KY-Moms MATR (Maternal Assistance Towards Recovery) is focused on serving women who are pregnant and who are at-risk for alcohol, tobacco, and other drug use during their pregnancy. Specific prevention services are designed to provide prevention education services to this at-risk population of women.

KY-Moms MATR connects this population at the appropriate point during their care with prevention services through substance use treatment, assisting in reducing harm to Kentucky children from maternal substance use during and after pregnancy.

KY-Moms MATR improves Kentucky birth outcomes by helping women recover from substance use disorders through engaging high-risk pregnant women in intensive case management, substance use treatment, and other needed services.

a healthier mother = a healthier child

CONTACT
KY-Moms MATR Coordinator
270.689.6564 or 800.737.0696
Fax 270.689.6677

www.rvbh.com/services
(Chemical and Substance Abuse)

RiverValley Behavioral Health’s KY-Moms MATR program is available in the following Kentucky counties:
Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster

RIVERVALLEY BEHAVIORAL HEALTH
1100 WALNUT STREET
OWENSBORO, KY
www.rvbh.com

RiverValley is a not-for-profit organization and is partially funded by reimbursements from Federal, CHFS, and the Commonwealth of Kentucky sources.

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The use of alcohol, tobacco, and other drugs during pregnancy can cause problems for both the mother and the infant. Prenatal exposure to these substances can lead to developmental and intellectual disabilities, mental health and behavioral problems, difficulty with learning, and poor health outcomes.

RiverValley Behavioral Health’s KY-Moms MATR program offers:

- Substance Prevention Education
- Alcohol & Drug Treatment
- Smoking Cessation Assistance
- Case Management
- Crisis Intervention
- Referral for Prenatal Care
- Information on Community Resources

**KNOW THE FACTS:**

- Alcohol use during pregnancy often causes more serious and irreversible harm to a developing baby than drug use.

- Fetal Alcohol Syndrome is the leading known cause for mental retardation. It occurs more frequently than other known causes and is 100% preventable.

- Smoking cigarettes during pregnancy can be just as harmful as drug use.

- Even if a woman uses alcohol, tobacco, or drugs throughout her pregnancy, regular prenatal care can greatly increase her chances of having a healthy baby. If a woman stops using at any time during her pregnancy, she increases her chances of having a healthy baby.

If you answer YES to any of these questions, KY-Moms MATR can help!

1. Over the past two weeks, has worry, anxiety, depression or sadness made it difficult for you to do your work, get along with others, or take care of things at home?

2. Are you, your family, or friends concerned about your drinking or drug use?

3. Are you feeling at all unsafe in any way in your relationship with your current partner or with a previous partner?