

**2015** *42nd Annual*  
**KENTUCKY SCHOOL**  
of Alcohol & Other Drug Studies



**AUGUST 16-20, 2015**

**LOUISVILLE, KY**  
**THE CROWNE PLAZA HOTEL**

SPONSORED BY:  
**KENTUCKY DEPARTMENT FOR BEHAVIORAL HEALTH,  
DEVELOPMENTAL AND INTELLECTUAL DISABILITIES**

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# WELCOME/OVERVIEW



**CABINET FOR HEALTH AND FAMILY SERVICES  
DEPARTMENT FOR BEHAVIORAL HEALTH,  
DEVELOPMENTAL AND INTELLECTUAL DISABILITIES**

**Steven L. Beshear**  
Governor

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**Audrey Taysse Haynes**  
Secretary

**Mary Reinde Begley**  
Commissioner

Greetings!

Thank you for your interest in the 2015 Kentucky School of Alcohol and Other Drug Studies (KSAODS). In this, the 42nd year of the KSAODS, conference planners have preserved the most valued elements of years past, while offering new, cutting-edge substance use prevention and treatment information. There are foundational prevention and treatment courses, advanced multi-day courses, peer/professional group meetings, a large exhibit hall with entertainment, and the Tuesday Evening Awards and Banquet with live music.

New features this year include a poster presentation session and specialized tracts dedicated to Prevention Specialists Certification and Adolescent Substance Use Prevention and Treatment. Please take time to view our offerings. I think you'll see many opportunities, professional development and personal rejuvenation throughout the week.

We look forward to seeing you in August!

Regards,

A handwritten signature in blue ink that reads "Mary Reinde Begley".

Mary Reinde Begley  
Commissioner

# SPONSORS/CONTRIBUTORS/ACKNOWLEDGEMENTS

## Sponsored by:

Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities  
Division of Behavioral Health  
and  
Eastern Kentucky University/Training Resource Center/College of Justice and Safety

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## Co-Sponsors:

University of the Cumberlands School of Counseling  
Stepworks Recovery Center

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## Contributors:

Prevention Research Institute  
Kentucky Association of Addiction Professionals  
University of Kentucky - AHARTT  
(Adolescent Health and Recovery Treatment and Training)  
Southeast ATTC  
(Addiction Technology Transfer Center Network)

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## Acknowledgements:

Conference Coordinator: Trude M. Scharff, M.Ed.

### Planning Committee Members:

Maggie Schroeder, Connie Smith, Kate Goodenough Hackett, Patti Clark, Stephanie Turner, Johnnie Woods, Sara Barker, Michele Blevins, Adam Trosper, LeeEtta Cummings, Heath Dolen, Kathy Mounts, Jan Ulrich, Denise Holman, Mark Fisher, Katie Stratton, Steve Cambron, Rob Evans, Caroline dela Rosa, Michelle Kilgore, and Ron Easterly

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*The Cabinet for Health & Family Services, Department for Behavioral Health, Developmental & Intellectual Disabilities does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodations including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.*

# WEEK AT A GLANCE - BY EVENT TYPE

**CHECK IN:** Crowne A Ballroom - Sunday, 2-6 p.m.; Monday-Wednesday, 8-10:15 a.m.; Thursday, 7:30-8:45 a.m.

**DAILY PLENARIES:**

Day	Plenary Title	Presenter	Time
<b>Sunday</b> Coronet A & B	<b>The Grassroots Speaks: Transformation From Active Addiction to Recovered Professional</b> (1 CEU) Meet and Greet reception from 6-7 p.m. (refreshments)	<b>Shelia Cundiff, LCSW, CADC</b>	5-6 p.m.
<b>Monday</b> Crowne A Ballroom	<b>According to the ACA, It's a New Healthcare World: Where Do Addiction Services Fit In?</b> (1 CEU)	<b>Becky Delozier Vaughn, M.S.Ed</b>  Opening Remarks: <b>Audrey Tayse Haynes</b> Secretary, Cabinet for Health & Family Services  <b>Mary Reinle Begley</b> Commissioner, Department for Behavioral Health Developmental & Intellectual Disabilities	8:30-10 a.m.
<b>Tuesday</b> Crowne A Ballroom	<b>Prevention: Current State of Research in Prevention Practice</b> (1 CEU)	<b>John Clapp, Ph.D., FAAHB</b>	9-10 a.m.
<b>Wednesday</b> Crowne A Ballroom	<b>The Art and Science of Healing: Finding the Healing Self Inside</b> (1 CEU)	<b>C.C. Nuckols, Ph.D.</b>	9-10 a.m.

**WORKSHOPS:** Monday-Wednesday: Full day workshops (5 CEUs): 10:30 a.m. - 12 p.m./1:15-4:45 p.m. - afternoon break. Thursday: Full day workshops (6 CEUs): 9 a.m.-4:15 p.m - with a.m. and p.m breaks. Half-day workshops (3 CEUS each session): 9 a.m.-Noon and 1:15-4:15 p.m.

**LUNCH:** 12-1:15 p.m. Crowne A Ballroom - provided daily; Monday & Thursday, buffet; Tuesday & Wednesday, box lunch

**LUNCH PRESENTATIONS & MEETINGS:**

Day	Presentation/Meeting	Location/Time	Notes
<b>Monday</b>	<b>Mary Reinle Begley</b> Commissioner DBHDID	Crowne A / 12:15-12:45 p.m.	<b>Prevention to Aftercare: Kentucky's Vision for a Robust and Integrated System of Behavioral Health Care</b>
<b>Tuesday</b>	<b>KAAP Annual Meeting</b>	Crowne B / 12-1 p.m.	Pick Up Box Lunch
<b>Wednesday</b>	<b>CADC Board</b>	Crowne B / 12-1 p.m.	Pick Up Box Lunch/ (1 CEU)

**EVENING EVENTS:**

Day	Event	Location/Time	Notes
<b>Monday</b>	KASAC Meeting/Program	Coronet A / 5:30-7:30 p.m.	Robert Daniels, M.A., Geoff Wilson, LCSW, CADC Guest Contributor Ginny Sprang, Ph.D. - <b>Adolescents, Trauma &amp; Adverse Childhood Experiences</b> (2 CEUs)
	Documentary by Sheila Ganz - "On Life's Terms: Mothers in Recovery"	Crowne C / 5:30-7:30 p.m.	Documentary/Discussion (2 CEUs) Facilitator: Katie Stratton, M.S., LPCA
<b>Tuesday</b>	KSAODS Appreciation Awards Banquet (cost included in full-week ticket, please indicate attendance at registration)	Crowne A / 5:30-7:30 p.m.	Dinner Speaker: <b>Changing Negative Public Attitudes: Language Matters</b> - Tom Coderre, SAMHSA Senior Advisor to the Administrator, former Rhode Island Senator, National Faces and Voices of Recovery (1 CEU). Live Band - Don Rogers Band begins at 4:45 p.m.
<b>Wednesday</b>	Current Research: Findings from the Field - Poster Presentations	Crowne A / 4:30-6 p.m. Reception with opportunity to interact with poster creators	Reception with opportunity to interact with poster creators (no CEUs)
	Evening Workshop	Crowne C / 5:30-7:30 p.m.	<b>Needle Exchange &amp; Integrated Treatment for Opiate Addiction</b> - Barbara Carter, Senior Substance Abuse Counselor, The MORE Center (2 CEUs)
	Film Presentation - "Anonymous People"	Coronet A / 5:30-7:30 p.m.	Documentary/Discussion (2 CEUs) Facilitator: Mike Barry, B.A.

**DAILY EVENTS:** Exhibit Hall will be open Sunday 12-5 p.m. and Monday-Thursday, 8:30 a.m. - 4 p.m.  
Recovery 12 Step Meetings, Open Discussion - Monday, Tuesday, Wednesday, Thursday - 7-8 a.m., Hancock Room

**NEW THIS YEAR:** We have lots of new additions to Kentucky School this year. Check out the details starting on page 14 of this year's catalog. Look for the heading "New This Year."

# WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Sunday</b>				
S1	Transformation from Active Addiction to Recovered Professional	Shelia Cundiff	Coronet A & B	1
<b>Monday and Monday/Tuesday</b>				
MP	According to the ACA It's A New Healthcare World: Where Do Addiction Services Fit In?	Becky Delozier Vaughn	Crowne A Ballroom	1
M1	Integrating Spirituality into Addictions and Mental Health Counseling	Mark Sanders	Crowne C	5
M2-Ad	Group Counseling for Adolescents: Knowledge and Techniques for Effective Group Leadership	Tony Watkins	Coronet A	5
M3	Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder	Shelia Cundiff	Coronet B	5
M4	Re-Licensure Ethics for Social Work, CADC and Other Counselor Professions (LMFT Not Included)	Geoff Wilson	Elliot	5
M5	Cultivating Best Friends Forever (BFFs) in Healthcare: Integrating with Primary Care	Becky Delozier Vaughn	Franklin	5
M6-Px	Preventing Substance Use Disorders By Taking Action on the Social Determinants of Behavioral Health	Ruth Shim	Grant	5
M7	Exploring Peer Support	Andrea Morris	Madison	5
M8	Cognitive Therapy for Addictions	Todd Reynolds	Perry	5
M9-Px	Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Demetra (Dee) Antimisarius	Trimble	5
M10	Creating an LGBTQ Safe Space: Inclusivity and Awareness Improve Treatment Outcomes (lesbian, gay, bisexual, transgender, and questioning)	Ed Johnson	Shelby	5
M11	Clinical Challenges: Working with Men in Recovery	Mark Miller	Russell	5
M12-PxAd	Assessment and Treatment of Substance Abuse and Co-Occurring Disorders in Adolescents	Randi Tolliver	Taylor	5
M13	Shame: The Emotional Energy That Drives Addiction	Jeff Georgi	Whitley	5
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course)	Karen Garrity	Oldham	10
MT2	Neurobiology for Addiction, Mental Health and Criminal Justice Professionals	CC Nuckols	Crowne B	10
ME1	On Life's Terms: Mothers in Recovery - Film by Sheila Ganz	Katie Stratton	Crowne C	2
ME2	KASAC Meeting - Adolescents, Trauma and Adverse Childhood Experiences - ACES	Geoff, Wilson, Robert Daniels, Ginny Sprang	Coronet A	2
NA	KY Organization for Treatment of Opioid Dependence (KYTOD) Meeting	Mark Miller	Coronet B	NA



# WEEK AT A GLANCE- BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Tuesday and Tuesday/Wednesday</b>				
TP-Px	Current State of Research in Prevention Practice	John Clapp	Crowne A	1
T1	Cultural Competency in Addictions Treatment	Mark Sanders	Crowne C	5
T2	Helping Women Recover, A Program for Treating Addiction (Based on Dr. Stephanie Covington's Manualized Curriculum)	Twyla Wilson	Coronet A	5
T3	Craving Management	Jeff Georgi	Coronet B	5
T4	Medication Assisted Treatment: Getting it Right	Debbie Acker, Mark Fisher, Jeanne Keen	Grant	5
T5-Px	Intermediate to Advanced Motivational Interviewing for Skill Development and Supervision	Annie Fahy	Madison	5
T6-Px	Marijuana Trending, Marijuana Misuse, Medicine and Legalization - Helping Communities and Clients Sail the Rhetorical Seas	Allen Barger	Perry	5
T7	Foundation Skills for Substance Abuse Counseling	Mark Miller	Trimble	5
T8-Px	SBIRT Models on Campus in the Context of Comprehensive Program	John Clapp	Shelby	5
T9-Px	Transforming Health: Using system thinking to create vibrantly effective prevention systems that can significantly improve health and well-being	Laurie Barger Sutter	Russell	5
T10-PxAd	The Adolescent Brain: Expectations and Frustrations: The Experience-Dependent Brain and Drug Use	Jonathan Cloud	Taylor	5
T11	Understanding the Cultures of Addiction and Criminality	Michael Johnson	Whitley	5
TN1	KAAP Meeting	Mike Townsend	Crowne B	1
TW1-PxAd	Motivational Interviewing for Adolescents (Beginning to Intermediate)	Rose Golden	Elliot	10
TW2	Best Practices in Clinical Supervision (Note: ends at 5:45 p.m. each day)	Geoff Wilson	Franklin	12
TE2-Px	Tuesday Evening Banquet (indicate attending in registration) Changing Negative Public Attitudes, Language Matters	Tom Coderre	Crowne A Ballroom	1

## At a Glance Workshop Key

**Day of week:** S=Sunday; M=Monday; MT=MondayTuesday;  
T=Tuesday; TW=Tuesday/Wednesday; W=Wednesday;  
TH=Thursday

**Time of event:** E=evening; N=noon; =morning;  
PM=afternoon

**Number:** Assigned session number for that day  
**Track:** Px=Prevention Track; Ad-Adolescent Track

# WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Wednesday</b>				
WP	The Art and Science of Healing: Finding the Healing Self Inside	CC Nuckols	Crowne A	1
W1-Px	The Female Brain and Substance Use Disorders: Implications for Prevention, Intervention and Treatment	Jeff Georgi	Crowne B	5
W2-Ad	Establishing Trust, Rapport and Therapeutic Relationships in Adolescent Substance Abuse Treatment	Mark Sanders	Crowne C	5
W3	Beyond Trauma: A Healing Journey for Women	Twyla Wilson	Coronet A	5
W4	How to Implement The New ASAM Criteria - Skill Building in an Era of Health Care Reform	Dr. David Mee-Lee	Coronet B	5
W5-Px	Transforming Health: Using data to strategically diagnose community substance abuse problems and significantly improve health and well-being	Laurie Barger Sutter	Grant	5
W6-Px	Response Ability in Understanding Youth Culture	Marc Fomby	Madison	5
W7	Addiction 101: Understanding the Basics of Treatment and Recovery for Addiction Professionals	Shelia Cundiff	Oldham	5
W8	Simple But Not Easy: Harm Reduction Skills with Case Consultation	Annie Fahy	Perry	5
W9	Getting to Know the 12 Steps and the 12 Steps Fellowships	Gerry Boylan	Trimble	5
W10	Building a Village - The Art of Cultivating Effective Community Supports	James Campbell	Shelby	5
W11	Taking The Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model	Steve Grinstead	Russell	5
W12	Mindfulness: Meditation for Self-Care and Client Treatment: An Evidence Based Practice	Frank Snyder	Taylor	5
W13	Understanding and Managing the Multi-System, Multi-Problem Client: Habilitation or Rehabilitation	CC Nuckols	Whitley	5
WN1	CADC Luncheon Meeting Facilitated Discussion: Licensed Clinical Alcohol and Drug Counselors, Certified Alcohol and Drug Counselors, and Peer Support Specialists in Kentucky	Geoff Wilson	Crowne B	1
WA	Findings from the Field: Poster Presentation Session	Kate Goodenough Hackett	Crowne A Ballroom	0
WE1	Film: Anonymous People	Mike Barry	Coronet A	2
WE2	Needle Exchange and Integrated Treatment for Opiate Addiction	Barbara Carter	Crowne C	2

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# WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Thursday</b>				
THAM1	Women with Substance Use and Unintended Pregnancy: All Options Counseling and Referrals	Fausta Luchini, Bree Pearsall	Oldham	3
THPM1	Neonatal Abstinence Syndrome: What Have We Learned Over The Last Decade	Lori Devlin Phinney	Oldham	3
THAM2	Provider Technical Assistance/Guidance for TCM Curriculum Submission	Michele Blevins	Shelby	3
THPM2	Adverse Childhood Experiences (ACE) Study - What this tells us and why it gives us hope	Ruth Shepherd	Shelby	3
THAM3	The "What" and "How" of Evidence Based Practices (EBP)	Ed Johnson	Taylor	3
THPM3	Recovery Oriented Systems of Care: Changing the Focus to "Recovery": What Would it Look Like and How Could We Do It?	Ed Johnson	Taylor	3
TH1	Previewing the DSM-5: Diagnosing Disorders in Adults	George Haarman	Crowne B	6
TH2	Helping Clients Move Beyond Perfection in Recovery	Mark Sanders	Crowne C	6
TH3-Ad	Adolescent ASAM Criteria: Skill-Building and Applying the Criteria in Adolescent Services	David Mee-Lee	Coronet A	6
TH4	Dilemmas Surrounding Medication Management in Recovery	Steve Grinstead	Coronet B	6
TH5	Intervention and Treatment Strategies for Resistant Clients with Mental Health and Substance Abuse Disorders	Geoff Wilson	Elliot	6
TH6	Basics of Substance Abuse for Mental Health Professionals	Mark Miller	Franklin	6
TH7	Preparing to Become a CADC in Kentucky	Jeanne Keen, Mike Vance	Grant	6
TH8-Px	"I See, You See": A Teen Perspective Cycle	Marc Fomby	Madison	6
TH9-Px	Comprehensive Community Approaches to Suicide Prevention	JoEllen Tarallo-Falk	Perry	6
TH10	Holistic Self Care for Practitioners: Discover the Tips, Tools, and Resources Needed to Create a Lifestyle Grounded in Simple Choices, Solid Boundaries, and Healthy Practices	Julia Persike	Trimble	6
TH11	Engaging Families in Treatment and Recovery	James Campbell	Russell	6
TH12	Removing Defects of Character: A New Way of Looking at Things	CC Nuckols	Whitley	6

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**Number:** Assigned session number for that day  
**Track:** Px=Prevention Track; Ad-Adolescent Track

# CONFERENCE LOGISTICS

## BEFORE YOU ARRIVE:

### Online Registration

Registration for the conference is available online: <http://events.r20.constantcontact.com/register/event?oeidk=a07ea94b132630d7417&llr=kxpzbosab>. Participants may attend one to three days at a cost of \$125 per day or \$450 for the full conference (a \$50 savings).

Participants may register to attend any combination of workshops but are reminded to pay careful attention to the workshops that are conducted over a span of two days, or which occur just a half day. Participants should be careful not to sign up for more than one workshop in the same time slot. The registration system will charge for all workshops, even if those workshops overlap. For questions regarding registration, please email: [Kate.Hackett@ky.gov](mailto:Kate.Hackett@ky.gov)

**Deadline for Registration is  
Thursday, August 6, 2015**

### Registration Fee(s)

\$450.00/week or \$125.00/day

All registration and payment details are provided through the online registration site. Registration fee is required to be paid at the time of online registration using PayPal. To register: <http://events.r20.constantcontact.com/register/event?oeidk=a07ea94b132630d7417&llr=kxpzbosab>

### Awards Banquet

Persons registering for the full week will be able to participate in the banquet at no extra cost but must indicate their participation when registering online. Persons not indicating they want to attend the banquet will not be included in the final count. Persons registering for 1-3 days are still welcomed to attend the banquet at a cost of \$35.00.

### ADA Accommodations

If you need an ASL Interpreter, CART, or other accommodations, please make your request to Michelle Niehaus no later than Aug. 1, 2015. Workshop choices must be confirmed at the time of registration. The Department will make every effort to meet your needs.

(Email) [Michelle.Niehaus@ky.gov](mailto:Michelle.Niehaus@ky.gov)  
(V) 502-782-6181  
(VP) by appointment

### Handouts

Handouts will be posted online prior to KSAODS. Each registrant will be emailed the link to workshop(s) to download and print handouts for their sessions (approximately Aug. 1, 2015). Registrants are responsible for this process. **Printed handouts will not be available on site.**

### Scholarships

Limited scholarships are available for Kentucky residents only. Applications are due June 30, 2015. Scholarships cover registration fee only. Scholarship recipients will be emailed instructions on how to register in lieu of payment. If you apply for a scholarship, please do not register for Kentucky School until you learn if you have received a scholarship. Follow this link to obtain the scholarship application: <https://redcap.uky.edu/redcap/surveys/?s=TbbAwZoT59>

### Hotel Accommodations

For hotel room reservations follow this link:

[https://resweb.passkey.com/Resweb.do?mode=welcome\\_ei\\_new&eventID=12187417](https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=12187417)

**Crowne Plaza Hotel Sleep Rooms:** There is a KY School block of rooms with a special room rate of \$99 per night plus tax/fees. They are reserved under KY School of Alcohol and Other Drug Studies, and will be available until July 15. **After July 15th, there is no guarantee of availability or rate. Make your reservations as soon as possible.** Please follow the link above to make your hotel reservations or call the hotel at 800-633-8723 or 502-367-6161 You may also visit their website for more information about the Crowne Plaza conference site. [www.cplouisville.com](http://www.cplouisville.com)

### Driving Directions to Hotel

Go to: [www.mapquest.com](http://www.mapquest.com) or [www.maps.google.com](http://www.maps.google.com)  
Crowne Plaza Hotel, 830 Phillips Lane Louisville, KY 40209. Directions also available at Hotel website: [www.cplouisville.com](http://www.cplouisville.com)

### Parking

All parking at the Crowne Plaza Hotel is free and at ground level.

### Cancellation Policy

NO refunds for KSAODS 2015 will be provided. Substitution of registrants is recommended in lieu of cancellation. To make the substitution prior to KSAODS 2015, contact: [Kate.Hackett@ky.gov](mailto:Kate.Hackett@ky.gov).

# CONFERENCE LOGISTICS

## ONCE YOU ARRIVE:

### Onsite Check-In: REQUIRED

Onsite check-in will be open Sunday, Aug. 16, 2015 from 2:00-6:00 p.m.. Sunday's plenary begins at 5:00 p.m., followed by a reception. Check-in will be open each morning from 8:00-10:15 a.m.. Nametags and information packets will be distributed at this time. The location for onsite check-in is outside Crowne A Ballroom. **Check-in is required only the first day of your workshops.**

### Attendance

All registration will take place online:  
<http://events.r20.constantcontact.com/register/event?oeidk=a07ea94b132630d7417&llr=kxpzbosab>

All participants choose workshops on a first-come, first-serve basis and workshops will be closed when room capacity is filled. When you register online, you will be guided through this process. At the end of the online registration process, there is a confirmation message that you can print. You will receive a confirmation email as well that will outline the workshops and other events that you registered for, along with the cost of each, and then a total cost.

**Please note, a workshop that has a Px or Ad designation may also be appropriate for a treatment provider and vice versa. The designations are indicated to provide preventionists and adolescent treatment providers guidance in selecting workshops that will be most appropriate for their credentialing boards' approval.**

### Evaluations

Your feedback is valued by conference planners.

- **Plenary** - session evaluations will be available. Please complete at the conclusion of each session and leave on ballroom tables.
- **Workshop** - evaluations will be distributed at the conclusion of each workshop; leave with workshop facilitator.
- **Conference** - evaluations will be conducted online, and upon completion, certificates will be available to participants.

### Vendors/Exhibitors

A list of vendors and exhibitors will be available in registrant folders received at Check-In. Please be sure to visit the 2015 Vendors/Exhibitors in the Exhibit Hall. Satisfaction surveys will be in participant folders. Please complete after visiting the exhibit hall and take to registration area.

### Nametags, Barcodes and CEUs

Nametags include a barcode that will be scanned at the beginning and the end of each workshop (including when you exit and re-enter at lunch), and at the beginning of each plenary. Certificates for CEUs and Contact Hours will be generated after the conference based on participants' scans. Please keep name badge secure and easily accessible for scanner.

Certificates with CEUs or Contact Hours earned will be available online to download and print after Sept. 21, 2015. An email message with instructions will be sent to attendees after Sept. 21. No partial credit will be given. In order to receive credit for attendance, participants must attend the entire workshop, receiving a scan within 10 minutes of the workshop morning start time and after lunch. Participants must also sign the roster in each workshop and include professional board license number(s) on the sign-in sheet(s). A complete list of licensing boards with approved CEU options is noted on the next page.

**PLEASE KEEP YOUR NAMETAG SECURE AND WEAR IT AT ALL TIMES.** A \$5.00 fee will be assessed to replace lost nametags. See Onsite Registration outside the Crowne Ballroom for replacements.

**PLEASE NOTE:** No partial continuing education credit will be given. Participants must attend the entire workshop and sign ALL roster/sign-in sheets to receive any continuing education credit hours, as well as scan in and scan out of sessions.

### Meals

**Lunch** will be provided daily and is included in your registration fee. Lunch Monday and Thursday are buffet style. Lunch Tuesday and Wednesday are box lunches.

**Tuesday Evening Banquet:** There is no additional cost with full-week registration for the Tuesday evening Awards Banquet; however, please indicate your attendance during the registration process. Other registrants are welcome to attend, but must indicate this through the online registration and pay \$35.00.

### Please Remember To...

- **Bring downloaded handouts to all sessions** (copies will not be available onsite)
- **Bring sweater/light jacket for air conditioning comfort** (it is almost always chilly in sessions)
- **Keep nametag accessible for scanners**
- **Arrive to sessions at the scheduled times**
- **Silence electronic devices during all sessions**

# CONFERENCE LOGISTICS

## Continuing Education Units/Contact Hours

Overview of CEUs/Contact Hours Offered:

- One day workshop = 5 CEUs/contact hours - M, T, W & 6 CEUs/contact hours - TH
- Two day workshop = 10-12 CEUs/contact hours
- Half-day workshop = 3 CEUs/contact hours

Continuing Education Units are approved for Certified Alcohol and Drug Counselors, Psychology, Social Work, Licensed Professional Counselors, Nursing, Nursing Home Administrators, Fee-Based Pastoral Counselors and Art Therapists.

Category	Workshop Description	Days & Hours	Credit Hours
One-Day Workshops Monday, Tuesday, Wednesday and Thursday	One Subject 5 hours required	One Day - 5 or 6 hours one topic	5 or 6
Two-Day Concurrent Topic Workshops Monday & Tuesday Tuesday & Wednesday	One Subject 10-12 hours required class time	Two days - 5-6 hours each day same topic	10-12
Half-Day Thursday	One Subject 3 Hours required class time	Thursday only 3 hours each 2 per day	3-6

## KCBPP-Approved Courses

The Kentucky Certification Board for Prevention Professionals, Inc. has reviewed this year's course offerings. The workshops below have been pre-approved for the certified prevention specialist and do not have to be justified to receive credit.

- Treatment and Prevention Integrated Focus: The Female Brain and Substance Abuse Disorders: Implication for Prevention, Intervention and Treatment by Jeff Georgi
- Prevention: SBIRT Models on Campus in the Context of Comprehensive Programs by John Clapp
- Changing Negative Public Attitudes, Language Matters by Tom Coderre
- Prevention: Current State of Research in Prevention Practice by John Clapp
- The Adolescent Brain: Expectations and Frustrations: the Experience-Dependent Brain and Drug Use by Jonathan Cloud
- Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse by Demetra Antimisarius
- Marijuana Trending, Marijuana Misuse, Medicine, and Legalization – Helping Communities and Clients Sail the Rhetorical Seas by Allen Barger
- "I See, You See": A Teen Perspective Cycle by Marc Fomby
- Prevention: Transforming Health: Using System Thinking to Create Vibrantly Effective Prevention Systems that can Significantly Improve Health and Well-Being by Laurie Barger Sutter
- Prevention: Transforming Health: Using Data to Strategically Diagnose Community Substance Abuse Problems and Significantly Improve Health and Well-Being by Laurie Barger Sutter
- Prevention: Comprehensive Community Approaches to Suicide Prevention by Dr. JoEllen Tarallo-Falk
- Response Ability in Understanding Youth Culture by Marc Fomby
- Intermediate to Advanced Motivational Interviewing for Skill Development and Supervision by Annie Fahy
- Motivational Interviewing for Adolescents (Beginning to Intermediate) by Rose M. Golden
- Prevention: Preventing Substance Use Disorders by Taking Action on the Social Determinants of Behavioral Health by Dr. Ruth Shim

# NEW THIS YEAR ...

## New Prevention-Specific Track

The field and focus of Substance Abuse Prevention has drastically changed over the past 10 years. This change for the better has only been made possible by those who believe in hard work, persistence and, most of all, the importance of Substance Abuse Prevention to our coalitions and communities. Likewise, the Kentucky School of Alcohol and Other Drug Studies has changed to reflect the merits of Prevention. 2015 will see our Kentucky School adding workshops that feature national speakers presenting topics that will link the new fields of prevention and behavioral health. Workshops that fit this designation will have the letters Px in the workshop code. The Kentucky Certification Board for Prevention Professionals has reviewed the Kentucky School Courses and approved the following for credit toward the Certified Prevention Specialist designation:

Day	Code & Track	Workshop Title	Presenter	Location	Contact Hours
Monday	M6-Px	Preventing Substance Use Disorders by Taking Action on the Social Determinants of Behavioral Health	Ruth Shim	Grant	5
	M9-Px	Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Demetra Antimisarius	Trimble	5
	M12-PxAd	Assessment and Treatment of Substance Use and Co-Occurring Disorders in Adolescents	Randi Tolliver	Taylor	5
Tuesday	TP-Px	Current State of Research in Prevention Practice	John Clapp	Crowne A	1
	T8-Px	SBIRT Models on Campus in the Context of Comprehensive Program	John Clapp	Shelby	5
	T9-Px	Transforming Health: Using System Thinking to Create Vibrantly Effective Prevention Systems that can Significantly Improve Health and Well-Being	Laurie Barger Sutter	Russell	5
	T5-Px	Intermediate to Advanced Motivational Interviewing for Skill Development and Supervision	Annie Fahy	Madison	5
	T10-PxAd	The Adolescent Brain: Expectations and Frustrations: The Experience-Dependent Brain and Drug Use	Jonathan Cloud	Taylor	5
	T6-Px	Marijuana Trending, Marijuana Misuse, Medicine and Legalization - Helping Communities and Clients Sail the Rhetorical Seas	Allan Barger	Perry	5
	TW1-PxAd	Motivational Interviewing for Adolescents (Tuesday-Wednesday) (Beginning to Intermediate)	Rose M. Golden	Elliot	10
	TE2-Px	Changing Negative Public Attitudes, Language Matters	Tom Coderre	Crowne A	1
Wednesday	W6-Px	Response Ability in Understanding Youth Culture	Marc Fomby	Madison	5
	W1-Px	The Female Brain and Substance Use Disorders: Implication for Prevention Intervention and Treatment	Jeff Georgi	Crowne B	5
	W5-Px	Transforming Health: Using Data to Strategically Diagnose Community Substance Abuse Problems and Significantly Improve Health and Well-Being	Laurie Barger Sutter	Grant	5
	TW1-PxAd	Motivational Interviewing for Adolescents (Tuesday-Wednesday) (Beginning to Intermediate)	Rose M. Golden	Elliott	10
Thursday	TH9-Px	Comprehensive Community Approaches to Suicide Prevention	Dr. JoEllen Tarallo-Falk	Perry	6
	TH8-Px	"I See, You See": A Teen Perspective Cycle	Marc Fomby	Madison	6

# NEW THIS YEAR ...

## Adolescent Track

Adolescence is the time when many mental health disorders begin to present in addition to the time that young people may explore substance use. Substance use and abuse can be difficult to discern as something different from mental health issues, and they are often times co-occurring. The complex needs of this population are remarkably different from those of the traditional adult treatment population, requiring different expertise and guidance on how a treatment and recovery system can best serve them.

In recognition of the differences in developmental and emotional growth between adolescents and adults, the 42nd annual Kentucky School of Alcohol and Drug Studies has developed the first adolescent specific track to distinctively address the unique needs of adolescents and their families who may be dealing with substance use issues. These sessions will benefit both the entry-level clinician as well as the seasoned veteran, providing them with the most up to date information in the ever emerging field of adolescent substance use and co-occurring treatment.

Code & Track	Title	Presenter	Level	Day	Hours
M12-PxAd	Assessment and Treatment of Substance Use and Co-Occurring Disorders in Adolescents	Randi Tolliver	Entry/Intermediate	Monday	5
M2-Ad	Group Counseling for Adolescents: Knowledge and Techniques for Effective Group Leadership	Tony Watkins	Intermediate	Monday	5
T10-PxAd	The Adolescent Brain: Expectations and Frustrations: The Experience-Dependent Brain and Drug Use	Jonathan Cloud	Entry	Tuesday	5
TW1-PxAd	Motivational Interviewing for Adolescents: Beginning to Intermediate	Rose Golden	Entry/Intermediate	Tuesday/Wednesday	10
W2-Ad	Establishing Trust, Rapport and Therapeutic Relationships in Adolescent Substance Abuse Treatment	Mark Sanders	Entry	Wednesday	5
W4	How to Implement the New ASAM Criteria - Skill Building in an Era of Health Care Reform	David Mee-Lee	Intermediate	Thursday	5

**Kentucky's #1 Public Health Problem**  
**YOUTH SUBSTANCE USE**

PROBLEM

**1 in 8**  
High School Students have a  
Substance Use Disorder

Of those,  
**50%**  
also have a Mental Health Disorder



# NEW THIS YEAR ...

## Poster Session

Along with the current conference model of workshops and plenaries on substance abuse prevention, treatment, and recovery, the 42nd Kentucky School of Alcohol and Other Drug Studies will feature, for the first time, a POSTER PRESENTATION SESSION. Our goals in adding the poster session to our repertoire of offerings include: promoting and advancing practice in the field of substance abuse prevention, treatment, and recovery; maximizing the opportunity for presenters to share valuable research-to-practice information; and increasing participants' knowledge in the substance abuse field.

Conference organizers believe this offers an exciting opportunity for folks at a variety of levels in research – those prominent in their field with a history of progressive research; those new to the research field through their doctoral or graduate work; and those who are boots-on-the-ground, implementing evidence-based practices with fidelity – to share their successes with their colleagues.

### OBJECTIVES OF THE POSTER PRESENTATION SESSION

1. Share data and findings from research and practice.
2. Present the importance of research, project, or practice, and the validity of the work.

A poster presentation is an opportunity to share research succinctly using graphics, i.e., photographs, charts, graphs, diagrams, and text, i.e., concise written statements. The information shared is to augment or enhance a facet of substance abuse and other drugs learning occurring at KSAODS 2015.

The poster session will be presented during KSAODS 2015 Wednesday, Aug. 19, from 4:30-6 p.m. with selected presenters discussing their topic with attendees during an afternoon reception. Posters selected for presentation will be part of a jury-process, with prizes awarded to winners.

If you are planning to attend the poster presentation, please indicate as such on your registration. There is no cost to attend, but for reception planning purposes, a count is needed.

Title	Topic	Authors
Social Justice Issues in Buprenorphine Treatment	Changing organizational practices to enhance individual outcomes	Terri Powell; UK
Reclaiming Futures Using Emerging Substance Abuse Treatment for Adolescents	Implementation of emerging evidence-based practices in adolescent abuse treatment	Denise Marlett, Bridgett Rogers; Cumberland River Behavioral Health
E-Cigarettes and Other Tobacco Use in Adolescents: Catching it Early	Adolescent tobacco use	Catherine Martin, Greg Guenther, Lisa Clark, Marian Silman, Ginny Sprang, Viveck Anand, Jennifer Cole; UK
Suboxone Success - Five Year Follow-Up	Outcome measures	Diane Shafer; Walden University
Mobilizing the Workforce to Cultivate Regional Change in Best Practices	Implementation Strategies	Kelly Gannon, Robert Daniels; Seven Counties
Understanding the Connection Between Suicide and Substance Abuse	Data use for decision making	Patti Clark, CPS; Adam Trosper, DBHDID



# IN THE EXHIBIT HALL

Shop! Be entertained during your lunch! Get your picture taken with a celebrity! Enjoy a free afternoon cup of coffee! Register for a door prize; enter a contest! All of this and more can be found in the Kentucky School Exhibit Hall—with its 32 first-time exhibitors—just across from the Crowne Ballroom. Each day is different with new exhibitors.

Get a jump on shopping! Drop by before the morning plenary and choose from jewelry, handmade soap, exotic pearls, home drug testing kits, scented candles, beauty and aromatherapy products, leather products, artwork, and made-in-Kentucky wreaths. Not here today? Check back tomorrow!

Elvis is back! He will be providing Monday's entertainment. On Tuesday, the Circle City Steel Drum Island Music from Indianapolis will be with us, and Johnny Cash will sing lots of old favorites on Wednesday. Bring your lunch and stay for the music. Get a friend to take your picture with the celebrity of the day!

Come back during your afternoon break and enjoy a cup of hot coffee while doing more shopping and visiting the other exhibits. Visit with the non-profits who can teach you about fibromyalgia, international adoptions, Native Americans in Kentucky, multiple sclerosis, and much more. Take advantage of the available resources for mental illness as well as substance abuse treatment and recovery from the several state agencies. Get acquainted with the treatment centers here every day.

Need a massage? Sign up at the Division of Behavioral Health (DBH) table. A massage therapist from Lifeline Chiropractic in Louisville, "Don't put your life on the Line, Come to Lifeline," will be available Monday and Wednesday from 10:00-3:30, and chiropractor Dawn Wietfeldt D.C. will be available for consultation only on Tuesday from 10:00-1:30. Tips are accepted for the sessions.

Don't forget to register for the prizes! Door prizes galore are offered by the exhibitors, and daily drawings are held at the DBH table for scavenger hunt entries. Enter the poem contest and you may win the grand prize \$50 gift card! First place is a \$25 gift card, and a \$15 gift card is given for second place. Two honorable mentions will receive \$5 gift cards. Be sure to check your registration packet for entry forms and instructions.

Visiting the Exhibit Hall every day is sure to be one of the highlights of your Kentucky School experience, so come often! Look in your registration packet for a list of all the exhibitors and head to the DBH table with any questions. Staff is ready with smiles and lots of answers!

And be sure to complete your exhibitor satisfaction surveys so we know how we are doing! Just turn in at the registration desk on your last day.

	Sunday	Monday	Tuesday	Wednesday	Thursday
<b>Hours</b>	12-5 p.m.	8:30 a.m. - 4 p.m.	8:30 a.m. - 4 p.m.	8:30 a.m. - 4 p.m.	8:30 a.m. - 4 p.m.
<b>Lunch Time Entertainment</b>		Elvis is Back!	Circle City Steel Drum Island Music	"Johnny Cash"	
<b>Pamper Yourself</b>		Massage Therapist 10 a.m. - 3:30 p.m.	Chiropractor 10 a.m. - 1:30 p.m.	Massage Therapist 10 a.m. - 3:30 p.m.	
<b>Door Prizes</b>		Drawings Daily	Drawings Daily	Drawings Daily	Drawings Daily
<b>Contests</b>		Check your packet for the Scavenger Hunt and Poem Contest entry forms	Check your packet for the Scavenger Hunt and Poem Contest entry forms	Check your packet for the Scavenger Hunt and Poem Contest entry forms	Check your packet for the Scavenger Hunt and Poem Contest entry forms

## 2015 MICHAEL E. TOWNSEND LEADERSHIP ACADEMY

Since 2005, the Michael E. Townsend Leadership Academy has offered professional development opportunities for professionals in the field of Substance Abuse. The Michael E. Townsend Leadership Academy is an opportunity for those who wish to become leaders throughout Kentucky in the field of substance abuse/recovery and mental health to collaborate and further enhance their skills.

For 2015 the Townsend Leadership Academy will continue; however it will be held at a different time and location and not during the KY School Week. Information will be sent to the Kentucky School mailing list and will also be posted on the DBH website when available: (<http://dbhdid.ky.gov/dbh/ksaods.aspx>). For more information please contact Mike Barry at [mike@peopleadvocatingrecovery.org](mailto:mike@peopleadvocatingrecovery.org).

The purpose of this leadership initiative is to develop leadership talent and skills for the future of Kentucky substance abuse treatments professionals. Participants in the Leadership Academy are challenged to grow both individually and professionally. The larger outcome of the Leadership Academy Challenge Projects has been widespread influence throughout law enforcement, prevention, recovery and treatment arenas, and many of the results of these Challenge Projects have continued to be widely used today.

The Leadership Academy views leadership as a set of interrelated capabilities and provides a lens to assist a leader to develop a robust approach and guide for action. This leadership framework is based around five interrelated leadership capabilities, each supported by a number of leadership practices. These five leadership capabilities include leadership context, setting direction, building capability, inspiring commitment and personal effectiveness.

Continuing Education Units (CEUs) are offered for completion of this program. Specifically, during the workshop and the two retreats, the Leadership Academy participants will be introduced to skills required to become the next leaders in their fields, including building coalitions and teams, effective strategic planning, communication, decision-making, creativity, resolution of conflicts, dealing with diversity, press relations and messaging, and more.

In addition, the Leadership Academy participants will be required to work on a team of their Leadership Academy peers for the entire year, creating and regularly reporting on projects that will be designed by them to greatly benefit their fields. These projects are the legacies the Leadership Academy members leave behind as a service to their fields. They will also be required to read and review current leadership literature provided to them both before and during their Leadership Academy year, and complete other assignments as directed.

# SCHOLARSHIP

## 2015 KSAODS Scholarship Application Scholarship Application Deadline: June 30, 2015

This form must be filled out completely to be considered for an at-large Scholarship.  
This application is for KSAODS general sessions and workshops only.  
Scholarships are for Kentucky residents only.  
Notification of scholarship recipients will be July 20, 2015.

Please attach additional page(s) if needed in order to answer questions completely and thoughtfully.

1. Name \_\_\_\_\_ E-mail \_\_\_\_\_  
 Agency \_\_\_\_\_ Phone \_\_\_\_\_  
 Professional Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Job Title \_\_\_\_\_ Years in Substance Abuse Field \_\_\_\_\_

**CHMC employees should check with their directors for available scholarships before applying for an at-large scholarship**

Have you received a Scholarship before? \_\_\_ Yes \_\_\_ No If yes, when? \_\_\_\_\_

2. How would this Scholarship benefit you professionally? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

3. How will your attendance at the Kentucky School of Alcohol and Other Drug Studies benefit your community?  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_  
Applicant Signature Date Supervisor Signature\* Date

\* If you are self-employed, a supervisor's signature is not required.

Please apply at: <https://redcap.uky.edu/redcap/surveys/?s=TbbAwZoT59>

Or print this form and return by email or mail to:  
 KSAODS, Attention: Rob Evans  
 c/o Division of Behavioral Health  
 275 East Main Street 4W-F  
 Frankfort, KY 40621-0001  
 Phone: (502) 782-6161 Fax: (502) 564-4826  
 Email: [Rob.Evans@ky.gov](mailto:Rob.Evans@ky.gov)

Please keep a copy for your records.

# SCHOLARSHIP

## 2015 Kentucky Adolescent Treatment - Enhancement Dissemination (KAT-ED) Scholarship Application

Scholarship Application Deadline: June 30, 2015

One full week scholarship for the 2015 KSAODS (registration fees only) will be presented to an individual who is a direct service provider for adolescents in the substance abuse/co-occurring mental health treatment field in Kentucky. Scholarship awardee shall demonstrate dedication to addressing the needs of adolescents with substance use disorders. Applicants are encouraged to keep a copy of completed application.

Please apply via the online link at: <https://redcap.uky.edu/redcap/surveys/?s=X7WMYR983W> or complete the information below and submit electronically to: Michelle Kilgore at [michelle.kilgore@ky.gov](mailto:michelle.kilgore@ky.gov). Questions may be directed to Michelle.

- Having looked at the catalog and selected the workshops of interest, I am asking for scholarships for (circle only one):  
 1 day            2 days            3 days            4 days
- I am interested in attending the following sessions. Please indicate the sessions you hope to attend:
- Name:

Agency Name If not employed, enter NA	Job Title	Email	Phone

- Please indicate your degrees and certifications that are applicable to providing behavioral health services (circle all that apply):      Bachelors            Masters            CADC            Licensed            Certified
- Have you received a scholarship for Kentucky School before?    \_\_\_ Yes    \_\_\_ No
- Years working in the Behavioral Health Field: \_\_\_\_\_
- I provide direct, billable services to youth:    \_\_\_ Yes    \_\_\_ No
- Please indicate the years of direct service provision with adolescents:  
 0-5            6-10            11-15            16+
- Please indicate the percentage of time you spend in a week providing services to adolescents:  
 75-100%      50-74%      25-49%      0-24%
- Please indicate the ages you provide behavioral health care for (Circle all that apply):  
 6-12            13-17            18-24            25+
- How would this scholarship benefit you professionally?
- What is your viewpoint about implementation of evidence-based practices as part of the delivery of behavioral health care to adolescents?
- How will your attendance at the Kentucky School of Alcohol and Other Drug Studies benefit your community?
- Name of Supervisor (if you work for an agency you must have your supervisor's approval. If you do not work for an agency, please enter N/A. Your supervisor will be contacted via email to determine that you have permission to attend KSAODS): \_\_\_\_\_
- Supervisor email address (if you do not work for an agency, please put N/A): \_\_\_\_\_

# SCHOLARSHIP

## Kentucky Adolescent Substance Abuse Consortium (KASAC) 2015 Scholarship Nomination Form

One full week scholarship for the 2015 KSAODS (registration fees only) will be presented to an individual who is a direct service provider for adolescents in the substance abuse/co-occurring mental health treatment field in Kentucky. Scholarship awardees shall demonstrate dedication to addressing the needs of adolescents with substance use disorders. The application deadline for this scholarship is July 24, 2015. Applicants are encouraged to keep a copy of the completed application.

Please complete the information below and submit electronically to:

**Robert Daniels at [rdaniels@sevencounties.org](mailto:rdaniels@sevencounties.org)**

**Questions may be directed to Mr. Daniels by e-mail or by calling him at 502-671-9561.**

Name \_\_\_\_\_ Credentials \_\_\_\_\_

Job Title \_\_\_\_\_

Place of Employment \_\_\_\_\_

Contact Information (including email) \_\_\_\_\_

Educational Background and Work Experience \_\_\_\_\_

What percent of time weekly do you work directly with adolescent clients? \_\_\_\_\_

How will your attendance at the KY School benefit the adolescents with whom you are working?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# AWARDS

## 2015 Robert Straus Award Nomination Form

Nomination forms must be received by June 30, 2015

In recognition of Dr. Robert Straus for his career-long commitment to the study of alcoholism, his tenure with the Alcohol and Drug Task Force, and his leadership in the substance abuse field in Kentucky, KSAODS will present awards for outstanding contribution to substance abuse practice in Kentucky. Nominations will be accepted in the areas of:

- Prevention (Individual)
- Treatment (Individual)
- Advocacy/Volunteer (Individual)
- Community Organization, Business, or Network in fields of ATOD Prevention/Treatment/Advocacy

KSAODS is now accepting applications for the 2015 Robert Straus Award, to be presented at the Tuesday Evening Banquet of the 2015 KSAODS Conference. All practicing professionals in the areas of substance abuse prevention, treatment and/or recovery, advocacy/volunteer, and community organization/business are encouraged to submit nominations for the award. Notification of awards will be determined by July 16, 2015, and recipients will be notified by July 20, 2015.

Nominate a peer/colleague who has demonstrated excellence in the field of prevention, treatment/recovery, and/or advocacy. You may also nominate a community organization or business.

Separate nomination forms must be used for separate nominations. Please type or print legibly; additional pages should be included as needed. In the space provided below, please describe why you feel this nominee should receive the Robert Straus Award. Please base your nomination narrative on the award criteria found on the next two pages. **This form can also be found at: <https://redcap.uky.edu/redcap/surveys/?s=HD2E8hEck7> and can be submitted online.**

Nominee Name \_\_\_\_\_

Category:     Prevention     Treatment/Recovery     Advocacy or Volunteer  
 Community Organization, Business, or Network

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Nominated by: \_\_\_\_\_  
Full Name, Title Organization

Mailing Address: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**If you do not submit online, email nominations on this form to:**

KSAODS, Attn: Rob Evans  
c/o Div. of Behavioral Health  
275 East Main Street 4W-F  
Frankfort, KY 40621-0001  
Phone (502) 782-6161 Fax: (502) 564-4826  
[Rob.Evans@ky.gov](mailto:Rob.Evans@ky.gov)

# AWARDS

## Criteria for 2015 Straus Awards

When nominating an individual for a Robert Straus Award in any category, please consider the following personal qualities. Your nominee should exhibit as many of these traits as possible.

- Values quality of service and performs duties at an exceptional level
- Exhibits a positive attitude and encourages others to think positively
- Is recognized by peers, managers, team members, and others as extraordinary
- Exhibits the highest ethics and inspires others to do the same
- Exhibits remarkable interpersonal skills and behavior when working with others including clients, colleagues, the public, stakeholders, subordinates, and superiors
- Has true compassion for the client base being served
- Has above average problem solving skills and is not afraid to put them into practice

For your **PREVENTION** nomination, please address at least three of the five criteria listed below. Please upload a Word document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=HD2E8hEck7>.

1. How has the nominee demonstrated his/her commitment and dedication to the prevention field as a whole?
2. How has the nominee demonstrated creative leadership in developing and promoting strong collaborative partnerships?
3. How has the nominee contributed to outcomes that have produced measurable change in the community?
4. How has the nominee fostered diversity and inclusion in their work in order to build more effective community partnerships?
5. What personal or professional attributes uniquely characterize the nominee as he or she has formed relationships within the community?

### Previous Prevention honorees include:

- |                                |                           |                                      |
|--------------------------------|---------------------------|--------------------------------------|
| • Renaye Sparks - 1990         | • Alayne White - 1999     | • Chris Hunt - 2008                  |
| • David True - 1991            | • Veronica Nunley - 2000  | • Laura Nagle - 2009                 |
| • Dr. Richard Wilson - 1992    | • Amy Jeffers - 2001      | • Amy Hutchinson - 2010              |
| • Leslie Johnson Hughes - 1993 | • Nellie Druin - 2002     | • Donna Hardin - 2011                |
| • Donna Wiesenbahn - 1994      | • LaDonna Barnett - 2003  | • Gary Hall - 2012                   |
| • Donna Woods - 1995           | • Chandra Carter - 2004   | • Shelby Prevention Coalition – 2013 |
| • Ted Strader - 1996           | • Judy Wilson - 2005      | • Dodie Huff-Fletcher- 2014          |
| • Gary Hall - 1997             | • Karen Hall - 2006       |                                      |
| • Patricia Cummings - 1998     | • Dianne McFarling - 2007 |                                      |

For your **TREATMENT** nomination, please address at least three of the five criteria listed below. Please upload a word document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=HD2E8hEck7>.

1. How is this nominee setting higher standards of client care and quality to better meet the challenges of the future?
2. How is this nominee driving innovation in behavioral health care delivery and improving ATOD outcomes within the community?
3. How is this nominee demonstrating the type of leadership and advocacy that is moving the nation in new directions to meet community health needs?
4. How is this nominee affecting positive client outcomes?
5. How does this nominee ensure they are using best practices and staying current in the field?



# AWARDS

## Previous Treatment honorees include:

- Edwin Hackney - 1990
- Todd Trumbore - 1991
- Vicki Jozefowicz - 1992
- Ethel Onell Ford - 1993
- Theodore (Ted) Godlaski - 1994
- Chris Fajardo - 1995
- Diane Hague - 1996
- Karen Coleman Mayberry - 1997
- Donald "Donnie" Howard - 1998
- David Lindermann - 1999
- Dr. Arthur Burrows, Jr. - 2000
- Jim Spirk, - 2001
- Robert Walker - 2002
- Michael D. Vance - 2003
- Geoff Wilson - 2004
- Todd Trumbore - 2005
- Kenneth Hemphill - 2006
- Bill Stewart - 2007
- Debbi Bailey - 2008
- Woody Boggs - 2009
- David Mathews - 2010
- Jerry Nelson - 2011
- RonSonlyn S. Clark - 2012
- Jane Oliver - 2013
- Robert Daniels - 2014

For your **ADVOCACY** nomination, please address at least three of the five criteria listed below when you submit your nomination. Please upload a word processing document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=HD2E8hEck7>.

1. How is this nominee serving as a leading advocate for reducing the consequences of ATOD use, misuse, or abuse?
2. How is this nominee leading or creating community-based programs to address substance abuse issues in the community and/or beyond?
3. How is this nominee creating volunteer or advocacy opportunities for others to support substance abuse prevention, treatment, or recovery in the community and/or beyond?
4. Describe how the nominee has demonstrated a history of service to a community-based organization that addresses substance abuse.
5. Describe how the nominee is a strong role model for young people in the community.

## Previous Advocacy honorees include:

- Joseph L. Slone - 1991
- Jo Ann Tapp - 1992
- Robert Allen Hall - 1993
- John McRoy - 1994
- Rosemary Fischer - 1995
- Janice Jackson - 1996
- Fayette Co. Circuit Judge Mary Noble - 1998
- Judge Gregory M. Bartlett - 1999
- Joe Van Roberts - 2000
- Lisa R. Minton - 2001
- Charlotte Wethington - 2004
- Michael W. Barry - 2005
- Don Blackburn - 2006
- Don Ball - 2007
- Rebecca DiLoreto - 2008
- Tim Bailey - 2009
- People Advocating Recovery - 2010
- Judge Lucinda Masterton - 2011
- James Moore - 2012
- Bev Howard - 2013
- Jason Merrick - 2014

# AWARDS

For your **BUSINESS/NETWORK/ORGANIZATION** nomination, please address at least three of the five criteria listed below when you submit your nomination. Please upload a word processing document with your nomination information to <https://redcap.uky.edu/redcap/surveys/?s=HD2E8hEck7>.

1. Describe three ways that this business or organization demonstrates a strong commitment to the community to prevent drug and alcohol use among youth. Give specific examples.
2. Describe how this business or organization takes what it does best to serve an unexpected role to an at-risk population, ideally with an emphasis on youth leadership and improving self-esteem and resiliency.
3. How has this business, organization, or network served as a mentor to encourage emotional health and wellbeing of youth in the community?
4. How does this business encourage its employees to be involved in the substance abuse prevention and treatment community? Give specific examples.
5. What activities/initiatives/strategies does this business offer that promotes healthy families in the community from a behavioral health standpoint?

## Previous business/organization/network honorees:

- Region 10 (Pathways) Champions Against Drugs Board - 1991
- Harold "Butch" Upton - 1993
- Westminster Village Community Resource Team - 1994
- West End Parent Focus Group - 1995
- Frank Goodwin - 1996
- Free to Grow (Robert Woods Foundation) Coalition - 1997
- Donald Biergans - 1998
- MORE (Methadone Opiate Rehabilitation & Education) Center - 1999
- George Moorman - 2001
- T.J. Sampson Memorial Hospital - 2003
- Youth Substance Abuse Treatment Collaborative - 2004
- Community Solutions - 2005
- Liquor Barn - 2006
- Hancock County Champions: Hancock County Partners for a Healthy Community-Healthy Youth - 2007
- Arthur Rouse, Video Editing Service - 2008
- Owen County TAPP -2009
- Hope's Hands - 2010
- Owsley County Alliance for Tobacco Prevention - 2011
- Kentucky Prevention Network - 2012
- Carter County Drug Free Coalition – 2013
- Estill County Substance Abuse Coalition - 2014

# AWARDS

## 2015 Mike Lowther Award for Excellence in Prevention Work

***Substance Abuse Prevention lost a friend and a pioneer in October of last year. Mike Lowther was a member of both the SAMHSA and ONDCP teams and shared his knowledge with Preventionists across the states. He was a constant guide. This year, the Kentucky School of Alcohol and Other Drug Studies will present the first "Michael Lowther Award" that focuses on the individual or community that shares Mike's belief that "local people solve local problems best; people support what they create, and science matters." Mike's widow, Laurie Sutter, will be presenting the award during the Tuesday night banquet.***

*- Connie Smith, Former Branch Manager  
Kentucky Division of Behavioral Health, Prevention and Promotion Branch*



In honor of the late Mike Lowther, the Kentucky School of Alcohol and Other Drug Studies is pleased to announce the inaugural **Mike Lowther Award for Excellence in Prevention Work**.

Mr. Michael O. Lowther, a native of Oklahoma and a resident of Nebraska, was a highly regarded expert in the field of substance abuse prevention. He was the founding director of the Southwest Prevention Center at the University of Oklahoma, served as a director of State Programs at the U.S. Health and Human Services Substance Abuse and Mental Health Services Administration, and worked at the White House Drug Policy Office where he contributed significantly to the President's National Drug Control Strategy.

Additionally, Mr. Lowther served in leadership positions at the Pacific Institute for Research and Evaluation and worked at JBS International. Mr. Lowther received the 2001 National Prevention Network Lifetime Achievement Award for outstanding contributions to the field.

Mr. Lowther was an advocate for systems change to enhance the health and well-being of all people. He believed in building local capacity for comprehensive, population-based approaches that are based on objective and valid needs assessments. Mr. Lowther's mantra was "local people solve local problems best, people support what they help create, and science matters."

The winner of the 2015 Mike Lowther Award for Excellence in Prevention Work will embody the high professional standards, effective communication skills, proven leadership abilities, and dedication to the field and science of substance abuse prevention of which Mr. Lowther demonstrated.

The 2015 Mike Lowther Award for Excellence in Prevention Work will be presented during the Tuesday night KSAODS banquet. The award winner will be selected by DBH prevention staff.

# KAAP INFORMATION

## The Kentucky Association of Addiction Professionals (KAAP)

Dear KY School Participants,

The Kentucky Association of Addiction Professionals (KAAP) is the state affiliate of NAADAC, the National Association of Addiction Professionals. The Kentucky School serves as KAAP's primary forum for training addiction professionals in state of the art information for prevention, intervention, treatment and research related to addiction studies. As a contributor of the 2015 Kentucky School, KAAP members will receive a registration discount as an incentive to become a member of Kentucky's statewide professional organization for addiction professionals and advocates. Annual membership in KAAP is \$110.00 for Professionals, \$89.00 for Associates (working toward their LCADC or prevention certification) and \$47.50 for student membership.

Information on NAADAC membership and becoming a member of KAAP can be found at [www.naadac.org](http://www.naadac.org). KAAP members will receive a \$100.00 discount for four day registration and a \$25.00 discount for daily registration at this year's Kentucky School. **Please contact Mike Townsend to receive your code for discounted registration via email at [mike6567@gmail.com](mailto:mike6567@gmail.com).** This discount will only apply to NAADAC members who are registered in Kentucky to become members of the Kentucky Association of Addiction Professionals.

On behalf of KAAP, we encourage addiction professionals to become active with KAAP and to become an active member of NAADAC as we move to strengthen the substance abuse field in the coming years.

Mike Townsend  
President  
Kentucky Association of Addiction Professionals  
All inquiries to: [miket6567@gmail.com](mailto:miket6567@gmail.com)

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The MAPC program offers an Addiction Counseling specialization where the graduate will develop specialized skills to apply addiction counseling intervention and prevention theories, models and approaches to individuals and groups. This is a dual licensure track fulfilling the requirements for becoming a licensed professional counselor and licensed/certified addiction counselor.\*

\*Please check with your state for specific requirements.



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KY EX03M-167

# SUNDAY AGENDA • OPENING PLENARY

Sunday, August 16, 2015

2:00- 6:00 p.m.    **Onsite Check In**    Crowne A Ballroom

5:00 - 6:00 p.m.    **Plenary**    Coronet A & B  
*The Grassroots Speaks*  
*Transformation from Active Addiction to a Recovered Professional*  
*Sheila Cundiff, LCSW, CADC, Univeristy of Louisville*

6:00 - 7:00 p.m.    **Meet and Greet Reception**    Coronet A & B  
*Light Refreshments*

## The Grassroots Speaks: The Face and Voice of Recovery

***The Power of Our Stories, Transformation from Active Addiction to a Recovered Professional***

*Shelia Cundiff, LSCW, CADC,*

*Kent School of Social Work, University of Louisville*

1 CEU

5:00 p.m.-6:00 p.m.

Shelia Cundiff is a Coordinator for Field Education and Adjunct Faculty for Kent School of Social Work, University of Louisville. She is the president and owner of two outpatient treatment agencies, All About Change, LLC and Alcohol Education and Counseling Services, INC. She is on the Board of Directors of Beacon House a Half Way House Addictions Program. She has worked in the field of addictions for 15 years. She has a Master of Social Work degree and is a Licensed Clinical Social Worker and a Certified Alcohol and Drug Abuse Counselor. She worked at Jefferson Alcohol and Drug Abuse Center, Louisville, KY in both the Inpatient and Outpatient Units for 15 years. Before her work in the field of addictions she was in the United States Army for 16 years.

This keynote will follow the story of Shelia Cundiff on her path from alcoholism, to recovery, to working as a professional in the field of addiction. Come hear her story of what her recovery process was like, and where she is today. In her keynote, Cundiff will share her journey from growing up around alcohol in rural Kentucky to her addiction in the United States Army. This story can change the stigma around recovery, as Cundiff's is one of hope and healing. She shows how success is made one day at a time, and is the face and voice of recovery.

### **Learning Objective:**

Audience will learn what skills are needed to be a day at a time recovered person while also learning what it takes to work successfully in the field of addictions.



# MONDAY AGENDA

## Monday, August 17, 2015

7:00 - 8:00 a.m.	<b>Morning AA/NA Open Meeting</b>	Hancock
8:45 - 9:00 a.m.	<b>Welcome/Opening Remarks</b> <i>Mary Reinle Begley</i> Commissioner, Department for Behavioral Health Developmental and Intellectual Disabilities  <i>Audrey Tayse Haynes</i> Secretary, Cabinet for Health & Family Services	Crowne A Ballroom
9:00 - 10:00 a.m.	<b>Plenary</b> According to the ACA, It's A New Healthcare World; Where Do Addiction Services Fit In? Becky Delozier Vaughn, M.S. Ed. CEO, State Association of Addiction (1 CEU)	Crowne A Ballroom
10:00 - 10:15 a.m.	<b>Break</b>	
10:15 - 10:30 a.m.	<b>Go to workshop</b>	
10:30 - 12:00 p.m.	<b>Workshops</b>	
12:00 - 1:15 p.m.	<b>Lunch/Provided</b> (buffet) <b><i>Prevention to Aftercare: Kentucky's Vision for a Robust and Integrated System of Behavioral Health Care</i></b> <i>Mary Reinle Begley</i> Commissioner, Department for Behavioral Health Developmental and Intellectual Disabilities	Crowne A Ballroom
1:15 - 2:45 p.m.	<b>Workshops - continued</b>  <b>Break time</b> (at presenters discretion)	
3:00 - 4:45 p.m.	<b>Workshops - continued</b>	
5:30 - 7:30 p.m.	<b>KASAC Meeting (2 CEUs)</b> Adolescents, Trauma & Adverse Childhood Experiences Robert Daniels, M.A.; Geoff Wilson, LCSW, CADC Guest Contributor: Ginny Sprang, Ph.D. (2 CEUs)	Coronet A
5:30 - 7:30 p.m.	<b>Film Presentation: <i>On Life's Terms: Mothers in Recovery</i></b> Documentary/Discussion (2 CEUs)	Crowne C

# SESSIONS

Monday, August 17, 2015

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
MP	According to the ACA, It's a New Healthcare World: Where Do Addiction Services Fit In?	Becky Delozier Vaughn	1 Hour	Crowne A Ballroom	Plenary
M1	Integrating Spirituality into Addictions and Mental Health Counseling	Mark Sanders	1 Day	Crowne C	Workshop
M2-Ad	Group Counseling for Adolescents: Knowledge and Techniques for Effective Group Leadership	Tony Watkins	1 Day	Coronet A	Workshop
M3	Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder	Shelia Cundiff	1 Day	Coronet B	Workshop
M4	Re-licensure Ethics for Social Work, CADAC and Other Counselor Professions (LMFT not included)	Geoff Wilson	1 Day	Elliott	Workshop
M5	Cultivating Best Friends Forever (BFFs) in Healthcare: Integrating with Primary Care	Becky Delozier Vaughn	1 Day	Franklin	Workshop
M6-Px	Preventing Substance Use Disorders By Taking Action - Social Determinants of Behavioral Health	Ruth Shim	1 Day	Grant	Workshop
M7	Exploring Peer Support	Andrea Morris	1 Day	Madison	Workshop
M8	Cognitive Therapy for Addictions	Todd Reynolds	1 Day	Perry	Workshop
M9-Px	Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Demetra Antimisarius	1 Day	Trimble	Workshop
M10	Creating an LGBTQ Safe Space: Inclusivity and Awareness Improve Treatment	Ed Johnson	1 Day	Shelby	Workshop
M11	Clinical Challenges: Working with Men in Recovery	Mark Miller	1 Day	Russell	Workshop
M12-PxAd	Assessment and Treatment of Substance Abuse and Co-Occurring Disorders in Adolescents	Randi Tolliver	1 Day	Taylor	Workshop
M13	Shame: The Emotional Energy that Drives Addiction	Jeff Georgi	1 Day	Whitley	Workshop
MT1	Intensive Skill Training in Motivational Interviewing	Karen Garrity	2 Days Monday/Tuesday	Oldham	Workshop
MT2	Neurobiology for Addiction, Mental Health and Criminal Justice Professionals	C.C. Nuckols	2 Days Monday/Tuesday	Crowne B	Workshop
	Prevention to Aftercare: Kentucky's Vision for a Robust and Integrated System of Behavioral Health Care	Mary Reinle Begley	30 Minutes (no CEUs) 12:15-12:45 p.m. (lunch buffet)	Crowne A Ballroom	Plenary
ME1	On Life's Terms: Mothers in Recovery - Film by Sheila Ganz	Katie Stratton	2 Hours 5:30-7:30 p.m.	Crowne C	Film
ME2	KASAC Meeting: Adolescents, Trauma and Adverse Childhood Experiences - ACES	Geoff Wilson, Robert Daniels, Ginny Sprang	2 Hours 5:30-7:30 p.m.	Coronet A	Meeting
NA	KY Organization for Treatment of Opioid Dependence (KYTOD) Meeting	Mark Miller	1 Hour 5:00-6:00 p.m.	Coronet B	Meeting

# PLENARY • MONDAY, AUGUST 17, 2015

## According to the ACA, It's a New Healthcare World: Where Do Addiction Services Fit In?

*Becky Delozier Vaughn, M.S.Ed, CEO, State Associations of Addiction Services*

1 Hour CEU Plenary

9:00 a.m.-10:00 a.m.

Healthcare services are changing at record speed. Changes in insurance, Medicaid, federal funding, workforce requirements, and parity regulations are just a few of the factors impacting service delivery.

What does that mean for us as providers of prevention, treatment and recovery support services? Are these changes threats or opportunities? This session will explore what changes are needed to move from "I can't" to "I will" and how the SAMHSA-funded BH business project can help.

### **Objective:**

Participants will identify what business practices are needed to transform an agency to take advantage of new funding opportunities.

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*Becky Delozier Vaughn has been working in the addictions field for over 30 years. She was a member of the founding board of The Georgia Association for the Prevention and Treatment of Substance Abuse (GAPTSA) in 1992 and became their first Executive Director in 1994. Her responsibilities included training and advocacy at the local, state, and national level. In July of 2000 GAPTSA merged with an Atlanta coalition creating The Georgia Council on Substance Abuse where she served as President and CEO until 2007. Her work continued there as an advocate at the Legislature and catalyst in the community on issues related to prevention, treatment, recovery, homelessness, and drug courts with the goal of reducing the impact of substance abuse on GA communities. Her work included passage of many bills addressing substance use disorder solutions as well as securing budget resources. Beginning in 2008 she took over the helm of the State Associations of Addiction Services (SAAS) as their CEO after serving on its Board since 2000. Since the recent merger of SAAS with the National Council for Behavioral Health, Becky is now serving as the newly created VP for Addictions at the Council with a goal of building the addiction presence and services at the Council. She has served on numerous state and federal committees and panels and speaks on the issue in a variety of settings. Becky received her degrees from the University of GA and GA State University. She grew up in Atlanta, but is enjoying being part of the DC community. As a former teacher and the mother of four, she is passionate about preventing and finding solutions to the far-reaching problems caused by untreated addiction.*

# WORKSHOP ABSTRACTS

## M1 - Integrating Spirituality into Addictions and Mental Health Counseling

Mark Sanders, LCSW, CADC

1 Day Workshop • Monday  
5 CEUs

Two-thirds of Americans surveyed say they would prefer to work with a therapist who has a spiritual foundation. This interactive, skill-building workshop focuses on strategies to integrate spirituality into addictions and mental health counseling. A partial list of topics include: The Differences between Religion and Spirituality; Integrating Religion and Spirituality with Traditional Addictions and Mental Health Counseling Approaches; Ethics and Spirituality; Conducting a Spiritual Assessment; and Issues of Diversity in Spirituality. Special emphasis will be placed upon working with clients with addictions and mental illnesses.

### Objectives:

By the end of this workshop, participants will:

1. Be aware of the differences between religion and spirituality.
2. Be aware of strategies for integrating spirituality into traditional addictions and mental health counseling.
3. Be aware of how to conduct a spiritual assessment.
4. Be aware of ethical principles that can guide the use of spirituality in addictions and mental health counseling.

## M2-Ad - Group Counseling for Adolescents: Knowledge and Techniques for Effective Group Leadership

Tony Watkins, M.A., LMFT

1 Day Workshop • Monday  
5 CEUs

This training will benefit counselors, social workers, psychologists, marriage and family therapists, and others who lead groups in any setting. This training is taught from the perspective that, in group counseling, the leader is primarily responsible for the planning and implementation of the group. This training will serve as a basic skills training for those who have minimal experience leading groups and as a practical, how-to refresher course for the seasoned counselor.

Throughout the training we will discuss and demonstrate different kinds of groups. As participants integrate the skills and techniques presented, they will practice basic and advanced leadership skills during role-play practice opportunities.

### Objectives:

1. Participant will receive an overview of effective group leadership.
2. Participant will learn basic and advanced leadership skills for planning & implementing a group.
3. Participant will learn the importance of establishing, holding, and deepening a groups' focus.
4. Participant will learn techniques to use in a group.
5. Participant will learn techniques to use in leading a group.

### **M3 - Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder**

*Shelia Cundiff, LSCW, CADC*

1 Day Workshop • Monday  
5 CEUs

After more than 14 years of continuous conflict in multiple theaters of deployment our Service Members are returning home. Over 1.1 million Service Members will face the challenge of reintegrating back into society. Many veterans are addicted or will become addicted to alcohol and/or drugs, many will become homeless due to the difficulties with reintegration, and many will suffer and struggle from Post Traumatic Stress Disorder. This workshop will identify some of the struggles, including the impact of homelessness that veterans face upon return from conflict, and will identify strategies to empower professionals to help the healing necessary for our Veterans to re-enter and function well in our communities. The treatment for veterans with addictions and PTSD and the importance of case management services will also be discussed.

#### **Objectives:**

1. Participants will gain an understanding of the stigma surrounding addiction treatment for veterans.
2. Participants will gain an understanding of the causes of the increasing number of homeless veterans.
3. Participants will gain an understanding of the importance of case management for veterans.
4. Participants will gain an understanding of the signs and symptoms of PTSD.

### **M4 - Re-licensure Ethics for Social Work, CADC and Other Counselor Professions (LMFT Not Included)**

*Geoff Wilson, LCSW, CADC*

1 Day Workshop • Monday  
5 CEUs

For those practicing in the drug and alcohol treatment field, the ability to maintain professional boundaries with clients and practice from a sound ethical foundation are essential. This program will serve to satisfy continuing education requirements for Social Workers specific to 201 KAR 23:080, as well as for Certified Alcohol and Drug Counselors specific to 201 KAR 35: 030, Code of Ethics for Certified Alcohol and Drug Counselors. The agenda for this workshop will include a review of specific mission statements for various disciplines, core values and principles, ethical standards and responsibilities. The ethical decision making process and issues pertaining to dual relationships will be reviewed along with specific case examples. Issues pertaining to counselor burnout, value clarification, boundaries, and responsibility to clients will also be explored.

*(Please Note: If you are of another Counselor profession other than Social Work or CADC, we ask that you check with your occupational board to find out if this workshop will meet your requirements. LMFT is not covered by this workshop. Thank you.)*

#### **Objectives:**

1. Participants will review 201 KAR 23:080 regulation with regard to Social Work ethics, and 201 KAR 35:030 Code of Ethics for Certified Alcohol and Drug Counselors to gain a clear understanding of their content and practice implications.
2. Attendees will discuss what it means to practice ethically and will define who their clients are.
3. Attendees will review and discuss specific case examples that pertain to the Code of Ethics of a variety of disciplines.
4. Attendees will process common experiences that may lead to counselor burn-out and boundary violations.

## M5 - Cultivating Best Friends Forever (BFFs) in Healthcare: Integrating with Primary Care

*Becky Delozier Vaughn, M.A.Ed.*

1 Day Workshop • Monday  
5 CEUs

The new healthcare world is all about integration and addressing the needs of the whole person. Access to substance use disorder treatment services is essential to lowering overall healthcare costs. How do we, as providers, demonstrate our value? How does that impact workforce requirements, billing capacity, and contracting ability? How do we move from a siloed system to a community of providers that includes us?

### Objectives:

Participants will:

1. Identify components of an accountable care organization.
2. List potential healthcare partners in their community.
3. Develop a list of needs for their agency to prepare for partnering with primary care

## M6-Px - Preventing Substance Use Disorders By Taking Action - Social Determinants of Behavioral Health

*Ruth Shim, M.D. M.P.H.*

1 Day Workshop • Monday  
5 CEUs

This interactive workshop will consider the role and responsibility that behavioral health professionals have in addressing policies and politics that are damaging to the behavioral health of our communities. This course describes specific ways to take action on the social determinants of behavioral health, those factors stemming from where we grow, live, work, learn, and age that impact our overall behavioral health and well-being, and those factors that contribute to the development of substance use disorders. Examples of important social determinants of behavioral health include adverse early life experiences, discrimination/racism, poor education, unemployment, and housing instability, to name a few. Although substance use disorders are often underpinned by genetic predisposition, the social determinants of substance use disorders are malleable through clinical, social, and policy interventions. Addressing the social determinants of behavioral health may be one of the most effective ways to promote universal prevention of substance use disorders. The first half of this workshop will discuss the clinical perspective. We will discuss relevant social determinants a behavioral health professional might encounter in the clinical setting, screening tools and assessments that can be used to measure the social determinants in clinical practice, and implementation of interventions designed to address the social determinants of alcohol and drug use. The second half of the workshop will discuss the policy perspective, including those social determinants most influenced by policy interventions, including tips on how behavioral health professionals can advocate and push for legislative changes at the community level. Participants will leave with increased advocacy skills that will help spur action to address the social determinants of behavioral health.

### Objectives:

At the completion of this workshop, participants will be able to:

1. Understand the concept of the social determinants of behavioral health.
2. Learn effective interventions that can prevent substance use disorders by addressing the social determinants of behavioral health.
3. Improve advocacy skills and take policy action to prevent substance use disorders in our communities of disciplines.
4. Process common experiences that may lead to counselor burn-out and boundary violations.

## M7 - Exploring Peer Support

*Andrea Morris, M.S.W., LCSW, M.A.C., LCAS, CSI, DOT SAP*

1 Day Workshop • Monday  
5 CEUs

As the Recovery Model gains momentum and notoriety in treatment communities, the more pressing it has become that providers gain knowledge and understanding of the true spirit of peer support. Peer Supporters offer a unique and crucial ingredient in the treatment process as they are able to bring “lived experience” and successes to share. Peers model wellness and recovery, and provide an authentic level of empathy to those they serve. In sharing their own stories of courage and resilience, peers offer the very essence of hope, which is a key foundation of wellness. In this presentation, we will explore the true meaning of wellness in community and the premise that “recovery is not only possible, it is probable.”

### Objectives:

At the end of this session participants will be able to:

1. Identify recovery and wellness principles.
2. Define the role of Peer Supporters and ten guiding principles.
3. Identify programs and treatment milieus where peers may be effectively utilized.
4. Identify peer training program strengths and areas for growth.
5. Identify ways to partner with peers for an overall cohesive treatment continuum.
6. Gain resources for ongoing peer program development.

## M8 - Cognitive Therapy for Addictions

*Todd Reynolds, M.S.S.W., CADC*

1 Day Workshop • Monday  
5 CEUs

Cognitive Therapy is a proven, evidence based practice in working with addictions. This workshop will focus on effective strategies and skills that comprise utilizing cognitive therapy in working with addictions. Cognitive therapy is sometimes called cognitive behavior therapy because the goal is to help people in the ways they think (the cognitive) and in the ways they act (the behavior). It is based on the concept that the way we think about things affects how we feel emotionally and what we do behaviorally. Cognitive therapy focuses on present thinking, behavior, and communication rather than on past experiences and is oriented toward problem solving.

### Objectives:

1. Be able to clearly define cognitive therapy.
2. Become comfortable with the use of cognitive therapy in treating people with addictions.
3. Identify the roles of a person’s thoughts, feelings and behavior in treating addictions.
4. Learn at least 3 cognitive therapy skills to utilize with patients with addictions.



## M9-Px - Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse

*Demetra Antimisarius, PharmD., CGP, FASCP*

1 Day Workshop • Monday  
5 CEUs

Understanding pharmacological and physiological aspects of psychoactive medications (both intended and unintended psychoactive) can be valuable to the substance abuse professional. All medications can have effects on the psychological wellbeing of an individual, even if the medications are not labeled as psychoactive. This session will review elements of psychoactive pharmacology, intended and unintended psychoactive medication effects, and the various conditions or circumstances that can lead to unintended psychoactivity of any medications and substances.

### Objectives:

1. Describe examples of how psychoactive medications interact with the human nervous system to result in tolerance, neuroplasticity, and toxicity.
2. Name three medications ordinarily considered non-psychoactive which have psychoactive effects.
3. List physiological conditions which can result in increased psychoactive activity of any medication.

## M10 - Creating an LGBTQ Safe Space: Inclusivity and Awareness Improve Treatment Outcomes (Lesbian, Gay, Transgender, Questioning)

*Ed Johnson, M.Ed., M.A.C., LPC*

1 Day Workshop • Monday  
5 CEUs

Issues related to sexual orientation and gender identity are routinely not recognized and frequently not addressed in Substance Use Disorders Treatment. Individuals who are Lesbian, Gay, Bisexual, Transgender or Questioning (LGBTQ) enter treatment programs with a unique set of challenges. Unaddressed, these issues all too often contribute to unsuccessful treatment outcomes. This didactic and experiential workshop will review the general constructs of sexual orientation and gender identity. It will explore the particular issues and life experiences of this frequently hidden minority that have contributed to the development of substance use disorders. Participants will become familiar with interventions specific to the LGBTQ individuals phase of identity development and will be introduced to ways of creating safe, supportive, affirming and inclusive treatment environments.

### Objectives:

At the completion participants will:

1. Understand the difference between sexual orientation and gender identity.
2. Increase their understanding of the impact of trauma on individuals who are LGBTQ and its relationship to unsuccessful treatment outcomes.
3. Be able to identify ways of creating supportive, affirming and inclusive treatment environments and Persistent Depressive Disorder.

## M11 - Clinical Challenges: Working with Men in Recovery

*Mark Miller, M.A., M.S., LMFT*

1 Day Workshop • Monday  
5 CEUs

A typical tenet of recovery, whether medically assisted, inpatient, or 12-step peer support is admitting that you have a problem. How does this mesh with how men are taught and encouraged to behave? What particular skills does it take to engage with men and to connect with them? How do we as addiction experts encourage men to consider recovery from a gendered perspective? What does it mean to be a man in terms of being a father, brother, uncle, friend, colleague, lover, husband? How can those various roles help to engage men in treatment and simultaneously pull men away from treatment? Join us for a stimulating conversation about the inherent challenges in working with men who are struggling with addiction and how we might be able to address those challenges.

### Objectives:

1. Understand a gendered view of what it means to be a man.
2. Learn techniques for engaging with men.
3. Identify how the disparate roles men play can challenge and reward sobriety at the same time.
4. Identify specific steps to becoming more effective in clinical work.
5. Develop a stronger understanding of the need of effective self-care and clinical supervision in order to be effective as a clinician.

## M12-PxAD - Assessment and Treatment of Substance Abuse and Co-Occurring Disorders in Adolescents

*Randi Tolliver, Ph.D., CADC*

1 Day Workshop • Monday  
5 CEUs

Recent studies indicate high rates of co-occurring mental health and substance use disorders in adolescents. Findings also reveal that youth have unique developmental, psychological, and emotional assets and needs that are distinctly different from adults. Therefore, it is important for providers to appropriately assess and offer developmentally appropriate treatment interventions for adolescents with co-occurring mental health and substance use disorders. This workshop will explore adolescent developmental tasks that may complicate the assessment process, explore screening and assessment tools for identifying co-occurring disorders, offer information about effective treatment interventions, and describe the importance of family involvement and care coordination in services for adolescents.

### Objectives:

1. Identify key elements of screening and assessment for adolescents.
2. Explore challenges in the assessment and treatment of adolescents with co-occurring disorders as well as strategies to reduce challenges.
3. Describe important components of treatment interventions for programs that provide co-occurring disorder services for adolescents.
4. Discuss the role of the provider, program, and system in the development and delivery of comprehensive and integrated co-occurring disorder capable services for adolescents.

## M13 - Shame: The Emotional Energy that Drives Addiction

*Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP*

1 Day Workshop • Monday  
5 CEUs

Shame is a corrosive state of being that sends the message "I am not good enough." Shame is different from guilt in that the latter is anchored in what we do and the former is tied to who we are or see ourselves to be. As seen through the lens of the biological, psychological, sociological, and spiritual experiential model of addiction, shame is the affective energy that ignites the biology of the disease. Utilizing the works of Heinz Kohut, Sylvan Tompkins, Nathaniel Robinson and Phil Flores, this workshop will examine the origins of shame and its impact on the substance abusing patient. Specific attention will be given to issues of limbic resonance and the potential clinical pitfalls that can damage the therapeutic relationship which is so essential to supporting the recovery of patients with substance use disorders. The implications that shame has on our understanding of prevention and intervention will also be reviewed.

### Objectives:

1. Participants will be able to discuss a working definition of shame as an important treatment variable.
2. Participants will be able to examine how best to avoid activating the shame of their clients.
3. Participants will discuss the negative impact of shame upon the therapeutic relationship.
4. Participants will examine the implication of shame as it impacts our implementation of substance abuse prevention and intervention efforts.

## MT1 - Intensive Skill Training in Motivational Interviewing (Beginning Course)

*Karen Garrity, MS.Ed., NCC, LPCC, CADAC*

2 Day Workshop • Monday & Tuesday  
10 CEUs

This two-day training is a skill-based strengths training that focuses on skill-building for direct practice staff working with challenging clients. The information will be presented over two days, utilizing multimedia presentations, interactive lecture and facilitated small and large group exercises. A mixture of small group discussions, videos, case scenarios and full room exercises keep the training pace lively and engaging.

The emphasis for this training is on skill-building and "theory-to-practice" group work for direct application of these various curriculums.

### Objectives:

Upon completion, participants attending this training will be able to:

1. Define and understand the spirit and processes of motivational interviewing.
2. Understand the spirit and processes of motivational interviewing that increase client-staff rapport and increase the client's readiness to change.
3. Be able to demonstrate, in direct practice, resistant-lowering techniques that will improve the engagement of reluctant clients.
4. Be able to identify activities that will continue the skills development of MI.

## MT2 - Neurobiology for Addiction, Mental Health and Criminal Justice Professionals

*C.C. Nuckols, Ph.D.*

2 Day Workshop • Monday & Tuesday  
10 CEUs

This practical training will assist clinicians in their understanding of brain origin and faulty circuits involved in commonly treated disorders such as addiction, PTSD, OCD, ASPD and depression. From this understanding, the clinician can better understand how wellness, psychotherapy and pharmacotherapy aid in the recovery of their clients. To just learn neuroanatomy is futile and to understand neurobiology as it relates to disorders and therapeutic intervention is exciting.

Also of importance is the understanding of unconscious and conscious brain processes and how problems of development, such as early life developmental trauma and early alcohol and drug usage, interfere with the normal trajectory of prefrontal cortical development.

### Objectives:

Upon completion of this course, participants will be able to:

1. Improve client compliance by explaining the neurobiology of both the client's condition and need for following through on the intervention.
2. Understand how many psychiatric disorders involve faulty circuits-problems with communication between various brain areas.
3. Explain the genetic and species specific role of the unconscious brain and how it relates to addiction and trauma.
4. Describe the functions of the prefrontal cortex (orbitofrontal cortex, anterior cingulate gyrus and dorsolateral prefrontal cortex) and how delayed development is associated with many clinical problems (ADHD and personality immaturity for example).
5. Understand relationships between many different neural areas that help us understand the "seeking" of reward and brain lateralization (Right and Left Hemisphere).
6. Better understand the therapeutic relationship and how "healing" involves Right Hemisphere to Right Hemisphere "resonance".

## ME1 - On Life's Terms: Mothers in Recovery – A Documentary film by Sheila Ganz

*Facilitator: Katie Stratton, M.S., LPCA*

1 Evening Workshop • Monday  
2 CEUs

The 57 minute documentary by filmmaker Sheila Ganz, *On Life's Terms: Mothers in Recovery*, elevates the voices of five mothers battling substance use addiction in a gender responsive residential treatment program in San Rafael, California. Their intimate story reveals experiences with domestic violence, inter-generational family issues, prostitution and incarceration. In the desire for custody of their children they transform their lives over three years through self-sufficiency and new found pride refuting the stigma and drug laws impacting women and children and will inspire hope for recovery. This timely film addresses the broader issues of Treatment Works and Family Preservation is Prevention by breaking the cycle of addiction, abuse and poverty. To view the trailer visit: <http://www.onlifeterms.org>.

### Objectives:

1. Will gain insight of the unique needs and concerns faced by pregnant and parenting women with drug addictions.
2. Will gain an understanding and reduction of pre-existing stigma of mothers with substance use addictions through increased awareness of underlying issues that include reproductive rights, family preservation and reunification.
3. Will gain understanding of gender response residential treatment programs with comprehensive wrap-around services.
4. Will deepen understanding of the importance that the mothers gain through recovery, parenting and life-skills while having their young children with them.

Sheila Ganz,  
Director; Pandora's Box Productions  
1546 Great Highway #44, San Francisco, CA 94122  
Phone: 415.564.3691  
[sheila.ganz@gmail.com](mailto:sheila.ganz@gmail.com),  
<http://www.onlifeterms.org>,  
<http://www.unlockingtheheart.com>

**ME2 - Kentucky Adolescent Substance Abuse Consortium Annual Meeting  
Guest Contributor: Ginny Sprang, Ph.D  
with the University of Kentucky Dept.  
of Psychiatry "Adolescents, Trauma and  
Adverse Childhood Experiences (ACES)"**

*Facilitator: Robert Daniels, M.A. and Geoff Wilson, LCSW,  
CADC*

1 Evening Workshop • Monday  
2 CEUs

**Objectives:**

1. Audience members will increase their knowledge regarding trauma with youth and the negative impact this trauma may have on short and long-term functioning.
2. Audience members will increase their knowledge regarding what Adverse Childhood Experiences are and their impact on the individual that has experienced them.

# TUESDAY AGENDA

Tuesday, August 18, 2015

9:00 - 10:00 a.m.	<b>Plenary</b> <i>Current State of Research in Prevention Practice</i> John Clapp, Ph.D., FAAHB	Crowne A Ballroom
10:00 - 10:15 a.m.	<b>Break</b>	
10:15 - 10:30 a.m.	<b>Prep Time/Go to workshop</b>	
10:30 - 12:00 p.m.	<b>Workshops</b>	
12:00 - 1:15 p.m.	<b>Lunch/Provided</b> (box) KAAP Annual Meeting (pick up box lunch)	Crowne A Ballroom Crowne B
1:15 - 2:45 p.m.	<b>Workshops Continued</b>	
	<b>Break time</b> (at presenters discretion)	
3:00 - 4:45 p.m.	<b>Workshops - continued</b>	
5:30 - 7:30 p.m.	<b>Kentucky School Appreciation Banquet</b> <b>Robert Straus &amp; Mike Lowther Awards Presentation</b>	Crowne A Ballroom
	<i>Live Music:</i> Don Rogers Band begins 4:45 p.m. – Come relax and visit with friends!	
	<i>Blessing:</i> Mike Vance - 5:40 p.m.	
	<i>Buffett Dinner</i>	
	<i>Changing Negative Public Attitudes: Language Matters</i> - 6-7 p.m. Tom Coderre, SAMHSA Senior Advisor to the Administrator, former Rhode Island Senator, National Faces and Voices of Recovery (1 CEU)	
	<i>Mike Lowther Awards:</i> Presented by Laurie Sutter	
	<i>Robert Straus Awards:</i> Presented by Natalie Kelly	

# SESSIONS

## Tuesday, August 18, 2015

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
TP - Px	Current State of Research in Prevention Practice	John Clapp	1 Hour	Crowne A Ballroom	Plenary
T1	Cultural Competency in Addictions Treatment	Mark Sanders	1 Day	Crowne C	Workshop
T2	Helping Women Recover, A Program for Treating Addiction (Based on Dr. Stephanie Covington's Manualized Curriculum)	Twyla Wilson	1 Day	Coronet A	Workshop
T3	Craving Management	Jeff Georgi	1 Day	Coronet B	Workshop
T4	Medication Assisted Treatment: Getting it Right	Debbie Acker, Mark Fisher, Jeanne Keen	1 Day	Grant	Workshop
T5-PxAd	Intermediate to Advanced Motivational Interviewing for Skill Development and Supervision	Annie Fahy	1 Day	Madison	Workshop
T6-Px	Marijuana Trending, Marijuana Misuse, Medicine and Legalization - Helping Communities and Clients Sail the Rhetorical Seas	Allan Barger	1 Day	Perry	Workshop
T7	Foundation Skills for Substance Abuse Counseling	Mark Miller	1 Day	Trimble	Workshop
T8-Px	SBIRT Models on Campus in the Context of Comprehensive Program	John Clapp	1 Day	Perry	Workshop
T9-Px	Transforming Health: Using systems thinking to create vibrantly effective prevention systems that can significantly improve health and well-being	Laurie Barger Sutter	1 Day	Russell	Workshop
T10-PxAd	The Adolescent Brain: Expectations and Frustrations: The Experience-Dependent Brain and Drug Use	Jonathan Cloud	1 Day	Taylor	Workshop
T11	Understanding the Cultures of Addiction and Criminality	Michael Johnson	1 Day	Whitley	Workshop
TW1-PxAd	Motivational Interviewing for Adolescents (Beginning to Intermediate)	Rose Golden	2 Day Tuesday/Wednesday	Elliott	Workshop
TW2	Best Practices in Clinical Supervision (Note: ends at 5:45 p.m. each day)	Geoff Wilson	2 Day Tuesday/Wednesday	Franklin	Workshop
TE2-Px	Changing Negative Public Attitudes, Language Matters	Tom Coderre	1 Hour	Crowne A Ballroom	Banquet
MT2	Neurobiology for Addiction, Mental Health and Criminal Justice Professionals	C.C. Nuckols	2 Days Monday/Tuesday	Crowne B	Workshop
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course)	Karen Garrity	2 Days Monday/Tuesday	Oldham	Workshop



# PLENARY • TUESDAY, AUGUST 18, 2015

## TP-Px - Current State of Research in Prevention Practice

*John Clapp, Ph.D., FAAHB*

1 Hour Plenary • 1 CEU

9:00 a.m.-10:00 a.m.

This presentation addresses the current state of prevention science as it relates to AOD. Issues concerning evidence-based programs, using data to plan prevention, evaluation and the like will be discussed.

### **Learning Objective:**

Participants will learn about the current issues in prevention science related to professional practice.

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*Dr. John D. Clapp is currently Professor and Associate Dean for Research and Faculty Development at The Ohio State University, College of Social Work. He is also currently the director of Higher Education Center for Alcohol and Drug Abuse Prevention and Recovery located at OSU.*

*Dr. Clapp has published more than 90 journal articles with his work appearing in the Journal of Studies on Alcohol and Drugs, Addiction, Drug and Alcohol Dependence among numerous other top research journals. He has been awarded over \$32 million in grants and contracts (NIAAAA, NIDA, U.S. Department of Education, Conrad N. Hilton Foundation) and has been Principal Investigator on over 20 funded projects.*

*Dr. Clapp is currently conducting research with partners in The Ohio State University College of Engineering related to computational simulation of dynamic drinking events. A Fellow in the American Academy of Health Behavior, he serves on the National Advisory Council, Substance Abuse and Mental Health Services, Center for Substance Abuse Prevention.*

*He is currently Editor-in-Chief of the International Journal of Alcohol and Drug Research. His work has received international media attention with coverage in the New York Times, The Washington Post, The London Daily Telegraph, ABC National News, among numerous others.*

### **EDUCATION:**

*Ph.D. - The Ohio State University, 1995*

*M.S.W. - San Diego State University, 1991*

*B.A. - Psychology - San Diego State University, 1987*

# WORKSHOP ABSTRACTS

## T1 - Cultural Competency in Addictions Treatment

*Mark Sanders LCSW, CADAC*

1 Day Workshop • Tuesday  
5 CEUs

In this workshop participants will leave with tools that will enable them to work more effectively with chemically dependent clients from diverse backgrounds. A partial list of topics include: The 10 Characteristics of Culturally Competent Addictions Counselors; A Strength-based Approach to Working with Clients from Diverse Backgrounds; Evidence-based Models of Recovery from the Native American, Faith-based, Peer-based, and Other Communities; How to Move Beyond First Impressions; Engaging Clients from Diverse Backgrounds within the First 5 Minutes of Contact; Facilitating Therapy Groups with Multicultural Memberships; How to Utilize Countertransference Reactions as a Gift in Cross-cultural Counseling; How to Assure the Clinician's Biases, Assumptions, and Stereotypes Do Not Negatively Affect the Counseling Relationship; and Developing Cultural Proficiency, the Highest Level of a Cultural Competence Continuum.

### Objectives:

By the end of this workshop, participants:

1. Be aware of 10 characteristics of culturally competent addictions counselors.
2. Be aware of 5 strategies for building rapport with chemically dependent clients from diverse backgrounds within the first 5 minutes of contact.
3. Be aware of how to utilize countertransference reactions as a gift.
4. Be aware of how to move toward cultural proficiency in clinical practice.

## T2 - Helping Women Recover, A Program for Treating Addiction (Based on Dr. Stephanie Covington's Manualized Curriculum)

*Twyla Wilson, LCSW*

1 Day Workshop • Tuesday  
5 CEUs

Over the past thirty years our knowledge of women's lives has increased drastically, and we have added significantly to our understanding of the treatment needs of chemically dependent women. Based on Dr. Covington's treatment curriculum Helping Women Recover: A Program for Treating Addiction, the workshop offers a comprehensive treatment model that integrates theories of addiction, women's psychological development, and trauma. Designed to give counselors, clinicians, recovering women, and others a basic understanding of the current knowledge related to addiction, the workshop focuses primarily on women's recovery. The workshop emphasizes the key issues of self, relationships, sexuality, spirituality, and the therapeutic techniques for dealing with these issues. Throughout the workshop, Dr. Covington also discusses how the treatment program materials can be used with women in the criminal justice system, the most hidden group of women in our society.

### Objectives:

1. Discuss the history of women's treatment.
2. Integrate current theoretical perspectives.
3. Exine the multiple issues in women's recovery.
4. Demonstrate specific treatment strategies.
5. Increase participants' understanding of the needs of incarcerated women.
6. Identify the roles of a person's thoughts, feelings and behavior in treating addictions and trauma.
7. Learn cognitive therapy skills to utilize with patients with addictions and trauma.

### T3 - Craving Management

*Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP*

1 Day Workshop • Tuesday  
5 CEUs

Program Description: The DSM-5 has added craving as a major symptom of addiction, making it more important than ever to incorporate craving management at all levels of treatment intervention. For too long, we have focused on relapse prevention utilizing a cognitive model to serve our patients. Such interventions focus on engaging the frontal cortex in an effort to “out think” potential relapse. As we continue to learn more about the many pathways of addiction, it is clear that much of the energy for this illness comes from within the limbic system. When a craving strikes, the patient, much like a PTSD event, encounters a limbic storm which can literally take the frontal cortex off line. Reason and thinking simply are not enough. We need to arm our patients with craving management tools that they can use to “act” their way through the intensity of the craving experience.

#### Objectives:

1. Participants will have a good working definition of craving.
2. Participants will discuss the limitations of the relapse prevention approach which focuses primarily on neocortical interventions.
3. Participants will examine specific techniques to help patients “act” through a craving.
4. Participants will examine how to formulate appropriate client involved treatment plans.

### T4 - Medication Assisted Treatment: Getting it Right

*Debbie Acker, R.N., CFN*

*Mark Fisher, M.S.*

*Jeanne Keen, R.N., CADC, M.S.*

1 Day Workshop • Tuesday

5 CEUs

This training is designed to assist the participant in developing a greater knowledge and understanding of medication assisted treatment as the gold standard treatment for opiate addicted individuals. We will begin by reviewing the history of opioids and their impact on society. We will then discuss the Medication Assisted Treatment programs in Kentucky to gain an understanding of the programs and their treatment protocols. We will focus specifically on medication assisted treatment and the pregnant woman, discussing Methadone, Subutex, and Suboxone as treatment for the pregnant woman.

#### Objectives:

1. Review the history of opioid addiction and discuss what is happening today in Kentucky.
2. Discuss the disease of addiction and available treatments.
3. Understand Kentucky’s Medication Assisted Treatment programs.
4. Discuss the medications available to treat opioid addiction including the risks and benefits of utilizing these medications during pregnancy.
5. To be able to implement Trauma-Informed Care principles in case management.
6. To identify and implement effective self-care techniques for the case manager.

## T5-PxAD - Intermediate to Advanced Motivational Interviewing for Skill Development and Supervision

Annie Fahy, RN, LCSW

1 Day Workshop • Tuesday  
5 CEUs

Working issues of a behavior or lifestyle change in patients takes flexibility and innovation as well as solid skills in Motivational Interviewing (MI) and health coaching. This workshop will offer skills and practice opportunities to think and speak Motivational Interviewing. Using practice opportunities to work through difficult presentations and stuck places that patients operate from, improves skills and resiliencies in the worker. Additionally, observed practice, coaching with feedback is recognized in research as the best practice method for creating full implementation culture change to MI as well as a higher level of confidence in the skills (Miller, W. R., et al., 2004; Fixsen, D.L., et al., 2009). This workshop will supplement MI Basics for those who have experience and training using and developing MI protocols. Clinicians will gain many great ideas for implementing MI culture in a variety of health care settings. Incorporating MI into practice and work settings provides professionals with ways to address behavior change in a "patient/client centered" way.

### Objectives:

1. Review and practice basic skills, Open questions, Affirmations, Reflections & Summaries (OARS), & Elaboration questions, Affirmations, Reflections & Summaries (EARS).
2. Understand the research that supports ongoing training and coaching for implementing MI in healthcare culture.
3. Practice specific evocation skills that create and reinforce change talk.
4. Develop skills for addressing and managing sustain talk, discord and other barriers to change.
5. Gain understanding and develop skills of self evaluation and other evaluation using MITI 4 coding principles.
6. Create personal learning plan.

## T6-Px - Marijuana Trending, Marijuana Misuse, Medicine and Legalization - Helping Communities and Clients Sail the Rhetorical Seas

Allan Barger, M.S.W.

1 Day Workshop • Tuesday  
5 CEUs

Have you ever had a client tell you marijuana is good medicine, a beneficial herb, and that people are being thrown into jail by a draconian government out to get them? Are people in your communities persuaded that marijuana is relatively safe and should be legalized, taxed and made widely available? These ideas and attitudes impact both community prevention efforts and client treatment. This session explores current medical cannabis policy initiatives, marijuana legalization issues and a variety of negative health outcomes documented in research. It relates how we help communities and individual clients better understand the issues, explore their attitudes and beliefs before choosing what is in their own best interests. (NOTE: Images of marijuana used in this presentation could create craving in cannabis dependent individuals.)

### Objectives:

Those attending will:

1. Learn the information and beliefs expressed on the Internet, in communities and by clients that hamper both prevention and treatment efforts.
2. Explore 4 risks of marijuana use supported in research;
3. Explore the accuracy of 3 arguments people are given for marijuana legalization.
4. Develop responses to help communities and clients move beyond the rhetoric and their own defenses.

## T7 - Foundation Skills for Substance Abuse Counseling

*Mark Miller, M.A., M.S., LMFT*

1 Day Workshop • Tuesday  
5 CEUs

This workshop is for new counselors entering the treatment field or for counselors that are beginning to see more addiction clients on their caseloads and want to be more effective with this population. Utilizing TAP 21: Addiction Counseling Competencies, pertinent aspects of assessment, diagnosis, and treatment planning will be reviewed. Techniques for engaging clients and their families and running effective treatment groups will be explored. Utilizing interventions that correspond to a client's stage of change will also be reviewed.

### **Objectives:**

1. Explore their professional readiness to work effectively with the addiction population.
2. Review a variety of Practice Dimensions, along with evidence-based practices for treating the addiction population.
3. Review techniques to enhance engagement with clients and how to formulate appropriate client involved treatment plans.

## T8-Px - SBIRT Models on Campus in the Context of Comprehensive Program

*John Clapp, Ph.D., FAAHB*

1 Day Workshop • Tuesday  
5 CEUs

This workshop will detail a comprehensive prevention model for campus alcohol-problems. The model will include several evidence-based policies and programs and discuss planning, resource allocation, implementation, and evaluation. Special attention will be given to SBIRT in the overall context of all prevention efforts.

### **Objectives:**

1. Participants will learn the elements of a comprehensive prevention program.
2. Participants will learn how to design an SBIRT program.
3. Participants will learn the differences between SBIRT and commercial software packages

## T9-Px - Transforming Health: Using system thinking to create vibrantly effective prevention systems that can significantly improve health and well-being

Laurie Barger Sutter, MCRP, BSAS, B.A.

1 Day Workshop • Tuesday

5 CEUs

Systems thinking is providing new insights about the most effective ways to address complex problems that are intertwined with, and often rooted in, other afflictions and conditions. These syndemics—or synergistically ‘linked epidemics’—create a burden of disease that far exceeds the effect of each affliction added together and impacts multiple sectors and disciplines. Preventing a syndemic requires not only preventing or controlling each individual problem, but also the forces that tie those problems together. This, in turn, requires a close, multi-sector coordination of efforts between partners and stakeholders and a comprehensive array of strategies. When done well, this approach can generate significant outcomes across problems very quickly (as little as one to two years) and often for very small investments of funding.

The purpose of this session is to help prevention practitioners and their partners begin to use system science and theory to achieve population-level improvements in health and well-being; primarily through the development of effective, multi-sector prevention systems. Specifically, the tools and frameworks introduced in this session will help participants begin to: 1) identify, mobilize and convene needed partners and resources based on shared linkages between substance abuse and other social and public health issues; and 2) develop effective, multi-sector prevention systems that can set collective priorities, access a diverse array of resources, and design, implement and evaluate comprehensive initiatives across sectors at all levels.

Because intervening effectively in a community or similar “system” requires an in-depth understanding of how the system ‘works,’ the session will include an emphasis on “place-based” approaches which address multiple factors, including: history, culture, and values; the relationships between individuals and institutions; the economic and political climate; the demographics of resident populations; the capacity, readiness, and political will of members and leaders to define certain behaviors or conditions as problematic and act to address them; and the resources that are available to support action.

Participants will engage in interactive discussion to identify how the theories, tools and frameworks might be used or adapted within their own service areas, and explore examples of how others have used them to achieve significant health outcomes.

### Objectives:

Participants will be able to:

1. Explain how systems science can be used to understand and prevent problems related to substance abuse.
2. Describe the phenomenon of a syndemic (i.e., synergistically linked health and social problems) and how it can best be prevented or reduced.
3. Explain how systems theory can be used to create effective, multi-sector prevention system infrastructure.
4. Describe key indicators for multi-sector prevention system development.

## T10-PxAd - The Adolescent Brain: Expectations and Frustrations: The Experience-Dependent Brain and Drug Use

*Jonathan Cloud, B.A., B.A.*

1 Day Workshop • Tuesday

5 CEUs

This workshop takes participants beyond “the science of addiction” and its useful focus on the neural mechanisms of addiction. It uses interactive approaches to provide a deeper understanding of the adolescent quest for three types of intense experiences. These experiences are associated with three innate survival or well-being traits and, as such, are keys to growth and development. From this perspective, a vulnerable youth is one for whom the use and/or abuse of alcohol and other drugs is adaptive in that it offers or facilitates intense experiences, and such experiences are critical to well-being. This workshop explores this conundrum and lays out exciting prevention and intervention strategies that utilize approach goals and behaviors rather than avoidance goals and behaviors. Practical examples are provided for training and empowering youth to create the experiences that their brains have prepared them to expect. The workshop shows how these experiences activate a remarkable level of cognition capable of discerning that drug experiences cannot adequately meet well-being needs and goals.

### Objectives:

1. Able to explain three hardwired survival traits and related instinctive quests for certain types of experiences that influence how youth learning, choice-making, and behavior work; and how the brain prepares youth to expect these experiences.
2. Understand how frustration from not engaging in the experiences being sought after affects brain development and architecture and negatively affects well-being, need satisfaction, and goal attainment.
3. Understand the developmental perspective of vulnerability in terms of the extent to which the drug use experience, though highly inferior to the experiences innately sought after by youth, is adaptive in light of unfulfilled expectations.
4. Able to identify the four major brain systems and how they develop and interrelate for positive adaptation to adverse circumstances (i.e., resiliency) and how this inherent capacity is the key to prevention and intervention.
5. Able to use a research-informed framework to guide interactions with adolescents and the development of informal and formal plans of care to support resiliency and growth.

## T11 - Understanding the Cultures of Addiction and Criminality

*Michael Johnson, LSW, LMSW*

1 Day Workshop • Tuesday

5 CEUs

The training discusses the parallels of addiction and criminality and the developmental processes leading to these lifestyles. The training addresses the impact of eroding values, changing norms, shifting attitudes and the perceptions of what is normal in the view of the addicted/offender. Its focus is on the anti-social characteristics of the offender and its impact on resistance, relapse and recidivism.

### Objectives:

1. How to identify the “primary diagnosis” of the client, as with many offenders their criminality is the primary problem which follows from drug and alcohol use.
2. Assist counselors in developing a treatment plan which has an improved usefulness to both the therapist and client.
3. Explain that the addict and offender is also enmeshed in lifestyle behaviors that can influence self-defeating behaviors and impede the process of recovery.
4. Provides insight concerning the bivalence that this population presents in therapy.
5. Discuss the importance of continuity of care, e.g., the role of the treatment, parole/probation officers and out-patient therapists.



## **TW1-PxAd - Motivational Interviewing for Adolescents (Beginning to Intermediate)**

*Rose Golden, M.S.W.*

2 Day Workshop • Tuesday/Wednesday

10 CEUs

This is an introductory to intermediate level, interactive workshop to learn the basic clinical style of motivational interviewing (MI). "Motivational Interviewing is a collaborative conversation style for strengthening a person's own motivation and commitment to change." After orientation to the underlying spirit and principles of MI, interactive exercises help participants to reinforce empathy skill, recognize and elicit client change talk, and roll with resistance.

### **Objectives:**

1. To understand the fundamental spirit and principles of MI.
2. To strengthen empathetic counseling skills (OARS).
3. To understand the directive aspects of MI.
4. To experience and practice an MI style for meeting resistance.
5. To recognize and effectively respond to client change talk.

## **TW2 - Best Practices in Clinical Supervision (Note: ends at 5:45 p.m. each day)**

*Geoff Wilson, LCSW, CADC*

2 Day Workshop • Tuesday/Wednesday

12 CEUs

The training fulfills the clinical supervision requirements outlined in 908 KAR 1:310 and 908 KAR 1:370.

Audience: This class is for those who have experience in the field of addictions and who are entering role of clinical supervisor or who would like to improve on their clinical supervision skills.

This is a two day workshop offering 12 CEUs beginning at 10:30 and ending at 5:45 p.m. each day--6 hours each day.

It will provide attendees with an in-depth overview of what clinical supervision is in practice. Various models of supervision will be reviewed along with how a particular supervision model may best fit a supervisor. Specific issues that clinical supervisors are often confronted with will be discussed in an in-depth fashion (program morale issues, supervisees that may not want to be supervised, ethical issues, etc.) This is an interactive workshop where attendees will have the opportunity to establish and improve on practical clinical supervision skills.

### **Objectives:**

1. Explore the path that individuals often take to becoming a clinical supervisor.
2. Discuss stages of change for individuals becoming effective clinical supervisors and specific techniques to maintain effectiveness.
3. Review various models of clinical supervision and identify techniques that can enhance approaches to becoming more effective.
4. Discuss common pitfalls that clinical supervisors often are addressing and ways to effectively address them.
5. Addressing problematic supervisees will be explored along with an emphasis on effective feedback by clinical supervisors.
6. The difference between case management, case staffing, and "spending 8 hours with supervisees and counting it as supervision" vs. actual clinical supervision will be highlighted.

# BANQUET • TUESDAY, AUGUST 18, 2015

## TE2-Px- Changing Negative Attitudes, Language Matters

Tom Coderee, B.A.

Senior Advisor to the Administrator  
Substance Abuse & Mental Health Services Administration (SAMHSA)

1 Hour Banquet Presentation • 1 CEU

6-7 p.m.

Tom Coderre will discuss how language shapes perception and perception influences actions. He will explore behavioral health messaging in the context of individual health behaviors, clinical practice, and policy making. His presentation will include examples from the popular media as well as scientific and policy forums. The Keynote will highlight behavioral health, prevention, treatment, and recovery from addiction.

### Objectives:

1. Understand how to discuss the basic scientific principles of substance use disorders using a non-stigmatizing and person-centered approach.
2. Learn techniques for adapting the language you use when talking about the treatment of substance use disorders including Medication Assisted Treatment (MAT).
3. Acquire an awareness of how language shapes perception, and perception influences health policy, practice, and health behaviors.

*Well known in the addiction recovery community, Tom was Chief of Staff to the Rhode Island Senate President prior to joining SAMHSA as a Senior Advisor to the Administrator at the end of August 2014. He served as the Board Chair for Rhode Island Communities for Addiction Recovery Efforts (RICARES), and he is the former National Field Director of Faces & Voices of Recovery. Tom has an extensive background in government and served in the Rhode Island Senate from 1995-2003. He is a graduate of Rhode Island College where he earned his Bachelor's degree in Political Science. Some of you may recognize him from a recent documentary about the recovery movement, The Anonymous People.*

*Tom works on a variety of issues for SAMHSA and the Administrator, including but not limited to prevention, treatment and recovery programs and policy. He is coordinating collaboration on these issues and representing SAMHSA with other HHS offices and operating divisions, and with the White House. Due to the recent retirement of Dr. Westley Clark, Tom will also advise the Acting Director of CSAT during the search and transition of a new director.*

*Tom is the recipient of many awards and honors for his service including the 2007 Path to Recovery Award from A New Path, the 2009 National Advocate of the Year award from RICARE's, the 2011 Community Awareness Award from the Foundation for Recovery, the 2012 James H. Ottmar Award from the RI Council on Alcoholism & Other Drug Dependence and the 2013 Vernon Johnson Award from Faces & Voices of Recovery. He is a passionate advocate and committed public servant who will no doubt be a tremendous asset to SAMHSA as they continue the important work of crafting effective public policy to reduce the impact of substance abuse and mental illness on America's communities.*

# WEDNESDAY AGENDA

Wednesday, August 19, 2015

7:00 - 8:00 a.m.	<b>Morning AA/NA Open Meeting</b>	Hancock
9:00- 10:00 a.m.	<b>WP - Plenary</b> <i>The Art and Science of Healing: Finding the Healing Self Inside</i> C.C. Nuckols, Ph.D.	Crowne A Ballroom
10:00 - 10:15 a.m.	<b>Break</b>	
10:15 - 10:30 a.m.	<b>Go to workshop</b>	
10:30 - 12:00 p.m.	<b>Workshops</b>	
12:00 - 1:15 p.m.	<b>Lunch/Provided</b>	Crowne A Ballroom
12:00 - 1:00 p.m.	<b>WN1 - CADC Luncheon/Meeting/Facilitated Discussion</b> <i>Licensed Alcohol and Drug Counselors in Kentucky</i> Geoff Wilson, LCSW, CADC (Bring box lunch to room), 1 CEU	Crowne B
1:15 - 2:45 p.m.	<b>Workshops - continued</b>	
2:45 - 3:00 p.m.	<b>Break</b> (at presenters discretion)	
3:00 - 4:45 p.m.	<b>Workshops Continued</b>	
4:30-6:00 p.m.	<b>WA - Findings from the Field: Poster Presentation Session</b>	Crowne A Ballroom
5:30-7:30 p.m.	<b>WE2 - Methadone, The Twelve Steps and Needle Exchanges: How can we integrate such varied approaches and services to serve the addict who still suffers?</b> Barbara Carter, M.A., CADC	Crowne C
6:00 - 8:00 p.m.	<b>WE1 - Film/Discussion: <i>Anonymous People</i></b> Mike Barry, B.A., Facilitator, 2 CEUs	Crowne A Ballroom

# SESSIONS

Wednesday, August 19, 2015

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
WP	The Art and Science of Healing: Finding the Healing Self Inside	C.C. Nuckols	1 Hour	Crowne A	Plenary
W1-Px	The Female Brain and Substance Use Disorders: Implications for Prevention, Intervention and Treatment	Jeff Georgi	1 Day	Crowne C	Workshop
W2-Ad	Establishing Trust, Rapport and Therapeutic Relationships in Adolescent Substance Abuse Treatment	Mark Sanders	1 Day	Crowne C	Workshop
W3	Beyond Trauma: A Healing Journey for Women	Twyla Wilson	1 Day	Coronet A	Workshop
W4	How to Implement The New ASAM Criteria - Skill Building in an Era of Health Care Reform	Dr. David Mee-Lee	1 Day	Coronet B	Workshop
W5-Px	Transforming Health: Using data to strategically diagnose community substance abuse problems and significantly improve health and well-being	Laurie Barger Sutter	1 Day	Grant	Workshop
W6-Px	Response Ability in Understanding Youth Culture	Marc Fomby	1 Day	Madison	Workshop
W7	Addiction 101: Understanding the Basics of Treatment and Recovery for Addiction Professionals	Sheila Cundiff	1 Day	Oldham	Workshop
W8	Simple But Not Easy: Harm Reduction Skills with Case Consultation	Annie Fahy	1 Day	Perry	Workshop
W9	Getting to Know the 12 Steps and the 12 Steps Fellowships	Gerry Boylan	1 Day	Trimble	Workshop
W10	Building a Village - The Art of Cultivating Effective Community Supports	James Campbell	1 Day	Shelby	Workshop
W11	Taking The Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model	Steve Grinstead	1 Day	Russell	Workshop
W12	Mindfulness: Meditation for Self-Care and Client Treatment: An Evidence Based Practice	Frank Snyder	1 Day	Taylor	Workshop
W13	Understanding and Managing the Multi-System, Multi-Problem Client: Habilitation or Rehabilitation	C.C. Nuckols	1 Day	Whitley	Workshop
TW1 - PxAd	Motivational Interviewing for Adolescents (Beginning to Intermediate)	Rose Golden	2 Day T-W	Elliot	Workshop
TW2	Best Practices in Clinical Supervision	Geoff Wilson	2 Day T-W	Franklin	Workshop
WE1	Anonymous People	Mike Barry	2 Hour	Coronet A	Film
WE2	Needle Exchange and Integrated Treatment for Opiate Addiction	Barbara Carter	2 Hour	Crowne C	Workshop

# PLENARY • WEDNESDAY, AUGUST 19, 2015

## WP - The Art and Science of Healing: Finding the Healing Self Inside

C.C. Nuckols, Ph.D.

1 Hour CEU Plenary

9 a.m.-10 a.m.

Experience the awareness and awakening of your healing SELF in this powerful program for those who are seeking to enhance their healing potential. This skills building training will increase your clinical effectiveness. It has been stated that as much as 75% of recovery from psychiatric (psychological) disorders such as depression is attributable to the various aspects of the relationship between therapist and patient. Evidence-based approaches are important but without the creation of a healing relationship compliance is uncertain and effectiveness marginal, at best.

The skills training event will help participants learn to take advantage of their natural healing potential. The neurobiology behind this potential will be explained in detail.

### Objectives:

Upon completion the participant will be able to:

1. Understand the relationship between the clinician and the patient as a dance of attachment.
2. Describe entrainment and why those with problems generally solve them on their own while in your presence.
3. Discuss how the patient's "expectations" are such an important aspect of healing.

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*Dr. Cardwell C. Nuckols is described as "one of the most influential clinical and spiritual trainers in North America." Dr. Nuckols' passion and mission is to assist in the integration of emerging scientific research with traditional spiritual and self-help knowledge. From this integration comes knowledge, inspiration and technique helpful to those whose practice assists alcoholics, addicts and other mental health patients find healing and their personal road to recovery.*

*Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His latest publication is entitled *The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding*. Dr. Nuckols' first book *Cocaine: Dependency to Recovery*, is a trade best seller, as are, his booklets *Quitting Heroin*, *Quitting Alcohol* and *Quitting Marijuana (Hazelden)* and *Healing the Angry Heart*.*

*Dr. Nuckols' formal educational background includes advanced work in such areas as medical research, pharmacology, neurobiology, education and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity.*

*For more than 30 years, he has gratefully served the healthcare industry in multiple capacities as a clinician, supervisor, program director and hospital administrator. During his career Dr. Nuckols has been awarded national honors including the SECAD, Swinyard, University of Utah School on Alcohol and Other Drug Studies Service Award and Gooderham award, as well as, being recognized for his contributions to *The American Society of Addiction Medicine's Patient Placement Criteria*. Dr. Nuckols is on the review board of *Counselor Magazine* and serves as the conference chairperson for national conferences including the *US Journal offerings "Neuroscience Meets Recovery"*, and *"Clinical Skills"*.*

# WORKSHOP ABSTRACTS

## W1-Px - The Female Brain and Substance Use Disorders: Implications for Prevention, Intervention and Treatment

*Jeff Georgi, M.Div., LSAS, LPC, CCS, CGP*

1 Day Workshop • Wednesday  
5 CEUs

This workshop will be an overview of the emerging information that identifies the unique aspects of the female brain and the significance of limbic resonance giving a biological foundation for the relational nature of recovery. Despite the growing sensitivity to the importance of gender specific treatment far too many models of treatment still find their theoretical foundations in the male experience. Utilizing the works of Louanne Brizendine, M.D., author of *The Female Brain*, Nancy Andreasen, M.D., Ph.D, author of *The Brave New Brain*, Candice B. Pert, Ph.D., author of *Molecules of Emotion and Other Important Neuroscientists*, participants will be provided with a review of the female brain and a discussion of the treatment implications.

### Objectives:

1. Participants will review the emerging understanding of the female brain.
2. Participants will be able to discuss the treatment implications specific to the female brain.
3. Participants will be provided the opportunity to discuss the importance of relationships for women in recovery.

## W2-Ad - Establishing Trust, Rapport and Therapeutic Relationships in Adolescent Substance Abuse Treatment

*Mark Sanders, LCSW, CADC*

1 Day Workshop • Wednesday  
5 CEUs

Adolescents are often difficult to engage in addictions treatment because they view the presenting problem (their addiction) as the solution to their problems. In this workshop you will learn strategies for building rapport, building trust, and engaging adolescents in addictions counseling within the first 5 minutes of contact, a strength-based approach to engaging adolescents in addictions counseling, strategies for turning an involuntary adolescent client into a voluntary client, evidence-based approaches to client engagement, rapport building, and change, and the use of motivational incentives to decrease resistance with adolescents with substance use disorders.

### Objectives:

By the end of the workshop, participants will:

1. Be aware of 5 strategies for building rapport with adolescents within the first 5 minutes of contact.
2. Be aware of 7 strength-based questions that are effective in engaging adolescents in addictions treatment.
3. Be aware of the benefits of using motivational incentives to decrease resistance to counseling and facilitate change among adolescents with substance use disorders.

### W3 - Beyond Trauma: A Healing Journey for Women

*Twyla Wilson, LCSW*

1 Day Workshop • Wednesday  
5 CEUs

While research and clinical experience indicate a high incidence of co-occurring disorders in women's lives, counselors and clinicians often struggle with the realities of providing treatment. This workshop is based on a woman-centered trauma treatment curriculum, *Beyond Trauma*, designed for use in outpatient, residential, and criminal justice settings.

Cognitive-behavioral techniques, mindfulness, expressive arts, and the principles of relational therapy are integrated in this strength-based approach. The curriculum also has a psycho-educational component that teaches women what trauma is, its process, and its impact on both the inner self (thoughts, feelings, beliefs, values) and the outer self (behavior and relationships, including parenting). The training includes interactive exercises that demonstrate techniques that counselors can use to help clients develop coping skills, as well as emotional wellness. In addition, there is a segment on specific issues in criminal justice settings. The abbreviated 5-session version entitled *Healing Trauma* is also discussed.

#### Topics

- Developing gender-responsive services
- Connection between trauma, mental health, and substance abuse trauma-informed services
- Gender differences in terms of risk and response
- Triggers and retraumatization
- Emotional development
- Secondary traumatic stress
- Specific concerns and challenges in criminal justice settings

#### Objectives:

1. Understand the historical background of trauma.
2. Explore the connection between addiction, trauma, and mental health.
3. Discuss gender differences.
4. Explicate the process of trauma.
5. Provide specific therapeutic interventions.
6. Develop strategies for work in criminal justice settings.

### W4 - How to Implement The New ASAM Criteria - Skill Building in an Era of Health Care Reform

*Dr. David Mee-Lee*

1 Day Workshop • Wednesday  
5 CEUs

The new edition of the ASAM Criteria was released October 2013. This workshop will identify what is new and how to implement ASAM Criteria principles of continuum of care, levels of care, clinically driven, individualized treatment and recovery-oriented systems of care. Focus will be on how to carefully assess clients in a multidimensional way; design outcomes-driven service plans in an era of healthcare reform; and effectively manage care using the ASAM Criteria.

Clinicians involved in planning and managing care often lack a common language and systematic assessment and treatment approach that allows for effective, individualized treatment plans. The ASAM Criteria provides this common language. It helps manage care through person-centered treatment planning and broadening services to provide a more flexible continuum of care.

#### Objectives:

Participants will:

1. Identify the underlying principles and changes in the new edition of the ASAM Criteria.
2. Apply case material to organize multidimensional data to individualize treatment and placement.
3. Discuss how to use the ASAM Criteria in developing, implementing and managing person-centered recovery plans in an era of healthcare reform based on community prevention goals.



## W5-PX - Transforming Health: Using data to strategically diagnose community substance abuse problems and significantly improve health and well-being

Laurie Barger Sutter, MCRP, BSAS, B.A.

1 Day Workshop • Wednesday  
5 CEUs

This is a “roll up your sleeves” session designed to help prevention practitioners and other behavioral health professionals become skilled community diagnosticians who can: 1) uncover the relationships between community substance abuse-related problems and the factors and intervening variables that cause them to arise, and 2) turn data into actionable information and use it to significantly improve community health and well-being.

Overly broad assessment and unfocused assessment processes can lead to “analysis paralysis” and loss of momentum and interest among partners and stakeholders. On the other hand, the lack of objective assessment and data-driven planning processes often result in ineffective efforts that are unable to achieve desired outcomes. In this session, participants will learn how to: 1) prioritize assessment activities, 2) identify and collect the most essential assessment data, and, 3) drill down strategically and efficiently through data to identify the most important leverage points that need to be targeted in order to achieve their desired outcomes.

The session will also include tips for addressing gaps in data and using common assessment measures to identify possible emerging issues. The session will also take participants through the initial stages of using data to plan their initiatives,

including developing a solid problem statement and using data to identify the characteristics of the target populations that most need to be reached in order to achieve outcomes.

The session will combine presentation with interactive discussion and small group work to allow participants to apply the concepts of assessment using real data sets. Toward that end, participants are highly encouraged to bring a list of priority community problems related to substance abuse as well as any local data collected on those problems, local consumption or use of substances, and local intervening variables/underlying factors associated with substance abuse.

### Objectives:

Participants will be able to:

1. Describe the stages of an efficient, effective and strategic assessment process.
2. Explain how different measures and types of data can be used to diagnose priority problems, identify possible emerging issues, and determine an effective course of action.
3. Describe effective strategies for addressing gaps in data.
4. Explain strategic processes for using data to develop a compelling and effective problem statement and identify the key target populations that need to be reached.

## W6-Px - Response Ability in Understanding Youth Culture

Marc Fomby, CPS

1 Day Workshop • Wednesday  
5 CEUs

This presentation focuses on the developmental, emotional, and mental (psychological) ability of youth to respond appropriately to issues facing them today. Adults must understand that all youth don't develop at the same rate. Information, programs and conversation has to be developmentally appropriate - a child who doesn't possess the "ability to respond appropriately" may not know that he/she doesn't know what they don't know. This session aids in explaining this concept to adults who serve youth. Ideas about creatively resolving conflict and dealing with anger are explored. Participants are encouraged to understand the importance of making sure prevention and education efforts are developmentally appropriate per individual as we also consider risks and protective factors regarding benefits/consequences of concentrating on the "Response Ability" of the youth served.

Increasingly, more communities are feeling the impact of youth who have little or no support system - no village. It is important that more individuals understand and comprehend their role in the village's future, particularly the young who will eventually grow up to make a contribution. It makes the entire village stronger when youth have the proper tools and support to be successful at home, in school and in life. Whatever their role everyone desires

safer neighborhoods, good educational opportunities, and brighter futures for our children. Youth should know that adults are there for them as much as possible. However, to have a positive impact on the lives of our youngest villagers, individuals need to develop their "response ability" by better understanding youth culture and what influences it. This workshop engages participants in the exploration of the youth culture through language, music and trends to develop a working knowledge base of how to better serve their young villagers. Youth culture is identified as a viable resource to affect a solution versus being seen as a problem. This fun, interactive and inspiring workshop can equip willing participants with valuable, practical information that can be combined with other community and organizational prevention and intervention efforts. Recognizing and identifying your "response ability" can help get everyone one step closer to making a difference!

### Objective:

At the end of this session participants will be able to:

1. Explain the concept of Ability to Respond Appropriately.
2. Discuss Developmentally Appropriate Choices and Decisions.
3. List/discuss strategies to improve "Thought Process".

## W7 - Addiction 101: Understanding the Basics of Treatment and Recovery for Addiction Professionals

Sheila Cundiff, LCSW, CADAC

1 Day Workshop • Wednesday  
5 CEUs

This course is based on the disease model of addictions and reinforces the 12-step recovery process. This workshop provides participants information to assess, increase, grasp and develop an understanding of addiction and the process of recovery. This workshop will focus on the disease model of addiction and its affect on the brain. The workshop is designed to assist participants in evaluating their own thoughts and beliefs about addiction. The instructor will also present and discuss working definitions for addiction and recovery, along with demonstrating techniques and strategies for identifying and decreasing denial.

### Objectives:

Upon completion of this workshop, participants will:

1. Learn about addictions and their effect on the brain and the progressive nature of the disease.
2. Learn the use and interpretation of an addiction progression chart.
3. Be introduced to the technique of using the stages of recovery chart and theory.
4. Be introduced to strategies for identifying and decreasing denial.
5. Have a general understanding of the tools for screening and assessment and a basic understanding of the importance of a 12 Step model in the recovery process.

## W8 - Simple But Not Easy: Harm Reduction Skills with Case Consultation

Annie Fahy, R.N., LCSW

1 Day Workshop • Wednesday  
5 CEUs

Harm Reduction (HR) has long been a public health and treatment response to substance use and other high risk behaviors. Many providers consider that there are two basic approaches to recovery. An "all or nothing" approach that requires abstinence at the outset of treatment and a harm reduction approach that promotes safety, risk management, continued engagement and a collaborative climate for change.

Harm Reduction modalities are the treatment of choice when working with chronic substance issues and have relevance when clients present with co-occurring conditions such as PTSD, chronic pain and other mental health conditions. Providers of these services often walk on a high wire of encouraging abstinence because the stakes are so high and promoting harm reduction in their clients because that is realistic based on client dynamics. This case consultation format offers harm reduction skill building + strategies + case consultation for staff adaptation of harm reduction methods in real world situations. Many experienced as well as new clinicians need additional skills in developing the directional strategies that complex behavior change with a harm reduction philosophy.

This consultation model will build on skills utilized in MI and create harm reduction expertise among participants. Like many other client centered modalities, harm reduction is simple but not easy. Sessions will implement skills strategies and coaching feedback. It is ideal for practitioners who want to improve their in the moment practice of harm reduction and think through ethical and other complicating factors in adapting diverse populations, harms and settings.

This course offers dynamic interactive multimodal learning utilizing case examples, role play and key interactive experiences.

### Objectives:

Participants will:

1. Develop proficiency so that they may evolve as leaders and flexible innovators with challenging clients.
2. Address assessment, designing collaborative interventions, safety and community concerns, plan failure and ethical considerations.

## W9 - Getting to Know the 12 Steps and the 12 Steps Fellowships

Gerry Boylan, Ph.D., CADC

1 Day Workshop • Wednesday  
5 CEUs

This workshop is designed to increase the participants knowledge base and understanding of the 12 Steps. An introduction to the structure and origin of 12 step fellowships along with a review of the 12 steps individually will be given and the spiritual principles underlying the 12 steps will be independently examined and examples of their application will be presented. A comparison of treatment and 12 Step fellowships will be made with techniques for linking the two processes explored. This workshop will explore the steps and their practical application both in treatment and afterwards. Essentially the 12 Steps are a spiritual path, and the wisdom embodied there can be used successfully by anyone seeking growth and freedom. The workshop will explore how the steps support that spiritual path and how treatment can help it develop. The exploration will be both didactic and experiential.

### Objectives:

1. Increase ability to explain and present the 12 steps to clients and staff.
2. Gain ability to distinguish between various 12 step fellowships.
3. Be able to match client with, and make more accurate referrals to 12 Step Fellowships.
4. Be able to present and discuss the differences between 12 step fellowships and treatment programs.
5. Be able to align the steps with therapeutic elements of treatment.

## W10 - Building a Village - The Art of Cultivating Effective Community Supports

James Campbell, M.A., CACII

1 Day Workshop • Wednesday  
5 CEUs

Establishing and maintaining long-term recovery requires cultivating effective community supports. Unfortunately, often those we serve lack adequate, effective supports for their recovery and are often uncertain of how to begin building them. Building a Village is an exploration of how to aid those we serve in developing positive support for recovery within our communities. In addition, our role in cultivating support for recovery-based programs and the recovery community at large will also be addressed.

### Objectives:

Participants in this training will:

1. Develop an understanding of the systemic challenges for those with substance use disorders as well as the systemic supports needed for healthy recovery.
2. Explore the supports that are available in our communities.
3. Gain an understanding of the need for developing self-efficacy in ourselves and those we serve.
4. Cultivate a working knowledge of how to assist those we serve in identifying and accessing community supports.
5. Be given the opportunity explore ways that they can partner in building support for recovery-based services and programs in their community and be an effective advocate for recovery.

## W11 - Taking The Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model

Steve Grinstead, Dr. AD, LMFT, ACRPS, CADC-II

1 Day Workshop • Wednesday  
5 CEUs

This clinical skills workshop is for professional clinicians who want to learn how to help their clients identify and manage the warning signs and high risks situations that lead to relapse despite a commitment to sobriety. Participants will learn that relapse is a process not an event and that there are many identifiable warning signs that occur far in advance of alcohol and other drug use. Valuable tools will be introduced that will enable the participants' clients to take the mystery out of the relapse process and develop a strategic relapse prevention plan.

Participants will learn how to develop an early relapse intervention plan and abstinence contract to set the foundation for the remainder of the training process. Then the participants will be led through a strategic step by step high risk situation identification process. The training process ends with teaching participants to help clients develop a relapse prevention plan designed to help them identify and manage future warning signs and high risk situations. This training includes a combination of lectures, demonstrations, group discussions, and experiential exercises designed to enhance the training process.

### Objectives:

Participants will be able to:

1. Explain relapse as a process—not an event—and teach their clients that recognizing and managing early relapse warning signs is crucial step in stopping the relapse cycle.
2. Assist their clients to identify and manage relapse warning signs and high risk situations—and teaching clients that not recognizing and dealing with those two indicators of potential danger can lead to entering a relapse cycle that eventually ends in chemical use.
3. Understand how the inner saboteur—AKA A Return To Denial—is always the first step of entering the relapse cycle.
4. Identify the twelve (12) denial patterns employed by clients that are crucial to manage in order to stop a relapse cycle.

## W12 - Mindfulness: Meditation for Self-Care and Client Treatment: An Evidence Based Practice

Frank Snyder, Ph.D., LCSW, CADC

1 Day Workshop • Wednesday  
5 CEUs

This clinical skills workshop is for professional clinicians who Mindfulness has been described as non-judgmental moment-to-moment awareness. The use of mindfulness in the clinical settings is a rapid growing area of study and practice in the mental health and recovery fields in recent years. The number of research articles, books and popular press articles on the topic is growing exponentially each year for these evidenced based interventions. Its first application working with pain and stress was developed by Jon Khabot-Zinn at the University of Massachusetts and called Mindful Based Stress Reduction (MBSR). Since then other approaches focused on different populations have been introduced: Mindfulness-Based Cognitive Therapy (MBCT), Acceptance and commitment therapy (ACT), Dialectical Behavior Therapy (DBT), Mindful Based Relapse Prevention (MBRP) and others.

This workshop will be an introduction to mindfulness and its applications. This will be a learn by doing workshop as the way to learn mindfulness is to do mindfulness. The participant will be learning how to attend to the mind and body using the practice of mindfulness. The experiential exercises will be evenly supported with didactic presentations. In the didactic sessions we will explore evidence base for these interventions, the psychobiological changes which occur and where mindfulness practices fit in relapse prevention. So bring a yoga mat and meditation cushion or bench if you have one and if not come still come, not required at all; wear comfortable clothing and come to experience and learn.

### Objectives:

Participants will;

1. Understand the central role of mindfulness meditation practice in facilitating self-regulation of emotions mood and the relapse process.
2. Articulate the vital importance of the therapist's ongoing mindfulness meditation practice and sustained mindful awareness within a psychotherapy framework.
3. Develop and/or deepen their own mindfulness meditation practice, emphasizing both formal meditative practices and mindfulness as a mode of being in daily life.

### W13 - Understanding and Managing the Multi-System, Multi-Problem Client: Habilitation or Rehabilitation

C.C. Nuckols, Ph.D.

1 Day Workshop • Wednesday  
5 CEUs

Over the last 20 years, emerging populations of younger and more chronic individuals have been entering the addiction, criminal justice and mental health settings. Often called “young chronics” or “multi-system, multi-problem” clients, these individuals are difficult to understand and to treat. Often in need of habilitation, they present with personality immaturity, early alcohol/drug usage histories and a high incidence of early life developmental trauma. In adult treatment centers their subjective experience doesn’t match the clinical program.

This skills training event will help the clinician not only understand the clients needs but also look at current management technology and community based trends helpful in the habilitation of these clients. Treatment must be understood from the perspective of a chronic illness in need of multiple community based options and/or “wrap arounds.”

#### Objectives:

Upon completion of this workshop participants will be able to:

1. Describe clinical approaches helpful in engaging this population.
2. List at least 5 different services needed to habilitate this population.
3. Discuss the developmental needs of the client (i.e., how to utilize neuroplasticity to help the prefrontal cortex develop).
4. Describe the process of limit setting.
5. Describe the importance of the therapeutic relationship and healthy milieu.

### WE1 - The Anonymous People: A Grassroots Social Justice Movement Takes Aim at Changing the Conversation from Problems to Solutions for America’s Top Health Problem

Mike Barry, B.S.

2 Hour Ancillary • Wednesday  
2 CEUs

The Anonymous People is a feature documentary film about the 23.5 million Americans living in long-term recovery from alcohol and other drug addiction. Deeply entrenched social stigma and mass participation in widely successful anonymous 12-step groups have kept recovery voices silent and faces hidden for decades. The vacuum created by this silence has been filled by sensational mass media depictions of addiction that continue to perpetuate a lurid public fascination with the dysfunctional side of what is a preventable and treatable health condition. Just like women with breast cancer, or people with HIV/AIDS, courageous addiction recovery advocates are starting to come out of the shadows to tell their true stories. The moving story of The Anonymous People will be told through the faces and voices of the leaders, volunteers, corporate executives, and celebrities who are laying it all on the line to save the lives of others just like them. This passionate new public recovery movement is fueling a changing conversation that aims to transform public opinion, and finally shift problematic policy toward lasting recovery solutions. (<http://manyfaces1voice.org>)

#### Objectives:

1. Learn the history and reasoning behind the new Addiction Recovery movement sweeping the country.
2. Learn to become a Recovery Advocate and why your story is important to help others recover.
3. See how the new public recovery movement is fueling a changing conversation that aims to transform public opinion, and finally shift problematic policy toward lasting recovery solutions.

## WE2 - Needle Exchange and Integrated Treatment for Opiate Addiction

*Barbara Carter, M.A., CADC*

2 Hour Evening Workshop • Wednesday  
2 CEUs

To help stem the deadly tide of heroin/opioid addiction, what can addiction counselors do for their opiate-addicted clients? Can we blend medication assisted treatment approaches with abstinence based treatment approaches, and if so, how?

With an opioid-injection-based HIV epidemic in nearby Southern Indiana, it's important to ask questions: Is abstinence-based treatment alone effective (or effective enough) for opiate addicts? What does Medication Assisted Treatment (MAT) offer to opiate addicts? Can harm reduction be the door to abstinence based recovery? What are the benefits of a Needle Exchange Program, to the addict and to the community at large?

How can we reduce fear and resistance to Needle Exchanges? This training begins with a brief overview of MAT; how approaches to treatment within MAT have changed over the years. Our state's first Needle Exchange Program, in Louisville, will be discussed along with the rationale for and benefits of developing such a program. Blending 12-Step approaches with traditional MAT treatment will be covered. The session will end with an open question and answer discussion. Bring your questions and an open mind.

### **Objectives:**

1. Learn how to integrate abstinence based treatment modalities with MAT approaches.
2. Gain education around harm reduction and public health initiatives, such as Needle Exchanges.
3. Gain education around Needle Exchanges: what they are, what they include, how they may benefit the addict and others.



# THURSDAY AGENDA

Thursday, August 20, 2015

9:00 - 12:00 p.m. **Workshops**

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**Break** (at presenters discretion, 6 hour workshop only)

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12:00 - 1:15 p.m. **Lunch** (buffet) Crowne A Ballroom

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1:15 - 4:15 p.m. **Workshops**

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**Break** (at presenters discretion, 6 hour workshop only)

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4:15 p.m. **2014 Kentucky School Concludes**

# SESSIONS

Thursday, August 20, 2015

Code & Track	Title	Presenter	Workshop Length	Room	Session Type
THAM1	Women with Substance Use and Unintended Pregnancy: All Options Counseling and Referrals	Fausta Luchini, Bree Pearsall	3 Hours	Oldham	Workshop
THPM1	Neonatal Abstinence Syndrome: What Have We Learned Over The Last Decade	Lori Devlin Phinney	3 Hours	Oldham	Workshop
THAM2	Provider Technical Assistance/Guidance for TCM Curriculum Submission	Michele Blevins	3 Hours	Shelby	Workshop
THPM2	Adverse Childhood Experiences (ACE) Study - What this tells us and why it gives us hope	Ruth Shepherd	3 Hours	Shelby	Workshop
THAM3	The "What" and "How" of Evidence Based Practices (EBP)	Ed Johnson	3 Hours	Taylor	Workshop
THPM3	Recovery Oriented Systems of Care: Changing the Focus to "Recovery": What Would it Look Like and How Could We Do It?	Ed Johnson	3 Hours	Taylor	Workshop
TH1	Previewing the DSM-5: Diagnosing Disorders in Adults	George Haarman	1 Day	Crowne B	Workshop
TH2	Helping Clients Move Beyond Perfection in Recovery	Mark Sanders	1 Day	Crowne C	Workshop
TH3-Ad	Adolescent ASAM Criteria: Skill-Building and Applying the Criteria in Adolescent Services	David Mee-Lee	1 Day	Coronet A	Workshop
TH4	Dilemmas Surrounding Medication Management in Recovery	Steve Grinstead	1 Day	Coronet B	Workshop
TH5	Intervention and Treatment Strategies for Resistant Clients with Mental Health and Substance Abuse Disorders	Geoff Wilson	1 Day	Elliot	Workshop
TH6	Basics of Substance Abuse for Mental Health Professionals	Mark Miller	1 Day	Franklin	Workshop
TH7	Preparing to Become a CADC in Kentucky	Jeanne Keen, Mike Vance	1 Day	Grant	Workshop
TH8-Px	"I See, You See": A Teen Perspective Cycle	Marc Fomby	1 Day	Madison	Workshop
TH9-Px	Comprehensive Community Approaches to Suicide Prevention	JoEllen Tarallo-Falk	1 Day	Perry	Banquet
TH10	Holistic Self Care for Practitioners: Discover the Tips, Tools, and Resources Needed to Create a Lifestyle Grounded in Simple Choices, Solid Boundaries, and Healthy Practices	Julia Persike	1 Day	Trimble	Workshop
TH11	Engaging Families in Treatment and Recovery	James Campbell	1 Day	Russell	Workshop
TH12	Removing Defects of Character: A New Way of Looking at Things	CC Nuckols	1 Day	Whitley	Workshop

# WORKSHOP ABSTRACTS

## **THAM1- Women With Substance Use and Unintended Pregnancy: All Options Counseling and Referrals**

*Fausta Luchini, M.A., LPP  
with Bree Pearsall, M.S.W*

1 Half Day Workshop • Thursday  
3 CEUs

Making good referrals is often part of the work of a substance abuse counselor. This training will overview the Provide Curriculum using the STAR model, a guide for how to make referrals for women with substance use and other conditions and feel comfortable providing full options counseling with clients who experience unintended pregnancy. The goal is to help counselors know what to do and how to do it in a way that respects client autonomy and recognizes the providers' own values and feelings.

### **Objectives:**

Participants will be able to:

1. Use empathic listening with patients or clients ambivalent about an unintended pregnancy.
2. Consult knowledgeably on parenting, abortion, and adoption resources in the community.
3. Navigate emotions that arise around personal beliefs and professional obligations.
4. Cultivate a sense of comfort and professional pride in referrals.
5. Honor client autonomy.
6. Serve as an informed resource on specialized reproductive health care, including unintended pregnancy and abortion.
7. Offer empathy to patients or clients when making referrals even if individual beliefs conflict with the referral.

## **THPM1 - Neonatal Abstinence Syndrome What Have We Learned Over the Last Decade**

*Lori Devlin Phinney, D.O. M.H.A.*

1 Half Day Workshop • Thursday  
3 CEUs

This presentation will examine Neonatal Abstinence Syndrome over the last decade. In the presentation, we will look at changing trends in substance abuse during pregnancy and the impact exposure has on the prevalence and severity of NAS. We will review the tools used to recognize and evaluate infants with NAS and examine changes in those tools. We will also evaluate pharmacologic and non-pharmacologic therapy for NAS and innovations in therapy as we strive for standardized treatment. Finally we will look at what we know about developmental outcomes and how this will guide research and quality in the field.

### **Objectives:**

1. Evaluate trends in substance abuse during pregnancy and NAS over the last decade.
2. Review changes in recognition and treatment of NAS over the last decade.
3. Review what we know to date about developmental outcomes for exposed infant.
4. Review innovation in the field of NAS.

## THAM2- Provider Technical Assistance/ Guidance for TCM Curriculum Submission

*Michele Blevins M.S., LMFT*

1 Half Day Workshop • Thursday  
No CEUs

DBHDID staff will provide an overview of the process and the requirements necessary to apply for approval of training curricula to ensure that providers are in compliance with requirements of Kentucky Department for Medicaid Services' regulations, including:

- 907 KAR 15:040/45 (Coverage provisions and requirements regarding Targeted Case Management (TCM) for individuals with a substance use disorder (SUD)/Reimbursement provisions and requirements)
- 907 KAR 15:050/55 (Coverage provisions and requirements regarding TCM for individuals with co-occurring mental health or substance use disorders and chronic or complex physical health conditions/Reimbursement provisions and requirements)
- 907 KAR 15:060/65 (Coverage provisions and requirements regarding TCM for individuals with a severe mental illness (SMI) and children with a severe emotional disability (SED)/Reimbursement provisions and requirements)

And Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities' regulation:

- 908 KAR 2:260 (Targeted Case Manager: Eligibility and Training)

### Objectives:

1. Participants will gain information on how to access the on-line information to submit curriculum for DBHDID approval as is required per the KY Department for Medicaid Services (DMS) 907 KAR 15:040/45, 15:050/55, and 15:060/65 and 908 KAR 2:260.
2. Participants will gain understanding of what course content is required of all candidates interesting in providing targeted case management for children/youth with SED, adults with SMI, adolescents and adults with SUD, and persons with co-occurring SED or SMI and/or SUD and chronic or complex physical health conditions.
3. Participants will be able to dialogue with staff from DBHDID and ask questions about the eligibility and training requirements.

## THPM2 - Adverse Childhood Experiences (ACE) Study – What this tells us and why it gives us hope

*Dr. Ruth Shepherd, M.D., FAAP*

1 Half Day Workshop • Thursday  
3 CEUs

This session will provide an overview of the Adverse Childhood Experiences (ACE) Study, a research study that explores the impact of childhood trauma on one's behavioral health, alcohol and other drug usage, social wellbeing, and economic stability later in life. The session will highlight the importance of what happens in early childhood matters for a lifetime. The session will offer hope and recovery related to how risk factors can be mitigated with a protective factor framework and a trauma informed care approach.

### Objectives:

1. Participants will understand the importance and vulnerability of the first 5 years based on early brain development.
2. Participants will learn the impact of Adverse Childhood Experiences, toxic stress, and trauma on an individual and how a public health approach to lifespan development can mitigate these negative impacts.
3. Participants will learn how Kentucky Strengthening Families Protective Factors Framework and Trauma Informed Care can combat against trauma, abuse and neglect.

### **THAM3 - The “What” and “How” of Evidence Based Practices (EBP)**

*Ed Johnson, M.Ed., MAC, LPC*

1 Half Day Workshop • Thursday  
3 CEUs

The term “EBP” is ubiquitous in the literature and in federal guidelines. This workshop will help providers better understand what an Evidence Based Practice is (and is not), and how to determine which ones will provide the optimum outcomes for the patients served. The issues of supervision and fidelity of Evidence Based Practices will be stressed.

**Objectives:**

At the completion of this workshop, participants will:

1. Be able to articulate what makes a therapeutic intervention “evidence based.”
2. Be able to access sources for identifying EBP and methods of implementation.
3. Increase their understanding of the importance of supervision and fidelity to implementing EBP and physical diseases.

### **THPM3 - Recovery Oriented Systems of Care: Changing the Focus to “Recovery”: What Would it Look Like and How Could We Do It?**

*Ed Johnson, M.Ed., MAC, LPC*

1 Half Day Workshop • Thursday  
3 CEUs

Many providers feel like they already do focus on recovery, but do they really? This workshop explores what addiction treatment and prevention currently look like and what they might look like, based on current research, if the focus were on recovery. Participants will explore how a recovery-oriented system facilitates more individuals being able to initiate and sustain recovery. Participants will explore the issues of acute versus chronic care, stigma, community engagement and the concept of recovery capital, recovery management and the use of peer support. The importance of language and terminology will also be discussed.

**Objectives:**

Upon completion of this workshop, participants will be able to:

1. Compare and contrast the acute care and chronic care model of substance use disorder treatment.
2. Demonstrate increased understanding of the concept of “Recovery Capital” and how it impacts recovery initiation and support.
3. Articulate the differences between Recovery Management and Relapse Prevention.
4. Increase their understanding of terms that addiction professionals use which perpetrate the stigma associated with substance use disorders.

## TH1 - Previewing the DSM-5: Diagnosing Disorders in Adults

George B. Haarman, Psy.D, LMFT

1 Day Workshop • Thursday  
6 CEUs

The DSM-IV was published in 1994 and updated by the APA's DSM-IV-TR in 2000. Since then the DSM has become the "gold standard" and the "mental health bible" for those practicing in mental health. With the publication of the DSM-5 in May 2013, the new standard for the diagnosis of Psychological and Emotional Disorder has been established. Some disorders are eliminated completely; others are reclassified; and some are subsumed under other disorders. New classifications are also established to clarify appropriate diagnostic criteria and allow for more effective treatment planning. Many of these have generated considerable controversy and debate among healthcare professionals, even before the manual's release. Other disorders have undergone minor changes in order to reflect the current thinking and new research available. It's imperative that all mental health professionals update their understanding of the APA's new edition of the DSM to effectively identify, diagnose, and classify behavioral and mental health issues in individuals.

While providing a brief overview of all the changes adopted in the DSM-5, this workshop focuses on diagnoses for adults. Because the DSM-5 is organized in sequence with the developmental lifespan and an internalizing/externalizing continuum, the disorders previously addressed have been reconceptualized. Therefore, accurately diagnosing is more important than ever, as those in the mental health field look to avoid misdiagnosing and overmedicating people. As a psychologist and a marriage and family therapist with more than 30 years experience, Dr. George Haarman, Psy.D., LMFT, brings clarity to the forefront regarding the new classifications issued in the DSM-5 and the rationale behind those changes. Using numerous case studies, Dr. Haarman prepares each attendee to be able to provide an accurate diagnosis that is essential to evidence based treatment.

### Objectives:

1. Participants will be able to identify the disorders that are new to the DSM-5 that relate to adults.
2. Participants will understand the theory, rationale, and development of the DSM-5.
3. Participants will be able to distinguish between Bipolar and Persistent Depressive Disorder.
4. Participants will develop a working knowledge of the severity scale for assessing mild, moderate, or severe Substance Use Disorder.

## TH2 - Helping Clients Move Beyond Perfection in Recovery

Mark Sanders, LCSW, CADC

1 Day Workshop • Thursday  
6 CEUs

Many chemically dependent clients received the message in childhood that they had to be perfect in order to protect family secrets. Early drug use actually gave them permission to not be perfect. In recovery, this tendency toward perfection often rears its head again and threatens to undermine recovery. This workshop focuses on strategies to help chemically dependent clients move beyond perfection in recovery in order to achieve the type of sobriety that benefits them and society. A partial list of topics includes: The Differences between Healthy and Unhealthy Perfection; Sources of Perfection, Including the Family of Origin, Family Secrets, the Media, School, the world of Work, and Religion; Addiction and Perfection; Co-dependence as Perfection; Adult Children of Alcoholics as Perfectionists; The Link between Perfection and Process Addictions, Including Sexual Addiction, Religious Addiction, Workaholism, Addictive Relationships and Romance Addiction; and Strategies to Help Clients Move Beyond Perfection in Stage One and Stage Two of Recovery.

### Objectives:

By the end of this workshop, participants will:

1. Be aware of the differences between healthy and unhealthy perfection.
2. Be aware of the sources of perfection for chemically dependent clients.
3. Be aware of the link between perfection and 5 process addictions.
4. Be aware of 10 strategies to help clients move beyond perfection in recovery.

### TH3-Ad - Adolescent ASAM Criteria: Skill-Building and Applying the Criteria in Adolescent Services

David Mee-Lee, M.D.

1 Day Workshop • Thursday  
6 CEUs

The latest edition of the American Society of Addiction Medicine's criteria was released October 24, 2013: "The ASAM Criteria – Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions." Using the Adolescent ASAM Criteria is not just completing a checklist that justifies admission to your program or level of care. This workshop will explain the underlying concepts and the six dimensions of the ASAM Criteria as well orient participants to the Adolescent criteria and levels of care.

Many clinicians already have some understanding about the ASAM Criteria. But there is a need for improved skills to carefully assess adolescents in a multidimensional way; and to document a more targeted and focused, individualized treatment plan. This workshop is also designed to help implement a continuum of care for adolescents. Specific hands-on exercises will be provided to help improve implementation the Adolescent ASAM Criteria.

#### Objectives:

Participants will:

1. Review revisions and the rationale of the Adolescent ASAM Criteria.
2. Discuss the clinical application of the Adolescent Criteria and the implications for broadening prevention and treatment services to better meet the needs of youth.
3. Identify how to organize assessment data to practice individualization of problems and treatment plans and to make proper placement decisions.

### TH4 - Dilemmas Surrounding Medication Management In Recovery

Dr. Stephen Grinstead, LMFT, ACRPS, CADAC-II

1 Day Workshop • Thursday  
6 CEUs

Healthcare and treatment providers are on the front line to accurately assess, intervene upon and develop appropriate treatment plans for people in recovery or the chemically impaired patient who needs to be in recovery who live with a chronic pain condition. Therefore, a major focus of this workshop will center on identification and effective intervention and treatment of prescription drug abuse for chronic pain patients. This will be accomplished in part by discussing how to identify the most common red flags of prescription drug abuse, and the high risk situations patients experience that lead to prescription drug abuse and/or addiction. It is also important that participants become familiar with common pain management drugs of abuse as well as recovery friendly alternatives.

For people in recovery who have chronic pain and/or psychological disorders including addition a multidisciplinary treatment approach is crucial. This specialized treatment plan includes medication management, emotional and/or psychological symptom management, and non-pharmacological pain management interventions for chronic pain conditions. Positive treatment outcomes can be accomplished by managing pain and coexisting disorders utilizing the Addiction-Free Pain Management® synergistic multidisciplinary treatment system.

#### Objectives:

By attending this presentation participants will be able to:

1. Identify at least ten (10) the most common prescription drugs of abuse as well as identifying at least ten (10) recovery friendly medications for pain management.
2. Understand and explain the unique needs and obstacles confronting patients and their families who are in recovery and living with chronic pain conditions and other coexisting psychological disorders including addiction and need to be on prescription medications.
3. Identify at least twenty-five (25) Red Flags that indicate that clients are using their prescription medication problematically and learn simple interventions to address those problems.



## TH5 - Intervention and Treatment Strategies for Resistant Clients with Mental Health and Substance Abuse Disorders

*Geoff Wilson, LCSW, CADC*

1 Day Workshop • Thursday  
6 CEUs

Many practitioners commonly have the experience of completing an initial assessment and determining their client is suffering from co-morbid conditions. Recent surveys have found that six out of ten people with a substance use disorder also suffer from another form of mental illness. In addition, many of these clients will present as resistant to change for a variety of reasons. This workshop will provide attendees with an overview of what resistance is in the helping relationship and specific ways to address resistance with clients who present with co-occurring disorders. The treatment field's response to addressing these issues will be explored along with specific strategies to enhance the therapeutic alliance between counselors and their clients.

### **Objectives:**

Participants of this workshop:

1. Will identify what resistance is in the therapeutic process and specific signs of resistance.
2. Will review the core principles for treating clients with co-occurring disorders, including consensus based and evidence-based practices for mental health and substance abuse treatment.
3. Will identify specific strategies to enhance client engagement in the treatment process.
4. Will process how specific diagnoses can influence resistance and the importance of utilizing consultation and the referral process to decrease resistance and improve outcomes.

## TH6 - Basics of Substance Abuse for Mental Health Professionals

*Mark Miller, M.A., M.S., LMFT*

1 Day Workshop • Thursday  
6 CEUs

How do you identify whether someone is suffering from Bi-Polar Disorder or other mental health diagnoses or is going through the cycle of substance abuse? Compare and contrast typical symptoms of drug abuse and DSM 5 disorders. Identify the spectrum of DSM 5 Substance Use Disorder and how it pertains to your patients. Discuss referral options in and around your communities. What questions do you ask of a Substance Abuse professional? What questions should a Substance Abuse professional ask you? Discuss the pros and cons of drug testing as a means of ruling out Substance Use Disorder with your patients. This will be a good jumping off point for individuals starting to work with Substance Abuse or those who have been working in the field longer but were afraid to ask! Case Studies will be offered.

### **Objectives:**

1. Be able to recognize the differences between Substance Use and Mental Health Disorders.
2. Understand the DSM 5 Substance Use Disorder spectrum
3. Learn the language of substance abuse versus the acronyms of mental health workers.

**TH7 - Preparing to Become a CADC in KY**

*Jeanne Keen, R.N., CADC, M.S.*  
*Mike Vance, M.B.A., CADC, CPP, LSW*

1 Day Workshop • Thursday  
 6 CEUs

This workshop will provide the history and development of professional certification by ICRC and the Kentucky Application and Credentialing process. The workshop will include a step-by-step instruction upon successful completion of the application documents, the regulatory requirements and the requirements for submission of all documents. The workshop will further identify the Twelve Core Functions of Alcohol and Drug Counseling and will guide the participant toward a successful study plan that will allow adequate preparation for the new competency based comprehensive exam as introduced by ICRC in June 2008. The instructors will provide numerous suggestions about study methods, test taking ideas and techniques for successful exam taking. A sample exam will be given and will be scored on the day of the class.

**Objectives:**

1. Understand the IC&RC and development of the certification process.
2. Identify and describe the 12 Core Functions.
3. Discuss the process of the written exam.
4. Understand the CADC certification process.

**TH8-Px - "I See, You See": A Teen Perspective Cycle**

*Marc Fomby, CPS*

1 Day Workshop • Thursday  
 6 CEUs

In this course, participants are introduced to the teen thought process relative to DMC (Disproportionate Minority Contact) and critical situations encountered by youth with key stakeholders and peers. Initially designed for our Junior Consultants to share with youth participants how their experiences and perspective creates a cycle that directly or indirectly impacts and shape their lives, the presentation has since grown due to adult demand. During the presentation, participants will experience what we've learned from youth regarding each peer and/or stakeholder group that is a part of the cycle.

Participants explore the theory and how it can help explain youth responses to programs and administrative policies and procedures that govern youth development in the context of family, home, school and community. This presentation is an insight into the views and thought process of today's youth. Participants will learn how youth may translate what they see and hear into what they "do" resulting in positive or negative behavior.

**Objectives:**

At the end of this course, participants will be able to:

1. Identify the various peer groups that influence and shape the lives of youth.
2. Define and identify situations involving stakeholders that have an immediate and/or delayed impact on youth perspective and responses.
3. Assess critical role of stakeholders vital to addressing challenges in better communicating with youth.

## TH9-Px - Comprehensive Community Approaches to Suicide Prevention

*Dr. JoEllen Tarallo-Falk, Ed.D., MCHES, FASHA*

1 Day Workshop • Thursday  
6 CEUs

The goal of this session is to build the self-efficacy of the mental health and substance abuse prevention workforce to implement key elements of a comprehensive community-wide approach to suicide prevention, and to consider the challenges and opportunities that exist. Participants will be introduced to an ecological approach to promoting mental health wellness and preventing suicide within a continuum of care from health promotion through recovery. The relationship between substance use, mental health and suicide prevention will be discussed. Resources from Umatter for Schools, Umatter for Communities, Umatter for Youth and Young Adults and Umatter public information comprehensive school and community planning model developed and promoted by the VT Suicide Prevention Center, a program of the Center for Health and Learning, in collaboration with VT Department of Mental Health, will be presented. The following issues will be discussed drawing from eight years of developing comprehensive suicide prevention programming at the state and community level: role of connectedness and suicide prevention, consumer orientation, Staff and Parent Awareness training, importance of language and media messaging, how Gatekeeper training fits into a comprehensive plan, prevention and postvention protocols for schools and seven community professionals, cultural considerations.

### Objectives:

1. Describe national models that utilize a comprehensive community approach to suicide prevention which includes evidence based strategies engaging schools, health care and community providers systems.
2. Describe the elements of a comprehensive approach and evidence-based practices for suicide prevention and postvention.
3. Acquire the tools for comprehensive suicide prevention action planning and determine short and long term strategies.

## TH10 - Holistic Self Care for Practitioners: Discover the Tips, Tools, and Resources Needed to Create a Lifestyle Grounded in Simple Choices, Solid Boundaries, and Healthy Practices

*Julia Persike, M.S., CSAC*

1 Day Workshop • Thursday  
6 CEUs

Whether defined as a purposeful act of simplifying one's lifestyle or simply stated as a means of de-cluttering one's home, work, and connections, Intentional Simplicity is a way of life that encourages individuals to let go of unnecessary, unused, and unneeded thoughts, beliefs, feelings, practices, and "stuff" which adds to the clutter of daily living. Intentional Simplicity is a lifestyle practice which involves creating limits, adhering to boundaries, and developing healthy expectations about everything which fills our lives (sometimes to the point of overload and exhaustion). Maintaining a lifestyle based in intentional choices leads to freedom, contentment, and a stronger sense of peacefulness no matter how complicated your caseload, no matter how many hours you work in a week, and no matter how many obligations you juggle.

### Objectives:

1. Participants will learn the benefits of a lifestyle based in the roots of deliberate clarity and thoughtful choices.
2. Participants will gain valuable knowledge about how to create a lifestyle grounded in boundaries, contentment, and simplicity.
3. Participants will engage in a variety of learning methods (small group discussion, active learning, etc.) while exploring the benefits of lifestyle change, boundary adherence, and thoughtful simplicity.
4. Participants will learn from others in the class, will examine their personal choices, and will walk away feeling refreshed, rejuvenated, and ready to enjoy the benefits of a lifestyle based in Intentional Simplicity.

## TH11 - Engaging Families in Treatment and Recovery

*James Campbell, M.A., CACII*

1 Day Workshop • Thursday  
6 CEUs

Families have a tremendous impact on individuals with an addiction. All too often we know this to be true, and yet very few treatment programs effectively engage families and treat the family system as a whole. Engaging Families in Recovery is a look at addiction as a family disease as well as recovery as a family process. Special emphasis is placed on how to engage families in treatment as well as effective interventions with families.

### **Objectives:**

Participants in this training will:

1. Develop an understanding of the impact of family systems on substance use disorders.
2. Define historic views of family roles and how those have impacted family engagement.
3. Distinguish between families of origin and families of support.
4. Explore how to leverage families in fostering recovery through practical, effective steps and suggestions for engaging families in treatment.

## TH12 - Removing Defects of Character: A New Way of Looking at Things

*Cardwell C. Nuckols, Ph.D.*

1 Day Workshop • Thursday  
6 CEUs

Character defects are a source of suffering and can lead to relapse and other self-defeating behaviors. At the root of these defects are narcissistic beliefs about the self (I, me and mine) and a distorted self-image. Defects of character respond poorly to psychotherapy and pharmacotherapy and are more amenable to change utilizing spiritual tools such as humility, honesty, acceptance and surrender.

This skills-training event will teach clinicians how to assist clients in the removal of these defects including pride, greed, jealousy and envy. Understanding that "I am jealous and I will change" is an illusion and the fact that change occurs in the "moment" will be at the heart of this transformation.

### **Objectives:**

Upon completion of training, participants will be able to:

1. Understand and describe how character defects are formed.
2. Understand that thought cannot facilitate change as it has limited power.
3. Describe how the notion of change in the future is an illusion.
4. Describe the process of change as it happens in the "moment" where the power of transformation resides.

# BIOSKETCHES

## **Debbie Acker, R.N., CFN**

Debbie Acker has been a registered nurse for 44 years and has worked in many settings during that time, including Public Health and organ transplantation. Ms. Acker has been in her current position as the Nurse Service Administrator for the Kentucky Cabinet for Health and Family Service since 2005. In that role she provides consultation for social service staff on the medical issues of child maltreatment. She also provides consultation and assistance on substance abuse issues within the DCBS cases. Ms. Acker provides trainings for DCBS staff and community partners on both child maltreatment topics as well as substance abuse issues.

## **Demetra Antimisiaris, Pharm.D., CGP, FASCP**

Dr. Antimisiaris earned her Doctor of Pharmacy degree at the University of the Pacific (California), and completed a Geriatric Clinical pharmacy residency at VAMC-West LA-UCLA. She is a Certified Geriatric Pharmacist and her research interests include decision making regarding medication use and root cause health systems analysis regarding medication outcomes. She's an Associate Professor at the University of Louisville Department of Family and Geriatric Medicine where she teaches in the Med-Pharm course for second year med students, as well as in the post grad training programs and leads the U of L "Polypharmacy Initiative" which is a unique program amongst medical schools in the United States, dedicated exclusively to fighting the problem of polypharmacy through education, research and outreach.

## **Allan Barger, M.S.W.**

Allan Barger has over 25 years of experience in the alcohol and drug field, having worked as a community volunteer, a Prevention Specialist in a community Mental Health Center, taught courses on alcohol and drug issues at Eastern Kentucky University, and is now a research analyst and trainer with Prevention Research Institute. He holds a Master of Divinity degree from Duke University and a Master of Social Work degree from the University of Kentucky. He reviews published research on marijuana and other drugs, and the neurobiology of alcohol and drug misuse. He serves on the Revision Team of the NREPP-listed PRIME For Life motivational intervention program, and on the Development Team of the PRIME Solutions treatment program. Allan participated as a writer and developer of the U.S. Army's Strong Choices universal prevention program. He is the lead author of "Preventing Alcohol and Drug Problems in Adults" an article in The Encyclopedia of Health Education and Promotion, 2nd Edition published in 2014. He lives with his partner in Miami Beach, Florida and is the father of four exceptionally talented daughters.

## **Mike Barry, B.S.**

Mike Barry has had his share of broad life experiences from which to draw. By age 40 he had reached the peak of his profession as a TV News Anchor, reporter, and producer. But behind the polished image of success was a man already overwhelmed by the disease of alcoholism.

His story is more common than you think, which is why the driving passion of his life today is to help others in need of a new life, free from addiction and in long-term recovery, he himself found. His new calling as an advocate for the recovery movement is enhanced by his training and experience in broadcasting and technology. His unique combination of talent, energy and devotion to the cause has placed Mike Barry at the heart of this movement.

He travels the country seeking to educate others about addiction, to remove barriers and discrimination, and thus enable those in long-term recovery and no longer using alcohol or other drugs to become productive members of society.

## **Michele Blevins, M.S., LMFT**

Michele Blevins currently serves as an Assistant Director in the KY Division of Behavioral Health. She serves as the "Planner" for the federal Mental Health and Substance Abuse Prevention and Treatment Block Grants (\$26M) and provides financial and programmatic guidance on a number of initiatives within the Division. She has worked in state government since 2001 and previously worked in several community based mental health programs. Michele earned her bachelor's and master's degree in Family Studies from the University of Kentucky and is a Licensed Marriage and Family Therapist in the state of Kentucky. She has conducted numerous workshops and presentations at state and national conferences.

## **Gerry Boylan, Ph.D., CADC**

Gerry Boylan has worked in the recovery field since 1978. Using his formal Educational background in Transpersonal Psychology, and Comparative Religion, he has specialized in bringing growing understanding to Spirituality and Recovery. Added to traditional therapeutic techniques, he brings expertise in Holotropic Breathwork, Hypnotherapy, and Energetic healing to enhance the integration of body, mind and spirit. He organizes and runs self-empowering workshops and retreats for all those interested in recovery and continued growth.

He holds graduate degrees in Biology and Transpersonal Psychology, and a Ph.D. in Comparative Religions. As an ordained minister, he teaches classes at Unity of Louisville along with guest speaking at Sunday services. He has authored two books relating to everyday spirituality, recovery

from life's traumas, and the healing of the soul: Christ in Training and What Are You Holding Onto That's Holding You Back?, both available on his web site <http://www.christin-training.com> and Amazon.

Presently Gerry is in private practice in Louisville

#### **James E. Campbell, M.A., CACII**

James Campbell has been working professionally in the human services field with addictions, children, and families for over eighteen years. His passion is helping people, families, and relationships to heal and assisting them in building on the strengths they possess. He is certified as an Addictions Counselor II through the South Carolina Association of Alcoholism and Drug Abuse Counselors and is a member of the National Association of Alcoholism and Drug Abuse Counselors. James is also a certified as an instructor of De-escalation Techniques through Handle With Care, Inc., a trainer in Cognitive Behavior Therapy, and PRIME for Life through the Prevention Research Institute.

James has worked with diverse human services programs including High Management Group Homes, supervised Independent Living Programs, Clinical Day School Programs, Outpatient Services, and In-Home Services throughout his years in the field. He currently serves as the Adolescent Residential Manager at the White Horse Academy in Greenville, South Carolina through The Phoenix Center. In this capacity he works directly with students and their families to assist them in entering recovery and working through issues related to addiction. He also actively weaves diverse treatment modalities into a unified treatment approach with positive outcomes. He is also the founder and program director for Family Excellence Institute, LLC and Family Excellence, Inc. and is an adjunct professor for substance abuse counseling.

#### **Barbara Carter, M.A., CADC**

Barbara Carter has a BA in Psychology from University of Kentucky and an M.A. in Addiction Counseling from Hazelden Graduate School of Addiction Studies. She has worked in the field of addictions for 15 years, including Hazelden/Minnesota, Cumberland Heights/Nashville, Crossroads Centre/Antigua and Seven Counties Services/Rural Division. She is currently a Senior Substance Abuse Counselor at The MORE Center (Louisville Metro Public Health and Wellness, Methadone Center) where she has worked since February of 2012. In private practice, she works with recently-released felons through Prodigal Ministries. In a former life, she was an Elektra Records recording artist, and a songwriter with EMI and MCA. She currently resides in sunny Southern Indiana.

#### **John D. Clapp, Ph.D., FAAHB**

Dr. John D. Clapp is currently Professor and Associate Dean for Research and Faculty Development at The Ohio State

University, College of Social Work. He is also currently the director of Higher Education Center for Alcohol and Drug Abuse Prevention and Recovery located at OSU. Dr. Clapp has published over 90 journal articles with his work appearing in the Journal of Studies on Alcohol and Drugs, Addiction, Drug and Alcohol Dependence among numerous other top research journals. He has been awarded over \$32 million in grants and contracts (NIAAA, NIDA, U.S. Department of Education, Conrad N. Hilton Foundation) and has been Principal Investigator on over 20 funded projects. Dr. Clapp is currently conducting research with partners in The Ohio State University College of Engineering related to computational simulation of dynamic drinking events. A Fellow in the American Academy of Health Behavior, he serves on the National Advisory Council, Substance Abuse and Mental Health Services, Center for Substance Abuse Prevention. He is currently Editor-in-Chief of the International Journal of Alcohol and Drug Research. His work has received international media attention with coverage in the New York Times, The Washington Post, The London Daily Telegraph, ABC National News, among numerous others.

#### **EDUCATION:**

PhD - The Ohio State University, 1995

MSW - San Diego State University, 1991

BA - Psychology - San Diego State University, 1987

#### **Jonathan I. Cloud, B.A., B.A.**

Jonathan I. Cloud has thirty years of experience in the human services field that encompasses case management, administration, and program development. His career has included special initiatives in youth outreach, family support, community organizing, child protective services, foster care reform, juvenile justice, and disaster recovery. His areas of demonstrated expertise include strategic planning, organizational development, program planning and development, partnership-building, and systems change through targeted project planning and execution.

Transitioning into independent consulting in 1992, Jonathan served as the Urban Initiatives Consultant for the U.S. Department of Education's Southeast Regional Center for Drug-Free Schools and Communities, and a Certified Trainer and Strategic Consultant for Developmental Research and Programs, Inc., then a leading national organization in prevention science. He provided technical assistance to communities engaged in the Weed & Seed national crime reduction initiative and provided training and technical assistance to scores of communities on behalf of the Department of Justice's Office of Juvenile Justice and Delinquency Prevention (OJJDP). For this federal agency, he assisted with the development and delivery of their Comprehensive Strategy Training and Technical Assistance Initiative, a rigorous,



science-based planning process that links a community's prevention, intervention, and corrections systems. Other consulting highlights include:

- National Council on Crime and Delinquency: a field of study of programs that identified and documented best practices in prosecution, community policing, prevention, and neighborhood revitalization.
- Texas Governor's Office: a regional Gun Violence Reduction Initiative.
- Project Safe Neighborhoods: Department of Justice national gun violence reduction initiative.
- Florida's Department of Juvenile Justice: redesigned the manner in which the State allocated funding for juvenile delinquency prevention.
- OJJDP: Targeted Community Action Planning Initiative that is designed to address serious juvenile offending in selected cities.
- National Center for Missing and Exploited Children: numerous trainings on protecting victims of child prostitution and on school safety.
- Outagamie County, Wisconsin Division of Youth and Family Services: assistance in improving its efforts to reduce disproportionate minority contact, integration of child welfare and juvenile justice, and community-wide strategy to address child sex trafficking.
- Georgia's Governor's Office for Children and Families/ Georgia Criminal Justice Coordinating Council: consultation, technical support, and training for the Commercial Sexual Exploitation of Children initiative.
- U. S. Department of Labor/YouthBuild USA: technical assistance provider to YouthBuild Programs focused on training and support of development for youth out of the education mainstream.

Jonathan has provided trainings on numerous topics and delivered keynote addresses for conferences across the country. He is the author of *Parenting the Guardian Class: Validating Spirited Youth, Ending Adolescence, and Renewing America's Greatness*, which argues for empowering youth rather than controlling youth. His higher education includes holding BA degrees in Religion and Psychology and extensive graduate studies in Public Administration and Social Work.

#### **Tom Coderre, B.A.**

Well known in the addiction recovery community, Tom was Chief of Staff to the Rhode Island Senate President prior to joining SAMHSA as a Senior Advisor to the Administrator at the end of August 2014. He served as the Board Chair for Rhode Island Communities for Addiction Recovery Efforts (RICARES), and he is the former National Field Direc-

tor of Faces & Voices of Recovery. Tom has an extensive background in government and served in the Rhode Island Senate from 1995-2003. He is a graduate of Rhode Island College where he earned his Bachelor's degree in Political Science. Some of you may recognize him from a recent documentary about the recovery movement, *The Anonymous People*. 1995--2003--Former State Senator Rhode Island General Assembly; served as the Majority Whip, elected to serve four two-year terms.

Tom works on a variety of issues for SAMHSA and the Administrator, including but not limited to prevention, treatment and recovery programs and policy. He is coordinating collaboration on these issues and representing SAMHSA with other HHS offices and operating divisions, and with the White House. Due to the recent retirement of Dr. Westley Clark, Tom will also advise the Acting Director of CSAT during the search and transition of a new director.

Tom is the recipient of many awards and honors for his service including the 2007 Path to Recovery Award from A New Path, the 2009 National Advocate of the Year award from RICARE's, the 2011 Community Awareness Award from the Foundation for Recovery, the 2012 James H. Ottmar Award from the RI Council on Alcoholism & Other Drug Dependence and the 2013 Vernon Johnson Award from Faces & Voices of Recovery. He is a passionate advocate and committed public servant who will no doubt be a tremendous asset to SAMHSA as they continue the important work of crafting effective public policy to reduce the impact of substance abuse and mental illness on America's communities.

#### **Shelia Cundiff, LCSW, CADC**

Shelia Cundiff is a Coordinator for Field Education and Adjunct Faculty for Kent School of Social Work, University of Louisville. She is the president and owner of two Outpatient treatment agencies, All About Change, LLC and Alcohol Education and Counseling Services. She is on the Board of Directors of Beacon House, a half way house addictions program. She has worked in the field of addictions for 15 years. She has a Master of Social Work degree and is a Licensed Clinical Social Worker and a Certified Alcohol and Drug Abuse Counselor. She worked at Jefferson Alcohol and Drug Abuse Center, Louisville, KY in both the Inpatient and Outpatient units for 15 years. Before her work in the field of addictions she was in the United States Army for 16 years.

#### **Robert W. Daniels, B.A., M.A.**

Robert Daniels graduated with a double major of Art and Psychology from the University of Tennessee, and also a Master of Arts in Expressive Therapy from the University of Louisville. He provides an array of services, from comprehensive assessment to outpatient, in-home treatment and case management of co-occurring disorder clients ages



10-21, and their families with Seven Counties Services, Inc, where he has been employed as a Clinical Supervisor in the Child and Family Division since May 1998.

**Annie Fahy, R.N., LCSW**

Annie works as a behavior change specialist with expertise in substance abuse, high-risk lifestyle behaviors, harm reduction, trauma, compassion fatigue, and mind body disorders. Annie offers training and professional skills development translating and implementing evidence-based practices into real life practice. She currently runs her consulting and training business out of her home in Asheville, NC and offers training and consultation to health and behavioral healthcare entities that want to create client centered practice. Some of her recent clients are Community Care Partners of Greater Mecklenburg, The Asheville VA, Housing First programs in Asheville and Charlotte.

**Mark Fisher, M.S.**

As the State Opioid Treatment Administrator, Mark Fisher is in charge of overseeing federal and state regulatory standards for 12 Narcotic Treatment Programs in Kentucky that have a combined service population of more than 3,000 persons. Additionally, Mark has at least 25 years of experience in the healthcare field focusing on quality assurance. He co-authored the "Substance Exposed Infant" white paper that was distributed statewide through the Department of Public Health, and served on the state team that wrote the new plan to expand substance abuse services and mental health treatment with the Department of Medicaid.

**Marc Fomby, CPS**

Marc Fomby is a Certified Prevention Specialist and the founding CEO of FTC Prevention Services, LLC in Pearl, MS. Marc is a member of the Recovery School District of New Orleans, a national initiative committed to breaking the cycle of violence and providing support assistance to youth. He is a member of the Metro Jackson Community Prevention Coalition, dedicated to youth life skills and peer education training. Marc is also a consultant and advisor to the executive director of the National C.A.R.E.S. Movement. He is also the conference coordinator of the Mississippi School for Addiction Professionals, the first statewide educational hub for prevention, intervention and treatment specialists in the state of Mississippi as well as the conference coordinator for the annual statewide Juvenile Justice Symposium. He received his Bachelor's degree in business management from Belhaven University.

For over twenty years, Mr. Fomby has enthusiastically provided instruction and consulting services, community and strategic planning and program development to individuals, agencies, schools, colleges/universities, institutions, pri-

vate, public, governmental and faith-based organizations throughout the United States and the Virgin Islands. He has worked at both the local community and state levels in Alabama, Georgia, and Mississippi developing strategic prevention and/or behavioral health care plans. Marc has also developed curriculum and programs for high-risk youth and families as well as instructional guidelines for behavioral health education and prevention. Marc is well known and certified as a Gang Consultant as well as a Juvenile Suicide Awareness Trainer for OJJDP/NTTAC. He has also conducted Cultural Sensitivity Training in numerous states including the Alabama Police Chiefs Conference and the Alabama Office of the Attorney General.

Mr. Fomby received his prevention certification via the Alabama Alcohol and Drug Abuse Association (AADAA) by completion of the exam given by the International Certification and Reciprocity Consortium (IC&RC), the international organization that certifies professionals working in the field of addictions, including prevention. He received his training and certification on the Center for the Application of Prevention Technologies (CAPT) curriculum by the Western CAPT in 2001. He has been an Office of Juvenile Justice and Delinquency Prevention (OJJDP) National Training & Technical Assistance Center (NTTAC) certified consultant since 2007. He is also a nationally certified School Resource Officer Practitioner.

**Ms. Karen Garrity, M.S.Ed., NCC, LPCC, CADC**

Karen Garrity graduated with a Master of Science in Education Degree, with an emphasis in counseling from Purdue University in 1996. She began working at Life Skills Community Mental Health Center in 1996 as an addictions counselor and manager. In 2001 she began work as the Director of Addiction Services for Life Skills. She found that Motivational Interviewing was very helpful in increasing client interest in making changes in their lives. She attended the Motivational Interviewing Training for New Trainers in 2008 and has been a member of the Motivational Interviewing Network of Trainers since that time.

**Jeffrey M. Georgi, M.Div., M.A.H, CCAS, LPC, CGP**

From Duke University Medical Center, Jeff has served as the clinical director of the Duke Addictions Program and Intervention Program. He received his BA from Duke University and his M.Div. in Pastoral Psychology from the Duke Divinity School and The Philadelphia Divinity School. Jeff completed an Internship and Residency program in Pastoral Counseling at the University of North Carolina at Chapel Hill Medical Center and a Masters in Allied Health at Duke University. He is a licensed Clinical Addiction Specialist, a Certified Clinical Supervisor, a Licensed Professional Counselor and a Certified Group Psychotherapist by the American Association

of Group Psychotherapy. During his two plus decades at the Medical Center, Jeff held clinical appointments in the Departments of Surgery, Obstetrics, and Psychiatry. He remains a clinical associate in the Department of Behavioral Medicine as well as a faculty member of the Duke University School of Nursing.

He has also served as the Director of Psychological Services for the Rice Diet Program in Durham, North Carolina, Jeff applies a model of substance abuse treatment to patients with significant dysregulated© or compulsive eating disorders.

Although primarily known for his work in field of addictions with adolescents, adults, and families Jeff is also a national trainer and respected author in the areas of The Spiritual Platform™ a form of clinical spirituality, ethics, and the clinical application of our understanding of the adolescent brain, its development and vulnerability. In this regard, Jeff has been involved in a community wide intervention in Georgia targeting middle school and high school students in an effort to reduce nicotine and alcohol use.

Currently, Jeff and Becky Georgi, his wife, are involved in developing and implementing a recovery maintenance program for the students and their families of the Carlbrook School in Halifax, VA. Jeff continues to consult with schools and adolescent treatment facilities bringing science to practice under the administrative umbrella of Georgi Educational and Counseling Services. He has contributed to a number of Treatment Improvement Protocols which are seen as the best practice guidelines by the Center for Substance Abuse Treatment, Washington D.C. Jeff has brought his lectures and consulting expertise overseas. In May 2006 he participated in the United Kingdom/European Symposium on Addictive Disorders and was asked to address the British Parliament applying his solutions to alcoholism use in the United States to the United Kingdom.

Jeff continues to see patients, facilitate groups, and work with families while at the same time expanding his clinical activities with patients struggling with obesity and compulsive eating disorders. While remaining a faculty member at Duke, Jeff is now directing more of his energy to help educate and empower parents to effectively deal with the threats to our adolescents' development presented by alcohol, tobacco and drug. He and his wife are focusing these prevention/intervention efforts in a number of different community settings.

#### **Rose Marie Golden, M.S.**

Rose Marie Golden is the Director of Juvenile Probation and Court Services for the Circuit Court of Cook County. In her 30 year career with the department, she has also held the positions of Director of Human Resources, Deputy Chief Probation Officer, Grants Manager, Training Coordinator,

Training Supervisor, and Field Probation Officer. She has been a member of the Motivation Interviewing Network of Trainers (MINT) since 2006. She has delivered training locally and nationally on multiple topics related to community corrections programming, case management, screening and assessment, gender responsive services, performance evaluation, supervisory skills, motivational interviewing and motivational interviewing coding.

#### **Dr. Stephen F. Grinstead, Dr. AD, LMFT, ACRPS, CADC-II**

Dr. Grinstead is author of the book Freedom from Suffering: A Journey of Hope as well as author of several other pain management books including Managing Pain and Co-existing Disorders and is internationally recognized expert in preventing relapse related to chronic pain disorders and is the developer of the Addiction-Free Pain Management® System (please visit [www.addiction-free.com](http://www.addiction-free.com) for more information). He has been working with pain management, chemical addictive disorders, eating addiction and coexisting mental and personality disorders for over twenty-eight years. He is also the Clinical Director of Training and Consultation for the Gorski-CENAPS® Corporation. Dr. Grinstead has a Bachelor's Degree in Behavioral Science, a Master's Degree in Counseling Psychology and a Doctorate in Addictive Disorders (Dr. AD). He is a Licensed Marriage and Family Therapist (LMFT), a California Certified Alcohol and Drug Counselor (CADC-II), and an Advanced Relapse Prevention Specialist (ACRPS). He was on the faculty of UC Santa Cruz Extension Alcohol and Drug Studies Program and also taught at Santa Clara University, UC Berkeley Extension and Stanford University Medical School and is currently on the faculty of University of Utah's School on Alcoholism and Other Drug Dependencies.

#### **George B. Haarman, Psy.D, LMFT**

George is a Licensed Clinical Psychologist and a Licensed Marriage and Family Therapist with more than 30 years of experience. A member of the American Psychological Association and Kentucky Psychological Association, Dr. Haarman is currently in private practice in Louisville, Kentucky, and serves as a consultant to several school systems regarding the assessment of children. For 24 years, Dr. Haarman worked in the Department of Human Services in Louisville, serving as the Deputy Director for the last 12 years of his tenure there. His prior experience with DHS included working with youth detention centers, juvenile group homes, child protective services, and juvenile probation. Dr. Haarman received his doctorate in clinical psychology from Spalding University and has been an instructor at Jefferson Community College, Bellarmine University, and Spalding University. Because of his years of experience in mental health, he has presented seminars regionally and nationally on psychopa-

thology, depression, and emotional disorders in adults. He is also the author of *School Refusal: Children Who Can't or Won't Go to School* and *Clinical Supervision: Legal, Ethical, and Risk Management Issues*.

#### **Ed Johnson, M.Ed., MAC, LPC**

Ed Johnson obtained a Bachelor's Degree from Auburn University and a Master's Degree in Clinical Counseling from the Citadel. He is currently the Carolinas and Kentucky Program Manager for the Southeast Addiction Technology Transfer Center (Southeast ATTC) located at the National Center for Primary Care, Morehouse School of Medicine in Atlanta. He has over 25 years of experience providing direct services to individuals with Substance Use Disorders (SUD) and Co-Occurring Disorders. He has provided numerous trainings in the Southeast on Addiction and Recovery, Recovery-Oriented Systems of Care, Professional Ethics, HIV / Addiction, Opioid Dependency / Treatment, issues related to Lesbian, Gay, Bisexual and Transgender (LGBT) Individuals and Addiction and Clinical Supervision. He is currently credentialed / licensed as a Master Addiction Counselor (MAC), a Certified Addictions Counselor (CACII), and a Licensed Professional Counselor (LPC).

#### **Michael E. Johnson, M.S.W., LMSW**

Michael E. Johnson is a nationally recognized trainer and lecturer in the field of addictions. Over the years he has served the addictions field in many capacities; as a counselor, program director, consultant and trainer. He has developed a series of educational DVD's that are shown throughout the United States within residential AOD treatment settings, correctional institutions and prevention programs. He has worked as a consultant for the Michigan Department of Corrections, New York Department of Corrections, the Federal Bureau of Prisons as well as numerous Drug Courts throughout the country. He served as faculty for Kentucky's Alcohol and Other Drug Studies for several years and has conducted classes at colleges and universities.

He studied and graduated from Wayne State University in Detroit, Michigan, acquiring his Bachelor's Degree in Counselor Education in 1988 and a Master's Degree in Social Work in 1994. He is a Licensed Social Worker a Certified Advanced Addictions Counselor in the State of Michigan and has the International Advanced Addictions Counselor credential. In spite of his credentials his tenacity for learning has not ceased. He enjoys reading, attending trainings and seminars and loves a lively debate on addiction related topics, counseling techniques and skill building. Michael does not believe that the education and need for training of counselors, therapists, social workers and psychologists ever ceases.

Michael is known for his provocative lecturing style rela-

tive to the field of counseling, addiction and recovery and those issues associated with human struggles that are often ignored but so much a part of being alive. He is engaging and notorious for including audience experiences in his presentations.

#### **Jeanne Keen, R.N., M.S., CADC**

Ms. Keen graduated from Eastern Kentucky University with a BS degree in Community Health Education and received her M.S. from ECU in Education in Allied Health Sciences. Jeanne received her AD in Nursing at Midway College. She is a certified alcohol and drug counselor and a certified batterer intervention provider and has over 30 years of experience working in the chemical dependency field (detox, residential treatment, methadone maintenance, and outpatient). For seven years she worked specifically with pregnant substance abusing women and their children and trained extensively on peri-natal substance abuse. She also has over ten years of experience working with domestic violence perpetrators and victims and has trained on these issues. For two years she was on the staff at The Ridge hospital as a PRN nurse and worked in the child, adolescents and adult units as needed.

#### **Fausta Luchini, M.A., LPP**

Fausta is a Licensed Psychological Practitioner, with a Master of Arts in Clinical Psychology from Spalding University and 20 years experience as a therapist. With extensive training in cognitive behavioral therapy, dialectical behavior therapy, and cognitive processing therapy, she worked in community mental health and currently has a small private practice, working primarily with adults and older teenagers. She also works with JADAC to provide mental health services to federal prisoners housed at Dismas. As a consultant and trainer for Provide, she trains health and social service providers to offer non-judgmental counseling and referrals to their patients and clients. She also offers training on cognitive behavioral therapy, trauma informed care, and workshops on self-care for activists. Fausta takes a strengths-based approach to therapy, and believes that we all have our own answers within ourselves.

#### **Dr. David Mee-Lee, M.D.**

David Mee-Lee, M.D. is a board-certified psychiatrist, and is certified by the American Board of Addiction Medicine (ABAM). Based in Davis, California, he trains and consults both nationally and internationally. Dr. Mee-Lee is Chief Editor of the American Society of Addiction Medicine's (ASAM) *Criteria for the Treatment of Addictive, Substance-Related, and Co-Occurring Conditions* and is Senior Vice President of The Change Companies. He is also a Senior Fellow, Justice Programs Office (JPO) of the School of Public Affairs (SPA) at

American University, Washington, DC. Dr. Mee-Lee has over thirty years experience in person centered treatment and program development for people with co-occurring mental health and substance use conditions.

**Mark Miller, M.A., M.S., LMFT**

Mark B. Miller, LMFT has been a Clinical Director, Program Director, and is now the State Director for Center for Behavioral Health Kentucky. CBH-KY is an organization dedicated to helping patients with addiction obtain a better life by using medically assisted treatment interventions, counseling, and general support. Mr. Miller has worked for CBH for 10 years and now oversees programs in Louisville, Elizabethtown, Bowling Green, and Frankfort, Kentucky. He is a surveyor for CARF and has seen the impact of opioid addiction throughout the nation. He is also the former President of the Board for MensWork, Inc: Eliminating Violence Against Women and promotes male leadership to encourage healthy relationships and ally with other men to stop violence against women.

**Andrea Morris, M.S.W., LCSW, MAC, LCAS, CSI, DOT SAP**

Andrea Morris holds degrees in clinical social work from University of North Carolina at Chapel Hill and University of Georgia. She is dually licensed in both clinical social worker (LCSW), and clinical addictions (LCAS). Additionally, she holds a Master of Addictions in Counseling credential (MAC).

Andrea has provided consultation on recovery/wellness models and the role of peer support to various entities including the Veterans Administration, jails and prisons systems, Vocation Rehabilitation, managed care organizations and many private and public service agencies. She has trained hundreds of recovering Peer Supporters and many other professional service providers in general wellness models. Andrea works on state and local levels to further the recovery movement and has worked in the Western NC region and surrounding areas for a number of years leading with a vision and drive toward community excellence, recovery, wholeness and wellness and is available for state, agency and/ or practice consultation, program design and wellness model integration.

**Cardwell C. Nuckols, Ph.D.**

Dr. Cardwell C. Nuckols is described as “one of the most influential clinical and spiritual trainers in North America.” Dr. Nuckols’ passion and mission is to assist in the integration of emerging scientific research with traditional spiritual and self-help knowledge. From this integration comes knowledge, inspiration and technique helpful to those whose practice assists alcoholics, addicts and other mental health patients find healing and their personal road to recovery.

Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His latest publication is entitled *The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding*. Dr. Nuckols’ first book *Cocaine: Dependency to Recovery*, is a trade best seller, as are, his booklets *Quitting Heroin*, *Quitting Alcohol* and *Quitting Marijuana* (Hazelden) and *Healing the Angry Heart*. Dr. Nuckols’ formal educational background includes advanced work in such areas as medical research, pharmacology, neurobiology, education and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity.

For over 30 years, he has gratefully served the healthcare industry in multiple capacities as a clinician, supervisor, program director and hospital administrator. During his career Dr. Nuckols has been awarded national honors including the SECAD, Swinyard, University of Utah School on Alcohol and Other Drug Studies Service Award and Gooderham award, as well as, being recognized for his contributions to The American Society of Addiction Medicine’s Patient Placement Criteria. Dr. Nuckols is on the review board of *Counselor Magazine* and serves as the conference chairperson for national conferences including the US Journal offerings “Neuroscience Meets Recovery” “Clinical Skills”.

**Bree Pearsall, M.S.W.**

Bree Pearsall currently serves as the Kentucky State Coordinator with Provide, where she works to expand access to reproductive health care across the state. Bree lives in Louisville, Kentucky and has worked across a range of issues including immigrant and refugee rights, reproductive rights, violence against women, and worker’s rights. Bree has a Master’s in Social Work from the University of Washington and bachelor’s degrees in political science and social work from the University of Kentucky. She has worked as a counselor, case manager, and advocate for survivors of human trafficking and domestic violence. During graduate school, she worked with Seattle day laborers organizing around the issue of wage theft. She is an active volunteer with the Kentucky Support Network, an all-volunteer-run abortion fund that supports people across the state who are facing barriers in accessing abortion care. Bree strives to cultivate an anti-oppressive practice in her life and work and she believes in the power of communities to create lasting social change.

**Julia M Persike, M.S., CSAC**

Julia began her career in the Behavioral Health Field in the early 90s as an aerobics instructor, personal trainer, and wellness educator. After teaching healthy lifestyle-based classes and workshops for more than 10 years, Julia took



her motivational approach and became a Licensed Substance Abuse Counselor and Mental Health Professional. During the past 10 years, Julia has worked as a case manager, substance abuse counselor, public speaker, independent consultant, and adjunct college instructor. Julia holds a Bachelor's Degree in Health Promotion and Wellness (1994), a Master's Degree in Mental Health and Substance Use Disorders (2010) and is currently a doctoral candidate studying criminal psychology. Julia enjoys the challenge of helping behavioral health professionals maintain their personal edge and professional integrity through the use of wellness planning and self-preservation skill-building techniques.

#### **Lori Devlin Phinney, DO, M.H.A.**

Dr. Lori Devlin is a Neonatologist at the University of Louisville School of Medicine. She completed her medical training at Des Moines University, her pediatric residency training at Ohio University and her neonatal-perinatal fellowship training at the University of Louisville School of Medicine. She joined the faculty at the University of Louisville in 2005 and has been involved with quality improvement and educational endeavors in the area of Neonatal Abstinence Syndrome. Early in her career she led a task force in the development of a standardized treatment protocol for Neonatal Abstinence Syndrome. The protocol was subsequently implemented in multiple hospitals throughout western Kentucky and southern Indiana. She has presented many training seminars on Neonatal Abstinence Syndrome and sat as a Chair for a statewide conference on Perinatal Drug Exposure. Recently, Dr. Devlin has served on the Kentucky State Task Force for Perinatal Drug Exposure where she has worked with a multidisciplinary team to develop evidence based treatment protocols for Neonatal Abstinence Syndrome for the state of Kentucky.

#### **Todd Reynolds, M.S.S.W., CADC**

Todd Reynolds has been in the addictions field since 1978. He has a Master of Science in Social Work from the Kent School of Social Work at the University of Louisville. He is a Certified Alcohol and Drug Counselor (CADC) in Kentucky and an Internationally Certified Alcohol and Drug Counselor (ICADC) by the IC&RC. He has served as a counselor, counselor supervisor, coordinator, manager, administrator, and director. He has worked in assessment/evaluation, detoxification, short and long term residential, traditional long term outpatient, and intensive outpatient. He has worked with adolescents, adults, individuals, groups, and families with addictions and co-occurring disorders. He has worked in public and private psychiatric hospitals, treatment centers, and outpatient facilities as well as in prison. He has written and implemented several programs at all levels of treatment. He has presented at state conferences in addi-

tion to facilitated workshops and retreats in the public and private sectors. He has served on practicum faculty for the Kent School of Social Work at the University of Louisville. He currently is in private practice in Louisville, KY working with individuals, couples, families, and groups.

#### **Mark Sanders, LCSW, CADC**

Mark Sanders, is an international speaker in the addictions and mental health fields whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. A partial list of clients includes: Wisconsin Department of Corrections; Archdiocese of New York; Bank of Montreal; Harris Bank; U.S. Probation; The Center for Substance Abuse Treatment; United States Army, Navy, Air Force, and Marines; Johnson Institute; Hazelden Foundation; and Illinois Department of Alcoholism and Substance Abuse.

Mark was director of the first Southeast Asian and refugee addiction counselor training program in the world. He is author of several books and workbooks geared toward helping clients recover. Recent writings include "Relationship Detox: How to Have Healthy Relationships in Recovery" and Recovery Management (co-authored with William White and Ernest Kurtz). In 2005, he had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders.

Mark is also a successful consultant, regularly providing consultation to Ohio Department of Alcoholism and Substance Abuse, Wisconsin Association on Alcohol and Other Drug Abuse, and Michigan Bureau of Mental Health.

In 2003, Mark received the Professional of the Year Award for his work as a trainer and consultant in the addictions field in Illinois.

Mark is a lecturer at the University of Chicago.

#### **Ruth Ann Shepherd, M.D., FAAP**

Dr. Ruth Ann Shepherd is the Division Director for Maternal and Child Health in the Kentucky Department for Public Health. Dr. Shepherd brings to Public Health more than 20 years experience as a board certified neonatologist and pediatrician, and has practiced in both urban and rural settings. As the Medical Director of the Level II NICU in Pikeville, KY for 17 years, Dr. Shepherd saw firsthand the impact of the growing problem of neonatal abstinence syndrome in the infants she cared for in the NICU. Now, as a state Public Health official, she has had the opportunity to address the issue at a policy level, convening public and private partners to develop tools that practitioners and communities can utilize to deal with the growing problem of substance abuse in pregnancy and neonatal abstinence syndrome.

A Kentucky native, Dr. Shepherd completed her medical training at the University of Louisville School of Medicine, her pediatric residency at Methodist Hospital, Indianapolis, Indiana, and her fellowship in Neonatal Perinatal Medicine at the Medical University of South Carolina (Charleston). She is board certified in Pediatrics and in Neonatal-Perinatal Medicine. Dr. Shepherd has additional certifications from Duke University in Non-Profit Management, Auburn University Certificate in Business Administration for Physicians and from the National Association for Healthcare Quality (Certified Professional in HealthCare Quality). She has served as past president of the Kentucky Perinatal Association and chair of the Greater Kentucky March of Dimes Program Services Committee, and is active in many professional organizations. Dr. Shepherd has presented on preterm birth prevention and other public health topics in several states and nationally, including the 2008 Surgeon General's Conference on Preventing Preterm Birth, the National WIC Association, the NICHD Education Committee, and the 2009 March of Dimes Perinatal Quality Symposium. She also served on the National Quality Forum Steering Committee on Perinatal Indicators.

In 2012 Dr. Shepherd received the inaugural award for Excellence in State MCH Leadership from the Association of Maternal and Child Health Directors, and also the President's Award from the Association of State Health Officers for her leadership and work on prematurity prevention. Dr. Shepherd is currently a member of the Secretary's Advisory Committee on Infant Mortality for U.S. Department for Health and Human Services.

#### **Ruth Shim, M.D., M.P.H.**

Ruth Shim is Vice Chair of Education and Faculty Development in the Department of Psychiatry at Lenox Hill Hospital in New York City, part of the North Shore-Long Island Jewish Health System. Formerly, she was an Associate Professor in the Department of Psychiatry and Behavioral Sciences at Morehouse School of Medicine, and the Associate Director of Behavioral Health at the National Center for Primary Care, dedicated to promoting optimal health care for all, with a special focus on underserved communities.

Dr. Shim is board certified in psychiatry and is a Fellow of the American Psychiatric Association, and is a member of the Preventive Psychiatry and Fellowship Committees of the Group for the Advancement of Psychiatry. She has ongoing collaborative relationships with the Carter Center Mental Health Program, the Satcher Health Leadership Institute at Morehouse School of Medicine, and the Center for Behavioral Health Policy Studies at the Rollins School of Public Health at Emory University. She is a member of the National Research Council's Committee on the Science of Changing Behavioral Health Social Norms. Her research interests in-

clude mental health stigma, integration of primary care and behavioral health care, and mental health disparities. She is co-editor (with Michael T. Compton, M.D., M.P.H.) of the book, *The Social Determinants of Mental Health* (American Psychiatric Publishing, 2015).

#### **Frank Snyder, Ph.D., LCSW, M.S.W.**

Frank Snyder has lived in Bowling Green for ten years and worked at LifeSkills for eight. He did his graduate work at the Ohio State University. His treatment interests are in addictions and trauma. He is board certified as a trainer in Psychodrama, Sociometry and Group Psychotherapy. In addition in the last eight years his new learning has been in the area of mindful based therapies, completing training in Mindful Based Stress Reduction, Mindful Based Cognitive Therapy, Mindful Based Relapse Prevention and Mindful Based Approaches to Eating Disorders.

#### **Katie Stratton, M.S., LPCA**

Katie Stratton received her master's degree in clinical psychology at Capella University. Ms. Stratton is a Training and Development Specialist for the KY Department for Behavioral Health, Intellectual and Developmental Disabilities Adult Substance Abuse Treatment & Recovery Services Branch. She is the Kids Now Plus Coordinator and Kentucky Women Services Coordinator as recognized by NASDAD and SAMHSA. Ms. Stratton is currently serving on the Kentucky Prescription Drug Taskforce as a team member, working to improve birth outcomes with substance exposed infants. She began her career as a child and adolescent therapist in a Psychiatric Residential Treatment Facility and recently made the switch to the State level in June 2014. As a Licensed Professional Counseling Associate, she can provide both clinical services and technical assistance in the areas of mental health and substance abuse treatment. She also serves as the President of Salvisa Ruritan Club in Salvisa, KY where she resides with her husband, daughter, and many farm animals on the family farm.

#### **Laurie Barger Sutter, MCRP, BSAS, B.A.**

Laurie has 30 years of experience developing and directing comprehensive social, public and behavioral health initiatives across organizational boundaries at all levels to develop sustainable organizational capacity and collaborative, multidisciplinary partnerships that use systems approaches to effectively identify and address complex social and public health priorities. She also has directed multiple federally-funded grants and contracts focused on health system development and organizational capacity, and has extensive experience presenting at the national, state and regional levels. Her most recent experience is managing system assessments of the state drug and alcohol abuse authorities

who manage the prevention portion of the federal Substance Abuse Prevention and Treatment block grant in order to identify needed prevention system enhancements.

**JoEllen Tarallo-Falk, Ed.D., C.H.E.S., FASHA**

JoEllen is Executive Director of the Center for Health and Learning, a comprehensive health promotion organization, and the lead designated agency for the Vermont Department of Mental Health for Suicide Prevention in Vermont. She is also Director of the Vermont Suicide Prevention Center ([www.vtspc.org](http://www.vtspc.org)), and Project Director for the Vermont Youth Suicide Prevention Project. The VT Suicide Prevention Center was established as a means of sustaining suicide prevention efforts in Vermont and to serve as a resource for data, information, resources and collaboration. Under her leadership CHL developed the Umatter for Schools training, designated as a Best Practice program, and the Umatter for Communities training for community professionals, Umatter for Youth Mental Health Wellness Promotion, and Umatter public information. This includes [www.umatterucanhelp.com](http://www.umatterucanhelp.com) and [www.umatterucangethelp.com](http://www.umatterucangethelp.com) websites; the latter is an award winning youth website, aimed at promoting positive mental health and help seeking. Umatter training is offered to and includes Gatekeeper training, professional protocol development, Staff and Community Awareness and instruction of the Lifelines curriculum. She has received distinguished professional awards from the American School Health Association and VT Association for Physical, Health Education, Recreation and Dance. Dr. Tarallo-Falk is a state and nationally licensed health educator, trainer, school administrator, program developer and project manager, who has worked at the crossroads of education and public health, including service at the local, state and national levels.

**Randi Tolliver, Ph.D., CADC**

Randi Tolliver earned her doctoral degree from Northern Illinois University where she was the recipient of a National Institute of Mental Health Research Fellowship. She completed an internship at the Institute for Juvenile Research at the University of Illinois- Chicago. Her research and clinical interests include best practices for youth and adults diagnosed with co-occurring disorders, social information processing styles, community mental health practices, and organizational and system change practices. Currently, Randi serves as senior director for a human rights and human needs organization. In this role she provides consultation and technical assistance on co-occurring mental health and substance use disorders to behavioral health care providers.

**Mike Vance, M.B.A., ICADC, ICPS, LSW**

Mike Vance began to serve in the Chemical Dependency profession in October 1970 and developed early eastern

Kentucky programs for Substance Use Disorder intervention/education. Mr. Vance served in Community Mental Health (Mountain Comprehensive Care) for thirty years, then as an administrator for private child care (Buckhorn Children's Center) for ten years. He currently serves as adjunct faculty for the College of Social Work, University of Kentucky and for the School of Sociology, Social Work and Criminal Justice, Morehead State University. Mike continues in the Substance Use Disorders profession as a private practitioner, clinical supervisor, educator and consultant through his firm Mike Vance & Associates of Prestonsburg, Kentucky. Mike is a native and life-long resident of east KY, a "Coal Camp Kid" born and raised in Wheelwright, KY. He currently resides in Prestonsburg with his wife, Leah, and his adult son, Wes.

**Becky Vaughn, M.A.Ed.**

Becky Vaughn has been working in the addictions field for over 30 years. She was a member of the founding board of The Georgia Association for the Prevention and Treatment of Substance Abuse (GAPTSA) in 1992 and became their first Executive Director in 1994. Her responsibilities included training and advocacy at the local, state, and national level. In July of 2000 GAPTSA merged with an Atlanta coalition creating The Georgia Council on Substance Abuse where she served as President and CEO until 2007. Her work continued there as an advocate at the Legislature and catalyst in the community on issues related to prevention, treatment, recovery, homelessness, and drug courts with the goal of reducing the impact of substance abuse on GA communities. Her work included passage of many bills addressing substance use disorder solutions as well as securing budget resources. Beginning in 2008 she took over the helm of the State Associations of Addiction Services (SAAS) as their CEO after serving on its Board since 2000. Since the recent merger of SAAS with the National Council for Behavioral Health, Becky is now serving as the newly created VP for Addictions at the Council with a goal of building the addiction presence and services at the Council. She has served on numerous state and federal committees and panels and speaks on the issue in a variety of settings. Becky received her degrees from the University of GA and GA State University. She grew up in Atlanta, but is enjoying being part of the DC community. As a former teacher and the mother of four, she is passionate about preventing and finding solutions to the far-reaching problems caused by untreated addiction.

**Tony Watkins, M.A., LMFT**

Tony Watkins is a licensed Marriage and Family Therapist with more than 15 years of experience working with couples, individuals, adolescents, and children as a thera-



pist. Tony is a certified trainer for several evidence-based practices and has provided continuing education training to mental health professionals since 2007. Some of the professional training's Tony has provided include; Motivational Interviewing, Seven Challenges, Assessing and Managing Suicidal Risk, QPR, ethics and clinical supervision.

#### **Geoff Wilson, LCSW, CADC**

Geoff Wilson is a licensed clinical social worker and certified alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields for over 20 years. He has been employed with The Ridge Behavioral Health System in Lexington, KY for the last nine years, where he has held the positions of Director of Addiction Services, as well as Director of Clinical Services for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient department. He currently serves as their Director of Business Development. He served as the president of the Kentucky Adolescent Substance Abuse Consortium for over 10 years. In 2004, he received the Robert Straus Award for Outstanding Service in the Field of Substance Abuse Treatment in Kentucky and in 2008 was appointed by Governor Steve Beshear to the Kentucky Board of Certified Alcohol and Drug Counselors. He maintains a private counseling practice in Lexington, KY where he treats adults, adolescents, and families.

#### **Twyla Peterson Wilson, LCSW, ACSW**

Twyla Peterson Wilson, LCSW is a psychotherapist in private practice who specializes in addictions treatment, particularly gender-responsive approaches for women. Drawing on the work of mentor Dr. Stephanie Covington, she has developed a specialty practice emphasizing the compassionate, holistic treatment of women with addictive disease. She also trains professionals, conducting workshops on gender-responsive treatment for women. She has a Masters in Social Work from the University of North Carolina-Chapel Hill and a Bachelor of Science in Family Relations from the University of Minnesota. A licensed clinical social worker, she first worked in mental health settings, later moving into the addictions field. Now she conducts a variety of clinical services for recovering persons, often with co-occurring disorders. Prior to private practice, Ms. Wilson was a faculty member at Duke University Medical Center in the Department of Psychiatry. At the Duke Addictions Program (DAP), she did clinical, administrative and consultation work. There she was instrumental in establishing gender responsive services in an intensive outpatient treatment setting, integrating her mental health and substance abuse treatment knowledge into a comprehensive program for women, their children and other family members. She taught addiction medicine to psychiatry and family medicine residents, psychology in-

terns and social work interns throughout her tenure at Duke. Prior to DAP, she served as Administrative Director of their Partial Hospital Program and the Centralized Evaluation Unit in the Department of Psychiatry. Always an advocate for client-centered treatment, she established and supervised clinical services in these areas.

Early in her career, she worked in the public sector with the seriously and persistently mentally ill population and established a psychosocial rehabilitation program called Club Nova. Serving as Executive Director, she also worked as an advocate and community systems organizer for this population.

A certified training associate and consultant for Dr. Covington, Ms. Wilson has taught in various professional venues over the last ten years. She is available for training on the Helping Women Recover, Beyond Trauma, and A Woman's Way through the Twelve Steps curricula, and consultation on the development of programs for women.



Recycling Programs throughout hotel and offices  
Use of Energy-Saving light bulbs  
timed shut downs for substantial energy savings.  
4.4 tons of recyclable materials per month  
recycling stations available for conventions  
environmentally safe products Use of outdoor light sensors  
Conservation-minded Temperature Guidelines  
guest towel and linen reuse program

**CROWNE PLAZA, RECIPIENT OF THE  
LOUISVILLE ENERGY ALLIANCES' KILOWATT CUP AWARD  
INTRODUCES OUR GREEN INITIATIVES**

- Temperature guidelines of 68 degrees in the winter and 72 degrees in the summer
- Meeting room temperatures and lighting are monitored for more efficient use
- Controlled spacing of guest and meetings to allow for a shut down of unused areas
- Use of florescent energy-saver light bulbs making the hotel 97% incandescent lighting free
- Equipment monitoring for energy reduction opportunities
- Timed shut-down for all possible equipment when not in use
- Efficient HVAC units and water heaters
- Pest control company uses alternative methods over pesticides when possible
- Environmentally safe products and chemicals are used when available
- Housekeeping uses recycled rags to clean
- Recycling efforts in the hotel and hotel offices and stations available upon request for meetings/ conventions
- Exterior lighting on light sensors
- 4.4 tons of recyclable materials per month
- Guests are encouraged to re-use towels and linens
- Recycling efforts were made throughout the recent renovations
- KPPC involvement to continue our Green efforts
- Replaced 98% of the hotel windows with the energy-efficient double-paned windows

  
**CROWNE PLAZA**  
LOUISVILLE AIRPORT

*Green Initiatives*

 RECYCLED PAPER

# CONFERENCE LOGISTICS

## WHILE YOU ARE HERE:

### Onsite Check-In: **REQUIRED**

Onsite check-in will be open Sunday, Aug. 16, 2015 from 2:00-6:00 p.m. Sunday's plenary begins at 5:00 p.m., followed by a reception. Check-in will be open Monday-Thursday from 8:00-10:15 a.m. Nametags and information packets will be distributed at this time. The location for onsite check-in is outside Crowne A Ballroom. **Check-in is required only the first day of your workshops.**

### Nametags, Barcodes and CEUs

Nametags include a barcode that will be scanned at the beginning and the end of each workshop (including when you exit and re-enter at lunch), and at the beginning (only) of each plenary. Certificates for CEUs and Contact Hours will be generated after the conference based on participants' scans. Please keep name badge secure and easily accessible for scanner.

Certificates with CEUs or Contact Hours earned will be available online to download and print after Sept. 21, 2015. An email message with instructions will be sent to attendees after Sept. 21.

**PLEASE KEEP YOUR NAMETAG SECURE AND WEAR IT AT ALL TIMES.** A \$5.00 fee will be assessed to replace lost nametags. See Onsite Registration outside the Crowne Ballroom for replacements.

### Handouts

Handouts were posted online prior to KSAODS. Each registrant was emailed the link to workshop(s) to download and print handouts for their sessions (approximately Aug. 1, 2015). Registrants are responsible for this process. **Printed handouts will not be available on site.**

Please note, a workshop that has a **Px** or **Ad** designation may also be appropriate for a treatment provider and vice versa. The designations are indicated to provide preventionists and adolescent treatment providers guidance in selecting workshops that will be most appropriate for their credentialing boards' approval.

### Evaluations

Your feedback is valued by conference planners.

- **Plenary** - session evaluations will be available. Please complete at the conclusion of each session and leave on ballroom tables.
- **Workshop** - evaluations will be distributed at the conclusion of each workshop; leave with workshop facilitator.
- **Conference** - evaluations will be conducted online, and upon completion, certificates will be available to participants.

### Meals

**Lunch** will be provided daily and is included in your registration fee. Lunch Monday and Thursday are buffet style. Lunch Tuesday and Wednesday are box lunches.

**Tuesday Evening Banquet:** There is no additional cost with full-week registration for the Tuesday evening Awards Banquet; however, your attendance was to be indicated during the registration process. Other registrants are welcome to attend, but must register at onsite registration and pay \$35.00.

### Vendors/Exhibitors

A list of vendors and exhibitors is available in registrant folders received at Check-In. Please be sure to visit the 2015 Vendors/Exhibitors in the Exhibit Hall. Satisfaction surveys will be in participant folders. Please complete after visiting the exhibit hall and take to registration area or leave in Exhibit Hall.

### Please Remember...

- **Bring downloaded handouts to all sessions** (copies will not be available onsite)
- **Bring sweater/light jacket for air conditioning comfort** (it is almost always chilly in sessions)
- **Keep nametag accessible for scanners**
- **Arrive to sessions at the scheduled times**
- **Silence electronic devices during all sessions**
- **Enjoy the conference!**

# WEEK AT A GLANCE - BY EVENT TYPE

**CHECK IN:** Crowne A Ballroom - Sunday, 2-6 p.m.; Monday-Wednesday, 8-10:15 a.m.; Thursday, 7:30-8:45 a.m.

**DAILY PLENARIES:**

Day	Plenary Title	Presenter	Time
<b>Sunday</b> Coronet A & B	<b>The Grassroots Speaks: Transformation From Active Addiction to Recovered Professional</b> (1 CEU) Meet and Greet reception from 6-7 p.m. (refreshments)	<b>Shelia Cundiff, LCSW, CADC</b>	5-6 p.m.
<b>Monday</b> Crowne A Ballroom	<b>According to the ACA, It's a New Healthcare World: Where Do Addiction Services Fit In?</b> (1 CEU)	<b>Becky Delozier Vaughn, M.S.Ed</b>  Opening Remarks: <b>Audrey Tayse Haynes</b> Secretary, Cabinet for Health & Family Services  <b>Mary Reinle Begley</b> Commissioner, Department for Behavioral Health Developmental & Intellectual Disabilities	8:30-10 a.m.
<b>Tuesday</b> Crowne A Ballroom	<b>Prevention: Current State of Research in Prevention Practice</b> (1 CEU)	<b>John Clapp, Ph.D., FAAHB</b>	9-10 a.m.
<b>Wednesday</b> Crowne A Ballroom	<b>The Art and Science of Healing: Finding the Healing Self Inside</b> (1 CEU)	<b>C.C. Nuckols, Ph.D.</b>	9-10 a.m.

**WORKSHOPS:** Monday-Wednesday: Full day workshops (5 CEUs): 10:30 a.m. - 12 p.m./1:15-4:45 p.m. - afternoon break. Thursday: Full day workshops (6 CEUs): 9 a.m.-4:15 p.m - with a.m. and p.m. breaks. Half-day workshops (3 CEUS each session): 9 a.m.-Noon and 1:15-4:15 p.m.

**LUNCH:** 12-1:15 p.m. Crowne A Ballroom - provided daily; Monday & Thursday, buffet; Tuesday & Wednesday, box lunch

**LUNCH PRESENTATIONS & MEETINGS:**

Day	Presentation/Meeting	Location/Time	Notes
<b>Monday</b>	<b>Mary Reinle Begley</b> Commissioner DBHDID	Crowne A / 12:15-12:45 p.m.	<b>Prevention to Aftercare: Kentucky's Vision for a Robust and Integrated System of Behavioral Health Care</b>
<b>Tuesday</b>	<b>KAAP Annual Meeting</b>	Crowne B / 12-1 p.m.	Pick Up Box Lunch
<b>Wednesday</b>	<b>CADC Board</b>	Crowne B / 12-1 p.m.	Pick Up Box Lunch/ (1 CEU)

**EVENING EVENTS:**

Day	Event	Location/Time	Notes
<b>Monday</b>	KASAC Meeting/Program	Coronet A / 5:30-7:30 p.m.	Robert Daniels, M.A., Geoff Wilson, LCSW, CADC Guest Contributor Ginny Sprang, Ph.D. - <b>Adolescents, Trauma &amp; Adverse Childhood Experiences</b> (2 CEUs)
	Documentary by Sheila Ganz - "On Life's Terms: Mothers in Recovery"	Crowne C / 5:30-7:30 p.m.	Documentary/Discussion (2 CEUs) Facilitator: Katie Stratton, M.S., LPCA
<b>Tuesday</b>	KSAODS Appreciation Awards Banquet	Crowne A / 5:30-7:30 p.m.	Dinner Speaker: <b>Changing Negative Public Attitudes: Language Matters</b> - Tom Coderre, SAMHSA Senior Advisor to the Administrator, former Rhode Island Senator, National Faces and Voices of Recovery (1 CEU). Live Band - Don Rogers Band begins at 4:45 p.m.
<b>Wednesday</b>	Current Research: Findings from the Field - Poster Presentations	Crowne A / 4:30-6 p.m. Reception with opportunity to interact with poster creators	Reception with opportunity to interact with poster creators (no CEUs)
	Evening Workshop	Crowne C / 5:30-7:30 p.m.	<b>Needle Exchange &amp; Integrated Treatment for Opiate Addiction</b> - Barbara Carter, Senior Substance Abuse Counselor, The MORE Center (2 CEUs)
	Film Presentation - "Anonymous People"	Coronet A / 5:30-7:30 p.m.	Documentary/Discussion (2 CEUs) Facilitator: Mike Barry, B.A.

**DAILY EVENTS:** Exhibit Hall will be open Sunday 12-5 p.m. and Monday-Thursday, 8:30 a.m. - 4 p.m.  
Recovery 12 Step Meetings, Open Discussion - Monday, Tuesday, Wednesday, Thursday - 7-8 a.m., Hancock Room

**NEW THIS YEAR:** We have lots of new additions to Kentucky School this year. Check out the details starting on page 14 of this year's catalog. Look for the heading "New This Year."

# WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Sunday</b>				
S1	Transformation from Active Addiction to Recovered Professional	Shelia Cundiff	Coronet A & B	1
<b>Monday and Monday/Tuesday</b>				
MP	According to the ACA It's A New Healthcare World: Where Do Addiction Services Fit In?	Becky Delozier Vaughn	Crowne A Ballroom	1
M1	Integrating Spirituality into Addictions and Mental Health Counseling	Mark Sanders	Crowne C	5
M2-Ad	Group Counseling for Adolescents: Knowledge and Techniques for Effective Group Leadership	Tony Watkins	Coronet A	5
M3	Veterans and Addictions: Homelessness and Post Traumatic Stress Disorder	Shelia Cundiff	Coronet B	5
M4	Re-Licensure Ethics for Social Work, CADC and Other Counselor Professions (LMFT Not Included)	Geoff Wilson	Elliot	5
M5	Cultivating Best Friends Forever (BFFs) in Healthcare: Integrating with Primary Care	Becky Delozier Vaughn	Franklin	5
M6-Px	Preventing Substance Use Disorders By Taking Action on the Social Determinants of Behavioral Health	Ruth Shim	Grant	5
M7	Exploring Peer Support	Andrea Morris	Madison	5
M8	Cognitive Therapy for Addictions	Todd Reynolds	Perry	5
M9-Px	Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse	Demetra (Dee) Antimisarius	Trimble	5
M10	Creating an LGBTQ Safe Space: Inclusivity and Awareness Improve Treatment Outcomes (lesbian, gay, bisexual, transgender, and questioning)	Ed Johnson	Shelby	5
M11	Clinical Challenges: Working with Men in Recovery	Mark Miller	Russell	5
M12-PxAd	Assessment and Treatment of Substance Abuse and Co-Occurring Disorders in Adolescents	Randi Tolliver	Taylor	5
M13	Shame: The Emotional Energy That Drives Addiction	Jeff Georgi	Whitley	5
MT1	Intensive Skill Training in Motivational Interviewing (Beginning Course)	Karen Garrity	Oldham	10
MT2	Neurobiology for Addiction, Mental Health and Criminal Justice Professionals	CC Nuckols	Crowne B	10
ME1	On Life's Terms: Mothers in Recovery - Film by Sheila Ganz	Katie Stratton	Crowne C	2
ME2	KASAC Meeting - Adolescents, Trauma and Adverse Childhood Experiences - ACES	Geoff, Wilson, Robert Daniels, Ginny Sprang	Coronet A	2
NA	KY Organization for Treatment of Opioid Dependence (KYTOD) Meeting	Mark Miller	Coronet B	NA



# WEEK AT A GLANCE- BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Tuesday and Tuesday/Wednesday</b>				
TP-Px	Current State of Research in Prevention Practice	John Clapp	Crowne A	1
T1	Cultural Competency in Addictions Treatment	Mark Sanders	Crowne C	5
T2	Helping Women Recover, A Program for Treating Addiction (Based on Dr. Stephanie Covington's Manualized Curriculum)	Twyla Wilson	Coronet A	5
T3	Craving Management	Jeff Georgi	Coronet B	5
T4	Medication Assisted Treatment: Getting it Right	Debbie Acker, Mark Fisher, Jeanne Keen	Grant	5
T5-Px	Intermediate to Advanced Motivational Interviewing for Skill Development and Supervision	Annie Fahy	Madison	5
T6-Px	Marijuana Trending, Marijuana Misuse, Medicine and Legalization - Helping Communities and Clients Sail the Rhetorical Seas	Allen Barger	Perry	5
T7	Foundation Skills for Substance Abuse Counseling	Mark Miller	Trimble	5
T8-Px	SBIRT Models on Campus in the Context of Comprehensive Program	John Clapp	Shelby	5
T9-Px	Transforming Health: Using system thinking to create vibrantly effective prevention systems that can significantly improve health and well-being	Laurie Barger Sutter	Russell	5
T10-PxAd	The Adolescent Brain: Expectations and Frustrations: The Experience-Dependent Brain and Drug Use	Jonathan Cloud	Taylor	5
T11	Understanding the Cultures of Addiction and Criminality	Michael Johnson	Whitley	5
TN1	KAAP Meeting	Mike Townsend	Crowne B	1
TW1-PxAd	Motivational Interviewing for Adolescents (Beginning to Intermediate)	Rose Golden	Elliot	10
TW2	Best Practices in Clinical Supervision (Note: ends at 5:45 p.m. each day)	Geoff Wilson	Franklin	12
TE2-Px	Tuesday Evening Banquet (indicate attending in registration) Changing Negative Public Attitudes, Language Matters	Tom Coderre	Crowne A Ballroom	1

## At a Glance Workshop Key

**Day of week:** S=Sunday; M=Monday; MT=MondayTuesday; **Time of event:** E=evening; N=noon; AM=morning; T=Tuesday; TW=Tuesday/Wednesday; W=Wednesday; PM=afternoon  
TH=Thursday **Number:** Assigned session number for that day

# WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Wednesday</b>				
WP	The Art and Science of Healing: Finding the Healing Self Inside	CC Nuckols	Crowne A	1
W1-Px	The Female Brain and Substance Use Disorders: Implications for Prevention, Intervention and Treatment	Jeff Georgi	Crowne B	5
W2-Ad	Establishing Trust, Rapport and Therapeutic Relationships in Adolescent Substance Abuse Treatment	Mark Sanders	Crowne C	5
W3	Beyond Trauma: A Healing Journey for Women	Twyla Wilson	Coronet A	5
W4	How to Implement The New ASAM Criteria - Skill Building in an Era of Health Care Reform	Dr. David Mee-Lee	Coronet B	5
W5-Px	Transforming Health: Using data to strategically diagnose community substance abuse problems and significantly improve health and well-being	Laurie Barger Sutter	Grant	5
W6-Px	Response Ability in Understanding Youth Culture	Marc Fomby	Madison	5
W7	Addiction 101: Understanding the Basics of Treatment and Recovery for Addiction Professionals	Shelia Cundiff	Oldham	5
W8	Simple But Not Easy: Harm Reduction Skills with Case Consultation	Annie Fahy	Perry	5
W9	Getting to Know the 12 Steps and the 12 Steps Fellowships	Gerry Boylan	Trimble	5
W10	Building a Village - The Art of Cultivating Effective Community Supports	James Campbell	Shelby	5
W11	Taking The Mystery Out of Relapse: An Overview of the Gorski-CENAPS® Relapse Prevention Model	Steve Grinstead	Russell	5
W12	Mindfulness: Meditation for Self-Care and Client Treatment: An Evidence Based Practice	Frank Snyder	Taylor	5
W13	Understanding and Managing the Multi-System, Multi-Problem Client: Habilitation or Rehabilitation	CC Nuckols	Whitley	5
WN1	CADC Luncheon Meeting Facilitated Discussion: Licensed Clinical Alcohol and Drug Counselors, Certified Alcohol and Drug Counselors, and Peer Support Specialists in Kentucky	Geoff Wilson	Crowne B	1
WA	Findings from the Field: Poster Presentation Session	Kate Goodenough Hackett	Crowne A Ballroom	0
WE1	Film: Anonymous People	Mike Barry	Coronet A	2
WE2	Needle Exchange and Integrated Treatment for Opiate Addiction	Barbara Carter	Crowne C	2

## Key

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**Number:** Assigned session number for that day  
**Track:** Px=Prevention Track; Ad-Adolescent Track



# WEEK AT A GLANCE - BY THE DAY

Workshop Code & Track	Plenary / Workshop / Ancillary Title	Presenter	Room	Hours
<b>Thursday</b>				
THAM1	Women with Substance Use and Unintended Pregnancy: All Options Counseling and Referrals	Fausta Luchini, Bree Pearsall	Oldham	3
THPM1	Neonatal Abstinence Syndrome: What Have We Learned Over The Last Decade	Lori Devlin Phinney	Oldham	3
THAM2	Provider Technical Assistance/Guidance for TCM Curriculum Submission	Michele Blevins	Shelby	3
THPM2	Adverse Childhood Experiences (ACE) Study - What this tells us and why it gives us hope	Ruth Shepherd	Shelby	3
THAM3	The "What" and "How" of Evidence Based Practices (EBP)	Ed Johnson	Taylor	3
THPM3	Recovery Oriented Systems of Care: Changing the Focus to "Recovery": What Would it Look Like and How Could We Do It?	Ed Johnson	Taylor	3
TH1	Previewing the DSM-5: Diagnosing Disorders in Adults	George Haarman	Crowne B	6
TH2	Helping Clients Move Beyond Perfection in Recovery	Mark Sanders	Crowne C	6
TH3-Ad	Adolescent ASAM Criteria: Skill-Building and Applying the Criteria in Adolescent Services	David Mee-Lee	Coronet A	6
TH4	Dilemmas Surrounding Medication Management in Recovery	Steve Grinstead	Coronet B	6
TH5	Intervention and Treatment Strategies for Resistant Clients with Mental Health and Substance Abuse Disorders	Geoff Wilson	Elliot	6
TH6	Basics of Substance Abuse for Mental Health Professionals	Mark Miller	Franklin	6
TH7	Preparing to Become a CADC in Kentucky	Jeanne Keen, Mike Vance	Grant	6
TH8-Px	"I See, You See": A Teen Perspective Cycle	Marc Fomby	Madison	6
TH9-Px	Comprehensive Community Approaches to Suicide Prevention	JoEllen Tarallo-Falk	Perry	6
TH10	Holistic Self Care for Practitioners: Discover the Tips, Tools, and Resources Needed to Create a Lifestyle Grounded in Simple Choices, Solid Boundaries, and Healthy Practices	Julia Persike	Trimble	6
TH11	Engaging Families in Treatment and Recovery	James Campbell	Russell	6
TH12	Removing Defects of Character: A New Way of Looking at Things	CC Nuckols	Whitley	6

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**Number:** Assigned session number for that day  
**Track:** Px=Prevention Track; Ad-Adolescent Track

# CONFERENCE LOGISTICS

## Continuing Education Units/Contact Hours

Overview of CEUs/Contact Hours Offered:

- One day workshop = 5 CEUs/contact hours - M, T, W & 6 CEUs/contact hours - TH
- Two day workshop = 10-12 CEUs/contact hours
- Half-day workshop = 3 CEUs/contact hours

Continuing Education Units are approved for Certified Alcohol and Drug Counselors, Psychology, Social Work, Licensed Professional Counselors, Nursing, Nursing Home Administrators, Fee-Based Pastoral Counselors and Art Therapists.

Category	Workshop Description	Days & Hours	Credit Hours
One-Day Workshops Monday, Tuesday, Wednesday and Thursday	One Subject 5 hours required	One Day - 5 or 6 hours one topic	5 or 6
Two-Day Concurrent Topic Workshops Monday & Tuesday Tuesday & Wednesday	One Subject 10-12 hours required class time	Two days - 5-6 hours each day same topic	10-12
Half-Day Thursday	One Subject 3 Hours required class time	Thursday only 3 hours each 2 per day	3-6

## KCBPP-Approved Courses

The Kentucky Certification Board for Prevention Professionals, Inc. has reviewed this year's course offerings. The workshops below have been pre-approved for the certified prevention specialist and do not have to be justified to receive credit.

- Treatment and Prevention Integrated Focus: The Female Brain and Substance Abuse Disorders: Implication for Prevention, Intervention and Treatment by Jeff Georgi
- Prevention: SBIRT Models on Campus in the Context of Comprehensive Programs by John Clapp
- Changing Negative Public Attitudes, Language Matters by Tom Coderre
- Prevention: Current State of Research in Prevention Practice by John Clapp
- The Adolescent Brain: Expectations and Frustrations: the Experience-Dependent Brain and Drug Use by Jonathan Cloud
- Psychoactive Medications: Risks, Benefits and Relationship to Substance Abuse by Demetra Antimisarius
- Marijuana Trending, Marijuana Misuse, Medicine, and Legalization – Helping Communities and Clients Sail the Rhetorical Seas by Allen Barger
- "I See, You See": A Teen Perspective Cycle by Marc Fomby
- Prevention: Transforming Health: Using System Thinking to Create Vibrantly Effective Prevention Systems that can Significantly Improve Health and Well-Being by Laurie Barger Sutter
- Prevention: Transforming Health: Using Data to Strategically Diagnose Community Substance Abuse Problems and Significantly Improve Health and Well-Being by Laurie Barger Sutter
- Prevention: Comprehensive Community Approaches to Suicide Prevention by Dr. JoEllen Tarallo-Falk
- Response Ability in Understanding Youth Culture by Marc Fomby
- Intermediate to Advanced Motivational Interviewing for Skill Development and Supervision by Annie Fahy
- Motivational Interviewing for Adolescents (Beginning to Intermediate) by Rose M. Golden
- Prevention: Preventing Substance Use Disorders by Taking Action on the Social Determinants of Behavioral Health by Dr. Ruth Shim