problems) and how it can best be prevented or reduced;
3. Explain how systems theory can be used to create effective, multisector prevention system infrastructure; and
4. Describe key indicators for multisector prevention system development.

M7 - Substance Use Disorders and Suicidality: What Everyone Needs to Know*

Location: Madison

Geoff Wilson, LCSW, CADC

Individuals struggling with addiction are at a higher risk for suicide. Conversely, in the population of those struggling with depression and other mood disorders, alcohol and drug use are a significant risk factor for suicide. People with substance use disorders are about six times more likely to take their life than the general population. This workshop will help attendees explore the link between substance use and suicidality. Pertinent aspects of assessment and screening will be reviewed along with effective modes of intervention. A review of risk factors and implications for treatment will be discussed along with a review of the more common co-occurring disorders that the substance use disorder counselor will treat. The unique needs and risk factors of veterans and those currently serving in the military will also be reviewed.

*Please note, this training does NOT meet the requirement for KRS 210.366: A credential holder shall complete a minimum of six (6) hours of continuing education in suicide assessment, treatment, and management.

Objectives:

Upon completion of this training the participant will be able to:

1. Review the prevalence of suicide and substance use in the United States and explore the link between the two;
2. Discuss the importance of completing a thorough screening and assessment to determine risk level for suicide with

the clients being treated;

3. Review more common co-occurring disorders that pose a greater risk for suicide and discuss important implications for intervention and treatment; and
4. Discuss unique aspects for working with veterans and those actively serving in the military for addressing substance use and suicidality.

M8 - Recovery Oriented Systems of Care: Working Smarter not Harder: Shifting the Focus to Recovery Improves Outcomes

Location: Oldham

Ed Johnson, M.Ed., MAC, LPC

Eighty-five percent of individuals return to using within the first ninety days after completing treatment. How can we improve this? This workshop explores what addiction treatment and prevention currently look like and what they might look like, based on current research, if the focus were on recovery. Participants will explore how a recovery-oriented system facilitates more individuals being able to initiate and sustain recovery. Participants will explore the issues of acute versus chronic care, stigma, community engagement and the concept of recovery capital, recovery management and the use of peer support. The importance of language and terminology will also be discussed.

Objectives:

Upon completion of this training the participant will be able to:

1. Compare and contrast the acute care and chronic care model of substance use disorder treatment;
2. Demonstrate increased understanding of the concept of "Recovery Capital" and how it impacts recovery initiation and support;
3. Articulate the differences between Recovery Management and Relapse Prevention; and
4. Increase their understanding of terms that addiction professionals' use that perpetuate the stigma associated with substance use disorders.

M9 - Foundation Skills for Substance Abuse Counseling

Location: Perry

Mark Miller, M.A., M.S., LMFT

This workshop is for new counselors entering the treatment field or for counselors that are beginning to see more addiction clients on their caseloads and want to be more effective with this population. Utilizing TAP 21: Addiction Counseling Competencies, pertinent aspects of assessment, diagnosis, and treatment planning will be reviewed. Techniques for engaging clients and their families and running effective treatment groups will be explored. Utilizing interventions that correspond to a client's stage of change will also be reviewed.

Objectives:

Upon completion of this training the participant will be able to:

1. Explore their professional readiness to work effectively with the addiction population;
2. Review a variety of Practice Dimensions, along with evidence-based practices for treating the addiction population; and
3. Review techniques to enhance engagement with clients and how to formulate appropriate client involved treatment plans.

M11 - Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse

Location: Trimble

Demetra Antimisiaris, PharmD, CPG, FASCP

Understanding pharmacological and physiological aspects of psychoactive medications (both intended and unintended psychoactive) can be valuable to the substance abuse professional. All medications can have effects on the psychological well-being of an individual, even if the medications are not labeled as psychoactive. This session will review elements of psychoactive pharmacology, intended and unintended psychoactive medication effects, and the various conditions or circumstances that can lead to unintended psycho-activity of many medications and substances.

Objectives:

Upon completion of this training the participant will be able to:

1. Describe examples of how psychoactive medications interact with the human nervous system to result in tolerance, neuroplasticity, and toxicity;
2. Name three medications ordinarily considered non-psychoactive which have psychoactive effects; and
3. List physiological conditions which can result in increased psychoactive activity of any medication.

M12 - DSM V: Accurately Identifying Psychological Disorders in Adults**Location: Shelby**

George Haarman, Psy.D., LMFT

The DSM-IV was published in 1994 and updated by the APA's DSM-IV-TR in 2000. Since then the DSM has become the "gold standard" and the "mental health bible" for those practicing in mental health. With the publication of the DSM-5 in May 2013, the new standard for the diagnosis of Psychological and Emotional Disorder has been established. Some disorders are eliminated completely; others are reclassified; and some are subsumed under other disorders. New classifications are also established to clarify appropriate diagnostic criteria and allow for more effective treatment planning. Many of these have generated considerable controversy and debate among healthcare professionals, even before the manual's release. Other disorders have undergone minor changes in order to reflect the current thinking and new research available. It is imperative that all mental health professionals update their understanding of the APA's new edition of the DSM to effectively identify, diagnose, and classify behavioral and mental health issues in individuals.

While providing a brief overview of all the changes adopted in the DSM-5, this workshop focuses on diagnosis for adults. Because the DSM-5 is organized in sequence with the developmental lifespan and an internalizing/externalizing continuum, the disorders previously addressed have been reconceptualized. Therefore, accurately diagnosing is more important than ever, as those in the mental health field look to avoid misdiagnosing and overmedicating people. As a psychologist and a marriage and family therapist with more than 30 years experience, Dr. George Haarman, Psy.D., LMFT, brings clarity to the forefront regarding the new classifications issued in the DSM-5 and the rationale behind those changes. Using numerous case studies, Dr. Haarman prepares each attendee to be able to provide an accurate diagnosis that is essential to evidence based treatment.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the disorders that are new to the DSM-5 that relate to adults;
2. Understand the theory, rationale, and development of the DSM-5;
3. Distinguish between Bipolar and Persistent Depressive Disorder; and
4. Develop a working knowledge of the severity scale for assessing mild, moderate, or severe Substance Use Disorder.

M13 - Taking the Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model**Location: Russell**

Steve Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

This clinical skills workshop is for professional clinicians who want to learn how to help their clients identify and manage the warning signs and high risk situations that lead to relapse despite a commitment to sobriety. Participants will learn that relapse is a process not an event and that there are many identifiable warning signs that occur far in advance of alcohol and other drug use. Valuable tools will be introduced that will enable the participants to take the mystery out of the relapse process and develop a strategic relapse prevention plan.

Participants will learn how to develop an early relapse intervention plan and abstinence contract to set the foundation for the remainder of the training process. Then the participants will be led through a strategic step by step high risk situation identification process. The training process ends with teaching participants how to help clients develop a relapse prevention plan, which is designed to help them identify and manage future warning signs and high risk situations. This training includes a combination of lectures, demonstrations, group discussions, and experiential exercises designed to enhance the training process.

Objectives:

Upon completion of this training the participant will be able to:

1. Explain relapse as a process—not an event—and teach their clients that recognizing and managing early relapse warning signs is a crucial step in stopping the relapse cycle;
2. Assist their clients to identify and manage relapse warning signs and high risk situations - and teaching clients that not recognizing and dealing with those two indicators of potential danger can lead to entering a relapse cycle that eventually ends in chemical use;
3. Understand how the inner saboteur—AKA A Return To Denial—is always the first step of entering the relapse cycle; and
4. Identify the twelve (12) denial patterns employed by clients that are crucial to manage in order to stop a relapse cycle.

M14 - Management of Opioid Use Disorders: Care for Pregnant and Postpartum Women and Their Infants**Location: Taylor**

Karol Kaltenbach, Ph.D.

This workshop will address the tenets of treatment for opioid use disorders in women who are pregnant, including national and international guidelines that define the standard of care. The principles of medication-assisted treatment will be discussed, including the differences between methadone and buprenorphine, and the benefits and disadvantages of both medications. The framework for comprehensive care for pregnant and parenting women will be presented as well as innovative collaborative approaches between different systems of care that have been developed. Neonatal abstinence syndrome (NAS) will be discussed including the different contexts in which it occurs and how such contexts affect consequences, including differences between prenatal methadone and prenatal buprenorphine exposure. Factors that exacerbate or ameliorate NAS will be identified and the current research on medication assisted withdrawal as a way to reduce NAS will be discussed. Early child developmental outcomes of children prenatally exposed to methadone or buprenorphine will be presented.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the benefits and disadvantages of methadone and buprenorphine for the treatment of opioid use disorders during pregnancy;
2. Describe components of care for women with opioid use disorders who are pregnant;
3. Identify 3 factors that exacerbate NAS withdrawal symptoms in addition to prenatal opioid exposure; and
4. Participants will be able to describe treatment and care strategies that reduce NAS severity and length of treatment.

M15 - The Emerging Adult: Rethinking Treatment and Recovery**Location: Whitley**

Jeff Georgi, M.Div., MAH, LCAS, CGP, Consulting Clinical Faculty, the Division of Addiction Research and Translation in the Department of Psychiatry at Duke University Medical Center

The emerging adult of 2016 is not the same as the 18-29 year old of a generation ago. The life experience of those born between the years of 1989-2000, referenced as Tragedy Generation, is different in many ways from those just one or two generations ago. They are no longer adolescents, yet, they have not become independent adults. They have fewer restrictions and more opportunities to expand and explore their world than at any other time of life. Yet, many are unable to take advantage of these opportunities. They live with the cultural message that “you can do anything” often translated to “you should do everything,” creating an impossible expectation gap which often leads to a paralyzing fear of failure and striving for perfectionism. They also live with crushing uncertainty and an internalized failure of hope for their future. The world that has shaped them has changed their biology, social context, psychological pressures and spiritual pursuits. Many of the mood altering drugs affecting this current generation are different in terms of potency and availability. And, then, there is the fast pace of the World Wide Web. This presentation will provide an overview of the issues specific to this generation in order for them to have a positive treatment experience and achieve sustained recovery. There will be discussion about how to achieve structured aftercare to include: recovery coaching, academic support, drug monitoring, individual and family therapy and 12 step young peoples’ fellowship.

Objectives:

Upon completion of this training the participant will be able to:

1. Define Tragedy Generation;

2. Discuss the challenges that Tragedy Generation brings to treatment;
3. Review the aftercare needs unique to Tragedy Generation; and
4. Articulate the necessary supports for sustained recovery.

Monday Evening - 2 Hour Workshops (5:30p.m.-7:30p.m.) - 2 CEUs

ME1 - 2017 Film and Facilitated Discussion: Never Me: The Debby Terry Story

Location: Crowne C

Debby Terry, Creator, with Facilitators: Tim Deaton, B.A., and Katie Stratton, M.S., LPCA

In association with Kentucky River Community Care, Inc. (KRCC), Caney Digital Media presents **Never Me: The Debby Terry Story**, a docudrama film that captures the powerful, true story of one woman's inspirational journey through trauma, abuse, and drug addiction. Shot on location in Breathitt County, Kentucky, the film takes a brutally honest look at substance abuse and addiction, telling the true-life story of former addict Debby Terry, who overcame significant odds to become the first former felon ever hired by KRCC. The film features interviews with Terry and dramatizations of her life. As many stories end with the ending of death and loss, *Never Me: The Debby Terry Story* shows how with persistence, her desire for a new life, and accompanying mentorship, Debby's life turned around and led her to being the first Peer Support Specialist at a regional community mental health center, which allowed the opportunity to give back the gift of life to multiple women suffering from the disease of addiction in her area.

Objectives:

Upon completion of this workshop the participant will increase understanding of:

1. The importance of Women's Specialized Treatment Programs and the invaluable asset of a Peer Support Specialist; and
2. The course of the life of an addict, how multiple traumatic situations can lead to a life of addiction, and how the addiction not only affects the addict themselves, but also the entire family.

ME2 - KASAC - Kentucky Adolescent Substance Abuse Consortium Annual Meeting - Evidence Based Approaches for the Adolescent Substance Abuse Client

Location: Coronet A

Robert Daniels, M.A., Geoff Wilson, LCSW, CADC and Beck Whipple, B.A., Guest

Discussion will center around the above title and cover the included objectives.

Objectives:

Upon completion of this workshop the participant will:

1. Review current evidence based approaches utilized in treating adolescent substance abusers; and
2. Discuss aspects of programming that increase motivation for treatment with adolescents.

Monday & Tuesday - 2 Day - 5 Hour Workshops (10:30a.m.-4:45p.m.) - 10 CEUs

***Reminder: No partial credit given- participants must attend full sessions each day.**

MT1 - Intensive Skill Training in Motivational Interviewing (Beginning Course) Sponsored SE-ATTC

Location: Grant

Karen Garrity, M.S. Ed., NCC, LPCC, CADC

This two-day training is a skill-based strengths training that focuses on skill-building for direct practice staff working with challenging clients. The information will be presented over two days, utilizing multimedia presentations, interactive lecture and facilitated small and large group exercises. A mixture of small group discussions, videos, case scenarios and full room exercises keep the training pace lively and engaging.

The emphasis for this training is on skill-building and "theory-to-practice" group work for direct application of these various curricula.

Objectives:

Upon completion of this training the participant will be able to:

1. Define and understand the spirit and processes of motivational interviewing (M.I.);

2. Understand the spirit and processes of motivational interviewing that increase client-staff rapport and increase the client's readiness to change;
3. Demonstrate, in direct practice, resistance-lowering techniques that will improve the engagement of reluctant clients; and
4. Identify activities that will continue the skills development of MI.

Tuesday - Plenary - 1 Hour Workshop (9:00a.m.-10:00a.m.) - 1 CEU

TP - Treatment Trends for 2017. . . Ready or not!

Location: Crowne A Ballroom

Cynthia Moreno Tuohy, NCACII, CDCIII, SAP

This session will discuss the trends that will be "hitting the pavement" in 2017 that will affect treatment programming and treatment programs. Trends that include what you can do as a treatment provider to be ready – to self-assess your readiness and to determine if these trends will even affect you. Ready or not – may be up to you!

Objectives:

Upon completion of this training the participant will be able to:

1. Identify at least 2 treatment trends in 2017;
2. Assess their own perception of their "readiness" for the treatment trends; and
3. Identify if they believe these treatment trends will affect their own business.

Tuesday - 1 Day - 5 Hour Workshops (10:30a.m.-4:45p.m.) - 5 CEUs

T1 - Neurobiology: Addictions and Mental Health-Become a Knowledgeable Neuroplastician and Improve Client Outcomes

Location: Crowne B

Cardwell C. Nuckols, Ph.D.

This practical training will assist clinicians in their understanding of brain origin and faulty circuits involved in commonly treated disorders such as addiction, PTSD, OCD, ASPD and depression. From this understanding, the clinician can better understand how wellness, psychotherapy and pharmacotherapy aid in the recovery of their clients. To just learn neuroanatomy is futile. To understand neurobiology as it relates to disorders and therapeutic intervention is exciting.

Also of importance is the understanding of unconscious and conscious brain processes and how problems of development such as early life developmental trauma and early alcohol and drug usage interfere with the normal trajectory of prefrontal cortical development.

Objectives:

Upon completion of this training the participant will be able to:

1. Improve client compliance by explaining the neurobiology of both the client's condition and need for following through on the intervention;
2. Understand how many psychiatric disorders involve faulty circuits-problems with communication between various brain areas;
3. Explain the genetic and species-specific role of the unconscious brain and how it relates to addiction and trauma;
4. Describe the functions of the prefrontal cortex (orbitofrontal cortex, anterior cingulate gyrus and dorsolateral prefrontal cortex) and how delayed development is associated with many clinical problems (ADHD and personality immaturity for example); and
5. Understand relationships between many different neural areas that help us understand the "seeking" of reward and brain lateralization (Right and Left Hemisphere).

T2 - Integrating Spirituality into Addictions and Mental Health Counseling

Location: Crowne C

Mark Sanders, LCSW, CADC

Two-thirds of Americans surveyed say they would prefer to work with a therapist who has a spiritual foundation. This workshop focuses on strategies to integrate spirituality into addictions and mental health counseling. A partial list of topics includes:

The Differences between Religion and Spirituality; 20 clinical approaches that integrate the spiritual dimension; Integrating Spirituality with Traditional Addictions and Mental Health Counseling Approaches; Ethics and Spirituality; Conducting a Spiritual Assessment; and Issues of Culture and Spirituality. Special emphasis will be placed upon working with clients with addictions and mental illnesses.

Objectives:

Upon completion of this training the participant will have learned:

1. The differences between religion and spirituality;
2. Strategies for integrating spirituality into traditional addictions and mental health counseling;
3. How to conduct a spiritual assessment; and
4. Ethical principles that can guide the use of spirituality in addictions and mental health counseling.

T3 - Adult Survivors of Childhood Trauma & Dysfunctional Families, Using Social, Emotional and Spiritual Intelligences for Recovery

Location: Coronet A

Robert J. Ackerman, Ph.D.

Child abuse, addiction and other trauma often do not end with childhood. When childhood is over the survivors are adults. Not all adult survivors become the walking wounded. Many are able to grow beyond the experience and develop resiliency skills using a strength-based model of recovery based on emotional, social and spiritual intelligences. Resilience is the ability to thrive despite adversity and enables people of all ages and backgrounds to lead healthy and fulfilling lives despite formidable obstacles. This workshop will focus on why adult victims of child abuse and other types of high risk families are not all the same and how many adults from high risk families have emerged as healthy and resilient while others continue to struggle. Techniques for using emotional, social and spiritual intelligences in order to develop resiliency skills and behaviors will be presented.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify factors to explain why adults from high risk families are affected differently;
2. Identify protective factors necessary to overcome childhood trauma;
3. Discuss the most common behaviors and attitudes found in resilient adults;
4. Describe techniques for helping to develop resiliency skills in high-risk adults using emotional, social and spiritual intelligences; and
5. Identify the components of a strength-based model for recovery.

T4 - Integrating MAT with Treatment Services

Location: Coronet B

Scott Hesseltine, M.A., MBA, LCADC

This 5 hour session will examine the various addiction medicines that are used in the treatment of alcohol and opioid use disorders, develop tactics and tools to implement Medication Assisted Treatment (MAT) in a variety of settings and create communication strategies that can be used with clients, their families and the general community. Participants will come away with a working understanding about the medicine available to treat addiction and a greater familiarity with the opportunities and challenges that arise with implementation of MAT in a traditional 12 Step addiction treatment setting. Participants will examine the tactical approaches involved to implement MAT while gaining awareness about some of the specific workforce, organizational and environmental/regulatory issues that can either facilitate or impede the implementation of medication assisted pathways to recovery.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand and demonstrate how to use MAT with clients diagnosed with an alcohol or opioid use disorder;
2. Identify and develop tactics to address the workforce, organizational, and environmental/regulatory issues that facilitate or impede implementation of MAT;
3. Gain tools to develop an implementation framework that can be applied to a variety of treatment settings; and
4. Gain strategies for communication about MAT for use with clients, their families and the general community.

T6 - Ad - SA and Delinquent Behaviors: Treating the Adolescent Offender

Location: Elliott

Mike Johnson, MSW, LMSW

Adolescent Track

Working with adolescents who experience problematic alcohol and drug use can be both a very rewarding and challenging experience. This training's focus is on young people whose AOD use is compromising their well-being or capacity to develop. The goal is to provide practitioners with principles, strategies and interventions that will promote good practice when working with this population.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand the adolescent as a social being whose life is shaped and negotiated within their social context;
2. Identity the principles of good practice with adolescents;
3. Ways to respond and engage with the adolescent in ways that are beneficial and useful to them;
4. The need to develop clear support from persons they can trust and respect; and
5. Inclusion of family and community in the planning and development of the adolescents' needs with therapy.

T8-Px- How to Market Prevention to Community Stakeholders and Legislators

Location: Madison

Thomas Workman, Ph.D.

Prevention Track

Fully engaging community members and policy makers in state and local prevention efforts takes strategy, skill, and planning. This workshop will identify approaches and techniques to effectively market the value of prevention and promote specific activities to critical stakeholders through the creative use of data and stories, stakeholder interest-bridging, and calls to action. Participants will utilize tools for message development and identify opportunities for marketing prevention efforts to a broad range of stakeholders.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand the key facets of social marketing and message development as they relate to communities and legislators;
2. Use communication tools to assist them and their colleagues in developing marketing messages for the community and state legislators;
3. Utilize data, narratives, and interest bridges to enhance messages that focus on local issues and interests; and
4. Promote specific local and state actions based on community prevention goals.

T9 - Healing the Hearts of Men (Dan Griffin Program Focus)

Location: Oldham

Todd Reynolds, MSSW, CADC

Henry Lucas, LCSW, LCADC

There are specific differences between men and women, biologically, emotionally, mentally, socially and spiritually. In addition, men with behavioral health and substance abuse issues may have difficulty finding their way into recovery. Men suffer from behavioral health and substance abuse issues differently than women. This workshop will explore the specifics of men's issues, masculinity, and healing. This training will empower its participants personally, as well as having a deeper impact on the men they serve. This workshop will help participants build deeper and more meaningful relationships with men in their lives. Transformation begins in a safe space that promotes authentic transactions between two or more men. Thus, hearts of men begin healing in our offices, facilities, institutions and communities. This workshop supports all genders and diversities.

We will explore an understanding of healing the hearts of men through a combination of didactic and experiential experiences. The presenters will utilize information from personal practice, case studies, with theory based in the men's movement, and data from Substance Abuse and Mental Health Services Administration, Addressing the Specific Behavioral Health Needs of Men, Treatment Improvement Protocol (TIP) Series 56. HHS Publication No. (SMA) 13-4736. Rockville, MD: Substance Abuse and Mental Health Administration, 2013.

The participants will have an opportunity for personal growth for themselves and the men that they work with, as well as putting theory into practice.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify specific issues for men in behavioral health, substance use and healing;
2. Leave with at least 3 experiential techniques to utilize with men with whom they work;
3. Gain knowledge and understanding of the developmental stages of men; and
4. Identify a sound theoretical basis and understanding of helping men.

T10 - Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder

Location: Perry

Shelia Cundiff, LCSW, CADC

After 14+ years of continuous conflict in multiple theaters of deployment our Service Members are returning home. Over 1.1 million Service Members will face the challenge of reintegrating back into society. Many veterans are addicted or will become addicted to alcohol and/or drugs, many will become homeless due to the difficulties with reintegration, and many will suffer and struggle from Post Traumatic Stress Disorder. This workshop will identify some of the struggles including the impact of homelessness that veterans face upon return from conflict and identify strategies to empower professionals to help the healing so necessary for our Veterans to re-enter and function well in our communities. The treatment for veterans with addictions and PTSD, and the importance of case management services will be discussed.

Objectives:

Upon completion of this training the participant will gain an understanding of the:

1. Stigma surrounding addiction treatment for veterans;
2. Causes of the increasing number of homeless veterans;
3. Importance of case management for veterans; and
4. Signs and symptoms of PTSD.

T12 - Game Plan: A Clinician's Guide to Helping Men Achieve Emotional Fitness

Location: Trimble

Alan Lym, LISW, ICADC, ICCS, MAC

This interactive one-day training is for anyone who works with and would like to have a better understanding of men and how to help them. Participants will be challenged to examine assumptions and societal roles in male risk and recurrence factors, through media use, story-telling, and role playing. Anger, intimacy, trust and relationship issues, and the efficacy of integrative and alternative therapies will be explored. Specific exercises and group-work appropriate for curriculum development will be demonstrated and practiced.

Objectives:

Upon completion of this training the participant will be able to:

1. Review the societal biases and "environment of risk" affecting males in resiliency, substance use disorder onset, recurrence and recovery;
2. Underline the efficacy of a compassionate approach in working with men; and
3. Demonstrate the dynamics and relate the value of integrative and alternative therapies with men.

T13 - The New ASAM

Location: Shelby

Mark Miller, M.A., M.S., LMFT

This workshop will identify how to utilize ASAM Criteria principles including: continuum of care, levels of care, clinically driven, individualized treatment and recovery-oriented systems of care. We will practice how to carefully assess clients in a multidimensional way. Participants will work on designing outcomes-driven service plans in an era of healthcare reform. Participants will also discuss medical necessity and problem solve how to best manage client care while balancing the needs of our healthcare system.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the underlying principles of the ASAM Criteria;
2. Be able to understand and utilize the ASAM Criteria for placement; and
3. Use case material as examples to identify how to organize and individualize treatment for the populations we serve.

T14 - Mindfulness: Meditation for Self Care and Client Treatment: An Evidence Based Practice**Location: Russell**

Frank Snyder, Ph.D., LCSW, CADC

Mindfulness has been described as non-judgmental moment-to-moment awareness. The use of mindfulness in the clinical settings is a rapid growing area of study and practice in the mental health and recovery fields in recent years. The number of research articles, books and popular press articles on the topic is growing exponentially each year for these evidence based interventions. Its first application working with pain and stress was developed by Jon Khabot-Zinn at the University of Massachusetts and called Mindful Based Stress Reduction (MBSR). Since then other approaches focused on different populations have been introduced: Mindfulness-Based Cognitive Therapy (MBCT), Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), Mindful Based Relapse Prevention (MBRP) and others.

This workshop will be an introduction to mindfulness and its applications. This will be a learn by doing workshop as the way to learn mindfulness is to do mindfulness. The participant will be learning how to attend to the mind and body using the practice of mindfulness. The experiential exercises will be evenly supported with didactic presentations. In the didactic sessions we will explore evidence base for these interventions, the psychobiological changes which occur and where mindfulness practices fit in relapse prevention. So bring a yoga mat, meditation cushion or bench if you have one. It is not required at all so if you do not have one, still come. Wear comfortable clothing and come to experience and learn.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand the central role of mindfulness meditation practice in facilitating self-regulation of emotions, mood and the relapse process;
2. Articulate the vital importance of the therapist's ongoing mindfulness meditation practice and sustained mindful awareness within a psychotherapy framework;
3. Develop and/or deepen their own mindfulness meditation practice, emphasizing both formal meditative practices and mindfulness as a mode of being in daily life; and
4. Describe the process of change as it happens in the "moment" where the power of transformation resides.

T15 - The Treatment of Substance Use Disorders with Other "Co-Mingling" Psychiatric Disorders**Location: Whitley**

Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP

This course will address the needs of those patients with co-mingling diagnoses – those with moderate to severe substance abuse diagnosis in combination with any other Axis I, II, or III disorder that impacts their treatment. A theoretic framework that embraces both substance use disorders and other psychiatric disorders will be presented. Primary attention will be given to the interplay of personality disorders and substance use disorders from a self-psychology point of view. Within this bio-psycho-social-spiritual experiential definition, participants will have the opportunity to improve both their diagnostic assessment and treatment skills. This workshop will also discuss patients with moderate to severe substance use disorders who struggle with issues of chronic pain and/or whose treatment may be compromised by a variety of other Axis III medical problems. Participation will be strongly encouraged and participants are asked to bring both case studies from their own clinical practice for review and copies of the DSM-V to the workshop, which will facilitate the structured learning exercise.

Objectives:

Upon completion of this training the participant will be able to:

1. Outline a theoretical frame which supports a therapeutic approach to the patient with co-mingling psychiatric disorders in addition to their moderate to severe substance use disorders creating a comprehensive continuum of care;
2. Describe assessment strategies related to identification and intervention of the focus on patients with substance use

disorders and personality disorders; and

3. Provide an overview describing the treatment approaches that effectively addressed the needs of patients with substance use disorders and other co-mingling psychiatric diagnoses.

Tuesday & Wednesday - 2 Day - 6 Hour Workshops (10:30a.m.-5:45p.m.) - 12 CEUs

***Reminder: No partial credit given- participants must attend full sessions each day.**

TW1 - Best Practices in Clinical Supervision (The training fulfills clinical supervision requirements: 908 KAR 1:310 and 908 KAR 1:370)

Location: Franklin

Geoff Wilson, LCSW, CADC

This course will provide attendees with an in-depth overview of what clinical supervision is in practice. Various models of supervision will be reviewed along with how a particular supervision model may best fit a supervisor. Specific issues that clinical supervisors are often confronted with will be discussed in an in-depth fashion (program morale issues, supervisees that may not want to be supervised, ethical issues, etc.) This is an interactive workshop where attendees will have the opportunity to establish and improve on practical clinical supervision skills.

Objectives:

Upon completion of this training the participant will be able to:

1. Explore the path that individuals often take to becoming a clinical supervisor;
2. Discuss stages of change for individuals becoming effective clinical supervisors and specific techniques to maintain effectiveness;
3. Review various models of clinical supervision and identify techniques that can enhance approaches to becoming more effective;
4. Discuss common pitfalls that clinical supervisors often are addressing and ways to effectively address them;
5. Explore and address problematic supervisees with an emphasis on effective feedback by clinical supervisors; and
6. The difference between case management, case staffing, and "spending 8 hours with supervisees and counting it as supervision" vs. actual clinical supervision will be highlighted.

Tuesday & Wednesday - 2 Day - 5 Hour Workshops (10:30a.m.-4:45p.m.) - 10 CEUs

TW2 - Romancing the Brain

Location: Day 1 (Tuesday) - Taylor, Day 2 (Wednesday) - Whitley

***Note room change on day 2**

Cynthia Moreno Tuohy, NCACII, CDCIII, SAP, Executive Director NAADAC, the Association for Addiction Professionals

With funding from NIDA, Cynthia Moreno Tuohy worked with Danya International to conceptualize, develop, and evaluate a multi-component, multi-media tool for use by addiction and other helping professionals to assist adults and youth to improve their life traumas and conflict through knowledge, attitudes and skills developed in the frontal cortex of the brain. Romancing the Brain skills are an intensive set of psycho-emotional-social-spiritual Cognitive Behavioral Therapy (CBT) treatments that, if followed, will result in brain pathway and lifestyle changes. This program will affect a "self and other" assessment of conflict style with a communication style, and world view positive relationship skills with the goal of thought and behavior changes that are instilled in the brain. Some treatment sessions are based in brain research and CBT treatments that have been effective for anger and relapse-triggering problems. Other techniques are employed that unify the principles of social learning and emotional intelligence theory that mark this program as different from "anger management" programs. This program affects behavioral learning with emotional development and maturity that results in long-term changes in the brain and behavior. This training includes substance use disorder and mental health issues and how these issues affect criminogenic behaviors and impair the client's ability to benefit from treatment and recovery.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify at least 5 words, phrases and behaviors in the limbic area of the brain and how that hampers recovery;

2. Identify the 5 stages that romantic relationships tend to traverse through. (Honeymoon, Disillusion, Misery, Awakening, Peace/Calm);
3. Identify the four types of agreements to lead persons out of the stage of misery. (Financial, Emotional/Psychological, Spiritual, Physical/Spatial);
4. Identify their style of communication in conflict; and
5. Identify the 10 tips to healthy living.

Wednesday - Plenary - 1 Hour Workshop (9:00a.m.-10:00a.m.) - 1 CEU

WP-Px - The New Cannabis Culture: Can Prevention Prevail?

Location: Crowne A Ballroom

Michael Nerney, Ph.D.

As more and more states chase the money of marijuana legalization, the cultural landscape of marijuana use changes. Millions of young viewers have logged onto online sites promoting the use of marijuana and plugging a growing number of products from clothing lines designed with buds, pipes, and bongos to jewelry and other fashion accessories. In addition, celebrity endorsements of E-vaporizers, complex hand blown dabbing rigs and rolling papers normalize the use of marijuana as part of everyday life. Over the last five years the percentage of 8th grade students who believe marijuana use is dangerous has dropped to an all-time low. In this new reality the danger of marijuana use by children and adolescents is often overshadowed. Prevention experts must reframe their efforts to counter these trends and highlight the legitimate risks created by marijuana use.

Goal: Explore the impact of cultural change regarding the use of marijuana on the perception of "dangerousness" related to the use of marijuana

Objectives:

Upon completion of this training the participant will be able to:

1. Examine photos of clothing lines, fashion accessories, paraphernalia, songs and other online promotions of marijuana use;
2. Identify three new formats of marijuana;
3. Name two parts of the brain affected by marijuana;
4. Describe the impact of marijuana on cognitive function; and
5. Identify three reframing techniques for marijuana prevention.

Wednesday - 1 Day - 5 Hour Workshops (10:30a.m.-4:45p.m.) - 5 CEUs

W1 -Understanding the Cultures of Addiction and Criminality

Location: Crowne B

Michael Johnson, LSW, LMSW

The training discusses the parallels of addiction and criminality and the developmental processes leading to these lifestyles. The training addresses the impact of eroding values, changing norms, shifting attitudes and the perceptions of what is normal in the view of the addicted/offender. Its focus is on the anti-social characteristics of the offender and its impact on resistance, relapse and recidivism.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the "primary diagnosis" of the client as with many offenders their criminality is the primary problem which precedes drug and alcohol use;
2. Assist counselors in developing a treatment plan which has an improved usefulness to both the therapist and client;
3. Explain that the addict and offender is also enmeshed in lifestyle behaviors that can influence self-defeating behaviors and impede the process of recovery;
4. Provide insight concerning the ambivalence that this population presents in therapy; and
5. Discuss the importance of continuity of care, e.g., the role of the treatment, parole/probation officers and out-patient therapists.

W2 - Gender Competent Addictions Treatment: A Focus on Men and Women Seeking Recovery**Location: Crowne C***Mark Sanders, LCSW, CADC*

In this workshop you will learn strategies for working more effectively with men and women in addictions treatment. A partial list of topics includes: Addressing Core Issues for Male Clients, Including Difficulty Expressing Feelings, Toxic Masculinity, The Shield of Armor; Fear of Failure, Difficulty with Intimacy, and The Narrow Definition of Manhood; Addressing Resistance to Counseling when Working with Male Clients; How to Provide Gender-responsive Services for Women; 17 Critical Areas to Focus on in Women's Treatment; 3 Approaches to Trauma Recovery with Women; Strategies for Increasing Gender Competence on the Individual and Programmatic Levels; and Viewing Countertransference as a Gift when Counseling Men and Women.

Objectives:

Upon completion of this training the participant will be aware of:

1. Strategies for addressing 6 core issues for male clients;
2. Strategies for addressing resistance to counseling when working with male clients;
3. How to view countertransference as a gift when working with men and women in therapy;
4. How to provide gender-responsive services for women;
5. 17 critical areas to focus on in women's treatment; and
6. 3 approaches to trauma recovery when working with women in counseling.

W3 - Intermediate to Advanced Motivational Interviewing for Skill Development & Supervision**Location: Coronet A***Annie Fahy, RN, LCSW*

Working issues of a behavior or lifestyle change in patients takes flexibility and innovation as well as solid skills in Motivational Interviewing (MI) and health coaching. This workshop will offer skills and practice opportunities to think, and speak Motivational Interviewing. Using practice opportunities to work through difficult presentations and stuck places that patients operate from, improves skills and resiliencies in the worker. Additionally observed practice, coaching with feedback is recognized in research as the best practice method for creating full implementation culture change to MI as well as a higher level of confidence in the skills (Miller, W. R., et al., 2004 Fixsen, D.L., et al., 2009). This workshop will supplement MI Basics for those who have experience and training using and developing MI protocols. Clinicians will gain many great ideas for implementing MI culture in a variety of health care settings. Incorporating MI into practice and work settings provides professionals with ways to address behavior change in a "patient/client centered" way.

Objectives:

Upon completion of this training the participant will have learned:

1. Review and practice basic skills, open questions, affirmations, reflections & summaries (OARS) & elaboration questions, affirmations, reflections & summaries (EARS);
2. Understand the research that supports ongoing training and coaching for implementing MI in healthcare culture;
3. Practice specific evocation skills that create and reinforce change talk;
4. Develop skills for addressing and managing sustain talk, discord and other barriers to change;
5. Gain understanding and develop skills of self-evaluation and other evaluation using MITI 4 coding principals; and
6. Create personal learning plan.

W4 - Evidence-based Treatment of Opioid Addiction: From Pill to Powder: Creating the Best Opportunity for Recovery**Location: Coronet B***Cardwell C. Nuckols, Ph.D.*

Opioid addicts present many challenges to treatment programs and clinicians. High against medical advice (AMA) discharge rates and problems of engagement create difficult encounters and unique problems that must be addressed in treatment.

This skills training event will introduce those in attendance to ways of understanding the opioid addicts experience as treatment must start here. Both psychotherapeutic and pharmacological management will be discussed. The importance of discharge

planning or extended care (due to immaturity of the prefrontal cortex) is critical for many of the younger addicts as they may not be candidates for rehabilitation but for habilitation.

This training will take an honest look at a difficult to treat population and offer approaches designed to increase retention and enhance the possibilities of long term recovery.

Objectives:

Upon completion of this training the participant will be able to:

1. Discuss the subjective experience of the opioid addict and understand what "normal" means to them;
2. Describe several psychotherapeutic techniques useful with opioid addicts;
3. Describe the use of pharmacological agents (example-Suboxone) with the opioid addicted population; and
4. Discuss the importance of discharge planning or extended care and support necessary for many of those addicted from an early age to opioids and other mood altering drugs.

W5 - Ad- Medication-Assisted Treatment for Adolescents

Location: Elliott

Michael Weaver, M.D., DFASAM

Adolescent Track

Presentation about how long-term pharmacotherapy fits into the context of overall addiction treatment, including pharmacotherapy for opioid, tobacco, and alcohol use disorders. Issues to be addressed include special considerations in adolescents, dual diagnosis patients, and pregnancy. Attendees will break out into small groups between lectures to discuss cases, and each group will present its conclusions to the rest of the groups so that all can enhance the learning process. Dr. Weaver will provide facilitation to each group with personalized feedback. A final wrap-up will help attendees consolidate the new learning about medication-assisted treatment options in adolescents.

Objectives:

Upon completion of this training the participant will be able to:

1. Describe how medication-assisted treatment fits into the context of overall addiction treatment, including adolescents;
2. Recognize some advantages and limitations of medication-assisted treatment among special populations (dual diagnosis, pregnancy) of adolescents;
3. Discuss pharmacotherapy for treatment of opioid use disorder, tobacco use disorder, and alcohol use disorder; and
4. Be aware of ethical principles that can guide the use of spirituality in addictions and mental health counseling.

W6 - Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient

Location: Grant

Mark Miller, M.A., M.S., LMFT, LSOCC, CSAYC

Medically Assisted Treatment has been around for over a half century in the form of methadone and, more recently, Buprenorphine with Naloxone, for opioid-addicted patients. This seminar will focus on medically assisted treatment from a clinical perspective, highlighting both challenges and goals for working with patients in MAT. What is Harm Reduction and how does it work? How have changes in legislation impacted the patients that we work with? What are the typical opioids that patients are using prior to treatment? Looking beyond the old standbys of "exchanging one drug for another" and "legal dope dealers", how do MAT programs benefit their patients and what does this mean for you? Finally, how can you work toward prevention of heroin use in the community you are from, especially given all the challenges we are discussing? Come be a part of an exciting dialogue about this still-cutting edge treatment modality!

Objectives:

Upon completion of this training the participant will be able to:

1. Understand MAT;
2. Learn the differences between Buprenorphine with Naloxone and Methadone;
3. Establish and address particular challenges of preventing heroin in the communities our participants are from; and
4. Establish and address particular challenges of this population: pain management, co-occurring disorders, community investment.

W7-Px - KY Prevention Ethics (Ends 5:45p.m., 6 CEUs/Contact Hours)**Location: Madison***Mitchell Moore, BAT, SAP, LCDC, ADC III, ACPS**Prevention Track*

Meets KY Prevention Board standards for required training: This 6 hour Prevention Ethics course will equip participants with the ability to operate within the professional prevention code of ethics adopted by the Kentucky Certification Board for Prevention Professionals. The course will provide instruction on ethical decision making and legal/ethical issues in prevention programs using case studies from "Critical Incidents: Ethical Issues in the Prevention and Treatment of Addiction" White, W. L., & Popovits, R.M. The course will also provide a basic understanding of Confidentiality, Releases of Information and Limits of Confidentiality, 42 C.F.R (Code of Federal Regulations), Qualified Service Organization Agreements (QSOA's), Family Education Rights and Privacy Act (FERPA) and how these all impact prevention professionals and the programs they facilitate.

This course is designed for Certified Prevention Specialists, Certified Prevention Specialist Interns and Advanced Certified Prevention Specialists, but anyone operating in the field of substance abuse prevention, education, recovery or treatment will benefit from the knowledge gained in the course.

This workshop covers knowledge items in Prevention Specialist Domain 6: Professional Growth and Responsibility Task 2.

Objectives:

Upon completion of this training the participant will:

1. Recognize ethical issues in the field of prevention professionals;
2. Develop a fundamental knowledge of Prevention Ethics;
3. Learn about ethical decision making; and
4. Discuss ethical dilemmas in prevention programs.

W8-Ad - Nutritional Health in Youth with Substance Disorders: Protecting Brains and Bodies**Location: Oldham***Barbara Gracious, M.D.**Adolescent Track*

This workshop will provide an up-to-date overview of pertinent nutritional topics for youth with substance disorders, using the current evidence and research available, as well as incorporating views from pediatric medicine and dietician practices. Specific components will include: 1) current status of nutritional health in youth with emotional disorders; 2) specific nutritional health risks in youth with substance abuse disorders; 3) fatty liver disease, a new epidemic in 10% of youth worldwide- causes, contributions, and possible solutions; 4) nutritional supplement therapy- use of omega 3 fatty acids, vitamin D, and more; 5) experience assessing your own nutritional intakes; 6) working with families, schools, and other providers to improve your client's nutritional and physical health.

Objectives:

Upon completion of this training the participant will be able to:

1. Discuss why youth, especially those with substance disorders, are more likely to have poor nutritional status;
2. Describe evidence for how diet may affect comorbid disorders including depression and bipolar disorder;
3. Document risks for fatty liver disease and how to mitigate against poor metabolic health in vulnerable substance abusing youth;
4. Provide updates to families and other providers for how and when omega-3 fatty acids and other nutritional supplements may be useful; and
5. Screen for basic nutritional deficiency and work with medical and psychiatric providers to advocate for components of nutritional assessment.

W9-Px- Risky Business: Why Adolescents Love Risk-Taking, and What can Prevention do to Help Manage It

Location: Perry

Michael Nerney, Ph.D.

Prevention Track

110 mph on the highway, music blaring, open containers, and four teens in the car . . . why do adolescents find drinking alcohol and engaging in high-risk behaviors so attractive? Recent research on the adolescent brain clearly demonstrates that adolescents perceive and process risk assessment in ways that are remarkably unlike adults. Changes in receptor site density and sensitivity, neurotransmitter action, and social-emotional responses all combine to influence how teens evaluate risk. It is critical that prevention experts recognize the inherent allure of risk taking and develop successful programs that reduce the likelihood of harm.

What role does digital innovation and YouTube play in increased risk taking (think GoPro)? How do gender differences, genetics, and the presence of peers influence risk taking? In this program, Dr. Nerney will offer new ways to think and talk about adolescent risk reduction, including access to structured risk taking, and the use of "gist" language to help adolescents with risk assessment. These prevention concepts can be applied across the spectrum of adolescent risky behaviors, including drug and alcohol use, sexual activity, driving, and internet activities.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify two areas of the Adolescent brain involved in risk analysis;
2. Describe one influence of peers on risk taking;
3. Name two characteristics of "gist" language with regards to risk taking;
4. Discuss recent YouTube videos displaying high risk behaviors;
5. Describe two differences in risk taking related to gender; and
6. List three alternative structured risk activities available in local school systems, and communities.

W11 - Addiction 101: Understanding the Disease Model and Basics of Addiction for Addiction Professionals

Location: Trimble

Shelia Cundiff, LCSW, CADC

This course is based on the disease model of addictions and reinforces the 12-step recovery process. This workshop provides participants information to assess, increase, grasp and develop an understanding of addiction and the process of recovery. This workshop will focus on the disease model of addiction and its effect on the brain. The workshop is designed to assist participants in evaluating their own thoughts and beliefs about addiction. The instructor will also present and discuss working definitions for addiction and recovery, along with demonstrating techniques and strategies for identifying and decreasing denial.

Objectives:

Upon completion of this training the participant will have increased knowledge of:

1. Addictions and their effect on the brain and the progressive nature of the disease;
2. Use and interpretation of an addiction progression chart;
3. Techniques of using the stages of recovery chart and theory;
4. Strategies for identifying and decreasing denial; and
5. The tools for screening and assessment and a basic understanding of the importance of a 12 Step model in the recovery process.

W12 - The Wounded Healer: Engagement and Rapport as Therapeutic Tools

Location: Shelby

James Campbell, LPCI, M.A., CACII, MAC

Although evidence-based practices can help provide significant guidance for us in better assisting those we serve, effective treatment remains primarily about the therapeutic alliance. The Wounded Healer is a consideration of the curative factors

of treatment and explores the importance authenticity, rapport, and the power of the therapeutic alliance. The literary and historical foundations of the wounded healer concept are explored along with its impact on the field of psychology and the recovery community, its physiological foundation in the brain, and its restorative power in the therapeutic relationship along with its practical treatment implications.

Objectives:

Upon completion of this training the participant will be able to:

1. Develop a foundational understanding of the physiological impact of the brain in cultivating a positive therapeutic alliance;
2. Develop an understanding of the concept of the Wounded Healer from a literary and historical viewpoint and its impact on the human services field and the recovery community;
3. Identify curative factors that are necessary for effective treatment;
4. Identify specific steps to becoming more effective in their clinical work; and
5. Develop a stronger understanding of the need of effective self-care and clinical supervision in order to be effective as a clinician.

W13 - Doing the Same Thing Expecting Different Results: Examining all the Treatment Options for Opioid Use Disorder

Location: Russell

Ed Johnson, M.ED., MAC, LPC

Addiction is a "chronic medical condition" but does it make sense that there is only one treatment? The increase in mortality due to the misuse of prescription medications has brought new urgency to this discussion. This increase in mortality is also causing Addiction Professionals to reexamine how we define "recovery" and how we define "successful outcomes". This session explores the specifics of Opioid Use Disorder and discusses all the various modalities and medications currently available for its treatment, including abstinence based behavior modification. Specific emphasis will be placed on treatment options for pregnant women who have opioid use disorders.

Objectives:

Upon completion of this training the participant will:

1. Have increased understanding of the neurobiology of opioid dependence and its treatment;
2. Become familiar with the various medications used to treat opioid use disorder;
3. Become familiar with the use of Naloxone and the concept of "harm reduction" in the context of opioid use disorders;
4. Explore the efficacy of the various treatment options for opioid use disorder, including abstinence based behavior modification and medication assisted treatment;
5. Explore specific treatment issues related to women who are pregnant and have opioid use disorder such as Neonatal Abstinence Syndrome (NAS) and use of opioid medications during pregnancy; and
6. Explore personal biases regarding the use of medication in addiction treatment.

W14 - Grants: Funding the Work: Successful Grant Seeking and Writing

Location: Taylor

Tom Workman, Ph.D.

In this era of limited government and foundation funding for alcohol and other drug treatment creating a successful plan for seeking and winning grants is more important than ever. In this session, participants will learn how to discover and target public and private funding institutions, develop "capture plans" for future funding opportunities, and create winning plans and writing teams. Focus will be placed as well on the actual grant writing process, offering specific tips and techniques that communicate the match between funding institution missions and community projects and create strong arguments for funding projects.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand and apply the basic principles of effective grant proposal planning and writing;
2. Understand and apply approaches to capture planning for funding opportunities; and
3. Identify key strengths and weaknesses in the proposal writing process for themselves and their team.

Wednesday Evening - 2 Hour Workshop (5:30p.m.-7:30p.m.) - 2 CEUs

WE2 - Film and Facilitated Discussion: Generation Found

Location: Coronet A

Facilitator Mike Barry, B.S.

From the creators of the groundbreaking film, THE ANONYMOUS PEOPLE, comes GENERATION FOUND, a powerful story about one community coming together to ignite a youth addiction recovery revolution in their hometown. Devastated by an epidemic of addiction, Houston faced the reality of burying and locking up its young people at an alarming rate. And so, in one of the largest cities in America, visionary counselors, law school dropouts, aspiring rock musicians, retired football players, oil industry executives, and church leaders came together to build the world's largest peer-driven youth and family recovery community.

Independently filmed over the course of two years, GENERATION FOUND takes an unprecedented and intimate look at how a system of treatment centers, sober high schools, alternative peer groups, and collegiate recovery programs can exist in concert to intervene early and provide a real and tested long-term alternative to the "War on Drugs." It is not only a deeply personal story, but one with real-world utility for communities struggling with addiction worldwide.

Trailer

<https://youtu.be/iHNztoBkEv8>

Objectives:

Upon completion of this workshop the participant will:

1. Increase knowledge of the impact and prevalence of youth addiction issues;
2. Expand knowledge base on early intervention, recovery schools, and alternative peer group models for adolescence; and
3. Learn the benefits of the expansion of treatment to include a long-term continuum of care model.

Additional Info: Pioneering filmmaker Greg Williams, Director of the groundbreaking film The Anonymous People, has co-created a new film, Generation Found, that tells the Houston story, with an emphasis on the role recovery-based education and alternative peer groups can play in the recovery process among young people and their families. The film Generation Found masterfully portrays the story of a youth-focused recovery revolution that could profoundly reshape the future of addiction, addiction treatment, and addiction recovery in the United States. This landmark film will serve as a dynamic catalyst for community education and mobilization. Organizing recovery support systems within high schools and collegiate communities is one of the most important developments within America's response to alcohol and other drug problems among adolescents and young adults. Generation Found beautifully conveys how such systems of support are transforming one American community. Screenings of Generation Found have been hosted across the country, but many people have not yet had access to these screenings. The film has just been released for general distribution and is available for order at www.generationfoundfilm.com

Thursday - 1 Day - 6 Hour Workshops (9:00a.m.-4:15p.m.) - 6 CEUs

TH1 - Preparing to Become an ADC (Alcohol and Drug Counselor) in KY

Location: Trimble

Jeanne Keen, RN, CADC, M.S.

Mike Vance, MBA, CADC, CPP, LSW

This workshop will provide the history and development of professional certification by ICRC and the Kentucky Application and Credentialing process. The workshop will include a step-by-step instruction upon successful completion of the application documents, the regulatory requirements and the requirements for submission of all documents. The workshop will further identify the Twelve Core Functions of Alcohol and Drug Counseling and will guide the participant toward a successful study plan that will allow adequate preparation for the new competency based comprehensive exam as introduced by ICRC in June 2008. The instructors will provide numerous suggestions about study methods, test taking ideas and techniques for successful exam taking. A sample exam will be given and will be scored in class.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand the IC & RC and development of the certification process;
2. Identify and describe the 12 Core Functions;
3. Discuss the process of the written exam; and
4. Understand the CADC certification process.

Thursday Morning - 1/2 Day - 3 Hour Workshops (9:00a.m.-12:00p.m.) - 3 CEUs**TH3-AM - Understanding and Treating Cannabis (Cannabinoid) Use Disorder****Location: Crowne B**

Cardwell C. Nuckols, Ph.D.

Marijuana is the most commonly used illicit substance with 7% of the US population admitting to current use. Now compare this number to the less than 1% of the American population using heroin, cocaine and methamphetamine.

1.5% of citizens struggle with an active cannabis addiction. The number of reports citing the use of the synthetic cannabinoids only adds to the problem.

This skills-training event will give the participant state-of-the-art understanding of the following:

- The DSM-5 diagnostic criteria for Cannabis Use Disorder
- The neurobiology of cannabis use and addiction
- The short and long-term health effects of cannabis use
- An understanding of the cannabis acute abstinence syndrome and its treatment
- The evidence-based psychotherapeutic approaches to the treatment of Cannabis Use Disorder
- Current perspectives on the pharmacological treatment of Cannabis Use Disorder

Objectives:

Upon completion of this training the participant will be able to:

1. Discuss the neurobiology of marijuana (cannabis) use and addiction;
2. Describe the evidence-based psychotherapeutic approaches helpful in the treatment of Cannabis Use Disorder;
3. Discuss the medications currently utilized in the treatment of cannabis acute abstinence syndrome and during early recovery; and
4. Describe the short and long-term health effects of cannabis and related cannabinoid use.

TH4-AM - Compassion Satisfaction: Flipping the Paradigm on Compassion Fatigue in SA workers**Location: Crowne C**

Annie Fahy, RN, LCSW

This workshop will clarify and identify terms and pertinent research related to Compassion Fatigue, Vicarious Trauma and burnout. Participants will look at system, team and individual practices that can decrease incidence and suffering from these kind of symptoms. Self-Care and Mindfulness practices will be highlighted as stress and exacerbation prevention of symptoms and sequelae.

Objectives:

This training experience offers participants a chance to explore their own experience while addressing major concepts of Compassion Fatigue.

Upon completion of this training the participant will be able to:

1. Refocus their attention to themselves and complete an individual self-assessment as well as practice with empathy skills and a neutral workplace perspective;
2. Understand terms associated with workplace stress, Vicarious Trauma, Compassion Fatigue and burnout as physiologic and cognitive processes;
3. Gain an experience of pertinent research related to worker fatigue;

4. Explore mindfulness exercises as well as identify their own protective factors and risks;
5. Identify strategies and modalities that can assist and build resiliencies for future work and revision of habits; and
6. Develop skills to analyze and intervene with workplace risks.

TH5-AM - Strength Based Recovery Planning: Person Centered Approach

Location: Coronet A

Mike Johnson, LSW, LMSW

As clinicians, we have the responsibility to understand the client/family, their strengths, abilities and past successes, along with their hopes, dreams, needs and problems in seeking help. The Strength Based model is an empowering alternative to traditional therapy which describes clients/families in terms of the diagnosis and their deficits. It avoids the use of stigmatizing language/terminology which the person has used on themselves and eventually identifies, accepts and reinforces a sense of hopelessness. This model promotes the person to the level of expert, as to what works, what has worked and what may work to their benefit in the processes of recovery and rehabilitation.

Objectives:

Upon completion of this training the participant will have:

1. Explored our clinical shortcomings;
2. Explored the shift in perspective concerning AOD use;
3. Identified the benefits of the Strength Based Model;
4. Identified and discussed the 5 Principles of Strength Based Recovery Planning; and
5. Tips concerning the structure of the interview.

TH6-Ad-AM - Helping Parents Handle Substance Abusing Teens: The CRAFT Approach

Location: Coronet B

Brian Serna, LPCC, LADAC

Adolescent Track

The Community Reinforcement and Family Training (CRAFT) model is the only evidence-based approach used to help families who struggle with addictive behaviors. CRAFT has been proven to help Concerned Significant Others (CSOs) to improve their own quality of life, help their adolescents reduce their addictive behaviors and engage them into treatment. CRAFT has been used to help adolescents and their families change the family dynamic to promote positive behaviors. This skills-based approach addresses issues of enabling, communication and self-care. It is non-confrontational and has been utilized to help get adolescents to voluntarily engage into services, remain in services longer, and increase abstinence rates after treatment.

Objectives:

Upon completion of this training the participant will understand:

1. The theoretical orientation and the research backing CRAFT;
2. How to enhance motivation in concerned significant others (CSOs); and
3. How to teach parents the difference between positive reinforcement and enabling behaviors for their adolescent.

TH7-AM - Re-Licensure Ethics for Social Work, Alcohol and Drug Counselors, and Other Counselor Professions (Does not include LMFT Ethics requirements standards)

Location: Pendleton

Geoff Wilson, LCSW, CADC

This course meets the requirements of social work ethics training for KY Licensed Social Workers as established in 201 KAR 23:075.

For those practicing in the drug and alcohol treatment field, the ability to maintain professional boundaries with clients and practice from a sound ethical foundation are essential. This program will serve to satisfy continuing education requirements for Social Workers, specific to 201 KAR 23:080, as well as for Certified Alcohol and Drug Counselors specific to 201 KAR 35:030, Code of Ethics for Certified Alcohol and Drug Counselors. The agenda for this workshop will include a review of specific mission statements for various disciplines, core value and principles, ethical standards and responsibilities. The ethical

decision making process, and issues pertaining to Dual Relationships will be reviewed along with specific case examples. Issues pertaining to counselor burnout, value clarification, boundaries, and responsibility to clients will also be explored.

(Please Note: If you are another Counselor profession, other than Social Work or CADC, we ask that you check with your occupational Board to find out if this workshop will meet your requirements. LMFT is not covered by this workshop.)

Objectives:

Upon completion of this training the attendees will have:

1. Reviewed 201 KAR 23:080 regulation with regard to Social Work ethics, and 201 KAR 35:030 Code of Ethics for Certified Alcohol and Drug Counselors to gain a clear understanding of their content and practice implications;
2. Discussed what it means to practice ethically and will define who their clients are;
3. Reviewed and discussed specific case examples that pertain to the Code of Ethics of a variety of disciplines; and
4. Processed common experiences that may lead to counselor burn-out and boundary violations.

TH8-AM - Getting to Know the 12 Steps and 12 Steps Fellowships

Location: Franklin

Shelia Cundiff, LCSW, CADC

The workshop will explore how the 12 steps support the spiritual path and how treatment can help develop it.

The workshop is designed to increase the participants' knowledge and understanding of the 12 steps. An introduction to the structure and origin of 12 step fellowships along with a review of the 12 steps individually will be given and the spiritual principles underlying the 12 steps will be presented. These steps are the foundation of the AA, NA and other 12 Step Programs. Essentially the 12 steps are a spiritual path that can enhance and strengthen the path of recovery and healing and the wisdom embodied there can be used successfully by anyone seeking growth and freedom. The exploration will be both didactic and experiential.

Objectives:

Upon completion of this training the participant will be able to:

1. Explain and present the 12 steps to clients;
2. Discuss spiritual principals of 12 steps with clients; and
3. Discuss 12 steps with therapeutic elements of treatment.

TH9-Px-AM - I See, You See: Explaining the Teen Perspective Cycle

Location: Grant

Mark Fomby, CPS

Prevention Track

In this course, participants are introduced to the teen thought process relative to DMC (Disproportionate Minority Contact) and critical situations encountered by youth with key stakeholders and peers. Initially designed for our Junior Consultants to share with youth participants how their experiences and perspective create a cycle that directly or indirectly impacts and shapes their lives, the presentation has since grown due to adult demand. During the presentation, participants will experience what we've learned from youth regarding each peer and/or stakeholder group that is a part of the cycle.

Participants explore the theory and how it can help explain youth responses to programs and administrative policies and procedures that govern youth development in the context of family, home, school and community. This presentation is an insight into the views and thought process of today's youth. Participants will learn how youth may translate what they see and hear into what they "do", resulting in positive or negative behavior.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the various peer groups that influence and shape the lives of youth;
2. Define and identify situations involving stakeholders that have an immediate and/or delayed impact on youth perspective and responses; and
3. Assess critical role of stakeholders vital to addressing challenges in better communicating with youth.

TH10-AM - Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery

Location: Madison

Jessica Sucik, LCSW

Kelly Ruff, M.Ed.

Safe and stable housing is a basic right and need for all individuals. This workshop is designed to educate behavioral health providers of the importance in the helping relationship between clients living in chronic homelessness and the Targeted Case Manager (TCM). The TCM has a unique opportunity to infuse Housing First Principles and establish therapeutic rapport by meeting the basic needs of their client. Ending chronic homelessness for an individual fosters an ability to engage them in their recovery process and link them to services that will contribute to regaining independence.

Objectives:

Upon completion of this training the participant will:

1. Learn strategies for effective engagement with the chronically homeless population;
2. Understand the importance of community partnerships and outreach;
3. Identify the principles, standards and philosophical structure of the Housing First Model;
4. Understand the Targeted Case Manager's role in linking clients to services and supports to maintain housing and recovery; and
5. Develop understanding of the importance of restoring an independent level of functioning through the helping relationship.

TH11-AM - Language and Its Effect on Addiction

Location: Oldham

Ed Johnson, M.Ed., MAC, LPC

When compared with other chronic medical conditions, the general public and healthcare providers inordinately stigmatize substance use disorders and the people who have them. This stigmatization is perpetuated and exacerbated by the language and terms used in reference to substance use disorders, which is more appropriate for willful bad behavior than a medical condition. This presentation will explore commonly used terms and commonly held concepts related to substance use disorders and their treatment while exploring alternate terms and concepts that are more congruent with the constructs of addiction as a chronic medical condition and also shifting the focus from the problem: the medical condition, to the solution: recovery.

Objectives:

Upon completion of this training the participant will be able to:

1. Differentiate between the Acute Care Model of Treatment and the Chronic Care Model;
2. Articulate at least two phrases commonly used by addiction professionals that contribute to the stigma of SUD; and
3. Increase their understanding of ways the current treatment for SUD could be changed to reflect the Chronic Care Model.

TH12-AM - Treatment for Two: Promoting Bonding, Attachment and Early Parent Child Relationships in the Treatment Setting

Location: Perry

Sharon Hesseltine, BSW

Bonding and attachment are terms frequently used in regards to early relationships between parents and their young infants, but what do these concepts really mean in the broader scheme of life? How can staff working with pregnant and parenting women in a substance use disorder treatment program support the healthy development of these early relationships and what are signs that warrant concern? While pregnancy can serve as the impetus for going through treatment, the collision of early parenting and early recovery presents numerous challenges for treatment program staff and parents alike. This session will take an in-depth look at bonding and attachment, the life-long ramifications of secure vs. insecure attachment and most importantly how to strengthen the parent-child relationship in the context of the addiction treatment process. Participants will have an opportunity to learn about the elements that promote the parent-child dyad and how to leverage recovery principles to support and strengthen parent child relationships.

Objectives:

Upon completion of this training the participant will be able to:

1. Describe the key elements of Attachment Theory including patterns of attachment, functions of attachment and impact upon the social/emotional developmental trajectory;
2. Discuss the neurobiological overlap impacting early recovery and early parenting including behavioral presentations; and
3. Identify key intervention strategies designed to strengthen parent child relationships and their application in both residential and outpatient treatment settings.

TH13-AM - Engaging the Arts in Recovery**Location: Shelby**

James Campbell, LPCI, M.A. CACII, MAC

Many of those we serve struggle with self-expression and limbic regulation. Engaging the Arts in SA Recovery is a didactic and experiential training designed to introduce techniques, skills, and modalities for engaging individuals in using the arts as a means of self-expression and healing in both treatment and recovery. The techniques reviewed can be applied to individuals at any artistic skill level.

Objectives:

Upon completion of this training the participant will:

1. Have explored the physiological reasons that utilizing the arts and art-assisted modalities have efficacy in treating substance use disorders;
2. Have the opportunity to experience and explore different modalities for utilizing the arts as a therapeutic tool;
3. Be introduced to practical techniques that can be utilized effectively both personally and in therapeutic settings; and
4. Review basic safety and ethical considerations regarding the use of the arts in treatment settings.

TH14-Px-AM - Communication and Facilitation Skills for the Prevention Professional**Location: Russell**

Mitchell Moore, BAT, SAP, LCDC, ADC III, ACPS

Prevention Track

Participants will learn how to facilitate meaningful discussions, enhance their professional communication and presentation skills, facilitate effective community-based meetings, and discover a simple consensus building technique.

This workshop covers knowledge items in Prevention Specialist Domain 3: Communication Task 5, 6, and 7

Objectives:

Upon completion of this training the participant will be able to:

1. Apply principles of public speaking;
2. Employ effective facilitation skills;
3. Apply a consensus building technique; and
4. Communicate effectively with various audiences.

TH15-AM - Family Intervention Strategies: Assisting Families in their Own Process from Addiction through Recovery**Location: Taylor**

Todd Reynolds, MSSSW, CADC

Recovery is hard. Relapse rates can be very high. This workshop focuses on bringing the family and the addict together to create a recovery support system to help all in the recovery process. You will be able to assist this system to mutually support each other to address the challenges of recovery and improve the opportunity for recovery.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the difference between enabling and helping;

2. Identify 3 ways the family can support the addict and each other in recovery;
3. Identify the 5 essential components of a successful program of recovery; and
4. Identify 3 key aspects to implement with families for healthy recovery.

TH16-AM - Therapeutic Benefits of Humor in Addiction Treatment

Location: Whitley

Mark Sanders, LCSW, CADC

When Norman Cousins was suffering from a debilitating illness of his immune system, doctors predicted that he would not live a long life. In pain twenty-four hours a day, Cousins discovered that for every ten minutes he laughed, he received two hours of pain-free sleep. He actually lived sixteen years longer than his doctors predicted. Participants will leave this workshop with tools that will enable them to incorporate more humor into their work with chemically dependent clients. A partial list of topics includes: The Therapeutic Use of Humor: A Look at the Research; The Use of Humor to Build Rapport with Chemically Dependent Clients; Using Humor to Reduce Resistance with Addicted and Mandated Clients; Humor in Individual and Group Work; Decreasing Client Stress and Improving Mental and Physical Health with Humor; and Where to Find Humor to Incorporate into Your Work. The second part of this workshop will focus on the use of humor and other strategies to decrease counselor stress, burnout, compassion fatigue, and improve overall organizational health. This promises to be a fun learning experience.

Objectives:

Upon completion of this training the participant will have learned:

1. How to use humor to build rapport with chemically dependent clients;
2. Appropriate and inappropriate uses of humor in individual and group work with chemically dependent clients; and
3. The importance of humor in their personal lives as counselors to reduce burnout and compassion fatigue.

Thursday Afternoon - 1/2 Day - 3 Hour Workshops (1:15-4:15p.m.) - 3 CEUs

TH17-PM - Understanding and Treating Cannabis (Cannabinoid) Use Disorder

Location: Crowne B

Cardwell C. Nuckols, Ph.D.

Marijuana is the most commonly used illicit substance with 7% of the US population admitting to current use. Now compare this number to the less than 1% of the American population using heroin, cocaine and methamphetamine.

1.5% of citizens struggle with an active cannabis addiction. The number of reports citing the use of the synthetic cannabinoids only adds to the problem.

This skills-training event will give the participant state-of-the-art understanding of the following:

- The DSM-5 diagnostic criteria for Cannabis Use Disorder
- The neurobiology of cannabis use and addiction
- The short and long-term health effects of cannabis use
- An understanding of the cannabis acute abstinence syndrome and its treatment
- The evidence-based psychotherapeutic approaches to the treatment of Cannabis Use Disorder
- Current perspectives on the pharmacological treatment of Cannabis Use Disorder

Objectives:

Upon completion of this training the participant will be able to:

1. Discuss the neurobiology of marijuana (cannabis) use and addiction;
2. Describe the evidence-based psychotherapeutic approaches helpful in the treatment of Cannabis Use Disorder;
3. Discuss the medications currently utilized in the treatment of cannabis acute abstinence syndrome and during early recovery; and
4. Describe the short and long-term health effects of cannabis and related cannabinoid use.

TH18-PM - Compassion Satisfaction: Flipping the Paradigm on Compassion Fatigue in SA workers**Location: Crowne C***Annie Fahy, RN, LCSW*

This workshop will clarify and identify terms and pertinent research related to Compassion Fatigue, Vicarious Trauma and burnout. Participants will look at system, team and individual practices that can decrease incidence and suffering from these kind of symptoms. Self-Care and Mindfulness practices will be highlighted as stress and exacerbation prevention of symptoms and sequelae.

Objectives:

This training experience offers participants a chance to explore their own experience while addressing major concepts of Compassion Fatigue.

Upon completion of this training the participant will be able to:

1. Refocus their attention to themselves and complete an individual self-assessment as well as practice with empathy skills and a neutral workplace perspective;
2. Understand terms associated with workplace stress, Vicarious Trauma, Compassion Fatigue and burnout as physiologic and cognitive processes;
3. Gain an experience of pertinent research related to worker fatigue;
4. Explore mindfulness exercises as well as identify their own protective factors and risks;
5. Identify strategies and modalities that can assist and build resiliencies for future work and revision of habits; and
6. Develop skills to analyze and intervene with workplace risks.

TH19-PM - Strength Based Recovery Planning: Person Centered Approach**Location: Coronet A***Mike Johnson, LSW, LMSW*

As clinicians, we have the responsibility to understand the client/family, their strengths, abilities and past successes, along with their hopes, dreams, needs and problems in seeking help. The Strength Based model is an empowering alternative to traditional therapy which describes clients/families in terms of the diagnosis and their deficits. It avoids the use of stigmatizing language/terminology which the person has used on themselves and eventually identifies, accepts and reinforces a sense of hopelessness. This model promotes the person to the level of expert, as to what works, what has worked and what may work to their benefit in the processes of recovery and rehabilitation.

Objectives:

Upon completion of this training the participant will be able to:

1. Explore our clinical shortcomings;
2. Explore the shift in perspective concerning AOD use;
3. Identify the benefits of the Strength Based Model;
4. Identify and discuss the 5 Principles of Strength Based Recovery Planning; and
5. Identify tips concerning the structure of the interview.

TH20-PM - Core Competencies and Supervision for Alcohol and Drug Peer Support Specialists**Location: Coronet B***Geoff Wilson, LCSW, CADC*

This workshop will provide attendees with an in-depth overview of the competencies required for individuals to perform the duties of an alcohol and drug peer support specialist in Kentucky. Ethical practice and navigating dual relationships will be addressed. The role peer support specialists play in providing mentoring, recovery support, and education to those new to recovery will be explored. Additional core competencies will be reviewed along with important aspects of supervision.

Objectives:

Upon completion of this training the participant will:

1. Increase their knowledge of the core competencies required for individuals to practice as an alcohol and drug peer support specialist in Kentucky;
2. Review important aspects of supervision and navigating potential dual relationship issues that can arise in the peer

support specialist role; and

3. Discuss the role peer support specialists play in enhancing early recovery and support with the substance use disorder population.

TH21-Ad-PM - Youth Peer Support and Recovery Support Services: Facilitated Panel Presentation

Location: Pendleton

Tara Moseley, B.S.

Adolescent Track

Developing a transitional care system pertaining to education, housing and employment, coupled with peer supports for participants to have a successful integration process into the community after completion of a treatment program, we will discuss the importance of peer support services with employment, education and housing engagement in early stages of transitional care. The development of socialization, goal setting and community support will enable self-sufficiency for long term recovery.

Objectives:

Upon completion of this training the participant will understand how:

1. The development of systems and resources will increase the ability of self-sufficiency for participants that are integrating into the community;
2. To empower clients to develop self-efficacy with guidance through peer support in order to obtain goals; and
3. Creating inclusive pro-social activities that will engage participants in socialization in the community.

TH22-PM - Attachment - The Ties that Bind Us: Using Adult Attachment Patterns to Inform the SU

Treatment Process

Location: Franklin

Sharon Hesseltine, BSW

Bonding and attachment are terms frequently used in regards to early relationships between parents and their young infants, but what do these concepts really mean in the broader scheme of life? How can staff working with pregnant and parenting women in a substance use disorder treatment program support the healthy development of these early relationships and what are signs that warrant concern? While pregnancy can serve as the impetus for going through treatment the collision of early parenting and early recovery presents numerous challenges for treatment program staff and parents alike. This session will take an in-depth look at bonding and attachment, the life-long ramifications of secure vs. insecure attachment and most importantly how to strengthen the parent-child relationship in the context of the addiction treatment process. Participants will have an opportunity to learn about the elements that promote the parent-child dyad and how to leverage recovery principles to support and strengthen parent child relationships.

Objectives:

Upon completion of this training the participant will be able to:

1. Describe the key elements of Attachment Theory including patterns of attachment, functions of attachment and impact upon the social/emotional developmental trajectory;
2. Explore and discuss the neurobiological overlap impacting early recovery and early parenting including behavioral presentations; and
3. Identify key intervention strategies designed to strengthen parent child relationships and their application in both residential and out patient treatment settings.

TH23-PM - Family Intervention Strategies: Assisting Families in their Own Process from Addiction through Recovery

Location: Grant

Todd Reynolds, MSSW, CADC

Recovery is hard. Relapse rates can be very high. This workshop focuses on bringing the family and the addict together to create a recovery support system to help all in the recovery process. You will be able to assist this system to mutually support each other to address the challenges of recovery and improve the opportunity for recovery.

Objectives:

Upon completion of this training the participant will be able to:

1. Identify the difference between enabling and helping;
2. Identify 3 ways the family can support the addict and each other in recovery;
3. Identify the 5 essential components of a successful program of recovery; and
4. Identify 3 key aspects to implement with families for healthy recovery.

TH24-PM - Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery

Location: Madison

Jessica Sucik, LCSW

Kelly Ruff, M.Ed.

Safe and stable housing is a basic right and need for all individuals. This workshop is designed to educate behavioral health providers of the importance in the helping relationship between clients living in chronic homelessness and the Targeted Case Manager (TCM). The TCM has a unique opportunity to infuse Housing First Principles and establish therapeutic rapport by meeting the basic needs of their client. Ending chronic homelessness for an individual fosters an ability to engage them in their recovery process and link them to services that will contribute to regaining independence.

Objectives:

Upon completion of this training the participant will:

1. Learn strategies for effective engagement with the chronically homeless population;
2. Understand the importance of community partnerships and outreach;
3. Identify the principles, standards and philosophical structure of the Housing First Model;
4. Understand the Targeted Case Manager's role in linking clients to services and supports to maintain housing and recovery; and
5. Develop understanding of the importance of restoring an independent level of functioning through the helping relationship.

TH25-PM - Substance Use and Mental Health Disorders: Transforming Perspectives for Faith and Community Groups

Location: Oldham

Karen Hall, M.A., CPS

This course will provide current substance use and mental health disorder statistics and trends, and offer ways to use data to engage faith-based and other community organizations in prevention and intervention, and referral to treatment and recovery. Group discussion, video clips and active participation will motivate and empower participants to understand various viewpoints on substance use and mental health disorders held among faith-based and other community groups, and how to bring awareness of new perspectives to these issues.

Objectives:

Upon completion of this training the participant will have:

1. Learned the most current statistics on substance use and mental health disorders, and how data can help to awaken faith and community group members to the fact that some individuals and families, both inside and outside their walls, are dealing with these issues and need their support;
2. Discovered how "to get the dialogue started" with faith and community groups concerning mental health and substance use disorders by utilizing various methods to communicate awareness; and
3. Understand that the time is NOW to engage faith and community members in the common goal of providing education and support for individuals and families who are coping with substance abuse and mental illness.

TH26-PM - Adults: Increasing Cultural Competency in Working with Sexual and Gender Minority Patients: Inclusivity and Awareness Improve Treatment Outcomes

Location: Perry

Ed Johnson, M.Ed., MAC, LPC

Issues related to sexual orientation and gender identity are routinely not recognized and frequently not addressed in Substance Use Disorders Treatment. Individuals who are Lesbian, Gay, Bisexual, Transgender or Questioning (LGBTQ) enter treatment programs with a unique set of challenges. Unaddressed, these issues all too often contribute to unsuccessful treatment outcomes. This didactic and experiential workshop will review the general constructs of sexual orientation and gender identity. It will explore the particular issues and life experiences of this frequently hidden minority that have contributed to the development of substance use disorders. Participants will become familiar with interventions specific to the LGBT individuals phase of identity development and will be introduced to ways of creating safe, supportive, affirming and inclusive treatment environments.

Objectives:

Upon completion of this training the participant will be able to:

1. Understand the difference between Sexual Orientation and Gender Identity;
2. Increase their understanding of the impact of trauma on individuals who are LGBTQ and its relationship to unsuccessful treatment outcomes; and
3. Identify ways of creating supportive, affirming and inclusive treatment environments.

TH27-PM - Adverse Childhood Events and Neonatal Abstinence Syndrome Connecting the Dots

Location: Shelby

Lori Devlin-Phinney, D.O., MHA

This session will examine the connection between Adverse Childhood Experiences (ACEs) and Neonatal Abstinence Syndrome (NAS). The presentation will evaluate the impact of childhood trauma on the incidence of drug use during pregnancy and Neonatal Abstinence Syndrome in the: exposed infant, review trends in substance abuse during pregnancy and assess the impact of pharmacologic and non-pharmacologic therapy on NAS, provide a protective factor framework for integrating parents into the care team; and highlight opportunities to improve short-term and long-term outcomes for NAS infants and their families.

Objectives:

Upon completion of this training the participant will be able to:

1. Review the clinical presentation of Neonatal Drug Withdrawal/Neonatal Abstinence Syndrome;
2. Discuss the incidence of illicit drug abuse during pregnancy and the differences in substance abuse in women, including the role of ACEs;
3. Examine the incidence of Neonatal Abstinence Syndrome nationally and in the state of Kentucky;
4. Assess pharmacologic and non-pharmacologic therapy for Neonatal Abstinence Syndrome; and
5. Discuss the opportunities to improve short-term and long-term outcomes for NAS infants and their families.

TH28-PM - Holistic Recovery: Moving from Active Addiction to Active Recovery

Location: Russell

James Campbell, LPCI, M.A., CACII

Often we hear those struggling with addiction, their family members, and even our colleagues pose the question of why individuals in active addiction don't "just stop using". Questions about the motivation of individuals in active addiction are often posed with an emphasis on what it will take for them to stop using and the idea of "hitting bottom". This didactic and experiential training will provide clinicians with a greater understanding of both the holistic factors that contribute to continuing in active addiction as well as how those same factors can be used to cultivate an effective and vibrant recovery. Participants will also explore and develop practical tools for better facilitating movement from active addiction into active recovery.

Objectives:

Upon completion of this training the participant will be able to:

1. Develop a science-informed, holistic understanding of the nature of addiction;

2. Identify biological, psychological, social, spiritual and experiential factors that contribute to substance use disorders; and
3. Explore the implications of a holistic view of addiction on the language used in treatment.

TH29-Px - PM - How Disruptive Thinking Can Transform Prevention Work

Location: Taylor

Ben Reno Weber, MBA, MPA, B.A.

Prevention Track

New research is drawing powerful conclusions about the interconnections between education, health and economic development. These interconnections, combined with shifts in technology, are making possible partnerships that push the traditional boundaries between sectors in ways that enable us to focus on holistic client outcomes.

To do that will require an ability to reconceive our own work within a broader context, using a combination of technology, data and storytelling. This session will focus on practical ways to harness additional resources in our communities.

Objectives:

Upon completion of this training the participant will be able to:

1. Combine data and storytelling to engage the community; and
2. Understand and connect with non-traditional resources that can further your mission.

TH30-PM - Therapeutic Benefits of Humor in Addiction Treatment

Location: Whitley

Mark Sanders

When Norman Cousins was suffering from a debilitating illness of his immune system, doctors predicted that he would not live a long life. In pain twenty-four hours a day, Cousins discovered that for every ten minutes he laughed, he received two hours of pain-free sleep. He actually lived sixteen years longer than his doctors predicted. Participants will leave this workshop with tools that will enable them to incorporate more humor into their work with chemically dependent clients. A partial list of topics includes: The Therapeutic Use of Humor: A Look at the Research; The Use of Humor to Build Rapport with Chemically Dependent Clients; Using Humor to Reduce Resistance with Addicted and Mandated Clients; Humor in Individual and Group Work; Decreasing Client Stress and Improving Mental and Physical Health with Humor; and Where to Find Humor to Incorporate into Your Work. The second part of this workshop will focus on the use of humor and other strategies to decrease counselor stress, burnout, compassion fatigue, and improve overall organizational health. This promises to be a fun learning experience.

Objectives:

Upon completion of this training the participant will:

1. Be more aware of how to use humor to build rapport with chemically dependent clients;
2. Be more aware of appropriate and inappropriate uses of humor in individual and group work with chemically dependent clients; and
3. Be more aware of the importance of humor in their personal lives as counselors to reduce burnout and compassion fatigue.

BIOSKETCHES

Robert J. Ackerman, Ph.D.

Dr. Robert J. Ackerman is Professor Emeritus from Indiana University of Pennsylvania and the previous Director of the Mid-Atlantic Addiction Research and Training Institute. He is co-founder of the National Association for Children of Alcoholics. Currently, he is the Editor of Counselor: The Magazine for Addiction and Behavioral Health Professionals.

As an author he has published numerous articles and research findings and is best known for writing the first book in the United States on children of alcoholics. Twelve books later, many television appearances, and countless speaking engagements he has become internationally known for his work with families and children of all ages. His books have been translated into thirteen languages.

He has served on many advisory boards and has worked with the National Institute of Mental Health, National Institute on Alcoholism and Alcohol Abuse, and the U.S. Department of Education. He served on the White House Task Force on Resiliency and At-Risk-Youth.

He is the recipient of many awards including the Distinguished Alumni Awards from Western Michigan University, the University of Northern Colorado, and Louisiana State University, the 2006 Special Recognition Award from the U.S. Journal of Alcohol & Drug Dependence, the 2008 Father Martin Appreciation Award and the 2014 Professor of the Year from the University of South Carolina, Beaufort. He is a veteran of numerous TV appearances and his work has been featured on CNN Headline News, the New York Times, the Today Show, USA Today newspaper, Newsweek Magazine, Oprah, and other social media.

T3 - Adult Survivors of Childhood Trauma & Dysfunctional Families, Using Social, Emotional and Spiritual Intelligences for Recovery
- Location: Coronet A

Demetra Antimisiaris, PharmD, CGP, FASCP

Dr. Antimisiaris earned her Doctor of Pharmacy degree at the University of the Pacific (California), and completed a Geriatric Clinical pharmacy residency at VAMC-West LA-UCLA. She is a Certified Geriatric Pharmacist and her research interests include decision making regarding medication use and root cause health systems analysis regarding medication outcomes. She's an Associate Professor at the University of Louisville's Dept. of Family & Geriatric Medicine, where she teaches in the Med-Pharm course for second year med students, as well as in the post grad training programs and leads the U of L "Polypharmacy Initiative" which is a unique program amongst medical schools in the United States, dedicated exclusively to fighting the problem of polypharmacy through education, research and outreach.

M11 - Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse - Location: Trimble

Mike Barry, B.S.

Mike Barry has had his share of broad life experiences from which to draw. By age 40 he had reached the peak of his profession as a TV News Anchor, reporter, and producer. But behind the polished image of success was a man already overwhelmed by the disease of alcoholism.

His story is more common than you think, which is why the driving passion of his life today is to help others in need of a new life, free from addiction and in long-term recovery, that he himself found.

His new calling as an advocate for the recovery movement is enhanced by his training and experience in broadcasting and technology. His unique combination of talent, energy and devotion to the cause has placed Mike Barry at the heart of this movement.

He travels the country seeking to educate others about addiction, to remove barriers and discrimination, and thus enable those in long-term recovery and no longer using alcohol or other drugs to become productive members of society.

WE2 - Film: Generation Found - Location: Coronet A

Susan K. Blank, MD.

Susan Blank, MD, is the Founder and Chief Medical Officer for the Atlanta Healing Center. A graduate of the Medical College of Georgia, she completed a residency in Psychiatry and Neurology at Sheppard Pratt Hospital in Baltimore, Maryland. She received her training in Forensics at the University of Virginia, and her training in Addiction Medicine in Atlanta at the Talbott Recovery Campus. She recently completed a Fellowship and Advance Fellowship training in Anti-aging and Regenerative Medicine.

Dr. Blank is President of the Georgia Society of Addiction Medicine and serves on the Advisory Board of the Georgia Physician's Health Program. She is also a member of the Board of Directors for The Georgia Council on Alcohol and Drugs. Dr. Blank and Dr. Lori Karan co-authored the chapter on Tobacco and Nicotine Addiction for the ASAM Patient Criteria released in September 2013.

She is a Diplomate of the American Board of Psychiatry and Neurology, the American Board of Addiction Medicine and the American Board of Anti-aging and Regenerative Medicine. She is a Fellow of the American Board of Forensic Examiners, a Fellow of the

American Psychiatric Association, a Fellow of American Society of Addiction Medicine and a Fellow of the American Academy of Anti-Aging and Regenerative Medicine and a Certified Medical Review Officer.

Finally, she can be heard nationwide every Tuesday on her weekly radio show "Detailing Addiction" on America's Web Radio.

M3 - Neurocognitive Effects of Addiction and Relapse - Location: Coronet A

Allen J. Brenzel, M.D., MBA

In 2010 Dr. Brenzel was appointed the Medical Director for the Department of Behavioral Health and Developmental Disabilities (BHDID) with the Cabinet for Health and Families Services (CHFS) for the Commonwealth of Kentucky. Prior to 2010 he served as the Medical and Psychiatric Consultant for the Department of Community Based Services (DCBS) and as the Director of the Division of Child and Adolescent Psychiatry at the University of Kentucky. He attended the University of Louisville School of Medicine and completed a combined residency in Pediatrics, Adult Psychiatry and Child Psychiatry at the University of Kentucky. He also completed his Master in Business Administration in 2006. He joined the UK faculty in 1993 where he is an Associate Professor of Psychiatry and Pediatrics.

Dr. Brenzel has developed a breadth of knowledge and experience in mental health and substance abuse treatment. He frequently provides trainings and consultations across systems of care that have included Behavioral Health, Child Welfare, Juvenile Justice, Education and the Judiciary. Early identification of children and families at risk, and implementation of evidence based interventions across the lifespan have been the focus of his work. He is uniquely trained to bridge gaps between medical and mental health systems. It is well known that he excels at working in multidisciplinary teams and building effective systems of care.

Dr. Brenzel is actively involved in healthcare services reform in Kentucky. This has included working to modernize the State Medicaid Plan to include a full continuum of behavioral health substance abuse services including targeted case management, mobile and residential crisis and peer supports.

In partnership with other state agencies, Dr. Brenzel has worked on reducing prescription drug abuse, addressing buprenorphine utilization and diversion, disseminating naloxone rescue kits, and developing guidelines for Kentucky's recently approved Harm Reduction and needle exchanges. He is also the CO-PI on the Kentucky MAT-PDOA grant which is providing coordinated care to women with an opiate use disorder who are pregnant or parenting. In 2017, Dr. Brenzel was actively involved in the submission of Kentucky's SAMHSA response to the Opioid STR grant. This will bring 10.5 million dollars to Kentucky for each of the next two years to address the opioid use disorder crisis in Kentucky.

MP - Kentucky's Response to the Opioid Epidemic - Location: Crowne A Ballroom

James E. Campbell, LPCI, CACII, MAC

James Campbell has been working professionally in the human services field for over twenty years. His passion is helping people, families, and relationships to heal and assisting them in building on the strengths they possess. He is a Licensed Professional Counselor intern, a certified Addictions Counselor II through SCAADAC, a Master Addiction Counselor by NCCAP, and is a member of NAADAC and ACA. He is also a certified instructor of De-escalation Techniques.

He currently serves as the Adolescent Residential Manager of The Phoenix Center, Founder of Family Excellence, Inc., Director of Family Excellence Institute, LLC, and is an author, musician, performer, and a pastor.

James is a gifted communicator and national trainer on a range of topics including addiction, adolescence, cognitive behavioral therapy, communication, community supports, spirituality and addiction, family treatment and engagement, holistic recovery, the wounded healer, teambuilding, addiction and domestic violence, leadership, behavior modification, and de-escalation.

W12 - The Wounded Healer: Engagement and Rapport as Therapeutic Tools - Location: Shelby

TH13-AM - Engaging the Arts in Recovery - Location: Shelby

TH28-PM Holistic Recovery: Moving from Active Addiction to Active Recovery - Location: Russell

Shelia Cundiff, LCSW, CADC

Shelia Cundiff is a Coordinator for Field Education and Adjunct Faculty for Kent School of Social Work, University of Louisville. She is the president and owner of two outpatient treatment agencies, All About Change, LLC and Alcohol Education and Counseling Services, Inc. She is on the Board of Directors of Beacon House a Half Way House Addictions Program. She has worked in the field of addictions for 15 years. She has a Master of Social Work degree and is a Licensed Clinical Social Worker and a Certified Alcohol and

Drug Abuse Counselor. She worked at Jefferson Alcohol and Drug Abuse Center, Louisville, KY, in both the Inpatient and Outpatient Units for 15 years. Before her work in the field of addictions she was in the United States Army for 16 years.

T10 - Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder - Location: Perry

W11 - Addiction 101: Understanding the Disease Model and Basics of Addiction for Addiction Professionals - Location: Trimble

TH8-AM - Getting to Know the 12 Steps and 12 Steps Fellowships - Location: Franklin

Robert W. Daniels, B.A., M.A.

Robert Daniels graduated with a double major of Art and Psychology from the University of Tennessee, and also a Master of Arts in Expressive Therapy from the University of Louisville. He provides an array of services, from comprehensive assessment to outpatient, in-home treatment and case management of co-occurring disorder clients ages 10-21, and their families with Centerstone where he has been employed as a Clinical Supervisor in the Child and Family Division since May 1998.

ME2 - KASAC - KY Adolescent Substance Abuse Consortium Meeting: Evidence Based Approaches for the Adolescent Substance Abuse Client - Location: Coronet A

Timothy Deaton II, B.A.

A native from Hazard, Ky, Timothy Deaton II, is the Events Coordinator at Kentucky River Community Care, Inc. Tim, as he is more affectionately known, loves working in the public and enjoys designing and executing events for his company. From a small, intimate luncheon to a large fundraising gala, Tim enjoys any task put before him. Tim, his partner Chad, and Jake, their 10-year-old son, live on their family farm, just outside of Hazard. Tim is active in his community and does so in many facets. Tim is also a recovering addict, who works diligently to spread the hope of recovery in Eastern Kentucky.

ME1 - 2017 Film and Facilitated Discussion: Never Me: The Debby Terry Story - Location: Crowne C

Lori Devlin, DO, MHA

Dr. Lori Devlin is a Neonatologist at the University of Louisville School of Medicine. She completed her medical training at Des Moines University, her pediatric residency training at Ohio University and her neonatal-perinatal fellowship training at the University of Louisville School of Medicine. She joined the faculty at the University of Louisville in 2005 and has been involved with quality improvement and educational endeavors in the area of Neonatal Abstinence Syndrome since. Early in her career she led a task force in the development of a standardized treatment protocol for Neonatal Abstinence Syndrome. The protocol was subsequently implemented in multiple hospitals throughout western Kentucky and southern Indiana. She has presented many training seminars on Neonatal Abstinence Syndrome and sat as a Chair for a statewide conference on Perinatal Drug Exposure. Recently, Dr. Devlin has served on the Kentucky State Task Force for Perinatal Drug Exposure where she has worked with a multidisciplinary team to develop evidence based treatment protocols for Neonatal Abstinence Syndrome for the state of Kentucky.

TH27-PM - Adverse Childhood Events and Neonatal Abstinence Syndrome Connecting the Dots - Location: Shelby

Annie Fahy, RN, LCSW

Annie Fahy RN, LCSW, owns Annie Fahy Consulting based in Asheville, NC, and offers training and consulting nationally in the areas of health related behavior change, motivational interviewing and working with challenging health presentations.

Annie started her first business in 2001 in Athens, GA. when she co-founded Recovery Cafe LLC. She is recognized as a dynamic national trainer, expert in Motivational Interviewing, Harm Reduction and Reducing Compassion Fatigue. She offers organizational and management consultation facilitating change through implementation of evidence based practice and other client centered principals and practice. Annie also runs writing workshop demonstrations that support writing as a creative and healing tool in care settings like treatment programs, youth centers, veterans groups and homeless shelters. She has a book of poems due to be published next year. As a successful small business woman, Annie often mentors and consults with women seeking to develop their own business.

Annie is affiliated with the Motivational Interviewing Network of Trainers (MINT), the Harm Reduction Therapy Center in San Francisco (HRTC) and the Amherst Writers and Artists Association (AWA). Her trainings are multimodal and experiential and she consistently gets high ratings from participants.

She has recently authored a chapter in the The Praeger Handbook of Community Health on addictions and in 2007, composed a feature article for The Journal of Social Work: The Unbearable Fatigue of Compassion: Notes from a Substance Abuse. Counselor Who Dreams of Working at Starbuck's. Annie won an honorable mention for her poem Yoko in the 5th annual Pat Schneider Writing Contest which was published in Peregrine 2016 and her book of poems, The Glass Train was published January 2017.

W3 - *Intermediate to Advanced Motivational Interviewing for Skill Development & Supervision* - Location: Coronet A
 TH4-AM - *Compassion Satisfaction: Flipping the Paradigm on Compassion Fatigue in SA workers* - Location: Crowne C
 TH18-PM - *Compassion Satisfaction: Flipping the Paradigm on Compassion Fatigue in SA workers* - Location: Crowne C

Marc Fomby, CPS

Marc Fomby is a Certified Prevention Specialist and the founding CEO of FTC Prevention Services, LLC in Pearl, MS. Marc is a member of the Recovery School District of New Orleans, a national initiative committed to breaking the cycle of violence and providing support assistance to youth. He is a member of the Metro Jackson Community Prevention Coalition, dedicated to youth life skills and peer education training. Marc is also a consultant and advisor to the executive director of the National C.A.R.E.S. Movement, Susan Taylor. He is the conference coordinator of the Mississippi School for Addiction Professionals, the first statewide educational hub for prevention, intervention and treatment specialists in the state of Mississippi, as well as the conference coordinator for the annual statewide Juvenile Justice Symposium. He received his Bachelor's degree in business management from Belhaven University.

For over twenty years, Mr. Fomby has enthusiastically provided instruction and consulting services, community and strategic planning and program development to individuals, agencies, schools, colleges/universities, institutions, private, public, governmental and faith-based organizations throughout the United States and the Virgin Islands. Marc has developed curricula and programs for high-risk youth and families as well as instructional guidelines for behavioral health education and prevention. Marc is well known and certified as a Gang Consultant as well as a Juvenile Suicide Awareness Trainer for OJJDP/NTTAC. He has also conducted Cultural Sensitivity Training in numerous states including the Alabama Police Chiefs Conference and the Alabama Office of the Attorney General.

Mr. Fomby received his prevention certification via the Alabama Alcohol and Drug Abuse Association (AADAA) by completion of the exam given by the International Certification and Reciprocity Consortium (IC&RC), the international organization that certifies professionals working in the field of addictions, including prevention. He has been an Office of Juvenile Justice and Delinquency Prevention (OJJDP) National Training & Technical Assistance Center (NTTAC) certified consultant since 2007. He is also a nationally certified School Resource Officer Practitioner.

TH9-Px-AM - *I See, You See: Explaining the Teen Perspective Cycle* - Location: Grant

Karen Garrity, M.S.Ed, NCC, LPCC, CADC

Karen Garrity graduated with a Master of Science in Education Degree, with an emphasis in counseling from Purdue University in 1996. She began working at LifeSkills Community Mental Health Center in 1996 as an addictions counselor and manager. In 2001 she began work as the Director of Addiction Services for LifeSkills. She found that Motivational Interviewing was very helpful in increasing client interest in making changes in their lives. She attended the Motivational Interviewing Training for New Trainers in 2008 and has been a member of the Motivational Interviewing Network of Trainers since that time.

MT1 - *Intensive Skill Training in Motivational Interviewing (Beginning Course) Sponsored SE-ATTC* - Location: Grant

Jeffrey M. Georgi, M.Div., M.A.H, CCAS, LPC, CGP

From Duke University Medical Center Jeff has served as the clinical director of the Duke Addictions Program and Intervention Program. He received his BA from Duke University and his M.Div. in Pastoral Psychology from the Duke Divinity School and The Philadelphia Divinity School. Jeff completed an Internship and Residency program in Pastoral Counseling at the University of North Carolina at Chapel Hill Medical Center and a Masters in Allied Health at Duke University. He is a licensed Clinical Addiction Specialist, a Certified Clinical Supervisor, a Licensed Professional Counselor and a Certified Group Psychotherapist by the American Association of Group Psychotherapy. During his two plus decades at the Medical Center Jeff held clinical appointments in the Departments of Surgery, Obstetrics, and Psychiatry. He remains a clinical associate in the Department of Behavioral Medicine as well as a faculty member of the Duke University School of Nursing.

He has also served as the Director of Psychological Services for the Rice Diet Program in Durham, North Carolina. Jeff applies a model of substance abuse treatment to patients with significant dysregulated© or compulsive eating disorders.

Although primarily known for his work in the field of addictions with adolescents, adults, and families Jeff is also a national trainer and respected author in the areas of The Spiritual Platform™ a form of clinical spirituality, ethics and the clinical application of our understanding of the adolescent brain, its development and vulnerability. In this regard, Jeff has been involved in a community wide intervention in Georgia targeting middle school and high school students in an effort to reduce nicotine and alcohol use.

Currently, Jeff and Becky Georgi, his wife, are involved in developing and implementing a recovery maintenance program for the students and their families of the Carlbrook School in Halifax, VA. Jeff continues to consult with schools and adolescent treatment facilities bringing science to practice under the administrative umbrella of Georgi Educational and Counseling Services. He has

contributed to a number of Treatment Improvement Protocols which are seen as the best practice guidelines by the Center for Substance Abuse Treatment, Washington D.C. Jeff has brought his lectures and consulting expertise overseas. In May 2006 he participated in the United Kingdom/European Symposium on Addictive Disorders and was asked to address the British Parliament applying his solutions to alcoholism in the United States to the United Kingdom.

Jeff continues to see patients, facilitate groups, and work with families while at the same time expanding his clinical activities with patients struggling with obesity and compulsive eating disorders. While remaining a faculty member at Duke, Jeff is now directing more of his energy to help educate and empower parents to effectively deal with the threats to our adolescents' development presented by alcohol, tobacco and drugs. He and his wife are focusing these prevention/intervention efforts in a number of different community settings.

M15 - The Emerging Adult: Rethinking Treatment and Recovery - Location: Whitley

T15 - The Treatment of Substance Use Disorders with Other "Co-Mingling" Psychiatric Disorders - Location: Whitley

Barbara L. Gracious MD

Barbara L. Gracious MD is an Associate Professor of Clinical Psychiatry and Nutrition at The Ohio State University and Nationwide Children's Hospital, where she practices in the Behavioral Health Mood and Anxiety Program.

She is a graduate of Northwestern University Medical School and completed residencies in Internal Medicine at the University of Wisconsin, and Adult, Child, and Adolescent Psychiatry at the University of Pittsburgh, Western Psychiatric Institute. She was awarded a KL-2 clinical translational science award while at the University of Rochester, NY. Her research interests include dietary supplements including omega fatty acids, micronutrients, and diet in the context of gut brain axis and risk for comorbid metabolic disorders in youth with mood disorders.

W8-Ad - Nutritional Health in Youth with Substance Disorders: Protecting Brains and Bodies - Location: Oldham

Victoria "Vicki" Greenwell, BSW, M.A., RYT 200

Vicki came to practicing yoga as a natural balance to trail running. And how it has helped with bonus features! She has been practicing yoga for many years (still trail running too) and began a year long journey to become a certified yoga teacher in October 2015. The teacher-training program provided the foundation for detailed body alignment, use of props to enhance a student's practice and an understanding of the therapeutic potential of yoga. This has naturally brought about her teaching style that offers a practice both grounded in practical, skillful postures (asanas) as well as an interconnection to our breath and mind. Also, a bit of light interwoven humor in the practice.

ME4 - Yoga - Location: Elliott

Stephen F. Grinstead, Dr.AD, LMFT, ACRPS

Dr. Grinstead is the Co-Founder and Chief Clinical, Officer of A Healing Place—The Estates, A Residential and Intensive Outpatient Chronic Pain Management Program in Camarillo California (please visit www.ahealingplacetheestates.com for more information). He is author of the book *Freedom from Suffering: A Journey of Hope* as well as author of several other pain management books including *Managing Pain and Coexisting Disorders*, and the *Addiction-Free Pain Management® Recovery Guide*. Dr. Grinstead is also an internationally recognized expert in preventing relapse related to addiction and chronic pain disorders and is the developer of the *Addiction-Free Pain Management® System*. He has been working with chronic pain management, substance use disorders, eating addiction and coexisting mental and personality disorders since 1984.

M13 - Taking the Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model - Location: Russell

George B. Haarman, Psy.D., LMFT

George B. Haarman, PSY.D., LMFT, is a Licensed Clinical Psychologist and a Licensed Marriage and Family Therapist with more than 30 years of experience. A member of the American Psychological Association and Kentucky Psychological Association, Dr. Haarman is currently in private practice in Louisville, Kentucky, and serves as a consultant to several school systems regarding the assessment of children. For 24 years, Dr. Haarman worked in the Department of Human Services in Louisville, serving as the Deputy Director for the last 12 years of his tenure there. His prior experience with DHS included working with youth detention centers, juvenile group homes, child protective services, and juvenile probation. Dr. Haarman received his doctorate in clinical psychology from Spalding University and has been an instructor at Jefferson Community College, Bellarmine University, and Spalding University. Because of his years of experience in mental health, he has presented seminars regionally and nationally on psychopathology, depression, and emotional disorders in adults. He is also the author of *School Refusal: Children Who Can't or Won't Go to School* and *Clinical Supervision: Legal, Ethical, and Risk Management Issues*.

M12 - DSM V: Accurately Identifying Psychological Disorders in Adults - Location: Shelby

Karen G. Hall, M.A., CPS

Karen G. Hall is a freelance speaker and writer who has 18.5 years of experience in the field of substance use prevention, with 7 of those years working to engage faith groups in substance use prevention and mental health promotion. She has a BA in English and French secondary education from Asbury University and an MA in Theological Studies from Liberty Baptist Theological Seminary. She obtained her Certified Prevention Specialist international designation in 2000, which is renewed bi-annually.

TH25-PM - Substance Use and Mental Health Disorders: Transforming Perspectives for Faith and Community Groups - Location: Oldham

Scott Hesseltine, M.A., MBA, LADAC

Scott holds a Masters in Addictions Counseling from Hazelden Graduate School of Addiction Studies, and was the recipient of the school's 2005 Excellence in Writing Award and the 2012 Staff Mentorship Award. He received a Health Care MBA from the University of St. Thomas in 2015. Scott served as chair for the National Oversight Team for COR-12 and has provided clinical leadership to the Comprehensive Opioid Response with Twelve Steps (COR-12) since inception. He has participated in numerous radio and television interviews on the topic of treating opioid use disorders. He has extensive experience working at Hazelden Betty Ford Foundation as both a Counselor, Clinical Project Manager, and as Director of Clinical Support and Operations. Currently Scott leads all aspects of Clinical and Non-Clinical Addiction Services for Centerstone of Kentucky, including: JADAC, an 80 bed adult residential/detox facility, the Lighthouse teen residential facility, Adult Outpatient services, Youth and Prevention Services.

T4 - Integrating MAT with Treatment Services - Location: Coronet B

Sharon A. Hesseltine, BSW

Sharon Hesseltine, BSW is President and CEO of Intentional Beginnings, LLC in Louisville, KY, providing consultation and training to improve services for pregnant and parenting women who have substance use disorders, adverse childhood experiences (ACEs) and trauma. Sharon received a Bachelor of Science in Social Work from Southern Illinois University, and has a post graduate Certificate in Infant and Early Childhood Mental Health from the University of Minnesota. Throughout her career, Sharon has specialized in early childhood development and women's health and addiction. Her career ranges from providing direct services to women through managing two sober living residences to statewide initiatives that call on her skills in public policy, strategic planning, cross sector collaboration, program assessment and marketing. She is a current national trainer for multiple organizations including the Hazelden Betty Ford Foundation for COR-12 and the Great Lakes Addiction Technology Transfer Center for ROSC. She is passionate about developing the capacity of organizations and individuals to better meet the needs of pregnant and parenting women with substance use disorders along with their young children. With her husband, Scott Hesseltine, she currently resides in Louisville, KY.

TH12-AM - Treatment for Two: Promoting Bonding, Attachment and Early Parent Child Relationships in the Treatment Setting - Location: Perry
TH22-PM - Attachment - The Ties that Bind Us: Using Adult Attachment Patterns to Inform the SU Treatment Process - Location: Franklin

Van Ingram

Executive Director for the Kentucky Office of Drug Control Policy. Van joined ODCP in November 2004, shortly after it was created with the mission of coordinating Kentucky's substance abuse efforts in enforcement, treatment and prevention/education.

Van served with the Maysville Kentucky Police Department for more than 23 years, the last six as Chief of Police. He is a former President of the Kentucky Association of Chiefs of Police, and was named "Kentucky Chief of the Year" in 2001. He is the 2004 recipient of the Governor's Award for Outstanding Contribution to Law Enforcement, as well as, the Melvin Shein Award for distinguished service to Kentucky law enforcement.

Van is a certified law enforcement instructor and has trained officers across the state on a variety of topics, including community oriented policing, case management, and "Kentucky Substance Abuse Issues" for Chiefs, Sheriff's and command staff. He is a frequent speaker on a variety of substance abuse issues both in Kentucky and nationally.

MP - Kentucky's Response to the Opioid Epidemic - Location: Crowne A Ballroom

Ed Johnson, M.Ed., MAC, LPC

Ed Johnson obtained a Bachelor's Degree from Auburn University and a Master's Degree in Clinical Counseling from the Citadel. He is currently the Carolinas and Kentucky Program Manager for the Southeast Addiction Technology Transfer Center (Southeast ATTC) located at the National Center for Primary Care, Morehouse School of Medicine in Atlanta. He has over 25 years of experience providing direct services to individuals with Substance Use Disorders (SUD) and Co-Occurring Disorders. He has provided numerous trainings in the Southeast on Addiction and Recovery, Recovery-Oriented Systems of Care, Professional Ethics, HIV/Addiction, Opioid

Dependency/Treatment, issues related to Lesbian, Gay, Bisexual and Transgender (LGBT) Individuals and Addiction and Clinical Supervision. He is currently credentialed/licensed as a Master Addiction Counselor (MAC), a Certified Addictions Counselor (CACII), and a Licensed Professional Counselor (LPC).

M8 - Recovery Oriented Systems of Care: Working Smarter not Harder: Shifting the Focus to Recovery Improves Outcomes - Location: Oldham

W13 - Doing the Same Thing Expecting Different Results: Examining all the Treatment Options for Opioid Use Disorder - Location: Russell

TH11-AM - Language and Its Effect on Addiction - Location: Oldham

TH26-PM - Adults: Increasing Cultural Competency in Working with Sexual and Gender Minority Patients: Inclusivity and Awareness Improve Treatment Outcomes - Location: Perry

Mike Johnson, MSW, LCSW

Michael E. Johnson is a nationally recognized trainer and lecturer in the field of addictions. Over the years he has served the addictions field in many capacities: as a counselor, program director, consultant and trainer. He has developed a series of educational DVD's that are shown throughout the United States within residential AOD treatment settings, correctional institutions and prevention programs. He has worked as a consultant for the Michigan Department of Corrections, New York Department of Corrections, the Federal Bureau of Prisons as well as numerous Drug Courts throughout the country. He served as faculty for Eastern Kentucky University's Alcohol and Other Drug Studies for several years and has conducted classes at colleges and universities.

He studied and graduated from Wayne State University in Detroit, Michigan, acquiring a Bachelor's Degree in Counselor Education (1988) and his Master's Degree in Social Work (1994). He is a Licensed Social Worker, a Certified Advanced Addictions Counselor in the State of Michigan, and in spite of his credentials he possesses a tenacity for learning which has not ceased. He enjoys reading, attending trainings and seminars and loves a lively debate on addiction related topics, counseling techniques and skill building. Michael does not believe that the education and need for training of counselors, therapists, social workers and psychologists ever ceases.

Michael is known for his provocative lecturing style relative to the field of counseling, addiction and recovery and those issues associated with human struggles that are often ignored but so much a part of being alive. He is engaging and notorious for including audience experiences in his presentations.

T6-Ad - SA and Delinquent Behaviors: Treating the Adolescent Offender - Location: Elliott

W1 - Understanding the Cultures of Addiction and Criminality - Location: Crowne B

TH5-AM - Strength Based Recovery Planning: Person Centered Approach - Location: Coronet A

TH19-PM - Strength Based Recovery Planning: Person Centered Approach - Location: Coronet A

Karol Kaltenbach, Ph.D.

Dr. Karol Kaltenbach is Emeritus Professor of Pediatrics at the Sidney Kimmel Medical College of Thomas Jefferson University and Professor of Psychiatry and Human Behavior (retired). She is the former Director of Maternal Addiction Treatment, Education and Research (MATER), a division of the Department of Pediatrics, Sidney Kimmel Medical College of Thomas Jefferson University. MATER includes Family Center, a comprehensive intensive outpatient treatment program for pregnant and parenting opioid dependent women; My Sister's Place, a long-term residential treatment program for women and children; and a research component. Family Center has provided the prototype both nationally and internationally for the management of opioid use disorders during pregnancy and the treatment of neonatal abstinence. She is a member of the College on Problems of Drug Dependence and has been the Principle Investigator of grants from the National Institute on Drug Abuse (NIDA) and the Center for Substance Abuse Treatment. She was the Principal Investigator at the Jefferson site for the NIDA MOTHER clinical trial comparing the use of buprenorphine and methadone in the treatment of opioid dependence during pregnancy and was the lead Principal Investigator of the MOTHER developmental follow-up study. She is a co-investigator of a NIDA funded clinical trial investigating the use of buprenorphine in the treatment of neonatal abstinence syndrome (NAS) and co-investigator of a DHHS Children's Bureau funded intervention project investigating whether the use of a Mindfulness Based Parenting intervention for mothers with opioid use disorders can improve parenting outcomes.

Dr. Kaltenbach is an internationally recognized expert in the field of maternal addiction and has published extensively on the management of opioid use disorders during pregnancy and neonatal abstinence syndrome (NAS); trauma informed treatment for pregnant and parenting women with substance use disorders; and the effect of prenatal drug exposure on the perinatal and developmental outcome of children. She has lectured throughout the world and has participated in the development of national guidelines for the management of opioid dependent pregnant women and their neonates in Australia and Norway.

M14 - Management of Opioid Use Disorders: Care for Pregnant and Postpartum Women and Their Infants - Location: Taylor

Jeanne Keen, R.N., M.S., CADC

Ms. Keen graduated from Eastern Kentucky University with a BS degree in Community Health Education and received her MS at EKV in Education in Allied Health Sciences. Jeanne received her AD in Nursing at Midway College. She is a certified alcohol and drug counselor and a certified batterer intervention provider and has over 30 years of experience working in the chemical dependency field (detox, residential treatment, methadone maintenance, and outpatient). For seven years she worked specifically with pregnant substance abusing women and their children and trained extensively on peri-natal substance abuse. She also has over ten years of experience working with domestic violence perpetrators and victims and has trained on these issues. For two years she was on the staff at The Ridge Behavioral Health as a PRN nurse and worked in the child, adolescents and adult units as needed.

TH1 - Preparing to Become an ADC (Alcohol and Drug Counselor) in KY - Location: Trimble

Henry Lucas, LCSW, LCADC

Henry Lucas has multiple years' experience treating and healing people with substance use disorders. Mr. Lucas is a Licensed Clinical Social Worker and a Licensed Clinical Alcohol and Drug Counselor in the state of Kentucky. Part of his work has been to create a male specific recovery program at a Louisville, KY, center. He believes in the power of the creative group process and enjoys clinical work. Mr. Lucas is an active member of a non-profit organization called Mankind Project and helps facilitate transformational experiences with men several times yearly.

T9 - Healing the Hearts of Men (Dan Griffin Program Focus) - Location: Oldham

Alan Lyme, LISW, ICADC, ICCS, MAC

Alan Lyme, LISW, ICADC, ICCS, MAC, brings respected and innovative clinical and program management skills as the Director of Training for the Phoenix Center in Greenville, South Carolina. Alan is concurrently the Clinical Supervisor and Motivational Interviewing trainer and coach for the SBIRT grant program in SC, following five years of a similar position in Georgia. Alan, with over 20 years in the field, has provided trainings nationally on MI, Clinical Supervision, and Working with Men. He is a co-author on the 2013 book "Game Plan: A Man's Guide to Achieving Emotional Fitness". He received a BSW from Florida Atlantic University and a MSW from Barry University. Alan is a member of MINT (Motivational Interviewing Network of Trainers), an Internationally Certified Clinical Supervisor, an Internationally Certified Alcohol and Drug Counselor, a Master Addictions Counselor, and a certified Leadership Challenge Workshop trainer.

T12 - Game Plan: A Clinician's Guide to Helping Men Achieve Emotional Fitness - Location: Trimble

Mark Miller, M.A., M.S., LMFT

Mark B. Miller, LMFT has been a Clinical Director, Program Director, and is now the State Director for Center for Behavioral Health Kentucky. CBH-KY is an organization dedicated to helping patients with addiction obtain a better life by using medically assisted treatment interventions, counseling and general support. Mr. Miller has worked for CBH for 10 years and now oversees programs in Louisville, Elizabethtown, Bowling Green, and Frankfort, Kentucky. He is a surveyor for CARF and has seen the impact of opioid addiction throughout the nation. He is also the former President of the Board for MensWork, Inc: Eliminating Violence Against Women and promotes male leadership to encourage healthy relationships and ally with other men to stop violence against women.

ME3 - KYTOD Meeting - Kentucky Organization for Treatment of Opioid Dependence - Location: Coronet B

M9 - Foundation Skills for Substance Abuse Counseling - Location: Perry

T13 - The New ASAM - Location: Shelby

W6 - Clinical Challenges: Medically Assisted Treatment and the Opioid Addicted Patient - Location: Grant

Mitchell Moore, BAT, SAP, LCDC, ADC III, ACPS

Mitchell is a Substance Abuse Professional who communicates very clear solutions in his own warm, open, caring style, to audiences of all ages.

Mitchell's experience as an Executive Director of a Charitable Organization, managing programs and staff, overseeing statewide initiatives, writing grants, managing performance based contracts and working with a team of professionals has given him extensive experience working with youth in both prevention and recovery settings.

Mitchell is a dynamic speaker who has a passion for training and helping others develop skills that empower them to lead successful lives.

"I've been told I'm a very creative person, always looking for better ways of doing things."

W7-Px - KY Prevention Ethics (Ends 5:45p.m.) - Location: Madison

TH14-Px-AM - Communication and Facilitation Skills for the Prevention Professional - Location: Russell

Wendy Morris, RN, Commissioner DBHDID

Wendy Morris currently serves as the Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities' Commissioner. She joined the department in 2013 as Deputy Commissioner with oversight responsibility for facilities, implementation of the Interim and Amended Settlement Agreement for community integration of individuals with Serious Mental Illness, coordinating a SAMHSA Leadership Academy to reduce Kentucky's tobacco prevalence rate, and other special projects. Prior to joining BHDID, she served as Executive Director of Appalachian Regional Hospital's Psychiatric Center in Hazard and Chief Nursing Officer ARH's Regional Medical Center.

Throughout her career, she has embraced holistic treatment and been an advocate for quality education, services, and care for individuals suffering from mental illness and their families. She is a past President of NAMI Kentucky, and continues to maintain close ties with various community and advocacy organizations related to her life's work.

She is a Registered Nurse, who received her MSN in Community Health Nursing from University of Kentucky and her BSN from State University of New York. She resides in Frankfort, Kentucky, with her husband and two children.

MP: Kentucky's Response to the Opioid Epidemic - Location: Crowne A Ballroom

Tara Moseley, B.S.

Tara Moseley is a student at the University of Louisville, completing a Bachelor degree in Political Science, Public Policy and Pre-Law, with a minor in Social Work. Tara has helped to develop two successful transitional living houses for women in the Louisville, Kentucky area. She facilitated trainings at a local Homeless Shelter with a Recovery Program, for people seeking higher education, and employment. Tara is also a person in long term recovery, and has been in recovery since April of 2011. In May of 2014, Tara began working with Young People in Recovery because she watched many of her peers struggle to maintain their recovery because of living circumstances, employment and lack of support; herself included. She has established a chapter in her community in Louisville, Kentucky. The local chapter has trainings that are open and free to the public for those seeking higher education and employment. She has worked with SAMSHA, BRAS TACS, the Department of Behavioral Health Developmental and Intellectual Disability to design a standard for youth peer support services and to bring awareness of recovery across the Midwest region.

TH21-Ad-PM - Youth Peer Support and Recovery Support Services: Facilitated Panel Presentation - Location: Pendleton

Michael Nerney, Ph.D.

Michael Nerney is a consultant in Substance Abuse Prevention and Education, with over twenty-six years' experience in the field. He is the former Director of the Training Institute of Narcotic and Drug Research, Inc. Previous to the Director position, Mr. Nerney held a position as a training specialist for NDRI. His particular areas of expertise include Psychopharmacology, Adolescent Chemical Dependency, and Managing Violent Incidents.

Mr. Nerney's understanding of adolescent issues is drawn from twelve years' experience as a teacher and coach at the junior high and high school levels. He went on to add four years' experience in the chemical dependency field as a chemical dependency counselor and Director of the Drug Abuse Prevention Council in Hamilton County, NY, before joining the staff of NDRI in 1984.

Michael Nerney is an internationally known lecturer, and has served as consultant to a number of federal and state agencies, including the National Office of Drug Court Policy, the National Office of Juvenile Drug Court Policy, the Office of Substance Abuse Prevention and the Bureau of Justice Assistance; the New York State Education Department, Department of Social Services, Division for Youth, Department of Correctional Services, Division of Parole, Division of Criminal Justice Services and Governor's Office of Employee Relations. Mr. Nerney has also provided consultation on drug courts and other areas of training and technical assistance in 49 states across the country.

During 2016, Mr. Nerney worked extensively with the Department of Justice to research and create presentations related to understanding and responding to the current opioid addiction crisis.

Every year Mr. Nerney meets with small groups of students at the middle school, high school and college levels to research current drug trends. With this information, combined with the latest findings in social and scientific research, he develops training programs for school administrators, counselors, teachers and parents.

Mr. Nerney recently served as the consultant in the development of the learning centers for the Eckert Drug Quiz Show in New York State. He has been a consultant for two of the major television networks and recently appeared on the ABC program 20/20. He is the father of four children.

WP-PX - The New Cannabis Culture: Can Prevention Prevail? - Location: Crowne A Ballroom

W9-PX - Risky Business: Why Adolescents Love Risk-Taking, and What can Prevention do to Help Manage It - Location: Perry

Dr. Cardwell C. Nuckols, Ph.D

Dr. Cardwell C. Nuckols is described as “one of the most influential clinical and spiritual trainers in North America.” Dr. Nuckols’ passion and mission is to assist in the integration of emerging scientific research with traditional spiritual and self-help knowledge. From this integration comes knowledge, inspiration and technique helpful to those whose practice assists alcoholics, addicts and other mental health patients find healing and their personal road to recovery.

Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His latest publication is entitled *The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding*. Dr. Nuckols’ first book *Cocaine: Dependency to Recovery*, is a trade best seller, as are his booklets *Quitting Heroin*, *Quitting Alcohol* and *Quitting Marijuana (Hazelden)* and *Healing the Angry Heart*.

Dr. Nuckols’ formal educational background includes advanced work in such areas as medical research, pharmacology, neurobiology, education and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity.

For over 30 years, he has gratefully served the healthcare industry in multiple capacities as a clinician, supervisor, program director and hospital administrator. During his career Dr. Nuckols has been awarded national honors including the SECAD, Swinyard, University of Utah School on Alcohol and Other Drug Studies Service Award and Gooderham award, as well as, being recognized for his contributions to The American Society of Addiction Medicine’s Patient Placement Criteria. Dr. Nuckols is on the review board of *Counselor Magazine* and serves as the conference chairperson for national conferences including the US Journal offerings “Neuroscience Meets Recovery” and “Clinical Skills”.

M1 - Removing Defects of Character: A New Way to Look at Things - Location: Crowne B

T1 - Neurobiology: Addictions and Mental Health-Become a Knowledgeable Neuroplastician and Improve Client Outcomes - Location: Crowne B

W4 - Evidence-based Treatment of Opioid Addiction: From Pill to Powder: Creating the Best Opportunity for Recovery - Location: Coronet B

TH3-AM - Understanding and Treating Cannabis (Cannabinoid) Use Disorder - Crowne B

TH17-PM - Understanding and Treating Cannabis (Cannabinoid) Use Disorder - Crowne B

Ben Reno-Weber, MBA, MPA, B.A.

Ben Reno-Weber is a social entrepreneur whose career has been dedicated to creating opportunities for all people to reach their full potential. He worked with micro-entrepreneurs, government agencies, non-profits, and Fortune 100 companies before returning to Kentucky to run the YMCA’s civic engagement programs for middle and high school students. He is currently the Chief Storyteller for a tech start up called MobileServe that is focused on building a culture of service in organizations and communities by tracking and communicating social good. He also moonlights as the Project Director of the Greater Louisville Project, a donor-funded think tank that is dedicated to using data to catalyze social change.

Ben holds an MBA from Harvard Business School, a Master’s in Public Administration from the Harvard Kennedy School, and a BA in International Affairs from George Washington University. He speaks Spanish and Bosnian and in his spare time is a World Champion competitive watermelon eater.

TH29-Px-PM - How Disruptive Thinking Can Transform Prevention Work - Location: Taylor

Todd Reynolds, MSSW, CADC

Todd Reynolds has been in the addictions field since 1978. He has a Master of Science in Social Work from the Kent School of Social Work at the University of Louisville. He is a Certified Alcohol and Drug Counselor (CADC) in Kentucky and an Internationally Certified Alcohol and Drug Counselor (ICADC) by the IC&RC. He has served as a counselor, counselor supervisor, coordinator, manager, administrator, and director. He has worked in assessment/evaluation, detoxification, short and long term residential, traditional long term outpatient, and intensive outpatient. He has worked with adolescents, adults, individuals, groups and families with addictions and co-occurring disorders. He has worked in public and private psychiatric hospitals, treatment centers and outpatient facilities as well as in prison. He has written and implemented several programs at all levels of treatment. He has presented at state conferences in addition to facilitated workshops and retreats in the public and private sectors. He has served on practicum faculty for the Kent School of Social Work at the University of Louisville. He currently is in private practice in Louisville, KY, working with individuals, couples, families and groups.

ME3 - KYTOD Meeting - Kentucky Organization for Treatment of Opioid Dependence - Location: Coronet B

T9 - Healing the Hearts of Men (Dan Griffin Program Focus) - Location: Oldham

TH15-AM - Family Intervention Strategies: Assisting Families in their Own Process from Addiction through Recovery - Location: Taylor

TH23-PM - Family Intervention Strategies: Assisting Families in their own Process from Addiction through Recovery - Location: Grant

Paula Riggs, MD

Dr. Paula Riggs is Professor and Director of the Division of Substance Dependence in the Department of Psychiatry at the University of Colorado School of Medicine. Dr. Riggs is nationally known for her treatment research in adolescents with co-occurring substance and other psychiatric disorders and has served as an expert consultant to numerous federal and state agencies. She and her University of Colorado research team have developed one of the first evidence-based, integrated mental health and substance treatment interventions for adolescents and young adults with co-occurring disorders, known as Encompass. Dr. Riggs has trained hundreds of clinicians, nationwide in evidence-based assessment and treatment of youth with substance and mental health problems.

M5-Ad - Evidence-Based Approaches for Integrating Substance and Mental Health Treatment for Adolescents and Young Adults with Co-occurring Disorders - Location: Elliott

Kelly Ruff, M.Ed., LPCA

Kelly Ruff is a licensed mental health counselor currently serving as an Assertive Community Treatment Team leader with Bluegrass. Org. A native of Louisville, KY, and resident in Lexington, Kelly is a proud graduate of J. Graham Brown High School. Following the pursuit of a Bachelor of Arts in Gender and Women's Studies from the University of Kentucky she went on to earn a Master of Education in Counseling and Human Development from Lindsey Wilson College. Prior to her work with the Severe and Persistent Mentally Ill population Kelly served clients with Traumatic Brain Injuries as a Case Manager for Neuro Restorative Lexington. Kelly is dually employed with a position as an adjunct instructor for Lindsey Wilson College. As an advocate, teacher, lifelong student, and trainer Kelly's motto "a heart for people, a passion for restoration, and a spirit to serve" illustrates her ever growing desire to support, revive and rebuild her community. Kelly enjoys teaching and is active in serving her community and church by tutoring. Kelly enjoys reading, singing and creative expression through arts, crafts and cooking.

TH10-AM - Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery - Location: Madison

TH24-PM - Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery - Location: Madison

Mark Sanders, LCSW, CADAC

Mark Sanders, LCSW, CADAC, is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada and the Caribbean Islands. He is co-author of Recovery Management and author of Relationship Detox: How to Have Healthy Relationships in Recovery. He has had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is entitled, Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. He is a lecturer at the University of Chicago.

M2 - Father Hunger/Father Wounds: Intervention Strategies with Chemically Dependent Clients Impacted by Fatherlessness - Location: Crowne C

T2 - Integrating Spirituality into Addictions and Mental Health Counseling - Location: Crowne C

W2 - Gender Competent Addictions Treatment: A focus on men and women seeking recovery - Location: Crowne C

TH16-AM - Therapeutic Benefits of Humor in Addiction Treatment - Location: Whitley

TH30-PM - Therapeutic Benefits of Humor in Addiction Treatment - Location: Whitley

Brian Serna, LPCC, LADAC

Brian Serna, LPCC, LADAC is an international trainer and consultant in Evidence Based Practices (EBPs), ethics and cultural issues in behavioral healthcare. Mr. Serna excels at designing programs that implement EBPs with individuals who are resistant to change and have cultural barriers to accepting treatment. He has extensive experience working with gang-involved adolescent males and homeless youth in Albuquerque, NM. He has trained clinicians in the Adolescent-Community Reinforcement Approach (A-CRA) and Community Reinforcement Approach and Family Training (CRAFT) since 2001 having received his training and supervision directly from Dr. Robert J. Meyers. He is a member of the Motivational Interviewing Network of Trainers (MINT) and a Motivational Interviewing Supervisor Trainer (MIST) and has assisted programs in using MI techniques and strategies in working with resistant adolescents. He has trained and consulted with programs in over twenty different states and five different countries. Brian is on the faculty at Southwestern College in Santa Fe, NM, and at the University of New Mexico's Substance Abuse Studies Program. His company, Serna Solutions LLC, provides consultation services and direct behavioral health services to adolescents and their families.

WE2 - Film and Facilitated Discussion: Generation Found - Location: Coronet A

Kris Shera, MPA, B.A.

Kris Shera joined the United States Army as a combat medic and then a mental health specialist immediately after graduating from high school in Frankfort, KY. His experience included working on an inpatient psychiatric ward and then in an outpatient behavioral health clinic at Ft. Leonard Wood Army Community Hospital. Upon his honorable discharge in 2005 Kris spent one year working as the lead toddler teacher at People Understand Special Handicaps, a pre-school that specialized in children with physical, developmental and intellectual disabilities. Following this Kris earned a Master's in Public Administration from Kentucky State University and subsequently began working for the Legislative Research Commission in Frankfort, Kentucky, as a policy analyst and committee parliamentarian for the Senate Committee on Veterans, Military Affairs and Public Protection. After working for the Kentucky General Assembly for 7 years Kris accepted a position as the Project Director for Kentucky's Medication Assisted Treatment – Prescription Drug and Opioid Abuse (MAT-PDOA) Targeted Capacity Expansion grant. In this role Kris is working with two implementation sites to engage community members and stakeholders; develop a collaborative, long term, client centered approach to integrate behavioral and medical treatment for pregnant and parenting women; and establish a sustainable recovery oriented system of care.

SP - Focus: The Grassroots Speaks: Peer Support Specialists in Kentucky: Bringing Empathy and Understanding to the Substance Abuse Treatment Continuum - A Panel Discussion - Location: Coronet A/B

Frank Snyder, Ph.D., LCSW, MSW

Frank Snyder has lived in Bowling Green, KY, for ten years and worked at LifeSkills for eight. He did his graduate work at Ohio State University, earning a MSW and Ph.D. His treatment interests are in addictions and trauma. He is board certified as a trainer in Psychodrama, Sociometry and Group Psychotherapy. In addition, in the last eight years his new learning has been in the area of mindful based therapies, completing training in Mindful Based Stress Reduction, Mindful Based Cognitive Therapy, Mindful Based Relapse Prevention and Mindful Based Approaches to Eating Disorders.

T14 - Mindfulness: Meditation for Self Care and Client Treatment: An Evidence Based Practice - Location: Russell

Katie Stratton, M.S., LPCA

Katie Stratton, M.S., LPCA, received her master's degree in clinical psychology at Capella University. Ms. Stratton is a Training and Development Specialist for the KY Department for Behavioral Health Developmental and Intellectual Disabilities, Adult Substance Abuse Treatment & Recovery Services Branch. She is the Ky-Moms MATR Coordinator and Kentucky Women Services Coordinator as recognized by NASDAD and SAMHSA. Ms. Stratton is currently serving on the Kentucky Prescription Drug Taskforce as a team member, working to improve birth outcomes with substance exposed infants. She began her career as a child and adolescent therapist in a Psychiatric Residential Treatment Facility and recently made the switch to the state level in June 2014. As a Licensed Professional Counseling Associate, she can provide both clinical services and technical assistance in the areas of mental health and substance abuse treatment. She also serves as the President of Salvisa Ruritan Club in Salvisa, KY, where she resides with her husband, daughter and many animals on the family farm.

ME1 - 2017 Film and Facilitated Discussion: Never Me: The Debby Terry Story - Location: Crowne C

Jessica Sucik, LCSW

Jessica is a Licensed Clinical Social Worker for a community mental health organization in the Bluegrass State and received a Bachelor and then Master of Social Work Degree from Eastern Kentucky University and the University of Kentucky, respectively. She has specialized primarily in significant mental health and social problems in children, adolescents and adults. Working from a client-centered perspective, Jessica has engaged in out-patient, home and school-based, as well as day-treatment therapeutic programs and now, with intensive and assertive programming designed to interrupt cycles of institutionalization for individuals experiencing serious mental illness. Jessica has a passion for community mental health, advocating for change to mitigate the impact of political, societal, institutional and individual discriminatory practices that contribute to, and exacerbate mental and behavioral health issues. Jessica's ultimate professional goal is to create and provide compassionate, quality mental health services to support clients in living their best possible life.

TH10-AM - Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery - Location: Madison

TH24-PM - Chronic Homelessness and Engagement: Using Targeted Case Management as a Gateway to Recovery - Location: Madison

Laurie Barger Sutter, MCRP, BSAS, B.A.

Laurie Barger Sutter has 30 years of experience in developing and directing comprehensive social, public and behavioral health initiatives across organizational boundaries at all levels. With a background in architecture and community and regional planning, her professional focus has been on the "social architecture" of creating multi-sector systems that can effectively address complex

social and public health issues to significantly enhance the well-being of people. She has worked in state and local government, for national training and technical assistance initiatives and administered multiple statewide and school-and community-based initiatives for a range of federal agencies that include the Substance Abuse and Mental Health Services Administration, the U.S. Centers for Disease Control and Prevention, the U.S. Department of Education and the Corporation for National Service.

M6-Px - Using Systems Thinking to Create Vibrantly Effective Prevention Systems - Location: Franklin

Debby Terry, B.A.

For Beattyville native Debby Terry, the lead peer support specialist for Kentucky River Community Care (KRCC), who spent nearly three decades trapped in habitual drug use, *Never Me: The Debby Terry Story* is the culmination of a seemingly improbable journey.

"As a 30-year addict, I saw nothing but torment. For me to have something good come out of that amazes me," Terry said. Terry's downward spiral into addiction began when she was 14 years old. After witnessing her mother's violent death at the hands of her father, doctors prescribed the girl Xanax, a medication that would slowly begin to take over her life.

At her worst, Terry was consuming a daily cocktail of Xanax, meth, and Oxycontin, claiming she "didn't draw a sober breath for 10 years."

Eventually, she was handed a 10-year prison sentence, losing not only her freedom, but also her children. "I had lost everything," Terry said. "I started praying to God that, if he would get me through this, I would do whatever it took to change my life and get sober." That first step, taken at her life's rock bottom, led Terry down a storybook road.

She successfully navigated KRCC's Solutions program, which, in part, offers intensive treatment to women addicted to alcohol and/or drugs. Following a period serving as a mentor to other addicts, Terry became the first felon ever hired by KRCC. "I went from being a prisoner to being the lead peer support (specialist) at Kentucky River," Terry said.

KRCC's peer specialists, all of whom have a behavioral health condition, provide social and emotional support to others sharing a similar behavioral health condition to bring about a desired social or personal change. And, after years of trying, Terry won back her children. "The outpouring of love and support for Debby has just about brought me to tears," said Charles Shouse, director of *Never Me*. "Her story is so powerful. It's touched so many people." "Debby Terry is a true inspiration and a survivor," he said.

As for the movie about her life, Terry said she didn't agree to make it for herself, but for all of the people who will follow after her. "It's (for) all of these 20 year olds and 18 year olds who may have a chance now," she said. "People are finally hearing us and accepting us," Terry continued. "They're finally accepting that we have a disease and that we're not just horrible people who want to be this way."

Ultimately, Terry said she wanted other addicts to know they are not alone and that they can turn their lives around by reaching out for help.

"The story is mine, but it's not all about me," Terry said. "It's all about the people I want to hear my story and say, 'Well, she did it. If she did it, I can.'"

ME1 - 2017 Film and Facilitated Discussion: Never Me: The Debby Terry Story - Location: Crowne C

Cynthia Moreno Tuohy, NCACII, CDCIII, SAP

Cynthia Moreno Tuohy is the Executive Director of NAADAC, National Association for Alcoholism and Drug Abuse Counselors. She previously served as the Executive Director of Danya Institute and the Central East Addiction Technology Transfer Center. Prior to this she was the Program Director for Volunteers of America Western Washington, serving homeless populations and dealing with the co-occurrence of poverty and substance abuse issues. In addition, she has been the administrator of multi-county, publicly-funded alcohol/drug prevention/ intervention/treatment centers with services ranging from prenatal care to serving the elderly for over 30 years. She has been a trainer in Domestic Violence/Anger Management and Conflict Resolution for over 25 years as well as an international, national and state trainer in a variety of topics. She has served as President of NAADAC, Certification Board Commissioner, International Chair, Treasurer and Legislative Chair for NAADAC. Ms. Moreno Tuohy holds a Bachelor's Degree in Social Work. Ms. Moreno Tuohy is a curriculum writer in addiction screening and evaluation, counseling methods, conflict resolution, co-occurring disorders and medicated assisted treatment and recovery. Her book, "Rein in Your Brain; from Impulsivity to Thoughtful Living in Recovery" was published in 2014 by Hazelden Publishers. Cynthia has been interviewed on the Kim Pagano Show, Marilu Henner Show, One Hour at a Time, VoiceAmerica, and Recovery Coast to Coast. Cynthia has many articles published in national and other trade magazines.

Cynthia received her Bachelor of Science in Social Work/Sociology & an Alcohol and Drug Program Certificate from the Washington State University in 1975 and graduate Cum Laude, and has also done advanced studies in social work at the Eastern Washington

University in/from 1976 –1977 and Advanced Studies in Public Administration at Seattle University in/from 1983- 1984.

TP - Treatment Trends for 2017. . . Ready or Not! - Location: Crowne A Ballroom

TW2 - Romancing the Brain - Location: Day 1 - Taylor, Day 2 - Whitley

Mike Vance, MBA, ICADC, ICPS, LSW

Mike Vance began to serve in the Chemical Dependency profession in October 1970 and developed early eastern Kentucky programs for Substance Use Disorder intervention/education. Mr. Vance served in Community Mental Health (Mountain Comprehensive Care) for thirty years, then as an administrator for private child care (Buckhorn Children’s Center) for ten years. He currently serves as adjunct faculty for the College of Social Work, University of Kentucky, and for the School of Sociology, Social Work and Criminal Justice, Morehead State University. Mike continues in the Substance Use Disorders profession as a private practitioner, clinical supervisor, educator and consultant through his firm Mike Vance & Associates of Prestonsburg, Kentucky. Mike is a native and life-long resident of east KY, a “Coal Camp Kid” born and raised in Wheelwright, KY. He currently resides in Prestonsburg with his wife, Leah, and his adult son, Wes.

W3 - Intermediate to Advanced Motivational Interviewing for Skill Development & Supervision - Location: Coronet A

TH1 - Preparing to Become an ADC (Alcohol and Drug Counselor) in KY - Location: Trimble

Michael Weaver, MD, DFASAM

Dr. Michael Weaver is a Professor in the Department of Psychiatry and Medical Director of the Center for Neurobehavioral Research on Addictions (CNRA) at The University of Texas Health Science Center McGovern Medical School at Houston. He received his M.D. degree from Northeast Ohio Medical University, and completed Residency in Internal Medicine and a Clinical Research Fellowship in Addiction Medicine at Virginia Commonwealth University (VCU) Health System, and he is Board-certified in both Internal Medicine and Addiction Medicine. He is currently involved in patient care, medical education and research. Dr. Weaver sees patients in the Innovations Addiction Treatment Clinic at the Texas Medical Center in Houston. For over 20 years, Dr. Weaver has treated patients with addiction to alcohol and drugs, including adolescents and has conducted scientific research on treatment of addiction.

W5-Ad - Medication-Assisted Treatment for Adolescents - Location: Elliott

Geoff Wilson, LCSW, CADC

Geoff Wilson is a licensed clinical social worker and certified alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields for over 20 years. He has been employed with The Ridge Behavioral Health System in Lexington, KY, for the last nine years, where he has held the positions of Director of Addiction Services, as well as Director of Clinical Services for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient department. He currently serves as their Director of Business Development. He served as the president of the Kentucky Adolescent Substance Abuse Consortium for over 10 years. In 2004, he received the Robert Straus Award for Outstanding Service in the Field of Substance Abuse Treatment in Kentucky and in 2008 was appointed by Governor Steve Beshear to the Kentucky Board of Certified Alcohol and Drug Counselors. He maintains a private counseling practice in Lexington, KY, where he treats adults, adolescents, and families.

ME2 - KASAC - KY Adolescent Substance Abuse Consortium Meeting: Evidence Based Approaches for the Adolescent Substance Abuse Client - Location: Coronet A

M7 - Substance Use Disorders and Suicidality: What Everyone Needs to Know - Location: Madison

TW1 - Best Practices in Clinical Supervision (The training fulfills clinical supervision requirements: 908KAR 1:310 and 908 KAR 1:370; 6 CEU hours/day, ends at 5:45) - Location: Franklin

WE1 - LCADC Board Meeting - Location: Crowne B

TH7-AM - Re-Licensure Ethics for Social Work, Alcohol and Drug Counselors, and Other Counselor Professions (Does not include LMFT Ethics requirements standards) - Location: Pendleton

TH20-PM - Core Competencies and Supervision for Alcohol and Drug Peer Support Specialists - Location: Coronet B

Thomas Workman, Ph.D.

Thomas Workman has more than fifteen years of experience working with communities and institutions to address illegal and excessive consumption of substances by young adults through evidence-based environmental strategies. His experience working in alcohol and other drug misuse includes ten years as Associate Director and Communications Coordinator of a campus-community coalition in Lincoln, Nebraska, through funding from the Robert Wood Johnson Foundation’s “A Matter of Degree” Program. The coalition’s approach was awarded as a Model Program by the U.S. Department of Education, and Dr. Workman received a Facilitator’s Award from the Center for Excellence in Higher Education Law and Policy at Stetson College of Law for his work in Nebraska. He now serves as a member of the Board for the Center and faculty member for the National Conference on Law and Policy. Since leaving Nebraska, Tom has worked to replicate and expand his work in prevention, working with communities across the country to create community-based coalitions that employ environmental strategies through a variety of funding sources including the U.S.

Department of Education, EUDL and SPF SIG. Tom served as the Community Coach for Bloomington-Normal Community-Campus Committee, a grant funded coalition of twin towns and four college campuses. Tom has served in a variety of national leadership roles in substance abuse prevention, as a Fellow for the United States Department of Education's Higher Education Center for Alcohol, Drug and Violence Prevention, a member of the Council of Advisors for the Network Addressing Collegiate Alcohol and Other Drug Abuse, and as the National Chair for the NASPA Alcohol and Other Drug Knowledge Community. Currently Tom serves as the Higher Education Task Lead for the National Center for Safe and Supportive Learning Environments, as a faculty expert for the National College Health Improvement Project (NCHIP) through Dartmouth College and as a consultant to a joint NCAA/NASPA effort to engage athletic coaches in alcohol prevention and intervention. Tom has published a variety of book chapters, monographs and articles on the subject and is currently finishing a chapter on the use of Edgework (voluntary risk-taking) in alcohol prevention for the Sage Handbook of Risk Communication. Tom is a member of the Editorial Board for Health Communication and reviews manuscripts for a variety of other academic journals including Health Affairs, Communication Quarterly and Journal of Men's Studies.

T8-Px - How to Market Prevention to Community Stakeholders and Legislators - Location: Madison

W14 - Grants: Funding the Work: Successful Grant Seeking and Writing - Location: Taylor