

Kentucky Mental Health Planning & Advisory Council
May 14, 2009, 10:00 a.m. – 2:00 p.m.
KDMHDDAS, 100 Fair Oaks Lane, 4th Floor, Conference Rooms A & B
Frankfort, Kentucky

Members Present: Lois Anderson (for NAMI), Trudy Abshire, Ron Ashton, John Basham (via teleconference), Rita Brooks, Carol Carrithers, Artye Dulaney, Kevin Fleming (for Jan Powe), Eric Friedlander (for Donna Hillman), Rebecca Garrett, Lynn Haney, Steve Hartwig, Gayla Hayes, Bill Heffron, Robert Hicks, Angela Isaacs, Yvonne Kendrick, Mary Sue Klusman, Steve Liles, Steve Lyons, Betty Jo Moss, Jim Reed, Steve Shannon, Mary Singleton, Matthew Smith, Janet Gothard, Joy Varney, Anna Winchell, Tanya Young (for Liz McKune)

Members Absent: Artye Dulaney, Carol Estes, Carmilla Ratliff, Sunni Williams

Guests: Mary Beth Jackson, Doreen Mills

Staff: Michele Blevins, Eric Friedlander, Anita Jennings, Beth Jordan, Lou Kurtz, Christie Penn, Melissa Runyon, Carol Saylor

Topic	Discussion	Next Steps
Call to Order and Introductions	Rebecca Garrett, Chair, called the meeting to order at 10:02 a.m. Members, guests and staff introduced themselves.	
Approval of March Meeting Summary	Members were asked to review the meeting summary. Steve Shannon questioned whether Kevin Pangburn had indeed retired from Corrections. Tanya Young confirmed that he had not. The meeting summary will be corrected. Ron Ashton made a motion to approve the amended summary of the last meeting. Mary Singleton seconded and motion carried.	Meeting summaries available online at http://www.mhmr.ky.gov/mhsas/kmhpac_summaries.asp
Update on Photo Shoot, Brochure, and Lapel Pin	Rebecca reminded members that Council photos will be taken today by Jan Ulrich. Jan has recommended taking photos at the conclusion of the meeting, instead of during the meeting. Rebecca encouraged all members to participate in the photo shoot in the Small Conference Room at 2:00 p.m. Additional consent forms were distributed to members.	Use photos to develop a Council brochure.
Kentucky's System to Enhance Early Development (KY SEED)	<p>Beth Jordan presented an update on Kentucky's new system of care grant, KY SEED, which will serve children birth to age five and their families. Since the last Council meeting, all 18 RIACS have been sent a Request for Applications and 9 RIACS chose to submit applications. The interagency review and scoring committee met last week and selected three RIACs:</p> <ol style="list-style-type: none"> 1) Salt River and Jefferson RIACs (they collaborated to combine their application); 2) Kentucky River RIAC; and 3) Bluegrass West RIAC. <p>Training and technical support will be provided to the RIACs not selected, so that they can improve their applications next year. A two-day training will be provided in August for the communities that were selected. Implementation will begin on</p>	

	<p>October 1. The KY SEED System of Care grant is a \$9 M grant over 6 years.</p> <p>Rebecca Garrett and Anna Winchell both expressed support for the grant because it will fill a gap in services.</p>	
<p>Social Worker Program</p>	<p>Jennifer Withrow is the Coordinator of the Department of Public Advocacy Social Work Program. Jennifer presented information on the program and distributed a variety of handouts, including a packet of client success stories.</p> <p>The mission of the program is to:</p> <ul style="list-style-type: none"> • Divert persons with significant social and economic barriers to services and treatment so that they can successfully transition into their communities and become productive citizens; • Provide judges with relevant mitigating information about a defendant's health, mental health, and social history, as well as viable alternatives to incarceration; • Save Kentucky money in incarceration costs by diverting persons with addiction and mental illness to community-based treatment; and • Slow recidivism rates. <p>The outcomes of the Social Worker Program have shown that the program has been successful at achieving each of the above goals.</p>	<p>For more information about the Department of Public Advocacy, you may visit their website at http://dpa.ky.gov/.</p>
<p>Update on the Status of the Regional Boards</p>	<p>Steve Shannon is the Executive Director of the Kentucky Association of Regional Programs (KARP), a statewide organization made up of Kentucky's non-profit Regional Boards (also known as Boards, Community Mental Health Centers and Comp Cares). Steve stated that the CMHCs have recently had several big threats to their financial security.</p> <ol style="list-style-type: none"> 1) The single biggest threat to the Centers is the increased cost of employer-paid retirement benefits. CMHCs are personnel intensive and the employer contribution has almost doubled in 3 years. Two-thirds of the costs of the Regional Boards are personnel costs. 2) Recent bad weather has had a negative financial impact on the CMHCs as well. Bad weather has caused clinics to be closed, clients to not be served/revenue generated, and additional travel expenditures to be incurred so that personnel may check on clients. 3) The third threat to the Centers has been the downturn in the economy. A poor economy can lead to increases in suicide, abuse, neglect and unemployment. The number of individuals needing services also increases, as does the number of individuals with no payer source. 	<p>For more information about KARP, you may visit their website at http://www.karponline.org/.</p>

	<p>The American Recovery & Reinvestment Act is slated to put an extra billion dollars into Medicaid over the next 27 months. KARP met with Secretary Miller and Acting Commissioner Friedlander on 4-9-09 to make recommendations for using the stimulus dollars to assist the CMHCs. Steve distributed a handout that outlined KARPs recommendations.</p> <p>Ron Ashton asked how Council members could do to assist. Steve stated that Council members should tell their legislators to not weaken the system of care, to ensure that services stay available.</p> <p>John Basham expressed concern over the CEO's salaries. Steve said that he will give them that message. John also expressed concern over property ownership by the Boards. Steve said that purchasing property is a one-time expense, as opposed to a monthly lease. Steve noted that the Boards are not currently purchasing property.</p> <p>Another member asked if the CEOs are receiving raises. Steve stated that he will gather that information for the Council.</p>	<p>Council members wishing to assist should tell their legislators to ensure that behavioral health services remain available in times of greatest need.</p> <p>Steve will share information with the Council.</p>
<p>Committee Reports</p>	<p><u>Executive Committee</u> Rebecca Garrett stated that the Executive Committee has not met since the last meeting. The next meeting of the Executive Committee is July 16, 2009.</p> <p><u>Membership Committee</u> Robert Hicks stated that the Membership Committee is considering ideas to create a Council lapel pin.</p> <p>Mary Singleton, Committee Chair, told members that the Membership Committee is creating a Council brochure. Mary Sue Klusman shared drafts of artwork that she created for the brochure. In addition to using artwork, the Membership Committee recommended using pictures of actual Council members in the brochure. Staff will create a photo release form for Council members to sign before any photos are taken. Participation in the photos is, of course, completely voluntary. Photo release forms were distributed and photos will be taken at the May 14th Orientation and Council meeting.</p> <p><u>Finance Committee</u> Finance Committee Chair, Betty Jo Moss, reported that at the January 15th meeting members heard a presentation of a block grant funded, Adult Targeted Case Management Certification Training. DMHSA staff responsible for facilitating the training presented information on the occurrence, cost and content of the training.</p> <p>The committee also confirmed plans to have <i>Data Review</i> as a continual agenda item. Discussion ensued around the use</p>	<p>Members are encouraged to make meeting agenda topics or other recommendations to the Executive Committee.</p> <p>Bob will bring samples to the next Membership Committee meeting. If you would like to submit an idea to Bob, send it to Bettybobhick631@aol.com The Membership Committee will continue work on the brochure during their meeting in July and a drafted brochure will be presented for review in August.</p>

	<p>of data to advocate for needed services and supports for individuals with Co-Occurring MH/SA Disorders. Steve Shannon shared that the goal is to develop concise, common points- bits of data- and develop strategy to move forward on something (60 seconds to give message).</p> <p>Another member shared that KY Medicaid is one of 2 states that does not provide comprehensive substance abuse treatment services.</p> <p>Another member shared that the CDC (Centers for Disease Control-federal level) are in the process of adding SA and MH in the chronic disease model, e.g., heart disease. The next meeting of this committee is April 9, 1-4p. The agenda includes: Review of Adult and Child System of Care Plans submitted by the Regional Boards through the Plan and Budget process; Data Review, and current financial information about the 2010 MHBG allocations.</p> <p><u>Bylaws Committee</u> Bylaws Committee has not met since the last meeting and does not have another meeting scheduled at this time. Having no business, the previously scheduled meeting of By-Laws committee for July 16, 2009 was changed to a Membership Committee meeting.</p>	<p>The Finance Committee will develop concise, talking points (bits of data) and develop a strategy to move forward on something (60 seconds to give message).</p> <p>Current Council Bylaws are available online at http://www.mhmr.ky.gov/mhsas/files/kmhpac_bylaws.pdf</p>
<p>Department and Member Updates</p>	<p>Michele Blevins told members that the Department plans to submit a grant that focuses on transition-age youth (primarily age 16-25 years old) who have a designation of SED or SMI. Michele stated that this grant will build on existing services, but will fill a gap in services for youth transitioning from children's services to adult services. The grant provides \$480,000 per year for up to five years. Seven Counties Services is a collaborator and the chosen site for implementation of this grant. Michele distributed the grant abstract and asked for a support letter from the Council. Steve Shannon made a motion to support the grant. Ron Ashton seconded and the motion carried.</p> <p>Michele Blevins distributed information about the SFY 2010 Block Grant allocations. One handout was a summary of the allocations and the second handout provided a description of each of the allocations. Michele stated that the grant provides \$5.3 M for the state, with 80% of the funding going to the CMHCs to provide services. The remainder of the funding is used for statewide projects.</p> <p>Robert Hicks brought samples of lapel pins for members to review. Members preferred the pins in the shape of Kentucky because at national meetings and conferences, our state of origin will be distinguishable.</p>	<p>Staff will submit the Council's letter of support.</p> <p>Bob will bring estimates of cost to the next meeting.</p>

	<p>Eric Friedlander, Acting Commissioner, reported that the Department is actively searching for a commissioner. Robert Hicks is a member of the search panel, as is Gloria Dorsey. At the search panel's first meeting on April 29th, they held a discussion on what qualities they'd like to have in a new commissioner and they began drafting the advertisement to post on the internet. The next meeting is May 27th. They hope to post the advertisement soon after that date. Eric stated that he will share information as it becomes available.</p> <p>Lois Anderson announced that Carol Carrithers is retiring from NAMI Kentucky on May 29th. The Board has asked Cathy Epperson to serve as the Interim Executive Director. Lois said that NAMI will miss Carol and they wish her well. Lois also shared that NAMI is becoming more active in children's issues and that a NAMI Danville member who is a retired teacher used Children's Mental Health Awareness Day to make contact with their superintendent of schools.</p>	<p>Eric will continue to provide information on the progress of the search committee.</p>
<p>Adjourn</p>	<p>Mary Singleton made a motion to adjourn. Lois Anderson seconded and motion carried.</p>	<p><u>Next Meeting</u> August 20, 2009 10:00 AM – 2:00 PM Large Conference Room 100 Fair Oaks Lane Frankfort</p>