Department for Behavioral Health **Developmental and Intellectual Disabilities Curriculum Approval Training for Targeted Case Management** March 4 & 5, 2015 Michele Blevins & Victoria Greenwell



### **Purpose for Today's Training/Discussion**

- Review the TCM Regulations for which Webpage/Curriculum Requirements were Created
- Overview of the five TCM Curriculum Rubrics and how to access them from the DBHDID web site
- Review the Continuing Education requirements (after TCM Certified)
- Respond to any Questions or Concerns



#### Targeted Case Management Services for Behavioral Health (Mental Health & Substance Use)

### KY Medicaid Regulations

#### 907KAR 15:040/045E

Coverage provisions and requirements regarding Targeted Case Management for Individuals with a Substance Use Disorder / Reimbursement provisions and requirements regarding Targeted Case Management for Individuals with a Substance Use Disorder

#### 907KAR 15:050/055E

Coverage provisions and requirements regarding Targeted Case Management for Individuals with a MH or SUD and Chronic or Complex Physical Health Condition / Reimbursement provisions and requirements regarding Targeted Case Management for Individuals with a MH or SUD and Chronic or Complex

#### 907KAR 15:060/065E

Coverage provisions and requirements regarding Targeted Case Management for Individuals with SMI or SED / Reimbursement provisions and requirements regarding Targeted Case Management for Individuals with SMI or SED



**Targeted Case Management Services (Continued)** 

# DBHDID Regulation 908 KAR 2:260E Targeted Case Manager: Eligibility and Training

Emergency vs. Ordinary Regulation



## 908 KAR 2:260E

#### STATEMENT OF EMERGENCY 908 KAR 2:260E

This emergency administrative regulation is being promulgated in conjunction with emergency regulations recently filed by the Department for Medic network of eligible Kentucky Medicaid providers for targeted case management services, to ensure that there is an adequate supply of providers to mee for care – as federally required through the Affordable Care Act (ACA). DMS has specified in its regulations that the Department for Behavioral Health, (DBHDID) shall approve initial training and continuing education for targeted case managers throughout the Commonwealth. This is anticipated to affec are Behavioral Health Targeted Case Management (TCM) providers or wish to be in the future. This action must be taken on an emergency basis to e and supervised, to prevent a loss of federal Medicaid funds to Kentucky, and to avoid delayed provision of services to individuals in need of targeted case taken to meet a deadline for the promulgation of an administrative regulation necessary under federal law and regulation. This emergency administrative regulation filed with the Regulations Compiler. The ordinary administrative regulation is identical to this emergency administrative regulation

STEVEN L. BESHEAR, Governor AUDREY TAYSE HAYNES, Secretary

#### CABINET FOR HEALTH AND FAMILY SERVICES Department for Behavioral Health, Developmental and Intellectual Disabilities Division for Behavioral Health (New Emergency Administrative Regulation)

908 KAR 2:260E. Targeted case manager: eligibility and training.

RELATES TO: KRS 200.503(3), 210.005(2), (3) STATUTORY AUTHORITY: KRS 194A.030, 194A.050, 210.450 EFFECTIVE: January 7, 2015

#### http://www.lrc.state.ky.us/kar/908/002/260E.htm



### How it was...

Historically, **only** the CMHCs and IMPACT Plus providers (*only serving youth under age 21*) were able to enroll with Medicaid or DBHDID and provide TCM services...

and they generally only served one population, either SMI or SED- *there was no Medicaid funded SUD, except for Pregnant Women* 

And DBHDID provided the training to certify all of these Targeted Case Managers.



# And now, how it will be...

- But now... the provider network is open to "any willing (eligible) provider" that can become enrolled with KY Medicaid or with which the DBHDID may contract
- Behavioral Health Targeted Case Managers will be serving Individuals with either SUD, BHPH, SMI, or SED <u>or</u> a single TCM may now serve multiple populations as long as they have been deemed certified by completing the multiple required trainings.



### KY Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID)

### TCM Curriculum Submission and Approval Process Web Site:

http://dbhdid.ky.gov/dbh/tcm.aspx



# 908 KAR 2:260E

#### Targeted Case Management Curriculum Approval Process

Curriculum Approval Process for Targeted Case Management

The Department for Behavioral Health, Developmental and Intellectual Disabilities will approve both the initial 12hour training curriculum and the four 6-hour specialized curricula for target populations for Targeted Case Management, as written in the Kentucky Administrative Regulations (see "908 KAR 2:260E" in Related Links).

The information below will address the approval process for each of these curricula.

#### **Contact Information**

275 E. Main Street 4WG Frankfort, KY 40621 Phone: (502) 564-4456 Fax: (502) 564-9010

#### Email Contact Form



#### http://dbhdid.ky.gov/dbh/tcm.aspx

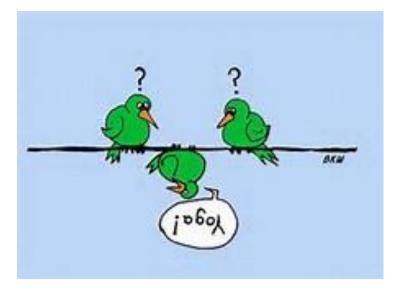


### **TCM Curriculum Approval Process – 5 Types**

- 12-hour Core Curriculum Requirements
- 6-Hour Substance Use Disorder (SUD) Also required for Case Managers serving Pregnant and Post Partum Women with Substance Use
- 6-Hour Co-Occurring BH and Chronic or Complex Physical Health Condition (BHPH)
- 6-Hour Serious Mental Illness (SMI) (Also sometimes referred to as "Severe"/"Chronic")
- 6-Hour Severe Emotional Disability (SED)



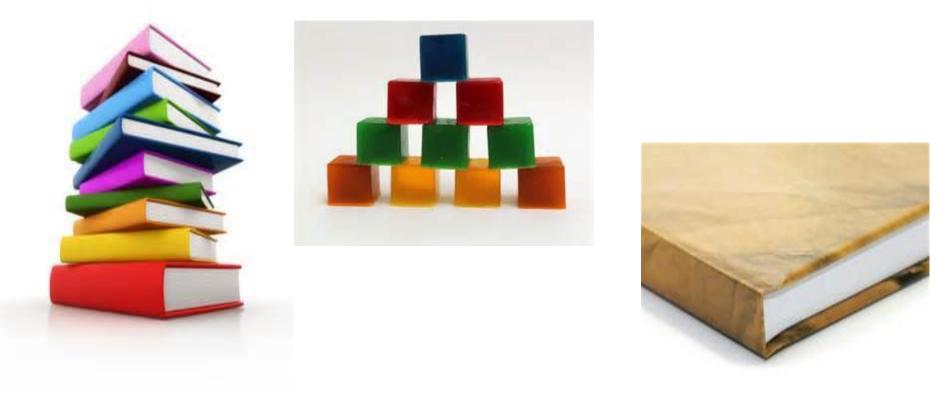
### **Let's Stretch**







### So What is a Curriculum?





# <u>Curriculum</u>

- In general, a curriculum is plan for sharing content/information (a body of knowledge), and serves as outline of how and what information will be transmitted to a learner.
- Therefore the curriculum is the "framework" or "foundation" of information that is used to then develop the TCM training.
- A curriculum is also built upon anticipated learner outcomes and experiences.

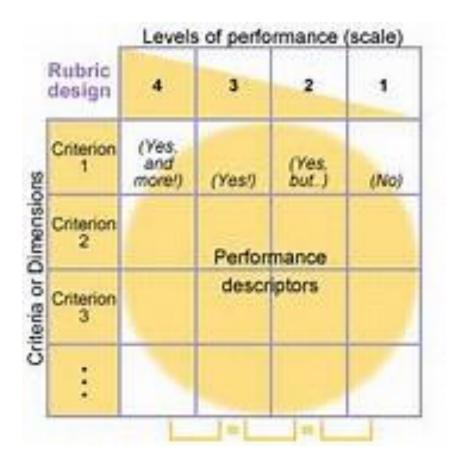


# <u>Curriculum</u>

 Each of the TCM "areas"/"disciplines" have "Core Components", also known as "Core Competencies", which provide the structure for the curriculum. The potential provider provides the content, information – body of knowledge for the "Core Competencies" which is the curricula (curriculum).



### What is a Rubric?









 Generally speaking, a rubric is an organized method/scoring tool that lists the criteria for a training plan. All submitted curricula will be scored using a specific rubric for each TCM area (SMI,SED, SUD, BHPH).

 The rubric provides you some guidance for each area as well



# **Rubric Example**

General Information

 Quick Overview of Core Competency Requirements

• Detailed Curriculum Requirements with columns for you to complete



# Sample from Web: 12hr Core Rubric

#### 908 KAR 2:260E Targeted Case Management KY Department for Behavioral Health, Developmental and Intellectual Disabilities <u>Twelve (12)-Hours Core Curriculum Criteria Rubric</u> to Satisfy Training Requirements

 The following curriculum rubric details the core competencies to be included in the 12 hour Core Competency Curriculum for the training of Behavioral Health Targeted Case Managers (BHTCM). This includes BHTCMs serving Adults with Serious Mental Illness (SMI), Youth with Severe Emotional Disability (SED), Adolescents and Adults with Substance Use Disorder (SUD) or Pregnant women with substance use or targeted case managers serving individuals with cooccurring behavioral health conditions (SMI, SED, SUD) and chronic or complex physical health conditions. The curriculum submitted for approval should be reflective of services for adults and children/youth.

#### Overview of Core Competency Requirements

- Core Competencies that *require in-person, face to face* training include:
  - Core Competency 1. Engaging Consumers and Family Members
  - Core Competency 2. Behavioral Health Crisis Management
  - Core Competency 3. Strength-Based Case Management
  - Core Competency 4. Ethics
- Detailed Curriculum Requirements
- **Directions for Curriculum Rubric:** Provide the submitting provider's name in the upper right corner on the first page



# **Tips for Creating Curricula**

 Submissions should be include an articulated training plan and not just a list or group of documents that illustrate content of a training.

 Note requirements for In-Person or Face to Face <u>OR</u> not required to be in-person



# Tips for Creating Curricula (con't)

• Where the rubric says, "Based on information from a cited source" (e.g., SAMHSA) *Go to the web site listed and ensure that the information there is directly incorporated into the curriculum.* 

 If skills building is indicated, there should be evidence of active participation exercises in the curriculum.



# Tips for Creating Curricula (con't)

 Curriculum should have evidence of how information or skills will be taught, not just what is to be shared.

Incorporating adult learning/training techniques is important.



# **Curriculum Approval Process**

#### **Curriculum Approval Process**

#### (NOTE: Curricula will be accepted beginning February 20, 2015)

- Review the Curriculum Rubric document(s) below to understand what information is needed in each curriculum and how the curricula will be scored.
- 2. Submit the following items for review (beginning February 20, 2015):
  - a. A Curriculum Application Form.
  - b. A Curriculum Rubric document for each curriculum submitted, with the yellow section completed on each rubric. (Please note that the curriculum cannot be reviewed if the rubric's yellow section is incomplete, and the submitter's information will be returned and resubmission requested.)
  - c. A curriculum for each area submitted, with each saved as a Word or PDF file using a USB flash drive. (Please note that multiple curricula can be submitted on one USB flash drive.) Clearly label the USB flash drive with the provider's name.

### http://dbhdid.ky.gov/dbh/tcm.aspx



# **Curriculum Approval Process**

### Three Potential Outcomes from the Review

- Approval
- Incomplete
- Denial

### **Resubmission Process is Simple!**



## Who provides the training?





# **Questions? & Thank You**

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