



HEALTHY COMMUNITIES START WITH MOM

Kentucky's Behavioral Health Substance Use
Prevention & Case Management Services for
Pregnancy & Postpartum

MAKE A REFERRAL TODAY!

Contact Your Community Mental Health Center
Visit dbhdid.ky.gov/dbh/kymomsmatr.aspx#
for more information about the program and a
map of KY-Moms locations.



Education, Risk Reduction, Case Management



Seven Counties Services

Emily Kleinhelter
ekleinhelter@sevencounties.org
502-443-2623

Mosezella Jones
mjones1@sevencounties.org
502-435-7424



Substance Use During Pregnancy is a Health Risk

The use of alcohol, tobacco and other substances during pregnancy can cause problems for both the mother and the infant. Prenatal exposure can lead to developmental and intellectual disabilities, mental health and behavioral problems, difficulty with learning, and poor health outcomes.



What is KY-Moms Maternal Assistance Towards Recovery?

- Substance use screening and assessments
- Case management
- Prevention Education
- Addressing risk factors
- Counseling referrals
- Services for at-risk or with identified substance use disorder
- Community setting or home
- Assistance with other medical needs or family-based services

Driven By Outcomes



KY-Moms improves Kentucky birth outcomes by helping pregnant and postpartum individuals recover from substance use risk factors and substance use disorders. By engaging high-risk pregnant individuals in prevention education services, intensive case management, substance use treatment and other needed services, the program helps address risk factors and substance use in pregnancy. KY-Moms helps moms provide their babies with a healthier, safer start in life.

Factors Targeted by KY-Moms



- Any illicit substance use
- Any alcohol use
- Cigarette Smoking
- Domestic Violence
- Homelessness
- Adverse Childhood Experiences

Measures are compared six months prior to client becoming pregnant and six months postnatal.