

Overview

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One 12 Hour workshop/6 hours each day/ Total 12 CEUs Ends at 5:45pm on both days. **Note: put end time in abstract**

Title: Best Practices in Clinical Supervision

The training fulfills the clinical supervision requirements outlined in 908 KAR 1:310 and 908 KAR 1:370. NOTE: Workshop ends at 5:45pm each day.

Audience: This class is for those who have experience in the field of addictions and who are entering role of clinical supervisor or who would like to improve on their clinical supervision skills.

This is a two day workshop offering 12 CEUs beginning at 10:30am and ending at 5:45pm each day--6 hours each day. The training fulfills the clinical supervision requirements outlined in 908 KAR 1:310 and 908 KAR 1:370. It will provide attendees with an in-depth overview of what clinical supervision is in practice. Various models of supervision will be reviewed along with how a particular supervision model may best fit a supervisor. Specific issues that clinical supervisors are often confronted with will be discussed in an in-depth fashion (program morale issues, supervisees that may not want to be supervised, ethical issues, etc.) This is an interactive workshop where attendees will have the opportunity to establish and improve on practical clinical supervision skills.

Objectives:

- 1) Explore the path that individuals often take to becoming a clinical supervisor
- 2) Discuss stages of change for individuals becoming effective clinical supervisors and specific techniques to maintain effectiveness.
- 3) Review various models of clinical supervision and identify techniques that can enhance approaches to becoming more effective.
- 4) Discuss common pitfalls that clinical supervisors often are addressing and ways to effectively address them.
- 5) Addressing problematic supervisees will be explored along with an emphasis on effective feedback by clinical supervisors.
- 6) The difference between case management, case staffing, and “spending 8 hours with supervisees and counting it as supervision” vs. actual clinical supervision will be highlighted.