

Community Support Associate Sample Exam

Please note: This should be used as a resource and not the actual submitted examination.

1. OARS stands for
 - a. Oppositional, affirmation, respect, support
 - b. Optimistic, affirming, resilience, support
 - c. Open ended, affirmations, reflections, summarizations
 - d. Open, affirming, respectful, single question
2. Which study revealed that the economic costs of untreated trauma-related alcohol and drug abuse alone were estimated at \$161 billion in 2000?
 - a. The ACE Study
 - b. The CLUB Study
 - c. The Erickson Study
 - d. None of the Above
3. The Five Core Values of Trauma informed care are
 - a. Pride, Love, Virtue, Choice, Respect
 - b. Trust, Love, Acceptance, Empowerment
 - c. Caring, Respect, Empathy, Support
 - d. Collaboration, Safety, Choice, Trustworthiness, Empowerment
4. List four things that you should include in a crisis plan
 - a.
 - b.
 - c.
 - d.
5. List two intervention strategies for developing independent living skills
 - a.
 - b.
6. A social skill is
 - a. Being able to interact with others appropriately
 - b. any competence facilitating interaction and communication with others where social rules and relations are created, communicated, and changed in verbal and nonverbal ways
 - c. creating connections with others by the way that you interact and communicate with them without offending them
 - d. none of the above
7. The following is an example of a boundary breach
 - a. Engaging in a social engagement outside of professional setting
 - b. Giving the client a copy of their treatment plan
 - c. Advocating for your client in a meeting with another provider
 - d. All of the above
8. We can become more culturally competent by

- a. Living in poverty
 - b. Eating fast food
 - c. Interacting with diverse groups
 - d. None of the above
9. To be a community support associate you must
- a. Have a bachelor's degree
 - b. Be new to the mental health field
 - c. Take a training every six months
 - d. Have a years experience working with the mental health population
10. ODD stands for
- a. Operational delay disorder
 - b. Other Developing Delays
 - c. Other Developing Disorders
 - d. Oppositional Defiant Disorder
11. 3 characteristics of ADHD symptoms are
- a. Impulsivity, negativity, inattentive
 - b. Impulsivity, hyperactivity, negativity
 - c. Impulsivity, hyperactivity, inattentive
 - d. None of the above
12. True or False
- a. Recovery is not the process of combating a disorder (such as alcoholism) or a real or perceived problem