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JANIE MILLER
SECRETARY

Memorandum

To: Executive Directors
QMOT members

From: Donna J. Hillman, Director

Subject: Brief Psychiatric Rating Scale (BPRS/BPRS-C)

Date: February 27, 2008

The Community Mental Health Centers are presently required to administer a BPRS/BPRS-C on all clients receiving services from crisis stabilization programs, as indicated in the Outcomes Grid (Attachment D) included in the CMHC Contract for SFY 2008. This scale is administered at admission/intake into crisis stabilization services and at discharge from crisis stabilization services and is utilized in programs with units and programs that only operate mobile crisis stabilization services.

The BPRS/BPRS-C is intended to provide a clinician's rating of recent psychiatric symptomatology, both at admission and discharge from crisis stabilization services. Change scores are reported with the expectation that scores will decrease over time, from admission to discharge.

Unfortunately, it has become apparent that for those programs operating only mobile crisis stabilization services, the utilization of the BPRS/BPRS-C is not useful or beneficial to program outcomes. The admission and the discharge BPRS/BPRS-C are frequently administered on the same day. Also, there are additional variables associated with consumers continuing to remain in the community while receiving crisis stabilization services that may contribute to increased or decreased symptomatology.

Therefore, this memorandum is to inform the Community Mental Health Centers that as of this date, the BPRS/BPRS-C will no longer be required for mobile crisis stabilization programs (programs that do NOT operate a crisis stabilization unit). The Quality Management Outcomes

Team (QMOT) will be tasked with determining how these programs will report outcomes on the clients they serve.

Please feel free to contact Hope Barrett (hope.barrett@ky.gov), Rita Ruggles (rita.ruggles@ky.gov) or Janice Johnston (janice.johnston@ky.gov) if you have any questions regarding the change in requirements for the BPRS/BPRS-C. They can also be reached at 502.564.4456.