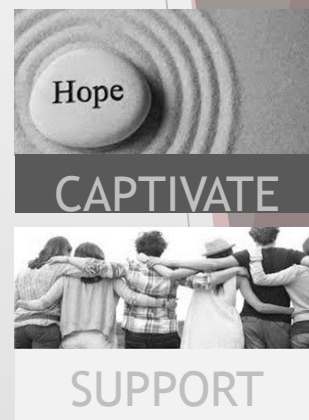


TAYLRD (Transition Age Youth Launching Realized Dreams) is a new way to **REACH OUT** to youth and young adults ages 16-25 who are struggling with mental health and/or substance use issues. Peer Specialists who are young people with lived behavioral health experience and are specially trained to support young people with behavioral health issues are the key to engaging these young people in much needed services and supports.



The drop-in center approach to behavioral health care: The hope is that by **CAPTIVATING** their attention by providing behavioral health support in an environment that is engaging to youth and young adults, they will feel a sense of belonging and ownership in their wellness and recovery. The goal is to empower young people by providing **SUPPORT** that interests them, such as peer support services, employment and education supports and career planning, life skills supports, medication supports, support in health care navigation, and age specific and developmentally appropriate behavioral health services.



What are young people are saying about TAYLRD?

*Names have been changed to protect privacy.

MADDIE: Maddie* was placed in foster care as a young child. There she experienced trauma, and not knowing what else to do, she began to use substances. By age 20, she was battling addiction and mental health issues. She struggled to find stable employment and housing. Maddie felt her life was going nowhere, and she lived day to day. Then she found TAYLRD, where she received support services from peers who know what it is like to live through tough circumstances. She also received supported employment and other services that helped her improve her life. The drop-in center gave her a safe place to go to stay away from drugs and reduce relapses. The Peer Specialists at the drop-in center provided support and encouragement toward sobriety and other personal goals as well as actively listening to what Maddie was going through. As a result, Maddie's confidence grew, and she developed the social skills to make friends. She receives mental health counseling and is part of an Intensive Outpatient Program as well. Without TAYLRD, she feels she would still be on drugs and might even be homeless. Now she is a member of the drop-in center, and she says it benefits her greatly.

JORDAN: At 19, Jordan* was homeless and unemployed. He felt his life was “horrible”. Through TAYLRD, he was able to receive peer support services and mental health counseling. The Peer Specialist at TAYLRD helped Jordan with looking for jobs, researching what he’d need to do to get his GED, and getting his name changed to reflect his gender identity. The drop-in center provided a safe place for him to go for support and encouragement. Jordan says that the Peer Specialists at the drop-in center are easy to talk to and make him feel welcomed. Jordan says he really enjoys coming to the drop-in center to participate in activities and make new friends. He believes if it weren’t for TAYLRD he’d be emotionally unstable and homeless. Because of TAYLRD, he says his depression has decreased and his self-esteem has greatly improved. He now has steady employment, and crisis recovery has been smoother than he thought it would be.

There are 19 TAYLRD sites in operation throughout the following 5 community mental health centers

REGION	CONTACT INFORMATION
Communicare	Racquel Strickland rstrickland@communicare.org or 270.906.6934 Bardstown, Brandenburg, Leitchfield, Hardinsburg, Radcliff, Hodgenville
Centerstone	Brooke Price Brooke.Price@centerstone.org or 502.690.4399 Louisville
Pathways	Tony Dillow tony.dillow@pathways-ky.org or 606.329.8588 Ashland and Louisa
KY River	Angie Bush angie.bush@krccnet.com or 606.226.8199 Hazard, Whitesburg, Hindman, Prestonsburg, Pikeville, Jackson, Campton, Georgetown and Barbourville
Four Rivers	Sarah Trover spuckett@4rbh.org or 270.442.7121 ext. 501 Paducah

FOR MORE INFORMATION:

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