

Meeting Summary
Kentucky Mental Health Planning & Advisory Council
Department for Behavioral Health, Developmental and Intellectual Disabilities
August 20, 2009

Members: Shelley Adams, Ron Ashton, John Basham (via teleconference), Rita Brooks, Cathy Epperson, Carol Estes, Rebecca Garrett, Lynn Haney, Steve Hartwig, Gayla Hayes, Robert Hicks, Donna Hillman, Angela Isaacs, Mary Sue Klusman, Steve Liles, Steve Lyons, Betty Jo Moss, Jim Reed, Steve Shannon, Heidi Schissler (for Jan Powe), Mary Singleton, Jim Sparks, Robin Sublett (for Liz McKune), Anna Winchell

Guests: Joe Brothers, Steven Fisher, Chris Whittington

Staff: Michele Blevins, Eric Friedlander, Anita Jennings, Lou Kurtz, Christie Penn, Melissa Runyon, Carol Saylor, Phyllis Sims

Topic	Discussion	Next Steps
Call to Order and Introductions	Rebecca Garrett, Chair, called the meeting to order at 10:02 AM. Members introduced themselves.	
Approval of May Meeting Summary	Robert Hicks made a motion to approve the summary of the May 14, 2009 meeting. Steve Liles seconded and the motion carried.	
Update on the Search for a New Commissioner	Eric Friedlander, Acting Commissioner of the Department, told members that the search for a new Commissioner is going smoothly and that the Council is well represented on the search panel. Eric stated that the panel had already begun to meet with applicants. Eric is hopeful that a new Commissioner will be named between mid-September and mid-October.	Staff will notify members if a new Commissioner is appointed. The new Commissioner would be invited to introduce him/herself at the next meeting.
	Council member, Anna Winchell, introduced Joe Brothers to the Council. Joe is the current President of the Communicare Board of Directors.	
Committee Reports	<p><u>Executive Committee</u> Rebecca Garrett, Chair, reported that the Executive Committee met on July 16th to review the FY 2010 meeting dates and to set the agenda for the year.</p> <p><u>Membership Committee</u> Mary Singleton, Chair, reported that the Membership Committee met on July 16th and just prior to today's meeting to review applications for two parent representatives. The Committee unanimously recommended Anna Winchell and Angela Isaacs be reappointed to another two-year term. Ron Ashton made a motion for the Council to accept the Membership Committee's recommendation and send a</p>	An appointment letter will be forwarded to the

	<p>recommendation for reappointment from the Council to Eric Friedlander. Gayla Hayes seconded and the motion carried unanimously.</p> <p>Mary told members that the next Membership meeting is on January 28, 2010. That meeting is very important meeting for members to attend because 15 of 19 members' terms expire after the February 2010 quarterly meeting and the committee will be reviewing applications to fill the vacancies created.</p> <p>Mary asked Robert Hicks to give the Council an update on lapel pins for members. Bob obtained a price estimate of 50 pins for \$330. The estimate includes set up and shipping/handling fees. Ron Ashton made a motion to order the Council 100 pins at a cost of \$388. Jim Reed seconded and the motion carried, with two members opposing.</p> <p>Mary asked Steve Liles and Mary Sue Klusman to give an update on the Council brochure. Mary Sue stated that she and Steve are currently gathering information to include in the brochure. She invited members to contact Steve or her with any ideas for the brochure. Members offered the following suggestions:</p> <ul style="list-style-type: none"> • Creating a slogan for the Council and using it on the brochure; • Clearly state that the Council is an advisory council, not a governing board; • Include the three charges of the Council; • Council support for Integrated Treatment, the co-occurring disorders talking points; • Information from the Block Grant Executive Summary; • An invitation for the reader to apply to become a member; • An invitation for the reader to request more information instead of overloading them with information; • Website addresses for the Council, Department and WebBGAS; and • Notify the reader that they can provide comments on the Block Grant Application. <p>Mary thanked Mary Sue and Steve for working on the brochure.</p>	<p>Commissioner's office. All members are invited to attend the Membership, Bylaws and Finance committee meetings.</p> <p>Bob will place the order for the lapel pins.</p> <p>Please send any additional ideas to Mary Sue Klusman or Steve Liles. Their email addresses are included on the Council roster.</p> <p>Steve and Mary Sue will provide a draft of the brochure at the next meeting.</p> <p>The next Membership Committee meeting is scheduled for January 28, 2010.</p>
	<p><u>Finance Committee</u></p> <p>Betty Jo Moss, Chair, reported that the Finance Committee reviewed the annual plan and budget on April 9th. The Committee divided into groups to review the plans from the CMHCs. Members did not have enough time to review all of the documents. Betty Jo</p>	<p>Next year's meeting to review the CMHCs' plans will be extended to allow for a more thorough review.</p>

	<p>recommends that the Centers be encouraged to provide more detail on next year's plans. Some Centers provide detail; others provide very little.</p> <p>Betty Jo reported that Hope Barrett provided lots of information about the co-occurring mental health and substance use disorders and talked to the group about creating talking points. Members voted to spend the entire next meeting finishing up these talking points.</p>	<p>The next Finance Committee meeting is on October 15th.</p>
<p>Member and Department Updates</p>	<p><u>Parent University</u> Anna Winchell told members about a free training occurring on Saturday in Hardin County. The name of the one-day conference is Parent University.</p> <p><u>Upcoming Trainings & Meetings</u> Michele Blevins told members about four upcoming events:</p> <ol style="list-style-type: none"> 1. Family Leadership Academy is occurring September 18-20th, which is a Friday, Saturday and Sunday. The training is free. 2. The annual Kids Are Worth It conference is September 10-11th at the Marriott in Lexington. 3. The Mental Health Consumer Advisory Committee is meeting September 3rd at the Annex and Capitol Building so that members can become more familiar with the buildings. Robert Jenkins, Assistant Director of the Legislative Research Commission, will present on the legislative process and advocacy skills. 4. Three Council members have been invited to attend the 7th Annual National Olmstead Conference in Washington D.C. Our representatives will be Jim Sparks, Mary Sue Klusman, and Rebecca Garrett. Three Department staff will also attend. Michele Blevins will attend to represent children's services and Dona Whitenack will attend to represent adult services. Janice Johnston, children's mental health staff, will be presenting information to assist transition age youth with mental health concerns. <p><u>NAMI Kentucky</u> Cathy Epperson introduced herself and told the Council that she is the new Chief Executive Director for NAMI Kentucky. She will be the NAMI KY representative to the Council. She is the designee for Reverend Dr. Rob Slocum. Cathy stated that the organization has moved into a new office on the Somerset Community College campus. The organization has adopted new Bylaws, new staff and a new 15-member Board. Cathy said that NAMI KY is looking forward to collaborating with the</p>	<p>Kids Are Worth It Webpage: http://www.pcaky.org/kids_are_worth_it.html</p> <p>Consumer Services Webpage: http://mhmr.ky.gov/mhs/Consumer%20Services.asp</p> <p>Visit the NAMI Kentucky website at: http://www.nami.org/MS_Template.cfm?micrositeID=157</p> <p>NAMI Kentucky will have their annual conference in Louisville</p>

	<p>NAMI Affiliates and partnering with Somerset College and other Kentucky colleges and universities.</p> <p>NAMI KY is also looking forward to partnering with the US Dept. of Veterans Affairs to provide the Family-to-Family Training to veterans.</p> <p>Cathy Epperson retired from her position as CEO for Adanta Behavioral Health Services on January 1, 2009, after serving for 11 years. Cathy is a founding member of the Somerset Affiliate and has served on the NAMI Kentucky Board.</p> <p><u>Department for Public Health</u> Shelley Adams reported that the Department of Public Health successfully submitted their Maternal & Child Health Block Grant. The Department is now preparing a Child Fatality Review report and writing healthy aging and oral health grants.</p>	<p>at the Marriott East on October 23-24. Cathy will provide more details soon.</p> <p>Dept. of Public Health webpage: http://chfs.ky.gov/dph/default.htm</p>
<p>Review of SFY 2010 Calendar of Meeting Dates</p>	<p>The Council reviewed the proposed meeting dates for the coming fiscal year. Betty Jo Moss made a motion to approve the calendar as submitted. Mary Singleton seconded and motion carried.</p>	<p>Meeting dates are listed on the Calendar of Events: http://mhmr.ky.gov/mhas/kmhpac.asp .</p>
<p>Overview of the FY 2010 Block Grant State Plans</p>	<p>Michele Blevins presented an overview of the SFY 2010 Block Grant Application. The estimated allocation for FFY 2010 (Oct. 1st – Sept. 30th) is approximately \$5.3M. The Department usually learns the actual allocation between around February. The Mental Health Block Grant is a non-competitive grant, which means that every state and territory will receive Block Grant money so long as they follow certain guidelines and complete annual applications and implementation reports, which are due Sept. 1st and Dec. 1st respectively.</p> <p>Eighty percent of Kentucky's Block Grant funds go to the Community Mental Health Centers for services and supports for individuals with SMI and SED. The remainder is used for the operation of the Council and statewide initiatives for individuals with SMI and SED. Michele went over the 3 sections of the application, including information about the New Freedom Commission goals, the National Outcome Measures, and Kentucky's selected Performance Indicators.</p> <p>Michele stated that for the first time in many years, the total number of clients served statewide by CMHCs is anticipated to have decreased slightly (the SFY 2009 data has yet to be certified). One theory is that the Centers are doing a better job at diagnosing clients with a dual diagnosis and thus they are not counted in the</p>	<p>For information on the President's New Freedom Commission on Mental Health, visit www.mentalhealthcommission.gov .</p> <p>The following are websites that may be of interest.</p> <p>Annual Plan and Budget Information: http://mhmr.ky.gov/cmhc/plan_and_budgetfy_2009_and_2010.asp</p> <p>CMHC Data Reports: http://mhmr.ky.gov/cmhc/cmhc_data_reports.asp?q=y</p> <p>Department Periodic Reports: http://mhmr.ky.gov/kdmhms/dpr2009.asp</p>

	<p>“Mental Health” program category. Another theory is that budget constraints have impacted the Centers’ ability to serve clients. Likely there are various factors involved.</p>	<p>Data Set Information: http://mhmr.ky.gov/cmhc/cmhc_data_info.asp?sub23</p> <p>This data will be discussed further in the Block Grant Implementation report.</p>
<p>Comments about the FY 2010 Application</p>	<p>Members of the Council and public were invited to comment on the Application.</p>	<p>Verbal comments received at the Council meeting and Public Forum, as well as written comments received in person or electronically, will be compiled and included in the Application.</p>
<p>Adjourn</p>	<p>Rita Brooks made a motion to adjourn at 1:55 PM. Mary Singleton seconded and motion carried.</p>	<p><u>Next Meeting</u> Thursday, November 12 At KDBHDID, Frankfort Conference Rooms A&B 10:00 AM – 2:00 PM</p>