

## Drug, Set, Setting

Taken from :

Zinberg, N. (1984)

Drug, Set, Setting

New Haven: Yale University

Compiled by:

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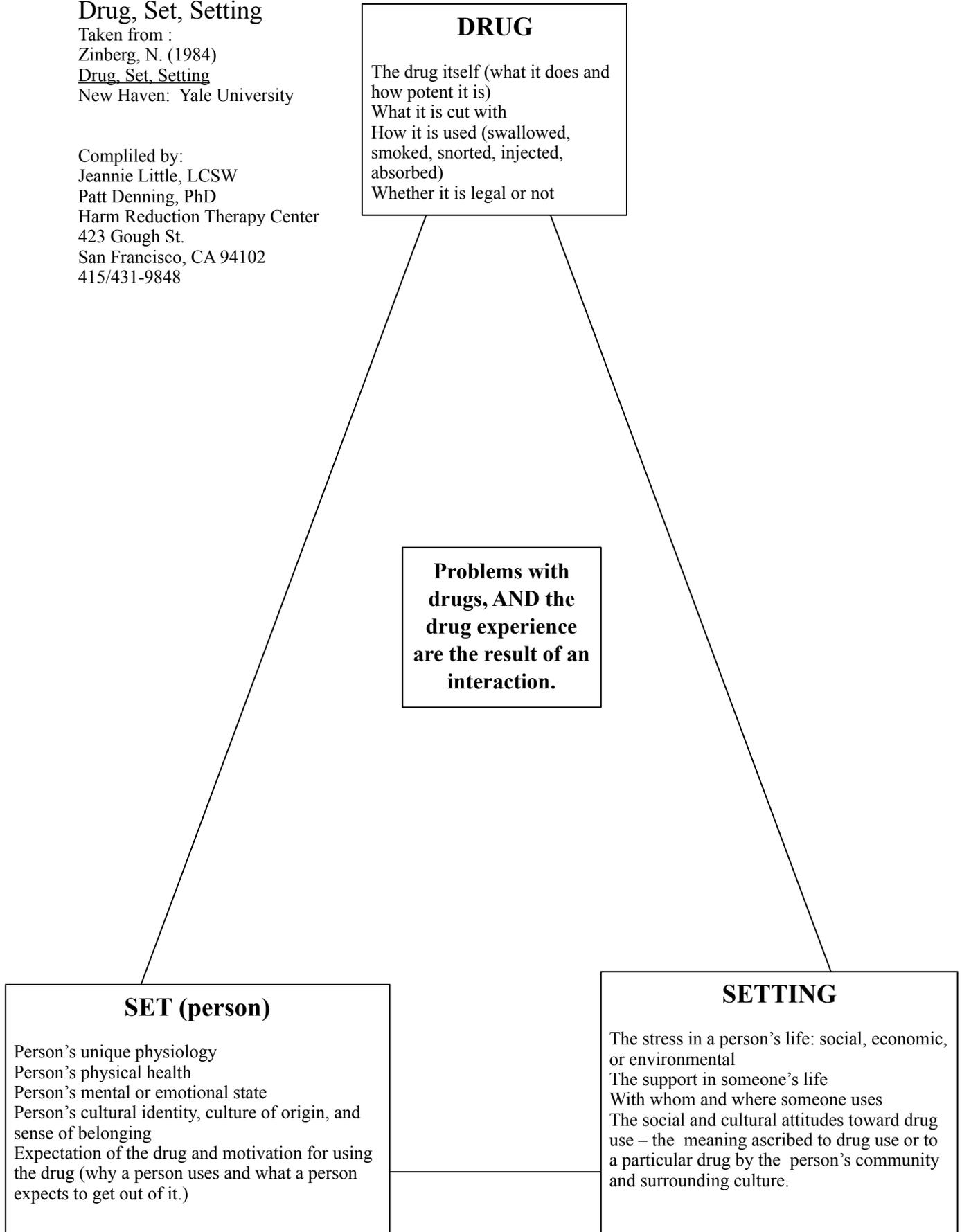
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## DRUG

The drug itself (what it does and how potent it is)  
What it is cut with  
How it is used (swallowed, smoked, snorted, injected, absorbed)  
Whether it is legal or not

**Problems with drugs, AND the drug experience are the result of an interaction.**

## SET (person)

Person's unique physiology  
Person's physical health  
Person's mental or emotional state and or history  
Person's cultural identity, culture of origin, and sense of belonging  
Expectation of the drug and motivation for using the drug (why a person uses and what a person expects to get out of it.)  
Beliefs & Values

**Benefits or expectations of drugs, AND the drug experience are the result of an interaction.**

**Pleasure  
Punishment  
Guilt  
Shame  
Trauma  
Vulnerability  
Coping Skills**

## SETTING

The stress in a person's life: social, economic, or environmental  
Stability and functionality of a person's environment  
The support in someone's life  
With whom and where someone uses  
The social and cultural attitudes toward drug use the meaning ascribed to drug use or to a particular drug by the person's community and surrounding culture.